

Weekly Rundown

5-26-2025

Practice Schedule

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
No Practice	HP/SR 6:45-9:00 am 3:45-5:30 pm	HP/SR 6:45-9:00 am	HP/SR 6:45-9:00 am 3:45-5:30 pm	HP/SR 6:45-9:00 am	HP/SR 7:00-9:15 am
Happy Memorial Day!	JR1/2/3 6:45-9:00 am	JR1/2/3 6:45-9:00 am 3:45-5:30 pm (JR1)	JR1/2/3 6:45-9:00 am	JR1/2/3 6:45-9:00 am	JR1/2/3 7:00-9:15 am
	G 5:30-7:00 pm	G/S/B 5:30-7:00 pm	G/S/B 5:30-7:00 pm		G/S/B 9:00-10:30 am
		PT 6:15-7:00 pm			PT 9:45-10:30 am

*All practices are held at the Deaconess Aquatic Center, unless stated otherwise.

No practice due to Monday for Memorial Day. Our summer schedule begins this week for the JR's and SR's. The Elementary groups and Pre-Team schedules remain the same.

Coaches Corner

▶ Upcoming Events

- ▶ FAST Summer Jam (June 6-8)
 - ▶ **More info to come.**
- ▶ GEVV Shark Bait Showdown (June 20-22)
 - ▶ **Registration Deadline: Friday, June 13th**
- ▶ NOB Enchanted Forest (June 27-29)
 - ▶ **More info to come.**

- ▶ If you have a swimmer in the Jr or Sr groups, make sure to double check the summer schedule for practice time changes.
- ▶ Check your emails for more info on the GoSwim app and get signed up if you have yet to already!

Swimmer Spotlight

- ▶ Happy Birthday!
 - ▶ **Isaac Lickey - 5/27**
 - ▶ **Stella Droste - 5/30**
 - ▶ **Oliver Kress - 6/1**
- ▶ Congratulations to the following swimmers who recently changed groups!
 - ▶ **Junior 2- Amelia Earles, Eleanor Freitag, Tate Garrett, Mason Lickey, Andrew Orth, John Wynn**
- ▶ Shoutout to Wyatt Jones who competed in the Dual in the Pool Invitational with Indiana Swimming last weekend! He represented the team well with multiple top 16 and top 8 finishes!

Positive Coaching Alliance

- ▶ Tips for a Positive Parent/Caregiver-Coach Partnership
- ▶ Following are guidelines for how sports parents/caregivers can contribute to a Coach-Parent/Caregiver Partnership that benefits youth athletes.
- ▶ <https://positivecoach.org/resource-zone/tips-for-a-positive-parent-caregiver-coach-partnership/>

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