



CSC Winter Invitational
January 16-18, 2026
 Carmel High School Natatorium

DEADLINE CHECKLIST

DATE	DEADLINE	DESCRIPTION
Friday, December 12	9:00 AM	Entries open; can be emailed to entries@carmelswimclub.org
Friday, December 19	9:00 AM	Entry deadline; all entries must be received
Monday, December 22		Teams will be notified whether or not their entry has been accepted into the meet
Friday, January 9	9:00 AM	Deadline for changes to entry
Monday, January 12		Limits, if needed, will be posted to carmelswimclub.org
Thursday, January 15	6:00 PM	Friday PM/Saturday AM scratches due via email
Friday, January 16 (Day 1 of meet)	12:30 PM	Warm-ups begin deck entries close
	1:00 PM	Deck entries close
	1:45 PM	Coaches meeting
	2:00 PM	Session begins
Saturday, January 17 (Day 2 of meet)	6:30 AM	Warm-up begins
	7:00 AM	Deck entries close
	7:45 AM	Coaches meeting
	8:00 AM	Session begins
	9:00 AM	Relay cards due
	12:00 PM	Warm-up begins (no earlier than) Deck entries close
	1:00 PM	Session begins
	2:30 PM	Relay cards due
	4:30 PM	Warm-ups begins (no earlier than)
	5:30 PM	Session begins
Sunday, January 18 (Day 3 of meet)	6:30 AM	Warm-up begins
	7:00 AM	Deck entries close
	8:00 AM	Session begins
	9:00 AM	Relay cards due
	12:00 PM	Warm-ups begin (no earlier than) Deck entries close
	1:00 PM	Session begins
	2:30 PM	Relay cards due
	4:15 PM	Warm-ups begin
	5:15 PM	Session begins

SANCTION

This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction number: #

HOST

Carmel Swim Club
 515 E. Main Street, Suite 100
 Carmel, IN 46032

LOCATION

Carmel High School Natatorium: Door 22 on the North Side of the High School
520 East Main Street
Carmel, IN 46032

FACILITY

Competition pools: two 25-yard pools, 10 lanes each with competitor non-turbulent lane markers, Colorado Timing Systems electronic timing equipment and custom designed starting blocks. Continuous warm-up/warm-down is available in the South Pool (25y). THERE IS ABSOLUTELY NO SMOKING OR VAPING IN THE BUILDING.

The competition course has not been certified in accordance with 104.2.2C(4). The depth of the competition pool measures 8 Feet all the way across.

PARKING

Free parking will be available in the lots adjacent to Carmel High School. Additional parking is available north of the pool at the football stadium (approximately 1/3 mile). **All vehicles NOT parked in a lined space are subject to towing at the owners expense.**

RULES

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

USA Swimming Rule 202.5.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Coaches **MUST** present their current ***digital*** USA Swimming coaches pass to gain deck access, as well as a photo ID. The meet referee reserves the right to ask for coach credential display and/or deny deck access if a coach does not comply or credentials are no longer valid or current. Officials must show a photo ID as well as their up-to-date ***digital*** USA Swimming credentials at the check in table to gain deck access.

ABSOLUTELY NO PARENTS WILL BE ALLOWED ON THE POOL DECK. This is an insurance requirement of USA Swimming, and will be strictly enforced.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the competitor must wear only one swimsuit in one or two pieces except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee.

Use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas or locker rooms.

Deck changes are prohibited.

USA Swimming article 202.4.9 J shall apply: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas & open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair.

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming.

All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses,

and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Safe Sport 360: The Minor Athlete Abuse Prevention Policy prohibits Applicable Adults (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Applicable Adults are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after December 17, 2025, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after December 17, 2025, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

ELIGIBILITY

Swimmers must be registered with USA Swimming prior to the competition. Age, as of January 16, 2026, shall determine the swimmer's age for the entire meet. Registration numbers must accompany entries. There will not be any USA Swimming registration at the meet.

