

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#1 Women 400 LC Meter IM					8	Lewis, Madyson	12	CIA-IA	NT	29	Hawks, Jimmy	M11	RIP-IA	35.67			
6:48.29 11-12 IASI					9	Anderson, Avery	15	CIA-IA	NT	30	Hunt, Jojo	W12	CIA-IA	35.68			
6:11.09 13-14 IASI					10	Smith, Hayden	10	DMSF-IA	NT	31	Tunink, Johnny	M12	RIP-IA	35.76			
5:19.09 15&O SSEC Summer Sectionals					11	Bormann, Lila	13	DMSF-IA	NT	32	Starr, Madison	W12	ACAC-IA	35.82			
5:49.69 15&O IASI					12	Fillius, Willa	12	NSST-IA	NT	33	Krantz, Ruth	W11	RIP-IA	35.85			
Name	Age	Team	Seed Time		13	Hoffman, Amelia	13	RSC-IA	NT	34	Sandquist, Henry	M11	CIA-IA	36.04			
1	Honkamp, Annie	19	DMSF-IA	5:04.17	SSEC	14	Gevoek, Trinity	11	SEA-IA	NT	35	Nieto, Gaby	W12	DSMY-IA	36.15		
2	Mahler-Moreno,	18	DMSF-IA	5:18.47	SSEC	15	Soukup, Lyv	12	USSD-IA	NT	36	Sisul, Jenner	M11	SEA-IA	36.30		
3	Vobr, Jaylee	17	NST-IA	5:25.59	IASI	#4 Men 1500 LC Meter Freestyle					37	Sexton, James	M11	CIA-IA	36.47		
4	Eastman, Julia	18	FAST-IA	5:30.09	IASI	20:37.89 13-14 IASI					38	Sisul, Jolie	W12	SEA-IA	36.55		
5	Ernsperger, Isab	16	CIA-IA	5:40.74	IASI	17:19.99 15&O SSEC Summer Sectionals					39	Talley, Serena	W11	CIA-IA	36.75		
6	McCloud, Reid	14	SEA-IA	6:00.06	IASI	18:59.09 15&O IASI					40	Cunningham, Gic	M11	NSST-IA	36.87		
7	Assaad, Dana	13	CIA-IA	6:00.11	IASI	Name	Age	Team	Seed Time		41	Mooney, Sabrina	W10	DMSF-IA	37.48	IASI	
8	Parson, Lucy	16	USSD-IA	6:01.22		1	Briggs, Colby	18	NSST-IA	18:28.42	IASI	42	Hakeman, Riley	W11	USSD-IA	37.58	
9	Pekarek, Anna	13	RSC-IA	6:01.92	IASI	2	Jeffries, Max	13	CIA-IA	18:43.69	IASI	43	Hudson, Thomas	M10	DMSF-IA	37.62	IASI
10	Cunningham, Cla	17	NSST-IA	6:03.13		3	Rychnovsky, Beci	12	DMSF-IA	19:13.91		44	Tudor, Ellery	W11	USSD-IA	37.80	
11	Damge, Camryn	17	NSST-IA	6:22.42		4	Naylor, Carson	16	CIA-IA	20:00.81		45	Sandquist, Edwa	M11	CIA-IA	37.83	
12	Boevers, Makenr	13	USSD-IA	6:23.03		5	Frantum, Gabe	15	CIA-IA	20:11.14		46	Starr, Jackson	M11	ACAC-IA	37.90	
13	Damge, Evelyn	17	NSST-IA	6:39.57		6	Lamb, Miles	14	SEA-IA	22:44.10		47	Kovacevich, Elea	W11	ACAC-IA	37.98	
14	Hoss, Brooke	15	CIA-IA	6:45.44		7	Mintle, Harrison	13	DMSF-IA	25:28.43		48	LaPan, Henry	M11	USSD-IA	38.01	
15	Konchalski, Dela	13	NSST-IA	6:57.06		8	Winner, Kyler	15	CIA-IA	NT		49	Ross, Clayton	M11	CIA-IA	38.18	
16	Demirci, Ada	12	ACAC-IA	NT		9	Smith, Harry	12	DMSF-IA	NT		50	Lewis, Rylee	W10	CIA-IA	38.20	IASI
17	Hedrick, Piper	14	CIA-IA	NT		10	Staiert, Easton	12	DMSF-IA	NT		51	Garrison, Jonah	M9	RSC-IA	38.45	IASI
18	Mason, Adelyn	14	CIA-IA	NT		11	Green, Reilly	12	DMSF-IA	NT		52	Thomas, Liv	W10	RSC-IA	38.75	IASI
19	Stonehocker, Trii	12	DMSF-IA	NT		#5 Mixed 12 & Under 50 LC Meter Freestyle					53	Slama, Mason	M12	CIA-IA	38.78		
20	Brown, Caroline	13	NSST-IA	NT		40.59 9-10M IASI					54	Thomas, Ethan	M12	RSC-IA	38.79		
#2 Men 400 LC Meter IM					40.99 9-10W IASI					55	Moulton, Colbie	W12	CIA-IA	38.88			
6:39.19 11-12 IASI					34.09 11-12M IASI					56	Kell, Hattie	W9	ACAC-IA	38.94	IASI		
5:57.69 13-14 IASI					34.39 11-12W IASI					57	Karbeling-Kurth,	W12	ICE-IA	39.03			
4:56.99 15&O SSEC Summer Sectionals					Name	Age	Team	Seed Time		58	Tran, Colin	M9	CIA-IA	39.05	IASI		
5:20.59 15&O IASI					1	Norem, Layten	M12	ACAC-IA	27.50	IASI	59	Vallas, Effie	W11	CIA-IA	39.08		
Name	Age	Team	Seed Time		2	Bykova, Sasha	W12	DMSF-IA	30.22	IASI	60	Brown, Carter	M12	CIA-IA	39.11		
1	Koenigsfeld, Cha	14	DMSF-IA	5:24.19	IASI	3	Calderon, LuisM	M12	ACAC-IA	30.41	IASI	61	Cramer, Arya	W11	ACAC-IA	39.19	
2	Nedved, Henry	14	DMSF-IA	5:26.54	IASI	4	Fay, Ginger	W12	WW-IA	30.50	IASI	62	Hanson, Ainslie	W11	RWSC-MN	39.25	
3	Mintle, Harrison	13	DMSF-IA	5:28.40	IASI	5	Kell, Henry	M12	ACAC-IA	30.82	IASI	63	Israel, Jake	M9	CIA-IA	39.45	IASI
4	Cunningham, Coi	16	NSST-IA	5:36.52		6	Baker, Caroline	W11	CIA-IA	31.66	IASI	64	Naylor, Jackson	M11	CIA-IA	39.95	
5	Sikora, Owen	13	RSC-IA	6:15.92		7	Tran, Victoria	W12	CIA-IA	31.78	IASI	65	Lohmeier, Thom	M10	DMSF-IA	40.02	IASI
6	Cunningham, Tit	14	NSST-IA	6:24.58		8	Ghimire, Sanji	M12	ACAC-IA	31.91	IASI	66	Hancock, Charlot	W8	CIA-IA	40.05	
7	Bru, Reece	11	CIA-IA	6:27.74	IASI	9	Ludwig, Mia	W12	DSMY-IA	31.95	IASI	67	Loffredo, Luke	M10	RIP-IA	40.41	IASI
8	Mintle, Easton	10	DMSF-IA	6:54.48		10	Janssen, Sarah	W12	CAST-IA	31.96	IASI	68	Fausch, Lilly	W9	CIA-IA	40.93	IASI
9	Calderon, LuisM	12	ACAC-IA	NT		11	Garrison, Jorgia	W11	RSC-IA	32.03	IASI	69	Howe, Mollie	W10	CIA-IA	41.26	
10	Smith, Carter	14	DMSF-IA	NT		12	Fenton, Aspen	W12	DMSF-IA	32.23	IASI	70	Ireland, Avery	W11	DMSF-IA	41.32	
11	Troyer, Austin	18	NSST-IA	NT		13	Nakama, Kano	M12	ACAC-IA	32.25	IASI	71	Bolstad, Evelyn	W8	ACAC-IA	41.53	
12	Cunningham, Gic	11	NSST-IA	NT		14	Israel, Brynn	W11	CIA-IA	32.34	IASI	72	Cramer, Sawyer	M8	RSC-IA	41.99	
13	Fertig, Jonah	17	RSC-IA	NT		15	Hornung, Harper	W11	WW-IA	32.66	IASI	73	Fleming, Braylee	W10	RSC-IA	42.10	
14	Boender, Sully	14	SEA-IA	NT		16	Hanson, Aubrey	W12	CIA-IA	32.95	IASI	74	Russell, Bennett	M9	CIA-IA	42.20	
#3 Women 1500 LC Meter Freestyle					17	Meyer, Gwen	W12	RIP-IA	33.29	IASI	75	Brase, Kieran	M10	RIP-IA	42.64		
21:05.69 13-14 IASI					18	Smyth, Vivi	W12	RWSC-MN	33.36	IASI	76	Cook, Kayden	M12	RSC-IA	43.12		
18:19.99 15&O SSEC Summer Sectionals					19	Otis, Bennett	M12	DMSF-IA	33.55	IASI	77	Hornung, Addy	W9	WW-IA	43.21		
20:20.49 15&O IASI					20	Schoolen, Ruby	W12	RSC-IA	33.68	IASI	78	Benson, Kahlia	W10	RWSC-MN	43.32		
Name	Age	Team	Seed Time		21	Lamb, Addison	W11	ACAC-IA	34.33	IASI	79	Hanson, Hannah	W9	DMSF-IA	43.45		
1	Honkamp, Mary	17	DMSF-IA	18:21.16	IASI	22	Albrecht, Brynlei	W12	DSMY-IA	34.37	IASI	80	Peppmeier, Amzi	W10	ACAC-IA	43.77	
2	Woolums, Brynn	17	CIA-IA	18:24.38	IASI	23	Harmon, Josie	W12	CAST-IA	34.49		81	Puhrmann, Macy	W9	CIA-IA	43.81	
3	Meyer, Addie	13	RIP-IA	19:39.97	IASI	24	Leidinger, Callie	W12	COE-IA	34.60		82	Funkhouser, Ryle	W9	ACAC-IA	43.89	
4	Swaim, Maddy	13	DMSF-IA	19:59.06	IASI	25	Bilslend, Teagan	W10	ACAC-IA	34.67	IASI	83	Wilson, Isaac	M9	SSA-IA	44.08	
5	Peterson, Brookl	13	CIA-IA	20:05.70	IASI	26	Fausch, Zach	M11	CIA-IA	34.71		84	Ward, Amelia	W9	CIA-IA	44.11	
6	Woolums, Zoe	15	CIA-IA	20:06.72	IASI	27	Van Soelen, Harr	M10	DMSF-IA	35.56	IASI	85	Norton, Coco	W10	RWSC-MN	44.18	
7	Hutzell, Rowen	12	ACAC-IA	NT		28	Jacobson, Kinzee	W12	RWSC-MN	35.60		86	Blocker, Kiersten	W10	CIA-IA	44.19	
											87	Carhoff, Jack	M11	SSA-IA	44.28		
											88	Lux, Thurston	M12	ACAC-IA	44.50		

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#5 ... (Mixed 12 & Under 50 LC Meter Freestyle)

89	Garcia, Javi	M9	BLAZ-IA	44.98
90	Bru, Tylar	W10	CIA-IA	45.02
91	Angstrom, Grace	W10	FAST-IA	45.41
92	Neese, Savanna	W11	USSD-IA	45.54
93	Mathews, Ingrid	W10	ACAC-IA	45.56
94	Werstein, Avryn	W9	ACAC-IA	45.78
95	DeMuth, Emma	W11	SSA-IA	45.87
96	Kinsley, Cora	W8	SSA-IA	46.78
97	Moulton, Quinn	W11	CIA-IA	46.90
98	Cody, Jay	M11	RWSC-MN	46.99
99	Kline, Lilly	W11	CIA-IA	47.15
100	Schoolen, Max	M8	RSC-IA	47.32
101	Doughty, Olive	W11	DMSF-IA	47.76
102	Grote, Hank	M10	RSC-IA	47.98
103	Smith, Abigail	W8	CIA-IA	48.11
104	Bru, Isaac	M7	CIA-IA	48.14
105	Moorberg, Leena	W8	RSC-IA	48.35
106	Vobr, Vobr	W9	NST-IA	48.59
107	Seidl, Reagan	M9	RIP-IA	48.62
108	Beal, Ellis	W10	SSA-IA	49.20
109	Simmons, Isla	W8	RSC-IA	49.32
110	Huston, Quinn	W10	CIA-IA	49.40
111	Cramer, Ayden	M8	ACAC-IA	49.42
112	McLaren, Hannal	W10	RIP-IA	49.89
113	Christiansen, Gal	M10	DMSF-IA	50.01
114	Dacey, Bennett	M8	ACAC-IA	50.47
115	Norton, Stella	W9	RWSC-MN	50.53
116	Nieto, Emma	W9	DSMY-IA	50.95
117	Tomka, Delaney	W8	RIP-IA	51.35
118	Endriss, Caroline	W9	BLAZ-IA	52.15
119	Gallick, Esme	W8	RIP-IA	52.29
120	Broadston, Make	W11	SSA-IA	52.52
121	Ross, Bennett	M9	CIA-IA	52.61
122	Karbeling-Kurth,	W9	ICE-IA	53.09
123	Lux, Mary	W10	ACAC-IA	53.11
124	Sandberg, Riley	W11	DMSF-IA	53.65
125	Mease, Presley	W9	SSA-IA	53.77
126	Israel, James	M9	CIA-IA	54.61
127	Gruenisen, Mattl	M8	CIA-IA	54.83
128	Thomas, Noah	M7	RSC-IA	55.17
129	Smyth, Ava	W10	RWSC-MN	55.38
130	Brenizer, Reagan	W8	DMSF-IA	56.12
131	Hall, Lauren	W9	CIA-IA	56.41
132	Tews, Kallie	W10	FAST-IA	57.49
133	Angstrom, Adaly	W8	FAST-IA	58.07
134	Brenizer, Hank	M10	DMSF-IA	58.97
135	Holland, Penelop	W9	CIA-IA	58.98
136	Sandoval, Nate	M10	CIA-IA	59.09
137	Gilloon, Vincent	M8	ACAC-IA	1:00.05
138	Slama, Harper	W8	CIA-IA	1:02.02
139	Young, Makenna	W11	CIA-IA	1:02.93
140	Baldwin, Brinnle	W7	RSC-IA	1:03.03
141	Thompson, Kwyi	W8	ACAC-IA	1:03.33
142	Schmidt, Scarlett	W8	CIA-IA	1:06.60
143	Roberts, Rex	M10	SSA-IA	1:06.80
144	Maples, Vincent	M10	SSA-IA	1:07.69
145	Williams, Terin	W9	CIA-IA	1:09.32
146	Naig, Kian	M9	ACAC-IA	1:11.76

