

DROP OFF/PICK UP PROCEDURES



For the safety of our swimmers, and to maintain good relationships with the facilities that rent their pools to FOX, PLEASE follow these pick-up and drop-off procedures. PLEASE READ AND FAMILIARIZE YOURSELF WITH THE MAPS PROVIDED BELOW.

DO NOT

- **DO NOT** form a vehicle drop off/pick up line at Neuqua, Waubonsie or Fry YMCA (Park in a designated parking spot)
- **DO NOT** park in the parking spaces on the east side of FRY YMCA. These spaces adjacent to the building (near the pool exit door) must be kept open for the safety of our swimmers. At Fry, please park in the north or south parking lots
- **DO NOT** form a vehicle drop off/pick up line at any of our practice facilities.

DO

- **DO** park your vehicle in a designated parking spot. Walk your swimmer(s) to the pool door. At pick up, park your vehicle in a designated parking spot and walk to meet your swimmer(s)
- **DO** drive slowly through the parking lot
- **DO** make sure that all individuals driving your swimmer(s) are aware of these rules.
- **DO** help us out. If you notice FOX families not following the parking procedures, kindly show them these reminders.

NEUQUA VALLEY HIGH SCHOOL

SITE PLAN



We are guests of these facilities, and the lot is likely to be in use for more than just Fox practices. Please follow protocol.

- Park in GREEN areas only.
- **DO NOT LINE UP, IDLE, PICK UP OR DROP OFF IN RED AREAS** IN THE CIRCLE NEAR THE AQUATICS DOOR. USE A PARKING SPACE. NO IDLING.

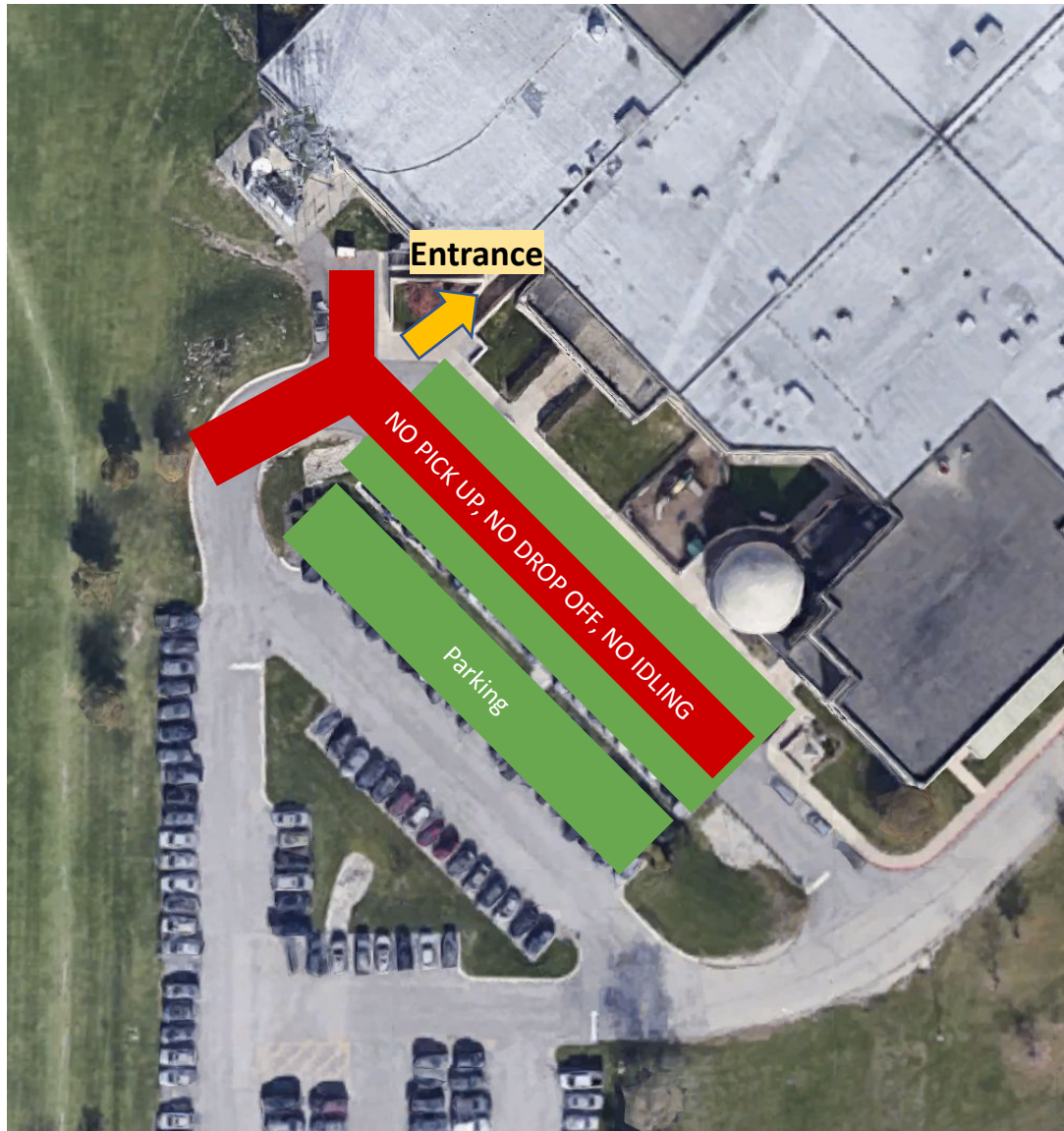
Swimmers should enter Door 46, and then immediately enter the pool through the first door on the right. **Swimmers should not enter the pool deck through locker rooms.**