TIME STANDARDS

- 2025-2028 National Motivational "A" Time Standards for 15-16 year olds will be used for all OPEN swimmers.
- 2025-2028 National Motivational "A" Time Standards will be used for swimmers 13 & 14.
- 2025-2028 National Motivational "BB" Time Standards will be used for swimmers 11 & 12.
- 2025-2028 National Motivational "B" Time Standards will be used for swimmers 10 and younger, except that 2025-2028 National Motivational "BB" Time Standards will be used for the 200 IM and the 200 free.
- Please note that 13-14 events and Open events may be swum in separate pools. We will not delay the meet for any swimmers entered in Age Group and Open events. A swimmer may not compete in the same event, timed final, or preliminary, more than one time during this meet. Carmel Swim Club reserves the right to swim any of its own club members who have not achieved the minimum time standards.
- Swimmers must have a qualifying time for one or more of their individual events to be eligible to participate in the meet. All entry times must be proven. Swimmers achieving LCM cuts corresponding to the listed time standards may be allowed to enter the meet in those events at the sole discretion of the Meet Entry Chair and must be entered with a SCY time.

MEET FORMAT

All Friday events, Saturday and Sunday 10-under events, and all relays, are timed finals. All heats of the 1650 free, 400 IM and 500 free will be swum fastest to slowest. Friday events have potential entry limits as follows, all 10 lanes per heat:

- 1650 may be limited to 3 heats of boys and 3 heats of girls.
- 13-14 400 IM/500 Free may be limited to the top 5 heats.
- Open 400 IM/500 Free may be limited to the top 8 heats.
- 11-12 200 IM may be limited to 6 heats.
- 11-12 500 Free may be limited to 4 heats.
- The addition of more heats will be pending the session timeline.

Preliminaries will be conducted Saturday and Sunday mornings for Open and 13-14 events, and Saturday and Sunday afternoons for 11-12 events. Pool assignments will be determined after entries are received.

FINALS FORMAT:

- The top 20 qualifiers in the 11-12 & 13-14 events will compete in finals. The format for these events will include a consolation heat & a championship heat.
- The top 30 qualifiers in the Open 200 free, 200 back, 200 breast, 200 fly and 200 IM will compete in finals. The format for these events will include a bonus heat followed by a consolation heat and then a finals heat.
- The top 34 qualifiers in the Open 50 free/50 back/50 breast/50 fly, 100 free, 100 breast, 100 back & 100 fly will compete in finals. The format for these events will include bonus, consolation, championship & super finals heats. The top 4 qualifiers from the preliminary session in these events will compete in the super final.

USA Swimming Championship rules shall apply with the following exceptions: swimmers who miss a heat in preliminaries or timed finals will not incur penalties; however the swimmer will not be placed into an open lane in a different heat. ****Any swimmer qualifying for a Saturday final event who has not scratched from the event yet fails to compete shall be barred from further competition for the remainder of the meet. Any swimmer qualifying for a Sunday final event who has not scratched from the event yet fails to compete shall incur a fine for their team.**

TIMELINE MANAGEMENT

Carmel Swim Club reserves the right to limit select events during any or all sessions if it is deemed necessary to complete the session(s) within the requirements of Indiana Swimming rules. Any limits to events will be posted to www.carmelswimclub.org no later than Monday, January 12, 2026. Please check the posted psych sheets online for limits to the number of heats for each event. Fees will be refunded for any swimmer cut from an event due to timeline management. Carmel Swim Club also reserves the right to combine age groups within given session(s) to control the timeline. Fly-over starts may be used during all sessions. Lastly, with advanced notice to all participants, Carmel Swim Club reserves the right to make adjustments to session start times in order to facilitate an efficient timeline.

ENTRY LIMITS

No team's entries will be broken. Swimmers in the 11-12, 13-14 & Open Age Groups will be limited to 2 individual events on Friday, and 3 individual events and 1 relay per day for Saturday and Sunday (a swimmer may not swim in both a 13-14 & Open relay on the same day). Swimmers in the 10 & Under Age Group will be limited to 4 individual events and 1 relay per day. If a swimmer is entered in more than the maximum number of individual events for that day & does not scratch down by the deadline, the entry will be made by order of events, starting with Event #1 until the limit is satisfied. There will be NO refunds for swimmers entered in more events than permitted.

