

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Meet Program - Saturday Morning, June 28, 2025

#15 Girls 12 & Under 200 LC Meter Freestyle					Heat 7 of 8 Finals					Heat 5 of 5 Finals				
3:20.99 9-10 IASI IASI Q					1 Neese, Savanna 11 USSD-IA NT					1				
2:45.99 11-12 IASI IASI Q					2 Soukup, Lyv 12 USSD-IA NT					2				
Lane	Name	Age	Team	Seed Time	3 Norton, Stella 9 RWSC-MN 4:40.00					3 Meyer, Sully 9 RIP-IA NT				
Heat 1 of 8 Finals					4 Ahrens, Paityn 11 FAST-IA 4:09.02					4 Hutzell, Wyatt 10 ACAC-IA NT				
1	Lewis, Madyson	12	CIA-IA	2:34.84 IASI	5 Gallick, Esme 8 RIP-IA 4:25.42					5 Tran, Colin 9 CIA-IA NT				
2	Stonehocker, Tri	12	DMSF-IA	2:32.46 IASI	6 Crouch, Ingrid 12 RIP-IA NT					6				
3	Meyer, Gwen	12	RIP-IA	2:29.74 IASI	7 Talley, Serena 11 CIA-IA NT					7				
4	Bykova, Sasha	12	DMSF-IA	2:24.66 IASI	8 Bilslend, Teagan 10 ACAC-IA NT					8				
5	Fenton, Aspen	12	DMSF-IA	2:27.16 IASI	Heat 8 of 8 Finals					#17 Girls 12 & Under 50 LC Meter Butterfly				
6	Ludwig, Mia	12	DSMY-IA	2:31.59 IASI	1					50.29 9-10 IASI IASI Q				
7	Tran, Victoria	12	CIA-IA	2:33.47 IASI	2					38.29 11-12 IASI IASI Q				
8	Hornung, Harpei	11	WW-IA	2:35.22 IASI	3 Williams, Terin 9 CIA-IA NT					Lane	Name	Age	Team	Seed Time
Heat 2 of 8 Finals					4 Peppmeier, Amzi 10 ACAC-IA NT					Heat 1 of 9 Finals				
1	Lamb, Addison	11	ACAC-IA	2:44.58 IASI	5 Currey, Rosie 9 ACAC-IA NT					1	Qualley, Reagan	10	DSMY-IA	37.52 IASI
2	Janssen, Sarah	12	CAST-IA	2:44.25 IASI	6 Currey, Emmy 9 ACAC-IA NT					2	Cygankova, Polin	12	DSMY-IA	37.29 IASI
3	Garrison, Jorgia	11	RSC-IA	2:42.74 IASI	7					3	Cochran, Delaney	10	CIA-IA	37.04 IASI
4	Brons, Josie	11	DMSF-IA	2:41.05 IASI	8					4	Janssen, Sarah	12	CAST-IA	35.25 IASI
5	Schoolen, Ruby	12	RSC-IA	2:42.32 IASI	#16 Boys 12 & Under 200 LC Meter Freestyle					5	Ocheltree, Kinnic	12	DSMY-IA	35.95 IASI
6	Smyth, Vivi	12	RWSC-MN	2:42.90 IASI	3:12.09 9-10 IASI IASI Q					6	Fillius, Willa	12	NSST-IA	37.08 IASI
7	Hutzell, Rowen	12	ACAC-IA	2:44.49 IASI	2:44.89 11-12 IASI IASI Q					7	Israel, Brynn	11	CIA-IA	37.49 IASI
8	Gevock, Trinity	11	SEA-IA	2:45.14 IASI	Lane					8	Baker, Caroline	11	CIA-IA	38.77
Heat 3 of 8 Finals					Age	Team	Seed Time	Heat 2 of 9 Finals						
1	Leidinger, Callie	12	COE-IA	3:01.69	Heat 1 of 5 Finals					1	Cygankova, Alisa	9	DSMY-IA	40.97 IASI
2	Jacobson, Kinzee	12	RWSC-MN	2:55.11	1 Call, Harrison 12 ACAC-IA 2:42.46 IASI					2	Demirci, Ada	12	ACAC-IA	39.64
3	Albrecht, Brynlee	12	DSMY-IA	2:48.02	2 Mintle, Easton 10 DMSF-IA 2:32.63 IASI					3	Spear, Lilliana	10	CIA-IA	39.03 IASI
4	Larson, Rachel	11	DSMY-IA	2:46.28	3 Calderon, LuisMa 12 ACAC-IA 2:30.69 IASI					4	Jean, Natiel	11	DSMY-IA	38.90
5	Jean, Natiel	11	DSMY-IA	2:47.88	4 Rychnovsky, Becl 12 DMSF-IA 2:14.77 IASI					5	Gevock, Trinity	11	SEA-IA	39.01
6	Smith, Hayden	10	DMSF-IA	2:48.20 IASI	5 Staiert, Easton 12 DMSF-IA 2:21.12 IASI					6	Books, Malia	12	USSD-IA	39.39
7	Mooney, Sabrina	10	DMSF-IA	2:55.62 IASI	6 Smith, Harry 12 DMSF-IA 2:32.51 IASI					7	Hanson, Aubrey	12	CIA-IA	39.74
8	Freeman, Cather	12	CIA-IA	3:01.94	7 Qualley, Parker 12 DSMY-IA 2:37.61 IASI					8	Anthofer, Eve	9	CAST-IA	42.15 IASI
Heat 4 of 8 Finals					8 Zhang, Allen 12 DMSF-IA 2:44.99					Heat 3 of 9 Finals				
1	Beagley, Evelyn	11	ACAC-IA	3:11.10	Heat 2 of 5 Finals					1	Fitch, Lauren	11	NSST-IA	44.78
2	Karbeling-Kurth,	12	ICE-IA	3:09.68	1 Phelps, Briggs 12 RIP-IA 3:05.82					2	Tudor, Ellery	11	USSD-IA	44.00
3	Freeseaman, Josie	10	RIP-IA	3:09.34 IASI	2 Dube, Etienne 11 ACAC-IA 3:03.33					3	Brons, Josie	11	DMSF-IA	43.09
4	Hanson, Ainslie	11	RWSC-MN	3:03.13	3 Sisul, Jenner 11 SEA-IA 2:58.28					4	Smith, Hayden	10	DMSF-IA	42.48 IASI
5	Bry, Emma	11	MCSC-IA	3:06.05	4 Cunningham, Gic 11 NSST-IA 2:49.01					5	Butler, Mathilde	12	DSMY-IA	42.75
6	Sisul, Jolie	12	SEA-IA	3:09.58	5 Fausch, Zach 11 CIA-IA 2:50.75					6	Lewis, Madyson	12	CIA-IA	43.56
7	Lewis, Rylee	10	CIA-IA	3:10.31 IASI	6 Sexton, James 11 CIA-IA 3:01.42					7	Ortega, Evelyn	11	CIA-IA	44.08
8	Knox, Makayla	12	FAST-IA	3:11.70	7 LaPan, Henry 11 USSD-IA 3:05.43					8	Freeseaman, Josie	10	RIP-IA	45.15 IASI
Heat 5 of 8 Finals					8 Ghimire, Sanji 12 ACAC-IA 3:06.29					Heat 4 of 9 Finals				
1	Anthofer, Eve	9	CAST-IA	3:34.36	Heat 3 of 5 Finals					1	Cody, Collins	11	MCSC-IA	52.91
2	Hancock, Charlot	8	CIA-IA	3:26.34	1 Lohmeier, Thom: 10 DMSF-IA 3:28.69					2	Ward, Amelia	9	CIA-IA	49.85 IASI
3	Ireland, Avery	11	DMSF-IA	3:16.12	2 Kokjohn, Colin 10 DMSF-IA 3:18.17					3	Frein, Isabella	11	CIA-IA	49.61
4	Connolly, Grace	12	DSMY-IA	3:12.79	3 Rees, Brighton 10 ACAC-IA 3:14.25					4	Freeseaman, Ivy	9	RIP-IA	45.71 IASI
5	Driscoll, Bailey	12	MCSC-IA	3:12.84	4 Thomas, Ethan 12 RSC-IA 3:10.55					5	Jacobson, Whitn:	9	RWSC-MN	46.09 IASI
6	Mitchell, Paige	11	CIA-IA	3:19.99	5 Feeney, Owen 10 DMSF-IA 3:14.10					6	Karbeling-Kurth,	12	ICE-IA	49.67
7	Hardee, Anya	12	MCSC-IA	3:32.45	6 Garrison, Jonah 9 RSC-IA 3:15.29					7	Bry, Emma	11	MCSC-IA	51.23
8	Cody, Collins	11	MCSC-IA	3:34.57	7 Carpenter, Malac 11 CIA-IA 3:24.43					8	Woolery, Brecky	11	CIA-IA	53.02
Heat 6 of 8 Finals					8 Carter, Thomas 11 CAST-IA 3:48.56					Heat 5 of 9 Finals				
1	Kovacevich, Elea	11	ACAC-IA	4:02.36	Heat 4 of 5 Finals					1	Cochran, Clara	8	CIA-IA	1:01.16
2	Angstrom, Grace	10	FAST-IA	3:52.35	1 Wood, Finn 11 ACAC-IA NT					2	Puhrmann, Macy	9	CIA-IA	59.55
3	Benson, Kahlia	10	RWSC-MN	3:43.44	2 Schultz, Rylan 12 ACAC-IA NT					3	Vobr, Vobr	9	NST-IA	56.29
4	Ward, Amelia	9	CIA-IA	3:41.16	3 Cody, Jay 11 RWSC-MN 4:00.99					4	Hancock, Charlot	8	CIA-IA	54.32
5	Thomas, Liv	10	RSC-IA	3:42.33	4 Connolly, James 9 DSMY-IA 3:56.26					5	Neese, Savanna	11	USSD-IA	56.05
6	Smyth, Ava	10	RWSC-MN	3:50.99	5 Tourney, Emmett 9 RWSC-MN 3:59.31					6	Fausch, Lilly	9	CIA-IA	56.91
7	Norton, Coco	10	RWSC-MN	3:59.36	6 Gilloon, Vincent 8 ACAC-IA 5:24.13					7	Blocker, Kiersten	10	CIA-IA	1:01.02
8	Stinson, Ellie	12	RWSC-MN	4:04.55	7 Johnson, Ryker 11 SEA-IA NT					8	Lemke, Charlotte	11	RIP-IA	1:01.35
					8 Naylor, Jackson 11 CIA-IA NT									

