SwimMAC COMPETITION SUIT POLICY

Revised 04/2015

In developing the SwimMAC swimwear policy, the coaching staff has tried to accomplish four objectives:

- 1. Maintain our philosophy of preparing our athletes to compete at the next level of competition.
- 2. Allow our swimmers to be competitive at their most important meet of the season.
- 3. Protect our SwimMAC families from unnecessary costs when purchasing competition swimwear.
- 4. Arrive at meets looking like a team. Normal t-shirt order will be Friday Blue, Saturday Registration, Sunday Orange SwimMAC t-shirts

There are several factors that determine the type of suits our SwimMAC swimmers will wear during competition including the swimmer's age, physical development, swimming efficiency, level of competition, fit, and cost. For most of the season, the standard SwimMAC team suit will be the suit of choice. Any deviance from this would be the direct result of a specific coaches' decision for a specific swimmer.

Please remember that SwimMAC is sponsored by Speedo. Our swimmers may not wear any suit or cap that bears the logo or insignia of another swimwear company (i.e. TYR, Nike, etc.) for competitions.

Regular Season Competition

All swimmers are *required* to wear the SwimMAC team suits and correct team caps (navy with orange MAC) at regular season meets.

Championship Meets

Coaches determine which event is considered the championship meet for each swimmer. Team caps (navy with orange MAC) should be worn at championship level meets, with a few coach-dictated exceptions.

Approved championship swimwear varies by age group and ability as follows:

- 10 & under: The SwimMAC coaching staff believes that at this age, physical development and skill level, swimmers do not significantly benefit enough from advanced swimwear technology to justify the additional cost. All 10 & under swimmers are expected to wear their SwimMAC team suits at championship level meets.
- 11 12 years: In addition to the SwimMAC team suit, 11-12 year olds may also wear the Aquablade Recordbreaker (girls) or Aquablade Jammer (boys) in navy or black.
- 13 14 years*: In addition to the SwimMAC team suit and Aquablade suits listed above, 13-14 year olds may also wear the Fastskin II in navy or black, provided they have discussed it with their coach prior to purchase.

*13 –14 year olds with Senior Sectional cuts may wear any of the suits above and are also eligible to wear the LZR Pro (available in female kneeskin and male jammer) provided they have discussed it with their coach prior to purchase.

*13-14 year olds with Junior or Senior National cuts may wear any of the suits above and are also eligible to wear LZR Elite 2 or LZR X (only if they are attending Junior or Senior Nationals) but need to communicate with their coach before purchasing.

Senior Division: Senior Division swimmers may wear any of the options listed above, but need to discuss the options with their coach if they are considering purchasing an LZR Elite 2 or LZR X suit.