ENTRY ACCEPTANCE AND DEADLINES

- This meet traditionally fills quickly!
- Entries will be accepted starting Friday, December 12, 2025 at 9:00 AM EST.
- The entry deadline will be Friday, December 19, 2025 at 9:00 AM EST.
- The entry deadline will be extended if the meet does not fill
- Teams will be notified by Monday, December 22, 2025 whether or not their entries have been accepted into the meet
- Updated information can be found at www.carmelswimclub.org

ENTRY PROCEDURE

Between December 12 and December 19, 2025 submit your entries via email using the Hytek CommLink file (CL2 file) or Team Unify Standard SD3 file:

- Review your entry for correct contact information prior to submission
- Be sure to include all swimmers' full names and USA Swimming ID number
- All times must be submitted in short course yards (SCY)
- Send your email with attached entry file to:

ENTRY CHAIR

Jami DeBosch & Yu Zhang

entries@carmelswimclub.org

- Please include your team name and entry chair's contact information in the email
- You will receive an email with 24 hours confirming that your entry file has been received and processed. This does NOT mean you have been accepted into the meet.

After acceptance, an entry report will be emailed to your team. Be sure to check your entry report for errors. The deadline for changes is at 9:00 AM, Friday, January 9, 2026. Carmel Swim Club has sole discretion in determining which entries to accept. In exercising its discretion, Carmel Swim Club will consider: timeline, number of officials provided by team, balance of age groups and gender in entries, level of competition, previous meet attendance and geographic location. **NOTE: Indiana Boys and Girls High School Swimmers will require a waiver from IHSAA.**

ENTRY FEES

All fees must be paid no later than 1 hour prior to the start of the first session in which a team/athlete is competing. Please make checks payable to CARMEL SWIM CLUB. The Release and Hold Harmless Agreement must also be submitted either with payment or electronically with the link that will be sent to you the week of the meet.

- Individual timed final events: \$7.00 per event
- Individual prelim/final events: \$8.00 per event
- Relay events: \$13.00 per event
- \$20 per swimmer surcharge must accompany each entry

DECK ENTRIES

Deck entries for individual events will be accepted up until 60 minutes before the start of the session in which the swimmer wishes to participate and is at the discretion of Carmel Swim Club. Deck entries will only be accepted provided there is a lane available and only as a new addition. No additional heats will be created to accommodate deck entries. No deck entries will be permitted for events that have been limited. Deck entries will be entered as NT (no time). Entry fee for deck entries is \$14.00 per individual timed final event and \$16.00 per individual prelim/final event.

POSITIVE CHECK-IN

There will be no positive check-in the day of the meet. All scratches for the Friday timed final events, Saturday prelims/timed finals events, and Sunday prelims/timed finals events are due electronically (via email to entries@carmelswimclub.org) by 6:00pm Thursday, January 15th.

Deadlines: ALL scratches are due electronically to entries@carmelswimclub.org by 6:00pm, Thursday, January 15, 2026.

RELAYS

Relay cards must list the full name of swimmers competing on the relay (improperly filled out relay cards may result in the relay failing to swim). Include alternates if appropriate. Relay cards shall be returned to the Clerk of Course **one hour after the start of the session**. Relays are assumed to be swimming unless a coach marks SCRATCH on the relay card and turns it in to the Admin Official. .

SCRATCHES

In all individual events on Saturday & Sunday, the swimmers are assumed to be swimming unless they have been scratched from the event by Thursday, January 16 at 6:00 PM. A missed heat or late arrival will deprive swimmer of their opportunity to swim that event. Scratch forms will be available at the Scratch Table. ALL event scratches must be done via email up to 6:00 PM on Thursday, January 16, 2025. Please contact the Entry Chair to make these scratches.

SCRATCHES FROM FINALS

USA Swimming article 207.11.6 D shall apply. Swimmers will have 30 minutes following the announcement of the qualifiers for that race to scratch. ***Please note: Any swimmer qualifying for a Saturday final event who has not scratched from the event yet fails to compete shall be barred from further competition for the remainder of the meet. Any swimmer qualifying for a Sunday final event who has not scratched from the event yet fails to compete shall incur a fine for their team.**

SWIM-OFFS

In the event of a swim-off, declaration of intent to or not to participate in a swim-off will be the responsibility of the coach and/or swimmer. Declaration forms will be available at the head table. Timing of a swim-off is at the discretion of the Meet Ref.