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Heat 6 (#17 Girls 12 & Under 50 LC Meter Butterfly)				
1	Tomka, Delaney	8	RIP-IA	1:13.69
2	Gebauer, Marlow	9	CIA-IA	1:08.07
3	Tews, Kallie	10	FAST-IA	1:04.07
4	Bolstad, Evelyn	8	ACAC-IA	1:01.78
5	Simmons, Isla	8	RSC-IA	1:03.27
6	Evangelista, Sloa	11	CIA-IA	1:05.56
7	Spradling, Eliana	9	CIA-IA	1:11.98
8	Karbeling-Kurth,	9	ICE-IA	1:15.92
Heat 7 of 9 Finals				
1	Powers, Izzy	11	DSMY-IA	NT
2	Freeman, Elizabeth	8	CIA-IA	1:39.83
3	Young, Makenna	11	CIA-IA	1:18.71
4	Mullins, Vera	9	ACAC-IA	1:17.50
5	Sponheim, Molly	9	RSC-IA	1:17.62
6	Beagley, Lydia	9	ACAC-IA	1:21.31
7	Cunningham, Jail	12	RSC-IA	NT
8	Mitchell, Paige	11	CIA-IA	NT
Heat 8 of 9 Finals				
1	Ceballos, Mikael	9	DSMY-IA	NT
2	Huston, Quinn	10	CIA-IA	NT
3	Angstrom, Grace	10	FAST-IA	NT
4	Sponheim, Leah	11	RSC-IA	NT
5	Brown, Audrey	11	CIA-IA	NT
6	Jenkins, Mai	10	ACAC-IA	NT
7	Ritchey, Lilo	10	SEA-IA	NT
8				
Heat 9 of 9 Finals				
1				
2				
3	Books, Londyn	7	USSD-IA	NT
4	Carter, Haley	9	CAST-IA	NT
5	Brenizer, Reagan	8	DMSF-IA	NT
6				
7				
8				
#18 Boys 12 & Under 50 LC Meter Butterfly				
48.89 9-10 IASI IASI Q				
38.59 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
1	Siebrecht, Ryder	12	CAST-IA	37.40 IASI
2	Staiert, Easton	12	DMSF-IA	34.35 IASI
3	Calderon, LuisM	12	ACAC-IA	32.45 IASI
4	Norem, Layten	12	ACAC-IA	29.54 IASI
5	Rychnovsky, Bec	12	DMSF-IA	32.01 IASI
6	Green, Reilly	12	DMSF-IA	33.83 IASI
7	Mintle, Easton	10	DMSF-IA	35.85 IASI
8	Freesean, Griff	12	RIP-IA	37.60 IASI
Heat 2 of 4 Finals				
1	Doll, Lennon	12	CIA-IA	51.29
2	Tourney, Emmet	9	RWSC-MN	48.23 IASI
3	Todsen, Gavin	12	CIA-IA	42.38
4	Schultz, Rylan	12	ACAC-IA	41.00
5	Dube, Etienne	11	ACAC-IA	42.37
6	Sissel, Ethan	11	DMSF-IA	45.08
7	Dingus, Blain	11	BAB-IA	48.92
8	Brouchous, Emr	12	CAST-IA	52.88

