FRST PARENT CODE OF CONDUCT

FRST's Parent Code of Conduct ensures we create a supportive environment for our swimmers and coaches so every athlete can achieve their full potential.

- 1. FRST parents, through their actions and conduct, will exhibit good sportsmanship and encourage their children to do the same at all times. FRST parents will serve as positive role models for their children and teammates.
- 2. FRST parents will respect and cooperate with coaches, team members, opponents, spectators and officials at all times.
- 3. FRST parents respect the integrity of swim officials by assuming decisions are based on honest, objective evaluations of performance. Only coaches may approach meet officials.
- 4. FRST parents recognize FRST coaches are professionals and allow them to coach without interference. FRST parents leave coaching to the coaches and respect all coaching decisions such as practice group assignments, meet entries, training focus, etc.
- 5. FRST parents with a concern related to any coach or official within FRST, should discuss the concern with the athlete?s coach privately and in a professional manner. If the matter is not resolved, the issue should be brought to the attention of the Head Age Group Coach or the Head Coach.
- 6. FRST parents will not access locker rooms in use by athletes. In addition, the use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms at any time.
- 7. FRST Parents will not consume alcohol, tobacco products or illegal drugs at the facilities of usage and will comply with all facility guidelines at events FRST attends.

Any violation of this code will be brought to the attention of the Head Coach, which will issue the appropriate response.