SEEDING OF EVENTS

Seeding of all events requiring positive-check in will be done following the close of positive-check in. All other events will be seeded after the scratch deadlines.

FINAL RESULTS

Final results will be posted on the CSC website at www.carmelswimclub.org. Meet results posted through the online application Meet Mobile are not considered final. We will provide coaches with final results in the following formats:

- Meet Manager Backup (Emailed)
- Team Manager .cl2 file (Emailed)
- PDF Full Meet Results (Emailed)

SCORING

10-Under, 11-12, 13-14 & Open individual events score Top 20 from finals. All Age Groups score Top 8 for relays. Please note that points scored by 14 & Under athletes competing in Open events will not be counted toward their point total in their respective age group.

AWARDS

- 13 & Over: No individual event awards
- 12 & Under: Ribbons will be awarded for 1st through 8th places in individual events and relays
- Visiting Team: 1st - \$350 Travel Fund Contribution, 2nd - \$250 Travel Fund Contribution, 3rd - \$150 Travel Fund Contribution
- 1st, 2nd and 3rd place High Point award in each age group
- Awards will not be mailed

ADMISSION

Admission will not be charged.

HEAT SHEETS

Lane and heat assignments will be posted around the pool deck. Heat sheets will be available through the online application Meet Mobile, as well as posted in the spectator seating area.

CONCESSIONS

Concessions are available on the Upper Concourse Level.

MEET DIRECTORS

Matt Street

matthew_street@hotmail.com

Beth Russo

aloha9800@yahoo.com

Andy Harrity

aharrity426@hotmail.com

MEET REFEREES

Megan Kight

meganjkight@gmail.com

Eric Morris

ericsmorris@hotmail.com

MEET SCHEDULE

There will be no coach's packet. All pertinent information will be emailed the week of the meet. Warm up session lane assignments will be posted on the pool deck. Warm up sessions will be split.

FRIDAY TIMED FINALS		
Warm-Up: 12:30 PM		
Meet Start 2:00 PM		
Girls Event #	Event	Boys Event #
1	Open 400 IM*	2
3	13-14 400 IM*	4
5	11-12 200 IM*	6
7	Open 500 free*	8
9	13-14 500 free*	10
11	11-12 500 free*	12
13	Open 1650 free *	14
<i>*Will be swum fastest to slowest</i>		

SATURDAY PRELIMS		
Warm-Up: 6:30 AM		
Meet Start: 8:00 AM		
Girls Event #	Event	Boys Event #
15	Open 200 IM	16
17	13-14 200 IM	18
19	Open 50 Fly	20
21	13-14 50 Fly	22
23	Open 100 free	24
25	13-14 100 free	26
27	Open 50 Back	28
29	13-14 50 Back	30
31	Open 200 fly	32
33	13-14 200 fly	34
35	Open 100 breast	36
37	13-14 100 breast	38
39	Open 200 back	40
41	13-14 200 back	42
43	Open 200 free relay**	44
45	13-14 200 free relay**	46
<i>**Timed final events with all heats swum in prelims</i>		

SATURDAY PRELIMS/TIMED FINALS		
Warm-Up: Not before 12:00 PM		
Meet Start: Not before 1:00 PM		
Girls Event #	Event	Boys Event #
47	10&U 200 IM**	48
49	11-12 200 free	50
51	10&U 50 fly**	52
53	11-12 100 fly	54
55	10&U 100 free**	56
57	11-12 50 free	58
59	10&U 100 breast**	60
61	11-12 50 breast	62
63	10&U 50 back**	64
65	11-12 100 back	66
67	10&U 200 free relay**	68
69	11-12 200 free relay**	70
<i>**Timed final events with all heats swum in prelims</i>		