147	Weldon, Tia	W7	SSA-IA	1:17.30
148	Gallick, Navy	W6	RIP-IA	1:18.47
149	Blocker, Mackenz	W8	CIA-IA	1:18.70
150	White, Kaislyn	W5	SSA-IA	1:22.23
151	Tomka, Evelyn	W6	RIP-IA	1:23.19
152	Ghimire, Sanaya	W9	ACAC-IA	1:26.64
153	Tews, Grace	W6	FAST-IA	1:28.82
154	Watkins, Imogen	W11	ACAC-IA	NT
155	Watkins, Phoebe	W8	ACAC-IA	NT
156	Aucutt, Grayson	M12	BLAZ-IA	NT
157	Flogel, Ella	W7	RIP-IA	NT
158	Johnson, Ryker	M11	SEA-IA	NT
159	Hakeman, Linley	W9	USSD-IA	NT
160	Stinson, Ellie	W12	RWSC-MN	NT

#6 Mixed 13 & Over 50 LC Meter Freestyle

29.49 13-14M IASI				
31.79 13-14W IASI				
25.29 15&OM SSEC Summer Sectional				
27.09 15&OM IASI				
28.09 15&OW SSEC Summer Sectional				
30.29 15&OW IASI				
Name Age Team Seed Time				
1	Seifert, Marcus	M18	COE-IA	25.09 SSEC
2	Linderblood, Jud	M14	CIA-IA	25.22 IASI
3	Dose, Jonathan	M21	CAST-IA	25.24 SSEC
4	Seifert, Andrew	M17	COE-IA	25.30 IASI
5	Lucas, Gavin	M17	COE-IA	25.50 IASI
6	Bykov, Leon	M15	DMSF-IA	25.91 IASI
7	Ortega, Desmonc	M16	CIA-IA	25.98 IASI
8	Hammond, Bren	M15	RSC-IA	26.35 IASI
9	Fausch, Jackson	M14	CIA-IA	26.69 IASI
10	Kline, Simon	M14	USSD-IA	27.12 IASI
11	Quist, Hunter	M17	CIA-IA	27.15
12	Andersen, Noah	M16	RIP-IA	27.16
13	Vallas, Brooks	M14	CIA-IA	27.76 IASI
14	Corwin, Kimber	W15	CIA-IA	27.85 SSEC
15	Schlueter, Natha	M14	CIA-IA	27.89 IASI
16	Wisehart, Lando	M14	CIA-IA	28.07 IASI
17	Woolums, Brynn	W17	CIA-IA	28.09 SSEC
18	Hall, Taylor	W16	RIP-IA	28.11 IASI
19	Walsh, Jack	M15	DSMY-IA	28.13
20	Jones, Jorel	M16	NSST-IA	28.25
21	Weinheimer, Hay	W16	NSST-IA	28.46 IASI
22	Briggs, Colby	M18	NSST-IA	28.57
23	Cunningham, Co	M16	NSST-IA	28.61
24	Marks, Clayton	M14	ACAC-IA	28.68 IASI
25	Hassett, Sassy	W17	DMSF-IA	28.69 IASI
26	Hammond, Alex	M17	RSC-IA	28.78
27	Cornwell, Conno	M16	NSST-IA	28.84
28	Schumacher, Bra	M14	CIA-IA	28.89 IASI
29	Vobr, Jaylee	W17	NST-IA	29.06 IASI
30	Devlic, Ben	M14	NSST-IA	29.59
31	Cerbin, Emerson	W18	CIA-IA	29.65 IASI
32	Smith, Carter	M14	DMSF-IA	29.66
33	Behounek, Avery	W13	MACR-IA	29.84 IASI
34	Holms, Donny	M14	BLAZ-IA	29.89
35	Wittmayer, Mattl	M13	CIA-IA	29.93
36	Murray, Kellen	M13	CIA-IA	30.10
37	McCloud, Reid	W14	SEA-IA	30.30 IASI

38	Jeffries, Max	M13	CIA-IA	30.34
39	Molis, Ashley	W16	DSMY-IA	30.34
40	Roberts, Kelyn	W14	RSC-IA	30.34 IASI
41	Sailor, Isabella	W17	NST-IA	30.44
42	Molis, Preston	M16	DSMY-IA	30.47
43	Wuest, Aaron	M14	CIA-IA	30.59
44	Ernsperger, Isab	W16	CIA-IA	30.72
45	Faughn, Abby	W16	COE-IA	30.75
46	Ferrell, Tyler	M17	RSC-IA	30.80
47	Spradling, Tyler	M13	CIA-IA	30.86
48	Grubb, Cael	M14	CIA-IA	30.87
49	Sytsma, Dawson	M15	SEA-IA	30.88
50	Gevock, Piper	W14	SEA-IA	30.96 IASI
51	Schoonover, Gra	W14	CAST-IA	30.97 IASI
52	Boender, Sully	M14	SEA-IA	31.08
53	Baker, Norah	W14	CIA-IA	31.09 IASI
54	Leder, Maeve	W13	DMSF-IA	31.19 IASI
55	Dayton, Emelia	W17	RSC-IA	31.26
56	Demianyshen, D	M16	DMSF-IA	31.29
57	Shenouda, Esthe	W15	CIA-IA	31.43
58	Kinnison, Amanc	W16	RIP-IA	32.07
59	Snyder, Levi	M15	SEA-IA	32.09
60	Blackford, Mia	W17	RSC-IA	32.10
61	Anderson, Avery	W15	CIA-IA	32.12
62	Freeseaman, Gab	W13	RIP-IA	32.15
63	Huston, Harper	W13	CIA-IA	32.16
64	Gruenisen, Sami	W14	CIA-IA	32.18
65	Gummert, Maisie	W16	CIA-IA	32.19
66	Hudson, Natalie	W13	DMSF-IA	32.19
67	Cunningham, Tit	M14	NSST-IA	32.26
68	Tchaprazova, Kal	W15	CIA-IA	32.56
69	Cooper, Audrey	W16	RSC-IA	32.62
70	Frantum, Maddie	W13	CIA-IA	32.68
71	Parry, Spencer	M13	BLAZ-IA	32.70
72	Betts, Mallory	W15	DMSF-IA	32.85
73	Levisay, Ethan	M14	COE-IA	32.89
74	Morales, Karla	W15	CIA-IA	32.91
75	Bormann, Lila	W13	DMSF-IA	33.01
76	Wood, Logan	M15	CIA-IA	33.03
77	Parson, Annie	W13	USSD-IA	33.08
78	Lamb, Nora	W16	SEA-IA	33.20
79	Pekarek, Lila	W15	RSC-IA	33.39
80	Lamb, Miles	M14	SEA-IA	33.49
81	Damge, Evelyn	W17	NSST-IA	33.68
82	Howe, Jake	M13	CIA-IA	33.79
83	Shenouda, Elizab	W13	CIA-IA	33.85
84	Johnson, Bailey	W14	RSC-IA	34.01
85	Garrison, Jaden	M13	RSC-IA	34.11
86	Bungu, Arian	M13	BLAZ-IA	34.44
87	Sailor, Lilly	W13	NST-IA	34.48
88	Conn, Lillie	W16	RSC-IA	34.73
89	Davis, Chloe	W14	DMSF-IA	34.85
90	Six, Tristan	M13	RSC-IA	35.14
91	Frideres, Keira	W14	ACAC-IA	35.42
92	King, Lainey	W13	DMSF-IA	35.79
93	Hawks, Joni	W13	RIP-IA	36.62
94	Backes, Estella	W14	DMSF-IA	38.23
95	Schnepf, Mae	W13	DMSF-IA	38.41
96	Moreno, Payton	W13	DMSF-IA	38.75
97	Rasmussen, Riley	W13	BLAZ-IA	38.76

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#6 ... (Mixed 13 & Over 50 LC Meter Freestyle)

98	Behrens, Russell	M13	FAST-IA	39.63	
99	Weis, Anabelle	W13	BLAZ-IA	40.48	
100	Burt, Bailey	W13	RSC-IA	40.50	
101	Lee, Ellie	W14	SSA-IA	40.68	
102	Aniunoh, Kenny	M13	BLAZ-IA	40.94	
103	Mensching, Edie	W13	SSA-IA	41.98	
104	Brown, Caroline	W13	NSST-IA	43.07	
105	Hidder, Weston	M13	CIA-IA	45.49	
106	Marr, Bash	M13	ACAC-IA	55.83	
107	Kenkel, Isabel	W17	ACAC-IA	NT	
108	Wood, Ethan	M13	BLAZ-IA	NT	
109	Demianyshe, Di	M16	DMSF-IA	NT	
110	Shue, Tyler	M13	SEA-IA	NT	
111	Kern, Elizabeth	W14	SEA-IA	NT	
112	Jenkins, Josie	W13	SEA-IA	NT	

#7 Mixed 12 & Under 50 LC Meter Butterfly

48.89 9-10M IASI

50.29 9-10W IASI

38.29 11-12W IASI

38.59 11-12M IASI

Name	Age	Team	Seed Time	
1	Norem, Layten	M12	ACAC-IA	29.54 IASI
2	Calderon, LuisM	M12	ACAC-IA	32.45 IASI
3	Kell, Henry	M12	ACAC-IA	32.95 IASI
4	Bykova, Sasha	W12	DMSF-IA	34.12 IASI
5	Fenton, Aspen	W12	DMSF-IA	34.67 IASI
6	Schoolen, Ruby	W12	RSC-IA	34.72 IASI
7	Garrison, Jorgia	W11	RSC-IA	34.83 IASI
8	Meyer, Gwen	W12	RIP-IA	35.11 IASI
9	Janssen, Sarah	W12	CAST-IA	35.25 IASI
10	Fay, Ginger	W12	WW-IA	36.65 IASI
11	Hornung, Harpei	W11	WW-IA	36.83 IASI
12	Smyth, Vivi	W12	RWSC-MN	37.11 IASI
13	Nakama, Kano	M12	ACAC-IA	37.32 IASI
14	Leidinger, Callie	W12	COE-IA	37.35 IASI
15	Israel, Brynn	W11	CIA-IA	37.49 IASI
16	Cramer, Arya	W11	ACAC-IA	37.95 IASI
17	Jacobson, Kinzee	W12	RWSC-MN	38.03 IASI
18	Call, Harrison	M12	ACAC-IA	38.69
19	Cunningham, Gic	M11	NSST-IA	38.84
20	Lamb, Addison	W11	ACAC-IA	38.93
21	Fausch, Zach	M11	CIA-IA	38.94
22	Van Soelen, Harr	M10	DMSF-IA	39.05 IASI
23	Otis, Bennett	M12	DMSF-IA	39.26
24	Tran, Victoria	W12	CIA-IA	39.43
25	Nieto, Gaby	W12	DSMY-IA	39.51
26	Hanson, Aubrey	W12	CIA-IA	39.74
27	Sexton, James	M11	CIA-IA	40.20
28	Sandquist, Edwa	M11	CIA-IA	41.52
29	Kovacevich, Elea	W11	ACAC-IA	41.59
30	Sisul, Jenner	M11	SEA-IA	41.67
31	Bilslend, Teagan	W10	ACAC-IA	42.51 IASI
32	Thomas, Ethan	M12	RSC-IA	43.57
33	Sandquist, Henry	M11	CIA-IA	44.24
34	Kell, Hattie	W9	ACAC-IA	45.20 IASI
35	Thomas, Liv	W10	RSC-IA	46.55 IASI
36	Starr, Madison	W12	ACAC-IA	46.82

37	Garrison, Jonah	M9	RSC-IA	47.35	IASI
38	LaPan, Henry	M11	USSD-IA	47.44	
39	Talley, Serena	W11	CIA-IA	49.46	
40	Fleming, Braylee	W10	RSC-IA	49.79	IASI
41	Ward, Amelia	W9	CIA-IA	49.85	IASI
42	Hawks, Jimmy	M11	RIP-IA	50.14	
43	Benson, Kahlia	W10	RWSC-MN	50.17	IASI
44	Ross, Clayton	M11	CIA-IA	50.59	
45	Slama, Mason	M12	CIA-IA	51.01	
46	Mooney, Sabrina	W10	DMSF-IA	51.15	
47	Hudson, Thomas	M10	DMSF-IA	51.29	
48	Ireland, Avery	W11	DMSF-IA	51.29	
49	Sisul, Julie	W12	SEA-IA	51.64	
50	DeMuth, Emma	W11	SSA-IA	51.72	
51	Loffredo, Luke	M10	RIP-IA	51.83	
52	Hanson, Ainslie	W11	RWSC-MN	51.90	
53	Watkins, Imogen	W11	ACAC-IA	52.51	
54	Schoolen, Max	M8	RSC-IA	53.80	
55	Hancock, Charlot	W8	CIA-IA	54.32	
56	Feeney, Owen	M10	DMSF-IA	54.46	
57	Moulton, Colbie	W12	CIA-IA	54.50	
58	Naylor, Jackson	M11	CIA-IA	54.53	
59	Neese, Savanna	W11	USSD-IA	56.05	
60	Fausch, Lilly	W9	CIA-IA	56.91	
61	Meyer, Sully	M9	RIP-IA	57.06	
62	Nieto, Emma	W9	DSMY-IA	57.48	
63	Cook, Kayden	M12	RSC-IA	59.12	
64	Funkhouser, Rylee	W9	ACAC-IA	59.22	
65	Tran, Colin	M9	CIA-IA	59.51	
66	Norton, Coco	W10	RWSC-MN	59.66	
67	Lewis, Rylee	W10	CIA-IA	59.99	
68	Blocker, Kiersten	W10	CIA-IA	1:01.02	
69	Hornung, Addy	W9	WW-IA	1:01.21	
70	Peppmeier, Amzi	W10	ACAC-IA	1:01.47	
71	Cramer, Ayden	M8	ACAC-IA	1:02.47	
72	Cody, Jay	M11	RWSC-MN	1:02.99	
73	Simmons, Isla	W8	RSC-IA	1:03.27	
74	Russell, Bennett	M9	CIA-IA	1:03.52	
75	Grote, Hank	M10	RSC-IA	1:03.55	
76	Smith, Abigail	W8	CIA-IA	1:03.95	
77	Tews, Kallie	W10	FAST-IA	1:04.07	
78	Norton, Stella	W9	RWSC-MN	1:04.41	
79	Werstein, Avryn	W9	ACAC-IA	1:04.87	
80	Moorberg, Leena	W8	RSC-IA	1:07.18	
81	Smyth, Ava	W10	RWSC-MN	1:08.19	
82	Mathews, Ingrid	W10	ACAC-IA	1:10.42	
83	Tomka, Delaney	W8	RIP-IA	1:13.69	
84	Young, Makenna	W11	CIA-IA	1:18.71	
85	Watkins, Phoebe	W8	ACAC-IA	1:19.16	
86	Endriss, Caroline	W9	BLAZ-IA	1:25.39	
87	Lux, Mary	W10	ACAC-IA	NT	
88	Gilloon, Vincent	M8	ACAC-IA	NT	
89	Williams, Terin	W9	CIA-IA	NT	
90	Huston, Quinn	W10	CIA-IA	NT	
91	Moulton, Quinn	W11	CIA-IA	NT	
92	Ross, Bennett	M9	CIA-IA	NT	
93	Hall, Lauren	W9	CIA-IA	NT	
94	Brenizer, Reagan	W8	DMSF-IA	NT	
95	Angstrom, Grace	W10	FAST-IA	NT	
96	Cramer, Sawyer	M8	RSC-IA	NT	

