NOBLESVILLE SWIM CLUB

December 2022

Building champions through our community values.







Photo credit: Paul Siktberg

KEY DATES

December 1: Age Group Swimmers team photos

December 9–11: Boiler Winter Championships

December 15: Next Board of Directors meeting @ 6:30 p.m.

December 16: Dash Meet #4 (Bake Sale)

December 18: Meet Commit Deadline for January - March meets

December 21: Team Christmas Party 5:30-7 p.m.

December 23-January 8: Noblesville Schools Winter Break

December 24-25: Christmas: NO PRACTICES

CLUB INFORMATION

- Today (12/1) is picture day for our Age Group Swimmers! As Coach Breanna's email stated, please have your swimmer arrive 15 minutes prior to their group's scheduled photo time wearing their black Noblesville block N shirt with black bottoms. Please have picture order forms filled out and ready to go. Photos will be taken promptly at the times listed below:
 - Voyager Black: 4:30 p.m.
- Apollo Gold: 5:00 p.m.
- Apollo Black: 5:30 p.m.
- **Ignition:** 6:15 p.m.

- Voyager Gold: 4:45 p.m.
- Endeavour: 5:15 p.m.
- · Discovery: 6:00 p.m.
- We have a small inventory of our "N" team shirts. If your swimmer is in need of a replacement, please let one of the coaches know and they can help you purchase one!
- Paul Siktberg takes and posts photos from our swim meets and events on the Noblesville Swim Club Shutterfly Share account. To view these photos, families can make a request on the Shutterfly account (https://noblesvilleswimclub.shutterfly.com). Swim families are welcome to use the photos for personal use.

DECEMBER BIRTHDAYS

December 4: Maya McDonald

December 7: Exley Tricker

December 9: Stella Cramer **December 11:** KJ Gordon III

December 13: Mia Lamorand

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December 16: Mason Snyder

December 17: Tommy Breedlove

December 24: Audrey Brown Jack Hampton

December 26: Liam Hayward

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December 29: Charlotte Davey

December 30: Victoria Smith









COACHES CORNER

Get to know Sam Sandala, our Ignition coach!

What got you into coaching?

I first started coaching at 16, serving as a volunteer junior coach for the summer rec team in my hometown. My main motivation was to share the love I had for the sport and to introduce young swimmers to something that had changed my life for the better.

What is your favorite event/stroke?

I'm a sprint freestyler at heart - put me in anything 200 yards or under and I'm happy.

How long have you been at Noblesville?

I started coaching for Noblesville in April 2022.

Hobbies outside of the pool?

I love to read, hike and listen to podcasts.

Favorite holidays and/or time of year?

I'm a BIG fan of fall. If I had to pick a favorite holiday, I think I'd go with Thanksgiving.

If you could travel anywhere in the world, where would you go?

New Zealand is definitely on my bucket list.

Where is your hometown?

I grew up in Cross Plains, Wisconsin - a small village just west of Madison.

This month we are going to introduce one of our Junior Coaches - Emily Knott!

What made you interested in becoming a junior coach?

I was interested because I know how much my coaches have impacted my swimming career and my life and I wanted to be able to do the same for the new up and coming swimmers of the club.

What is your favorite stroke and/or event?

My favorite stroke is fly.

How long have you been a part of the Noblesville Swim Club?

I've been with the club for 8 years.

Hobbies outside of the pool?

I like to read, hang out with friends and occasionally play the guitar.

Favorite holidays and/or time of the year?

My favorite holiday is Christmas or the fall time.

If you could travel anywhere in the world, where would you go?

I would like to go to Paris or Italy.

SWIMMER SPOTLIGHT

Mia Lamorand

Group: Voyager Black

Age: 7

Favorite stroke(s): Butterfly and breaststroke Favorite subject(s): Reading, writing, and art

Favorite food: Spaghetti

Austin Walker

Group: Discovery

Age: 10

Favorite stroke: Freestyle Favorite subject: Math Favorite food: Spaghetti

Cassidy Dailey

Group: Senior Black

Age: 14

Favorite stroke: Breaststroke
Favorite subject: Fashion and textiles

Favorite food: Jaggers

NOBLESVILLE SWIM CLUB STATS

Since the beginning of the 2022-2023 Short Course season until the middle of November:

- The Senior Group has done the underwater fish kick for 11,226 yards which is 6.37 miles!
- In terms of general kick sets, the Senior Group has kicked 78,759 yards which is 44.75 miles!

FUN SWIMMING FACTS

- An Olympic pool can hold up to 850,000 gallons of water.
- Swimming was first introduced at the Olympics in 1896
- Breaststroke is the oldest known form of swimming stroke.

COMMUNITY SERVICE

This November our senior team packed 11,328 meals that will go out to families who are in disaster areas! We love to see our athletes give back to the community and those in need. Building Champions Through Our Community Values!







