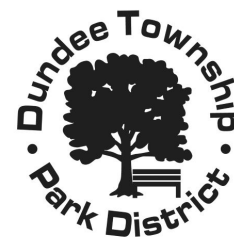




# Swim Team

2025/2026 Winter Season

665 Barrington Ave Carpentersville, IL 60110-2904 (847) 428-7131



## Welcome

We are a year-round team, home to both recreational and competitive swimmers ages 6-22. Our philosophy is to teach and refine the four competitive strokes in a positive environment, moving the swimmers forward in their progress helping them advance towards their goals under the umbrella of USA Swimming.

Head Coach: Deidre Morgan  
dolphinsheadcoach@tdpd.org  
www.dundeedolphins.org

## Mission

To be committed to provide a positive environment, to challenge and develop our members to become exceptional young citizens, athletes, and swimmers; To create and maintain a safe, enjoyable and productive swimming environment; To allow and assist every member to reach his or her desired level of swimming with-in their commitment; To recognize each member and value his or her role in the success of our team; To encourage family participation; To encourage positive mental attitude and mutual respect.

## Divisions

- 8 & Under (BRONZE)
- 9-10 (SILVER)
- 11&U (GOLD)
- 13-14 (SENIOR Middle School)
- 15&U (SENIOR High School)

Swimmers should register for the age they are at the time of registration. If their birthday falls in the 1<sup>st</sup> month of our season, they can register for the age they will be after their birthday. If their birthday falls within the season and after the 1<sup>st</sup> month, please reach out to Coach Deidre via Email or schedule a time outside of practice so we can discuss options for your

swimmer.

When possible, we do make some exceptions based on experience, interest, etc., to give the swimmer the best experience possible. To ensure our swimmers feel correctly placed at practice, we have instituted "nicknames" for each age group - BRONZE, SILVER, GOLD, SENIOR MS, SENIOR HS.

**Please Note:** All exceptions regarding placement need to receive the head coaches' approval.

## Potential New Swimmers

New swimmers must be evaluated by our Head Coach prior to registration.

**Evaluations will be held on Tuesday, July 29th from 4:00 pm -5:15 pm at Rakow Center Pool.**

Swimmers will be guided into the program by our qualified coaching staff. The Dundee Township Park District's all-encompassing Swim program starts with our Learn-To-Swim program, moves to the Junior Dolphins Pre-Swim Team, and finally to the four age groups of the Dundee Dolphins.

## Registration

Please visit the Rakow Center Registration Desk to complete the Registration Information Sheet and Parent/Swimmer Understanding forms prior to the first day of practice.

- Current member registration starts on August 11<sup>th</sup>.
- New resident registration opens August 18<sup>th</sup>
- New nonresident registration opens August 25<sup>th</sup>
- Fall/Winter Season Information - GREEN Packet. Please retain these papers for your records.
- Registration information - BLUE sheet. This must be completely filled out and turned in at registration.

- Parent and Swimmer Understanding - PINK sheet. This form must be read, understood and signed by the parent and swimmer (on their appropriate sides). This must be turned in at registration.

SWIMMERS WILL NOT BE ABLE TO PARTICIPATE IN PRACTICE UNTIL REGISTRATION IS COMPLETE AND ALL PARENT/SWIMMER CODE OF CONDUCT FORMS ARE SIGNED

## Winter Fees:

DIVISIONS	RESIDENT	NON-RESIDENT
8&U (BRONZE)	\$458	\$535
9/10 (SILVER)	\$561	\$644
11&U (GOLD)	\$638	\$762
13/14 (SENIOR M.S.)	\$690	\$803
15&U (SENIOR H.S.)	\$690	\$803

**\*Championship Team** (all swimmers who qualify and swim through Regionals/Age Group State/Senior State/etc.) will be charged an additional fee of \$40 to cover the cost of extra apparel, additional practices, etc.

**HS Season:** For swimmers competing in HS, the fee is 50%.

## Payment Plan Available

Three payments can be made utilizing Visa, MasterCard, Discover or American Express. A one-time processing fee of \$10 per swimmer will be added to the first payment. The initial payment at registration will be roughly 1/3 of the fee plus the \$10 processing fee. The 2nd payment will be processed October 1st. The final payment will be processed November 1st. *The payment plan option is not offered to half-season swimmers.*

## ISI Registration

Individual ISI/USA swimming registration is required for all swimmers on the Dundee Dolphins. This is separate from your swimmer registration/escrow fees and

required to swim at meets (exception: I-Squad Meets).

**Families will need to self-register their swimmers. Instructions and a link to USA Swimming will be provided.**

Swimmers should be registered as DUND (Illinois Swimming Club Code).

If at any point during the season, a swimmer's registration changes to a different team, they will not be allowed to continue practicing with the Dundee Dolphins. The refund policy will be in effect as well.