Heat 3 of 4 Finals				
1	Williams, Max	12	COE-IA	NT
2	Chodorowski, W	12	MCSC-IA	NT
3	Chrisco, Kingsto	10	ACAC-IA	1:02.48
4	Schoolen, Max	8	RSC-IA	53.80
5	Ratcliff, Blake	11	RIP-IA	58.53
6	Sprague, Tommy	9	ACAC-IA	1:24.10
7	McGuire, Louie	12	DSMY-IA	NT
8	Whitmore, Brysc	11	ACAC-IA	NT
Heat 4 of 4 Finals				
1				
2				
3	Dumermuth, Lia	10	BLAZ-IA	NT
4	Lassers, Teddy	10	CIA-IA	NT
5	Avitt, Jacob	10	SEA-IA	NT
6	Israel, Jake	9	CIA-IA	NT
7				
8				
#19 Girls 9-12 200 LC Meter Backstroke				
3:09.89 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
1	Cochran, Delaney	10	CIA-IA	3:02.58
2	Bykova, Sasha	12	DMSF-IA	2:58.37 IASI
3	Demirci, Ada	12	ACAC-IA	2:57.24 IASI
4	Fenton, Aspen	12	DMSF-IA	2:51.37 IASI
5	Stonehocker, Tri	12	DMSF-IA	2:54.45 IASI
6	Meyer, Gwen	12	RIP-IA	2:57.31 IASI
7	Fitch, Lauren	11	NSST-IA	3:00.65 IASI
8	Lamb, Addison	11	ACAC-IA	3:12.25
Heat 2 of 3 Finals				
1	Benson, Kahlia	10	RWSC-MN	4:15.49
2	Hanson, Ainslie	11	RWSC-MN	3:26.24
3	Mooney, Sabrina	10	DMSF-IA	3:19.43
4	Smyth, Vivi	12	RWSC-MN	3:14.00
5	Jacobson, Kinzee	12	RWSC-MN	3:17.08
6	Fillius, Willa	12	NSST-IA	3:24.80
7	Stinson, Ellie	12	RWSC-MN	4:04.97
8	Norton, Coco	10	RWSC-MN	4:18.44
Heat 3 of 3 Finals				
1				
2	Sisul, Jolie	12	SEA-IA	NT
3	Ludwig, Mia	12	DSMY-IA	NT
4	Smyth, Ava	10	RWSC-MN	4:45.33
5	Norton, Stella	9	RWSC-MN	5:00.00
6	Knox, Makayla	12	FAST-IA	NT
7	Hauge, Kate	11	ACAC-IA	NT
8				

#20 Boys 9-12 200 LC Meter Backstroke				
3:05.19 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Call, Harrison	12	ACAC-IA	3:02.76 IASI
2	Nakama, Kano	12	ACAC-IA	2:54.00 IASI
3	Freesean, Griff	12	RIP-IA	2:50.50 IASI
4	Norem, Layten	12	ACAC-IA	2:39.68 IASI
5	Green, Reilly	12	DMSF-IA	2:47.11 IASI
6	Fausch, Zach	11	CIA-IA	2:52.99 IASI
7	Smith, Harry	12	DMSF-IA	3:01.56 IASI
8	Cunningham, Gic	11	NSST-IA	3:10.00
Heat 2 of 2 Finals				
1	Connolly, James	9	DSMY-IA	NT
2	Cody, Jay	11	RWSC-MN	4:10.99
3	Phelps, Briggs	12	RIP-IA	3:22.51
4	Kell, Henry	12	ACAC-IA	3:12.07
5	Mintle, Easton	10	DMSF-IA	3:17.55
6	LaPan, Henry	11	USSD-IA	3:29.61
7	Sisul, Jenner	11	SEA-IA	NT
8				
#21 Girls 12 & Under 100 LC Meter Breaststroke				
1:59.79 9-10 IASI IASI Q				
1:40.89 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time
Heat 1 of 10 Finals				
1	Qualley, Reagan	10	DSMY-IA	1:36.53 IASI
2	Bykova, Sasha	12	DMSF-IA	1:35.03 IASI
3	Hutzell, Rowen	12	ACAC-IA	1:34.00 IASI
4	Cygankova, Polin	12	DSMY-IA	1:31.50 IASI
5	Stonehocker, Tri	12	DMSF-IA	1:32.41 IASI
6	Lewis, Madyson	12	CIA-IA	1:34.70 IASI
7	Hornung, Harpei	11	WW-IA	1:36.45 IASI
8	Jacobson, Kinzee	12	RWSC-MN	1:36.57 IASI
Heat 2 of 10 Finals				
1	Janssen, Sarah	12	CAST-IA	1:42.54
2	Cygankova, Alisa	9	DSMY-IA	1:41.41 IASI
3	Spear, Lilliana	10	CIA-IA	1:38.82 IASI
4	Jacobson, Whitn	9	RWSC-MN	1:36.71 IASI
5	Demirci, Ada	12	ACAC-IA	1:37.85 IASI
6	Larson, Rachel	11	DSMY-IA	1:40.70 IASI
7	Tran, Victoria	12	CIA-IA	1:41.54
8	Sisul, Jolie	12	SEA-IA	1:43.35
Heat 3 of 10 Finals				
1	Hauge, Kate	11	ACAC-IA	1:48.68
2	Freeman, Cathar	12	CIA-IA	1:45.45
3	Connolly, Grace	12	DSMY-IA	1:44.63
4	Hanson, Aubrey	12	CIA-IA	1:43.56
5	Gevoek, Trinity	11	SEA-IA	1:43.97
6	Baker, Caroline	11	CIA-IA	1:44.99
7	Hakeman, Riley	11	USSD-IA	1:48.07
8	Starr, Madison	12	ACAC-IA	1:49.12

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Heat 4 (#21 Girls 12 & Under 100 LC Meter Breaststroke)			
1	Vallas, Effie	11	CIA-IA 1:59.18
2	Books, Malia	12	USSD-IA 1:53.80
3	Talley, Serena	11	CIA-IA 1:51.03
4	Smyth, Vivi	12	RWSC-MN 1:49.71
5	Hanson, Ainslie	11	RWSC-MN 1:49.72
6	Schoolen, Ruby	12	RSC-IA 1:52.54
7	Bilslend, Teagan	10	ACAC-IA 1:56.53 IASI
8	Driscoll, Bailey	12	MCSC-IA 1:59.79

