

	MON	TUE	WED	THU	FRI	SAT	SUN
National	4:00-6:00	6:00-8:00	4:00-6:00	6:00-8:00	4:00-6:00	YES	
Senior 1	5:45-7:45	4:00-5:30	OFF	4:00-5:30	4:00-6:00	YES	YES
Senior 2	OFF	5:00-6:30	OFF	5:00-6:30	6:00-7:30	YES	YES
Gold 1	6:00-7:45	4:15-6:00	6:00-7:45	4:15-6:00	5:45-7:30	YES	
Gold 2	6:30-8:00	6:30-8:00	4:00-5:30	4:00-5:30	6:00-7:30	YES	
Gold 3	6:45-8:00	5:15-6:30	4:00-5:30	OFF	6:00-7:30	YES	
Silver 1	4:15-5:45	6:30-8:00	6:00-7:45	6:30-8:00	4:15-5:45	YES	
Silver 2	4:00-5:30	OFF	6:45-8:00	5:30-6:45	6:30-8:00	YES	
Silver 3	6:30-8:00	4:00-5:15	5:30-6:45	OFF	6:00-7:30	YES	
Bronze 1	5:30-6:45	OFF	5:30-6:30	6:45-8:00	5:00-6:30	YES	
Bronze 2	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30	5:00-6:00	NO	
Bronze 3	5:30-6:30	5:30-6:30	OFF	5:30-6:30	5:00-6:00	NO	

SMALL POOL