97	Thomas, Noah	M7	RSC-IA	NT
98	Johnson, Ryker	M11	SEA-IA	NT
99	Stinson, Ellie	W12	RWSC-MN	NT

#8 Mixed 13 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time
1	Ortega, Desmonc	M16	CIA-IA 26.53
2	Schwebach, Owe	M19	ACAC-IA 26.58
3	Seifert, Marcus	M18	COE-IA 27.13
4	Seifert, Andrew	M17	COE-IA 27.49
5	Lucas, Gavin	M17	COE-IA 27.62
6	Bykov, Leon	M15	DMSF-IA 28.78
7	Linderblood, Jud	M14	CIA-IA 28.88
8	Walsh, Jack	M15	DSMY-IA 28.95
9	Fausch, Jackson	M14	CIA-IA 29.49
10	Sanchez, Camero	M16	CIA-IA 30.22
11	Corwin, Kimber	W15	CIA-IA 30.33
12	Kline, Simon	M14	USSD-IA 30.65
13	Vobr, Jaylee	W17	NST-IA 30.91
14	Wisehart, Lando	M14	CIA-IA 31.15
15	Andersen, Noah	M16	RIP-IA 31.36
16	Hammond, Bren	M15	RSC-IA 31.50
17	Hammond, Alex	M17	RSC-IA 31.52
18	Jones, Jorel	M16	NSST-IA 31.59
19	Houlihan, Patricl	M15	COE-IA 31.63
20	Marks, Clayton	M14	ACAC-IA 31.69
21	Hassett, Sassy	W17	DMSF-IA 31.79
22	Parson, Lucy	W16	USSD-IA 31.89
23	Behounek, Avery	W13	MACR-IA 32.35
24	Ernsperger, Isab	W16	CIA-IA 32.53
25	Jeffryes, Max	M13	CIA-IA 32.74
26	Gevock, Piper	W14	SEA-IA 33.22
27	Spradling, Tyler	M13	CIA-IA 33.24
28	Vallas, Brooks	M14	CIA-IA 33.42
29	Freeseaman, Gabi	W13	RIP-IA 33.61
30	Weinheimer, Hay	W16	NSST-IA 33.73
31	Cornwell, Conno	M16	NSST-IA 34.23
32	Wittmayer, Mattl	M13	CIA-IA 34.59
33	Huston, Harper	W13	CIA-IA 34.63
34	Boender, Sully	M14	SEA-IA 34.73
35	Gummert, Maisie	W16	CIA-IA 34.86
36	Parry, Spencer	M13	BLAZ-IA 34.92
37	McCloud, Reid	W14	SEA-IA 35.01
38	Damge, Evelyn	W17	NSST-IA 35.09
39	Cerbin, Emerson	W18	CIA-IA 35.21
40	Holms, Donny	M14	BLAZ-IA 35.65
41	Schumacher, Bra	M14	CIA-IA 35.81
42	Cunningham, Cla	W17	NSST-IA 35.84
43	Betts, Mallory	W15	DMSF-IA 35.90
44	Snyder, Levi	M15	SEA-IA 36.87
45	Demianyshe, Di	M16	DMSF-IA 37.09
46	Dayton, Emelia	W17	RSC-IA 37.11
47	Hudson, Natalie	W13	DMSF-IA 37.28
48	Sailor, Lilly	W13	NST-IA 37.34
49	Gagov, Alex	M13	CIA-IA 37.55
50	Frantum, Maddie	W13	CIA-IA 37.56
51	Loo, Ivy	W15	CIA-IA 37.63
52	Parson, Annie	W13	USSD-IA 37.93
53	Shenouda, Elizab	W13	CIA-IA 38.04
54	Hoss, Brooke	W15	CIA-IA 38.28

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#8 ... (Mixed 13 & Over 50 LC Meter Butterfly)					28 Sandquist, Edwa	M11	CIA-IA	48.71		88 Watkins, Phoebe	W8	ACAC-IA	1:12.71
55 Lamb, Nora	W16	SEA-IA	38.84		29 Starr, Madison	W12	ACAC-IA	48.72		89 Smyth, Ava	W10	RWSC-MN	1:12.90
56 Baker, Norah	W14	CIA-IA	38.99		30 Call, Harrison	M12	ACAC-IA	48.86		90 Norton, Coco	W10	RWSC-MN	1:13.13
57 Pekarek, Lila	W15	RSC-IA	39.32		31 Garrison, Jonah	M9	RSC-IA	49.06	IASI	91 Beal, Ellis	W10	SSA-IA	1:14.25
58 Konchalski, Dela	W13	NSST-IA	39.57		32 Bilslend, Teagan	W10	ACAC-IA	49.13	IASI	92 Tomka, Delaney	W8	RIP-IA	1:15.71
59 Thompson, Josly	W15	CIA-IA	40.62		33 Thomas, Ethan	M12	RSC-IA	49.43		93 Bru, Isaac	M7	CIA-IA	1:15.91
60 Lamb, Miles	M14	SEA-IA	40.70		34 Talley, Serena	W11	CIA-IA	50.67		94 Gruenisen, Mattl	M8	CIA-IA	1:15.94
61 Beauchamp, Mac	W16	CIA-IA	40.97		35 Hakeman, Riley	W11	USSD-IA	50.96		95 Mease, Presley	W9	SSA-IA	1:16.69
62 Roberts, Kelyn	W14	RSC-IA	41.27		36 Hudson, Thomas	M10	DMSF-IA	51.55	IASI	96 Lux, Mary	W10	ACAC-IA	1:17.23
63 Shenouda, Esthe	W15	CIA-IA	44.15		37 Cramer, Arya	W11	ACAC-IA	52.32		97 Simmons, Isla	W8	RSC-IA	1:18.70
64 Rasmussen, Riley	W13	BLAZ-IA	45.73		38 Fausch, Lilly	W9	CIA-IA	52.44	IASI	98 Endriss, Caroline	W9	BLAZ-IA	1:23.35
65 Moreno, Payton	W13	DMSF-IA	57.57		39 Hanson, Ainslie	W11	RWSC-MN	52.64		99 Schoolen, Max	M8	RSC-IA	1:23.72
66 Lee, Ellie	W14	SSA-IA	58.03		40 Naylor, Jackson	M11	CIA-IA	53.29		100 Gilloon, Vincent	M8	ACAC-IA	1:24.01
67 Burt, Bailey	W13	RSC-IA	1:11.54		41 Slama, Mason	M12	CIA-IA	53.31		101 Mathews, Ingrid	W10	ACAC-IA	1:27.28
68 Quist, Hunter	M17	CIA-IA	NT		42 Kell, Hattie	W9	ACAC-IA	53.62	IASI	102 Thomas, Noah	M7	RSC-IA	1:31.27
69 Sarcone, Lydia	W15	DMSF-IA	NT		43 Vallas, Effie	W11	CIA-IA	54.17		103 Angstrom, Adaly	W8	FAST-IA	1:34.85
70 King, Lainey	W13	DMSF-IA	NT		44 Blocker, Kiersten	W10	CIA-IA	54.21	IASI	104 Naig, Kian	M9	ACAC-IA	NT
71 Demianyshen, Di	M16	DMSF-IA	NT		45 Bru, Tylar	W10	CIA-IA	54.92	IASI	105 Funkhouser, Ryle	W9	ACAC-IA	NT
72 Ferrell, Tyler	M17	RSC-IA	NT		46 Tudor, Ellery	W11	USSD-IA	55.01		106 Peppmeier, Amzi	W10	ACAC-IA	NT
73 Johnson, Bailey	W14	RSC-IA	NT		47 Puhrmann, Macy	W9	CIA-IA	56.91	IASI	107 Aucutt, Grayson	M12	BLAZ-IA	NT
74 Sytsma, Dawson	M15	SEA-IA	NT		48 Tran, Colin	M9	CIA-IA	57.12		108 Spencer, Elise	W10	BLAZ-IA	NT
75 Shue, Tyler	M13	SEA-IA	NT		49 Garrison, Jorgia	W11	RSC-IA	57.34		109 Howe, Mollie	W10	CIA-IA	NT
76 Kern, Elizabeth	W14	SEA-IA	NT		50 Ross, Clayton	M11	CIA-IA	57.49		110 Hunt, Jojo	W12	CIA-IA	NT
77 Jenkins, Josie	W13	SEA-IA	NT		51 Dacey, Bennett	M8	ACAC-IA	58.04		111 Israel, Brynn	W11	CIA-IA	NT
78 Mensching, Edie	W13	SSA-IA	NT		52 Fleming, Braylee	W10	RSC-IA	58.34		112 Moulton, Colbie	W12	CIA-IA	NT
#9 Mixed 12 & Under 50 LC Meter Breaststroke					53 Thomas, Liv	W10	RSC-IA	58.48		113 Moulton, Quinn	W11	CIA-IA	NT
56.49 9-10M IASI					54 Tews, Kallie	W10	FAST-IA	58.58		114 Brown, Carter	M12	CIA-IA	NT
57.29 9-10W IASI					55 Mooney, Sabrina	W10	DMSF-IA	58.98		115 Ross, Bennett	M9	CIA-IA	NT
45.19 11-12M IASI					56 Lux, Thurston	M12	ACAC-IA	58.99		116 Israel, James	M9	CIA-IA	NT
45.49 11-12W IASI					57 Ireland, Avery	W11	DMSF-IA	59.00		117 Van Soelen, Harr	M10	DMSF-IA	NT
Name	Age	Team	Seed Time		58 Huston, Quinn	W10	CIA-IA	59.01		118 Vobr, Vobr	W9	NST-IA	NT
1 Fay, Ginger	W12	WW-IA	37.41	IASI	59 Garcia, Javi	M9	BLAZ-IA	59.29		119 Tomka, Evelyn	W6	RIP-IA	NT
2 Norem, Layten	M12	ACAC-IA	38.74	IASI	60 Spaine, Tiegan	M11	DSMY-IA	59.29		120 Moorberg, Leena	W8	RSC-IA	NT
3 Hornung, Harpei	W11	WW-IA	40.46	IASI	61 LaPan, Henry	M11	USSD-IA	59.59		121 Cramer, Sawyer	M8	RSC-IA	NT
4 Fenton, Aspen	W12	DMSF-IA	41.97	IASI	62 Benson, Kahlia	W10	RWSC-MN	59.81		122 Johnson, Ryker	M11	SEA-IA	NT
5 Calderon, LuisM	M12	ACAC-IA	43.03	IASI	63 Hornung, Addy	W9	WW-IA	1:00.10		123 Maples, Vincent	M10	SSA-IA	NT
6 Bykova, Sasha	W12	DMSF-IA	43.23	IASI	64 Angstrom, Grace	W10	FAST-IA	1:00.20		124 Hakeman, Linley	W9	USSD-IA	NT
7 Fausch, Zach	M11	CIA-IA	43.51	IASI	65 Cramer, Ayden	M8	ACAC-IA	1:00.25		125 Stinson, Ellie	W12	RWSC-MN	NT
8 Baker, Caroline	W11	CIA-IA	44.14	IASI	66 Neese, Savanna	W11	USSD-IA	1:00.42		#10 Mixed 13 & Over 50 LC Meter Breaststroke			
9 Sisul, Jolie	W12	SEA-IA	45.38	IASI	67 Watkins, Imogen	W11	ACAC-IA	1:00.69		Name	Age	Team	Seed Time
10 Hanson, Aubrey	W12	CIA-IA	45.52		68 Karbeling-Kurth,	W9	ICE-IA	1:02.38		1 Seifert, Andrew	M17	COE-IA	32.59
11 Janssen, Sarah	W12	CAST-IA	45.59		69 McLaren, Hannal	W10	RIP-IA	1:02.75		2 Parson, Lucy	W16	USSD-IA	33.63
12 Jacobson, Kinzee	W12	RWSC-MN	45.61		70 Lewis, Rylee	W10	CIA-IA	1:02.99		3 Schlueter, Natha	M14	CIA-IA	34.27
13 Tran, Victoria	W12	CIA-IA	45.77		71 Israel, Jake	M9	CIA-IA	1:03.04		4 Seifert, Marcus	M18	COE-IA	35.09
14 Harmon, Josie	W12	CAST-IA	45.97		72 Wilson, Isaac	M9	SSA-IA	1:04.36		5 Walsh, Jack	M15	DSMY-IA	35.39
15 Leidinger, Callie	W12	COE-IA	46.10		73 Bolstad, Evelyn	W8	ACAC-IA	1:04.80		6 Bykov, Leon	M15	DMSF-IA	35.74
16 Meyer, Gwen	W12	RIP-IA	46.27		74 DeMuth, Emma	W11	SSA-IA	1:04.80		7 Cerbin, Emerson	W18	CIA-IA	35.93
17 Tunink, Johnny	M12	RIP-IA	46.30		75 Carhoff, Jack	M11	SSA-IA	1:05.10		8 Fausch, Jackson	M14	CIA-IA	36.19
18 Lamb, Addison	W11	ACAC-IA	46.76		76 Werstein, Avryn	W9	ACAC-IA	1:05.14		9 Cunningham, Coi	M16	NSST-IA	36.27
19 Smyth, Vivi	W12	RWSC-MN	46.77		77 Gallick, Esme	W8	RIP-IA	1:05.68		10 Huston, Harper	W13	CIA-IA	37.12
20 Kell, Henry	M12	ACAC-IA	46.81		78 Grote, Hank	M10	RSC-IA	1:09.00		11 Leder, Maeve	W13	DMSF-IA	37.46
21 Sexton, James	M11	CIA-IA	46.88		79 Norton, Stella	W9	RWSC-MN	1:09.13		12 Behounek, Avery	W13	MACR-IA	38.03
22 Starr, Jackson	M11	ACAC-IA	47.75		80 Cody, Jay	M11	RWSC-MN	1:09.99		13 Kline, Simon	M14	USSD-IA	38.81
23 Nakama, Kano	M12	ACAC-IA	47.76		81 Russell, Bennett	M9	CIA-IA	1:10.18		14 Hall, Taylor	W16	RIP-IA	39.62
24 Sisul, Jenner	M11	SEA-IA	48.03		82 Nieto, Emma	W9	DSMY-IA	1:10.29		15 Wisehart, Lando	M14	CIA-IA	39.95
25 Nieto, Gaby	W12	DSMY-IA	48.20		83 Hancock, Charlot	W8	CIA-IA	1:10.61		16 Jeffryes, Max	M13	CIA-IA	40.10
26 Schoolen, Ruby	W12	RSC-IA	48.40		84 Williams, Terin	W9	CIA-IA	1:10.68		17 Gevock, Piper	W14	SEA-IA	40.42
27 Sandquist, Henry	M11	CIA-IA	48.46		85 Kinsley, Cora	W8	SSA-IA	1:11.68		18 Corwin, Kimber	W15	CIA-IA	40.61
					86 Young, Makenna	W11	CIA-IA	1:12.04		19 Molis, Ashley	W16	DSMY-IA	40.78
					87 Smith, Abigail	W8	CIA-IA	1:12.06					

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#10 ... (Mixed 13 & Over 50 LC Meter Breaststroke)

