

Weekly Rundown

3-7-2022

Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger, 6:15-7:00 Shark, 5:30-6:15 B, 5:15-6:30 S, 5:30-6:45 G, 5:30-7:00 SR1, 5:30-7:00 SR2, 5:30-7:30	S, 5:15-6:45 G, 5:00-6:45 SR1, 5:00-7:00 SR2, 5:00-7:00	Tiger, 6:15-7:00 Shark, 5:30-6:15 B, 5:15-6:30 S, 5:30-6:45 G, 5:30-7:00 SR1, 5:30-7:00 SR2, 5:30-7:30	S, 5:15-6:45 G, 5:00-6:45 SR1, 5:00-7:00 SR2, 5:00-7:00	Age Group State @Indianapolis No Practice	Age Group State @Indianapolis Tiger, 8:15-9:00 Shark, 7:30-8:15

Notes:

SR2- Senior 2, SR1- Senior 1, G- Gold, S- Silver, B- Bronze
 All practices are at Deaconess Aquatic Center

No practice Friday, and only Tiger/Shark groups practice on Saturday. No other changes to the schedule.

Coaches Corner

▶ Upcoming Meets

▶ Age Group State (Mar 11-13)

- ▶ Indianapolis, IN (IU Nat)
- ▶ More info to come.

▶ Senior State (Mar 18-20)

- ▶ Elkhart, IN
- ▶ Entries dues this week.

▶ Reminder that Thursday (3/10) is the last practice for everyone besides the Tiger/Shark groups and anyone with a Senior State cut.

Meet Recap

- ▶ We had a great weekend at Terre Haute for the SW Divisional Championships. We walked away with 12 new state cuts, and everyone leaving with several season and personal bests. We now look forward to the upcoming Age Group and Senior State meets.

- ▶ New Time Cuts

- ▶ State:

- ▶ Josie Boger- 50 BR Claire Coe- 100 FL Jaxon Cook- 100 FR, 200 FR
 - ▶ Harper Haynie- 50 BK Wyatt Jones- 50 FR Owen Mercer- 100 FR
 - ▶ Jaxon Cook, Jack Jones, Owen Mercer, Lance Smith:
 - ▶ Boys 13-14 200 Medley Relay, Boys 13-14 400 Medley Relay
 - ▶ Boys 13-14 200 Freestyle Relay, Boys 13-14 400 Freestyle Relay
 - ▶ Michael Collins, Dawson Maurer, Ayden Poole, Logan Tenison:
 - ▶ Boys Open 800 Freestyle Relay

Meet Recap

► Most Time Drops:

- 6- Claire Coe, Harper Haynie, Gabbie Irvin, Dawson Maurer, Emma Orth, Maggie Rhymer
- 5- Mason Afifi, Jaxon Cook, Owen Mercer, Ayden Poole
- 4- Ruthie Mercer, Brendan Ulewicz, Ella Woods

► Biggest Time Drops:

► 400 IM/500 FR/1650 FR-

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| 1. Jordan Gehlhausen- 1650 -28.40 | 2. Jaxon Cook- 500 -23.55 | 3. Jack Jones- 500 -18.77 |
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► 200 Events-

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| 1. Emma Orth- 200 IM -10.95 | 2. Jaxon Cook- 200 BR -9.67 | 3. Gabbie Irvin- 200 IM -6.77 |
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► 100 Events-

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| 1. Jackson Clem- 100 BR -5.80 | 2. Izzy Hamilton- 100 BR -4.63 | 3. Ayden Poole- 100 FL -4.23 |
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► 50 Events-

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| 1. Harper Haynie- 50 FL -2.44 | 2. Mason- 50 BK -2.10 | 3. Mason Afifi- 50 FL -1.99 |
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► Great job to everyone who competed!