

January 2026 – HWSA Dolphins – www.hwsadolphins.org

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Happy New Year 	2 Elite: 3:45 – 6:00 Grp 4: 3:45 – 6:00 Grp 1: 6:00 – 6:45 Grp 2: 6:30 – 7:45 Grp 3: 6:00 – 7:30	3 Elite: 10:30a – 1:00p G4: 10:30a – 1:00p G3: 12:45p – 2:15p G2: 1:00p – 2:15p G1: 1:30p – 2:15p
4 <u>HSC Distance Meet</u> Session 1 (12 & Unders) HWSA Arrives: 6:45a Meet Starts: 8:00a Session 2 (11 & Overs) HWSA Arrives: 10:55a Meet Starts: 11:45a	5 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	6 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	7 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	8 Stagg HS Boys Home Meet G1: 7:30p – 8:15p G2: 7:30p – 8:45p G3: 7:30p – 9:00p G4: 7:30p – 9:15p Elite: 7:30p – 9:15p	9 41st Annual HWSA Winter Splash @ Stagg H.S. Warm-Ups: 3:45p Meet Starts: 4:45p	10 <u>HWSA Winter Splash</u> AM Session (10&Unders) Warm-Ups: 7:00a MID Session (11-12) Warm-Ups: 11:00a PM Session (13&Overs) Warm-Ups: 2:00p
11 <u>HWSA Winter Splash</u> AM Session (10&Un.) Warm-Ups: 7:00a MID Session (11-12) Warm-Ups: 11:00a PM Session (13&Ov) Warm-Ups: 2:00p	12 No Practices Day of Rest for HWSA families	13 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	14 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	15 Stagg HS Boys Home Meet G1: 7:30p – 8:15p G2: 7:30p – 8:45p G3: 7:30p – 9:00p G4: 7:30p – 9:15p Elite: 7:30p – 9:15p	16 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	17 Elite: 10:30a – 1:00p G4: 10:30a – 1:00p G3: 12:45p – 2:15p G2: 1:00p – 2:15p G1: 1:30p – 2:15p
18	19 MLK Day Elite: 3:45p – 6:00p Grp 4: 3:45p – 6:00p Grp 1: 6:00p – 6:45p Grp 2: 6:30p – 7:45p Grp 3: 6:00p – 7:30p	20 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	21 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	22 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	23 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 6:30p – 8:45p Elite: 6:30p – 8:45p Circle City Classic HWSA Arrives: 3:30p W-Ups: 4:00p Starts: 5:30p	24 Elite/G4: 9:00a – 11:30a G3: 11:15a – 12:45p G2: 11:30a – 12:45p G1: 12:00p – 12:45p Circle City Classic Session 1 (13 & Overs) HWSA Arrives: 6:45a Session 2 (12 & Unders) HWSA Arrives: 11:00 Finals: Arrive 4:45p
25 <u>Circle City Classic</u> Session 1 (13 & Overs) HWSA Arrives: 6:45a Session 2 (12 & Unders) HWSA Arrives: 11:00 Finals: Arrive 4:45p	26 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	27 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	28 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	29 POSA @ HWSA Dual Meet @ Stagg H.S. Warm-ups: 5:45p Meet Starts: 6:30p	30 G1: 6:00p – 6:45p G2: 6:30p – 7:45p G3: 6:00p – 7:30p G4: 7:00p – 9:15p Elite: 7:00p – 9:15p	31 Elite: 10:30a – 1:00p G4: 10:30a – 1:00p G3: 12:45p – 2:15p G2: 1:00p – 2:15p G1: 1:30p – 2:15p