20	Damge, Camryn	W17	NSST-IA	40.98
21	Devlic, Ben	M14	NSST-IA	41.27
22	Davis, Chloe	W14	DMSF-IA	41.35
23	Vallas, Brooks	M14	CIA-IA	41.37
24	Ernsperger, Isab	W16	CIA-IA	41.72
25	Lamb, Nora	W16	SEA-IA	41.82
26	Hudson, Natalie	W13	DMSF-IA	42.06
27	Marks, Clayton	M14	ACAC-IA	42.19
28	Parson, Annie	W13	USSD-IA	42.24
29	Ortega, Desmon	M16	CIA-IA	42.35
30	Betts, Mallory	W15	DMSF-IA	42.79
31	Levisay, Ethan	M14	COE-IA	43.19
32	Pekarek, Lila	W15	RSC-IA	43.25
33	Boender, Sully	M14	SEA-IA	43.45
34	Dayton, Emelia	W17	RSC-IA	43.66
35	Parry, Spencer	M13	BLAZ-IA	44.78
36	Cunningham, Tit	M14	NSST-IA	44.93
37	Frantum, Maddie	W13	CIA-IA	45.23
38	Snyder, Levi	M15	SEA-IA	45.48
39	Sailor, Isabella	W17	NST-IA	45.65
40	McCloud, Reid	W14	SEA-IA	45.68
41	Damge, Evelyn	W17	NSST-IA	45.89
42	Freeseaman, Gabi	W13	RIP-IA	46.00
43	Anderson, Avery	W15	CIA-IA	46.81
44	Hammond, Bren	M15	RSC-IA	46.84
45	Andersen, Noah	M16	RIP-IA	46.96
46	Lucas, Gavin	M17	COE-IA	48.49
47	Roberts, Kelyn	W14	RSC-IA	48.57
48	Murray, Kellen	M13	CIA-IA	50.57
49	Brown, Caroline	W13	NSST-IA	51.03
50	Lamb, Miles	M14	SEA-IA	51.14
51	Shenouda, Eliza	W13	CIA-IA	51.32
52	Woolums, Brynn	W17	CIA-IA	51.87
53	Schnepf, Mae	W13	DMSF-IA	52.43
54	Wittmayer, Matt	M13	CIA-IA	54.63
55	Rasmussen, Riley	W13	BLAZ-IA	55.54
56	Burt, Bailey	W13	RSC-IA	56.37
57	Hidder, Weston	M13	CIA-IA	56.90
58	Moreno, Payton	W13	DMSF-IA	59.13
59	Sytsma, Dawson	M15	SEA-IA	1:01.58
60	Ferrell, Tyler	M17	RSC-IA	1:06.57
61	Nanaziashvili, D	M14	DSMY-IA	1:20.12
62	Nanaziashvili, D	M14	DSMY-IA	1:20.12
63	Marr, Bash	M13	ACAC-IA	1:20.43
64	Wood, Ethan	M13	BLAZ-IA	NT
65	Bungu, Arian	M13	BLAZ-IA	NT
66	Aniunoh, Kenny	M13	BLAZ-IA	NT
67	Linderblood, Jud	M14	CIA-IA	NT
68	Quist, Hunter	M17	CIA-IA	NT
69	Demianyshe, Di	M16	DMSF-IA	NT
70	Demianyshe, Di	M16	DMSF-IA	NT
71	Johnson, Bailey	W14	RSC-IA	NT
72	Shue, Tyler	M13	SEA-IA	NT
73	Jenkins, Josie	W13	SEA-IA	NT

#11 Mixed 12 & Under 50 LC Meter Backstroke

50.39 9-10W IASI				
50.79 9-10M IASI				
40.09 11-12W IASI				
40.39 11-12M IASI				
Name	Age	Team	Seed	Time
1 Norem, Layten	M12	ACAC-IA	30.90	IASI
2 Kell, Henry	M12	ACAC-IA	34.41	IASI
3 Hornung, Harper	W11	WW-IA	36.08	IASI
4 Bykova, Sasha	W12	DMSF-IA	36.26	IASI
5 Harmon, Josie	W12	CAST-IA	37.05	IASI
6 Fay, Ginger	W12	WW-IA	37.64	IASI
7 Fenton, Aspen	W12	DMSF-IA	37.67	IASI
8 Nakama, Kano	M12	ACAC-IA	37.75	IASI
9 Otis, Bennett	M12	DMSF-IA	37.83	IASI
10 Fausch, Zach	M11	CIA-IA	37.93	IASI
11 Baker, Caroline	W11	CIA-IA	38.31	IASI
12 Meyer, Gwen	W12	RIP-IA	38.87	IASI
13 Janssen, Sarah	W12	CAST-IA	39.08	IASI
14 Hanson, Aubrey	W12	CIA-IA	39.15	IASI
15 Israel, Brynn	W11	CIA-IA	39.26	IASI
16 Tran, Victoria	W12	CIA-IA	40.01	IASI
17 Hunt, Jojo	W12	CIA-IA	40.33	
18 Garrison, Jorgia	W11	RSC-IA	40.46	
19 Albrecht, Brynle	W12	DSMY-IA	40.60	
20 Sandquist, Henry	M11	CIA-IA	41.48	
21 Leidinger, Callie	W12	COE-IA	41.49	
22 Sisul, Jenner	M11	SEA-IA	42.13	
23 Smyth, Vivi	W12	RWSC-MN	42.14	
24 Jacobson, Kinzee	W12	RWSC-MN	42.74	
25 LaPan, Henry	M11	USSD-IA	42.90	
26 Starr, Madison	W12	ACAC-IA	42.97	
27 Bilsend, Teagan	W10	ACAC-IA	43.15	IASI
28 Schoolen, Ruby	W12	RSC-IA	43.17	
29 Krantz, Ruth	W11	RIP-IA	43.28	
30 Cunningham, Gic	M11	NSST-IA	43.50	
31 Mooney, Sabrina	W10	DMSF-IA	43.58	IASI
32 Lamb, Addison	W11	ACAC-IA	43.75	
33 Tunink, Johnny	M12	RIP-IA	43.79	
34 Sandquist, Edwa	M11	CIA-IA	43.96	
35 Sexton, James	M11	CIA-IA	44.60	
36 Sisul, Jolie	W12	SEA-IA	44.61	
37 Hanson, Ainslie	W11	RWSC-MN	44.73	
38 Talley, Serena	W11	CIA-IA	44.89	
39 Kell, Hattie	W9	ACAC-IA	45.22	IASI
40 Starr, Jackson	M11	ACAC-IA	45.32	
41 Hudson, Thomas	M10	DMSF-IA	45.65	IASI
42 Hancock, Charlot	W8	CIA-IA	46.16	
43 Fausch, Lilly	W9	CIA-IA	46.28	IASI
44 Vallas, Effie	W11	CIA-IA	46.32	
45 Karbeling-Kurth,	W12	ICE-IA	46.34	
46 Thomas, Liv	W10	RSC-IA	46.61	IASI
47 Kovacevich, Elea	W11	ACAC-IA	46.66	
48 Naylor, Jackson	M11	CIA-IA	47.21	
49 Hawks, Jimmy	M11	RIP-IA	47.44	
50 Tran, Colin	M9	CIA-IA	47.58	IASI
51 Van Soelen, Harr	M10	DMSF-IA	47.68	IASI
52 Fleming, Braylee	W10	RSC-IA	47.85	IASI
53 Nieto, Gaby	W12	DSMY-IA	48.06	

54	Slama, Mason	M12	CIA-IA	48.28
55	Benson, Kahlia	W10	RWSC-MN	48.29 IASI
56	Howe, Mollie	W10	CIA-IA	48.67 IASI
57	Russell, Bennett	M9	CIA-IA	48.90 IASI
58	Cramer, Sawyer	M8	RSC-IA	48.93
59	Hanson, Hannah	W9	DMSF-IA	49.04 IASI
60	Ireland, Avery	W11	DMSF-IA	50.09
61	Ross, Clayton	M11	CIA-IA	50.11
62	Hornung, Addy	W9	WW-IA	50.13 IASI
63	Norton, Coco	W10	RWSC-MN	50.33 IASI
64	Garrison, Jonah	M9	RSC-IA	50.47 IASI
65	Cook, Kayden	M12	RSC-IA	50.55
66	Meyer, Sully	M9	RIP-IA	50.61 IASI
67	Brase, Kieran	M10	RIP-IA	50.94
68	DeMuth, Emma	W11	SSA-IA	51.26
69	Lohmeier, Thom	M10	DMSF-IA	51.63
70	Loffredo, Luke	M10	RIP-IA	51.72
71	Moulton, Colbie	W12	CIA-IA	51.88
72	Israel, Jake	M9	CIA-IA	51.95
73	Cramer, Arya	W11	ACAC-IA	51.96
74	Cody, Jay	M11	RWSC-MN	51.99
75	Thomas, Ethan	M12	RSC-IA	52.46
76	Neese, Savanna	W11	USSD-IA	52.64
77	Christiansen, Gal	M10	DMSF-IA	52.69
78	Ward, Amelia	W9	CIA-IA	53.07
79	Lux, Thurston	M12	ACAC-IA	53.26
80	Werstein, Avryn	W9	ACAC-IA	53.56
81	Kline, Lilly	W11	CIA-IA	53.77
82	Vobr, Vobr	W9	NST-IA	53.91
83	Seidl, Reagan	M9	RIP-IA	53.94
84	Garcia, Javi	M9	BLAZ-IA	54.01
85	Funkhouser, Ryl	W9	ACAC-IA	54.23
86	Moulton, Quinn	W11	CIA-IA	54.84
87	Peppmeier, Amzi	W10	ACAC-IA	55.26
88	McLaren, Hannal	W10	RIP-IA	55.37
89	Bru, Tylar	W10	CIA-IA	55.47
90	Schoolen, Max	M8	RSC-IA	55.62
91	Nieto, Emma	W9	DSMY-IA	55.81
92	Simmons, Isla	W8	RSC-IA	56.32
93	Thomas, Noah	M7	RSC-IA	56.52
94	Tews, Kallie	W10	FAST-IA	57.43
95	Carhoff, Jack	M11	SSA-IA	57.75
96	Doughty, Olive	W11	DMSF-IA	59.09
97	Brenizer, Reagan	W8	DMSF-IA	59.11
98	Kinsley, Cora	W8	SSA-IA	59.41
99	Huston, Quinn	W10	CIA-IA	59.73
100	Blocker, Kiersten	W10	CIA-IA	1:00.37
101	Mathews, Ingrid	W10	ACAC-IA	1:00.52
102	Williams, Terin	W9	CIA-IA	1:00.94
103	Sandberg, Riley	W11	DMSF-IA	1:01.09
104	Tomka, Delaney	W8	RIP-IA	1:01.56
105	Baldwin, Brinnle	W7	RSC-IA	1:01.93
106	Moorberg, Leena	W8	RSC-IA	1:02.77
107	Norton, Stella	W9	RWSC-MN	1:02.79
108	Cramer, Ayden	M8	ACAC-IA	1:02.84
109	Dacey, Bennett	M8	ACAC-IA	1:03.59
110	Hall, Lauren	W9	CIA-IA	1:03.70
111	Ross, Bennett	M9	CIA-IA	1:04.01
112	Flogel, Ella	W7	RIP-IA	1:04.13
113	Gruenisen, Matt	M8	CIA-IA	1:04.55

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#11 ... (Mixed 12 & Under 50 LC Meter Backstroke)

114	Holland, Penelope	W9	CIA-IA	1:04.77
115	Endriss, Caroline	W9	BLAZ-IA	1:05.40
116	Sandoval, Nate	M10	CIA-IA	1:06.38
117	Young, Makenna	W11	CIA-IA	1:06.44
118	Angstrom, Adaly	W8	FAST-IA	1:08.06
119	Thompson, Kwyi	W8	ACAC-IA	1:08.29
120	Slama, Harper	W8	CIA-IA	1:09.72
121	Smyth, Ava	W10	RWSC-MN	1:10.14
122	Gallick, Esme	W8	RIP-IA	1:11.08
123	Angstrom, Grace	W10	FAST-IA	1:13.64
124	Lux, Mary	W10	ACAC-IA	1:13.68
125	Gilloon, Vincent	M8	ACAC-IA	1:14.34
126	Schmidt, Scarlett	W8	CIA-IA	1:15.48
127	Smith, Abigail	W8	CIA-IA	1:15.55
128	Brenizer, Hank	M10	DMSF-IA	1:16.43
129	Naig, Kian	M9	ACAC-IA	1:16.60
130	Blocker, Macken	W8	CIA-IA	1:16.63
131	Gallick, Navy	W6	RIP-IA	1:18.54
132	White, Kaislyn	W5	SSA-IA	1:18.82
133	Weldon, Tia	W7	SSA-IA	1:18.90
134	Tomka, Evelyn	W6	RIP-IA	1:25.49
135	Grote, Hank	M10	RSC-IA	1:29.00
136	Ghimire, Sanaya	W9	ACAC-IA	1:35.53
137	Tews, Grace	W6	FAST-IA	1:44.20
138	Watkins, Imogen	W11	ACAC-IA	NT
139	Watkins, Phoebe	W8	ACAC-IA	NT
140	Ghimire, Sanji	M12	ACAC-IA	NT
141	Calderon, LuisM	M12	ACAC-IA	NT
142	Bru, Isaac	M7	CIA-IA	NT
143	Johnson, Ryker	M11	SEA-IA	NT
144	Mease, Presley	W9	SSA-IA	NT
145	Stinson, Ellie	W12	RWSC-MN	NT

#12 Mixed 13 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time
1	Ortega, Desmond	M16	CIA-IA 27.44
2	Seifert, Andrew	M17	COE-IA 28.28
3	Fausch, Jackson	M14	CIA-IA 30.15
4	Bykov, Leon	M15	DMSF-IA 30.15
5	Wittmayer, Matt	M13	CIA-IA 31.31
6	Seifert, Marcus	M18	COE-IA 31.41
7	Sanchez, Camer	M16	CIA-IA 31.72
8	Andersen, Noah	M16	RIP-IA 31.83
9	Weinheimer, Hay	W16	NSST-IA 32.45
10	Hassett, Sassy	W17	DMSF-IA 32.46
11	Walsh, Jack	M15	DSMY-IA 32.47
12	Briggs, Colby	M18	NSST-IA 32.65
13	Molis, Preston	M16	DSMY-IA 33.47
14	Corwin, Kimber	W15	CIA-IA 33.56
15	Vallas, Brooks	M14	CIA-IA 33.60
16	Lucas, Gavin	M17	COE-IA 33.94
17	Kline, Simon	M14	USSD-IA 34.01
18	Jones, Jorel	M16	NSST-IA 34.16
19	Hammond, Bren	M15	RSC-IA 34.41
20	Ernsperger, Isab	W16	CIA-IA 35.18
21	Schlueter, Natha	M14	CIA-IA 35.20
22	Parson, Lucy	W16	USSD-IA 35.45
23	Frantum, Maddie	W13	CIA-IA 35.48