Heat 5 of 10 Finals			
1	Mooney, Sabrina	10	DMSF-IA 2:09.14
2	Thomas, Liv	10	RSC-IA 2:07.65
3	Puhrmann, Macy	9	CIA-IA 2:02.58
4	Fausch, Lilly	9	CIA-IA 2:00.74
5	Blocker, Kiersten	10	CIA-IA 2:01.57
6	Stinson, Ellie	12	RWSC-MN 2:04.52
7	Fleming, Braylee	10	RSC-IA 2:08.34
8	Huston, Quinn	10	CIA-IA 2:11.72

Heat 6 of 10 Finals			
1	Tews, Kallie	10	FAST-IA 2:18.46
2	Cochran, Clara	8	CIA-IA 2:15.91
3	Currey, Rosie	9	ACAC-IA 2:14.33
4	Benson, Kahlia	10	RWSC-MN 2:12.05
5	Chen, Zoey	8	DMSF-IA 2:14.01
6	Neese, Savanna	11	USSD-IA 2:14.83
7	Mullins, Vera	9	ACAC-IA 2:17.78
8	Karbeling-Kurth,	9	ICE-IA 2:19.18

Heat 7 of 10 Finals			
1	Norton, Stella	9	RWSC-MN 2:31.79
2	Smyth, Ava	10	RWSC-MN 2:29.27
3	Mathews, Ingrid	10	ACAC-IA 2:23.05
4	Currey, Emmy	9	ACAC-IA 2:19.23
5	Norton, Coco	10	RWSC-MN 2:20.71
6	Gallick, Esme	8	RIP-IA 2:29.02
7	Cunningham, Jail	12	RSC-IA 2:31.30
8	Ritchey, Lilo	10	SEA-IA 2:32.83

Heat 8 of 10 Finals			
1	Lemke, Charlotte	11	RIP-IA NT
2	Ahrens, Paityn	11	FAST-IA NT
3	Bry, Chloe	8	MCSC-IA 3:07.11
4	Powers, Izzy	11	DSMY-IA 2:36.21
5	Angstrom, Grace	10	FAST-IA 2:37.71
6	Soukup, Lyv	12	USSD-IA NT
7	Kovacevich, Elea	11	ACAC-IA NT
8	Beagley, Evelyn	11	ACAC-IA NT

Heat 9 of 10 Finals			
1	McGuire, Edie	10	DSMY-IA NT
2	Jenkins, Mai	10	ACAC-IA NT
3	McGuire, Edie	10	DSMY-IA NT
4	Ortega, Evelyn	11	CIA-IA NT
5	Young, Makenna	11	CIA-IA NT
6	Williams, Quinn	10	COE-IA NT
7	Lewis, Rylee	10	CIA-IA NT
8	Weatherly, Elliso	9	BLAZ-IA NT

Heat 10 of 10 Finals			
1			
2			
3	Hakeman, Linley	9	USSD-IA NT
4	Williams, Terin	9	CIA-IA NT
5	Kell, Hattie	9	ACAC-IA NT
6	O'Brien, Evelyn	8	BAB-IA NT
7			
8			

#22 Boys 12 & Under 100 LC Meter Breaststroke			
1:55.99 9-10 IASI IASI Q			
1:38.39 11-12 IASI IASI Q			
Lane	Name	Age	Team Seed Time

Heat 1 of 5 Finals			
1	Tunink, Johnny	12	RIP-IA 1:41.77
2	Call, Harrison	12	ACAC-IA 1:39.31
3	Calderon, LuisMa	12	ACAC-IA 1:32.87 IASI
4	Qualley, Parker	12	DSMY-IA 1:31.51 IASI
5	Fausch, Zach	11	CIA-IA 1:32.12 IASI
6	Starr, Jackson	11	ACAC-IA 1:39.00
7	Schultz, Rylan	12	ACAC-IA 1:39.56
8	Nakama, Kano	12	ACAC-IA 1:42.23

Heat 2 of 5 Finals			
1	Brown, Carter	12	CIA-IA 2:03.19
2	Kokjohn, Colin	10	DMSF-IA 1:54.00 IASI
3	Moore, Jim	12	UN-IA 1:52.39
4	Sexton, James	11	CIA-IA 1:42.64
5	Thomas, Ethan	12	RSC-IA 1:49.04
6	Williams, Max	12	COE-IA 1:52.69
7	Garcia, Javi	9	BLAZ-IA 2:00.40
8	Tran, Colin	9	CIA-IA 2:03.51

Heat 3 of 5 Finals			
1	Tourney, Emmett	9	RWSC-MN 2:25.19
2	Miller, Jackson	10	RSC-IA 2:16.93
3	Spaine, Tiegana	11	DSMY-IA 2:12.08
4	Whitmore, Brysc	11	ACAC-IA 2:03.71
5	Meyer, Sully	9	RIP-IA 2:11.58
6	Ratcliff, Blake	11	RIP-IA 2:14.42
7	Dacey, Bennett	8	ACAC-IA 2:23.44
8	Gruenisen, Matt	8	CIA-IA 2:30.45

Heat 4 of 5 Finals			
1	Kokjohn, Cohen	10	BAB-IA NT
2	Carpenter, Malac	11	CIA-IA NT
3	Reynolds, Jax	12	USSD-IA NT
4	Cody, Jay	11	RWSC-MN 2:40.99
5	Todsen, Gavin	12	CIA-IA NT
6	Johnson, Ryker	11	SEA-IA NT
7	Ridgway, Forrest	10	RIP-IA NT
8	Avitt, Jacob	10	SEA-IA NT

Heat 5 of 5 Finals			
1			
2			
3	Gilloon, Vincent	8	ACAC-IA NT
4	Grote, Hank	10	RSC-IA NT
5	Ocheltree, Hawk	10	DSMY-IA NT
6			
7			
8			

#23 Girls 12 & Under 50 LC Meter Backstroke			
50.39 9-10 IASI IASI Q			
40.09 11-12 IASI IASI Q			
Lane	Name	Age	Team Seed Time

Heat 1 of 12 Finals			
1	Israel, Brynn	11	CIA-IA 39.26 IASI
2	Fitch, Lauren	11	NSST-IA 39.14 IASI
3	Ocheltree, Kinnic	12	DSMY-IA 38.20 IASI
4	Hornung, Harper	11	WW-IA 36.08 IASI
5	Cochran, Delaney	10	CIA-IA 38.09 IASI
6	Demirci, Ada	12	ACAC-IA 39.09 IASI
7	Hanson, Aubrey	12	CIA-IA 39.15 IASI
8	Cygankova, Polin	12	DSMY-IA 39.37 IASI

