



This week's Tiger Champion is **Addison Carlile**. Swimming with the Tiger Pride training group, Addison has worked consistently over the past several seasons to improve – both in and out of the pool. No longer focusing on just herself, Addison strives to help her teammates get better as well. “She is a positive voice and a positive influence on deck,” begins Coach Chas. “Good swim or bad, Addison is mentally much stronger than she has ever been.” Addison is an asset to the Tiger Pride training group.

Swimming for over 5 years, this 6<sup>th</sup> grader at St. Simon’s Catholic School counts Math as her favorite subject. When not at school or at the pool, Addison participates in band, choir, cross country, and track. At the pool, she counts Backstroke as her favorite stroke and the 1650 Free as her favorite event. Not surprisingly, her favorite Tiger Value is Grit. Her advice to other swimmers? “Keep working hard,” Addison says. “You’ll get there someday.” Great advice to take to heart!

Congratulations, Addison! You are a Tiger Champion!

**Tiger Up!**