24	Devlic, Ben	M14	NSST-IA	35.59
25	Linderblood, Jud	M14	CIA-IA	35.83
26	Gevoek, Piper	W14	SEA-IA	36.45
27	Baker, Norah	W14	CIA-IA	36.64
28	Boender, Sully	M14	SEA-IA	36.73
29	Kinnison, Amanc	W16	RIP-IA	36.82
30	Sailor, Isabella	W17	NST-IA	36.85
31	Schumacher, Bra	M14	CIA-IA	37.46
32	Damge, Camryn	W17	NSST-IA	37.49
33	Jeffries, Max	M13	CIA-IA	38.01
34	McCloud, Reid	W14	SEA-IA	38.16
35	Dayton, Emelia	W17	RSC-IA	38.50
36	Sailor, Lilly	W13	NST-IA	38.55
37	Johnson, Bailey	W14	RSC-IA	38.71
38	Parry, Spencer	M13	BLAZ-IA	38.78
39	Betts, Mallory	W15	DMSF-IA	38.80
40	Gagov, Alex	M13	CIA-IA	39.02
41	Parson, Annie	W13	USSD-IA	39.04
42	Freeseaman, Gab	W13	RIP-IA	39.09
43	Holms, Donny	M14	BLAZ-IA	39.38
44	Cerbin, Emerson	W18	CIA-IA	39.50
45	Frideres, Keira	W14	ACAC-IA	40.22
46	Huston, Harper	W13	CIA-IA	40.80
47	Lamb, Nora	W16	SEA-IA	40.93
48	Davis, Chloe	W14	DMSF-IA	41.30
49	Faughn, Abby	W16	COE-IA	41.39
50	Sarcone, Lydia	W15	DMSF-IA	41.79
51	Roberts, Kelyn	W14	RSC-IA	41.93
52	Pekarek, Lila	W15	RSC-IA	43.03
53	Lamb, Miles	M14	SEA-IA	43.05
54	Hudson, Natalie	W13	DMSF-IA	43.21
55	King, Lainey	W13	DMSF-IA	43.22
56	Snyder, Levi	M15	SEA-IA	44.25
57	Shenouda, Elizab	W13	CIA-IA	47.64
58	Backes, Estella	W14	DMSF-IA	51.28
59	Conn, Lillie	W16	RSC-IA	51.41
60	Moreno, Payton	W13	DMSF-IA	52.35
61	Bungu, Arian	M13	BLAZ-IA	54.60
62	Burt, Bailey	W13	RSC-IA	59.83
63	Ferrell, Tyler	M17	RSC-IA	1:00.58
64	Sytsma, Dawson	M15	SEA-IA	1:01.41
65	Nanaziasvili, De	M14	DSMY-IA	1:06.74
66	Nanaziasvili, De	M14	DSMY-IA	1:06.74
67	Weis, Anabelle	W13	BLAZ-IA	NT
68	Aniunoh, Kenny	M13	BLAZ-IA	NT
69	Howe, Jake	M13	CIA-IA	NT
70	Thompson, Josly	W15	CIA-IA	NT
71	Quist, Hunter	M17	CIA-IA	NT
72	Behrens, Russell	M13	FAST-IA	NT
73	Hawks, Joni	W13	RIP-IA	NT
74	Shue, Tyler	M13	SEA-IA	NT
75	Jenkins, Josie	W13	SEA-IA	NT

#13 Women 13 & Over 400 LC Meter Freestyle

5:20.99		13-14 IASI	
5:04.09		15&O IASI	
Name	Age	Team	Seed Time
1	Mahler-Moreno,	18	DMSF-IA 4:34.24 IASI
2	Woolums, Brynn	17	CIA-IA 4:38.34 IASI
3	Hassett, Sassy	17	DMSF-IA 4:42.26 IASI

4	Vobr, Jaylee	17	NST-IA	4:56.94 IASI
5	Gevoek, Piper	14	SEA-IA	4:56.95 IASI
6	Anderson, Avery	15	CIA-IA	5:08.80
7	Faughn, Abby	16	COE-IA	5:10.45
8	Gummert, Maisie	16	CIA-IA	5:11.45
9	Tchaprazova, Kal	15	CIA-IA	5:15.28
10	Freeseaman, Gab	13	RIP-IA	5:15.79 IASI
11	Cunningham, Cla	17	NSST-IA	5:18.71
12	Loo, Ivy	15	CIA-IA	5:20.63
13	Kiekhaefer, Chlo	15	CIA-IA	5:21.65
14	Dee, Adilyn	14	CIA-IA	5:24.50
15	Shenouda, Esthe	15	CIA-IA	5:27.64
16	Beauchamp, Mac	16	CIA-IA	5:29.33
17	Bormann, Lila	13	DMSF-IA	5:30.85
18	Hoss, Brooke	15	CIA-IA	5:31.77
19	Blackford, Mia	17	RSC-IA	5:33.61
20	Gruenisen, Sami	14	CIA-IA	5:39.19
21	Frideres, Keira	14	ACAC-IA	5:53.67
22	Brown, Caroline	13	NSST-IA	7:05.88
23	Cooper, Audrey	16	RSC-IA	NT
24	Shelton, Macie	13	USSD-IA	NT

#14 Men 13 & Over 400 LC Meter Freestyle

5:05.49		13-14 IASI	
4:43.19		15&O IASI	
Name	Age	Team	Seed Time
1	Schwebach, Owe	19	ACAC-IA 4:09.15 IASI
2	Ortega, Desmonc	16	CIA-IA 4:20.19 IASI
3	Smith, Carter	14	DMSF-IA 4:38.36 IASI
4	Hammond, Alex	17	RSC-IA 4:41.22 IASI
5	Bykov, Leon	15	DMSF-IA 4:42.13 IASI
6	Feilmeyer, Evan	19	ACAC-IA 4:42.36 IASI
7	Koenigsfeld, Cha	14	DMSF-IA 4:43.15 IASI
8	Houlihan, Patric	15	COE-IA 4:45.21
9	Spradling, Tyler	13	CIA-IA 4:51.19 IASI
10	Schlueter, Natha	14	CIA-IA 4:59.18 IASI
11	Murray, Kellen	13	CIA-IA 5:07.33
12	Grubb, Cael	14	CIA-IA 5:13.85
13	Cornwell, Conno	16	NSST-IA 5:15.92
14	Cunningham, Coi	16	NSST-IA 5:17.43
15	Cunningham, Tit	14	NSST-IA 5:23.15
16	Schumacher, Bra	14	CIA-IA 5:31.10
17	Marks, Clayton	14	ACAC-IA 5:36.16
18	Wuest, Aaron	14	CIA-IA 5:41.29
19	Six, Tristan	13	RSC-IA 5:41.74
20	Levisay, Ethan	14	COE-IA 5:48.39
21	Wood, Logan	15	CIA-IA 5:51.63
22	Garrison, Jaden	13	RSC-IA 5:58.81
23	Gagov, Alex	13	CIA-IA 6:22.62
24	Behrens, Russell	13	FAST-IA 7:04.88
25	Howe, Jake	13	CIA-IA NT
26	Jones, Jorel	16	NSST-IA NT

#15 Girls 12 & Under 200 LC Meter Freestyle

3:20.99		9-10 IASI	
2:45.99		11-12 IASI	
Name	Age	Team	Seed Time
1	Bykova, Sasha	12	DMSF-IA 2:24.66 IASI
2	Fenton, Aspen	12	DMSF-IA 2:27.16 IASI
3	Meyer, Gwen	12	RIP-IA 2:29.74 IASI

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#15 ... (Girls 12 & Under 200 LC Meter Freestyle)				
4	Ludwig, Mia	12	DSMY-IA	2:31.59 IASI
5	Stonehocker, Tri	12	DMSF-IA	2:32.46 IASI
6	Tran, Victoria	12	CIA-IA	2:33.47 IASI
7	Lewis, Madyson	12	CIA-IA	2:34.84 IASI
8	Hornung, Harpei	11	WW-IA	2:35.22 IASI
9	Brons, Josie	11	DMSF-IA	2:41.05 IASI
10	Schoolen, Ruby	12	RSC-IA	2:42.32 IASI
11	Garrison, Jorgia	11	RSC-IA	2:42.74 IASI
12	Smyth, Vivi	12	RWSC-MN	2:42.90 IASI
13	Janssen, Sarah	12	CAST-IA	2:44.25 IASI
14	Hutzell, Rowen	12	ACAC-IA	2:44.49 IASI
15	Lamb, Addison	11	ACAC-IA	2:44.58 IASI
16	Gevoek, Trinity	11	SEA-IA	2:45.14 IASI
17	Larson, Rachel	11	DSMY-IA	2:46.28
18	Jean, Natiel	11	DSMY-IA	2:47.88
19	Albrecht, Brynlei	12	DSMY-IA	2:48.02
20	Smith, Hayden	10	DMSF-IA	2:48.20 IASI
21	Jacobson, Kinzee	12	RWSC-MN	2:55.11
22	Mooney, Sabrina	10	DMSF-IA	2:55.62 IASI
23	Leidinger, Callie	12	COE-IA	3:01.69
24	Freeman, Cather	12	CIA-IA	3:01.94
25	Hanson, Ainslie	11	RWSC-MN	3:03.13
26	Bry, Emma	11	MCSC-IA	3:06.05
27	Freeseaman, Josie	10	RIP-IA	3:09.34 IASI
28	Sisul, Jolie	12	SEA-IA	3:09.58
29	Karbeling-Kurth,	12	ICE-IA	3:09.68
30	Lewis, Rylee	10	CIA-IA	3:10.31 IASI
31	Beagley, Evelyn	11	ACAC-IA	3:11.10
32	Knox, Makayla	12	FAST-IA	3:11.70
33	Connolly, Grace	12	DSMY-IA	3:12.79
34	Driscoll, Bailey	12	MCSC-IA	3:12.84
35	Ireland, Avery	11	DMSF-IA	3:16.12
36	Mitchell, Paige	11	CIA-IA	3:19.99
37	Hancock, Charlot	8	CIA-IA	3:26.34
38	Hardee, Anya	12	MCSC-IA	3:32.45
39	Anthofer, Eve	9	CAST-IA	3:34.36
40	Cody, Collins	11	MCSC-IA	3:34.57
41	Ward, Amelia	9	CIA-IA	3:41.16
42	Thomas, Liv	10	RSC-IA	3:42.33
43	Benson, Kahlia	10	RWSC-MN	3:43.44
44	Smyth, Ava	10	RWSC-MN	3:50.99
45	Angstrom, Grace	10	FAST-IA	3:52.35
46	Norton, Coco	10	RWSC-MN	3:59.36
47	Kovacevich, Elea	11	ACAC-IA	4:02.36
48	Stinson, Ellie	12	RWSC-MN	4:04.55
49	Ahrens, Paityn	11	FAST-IA	4:09.02
50	Gallick, Esme	8	RIP-IA	4:25.42
51	Norton, Stella	9	RWSC-MN	4:40.00
52	Bilslend, Teagan	10	ACAC-IA	NT
53	Currey, Rosie	9	ACAC-IA	NT
54	Currey, Emmy	9	ACAC-IA	NT
55	Peppmeier, Amzi	10	ACAC-IA	NT
56	Williams, Terin	9	CIA-IA	NT
57	Talley, Serena	11	CIA-IA	NT
58	Crouch, Ingrid	12	RIP-IA	NT
59	Neese, Savanna	11	USSD-IA	NT
60	Soukup, Lyv	12	USSD-IA	NT

#16 Boys 12 & Under 200 LC Meter Freestyle				
3:12.09 9-10 IASI				
2:44.89 11-12 IASI				
Name	Age	Team	Seed Time	
1 Rychnovsky, Beci	12	DMSF-IA	2:14.77	IASI
2 Staiert, Easton	12	DMSF-IA	2:21.12	IASI
3 Calderon, LuisMa	12	ACAC-IA	2:30.69	IASI
4 Smith, Harry	12	DMSF-IA	2:32.51	IASI
5 Mintle, Easton	10	DMSF-IA	2:32.63	IASI
6 Qualley, Parker	12	DSMY-IA	2:37.61	IASI
7 Call, Harrison	12	ACAC-IA	2:42.46	IASI
8 Zhang, Allen	12	DMSF-IA	2:44.99	
9 Cunningham, Gic	11	NSST-IA	2:49.01	
10 Fausch, Zach	11	CIA-IA	2:50.75	
11 Sisul, Jenner	11	SEA-IA	2:58.28	
12 Sexton, James	11	CIA-IA	3:01.42	
13 Dube, Etienne	11	ACAC-IA	3:03.33	
14 LaPan, Henry	11	USSD-IA	3:05.43	
15 Phelps, Briggs	12	RIP-IA	3:05.82	
16 Ghimire, Sanji	12	ACAC-IA	3:06.29	
17 Thomas, Ethan	12	RSC-IA	3:10.55	
18 Feeney, Owen	10	DMSF-IA	3:14.10	
19 Rees, Brighton	10	ACAC-IA	3:14.25	
20 Garrison, Jonah	9	RSC-IA	3:15.29	
21 Kokjohn, Colin	10	DMSF-IA	3:18.17	
22 Carpenter, Malac	11	CIA-IA	3:24.43	
23 Lohmeier, Thom	10	DMSF-IA	3:28.69	
24 Carter, Thomas	11	CAST-IA	3:48.56	
25 Connolly, James	9	DSMY-IA	3:56.26	
26 Tourney, Emmet	9	RWSC-MN	3:59.31	
27 Cody, Jay	11	RWSC-MN	4:00.99	
28 Gilloon, Vincent	8	ACAC-IA	5:24.13	
29 Schultz, Rylan	12	ACAC-IA	NT	
30 Hutzell, Wyatt	10	ACAC-IA	NT	
31 Wood, Finn	11	ACAC-IA	NT	
32 Naylor, Jackson	11	CIA-IA	NT	
33 Tran, Colin	9	CIA-IA	NT	
34 Meyer, Sully	9	RIP-IA	NT	
35 Johnson, Ryker	11	SEA-IA	NT	
#17 Girls 12 & Under 50 LC Meter Butterfly				
50.29 9-10 IASI				
38.29 11-12 IASI				
Name	Age	Team	Seed Time	
1 Janssen, Sarah	12	CAST-IA	35.25	IASI
2 Ocheltree, Kinnic	12	DSMY-IA	35.95	IASI
3 Cochran, Delaney	10	CIA-IA	37.04	IASI
4 Fillius, Willa	12	NSST-IA	37.08	IASI
5 Cygankova, Polin	12	DSMY-IA	37.29	IASI
6 Israel, Brynn	11	CIA-IA	37.49	IASI
7 Qualley, Reagan	10	DSMY-IA	37.52	IASI
8 Baker, Caroline	11	CIA-IA	38.77	
9 Jean, Natiel	11	DSMY-IA	38.90	
10 Gevoek, Trinity	11	SEA-IA	39.01	
11 Spear, Lilliana	10	CIA-IA	39.03	IASI
12 Books, Malia	12	USSD-IA	39.39	
13 Demirci, Ada	12	ACAC-IA	39.64	
14 Hanson, Aubrey	12	CIA-IA	39.74	
15 Cygankova, Alisa	9	DSMY-IA	40.97	IASI