Heat 2 of 12 Finals			
1	Spear, Lilliana	10	CIA-IA 42.08 IASI
2	Leidinger, Callie	12	COE-IA 41.49
3	Larson, Rachel	11	DSMY-IA 41.08
4	Albrecht, Brynlee	12	DSMY-IA 40.60
5	Smith, Hayden	10	DMSF-IA 40.87 IASI
6	Brown, Audrey	11	CIA-IA 41.47
7	Books, Malia	12	USSD-IA 41.91
8	Brons, Josie	11	DMSF-IA 42.65

Heat 3 of 12 Finals			
1	Freeseaman, Josie	10	RIP-IA 44.35 IASI
2	Bry, Emma	11	MCSC-IA 43.44
3	Freeseaman, Ivy	9	RIP-IA 42.96 IASI
4	Qualley, Reagan	10	DSMY-IA 42.74 IASI
5	Ortega, Evelyn	11	CIA-IA 42.75
6	Starr, Madison	12	ACAC-IA 42.97
7	Lamb, Addison	11	ACAC-IA 43.75
8	Cody, Collins	11	MCSC-IA 44.60

Heat 4 of 12 Finals			
1	Vallas, Effie	11	CIA-IA 46.32
2	Fausch, Lilly	9	CIA-IA 46.28 IASI
3	Cygankova, Alisa	9	DSMY-IA 45.84 IASI
4	Mitchell, Paige	11	CIA-IA 44.79
5	Talley, Serena	11	CIA-IA 44.89
6	Hancock, Charlot	8	CIA-IA 46.16
7	Hauge, Kate	11	ACAC-IA 46.30
8	Karbeling-Kurth,	12	ICE-IA 46.33

Heat 5 of 12 Finals			
1	Schweers, Genev	10	CIA-IA 47.29 IASI
2	Tudor, Ellery	11	USSD-IA 46.72
3	Frein, Isabella	11	CIA-IA 46.62
4	Butler, Mathilde	12	DSMY-IA 46.38
5	Anthofer, Eve	9	CAST-IA 46.52 IASI
6	Kovacevich, Elea	11	ACAC-IA 46.66
7	Lewis, Rylee	10	CIA-IA 47.16 IASI
8	Bolstad, Evelyn	8	ACAC-IA 48.78

Heat 6 of 12 Finals			
1	Jacobson, Whitn	9	RWSC-MN 50.45
2	Freeman, Cather	12	CIA-IA 49.66
3	Hanson, Hannah	9	DMSF-IA 49.04 IASI
4	Woolery, Brecky	11	CIA-IA 48.91
5	Hardee, Anya	12	MCSC-IA 48.95
6	Lemke, Charlotte	11	RIP-IA 49.23
7	Cochran, Clara	8	CIA-IA 50.34
8	Jean, Natiel	11	DSMY-IA 50.63

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Meet Program - Saturday Morning, June 28, 2025

Heat 7 (#23 Girls 12 & Under 50 LC Meter Backstroke)

1	Driscoll, Bailey	12	MCSC-IA	54.10
2	Kline, Lilly	11	CIA-IA	53.77
3	Knox, Makayla	12	FAST-IA	53.48
4	Neese, Savanna	11	USSD-IA	52.64
5	Ward, Amelia	9	CIA-IA	53.07
6	Puhrmann, Macy	9	CIA-IA	53.76
7	Vobr, Vobr	9	NST-IA	53.91
8	Rowland, Norah	9	DMSF-IA	54.11

Heat 8 of 12 Finals

1	Chen, Zoey	8	DMSF-IA	57.34
2	Cunningham, Jail	12	RSC-IA	55.57
3	McGuire, Edie	10	DSMY-IA	55.00
4	Carter, Haley	9	CAST-IA	54.20
5	Sponheim, Molly	9	RSC-IA	54.68
6	Peppmeier, Amzi	10	ACAC-IA	55.26
7	Powers, Izzy	11	DSMY-IA	56.38
8	Tews, Kallie	10	FAST-IA	57.43

Heat 9 of 12 Finals

1	Blocker, Kiersten	10	CIA-IA	1:00.37
2	Brenizer, Reagan	8	DMSF-IA	59.11
3	Williams, Quinn	10	COE-IA	58.48
4	Gebauer, Marlow	9	CIA-IA	57.81
5	Sponheim, Leah	11	RSC-IA	57.94
6	Ahrens, Paityn	11	FAST-IA	58.81
7	Huston, Quinn	10	CIA-IA	59.73
8	Mathews, Ingrid	10	ACAC-IA	1:00.52

Heat 10 of 12 Finals

1	Mullins, Vera	9	ACAC-IA	1:06.73
2	Flogel, Ella	7	RIP-IA	1:04.13
3	Tomka, Delaney	8	RIP-IA	1:01.56
4	Heusinkveld, Eve	8	DMSF-IA	1:01.18
5	Spradling, Eliana	9	CIA-IA	1:01.45
6	Hall, Lauren	9	CIA-IA	1:03.70
7	Ceballos, Mikael	9	DSMY-IA	1:04.80
8	Beagley, Lydia	9	ACAC-IA	1:06.98

Heat 11 of 12 Finals

1	Ghimire, Sanaya	9	ACAC-IA	1:35.53
2	Freeman, Elizabeth	8	CIA-IA	1:23.07
3	Ritchey, Lilo	10	SEA-IA	1:15.58
4	Books, Londyn	7	USSD-IA	1:07.56
5	Warg-Farver, Pai	8	CIA-IA	1:08.78
6	Bry, Chloe	8	MCSC-IA	1:17.23
7	Dumermuth, Del	8	BLAZ-IA	1:26.85
8	Tews, Grace	6	FAST-IA	1:44.20

Heat 12 of 12 Finals

1	Trobaugh, Mara	9	BLAZ-IA	NT
2	McGuire, Edie	10	DSMY-IA	NT
3	Evangelista, Sloa	11	CIA-IA	NT
4	Fillius, Willa	12	NSST-IA	NT
5	Crouch, Ingrid	12	RIP-IA	NT
6	Monaghan, Katie	11	CIA-IA	NT
7	Jenkins, Mai	10	ACAC-IA	NT
8	Karbeling-Kurth,	9	ICE-IA	NT

#24 Boys 12 & Under 50 LC Meter Backstroke

50.79 9-10 IASI IASI Q				
40.39 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time

Heat 1 of 7 Finals

1	Sisul, Jenner	11	SEA-IA	40.30	IASI
2	Schultz, Rylan	12	ACAC-IA	38.97	IASI
3	Green, Reilly	12	DMSF-IA	36.12	IASI
4	Norem, Layten	12	ACAC-IA	30.90	IASI
5	Freeseaman, Griff	12	RIP-IA	35.24	IASI
6	Qualley, Parker	12	DSMY-IA	36.95	IASI
7	Zhang, Allen	12	DMSF-IA	39.52	IASI
8	Doll, Lennon	12	CIA-IA	40.72	