If a swimmer is transferring from a different team, they will be required to update their ISI Registration within 7 days of attending practice. If the ISI Registration has not been changed in 7 days, then the swimmer will not be allowed to practice until their ISI Registration has been updated to DUND.

## Escrow Account

Upon registration, we require a minimum \$75 escrow account be set up for your family. This account is where we will pull funds to pay for your swimmer's meet entry fees, etc.

- When you sign up your swimmer(s) to compete at a meet, you agree to pay for their entry fees even if your swimmer ends up not swimming. Once the team is accepted to attend the meet, all monies that have been paid to the host team are not refundable.
- A rolling balance will need to be maintained throughout the season. If the account reaches \$0, the swimmers under your account will be listed as "suspended." This means you will be unable to register/compete in future meets until the appropriate funds have been added to your account. At that time, the swimmers account will be switched back to "Active."

*Please note: The swimmer still will be able to participate in practices while listed as "suspended" for financial reasons.*

- At the end of the season, you will have the option to roll over any

remaining balance to the next season, or a refund can be issued. Your balance will be available for you to view/check for accuracy on our team website.

Contact Mike Eschenbach at [Meschenbach@dtpd.org](mailto:Meschenbach@dtpd.org) for questions related to Escrow/Registration.

## Swim Meets

Our team will participate in swim meets, located both home and away. Typically, we try for about two meets/months, this includes I-Squad, Dual/Tri, Invitational, any qualifying level Championship meets.

See meet schedule on the website [www.dundeedolphins.org](http://www.dundeedolphins.org).

- Our swim program includes Regionals, Age Group & Senior Championships, Sectionals.
- Zone Meets, etc. will be additional cost for qualifying swimmers.
- Participation in swim meets is up to the discretion of the family. Swimmers must sign up on the Dundee Dolphins website by the meet deadline.
- All transportation, lodging, etc. is each swimmer's family responsibility.
- Swimmers are expected to be at the meet on time for warmups and before positive check-in closes. Swimmers who arrive after positive check-in closes without notifying the head coach as advised will not be able to swim the meet per USA Swimming rules.
- Swimmers should see the coaching staff immediately after their race for feedback. Parents should encourage their children to do this as well.
- Relays: The coaching staff will determine the line-up based on a swimmer's time, performance in practice and sportsmanship.
- Relay fees are split between all 4 swimmers participating. If a relay team is scratched due to a participant not attending, that swimmer shall incur ALL fees for the relay. The other swimmers will be reimbursed. Every attempt will be made to fill a relay spot.

- If you do not want to have your swimmer participate in relay events, you must inform the Head Coach prior to the close of registration of that particular meet

## Parent Participation @ AWAY MEETS:

Some meets require parent volunteers from visiting teams to serve as timers or officials (if certified). As soon as the Head Coach is informed that timers are needed, a job board on the event page will be created to allow parents to volunteer if time permits. Once the determined deadline has passed, the Head Coach will assign parents to time and inform them via email. It is the responsibility of the parents to find another volunteer if unavailable. In some cases, we need volunteers in the moment at a meet. All families are expected to volunteer if asked.

## Parent Participation @ HOME MEETS:

Parent/Guardian participation is required at Home meets to ensure the success of the meet for our swimmers.

## Home Meets

### FALL I-SQUAD MEET – October 3rd

This is a mock meet for ALL swimmers - a great opportunity to learn how a swim meet works for our new swimmers and get in some friendly competition.

Warmups will start at 5:30 pm; Meet start at 6:15 pm. This is a positive check in meet. Positive check-in will close at 5:35 pm.

Swimmers will choose their events with a Coach (up to 3 events). All swimmers are expected to stay the duration of the I-Squad.

## ADDITIONAL HOME MEETS

Meet Information and Schedule TBA.

During the winter season, we are looking to host a home meet similar to our summer Pentathlon.

This would be a multi-team event and in order to ensure it is a success, each family will be expected to volunteer regardless if your child is swimming in the meet.

If you are not able to attend the meet, you may have someone work for you in your place. This person must be approved by the Meet Director at least two weeks prior to the meet.

In the event you choose not to volunteer your time, you will be charged \$100 per session so that a paid Park District employee can cover your spot. This fee will also be assessed if you do not show for your agreed upon obligation.

Please help make this event possibility a success for our swimmers! Further details will follow as we approach the date.

## Unattached Swimming

You are welcome to swim "unattached" at a meet the Dundee Dolphins are NOT competing at, meaning the swimmer will sign up, compete and represent him or herself at the meet.

- All registration procedures/fees are the responsibility of the parent. The Illinois Swimming meet schedule can be found on [www.ilswim.org](http://www.ilswim.org). The meet packet on the host team website explains all entry procedures/fees.
- A Dundee Dolphins coach is not expected to attend a meet in which your child is swimming unattached.
- Swimmers swimming unattached are not allowed to wear anything that may be considered Dundee Dolphin apparel since they are representing themselves and not the team at these meets.
- Swimming unattached at a meet the Dundee Dolphins are competing in is strictly prohibited. Any swimmer doing so will incur the following penalties: The swimmer will not be allowed to practice with the Dundee Dolphins effective immediately for the rest of the current season and no refund will be issued.