16 Anthofer, Eve	9	CAST-IA	42.15	IASI
17 Smith, Hayden	10	DMSF-IA	42.48	IASI
18 Butler, Mathilde	12	DSMY-IA	42.75	
19 Brons, Josie	11	DMSF-IA	43.09	
20 Lewis, Madyson	12	CIA-IA	43.56	
21 Tudor, Ellery	11	USSD-IA	44.00	
22 Ortega, Evelyn	11	CIA-IA	44.08	
23 Fitch, Lauren	11	NSST-IA	44.78	
24 Freeseaman, Josie	10	RIP-IA	45.15	IASI
25 Freeseaman, Ivy	9	RIP-IA	45.71	IASI
26 Jacobson, Whitn	9	RWSC-MN	46.09	IASI
27 Frein, Isabella	11	CIA-IA	49.61	
28 Karbeling-Kurth,	12	ICE-IA	49.67	
29 Ward, Amelia	9	CIA-IA	49.85	IASI
30 Bry, Emma	11	MCSC-IA	51.23	
31 Cody, Collins	11	MCSC-IA	52.91	
32 Woolery, Brecky	11	CIA-IA	53.02	
33 Hancock, Charlot	8	CIA-IA	54.32	
34 Neese, Savanna	11	USSD-IA	56.05	
35 Vobr, Vobr	9	NST-IA	56.29	
36 Fausch, Lilly	9	CIA-IA	56.91	
37 Puhrmann, Macy	9	CIA-IA	59.55	
38 Blocker, Kiersten	10	CIA-IA	1:01.02	
39 Cochran, Clara	8	CIA-IA	1:01.16	
40 Lemke, Charlotte	11	RIP-IA	1:01.35	
41 Bolstad, Evelyn	8	ACAC-IA	1:01.78	
42 Simmons, Isla	8	RSC-IA	1:03.27	
43 Tews, Kallie	10	FAST-IA	1:04.07	
44 Evangelista, Sloa	11	CIA-IA	1:05.56	
45 Gebauer, Marlow	9	CIA-IA	1:08.07	
46 Spradling, Eliana	9	CIA-IA	1:11.98	
47 Tomka, Delaney	8	RIP-IA	1:13.69	
48 Karbeling-Kurth,	9	ICE-IA	1:15.92	
49 Mullins, Vera	9	ACAC-IA	1:17.50	
50 Sponheim, Molly	9	RSC-IA	1:17.62	
51 Young, Makenna	11	CIA-IA	1:18.71	
52 Beagley, Lydia	9	ACAC-IA	1:21.31	
53 Freeman, Elizabe	8	CIA-IA	1:39.83	
54 Jenkins, Mai	10	ACAC-IA	NT	
55 Carter, Haley	9	CAST-IA	NT	
56 Mitchell, Paige	11	CIA-IA	NT	
57 Huston, Quinn	10	CIA-IA	NT	
58 Brown, Audrey	11	CIA-IA	NT	
59 Brenizer, Reagan	8	DMSF-IA	NT	
60 Ceballos, Mikael	9	DSMY-IA	NT	
61 Powers, Izzy	11	DSMY-IA	NT	
62 Angstrom, Grace	10	FAST-IA	NT	
63 Cunningham, Jail	12	RSC-IA	NT	
64 Sponheim, Leah	11	RSC-IA	NT	
65 Ritchey, Lilo	10	SEA-IA	NT	
66 Books, Londyn	7	USSD-IA	NT	

#18 Boys 12 & Under 50 LC Meter Butterfly				
48.89 9-10 IASI				
38.59 11-12 IASI				
Name	Age	Team	Seed Time	
1 Norem, Layten	12	ACAC-IA	29.54	IASI
2 Rychnovsky, Beci	12	DMSF-IA	32.01	IASI
3 Calderon, LuisMa	12	ACAC-IA	32.45	IASI
4 Green, Reilly	12	DMSF-IA	33.83	IASI

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#18 ... (Boys 12 & Under 50 LC Meter Butterfly)				
5	Staiert, Easton	12	DMSF-IA	34.35 IASI
6	Mintle, Easton	10	DMSF-IA	35.85 IASI
7	Siebrecht, Ryder	12	CAST-IA	37.40 IASI
8	Freeseaman, Griff	12	RIP-IA	37.60 IASI
9	Schultz, Rylan	12	ACAC-IA	41.00
10	Dube, Etienne	11	ACAC-IA	42.37
11	Todsén, Gavin	12	CIA-IA	42.38
12	Sissel, Ethan	11	DMSF-IA	45.08
13	Tourney, Emmet	9	RWSC-MN	48.23 IASI
14	Dingus, Blain	11	BAB-IA	48.92
15	Doll, Lennon	12	CIA-IA	51.29
16	Brouchous, Emr	12	CAST-IA	52.88
17	Schoolen, Max	8	RSC-IA	53.80
18	Ratcliff, Blake	11	RIP-IA	58.53
19	Chrisco, Kingsto	10	ACAC-IA	1:02.48
20	Sprague, Tommy	9	ACAC-IA	1:24.10
21	Whitmore, Brysc	11	ACAC-IA	NT
22	Dumermuth, Lia	10	BLAZ-IA	NT
23	Israel, Jake	9	CIA-IA	NT
24	Lassers, Teddy	10	CIA-IA	NT
25	Williams, Max	12	COE-IA	NT
26	McGuire, Louie	12	DSMY-IA	NT
27	Chodorowski, W	12	MCSC-IA	NT
28	Awitt, Jacob	10	SEA-IA	NT

#19 Girls 9-12 200 LC Meter Backstroke				
3:09.89 11-12 IASI				
Name	Age	Team	Seed Time	
1	Fenton, Aspen	12	DMSF-IA	2:51.37 IASI
2	Stonehocker, Tri	12	DMSF-IA	2:54.45 IASI
3	Demirci, Ada	12	ACAC-IA	2:57.24 IASI
4	Meyer, Gwen	12	RIP-IA	2:57.31 IASI
5	Bykova, Sasha	12	DMSF-IA	2:58.37 IASI
6	Fitch, Lauren	11	NSST-IA	3:00.65 IASI
7	Cochran, Delaney	10	CIA-IA	3:02.58
8	Lamb, Addison	11	ACAC-IA	3:12.25
9	Smyth, Vivi	12	RWSC-MN	3:14.00
10	Jacobson, Kinzee	12	RWSC-MN	3:17.08
11	Mooney, Sabrina	10	DMSF-IA	3:19.43
12	Fillius, Willa	12	NSST-IA	3:24.80
13	Hanson, Ainslie	11	RWSC-MN	3:26.24
14	Stinson, Ellie	12	RWSC-MN	4:04.97
15	Benson, Kahlia	10	RWSC-MN	4:15.49
16	Norton, Coco	10	RWSC-MN	4:18.44
17	Smyth, Ava	10	RWSC-MN	4:45.33
18	Norton, Stella	9	RWSC-MN	5:00.00
19	Hauge, Kate	11	ACAC-IA	NT
20	Ludwig, Mia	12	DSMY-IA	NT
21	Knox, Makayla	12	FAST-IA	NT
22	Sisul, Jolie	12	SEA-IA	NT

#20 Boys 9-12 200 LC Meter Backstroke				
3:05.19 11-12 IASI				
Name	Age	Team	Seed Time	
1	Norem, Layten	12	ACAC-IA	2:39.68 IASI
2	Green, Reilly	12	DMSF-IA	2:47.11 IASI
3	Freeseaman, Griff	12	RIP-IA	2:50.50 IASI
4	Fausch, Zach	11	CIA-IA	2:52.99 IASI

5	Nakama, Kano	12	ACAC-IA	2:54.00 IASI
6	Smith, Harry	12	DMSF-IA	3:01.56 IASI
7	Call, Harrison	12	ACAC-IA	3:02.76 IASI
8	Cunningham, Gi	11	NSST-IA	3:10.00
9	Kell, Henry	12	ACAC-IA	3:12.07
10	Mintle, Easton	10	DMSF-IA	3:17.55
11	Phelps, Briggs	12	RIP-IA	3:22.51
12	LaPan, Henry	11	USSD-IA	3:29.61
13	Cody, Jay	11	RWSC-MN	4:10.99
14	Connolly, James	9	DSMY-IA	NT
15	Sisul, Jenner	11	SEA-IA	NT

#21 Girls 12 & Under 100 LC Meter Breaststroke				
1:59.79 9-10 IASI				
1:40.89 11-12 IASI				
Name	Age	Team	Seed Time	
1	Cyankova, Polin	12	DSMY-IA	1:31.50 IASI
2	Stonehocker, Tri	12	DMSF-IA	1:32.41 IASI
3	Hutzell, Rowen	12	ACAC-IA	1:34.00 IASI
4	Lewis, Madyson	12	CIA-IA	1:34.70 IASI
5	Bykova, Sasha	12	DMSF-IA	1:35.03 IASI
6	Hornung, Harper	11	WW-IA	1:36.45 IASI
7	Qualley, Reagan	10	DSMY-IA	1:36.53 IASI
8	Jacobson, Kinzee	12	RWSC-MN	1:36.57 IASI
9	Jacobson, Whitn	9	RWSC-MN	1:36.71 IASI
10	Demirci, Ada	12	ACAC-IA	1:37.85 IASI
11	Spear, Lilliana	10	CIA-IA	1:38.82 IASI
12	Larson, Rachel	11	DSMY-IA	1:40.70 IASI
13	Cyankova, Alisa	9	DSMY-IA	1:41.41 IASI
14	Tran, Victoria	12	CIA-IA	1:41.54
15	Janssen, Sarah	12	CAST-IA	1:42.54
16	Sisul, Jolie	12	SEA-IA	1:43.35
17	Hanson, Aubrey	12	CIA-IA	1:43.56
18	Gevoek, Trinity	11	SEA-IA	1:43.97
19	Connolly, Grace	12	DSMY-IA	1:44.63
20	Baker, Caroline	11	CIA-IA	1:44.99
21	Freeman, Cather	12	CIA-IA	1:45.45
22	Hakeman, Riley	11	USSD-IA	1:48.07
23	Hauge, Kate	11	ACAC-IA	1:48.68
24	Starr, Madison	12	ACAC-IA	1:49.12
25	Smyth, Vivi	12	RWSC-MN	1:49.71
26	Hanson, Ainslie	11	RWSC-MN	1:49.72
27	Talley, Serena	11	CIA-IA	1:51.03
28	Schoolen, Ruby	12	RSC-IA	1:52.54
29	Books, Malia	12	USSD-IA	1:53.80
30	Bilslend, Teagan	10	ACAC-IA	1:56.53 IASI
31	Vallas, Effie	11	CIA-IA	1:59.18
32	Driscoll, Bailey	12	MCSC-IA	1:59.79
33	Fausch, Lilly	9	CIA-IA	2:00.74
34	Blocker, Kiersten	10	CIA-IA	2:01.57
35	Puhrmann, Macy	9	CIA-IA	2:02.58
36	Stinson, Ellie	12	RWSC-MN	2:04.52
37	Thomas, Liv	10	RSC-IA	2:07.65
38	Fleming, Braylee	10	RSC-IA	2:08.34
39	Mooney, Sabrina	10	DMSF-IA	2:09.14
40	Huston, Quinn	10	CIA-IA	2:11.72
41	Benson, Kahlia	10	RWSC-MN	2:12.05
42	Chen, Zoey	8	DMSF-IA	2:14.01
43	Currey, Rosie	9	ACAC-IA	2:14.33
44	Neesse, Savanna	11	USSD-IA	2:14.83

45	Cochran, Clara	8	CIA-IA	2:15.91
46	Mullins, Vera	9	ACAC-IA	2:17.78
47	Tews, Kallie	10	FAST-IA	2:18.46
48	Karbeling-Kurth	9	ICE-IA	2:19.18
49	Currey, Emmy	9	ACAC-IA	2:19.23
50	Norton, Coco	10	RWSC-MN	2:20.71
51	Mathews, Ingrid	10	ACAC-IA	2:23.05
52	Gallick, Esme	8	RIP-IA	2:29.02
53	Smyth, Ava	10	RWSC-MN	2:29.27
54	Cunningham, Jail	12	RSC-IA	2:31.30
55	Norton, Stella	9	RWSC-MN	2:31.79
56	Ritchey, Lilo	10	SEA-IA	2:32.83
57	Powers, Izzy	11	DSMY-IA	2:36.21
58	Angstrom, Grace	10	FAST-IA	2:37.71
59	Bry, Chloe	8	MCSC-IA	3:07.11
60	Jenkins, Mai	10	ACAC-IA	NT
61	Kell, Hattie	9	ACAC-IA	NT
62	Beagley, Evelyn	11	ACAC-IA	NT
63	Kovacevich, Elea	11	ACAC-IA	NT
64	O'Brien, Evelyn	8	BAB-IA	NT
65	Weatherly, Elliso	9	BLAZ-IA	NT
66	Lewis, Rylee	10	CIA-IA	NT
67	Williams, Terin	9	CIA-IA	NT
68	Young, Makenna	11	CIA-IA	NT
69	Ortega, Evelyn	11	CIA-IA	NT
70	Williams, Quinn	10	COE-IA	NT
71	McGuire, Edie	10	DSMY-IA	NT
72	McGuire, Edie	10	DSMY-IA	NT
73	Ahrens, Paityn	11	FAST-IA	NT
74	Lemke, Charlotte	11	RIP-IA	NT
75	Hakeman, Linley	9	USSD-IA	NT
76	Soukup, Lyv	12	USSD-IA	NT

#22 Boys 12 & Under 100 LC Meter Breaststroke				
1:55.99 9-10 IASI				
1:38.39 11-12 IASI				
Name	Age	Team	Seed Time	
1	Qualley, Parker	12	DSMY-IA	1:31.51 IASI
2	Fausch, Zach	11	CIA-IA	1:32.12 IASI
3	Calderon, LuisM	12	ACAC-IA	1:32.87 IASI
4	Starr, Jackson	11	ACAC-IA	1:39.00
5	Call, Harrison	12	ACAC-IA	1:39.31
6	Schultz, Rylan	12	ACAC-IA	1:39.56
7	Tunink, Johnny	12	RIP-IA	1:41.77
8	Nakama, Kano	12	ACAC-IA	1:42.23
9	Sexton, James	11	CIA-IA	1:42.64
10	Thomas, Ethan	12	RSC-IA	1:49.04
11	Moore, Jim	12	UN-IA	1:52.39
12	Williams, Max	12	COE-IA	1:52.69
13	Kokjohn, Colin	10	DMSF-IA	1:54.00 IASI
14	Garcia, Javi	9	BLAZ-IA	2:00.40
15	Brown, Carter	12	CIA-IA	2:03.19
16	Tran, Colin	9	CIA-IA	2:03.51
17	Whitmore, Brysc	11	ACAC-IA	2:03.71
18	Meyer, Sully	9	RIP-IA	2:11.58
19	Spaine, Tiegan	11	DSMY-IA	2:12.08
20	Ratcliff, Blake	11	RIP-IA	2:14.42
21	Miller, Jackson	10	RSC-IA	2:16.93
22	Dacey, Bennett	8	ACAC-IA	2:23.44
23	Tourney, Emmet	9	RWSC-MN	2:25.19

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#22 ... (Boys 12 & Under 100 LC Meter Breaststroke)

24	Gruenisen, Mattl	8	CIA-IA	2:30.45
25	Cody, Jay	11	RWSC-MN	2:40.99
26	Gilloon, Vincent	8	ACAC-IA	NT
27	Kokjohn, Cohen	10	BAB-IA	NT
28	Todsen, Gavin	12	CIA-IA	NT
29	Carpenter, Malac	11	CIA-IA	NT
30	Ocheltree, Hawk	10	DSMY-IA	NT
31	Ridgway, Forrest	10	RIP-IA	NT
32	Grote, Hank	10	RSC-IA	NT
33	Avitt, Jacob	10	SEA-IA	NT
34	Johnson, Ryker	11	SEA-IA	NT
35	Reynolds, Jax	12	USSD-IA	NT

