



HIGHLAND HURRICANES SWIM CLUB

Code of Conduct / Honor Code

All team members, team staff, and parents/guardians are apprised in writing of this HHSC Code of Conduct / Honor Code and the current USA Swimming Code of Conduct.

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors and the public at all times.
- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use, or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. No "deck changes" are permitted. Athletes are expected to use available change facilities.
- f. Changing facilities are to be used for showering (if available) and changing only. Any horseplay, bullying or inappropriate behavior will not be tolerated. Any theft or vandalism will result in disciplinary action and/or dismissal from the team. Locker room use is a privilege and may be revoked at any time for any reason.
- g. Team members are reminded that when competing in meets, traveling on trips, and attending other meet-related functions, they are representing both themselves and the Highland Hurricanes Swim Club (HHSC). Athlete behavior must positively reflect the high standards of the club (or LSC).
- h. Swimmers are to refrain from inappropriate physical contact at team activities and events.
- i. Swimmers are to refrain from use of inappropriate language.
- j. Swimmers need to be positive and prepare themselves to give 100% effort each time they come to practice. They should refrain from the use of "I can't" or other negatives.
- k. During practice, all swimmers are to follow the coaches' workout instructions and refrain from any disruptive behavior.
- l. Never interfere with the progress of another swimmer during practice or otherwise. Examples: walking instead of swimming, holding up the swimmer in the lane behind you, etc.

Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:

- i. Dismissal from practice for period of time determined by HHSC;
- ii. Dismissal from team sponsored event;
- iii. Dismissal from the trip and immediate return home at the athlete's expense;
- iv. Disqualification from one or more events, or all events of competition;
- v. Disqualification from future team travel meets;
- vi. Financial penalties;
- vii. Dismissal from the team
- viii. Proceedings for a LSC or USA Swimming National Board of Review

This discipline policy is for all training groups. As a swimmer's level of swimming ability increases so does his/her responsibility. As swimmers improve, a deep commitment develops that requires greater effort on all parts. A swimmer has responsibilities to the team, the coaches, his/her parent(s)/legal guardian(s), and most importantly to themselves.

It is not the intention of HHSC to discipline young children acting like young children on occasion, but older children acting like younger children is another story. All of our children have bad days, and it is possible that your swimmer may be sent home. You are encouraged to discuss the incident first with the coaches and then with the HHSC Board of Directors, if necessary. Please refrain from taking your complaints to the hallways, all this does in fuel negative behavior and cause a disruption in the team.