## Practice Information

The practice schedule is tentative and subject to change dependent on the number of swimmers we have in

each level and lane space availability. Any changes made will be minimal and done so with the best interest of the entire team in mind.

### SATURDAY PRACTICE/DRYLAND EXERCISE (DL):

During the winter, we expect to add Saturday practices for the Senior level which may be in-water or dryland exercises.

This is optional and for serious athletes only all swimmers need to come prepared and focused or will not be allowed to participate.

### CANCELED/ALTERED PRACTICES:

Canceled or altered practices are communicated to the team ASAP.

Our team accommodates HS meets held at our pool. We will announce the altered practice schedule ASAP.

Weather related cancellations will typically be communicated via email/team communication. A notice will be posted on the door to the Indoor Pool as well, if possible. Canceled practices and altered practices are accounted for in the fees. No refunds will be given for canceled/altered practices.

## New Dolphin Families

**The New Parent Orientation Meeting is on Wednesday September 3rd 5:30-6:30 pm on Teams**, to go over this packet, all related swim team items and the team website (Swimmers are welcome to join and ask questions). Teams link will be posted on the website.

## Safe Sport

Safe Sport Mission Statement: USA Swimming is committed to safeguarding the well-being of all of its members, with the welfare of its athlete members as the top priority.

To ensure the safety of our swimmers, under the SAFE SPORT Initiative, USA Swimming has instituted a Minor Athlete Abuse Prevention Policy (MAAPP) to set a baseline for acceptable safety standards that limit one on one interactions between adults and minor athletes.

*The Minor Athlete Abuse*

*Prevention Policy has five parts*

1. One-on-One Interactions
2. Social Media & Electronic Communications
3. Travel
4. Locker Room & Changing Areas
5. Massage & Rubdowns/Athlete Training Modalities

Both PARENTS and SWIMMERS 18+ will be required to complete a SAFE SPORT Training online. We will announce training opportunities.

Your signature on the Parent Code of Conduct ensures that you understand the policy.

For the complete policy and supplemental information, please visit the website below.

<https://www.usaswimming.org/safe-sport/minor-athlete-abuse-prevention-policy>

## Ala-carte/Additional Events

Various Items/Events will be offered throughout the season with costs not included in the registration fees. We do our best to keep these additional costs reasonable. See below for a list of the required and optional items.

### APPAREL:

We will offer a team store to purchase apparel items at the beginning of the season (T-shirts, sweats, caps, team suit, etc.). A team store link will be posted on the website & emailed out at the beginning of the season.

### Required Items:

**via Dundee Dolphins Team Store**

- Team T-Shirt, your choice.
  - Cap (*for long hair*). Dundee Dolphins Cap required at meets. *Extra caps are recommended.*
  - Team Suit **from any vendor**
  - Practice suit
  - Goggles
  - Fins
  - Kickboard (optional since there are some available at the pool)
  - Pull Buoy
- For Gold/Senior**
- Snorkel
- For Senior Group:**
- Paddles

**Team Pictures:** All swimmers are expected to be present for the team picture. Date TBA. Individual athlete and action shots, and the team picture will be available for additional purchase.

The BEST way to get involved is to be an official. Our team NEEDS OFFICIALS so we can continue hosting our Annual Pentathlon and so we can continue getting accepted into our usual meets. Please visit [www.ilswim.org](http://www.ilswim.org) and click on the Officials Tab for more information. DTPD will cover registration costs to become an official. DTPD will also offer a

discount on your swimmers' team registration once you become a registered official and each season you keep your Officials registration current and active.

Please contact Coach Deidre to start the process.

## **Become an Official**

---

## **Practice Schedule**

Fall/Winter Schedule at Rakow Center Indoor Pool.			****Practice Times Tentative and subject to change****		
			<i>Senior Group: Weekend practices will be announced as allows.</i>		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8&amp;U (BRONZE)</b>	5:30-6:30 PM		5:30-6:30 PM		5:30-6:30 PM
<b>9/10 (SILVER)</b>	5:30-6:30 PM	5:00-6:00 PM	5:30-6:30 PM	5:00-6:00 PM	5:30-6:30 PM
<b>11/12 (GOLD)</b>	6:30-8:00 PM	6:00-7:30 PM	6:30-8:00 PM	6:00-7:30 PM	6:30-8:00 PM
<b>13/14 (SENIOR 1)</b>	6:30-8:30 PM	6:30-8:30 PM	6:30-8:00 PM	6:30-8:30 PM	6:30-8:00 PM
<b>15&amp;U (SENIOR 2)</b>	6:30-8:30 PM	6:30-8:30 PM	6:30-8:00 PM	6:30-8:30 PM	6:30-8:00 PM