Heat 2 of 7 Finals

1	Carpenter, Malac	11	CIA-IA	45.29	
2	Wing, Jackson	10	DMSF-IA	44.63	IASI
3	Cunningham, Gi	11	NSST-IA	43.50	
4	Ocheltree, Hawk	10	DSMY-IA	42.67	IASI
5	Phelps, Briggs	12	RIP-IA	42.82	
6	Todsen, Gavin	12	CIA-IA	43.62	
7	Hutzell, Wyatt	10	ACAC-IA	44.74	IASI
8	Starr, Jackson	11	ACAC-IA	45.32	

Heat 3 of 7 Finals

1	Cramer, Sawyer	8	RSC-IA	48.93	
2	Naylor, Jackson	11	CIA-IA	47.21	
3	Chrisco, Kingsto	10	ACAC-IA	46.76	IASI
4	Siebrecht, Ryder	12	CAST-IA	46.59	
5	Carter, Thomas	11	CAST-IA	46.60	
6	Brouchous, Emr	12	CAST-IA	47.04	
7	Sprague, Tommy	9	ACAC-IA	47.27	IASI
8	Dingus, Blain	11	BAB-IA	48.98	

Heat 4 of 7 Finals

1	Garcia, Javi	9	BLAZ-IA	54.01	
2	Rees, Brighton	10	ACAC-IA	52.59	
3	Ratcliff, Blake	11	RIP-IA	50.94	
4	Dube, Etienne	11	ACAC-IA	49.11	
5	Connolly, James	9	DSMY-IA	50.91	
6	Israel, Jake	9	CIA-IA	51.95	
7	Long, Arthur	10	RSC-IA	53.97	
8	Ridgway, Forrest	10	RIP-IA	55.81	

Heat 5 of 7 Finals

1	Demirci, Efe	7	ACAC-IA	1:01.55	
2	Lassers, Teddy	10	CIA-IA	1:00.01	
3	Jones, Nathan	12	RSC-IA	58.62	
4	Miller, Jackson	10	RSC-IA	56.62	
5	Harmon, Dean	11	RSC-IA	57.77	
6	Sporleder, Conn	12	RSC-IA	58.67	
7	Deetz, Hayden	8	MCSC-IA	1:00.35	
8	Dacey, Bennett	8	ACAC-IA	1:03.59	

Heat 6 of 7 Finals

1	Reynolds, Jax	12	USSD-IA	NT	
2	McGuire, Louie	12	DSMY-IA	NT	
3	Brenizer, Hank	10	DMSF-IA	1:16.43	
4	Johnson, Oliver	10	DMSF-IA	1:15.08	
5	Israel, James	9	CIA-IA	1:15.74	
6	Dumermuth, Lia	10	BLAZ-IA	1:30.00	
7	Chodorowski, W	12	MCSC-IA	NT	
8	Aucutt, Grayson	12	BLAZ-IA	NT	

Heat 7 of 7 Finals

1				
2	Chodorowski, Sil	9	MCSC-IA	NT
3	Avitt, Jacob	10	SEA-IA	NT
4	Sissel, Ethan	11	DMSF-IA	NT
5	Wood, Finn	11	ACAC-IA	NT
6	Brace, Eli	10	CIA-IA	NT
7	Ceballos Jr., Gust	7	DSMY-IA	NT
8				

#25 Girls 9-12 200 LC Meter Butterfly

3:10.19 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time

Heat 1 of 1 Finals

1				
2	Garrison, Jorgia	11	RSC-IA	NT
3	Fenton, Aspen	12	DMSF-IA	NT
4	Gevoek, Trinity	11	SEA-IA	3:10.83
5	Jacobson, Kinzee	12	RWSC-MN	3:34.67
6	Janssen, Sarah	12	CAST-IA	NT
7	Israel, Brynn	11	CIA-IA	NT
8				

#26 Boys 9-12 200 LC Meter Butterfly

3:06.19 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time

Heat 1 of 1 Finals

1				
2				
3	LaPan, Henry	11	USSD-IA	NT
4	Rychnovsky, Bec	12	DMSF-IA	2:43.29 IASI
5	Staiert, Easton	12	DMSF-IA	3:07.33
6				
7				
8				

#27 Girls 12 & Under 100 LC Meter Freestyle

1:31.19 9-10 IASI IASI Q				
1:15.09 11-12 IASI IASI Q				
Lane	Name	Age	Team	Seed Time

Heat 1 of 15 Finals

1	Ludwig, Mia	12	DSMY-IA	1:11.52	IASI
2	Meyer, Gwen	12	RIP-IA	1:10.93	IASI
3	Stonehocker, Tri	12	DMSF-IA	1:10.23	IASI
4	Bykova, Sasha	12	DMSF-IA	1:07.14	IASI
5	Fenton, Aspen	12	DMSF-IA	1:08.83	IASI
6	Hornung, Harper	11	WW-IA	1:10.50	IASI
7	Smyth, Vivi	12	RWSC-MN	1:11.34	IASI
8	Hutzell, Rowen	12	ACAC-IA	1:11.53	IASI

Heat 2 of 15 Finals

1	Fillius, Willa	12	NSST-IA	1:14.40	IASI
2	Schoolen, Ruby	12	RSC-IA	1:14.02	IASI
3	Brons, Josie	11	DMSF-IA	1:13.44	IASI
4	Tran, Victoria	12	CIA-IA	1:11.87	IASI
5	Lewis, Madyson	12	CIA-IA	1:13.43	IASI
6	Israel, Brynn	11	CIA-IA	1:13.66	IASI
7	Cygankova, Polin	12	DSMY-IA	1:14.06	IASI
8	Hanson, Aubrey	12	CIA-IA	1:14.77	IASI

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Meet Program - Saturday Morning, June 28, 2025

Heat 3 (#27 Girls 12 & Under 100 LC Meter Freestyle)			
1	Leidinger, Callie	12	COE-IA 1:18.21
2	Smith, Hayden	10	DMSF-IA 1:17.56 IASI
3	Jean, Natiel	11	DSMY-IA 1:16.28
4	Albrecht, Brynlei	12	DSMY-IA 1:15.65
5	Baker, Caroline	11	CIA-IA 1:15.79
6	Bilsland, Teagan	10	ACAC-IA 1:17.12 IASI
7	Spear, Lilliana	10	CIA-IA 1:17.71 IASI
8	Cochran, Delaney	10	CIA-IA 1:18.21 IASI

