



2023 ILLINOIS YMCA LONG COURSE CHAMPIONSHIP

GIRLS			8 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:47.19	00:52.67	00:53.63	50 Free	00:48.49	00:54.12	00:55.74
01:37.89	01:49.25	01:51.24	100 Free	01:39.29	01:50.81	01:54.13
03:52.49	04:19.48	04:22.70	200 Free	03:58.09	04:25.73	04:30.56
00:50.99	00:56.91	00:57.94	50 Back	00:51.99	00:58.02	00:59.76
00:58.09	01:04.83	01:06.01	50 Breast	01:01.59	01:08.74	01:10.79
00:51.09	00:57.02	00:58.06	50 Fly	00:54.89	01:01.26	01:03.09
04:24.49	04:55.19	05:00.56	200 IM	04:39.19	05:11.60	05:22.76
GIRLS			10 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:36.19	00:40.39	00:41.13	50 Free	00:36.69	00:40.95	00:42.17
01:21.59	01:31.06	01:32.72	100 Free	01:22.69	01:32.29	01:35.05
03:13.69	03:36.17	03:38.86	200 Free	03:18.39	03:41.42	03:45.44
00:42.49	00:47.42	00:48.28	50 Back	00:43.39	00:48.43	00:49.87
00:48.39	00:54.01	00:54.99	50 Breast	00:51.29	00:57.24	00:58.95
00:42.59	00:47.53	00:48.40	50 Fly	00:45.79	00:51.10	00:52.63
03:40.39	04:05.97	04:10.44	200 IM	03:52.69	04:19.70	04:29.01
02:54.19	03:14.41	03:17.94	200 Free Relay	03:12.19	03:34.50	03:40.91
03:16.49	03:39.30	03:43.03	200 Medley Relay	03:32.59	03:57.27	04:03.52
GIRLS			12 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:31.09	00:34.70	00:35.33	50 Free	00:31.69	00:35.37	00:36.43
01:09.39	01:17.44	01:18.85	100 Free	01:11.09	01:19.34	01:21.71
02:34.59	02:52.53	02:54.68	200 Free	02:40.69	02:59.34	03:03.65
07:16.99	06:22.32	06:30.17	500/400 Free	07:26.49	06:30.63	06:44.06
00:36.99	00:41.28	00:42.03	50 Back	00:38.59	00:43.07	00:44.36
01:20.89	01:30.28	01:31.40	100 Back	01:24.59	01:34.41	01:37.23
00:42.59	00:47.53	00:48.40	50 Breast	00:43.29	00:48.31	00:49.76
01:33.99	01:44.90	01:48.03	100 Breast	01:36.29	01:47.47	01:51.32
00:35.46	00:39.58	00:40.30	50 Fly	00:37.39	00:41.73	00:42.98
01:26.39	01:36.42	01:37.07	100 Fly	01:30.79	01:41.33	01:42.59
02:55.39	03:15.75	03:19.31	200 IM	03:01.79	03:22.89	03:30.16
02:29.19	02:46.51	02:49.53	200 Free Relay	02:42.59	03:01.46	03:06.89
02:51.29	03:11.17	03:14.43	200 Medley Relay	03:20.69	03:43.98	03:49.89
GIRLS			14 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:29.39	00:32.80	00:33.40	50 Free	00:27.29	00:30.46	00:31.37
01:03.69	01:11.08	01:12.38	100 Free	00:59.49	01:06.40	01:08.38
02:22.59	02:39.14	02:41.12	200 Free	02:18.49	02:34.56	02:38.27
06:32.39	05:43.30	05:50.35	500/400 Free	06:35.19	05:45.75	05:52.85
01:14.99	01:23.69	01:24.73	100 Back	01:12.69	01:21.13	01:23.55
01:26.59	01:36.64	01:39.53	100 Breast	01:23.79	01:33.52	01:36.87
01:05.69	01:13.31	01:13.81	100 Fly	01:13.39	01:21.91	01:22.93
02:42.49	03:01.35	03:04.65	200 IM	02:37.59	02:55.88	03:02.18
02:20.89	02:37.24	02:40.10	200 Free Relay	02:21.09	02:37.47	02:42.17
02:42.19	03:01.02	03:04.10	200 Medley Relay	02:43.09	03:02.02	03:06.82
GIRLS			21 & Under	BOYS		
SCY	SCM	LCM		SCY	SCM	LCM
00:27.89	00:31.13	00:31.69	50 Free	00:24.69	00:27.56	00:28.38
01:00.69	01:07.73	01:08.97	100 Free	00:53.89	01:00.15	01:01.94
02:13.79	02:29.32	02:31.18	200 Free	02:01.19	02:15.26	02:18.50
06:09.29	05:23.09	05:29.72	500/400 Free	05:46.59	05:03.23	05:13.66
23:09.09	23:04.94	23:30.24	1650/1500 Free	22:35.29	22:31.24	23:10.04
01:10.09	01:18.23	01:19.20	100 Back	01:02.79	01:10.08	01:12.17
02:33.29	02:51.08	02:53.21	200 Back	02:22.09	02:38.58	02:43.32
01:21.79	01:31.28	01:34.01	100 Breast	01:11.69	01:20.01	01:22.88
02:55.29	03:15.64	03:19.19	200 Breast	02:42.19	03:01.02	03:07.50
01:10.19	01:18.34	01:18.87	100 Fly	01:01.09	01:08.18	01:09.03
02:45.39	03:04.59	03:05.83	200 Fly	02:36.69	02:54.88	02:58.06
02:35.09	02:53.09	02:56.24	200 IM	02:17.39	02:33.34	02:38.83
05:35.89	06:14.88	06:19.54	400 IM	05:21.79	05:59.14	06:09.87
02:10.99	02:26.19	02:28.85	200 Free Relay	02:05.19	02:19.72	02:23.90
05:06.29	05:41.84	05:48.06	400 Free Relay	04:38.99	05:11.37	05:20.68
02:34.69	02:52.65	02:55.58	200 Medley Relay	02:20.79	02:37.13	02:41.27
05:46.09	06:26.26	06:32.84	400 Medley Relay	05:30.19	06:08.52	06:18.22

QUALIFYING PERIOD IS JULY 1, 2022 THROUGH THE ENTRY DEADLINE