SATURDAY FINALS		
Warm-Up: Not before 4:30 PM		
Meet Start: Not before 5:30 PM		
Girls Event #	Event	Boys Event #
15	Open 200 IM	16
17	13-14 200 IM	18
49	11-12 200 free	50
19	Open 50 Fly	20
21	13-14 50 Fly	22
53	11-12 100 fly	54
23	Open 100 free	24
25	13-14 100 free	26
57	11-12 50 free	58
27	Open 50 Back	28
29	13-14 50 Back	30
31	Open 200 fly	32
33	13-14 200 fly	34
61	11-12 50 breast	62
35	Open 100 breast	36
37	13-14 100 breast	38
65	11-12 100 back	66
39	Open 200 back	40
41	13-14 200 back	42

SUNDAY PRELIMS		
Warm-Up: 6:30 AM		
Meet Start: 8:00 AM		
Girls Event #	Event	Boys Event #
71	Open 50 Breast	72
73	13-14 50 Breast	74
75	Open 200 free	76
77	13-14 200 free	78
79	Open 100 fly	80
81	13-14 100 fly	82
83	Open 200 breast	84
85	13-14 200 breast	86
87	Open 100 back	88
89	13-14 100 back	90
91	Open 50 free	92
93	13-14 50 free	94
95	Open 200 medley relay**	96
97	13-14 200 medley relay**	98
** Timed final events with all heats swum in prelims		

SUNDAY FINALS		
Warm-Up: Not before 4:15 PM		
Meet Start: Not before 5:15 PM		
Girls Event #	Event	Boys Event #
71	Open 50 Breast	72
73	13-14 50 Breast	74
101	11-12 100 free	102
75	Open 200 free	76
77	13-14 200 free	78
105	11-12 50 fly	106
79	Open 100 fly	80
81	13-14 100 fly	82
109	11-12 100 breast	110
83	Open 200 breast	84
85	13-14 200 breast	86
87	Open 100 back	88
89	13-14 100 back	90
113	11-12 50 back	114
91	Open 50 free	92
93	13-14 50 free	94

SUNDAY PRELIMS/TIMED FINALS		
Warm-Up: Not before 12:00 PM		
Meet Start: Not before 1:00 PM		
Girls Event #	Event	Boys Event #
99	10&Under 200 free **	100
101	11-12 100 free	102
103	10&Under 100 fly**	104
105	11-12 50 fly	106
107	10&Under 50 free**	108
109	11-12 100 breast	110
111	10&Under 50 breast**	112
113	11-12 50 back	114
115	10&Under 100 back**	116
117	11-12 200 medley relay**	118
119	10&Under 200 medley relay**	120
** Timed final events with all heats swum in prelims		

****This summary form must be completed and returned to the entry chair upon arrival at the meet, along with payment****

Release and Hold Harmless Agreement

In consideration of being permitted to participate in this swim meet, and for other good and valuable consideration, the undersigned, for him/herself, the club and its swimmers, their successors and assigns, hereby release and forever discharge Carmel Swim Club and its Board of Directors, United States Swimming, Carmel High School, Carmel Clay Schools,, Indiana Swimming, Inc. and each of their respective officers, agents, employees, members, successors and assigns, and all other persons in any way connected with this swim meet, from any and all liabilities, claims, demands, actions, or causes of action of whatever kind of character arising out of or in connection with said event. Further the undersigned representative and his swimmers shall indemnify and hold harmless Carmel Swim Club, United States Swimming, Indiana Swimming, Inc., Carmel High School and the Carmel Clay Schools and the officers, trustees, agents, employees and members of the foregoing and all other persons in any way connected with this event, from any and all other losses, expenses, damages, demands and claims arising out of or in connection with any injury, including death, or alleged injury or damage to property sustained or alleged to have sustained in connection with or to have arisen out of said event.

Executed this _____ day of _____, 202__

Club Team Name _____

Signature of Club Official or Coach _____

Name & Cell Phone Number of Coach Attending Meet _____

INCLEMENT WEATHER

Pursuant to Article 102.7.4 of the USA Swimming Rule Book, Carmel Swim Club reserves the right to alter the meet schedule if winter weather poses a travel problem for participating athletes. The decision to delay or cancel the meet will be communicated to participating teams as soon as possible. It is the intent of Carmel Swim Club to make every effort to host this meet, but the safety of participating swimmers, coaches, officials & volunteers is our first priority.