Heat 4 of 15 Finals			
1	Freeman, Cather	12	CIA-IA 1:22.95
2	Fitch, Lauren	11	NSST-IA 1:21.07
3	Ocheltree, Kinnic	12	DSMY-IA 1:20.76
4	Mooney, Sabrina	10	DMSF-IA 1:20.29 IASI
5	Connolly, Grace	12	DSMY-IA 1:20.69
6	Starr, Madison	12	ACAC-IA 1:20.93
7	Books, Malia	12	USSD-IA 1:22.94
8	Talley, Serena	11	CIA-IA 1:23.35

Heat 5 of 15 Finals			
1	Hakeman, Riley	11	USSD-IA 1:26.09
2	Tudor, Ellery	11	USSD-IA 1:25.39
3	Sisul, Jolie	12	SEA-IA 1:23.68
4	Freeseaman, Josie	10	RIP-IA 1:23.52 IASI
5	Cygankova, Alisa	9	DSMY-IA 1:23.64 IASI
6	Hanson, Ainslie	11	RWSC-MN 1:24.39
7	Ortega, Evelyn	11	CIA-IA 1:26.05
8	Qualley, Reagan	10	DSMY-IA 1:26.14 IASI

Heat 6 of 15 Finals			
1	Driscoll, Bailey	12	MCSC-IA 1:28.91
2	Bry, Emma	11	MCSC-IA 1:28.58
3	Freeseaman, Ivy	9	RIP-IA 1:28.15 IASI
4	Anthofer, Eve	9	CAST-IA 1:26.90 IASI
5	Lewis, Rylee	10	CIA-IA 1:27.45 IASI
6	Fausch, Lilly	9	CIA-IA 1:28.34 IASI
7	Cody, Collins	11	MCSC-IA 1:28.83
8	Knox, Makayla	12	FAST-IA 1:29.48

Heat 7 of 15 Finals			
1	Currey, Rosie	9	ACAC-IA 1:34.76
2	Jacobson, Whitney	9	RWSC-MN 1:33.76
3	Mitchell, Paige	11	CIA-IA 1:30.75
4	Vallas, Effie	11	CIA-IA 1:29.55
5	Ireland, Avery	11	DMSF-IA 1:29.95
6	Hancock, Charlotte	8	CIA-IA 1:33.26
7	Fleming, Braylee	10	RSC-IA 1:34.11
8	Hardee, Anya	12	MCSC-IA 1:34.82

Heat 8 of 15 Finals			
1	Kell, Hattie	9	ACAC-IA 1:38.17
2	Hanson, Hannah	9	DMSF-IA 1:37.57
3	Cochran, Clara	8	CIA-IA 1:35.58
4	Currey, Emmy	9	ACAC-IA 1:35.03
5	Benson, Kahlia	10	RWSC-MN 1:35.32
6	Stinson, Ellie	12	RWSC-MN 1:36.71
7	Lemke, Charlotte	11	RIP-IA 1:37.91
8	Chen, Zoey	8	DMSF-IA 1:39.60

Heat 9 of 15 Finals			
1	Kovacevich, Elea	11	ACAC-IA 1:46.09
2	Norton, Coco	10	RWSC-MN 1:44.98
3	Carter, Haley	9	CAST-IA 1:41.78
4	Peppmeier, Amzi	10	ACAC-IA 1:40.32
5	Puhrmann, Macy	9	CIA-IA 1:40.51
6	Blocker, Kiersten	10	CIA-IA 1:44.73
7	Evangelista, Sloa	11	CIA-IA 1:45.56
8	Kline, Lilly	11	CIA-IA 1:46.32

Heat 10 of 15 Finals			
1	Tomka, Delaney	8	RIP-IA 1:54.05
2	Schweers, Genev	10	CIA-IA 1:53.04
3	Heusinkveld, Eve	8	DMSF-IA 1:49.51
4	Ward, Amelia	9	CIA-IA 1:46.80
5	McGuire, Edie	10	DSMY-IA 1:47.69
6	Vobr, Vobr	9	NST-IA 1:51.26
7	Williams, Quinn	10	COE-IA 1:53.14
8	Williams, Terin	9	CIA-IA 1:55.03

Heat 11 of 15 Finals			
1	Norton, Stella	9	RWSC-MN 2:02.32
2	Gallick, Esme	8	RIP-IA 1:59.17
3	Sponheim, Leah	11	RSC-IA 1:57.58
4	Ahrens, Paityn	11	FAST-IA 1:55.38
5	Huston, Quinn	10	CIA-IA 1:57.14
6	Weatherly, Elliso	9	BLAZ-IA 1:58.83
7	Simmons, Isla	8	RSC-IA 1:59.63
8	Sponheim, Molly	9	RSC-IA 2:02.68

Heat 12 of 15 Finals			
1	Mathews, Ingrid	10	ACAC-IA 2:11.39
2	Hall, Lauren	9	CIA-IA 2:05.24
3	Karbeling-Kurth,	9	ICE-IA 2:04.12
4	Angstrom, Grace	10	FAST-IA 2:02.75
5	Brenizer, Reagan	8	DMSF-IA 2:03.27
6	Mullins, Vera	9	ACAC-IA 2:04.21
7	Spradling, Eliana	9	CIA-IA 2:07.43
8	Ritchey, Lilo	10	SEA-IA 2:12.64

Heat 13 of 15 Finals			
1	Frein, Isabella	11	CIA-IA NT
2	Karbeling-Kurth,	12	ICE-IA NT
3	Flogel, Ella	7	RIP-IA 2:19.05
4	Smyth, Ava	10	RWSC-MN 2:17.10
5	Young, Makenna	11	CIA-IA 2:17.84
6	Bry, Chloe	8	MCSC-IA 2:36.60
7	Woolery, Breckyn	11	CIA-IA NT
8	Beagley, Evelyn	11	ACAC-IA NT

Heat 14 of 15 Finals			
1	Ceballos, Mikael	9	DSMY-IA NT
2	Trobaugh, Mara	9	BLAZ-IA NT
3	Tews, Kallie	10	FAST-IA NT
4	Brown, Audrey	11	CIA-IA NT
5	McGuire, Edie	10	DSMY-IA NT
6	Ghimire, Sanaya	9	ACAC-IA NT
7	Beagley, Lydia	9	ACAC-IA NT
8	Rowland, Norah	9	DMSF-IA NT

Heat 15 of 15 Finals			
1			
2	O'Brien, Evelyn	8	BAB-IA NT
3	Bolstad, Evelyn	8	ACAC-IA NT
4	Hakeman, Linley	9	USSD-IA NT
5	Freeman, Elizabeth	8	CIA-IA NT
6	Warg-Farver, Pai	8	CIA-IA NT
7	Books, Londyn	7	USSD-IA NT
8			

