

Weekly Rundown

7-18-2022

Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SR, 6:45-9:00 SRE, 6:45-9:00 G, 7:00-9:00 Tiger Shark, 5:30-6:30 B, 5:15-6:30 S, 5:15-6:45	G, 7:15-9:00 SR, 7:00-9:00 SRE, 7:00-9:00 SRE, 3:30-5:00	SR, 6:45-9:00 SRE, 6:45-9:00 G, 7:00-9:00 Tiger Shark, 5:30-6:30 B, 5:15-6:30 S, 5:15-6:45	B, 5:15-6:30 S, 5:15-6:45 G, 7:15-9:00 SR, 7:00-9:00 SRE, 7:00-9:00 SRE, 3:30-5:00	SR, 7:15-9:00 SRE, 7:15-9:00 G, 7:15-9:00	Tiger Shark, 9:00-10:00

Notes:

SRE- Senior Elite, SR- Senior, G- Gold, S- Silver, B- Bronze, TSD- Tiger Shark Dev.

All practices are at Deaconess Aquatic Center unless stated otherwise

Only Tiger Shark practices on Saturday. Normal practice schedule the rest of the week.

Coaches Corner

▶ Upcoming Events

▶ Age Group State (July 22-24)

▶ More info to come.

▶ Divisionals (July 29-31)

▶ Registration Deadline: Wednesday, July 20th

▶ Last chance to sign up for Divisionals is this week.

▶ Last practice for the long course season is Thursday, July 28th.

Meet Recap

- ▶ We had a great weekend of swimming, both at Senior State in Bloomington as well as the Seymour Splash.
- ▶ Congratulations to Logan Tenison, who qualified for the D final in the 100 Backstroke at Senior State Championships this weekend.
- ▶ Congratulations to Wyatt Jones, who got a Zone qualifying time in the 50 Backstroke.
- ▶ Unfortunately we had a weather cancellation in Seymour this weekend, but despite that we had several great swims and best times.

Swimmer Spotlight

- ▶ Happy Birthday!
 - ▶ Nolan Hubiak- 7/21
 - ▶ Isabelle Ice- 7/21
 - ▶ Maggie Rhymer- 7/21
 - ▶ Eli Fee- 7/24