

This week's Tiger Champion is Emma Schwertfeger. Emma is a member of the Tiger Pride Training Group and was nominated by here Coach for the merits of attitude, effort, and work ethic. Emma brings an awesome attitude and effort to her daily participation in training. Emma's energy is spread to her teammates during practices and meets.

Emma's continued focus on her mechanics and race strategy have made this Tiger an awesome competitor as well.

Congrats Emma, and keep up the tremendous work!