#28 Boys 12 & Under 100 LC Meter Freestyle			
1:30.19 9-10 IASI IASI Q			
1:15.49 11-12 IASI IASI Q			
Lane	Name	Age	Team Seed Time
Heat 1 of 10 Finals			
1	Green, Reilly	12	DMSF-IA 1:10.60 IASI
2	Calderon, LuisM	12	ACAC-IA 1:09.00 IASI
3	Staiert, Easton	12	DMSF-IA 1:06.35 IASI
4	Norem, Layten	12	ACAC-IA 1:02.51 IASI
5	Rychnovsky, Bec	12	DMSF-IA 1:03.10 IASI
6	Kell, Henry	12	ACAC-IA 1:07.96 IASI
7	Mintle, Easton	10	DMSF-IA 1:09.34 IASI
8	Ghimire, Sanji	12	ACAC-IA 1:10.86 IASI
Heat 2 of 10 Finals			
1	Siebrecht, Ryder	12	CAST-IA 1:18.16
2	Zhang, Allen	12	DMSF-IA 1:14.54 IASI
3	Smith, Harry	12	DMSF-IA 1:12.43 IASI
4	Qualley, Parker	12	DSMY-IA 1:11.43 IASI
5	Freeseaman, Griff	12	RIP-IA 1:11.59 IASI
6	Nakama, Kano	12	ACAC-IA 1:14.29 IASI
7	Fausch, Zach	11	CIA-IA 1:15.73
8	Cunningham, Gic	11	NSST-IA 1:18.32
Heat 3 of 10 Finals			
1	Call, Harrison	12	ACAC-IA 1:25.50
2	Starr, Jackson	11	ACAC-IA 1:22.88
3	Tunink, Johnny	12	RIP-IA 1:21.25
4	Moore, Jim	12	UN-IA 1:18.65
5	Sisul, Jenner	11	SEA-IA 1:19.80
6	Sexton, James	11	CIA-IA 1:21.36
7	Doll, Lennon	12	CIA-IA 1:22.95
8	Ocheltree, Hawk	10	DSMY-IA 1:27.37 IASI
Heat 4 of 10 Finals			
1	Hutzell, Wyatt	10	ACAC-IA 1:29.67 IASI
2	Brouchous, Emr	12	CAST-IA 1:29.20
3	Phelps, Briggs	12	RIP-IA 1:28.11
4	Naylor, Jackson	11	CIA-IA 1:27.51
5	Williams, Max	12	COE-IA 1:27.87
6	Tran, Colin	9	CIA-IA 1:28.44 IASI
7	Kokjohn, Colin	10	DMSF-IA 1:29.53 IASI
8	Garrison, Jonah	9	RSC-IA 1:30.45
Heat 5 of 10 Finals			
1	Ratcliff, Blake	11	RIP-IA 1:36.93
2	Sprague, Tommy	9	ACAC-IA 1:36.37
3	Johnson, Oliver	10	DMSF-IA 1:34.46
4	Rees, Brighton	10	ACAC-IA 1:33.27
5	Carter, Thomas	11	CAST-IA 1:34.36
6	Lohmeier, Thom	10	DMSF-IA 1:34.61
7	Tourney, Emmet	9	RWSC-MN 1:36.47
8	Wing, Jackson	10	DMSF-IA 1:37.29

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Meet Program - Saturday Morning, June 28, 2025****Heat 6 (#28 Boys 12 & Under 100 LC Meter Freestyle)**

1	Cramer, Sawyer	8	RSC-IA	1:41.90
2	Todsen, Gavin	12	CIA-IA	1:41.03
3	Dube, Etienne	11	ACAC-IA	1:39.66
4	Whitmore, Brysc	11	ACAC-IA	1:37.47
5	Chrisco, Kingsto	10	ACAC-IA	1:38.78
6	Garcia, Javi	9	BLAZ-IA	1:40.78
7	Meyer, Sully	9	RIP-IA	1:41.19
8	Long, Arthur	10	RSC-IA	1:44.97

Heat 7 of 10 Finals

1	Gruenisen, Matt	8	CIA-IA	2:01.56
2	Spaine, Tiegian	11	DSMY-IA	1:54.02
3	Connolly, James	9	DSMY-IA	1:49.29
4	Ridgway, Forrest	10	RIP-IA	1:45.72
5	Schoolen, Max	8	RSC-IA	1:46.49
6	Cody, Jay	11	RWSC-MN	1:52.99
7	Sporleder, Conn	12	RSC-IA	1:59.17
8	Brenizer, Hank	10	DMSF-IA	2:09.15

Heat 8 of 10 Finals

1	Reynolds, Jax	12	USSD-IA	NT
2	Brown, Carter	12	CIA-IA	NT
3	McGuire, Louie	12	DSMY-IA	NT
4	Gilloon, Vincent	8	ACAC-IA	2:21.46
5	Chodorowski, W	12	MCSC-IA	NT
6	Aucutt, Grayson	12	BLAZ-IA	NT
7	Jones, Nathan	12	RSC-IA	NT
8	Dingus, Blain	11	BAB-IA	NT

Heat 9 of 10 Finals

1	Grote, Hank	10	RSC-IA	NT
2	Brase, Kieran	10	RIP-IA	NT
3	Harmon, Dean	11	RSC-IA	NT
4	Wood, Finn	11	ACAC-IA	NT
5	Johnson, Ryker	11	SEA-IA	NT
6	Sissel, Ethan	11	DMSF-IA	NT
7	Avitt, Jacob	10	SEA-IA	NT
8	Kokjohn, Cohen	10	BAB-IA	NT

Heat 10 of 10 Finals

1				
2	Deetz, Hayden	8	MCSC-IA	NT
3	Israel, Jake	9	CIA-IA	NT
4	Brace, Eli	10	CIA-IA	NT
5	Chodorowski, Sil	9	MCSC-IA	NT
6	Dacey, Bennett	8	ACAC-IA	NT
7	Thomas, Noah	7	RSC-IA	NT
8				

#29 Girls 12 & Under 200 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Finals

1	CIA-IA	E	NT
2	CIA-IA	C	NT
3	CIA-IA	A	NT
4	RSC-IA	A	2:55.00
5	MCSC-IA	A	3:21.01
6	CIA-IA	B	NT
7	CIA-IA	D	NT
8			

Heat 2 of 2 Finals

1			
2			
3	CIA-IA	H	NT
4	CIA-IA	F	NT
5	CIA-IA	G	NT
6			
7			
8			

#30 Boys 12 & Under 200 LC Meter Medley Relay

Lane	Team	Relay	Seed Time
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Heat 1 of 1 Finals

1			
2			
3	CIA-IA	B	NT
4	RSC-IA	A	3:20.00
5	CIA-IA	A	NT
6	CIA-IA	C	NT
7			
8			