

RISE Aquatic Team – Parent Code of Conduct

OBJECTIVES:

- A. Ensure swimming is a positive experience for ALL participants** - families, swimmers, coaches & officials - may the commitment of time & talent, each of us makes, be redeemed by the learning, fulfillment & fun we receive.
 - B. Continue building a RISE Swim Club Community** which reflects the best in our character -and- provides a welcome environment for learning, training & competition.
 - C. Articulate Club expectations** for the proper role of parents while supporting their child in sports.
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10 Commandments for Swimming Parents + 1:

I. Thou shalt not impose thy ambitions on thy Child

- a. I will remember children participate to have fun and swimming at RISE Aquatic is for youth, not adults
- b. I will not force my child to participate in sports
- c. I'll promote the emotional & physical well-being of athletes ahead of any personal desire I have for my child to win.

II. Thou shalt be supportive no matter what

- a. I'll teach my child: doing one's best is more important than winning, so my child may not feel defeated by their performance -or- outcome of an event
- b. I will praise my child for competing fairly & making a good effort, and encourage my child to feel like a winner every time

III. Thou shalt not coach thy child

- ❖ I'll refrain from coaching my child or others

IV. Thou shalt only have positive things to say at a swimming meet

- a. I will be a positive role model for my own children & others: I'll encourage sportsmanship; show respect & courtesy to others; -and- demonstrate support for swimmers, coaches, officials & other spectators, at both meets & practices.

V. Thou shalt acknowledge thy child's fears

VI. Thou shalt not criticize the officials

- ❖ I'll respect the officials & their responsibilities during meets

VII. Honor thy child's Coach

- a. I'll never question, discuss -or- confront coaches, and will take time to speak with coaches at an appropriate time for both of us.
- b. I will inform the coach of any physical disability or ailment which can affect my child or another child's safety

VIII. Thou shalt be loyal and supportive of thy team

- ❖ I'll strive to learn the rules of swimming & policies of RISE Aquatics. As a reference, see the RISE PARENTS HANDBOOK, including our Mission Statement & Club Philosophy, both found on pg. 3.
- ❖ I'll emphasize skill development practices, and how they benefit my child more than winning.

IX. Thy child shalt have goals besides swimming

X. Thou shalt not expect thy child to become an Olympian

XI. Respect & Dignity for our Sport and all Participants:

- a. I'll teach & encourage my children to: respect & play by the rules; -and- resolve conflicts without hostility -or- violence
 - b. I'll expect my child to treat others with respect, regardless of ability, race, creed, gender -or- color.
 - c. I'll never ridicule or yell at my child or other participants for making a mistake, losing an event, or not achieving a goal.
 - d. I'll expect an environment free from drugs, tobacco & alcohol and refrain from their use at all swimming events.
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