No entry into the facility by parents except in emergency.

Arrive and enter facility 10 minutes before practice.

WAUBONSIE VALLEY HIGH SCHOOL

SITE PLAN



We are guests of these facilities, and the lot is likely to be in use for more than just Fox practices. Please follow protocol.

- Park in GREEN areas only.
- DO NOT LINE UP, IDLE, PICK UP OR DROP OFF IN RED AREAS IN THE CIRCLE NEAR THE AQUATICS DOOR. USE A PARKING SPACE. NO IDLING

Swimmers should through the far left door in the southwest parking lot, and then immediately enter the pool through the first door on the left. **Swimmers should not enter the pool deck through locker rooms.**

No entry into the facility by parents except in emergency.

Arrive and enter facility 10 minutes before practice.

FRY YMCA SITE PLAN



No entry into the facility by parents except in emergency.

Arrive and enter facility 10 minutes before practice.

We are guests of these facilities, and the lot is likely to be in use for more than just Fox practices. Please follow protocol

- Park in **GREEN** areas only.
- **DO NOT LINE UP, IDLE, PICK UP OR DROP OFF IN RED AREAS** ON THE SIDE OF THE YMCA. USE A PARKING SPACE. NO IDLING.

Monday-Friday Entry: We will start practice with dryland in the gym; enter through the front door (facing 95th street). If you miss dryland but will still be swimming, please enter through the side door.

Saturday Entry: Please enter through the pool side door.

Exit: We will be exiting the pool through the side door for every practice.

HIGH SCHOOL GROUND RULES



- Please keep in mind that although many older swimmers age 12 and up as well as coaches are now eligible for vaccines, younger swimmers are not. Any non-vaccinated individual must continue to wear a mask when entering and exiting the facility and anytime social distance cannot be maintained.
- Maintain proper 6' or greater social distance at all times when possible.
- Wash hands after entering and exiting the facility and after touching anything. You are encouraged to bring personal hand sanitizer at least 60% alcohol
- Bring own water. No fountain use. No sharing.
- No sharing of equipment You will not be permitted to store equipment and/or bags at facilities. They MUST be taken home after every practice.
- No handshakes, high fives, fist bumps, hugs, touching "go-team" hand raises, etc. can occur
- No spitting or blowing of the nose without the use of a tissue is allowed
- Locker room washroom facilities are for emergency only and then one-at-a-time. Sanitize touched surfaces when complete.
- No showering. Enter and exit practice with suits on. No locker room changing
- Coach will remove any swimmers from practice that fail to comply with safety measures and/or discontinue practice if unsafe. Contact Lead Coach, Head Coach or COVID-19 team

WAUBONSIE VALLEY HIGH SCHOOL

GROUND RULES



- Please keep in mind that although many older swimmers age 12 and up as well as coaches are now eligible for vaccines, younger swimmers are not. Any non-vaccinated individual must continue to wear a mask when entering and exiting the facility and anytime social distance cannot be maintained.
- Maintain proper 6' or greater social distance at all times when possible.
- Wash hands after entering and exiting the facility and after touching anything. You are encouraged to bring personal hand sanitizer at least 60% alcohol
- Bring own water. No fountain use. No sharing.
- No sharing of equipment You will not be permitted to store equipment and/or bags at facilities. They MUST be taken home after every practice.
- No handshakes, high fives, fist bumps, hugs, touching "go-team" hand raises, etc. can occur
- No spitting or blowing of the nose without the use of a tissue is allowed
- Locker room washroom facilities are for emergency only and then one-at-a-time. Sanitize touched surfaces when complete.
- No showering. Enter and exit practice with suits on. No locker room changing
- Coach will remove any swimmers from practice that fail to comply with safety measures and/or discontinue practice if unsafe. Contact Lead Coach, Head Coach or COVID-19 team