#23 Girls 12 & Under 50 LC Meter Backstroke

50.39 9-10 IASI				
40.09 11-12 IASI				
Name	Age	Team	Seed Time	
1	Hornung, Harper	11	WW-IA	36.08 IASI
2	Cochran, Delaney	10	CIA-IA	38.09 IASI
3	Ocheltree, Kinnik	12	DSMY-IA	38.20 IASI
4	Demirci, Ada	12	ACAC-IA	39.09 IASI
5	Fitch, Lauren	11	NSST-IA	39.14 IASI
6	Hanson, Aubrey	12	CIA-IA	39.15 IASI
7	Israel, Brynn	11	CIA-IA	39.26 IASI
8	Cygankova, Polin	12	DSMY-IA	39.37 IASI
9	Albrecht, Brynlee	12	DSMY-IA	40.60
10	Smith, Hayden	10	DMSF-IA	40.87 IASI
11	Larson, Rachel	11	DSMY-IA	41.08
12	Brown, Audrey	11	CIA-IA	41.47
13	Leidinger, Callie	12	COE-IA	41.49
14	Books, Malia	12	USSD-IA	41.91
15	Spear, Lilliana	10	CIA-IA	42.08 IASI
16	Brons, Josie	11	DMSF-IA	42.65
17	Qualley, Reagan	10	DSMY-IA	42.74 IASI
18	Ortega, Evelyn	11	CIA-IA	42.75
19	Freeseaman, Ivy	9	RIP-IA	42.96 IASI
20	Starr, Madison	12	ACAC-IA	42.97
21	Bry, Emma	11	MCSC-IA	43.44
22	Lamb, Addison	11	ACAC-IA	43.75
23	Freeseaman, Josie	10	RIP-IA	44.35 IASI
24	Cody, Collins	11	MCSC-IA	44.60
25	Mitchell, Paige	11	CIA-IA	44.79
26	Talley, Serena	11	CIA-IA	44.89
27	Cygankova, Alisa	9	DSMY-IA	45.84 IASI
28	Hancock, Charlotte	8	CIA-IA	46.16
29	Fausch, Lilly	9	CIA-IA	46.28 IASI
30	Hauge, Kate	11	ACAC-IA	46.30
31	Vallas, Effie	11	CIA-IA	46.32
32	Karbeling-Kurth,	12	ICE-IA	46.33
33	Butler, Mathilde	12	DSMY-IA	46.38
34	Anthofer, Eve	9	CAST-IA	46.52 IASI
35	Frein, Isabella	11	CIA-IA	46.62
36	Kovacevich, Elea	11	ACAC-IA	46.66
37	Tudor, Ellery	11	USSD-IA	46.72
38	Lewis, Rylee	10	CIA-IA	47.16 IASI
39	Schweers, Genev	10	CIA-IA	47.29 IASI
40	Bolstad, Evelyn	8	ACAC-IA	48.78
41	Woolery, Breckyn	11	CIA-IA	48.91

42	Hardee, Anya	12	MCSC-IA	48.95
43	Hanson, Hannah	9	DMSF-IA	49.04 IASI
44	Lemke, Charlotte	11	RIP-IA	49.23
45	Freeman, Cather	12	CIA-IA	49.66
46	Cochran, Clara	8	CIA-IA	50.34
47	Jacobson, Whitna	9	RWSC-MN	50.45
48	Jean, Natiel	11	DSMY-IA	50.63
49	Neese, Savanna	11	USSD-IA	52.64
50	Ward, Amelia	9	CIA-IA	53.07
51	Knox, Makayla	12	FAST-IA	53.48
52	Puhrmann, Macy	9	CIA-IA	53.76
53	Kline, Lilly	11	CIA-IA	53.77
54	Vobr, Vobr	9	NST-IA	53.91
55	Driscoll, Bailey	12	MCSC-IA	54.10
56	Rowland, Norah	9	DMSF-IA	54.11
57	Carter, Haley	9	CAST-IA	54.20
58	Sponheim, Molly	9	RSC-IA	54.68
59	McGuire, Edie	10	DSMY-IA	55.00
60	Peppmeier, Amzi	10	ACAC-IA	55.26
61	Cunningham, Jail	12	RSC-IA	55.57
62	Powers, Izzy	11	DSMY-IA	56.38
63	Chen, Zoey	8	DMSF-IA	57.34
64	Tews, Kallie	10	FAST-IA	57.43
65	Gebauer, Marlow	9	CIA-IA	57.81
66	Sponheim, Leah	11	RSC-IA	57.94
67	Williams, Quinn	10	COE-IA	58.48
68	Ahrens, Paityn	11	FAST-IA	58.81
69	Brenizer, Reagan	8	DMSF-IA	59.11
70	Huston, Quinn	10	CIA-IA	59.73
71	Blocker, Kiersten	10	CIA-IA	1:00.37
72	Mathews, Ingrid	10	ACAC-IA	1:00.52
73	Heusinkveld, Eve	8	DMSF-IA	1:01.18
74	Spradling, Eliana	9	CIA-IA	1:01.45
75	Tomka, Delaney	8	RIP-IA	1:01.56
76	Hall, Lauren	9	CIA-IA	1:03.70
77	Flogel, Ella	7	RIP-IA	1:04.13
78	Ceballos, Mikaela	9	DSMY-IA	1:04.80
79	Mullins, Vera	9	ACAC-IA	1:06.73
80	Beagley, Lydia	9	ACAC-IA	1:06.98
81	Books, Londyn	7	USSD-IA	1:07.56
82	Warg-Farver, Pai	8	CIA-IA	1:08.78
83	Ritchey, Lilo	10	SEA-IA	1:15.58
84	Bry, Chloe	8	MCSC-IA	1:17.23
85	Freeman, Elizabeth	8	CIA-IA	1:23.07
86	Dumermuth, Del	8	BLAZ-IA	1:26.85
87	Ghimire, Sanaya	9	ACAC-IA	1:35.53
88	Tews, Grace	6	FAST-IA	1:44.20
89	Jenkins, Mai	10	ACAC-IA	NT
90	Trobaugh, Mara	9	BLAZ-IA	NT
91	Monaghan, Katie	11	CIA-IA	NT
92	Evangelista, Sloa	11	CIA-IA	NT
93	McGuire, Edie	10	DSMY-IA	NT
94	Karbeling-Kurth,	9	ICE-IA	NT
95	Fillius, Willa	12	NSST-IA	NT
96	Crouch, Ingrid	12	RIP-IA	NT

#24 Boys 12 & Under 50 LC Meter Backstroke

50.79 9-10 IASI				
40.39 11-12 IASI				
Name	Age	Team	Seed Time	
1	Norem, Layten	12	ACAC-IA	30.90 IASI
2	Freeseaman, Griff	12	RIP-IA	35.24 IASI
3	Green, Reilly	12	DMSF-IA	36.12 IASI
4	Qualley, Parker	12	DSMY-IA	36.95 IASI
5	Schultz, Rylan	12	ACAC-IA	38.97 IASI
6	Zhang, Allen	12	DMSF-IA	39.52 IASI
7	Sisul, Jenner	11	SEA-IA	40.30 IASI
8	Doll, Lennon	12	CIA-IA	40.72
9	Ocheltree, Hawk	10	DSMY-IA	42.67 IASI
10	Phelps, Briggs	12	RIP-IA	42.82
11	Cunningham, Gic	11	NSST-IA	43.50
12	Todsen, Gavin	12	CIA-IA	43.62
13	Wing, Jackson	10	DMSF-IA	44.63 IASI
14	Hutzel, Wyatt	10	ACAC-IA	44.74 IASI
15	Carpenter, Malac	11	CIA-IA	45.29
16	Starr, Jackson	11	ACAC-IA	45.32
17	Siebrecht, Ryder	12	CAST-IA	46.59
18	Carter, Thomas	11	CAST-IA	46.60
19	Chrisco, Kingston	10	ACAC-IA	46.76 IASI
20	Brouchous, Emr	12	CAST-IA	47.04
21	Naylor, Jackson	11	CIA-IA	47.21
22	Sprague, Tommy	9	ACAC-IA	47.27 IASI
23	Cramer, Sawyer	8	RSC-IA	48.93
24	Dingus, Blain	11	BAB-IA	48.98
25	Dube, Etienne	11	ACAC-IA	49.11
26	Connolly, James	9	DSMY-IA	50.91
27	Ratcliff, Blake	11	RIP-IA	50.94
28	Israel, Jake	9	CIA-IA	51.95
29	Rees, Brighton	10	ACAC-IA	52.59
30	Long, Arthur	10	RSC-IA	53.97
31	Garcia, Javi	9	BLAZ-IA	54.01
32	Ridgway, Forrest	10	RIP-IA	55.81
33	Miller, Jackson	10	RSC-IA	56.62
34	Harmon, Dean	11	RSC-IA	57.77
35	Jones, Nathan	12	RSC-IA	58.62
36	Sporleder, Conn	12	RSC-IA	58.67
37	Lassers, Teddy	10	CIA-IA	1:00.01
38	Deetz, Hayden	8	MCSC-IA	1:00.35
39	Demirci, Efe	7	ACAC-IA	1:01.55
40	Dacey, Bennett	8	ACAC-IA	1:03.59
41	Johnson, Oliver	10	DMSF-IA	1:15.08
42	Israel, James	9	CIA-IA	1:15.74
43	Brenizer, Hank	10	DMSF-IA	1:16.43
44	Dumermuth, Lia	10	BLAZ-IA	1:30.00
45	Wood, Finn	11	ACAC-IA	NT
46	Aucutt, Grayson	12	BLAZ-IA	NT
47	Brace, Eli	10	CIA-IA	NT
48	Sissel, Ethan	11	DMSF-IA	NT
49	McGuire, Louie	12	DSMY-IA	NT
50	Ceballos Jr, Gust	7	DSMY-IA	NT
51	Chodorowski, Sil	9	MCSC-IA	NT
52	Chodorowski, W	12	MCSC-IA	NT
53	Avitt, Jacob	10	SEA-IA	NT
54	Reynolds, Jax	12	USSD-IA	NT

