

ORDER OF EVENTS

SATURDAY

Warm-Ups: 10:00 – 11:15 am
Opening Ceremony: 11:30 am
Meet Start: 11:45 am

GIRLS	EVENT	BOYS
1	13-14 200 IM	2
3	11-12 200 IM	4
5	10 & U 200 IM	6
7	13-14 100 Free	8
9	11-12 100 Free	10
11	10 & U 100 Free	12
13	*11-14 200 Back	14
15	11-12 50 Back	16
17	10 & U 50 Back	18
19	13-14 100 Breast	20
21	11-12 100 Breast	22
23	10 & U 100 Breast	24
25	*11-14 200 Fly	26
27	11-12 50 Fly	28
29	10 & U 50 Fly	30
	10-MINUTE BREAK	
31	13-14 200 Medley Relay	32
33	11-12 200 Medley Relay	34
35	10 & U 200 Medley Relay	36
	5-MINUTE BREAK	
*37	11-14 1650 Free	*38
<i>*Each LSC can enter 6 athletes of each gender. This event will be swum in two pools by gender. (5 girls' heats; 5 boys' heats) Depending on the number of entries, a mixed gender heat may be swum to accelerate the timeline.</i> *New Events Added to 2025 Mid States 11-12 200's of Stroke. The 11-14yr old Event will be seeded by time and awarded & scored separately by age group & gender. The 11-12yr old 200 Event will be entered with a 100 11-12yr old Qualifying Time		

SUNDAY

Warm-Ups: 7:30-8:30 am
Meet Start: 8:40 am

GIRLS	EVENT	BOYS
39	13-14 200 Free Relay	40
41	11-12 200 Free Relay	42
43	10 & U 200 Free Relay	44
	BREAK^	
45	13-14 400 IM	46
47	11-12 100 IM	48
49	10 & U 100 IM	50
51	13-14 200 Free	52
53	11-12 200 Free	54
55	10 & U 200 Free	56
57	*11-14 200 Breast	58
59	11-12 50 Breast	60
61	10 & U 50 Breast	62
63	13-14 100 Fly	64
65	11-12 100 Fly	66
67	10 & U 100 Fly	68
69	13-14 50 Free	70
71	11-12 50 Free	72
73	10 & U 50 Free	74
75	13-14 100 Back	76
77	11-12 100 Back	78
79	10 & U 100 Back	80
81	13-14 500 Free	82
83	11-12 500 Free	84
<i>^A brief break will be instituted after the relays to ensure a minimum of 15 minutes between the end of the last 13-14 girls relay and the first individual event for 13-14 girls.</i>		