

Weekly Rundown

10-31-2022

Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
No Practice	G- 5:15-7:00 JR- 4:45-7:00	TSD- 5:30-6:30 B- 5:15-6:30	B- 5:15-6:30 S- 5:15-6:45	G- 5:15-7:00 JR- 5:15-7:00	JR/JRE/SR/SRE- 7:00-9:15 G- 9:00-10:45
Happy Halloween!	SRE- 5:15-6:30 am JRE/SR/SRE- 4:45-7:00	S- 5:15-6:45 G/JR- 5:15-7:00 JRE/SR/SRE- 5:15-7:30	G- 5:15-7:00 JR- 4:45-7:00 SRE- 5:15-6:30 am JRE/SR/SRE- 4:45-7:00	JRE/SR/SRE- 5:15-7:00	S- 9:00-10:30 B- 9:00-10:15 TSD- 9:00-10:00

Notes:

SRE- Senior El., SR- Senior, JRE- Junior El., JR- Junior G- Gold, S- Silver, B- Bronze, TSD- Tiger Shark Dev.

All practices are at Deaconess Aquatic Center unless stated otherwise

No practice Monday. Normal practice schedule the rest of the week.

Coaches Corner

▶ Upcoming Events

▶ GEVV Turkey Splash (11/12-11/13)

- ▶ Registration Deadline: Monday 11/7
- ▶ Volunteer sign ups will be posted 11/1 at 9:00 am

▶ We had a great meet this weekend at Boonville! Be on the lookout for the meet recap later today.

▶ We now turn our attention to our upcoming meet 11/12-13. The volunteer sign ups will be posted at 9:00 am tomorrow morning. You can access the sign ups by signing into your account, going to events tab, and selecting the green box labeled “Job Signup”.

Swimmer Spotlight

- ▶ Happy Birthday!
 - ▶ Makenna Crummley- 11/1
 - ▶ Adrienne Lowe- 11/1