


December 2025 – www.hwsadolphins.org

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|---|--|--|
|  | 1 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 2 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: College Meet | 3 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 4 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 5 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 6 Elite: 11:00a – 1:30p G4: 11:00a – 1:30p G3: 1:15p – 2:45p G2: 1:30p – 2:45p G1: 2:00p – 2:45p |
| 7 | 8 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 9 OFSA @ HWSA Dual Meet @ Stagg H.S. Warm-ups: 5:45p Meet Starts: 6:30p | 10 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 11 Stagg HS Boys Home Meet G1: No Practice G2: No Practice G3: 7:30p – 9:00p G4: 7:30p – 9:15p Elite: 7:30p – 9:15p | 12 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p EA USS Meet - all ages - W-Ups: 5:00p - Starts: 6:00p | 13 EA USS Meet - 11-12's AM Session - W-Ups: 7:00a/7:15a - 10 & Unders - W-Ups: 10:15a/11:00a - 13 & Overs - W-Ups: 2:15p/3:00p |
| 14 EA USS Meet - 11-12's AM Session - Arrive: 6:45a - W-Ups: 7:00a/7:45a - 10 & Unders - Arrive: 10:00a - W-Ups: 10:15a/11a - 13 & Overs - Arrive: 2:00p - W-Ups: 2:15p/3p | 15 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 16 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p | 17 Elite: 4:00p – 6:15p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p | 18 Elite: 4:00p – 6:15p HWSA Holiday Party 6:30p – 8:30p  | 19 G4: 4:00p – 6:15p Elite: 4:00p – 6:15p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p | 20 Elite: 9:00a – 11:30a G4: 9:00a – 11:30a G3: 11:15a – 12:45p G2: 11:30a – 12:45p G1: 12:00p – 12:45p |
| 21 | 22 G4: 3:45p – 6:00p Elite: 3:45p – 6:00p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p | 23 G4: 3:45p – 6:00p Elite: 3:45p – 6:00p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p | 24 Elite: 10:30a – 1:00p G4: 10:30a – 1:00p | 25  | 26 G4: 3:45p – 6:00p Elite: 3:45p – 6:00p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p | 27 Elite: 10:30a – 1:00p G4: 10:30a – 1:00p G3: 12:00p – 1:30p |
| 28 | 29 G4: 3:45p – 6:00p Elite: 3:45p – 6:00p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p | 30 G4: 3:45p – 6:00p Elite: 3:45p – 6:00p G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p | 31 Elite: 10:30a – 1:00p G4: 10:30a – 1:00p | | | |