

Weekly Rundown

10-24-2022

Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B- 5:15-6:30	TSD- 5:30-6:30	TSD- 5:30-6:30	B- 5:15-6:30	G- 5:15-7:00	BOON Meet No Practice
S- 5:15-6:45	G- 5:15-7:00	B- 5:15-6:30	S- 5:15-6:45	JR- 5:15-7:00	
G/JR- 5:15-7:00	JR- 4:45-7:00	S- 5:15-6:45	G- 5:15-7:00	JRE/SR/SRE- 5:15-7:00	
JRE/SR/SRE- 5:15-7:30	SRE- 5:15-6:30 am JRE/SR/SRE- 4:45-7:00	G/JR- 5:15-7:00 JRE/SR/SRE- 5:15-7:30	JR- 4:45-7:00 SRE- 5:15-6:30 am JRE/SR/SRE- 4:45-7:00		

Notes:

SRE- Senior El., SR- Senior, JRE- Junior El., JR- Junior G- Gold, S- Silver, B- Bronze, TSD- Tiger Shark Dev.
All practices are at Deaconess Aquatic Center unless stated otherwise

Tiger Shark practice has been moved from Monday to Tuesday this week due to scheduling conflicts. As a reminder, with High School swim starting this week, JRE/SR/SRE move to the evening schedule. We will host practice Friday for regularly scheduled groups.

Coaches Corner

▶ Upcoming Events

- ▶ BOON Outside Smoke (10/29-10/30)
 - ▶ Entries and more information will be out this week.
- ▶ GEVV Turkey Splash (11/12-11/13)
 - ▶ Meet info and volunteer sign ups will be out this week.

- ▶ A HUGE thank you to everyone who participated in the swim-a-thon this weekend! All in all we raised over \$20,000, surpassing our goal and then some. Special shoutout to our board of directors who were key in making this event a success!

- ▶ **Due to Boonville HS hosting a football game on Friday, the Friday session of the BOON Outside Smoke has been cancelled. Sat/Sun sessions remain unchanged. We will be hosting practice for regularly scheduled groups Friday evening.**

- ▶ High school swim starts this week. Please keep in mind that the parking lot, locker rooms, pool deck and building will be more crowded from now through February. With the increased number of athletes using the pool, as a reminder to parents please only enter the locker rooms if absolutely necessary.

Swimmer Spotlight

- ▶ Happy Birthday!
 - ▶ Wyatt Jones- 10/26
 - ▶ Baker Hermann- 10/27
 - ▶ Madalyn Huang- 10/27
 - ▶ Sutton Sensenbrenner- 10/28