

Weekly Rundown

9-20-2021

Practice Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B, 6:30-7:30 @TSAC	S, 6:30-7:45 @TSAC	B, 6:30-7:30 @TSAC	S, 6:30-7:45 @TSAC	No Practice	B, 10:00-11:00 @TSAC
S, 6:30-7:45 @TSAC	G, 7:00-8:30 @YMCA	S, 6:30-7:45 @TSAC	G, 7:00-8:30 @YMCA		G, 7:30-9:00 @TSAC
G, 7:15-8:30 @YMCA	SR, 7:00-8:30 @YMCA	G, 7:15-8:30 @YMCA	SR, 7:00-8:30 @YMCA		SR, 7:30-9:00 @TSAC
SR, 7:15-8:30 @YMCA		SR, 7:15-8:30 @YMCA			

Notes:

SR- Senior group, G- Gold group, S- Silver group, B- Bronze Group

The only change to the schedule this week is the Gold group got moved up on Saturday morning.

Coaches Corner

- ▶ We are just two weeks away from our first practice at the Deaconess Aquatic Center. October 4th will be our first practice at the new pool. Starting that day we will begin our official short course practice schedule.
- ▶ We had over 30 swimmers at evaluations on Saturday, and we are shaping up to have a similar amount at our second evaluation day on October 2nd. We hope to have several new families starting with us October 4th.
- ▶ Swim Meets
 - ▶ Reminder that the MTV meet scheduled for this weekend has been cancelled.
 - ▶ The deadline to sign up for the NSC meet is Thursday.