

Weekly Rundown

9-9-2024

Practice Schedule

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
W 6:30-7:30 PM	R 6:30-8:30 PM	W 6:30-7:30 PM	W 6:30-7:30 PM	No Practice	R 9:00 – 11:00 AM
R 6:30-8:30 PM	B 6:30-8:30 PM	R 6:30-8:30 PM	R 6:30-8:30 PM		B 9:00 – 11:00 AM
B 6:30-8:30 PM		B 6:30-8:30 PM	B 6:30-8:30 PM		

- All times are in EST.
- All practices are held at the Vincennes YMCA.
- All groups start back up this week.

Coaches Corner

- Upcoming Events
 - Monday, September 9th: New Swimmer Parent Meeting
 - Tuesday, September 24th: WVST Board Meeting
 - 2024 Fin-Tastic Invitational @ Deaconess Aquatic Center, Evansville IN
 - October 5th – October 6th
 - Registration Deadline: **September 27th**
- If you are interested in becoming an official, it's all online (see below):
 - Log into your USA Swimming Account.
 - In the upper right hand side of page click "Education" then "Course Catalog."
 - Click "Officials Bubble" then click "Certification."
 - I believe the first class is "Foundations of Officiating."
- Make sure your swimmer has all the gear they need. If not, check out the team store ASAP.
[Wabash Valley Swim Team - WVST Team Store \(gomotionapp.com\)](https://gomotionapp.com/WabashValleySwimTeam)
- We are looking forward to having everyone back this week!

Swimmer Spotlight

- Yaretzi Pantall
 - Sr. State Cut in 100 Fly: 1:00.28

Positive Coaching Alliance

- Tips for a Positive Parent/Coach Partnership
- Coaches and parents both play an important role in the development of youth athletes. To ensure a positive experience for the child, and to avoid parent/coach conflict, parents should recognize the part they play in making the season a success. This can sometimes be difficult for parents. However, it is best for the athletes if parents can provide support in a different way than the coaches do during practices and games. Following the guidelines in this document will help lead you to a Coach-Parent Partnership that benefits your child.
- [Tips for a Positive Parent/Coach Partnership | DEVELOPMENT ZONE®. PCA Resource Center \(positivecoach.org\)](#)