# Weekly Rundown

5-9-2022

## Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tiger Shark, 5:30-6:30	G, 5:15-7:00 SR, 5:00-7:00	Tiger Shark, 5:30-6:30	S, 5:15-6:45 G, 5:15-7:00	No Practice	No Practice
B, 5:15-6:30	SRE, 5:00-7:00	B, 5:15-6:30	SR, 5:00-7:00	NSC Meet	NSC Meet
S, 5:15-6:45 G, 5:00-7:00		S, 5:15-6:45 G, 5:00-7:00	SRE, 5:00-7:00		
SR, 5:15-7:30 SRE, 5:15-7:30		SR, 5:15-7:30 SRE, 5:15-7:30			

#### Notes:

SRE- Senior Elite, SR- Senior, G- Gold, S- Silver, B- Bronze, TSD- Tiger Shark Dev. All practices are at Deaconess Aquatic Center unless stated otherwise

No practice Friday or Saturday due to the NSC meet. No other changes to the schedule this week.

### Coaches Corner

- Upcoming Events
  - ► NSC Spring Spotlight (May 13-15)
    - ▶ Updated meet info and entries will be sent out this week.
  - ▶ JAWS Summer Invitational (June 4-5)
    - ▶ We should hopefully have meet info posted this week.
  - Central Zone Multi-Cultural Meet & Camp (June 10-12)
    - ▶ Meet info was sent out last week.
    - ▶ All sign ups are through Indiana Swimming.
    - ▶ Co-hosting with Boonville. Job sign ups will be posted soon.
- Our first week of long course practice went great. We are looking forward to our first long course meet of the season this weekend at Newburgh.

## Swimmer Spotlight

- ► Happy Birthday!
  - ► Harper Haynie- 5/12
  - ► Eric Atkins- 5/15