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#25 Girls 9-12 200 LC Meter Butterfly				
3:10.19 11-12 IASI				
Name	Age	Team	Seed Time	
1 Gevock, Trinity	11	SEA-IA	3:10.83	
2 Jacobson, Kinzee	12	RWSC-MN	3:34.67	
3 Janssen, Sarah	12	CAST-IA	NT	
4 Israel, Brynn	11	CIA-IA	NT	
5 Fenton, Aspen	12	DMSF-IA	NT	
6 Garrison, Jorgia	11	RSC-IA	NT	
#26 Boys 9-12 200 LC Meter Butterfly				
3:06.19 11-12 IASI				
Name	Age	Team	Seed Time	
1 Rychnovsky, Beci	12	DMSF-IA	2:43.29	IASI
2 Staiert, Easton	12	DMSF-IA	3:07.33	
3 LaPan, Henry	11	USSD-IA	NT	
#27 Girls 12 & Under 100 LC Meter Freestyle				
1:31.19 9-10 IASI				
1:15.09 11-12 IASI				
Name	Age	Team	Seed Time	
1 Bykova, Sasha	12	DMSF-IA	1:07.14	IASI
2 Fenton, Aspen	12	DMSF-IA	1:08.83	IASI
3 Stonehocker, Trii	12	DMSF-IA	1:10.23	IASI
4 Hornung, Harper	11	WW-IA	1:10.50	IASI
5 Meyer, Gwen	12	RIP-IA	1:10.93	IASI
6 Smyth, Vivi	12	RWSC-MN	1:11.34	IASI
7 Ludwig, Mia	12	DSMY-IA	1:11.52	IASI
8 Hutzell, Rowen	12	ACAC-IA	1:11.53	IASI
9 Tran, Victoria	12	CIA-IA	1:11.87	IASI
10 Lewis, Madyson	12	CIA-IA	1:13.43	IASI
11 Brons, Josie	11	DMSF-IA	1:13.44	IASI
12 Israel, Brynn	11	CIA-IA	1:13.66	IASI
13 Schoolen, Ruby	12	RSC-IA	1:14.02	IASI
14 Cygankova, Polin	12	DSMY-IA	1:14.06	IASI
15 Fillius, Willa	12	NSST-IA	1:14.40	IASI
16 Hanson, Aubrey	12	CIA-IA	1:14.77	IASI
17 Albrecht, Brynlei	12	DSMY-IA	1:15.65	
18 Baker, Caroline	11	CIA-IA	1:15.79	
19 Jean, Natiel	11	DSMY-IA	1:16.28	
20 Bilslend, Teagan	10	ACAC-IA	1:17.12	IASI
21 Smith, Hayden	10	DMSF-IA	1:17.56	IASI
22 Spear, Lilliana	10	CIA-IA	1:17.71	IASI
23 Cochran, Delaney	10	CIA-IA	1:18.21	IASI
24 Leidinger, Callie	12	COE-IA	1:18.21	
25 Mooney, Sabrina	10	DMSF-IA	1:20.29	IASI
26 Connolly, Grace	12	DSMY-IA	1:20.69	
27 Ocheltree, Kinnic	12	DSMY-IA	1:20.76	
28 Starr, Madison	12	ACAC-IA	1:20.93	
29 Fitch, Lauren	11	NSST-IA	1:21.07	
30 Books, Malia	12	USSD-IA	1:22.94	
31 Freeman, Cather	12	CIA-IA	1:22.95	
32 Talley, Serena	11	CIA-IA	1:23.35	
33 Freesema, Josie	10	RIP-IA	1:23.52	IASI
34 Cygankova, Alisa	9	DSMY-IA	1:23.64	IASI
35 Sisul, Jolie	12	SEA-IA	1:23.68	
36 Hanson, Ainslie	11	RWSC-MN	1:24.39	
37 Tudor, Ellery	11	USSD-IA	1:25.39	
38 Ortega, Evelyn	11	CIA-IA	1:26.05	
39 Hakeman, Riley	11	USSD-IA	1:26.09	
40 Qualley, Reagan	10	DSMY-IA	1:26.14	IASI
41 Anthofer, Eve	9	CAST-IA	1:26.90	IASI
42 Lewis, Rylee	10	CIA-IA	1:27.45	IASI
43 Freeseaman, Ivy	9	RIP-IA	1:28.15	IASI
44 Fausch, Lilly	9	CIA-IA	1:28.34	IASI
45 Bry, Emma	11	MCSC-IA	1:28.58	
46 Cody, Collins	11	MCSC-IA	1:28.83	
47 Driscoll, Bailey	12	MCSC-IA	1:28.91	
48 Knox, Makayla	12	FAST-IA	1:29.48	
49 Vallas, Effie	11	CIA-IA	1:29.55	
50 Ireland, Avery	11	DMSF-IA	1:29.95	
51 Mitchell, Paige	11	CIA-IA	1:30.75	
52 Hancock, Charlotte	8	CIA-IA	1:33.26	
53 Jacobson, Whitney	9	RWSC-MN	1:33.76	
54 Fleming, Braylee	10	RSC-IA	1:34.11	
55 Currey, Rosie	9	ACAC-IA	1:34.76	
56 Hardee, Anya	12	MCSC-IA	1:34.82	
57 Currey, Emmy	9	ACAC-IA	1:35.03	
58 Benson, Kahlia	10	RWSC-MN	1:35.32	
59 Cochran, Clara	8	CIA-IA	1:35.58	
60 Stinson, Ellie	12	RWSC-MN	1:36.71	
61 Hanson, Hannah	9	DMSF-IA	1:37.57	
62 Lemke, Charlotte	11	RIP-IA	1:37.91	
63 Kell, Hattie	9	ACAC-IA	1:38.17	
64 Chen, Zoey	8	DMSF-IA	1:39.60	
65 Peppmeier, Amzi	10	ACAC-IA	1:40.32	
66 Puhrmann, Macy	9	CIA-IA	1:40.51	
67 Carter, Haley	9	CAST-IA	1:41.78	
68 Blocker, Kiersten	10	CIA-IA	1:44.73	
69 Norton, Coco	10	RWSC-MN	1:44.98	
70 Evangelista, Sloa	11	CIA-IA	1:45.56	
71 Kovacevich, Elea	11	ACAC-IA	1:46.09	
72 Kline, Lilly	11	CIA-IA	1:46.32	
73 Ward, Amelia	9	CIA-IA	1:46.80	
74 McGuire, Edie	10	DSMY-IA	1:47.69	
75 Heusinkveld, Eve	8	DMSF-IA	1:49.51	
76 Vobr, Vobr	9	NST-IA	1:51.26	
77 Schweers, Geneva	10	CIA-IA	1:53.04	
78 Williams, Quinn	10	COE-IA	1:53.14	
79 Tomka, Delaney	8	RIP-IA	1:54.05	
80 Williams, Terin	9	CIA-IA	1:55.03	
81 Ahrens, Paityn	11	FAST-IA	1:55.38	
82 Huston, Quinn	10	CIA-IA	1:57.14	
83 Sponheim, Leah	11	RSC-IA	1:57.58	
84 Weatherly, Elliso	9	BLAZ-IA	1:58.83	
85 Gallick, Esme	8	RIP-IA	1:59.17	
86 Simmons, Isla	8	RSC-IA	1:59.63	
87 Norton, Stella	9	RWSC-MN	2:02.32	
88 Sponheim, Molly	9	RSC-IA	2:02.68	
89 Angstrom, Grace	10	FAST-IA	2:02.75	
90 Brenizer, Reagan	8	DMSF-IA	2:03.27	
91 Karbeling-Kurth,	9	ICE-IA	2:04.12	
92 Mullins, Vera	9	ACAC-IA	2:04.21	
93 Hall, Lauren	9	CIA-IA	2:05.24	
94 Spradling, Eliana	9	CIA-IA	2:07.43	
95 Mathews, Ingrid	10	ACAC-IA	2:11.39	
96 Ritchey, Lilo	10	SEA-IA	2:12.64	
97 Smyth, Ava	10	RWSC-MN	2:17.10	
98 Young, Makenna	11	CIA-IA	2:17.84	
99 Flogel, Ella	7	RIP-IA	2:19.05	
100 Bry, Chloe	8	MCSC-IA	2:36.60	
101 Ghimire, Sanaya	9	ACAC-IA	NT	
102 Beagley, Lydia	9	ACAC-IA	NT	
103 Beagley, Evelyn	11	ACAC-IA	NT	
104 Bolstad, Evelyn	8	ACAC-IA	NT	
105 O'Brien, Evelyn	8	BAB-IA	NT	
106 Trobaugh, Mara	9	BLAZ-IA	NT	
107 Frein, Isabella	11	CIA-IA	NT	
108 Woolery, Breckyn	11	CIA-IA	NT	
109 Freeman, Elizabeth	8	CIA-IA	NT	
110 Warg-Farver, Paige	8	CIA-IA	NT	
111 Brown, Audrey	11	CIA-IA	NT	
112 Rowland, Norah	9	DMSF-IA	NT	
113 McGuire, Edie	10	DSMY-IA	NT	
114 Ceballos, Mikael	9	DSMY-IA	NT	
115 Tews, Kallie	10	FAST-IA	NT	
116 Karbeling-Kurth,	12	ICE-IA	NT	
117 Hakeman, Linley	9	USSD-IA	NT	
118 Books, Londyn	7	USSD-IA	NT	
#28 Boys 12 & Under 100 LC Meter Freestyle				
1:30.19 9-10 IASI				
1:15.49 11-12 IASI				
Name	Age	Team	Seed Time	
1 Norem, Layten	12	ACAC-IA	1:02.51	IASI
2 Rychnovsky, Beci	12	DMSF-IA	1:03.10	IASI
3 Staiert, Easton	12	DMSF-IA	1:06.35	IASI
4 Kell, Henry	12	ACAC-IA	1:07.96	IASI
5 Calderon, LuisM	12	ACAC-IA	1:09.00	IASI
6 Mintle, Easton	10	DMSF-IA	1:09.34	IASI
7 Green, Reilly	12	DMSF-IA	1:10.60	IASI
8 Ghimire, Sanji	12	ACAC-IA	1:10.86	IASI
9 Qualley, Parker	12	DSMY-IA	1:11.43	IASI
10 Freeseaman, Griff	12	RIP-IA	1:11.59	IASI
11 Smith, Harry	12	DMSF-IA	1:12.43	IASI
12 Nakama, Kano	12	ACAC-IA	1:14.29	IASI
13 Zhang, Allen	12	DMSF-IA	1:14.54	IASI
14 Fausch, Zach	11	CIA-IA	1:15.73	
15 Siebrecht, Ryder	12	CAST-IA	1:18.16	
16 Cunningham, Gic	11	NSST-IA	1:18.32	
17 Moore, Jim	12	UN-IA	1:18.65	
18 Sisul, Jenner	11	SEA-IA	1:19.80	
19 Tunink, Johnny	12	RIP-IA	1:21.25	
20 Sexton, James	11	CIA-IA	1:21.36	
21 Starr, Jackson	11	ACAC-IA	1:22.88	
22 Doll, Lennon	12	CIA-IA	1:22.95	
23 Call, Harrison	12	ACAC-IA	1:25.50	
24 Ocheltree, Hawk	10	DSMY-IA	1:27.37	IASI
25 Naylor, Jackson	11	CIA-IA	1:27.51	
26 Williams, Max	12	COE-IA	1:27.87	
27 Phelps, Briggs	12	RIP-IA	1:28.11	
28 Tran, Colin	9	CIA-IA	1:28.44	IASI
29 Brouchous, Emr	12	CAST-IA	1:29.20	
30 Kokjohn, Colin	10	DMSF-IA	1:29.53	IASI
31 Hutzell, Wyatt	10	ACAC-IA	1:29.67	IASI
32 Garrison, Jonah	9	RSC-IA	1:30.45	
33 Rees, Brighton	10	ACAC-IA	1:33.27	
34 Carter, Thomas	11	CAST-IA	1:34.36	
35 Johnson, Oliver	10	DMSF-IA	1:34.46	
36 Lohmeier, Thom	10	DMSF-IA	1:34.61	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#28 ... (Boys 12 & Under 100 LC Meter Freestyle)

37	Sprague, Tommy	9	ACAC-IA	1:36.37
38	Tourney, Emmet	9	RWSC-MN	1:36.47
39	Ratcliff, Blake	11	RIP-IA	1:36.93
40	Wing, Jackson	10	DMSF-IA	1:37.29
41	Whitmore, Brysc	11	ACAC-IA	1:37.47
42	Chrisco, Kingsto	10	ACAC-IA	1:38.78
43	Dube, Etienne	11	ACAC-IA	1:39.66
44	Garcia, Javi	9	BLAZ-IA	1:40.78
45	Todsden, Gavin	12	CIA-IA	1:41.03
46	Meyer, Sully	9	RIP-IA	1:41.19
47	Cramer, Sawyer	8	RSC-IA	1:41.90
48	Long, Arthur	10	RSC-IA	1:44.97
49	Ridgway, Forrest	10	RIP-IA	1:45.72
50	Schoolen, Max	8	RSC-IA	1:46.49
51	Connolly, James	9	DSMY-IA	1:49.29
52	Cody, Jay	11	RWSC-MN	1:52.99
53	Spaine, Tiegana	11	DSMY-IA	1:54.02
54	Sporleder, Connc	12	RSC-IA	1:59.17
55	Gruenisen, Mattl	8	CIA-IA	2:01.56
56	Brenizer, Hank	10	DMSF-IA	2:09.15
57	Gilloon, Vincent	8	ACAC-IA	2:21.46
58	Dacey, Bennett	8	ACAC-IA	NT
59	Wood, Finn	11	ACAC-IA	NT
60	Kokjohn, Cohen	10	BAB-IA	NT
61	Dingus, Blain	11	BAB-IA	NT
62	Aucutt, Grayson	12	BLAZ-IA	NT
63	Israel, Jake	9	CIA-IA	NT
64	Brace, Eli	10	CIA-IA	NT
65	Brown, Carter	12	CIA-IA	NT
66	Sissel, Ethan	11	DMSF-IA	NT
67	McGuire, Louie	12	DSMY-IA	NT
68	Chodorowski, Sil	9	MCSC-IA	NT
69	Chodorowski, W	12	MCSC-IA	NT
70	Deetz, Hayden	8	MCSC-IA	NT
71	Brase, Kieran	10	RIP-IA	NT
72	Jones, Nathan	12	RSC-IA	NT
73	Harmon, Dean	11	RSC-IA	NT
74	Thomas, Noah	7	RSC-IA	NT
75	Grote, Hank	10	RSC-IA	NT
76	Avitt, Jacob	10	SEA-IA	NT
77	Johnson, Ryker	11	SEA-IA	NT
78	Reynolds, Jax	12	USSD-IA	NT

#29 Girls 12 & Under 200 LC Meter Medley Relay

Team	Relay	Seed Time
1 RSC-IA	A	2:55.00
2 MCSC-IA	A	3:21.01
3 CIA-IA	A	NT
4 CIA-IA	B	NT
5 CIA-IA	C	NT
6 CIA-IA	D	NT
7 CIA-IA	E	NT
8 CIA-IA	F	NT
9 CIA-IA	G	NT
10 CIA-IA	H	NT

#30 Boys 12 & Under 200 LC Meter Medley Relay

Team	Relay	Seed Time
1 RSC-IA	A	3:20.00
2 CIA-IA	A	NT
3 CIA-IA	B	NT
4 CIA-IA	C	NT

#31 Women 13 & Over 200 LC Meter IM

2:51.29	13-14 IASI
2:28.99	15&O SSEC Summer Sectionals
2:44.49	15&O IASI

Name	Age	Team	Seed Time
1 Honkamp, Annie	19	DMSF-IA	2:22.57 SSEC
2 Mahler-Moreno,	18	DMSF-IA	2:26.63 SSEC
3 Vobr, Jaylee	17	NST-IA	2:33.19 IASI
4 Eastman, Julia	18	FAST-IA	2:33.62 IASI
5 Parson, Lucy	16	USSD-IA	2:35.62 IASI
6 Hassett, Sassy	17	DMSF-IA	2:36.82 IASI
7 Ernsperger, Isab	16	CIA-IA	2:40.61 IASI
8 Capman, Kenned	19	CIA-IA	2:40.73 IASI
9 Cerbin, Emerson	18	CIA-IA	2:41.32 IASI
10 Assaad, Sarah	17	CIA-IA	2:41.39 IASI
11 Kane, Gracie	16	COE-IA	2:41.49 IASI
12 Gevock, Piper	14	SEA-IA	2:41.62 IASI
13 Cunningham, Cla	17	NSST-IA	2:45.78
14 Sailor, Isabella	17	NST-IA	2:46.88
15 Loo, Ivy	15	CIA-IA	2:47.11
16 Anderson, Avery	15	CIA-IA	2:47.73
17 Woolums, Zoe	15	CIA-IA	2:48.75
18 Pekarek, Anna	13	RSC-IA	2:50.33 IASI
19 Kiekhaefer, Chlo	15	CIA-IA	2:50.34
20 Bancroft, Briann	13	ACAC-IA	2:50.54 IASI
21 McCloud, Reid	14	SEA-IA	2:51.75
22 Cygankova, Lidia	13	DSMY-IA	2:52.26
23 Parson, Annie	13	USSD-IA	2:52.79
24 Meyer, Addie	13	RIP-IA	2:54.74
25 Jacobson, Charle	14	RWSC-MN	2:54.75
26 Dee, Adilyn	14	CIA-IA	2:55.23
27 Powers, Chloe	15	DSMY-IA	2:55.60
28 Hudson, Natalie	13	DMSF-IA	2:56.77
29 Dayton, Emelia	17	RSC-IA	2:57.24
30 Damge, Camryn	17	NSST-IA	2:58.89
31 Gummert, Maisie	16	CIA-IA	3:00.53
32 Wilcoxson, Heler	14	DMSF-IA	3:02.23
33 Boevers, Makenr	13	USSD-IA	3:02.47
34 Gruenisen, Sami	14	CIA-IA	3:02.78
35 Driscoll, Rylee	15	MCSC-IA	3:04.28
36 Nedder, Julia	15	SEA-IA	3:06.53
37 Damge, Evelyn	17	NSST-IA	3:07.20
38 Schoonover, Grac	14	CAST-IA	3:09.26
39 Murray, Brynn	14	MCSC-IA	3:09.32
40 Mumm, Lyla	13	BLAZ-IA	3:09.48
41 Beauchamp, Mac	16	CIA-IA	3:09.70
42 Ritter, Olivia	17	BAB-IA	3:10.41
43 Konchalski, Dela	13	NSST-IA	3:12.21
44 Kanis, Kenzie	17	SEA-IA	3:16.07
45 Honkamp, Claire	14	DMSF-IA	3:20.55
46 Fisher, Corinne	13	MCSC-IA	3:26.13
47 Manson, Paige	15	BLAZ-IA	3:33.37

48 Frideres, Keira	14	ACAC-IA	3:33.43
49 Brown, Clara	13	FAST-IA	3:39.30
50 Schnepf, Mae	13	DMSF-IA	3:46.93
51 Brown, Caroline	13	NSST-IA	3:55.57
52 Elmore, Addison	14	CIA-IA	NT
53 McDonough, Bric	14	DMSF-IA	NT
54 Hawks, Joni	13	RIP-IA	NT
55 Burt, Bailey	13	RSC-IA	NT
56 Kern, Elizabeth	14	SEA-IA	NT
57 Jenkins, Josie	13	SEA-IA	NT
58 Shelton, Macie	13	USSD-IA	NT

#32 Men 13 & Over 200 LC Meter IM

2:44.89	13-14 IASI
2:17.19	15&O SSEC Summer Sectionals
2:31.39	15&O IASI

Name	Age	Team	Seed Time
1 Seifert, Andrew	17	COE-IA	2:12.09 SSEC
2 Ortega, Desmont	16	CIA-IA	2:13.92 SSEC
3 Berry-Stoelzle, P	17	COE-IA	2:17.38 IASI
4 Treharne, Clayto	14	LMST-IA	2:21.37 IASI
5 Honkamp, Andre	17	DMSF-IA	2:23.10 IASI
6 Fausch, Jackson	14	CIA-IA	2:25.09 IASI
7 Otis, Hudson	17	DMSF-IA	2:25.33 IASI
8 Sanchez, Camerc	16	CIA-IA	2:25.82 IASI
9 Bykov, Leon	15	DMSF-IA	2:28.93 IASI
10 Kline, Simon	14	USSD-IA	2:31.84 IASI
11 Nedved, Henry	14	DMSF-IA	2:36.30 IASI
12 Cunningham, Coi	16	NSST-IA	2:36.67
13 Koenigsfeld, Cha	14	DMSF-IA	2:37.01 IASI
14 Jeffryes, Max	13	CIA-IA	2:37.41 IASI
15 Quist, Hunter	17	CIA-IA	2:39.78
16 Murray, Kellen	13	CIA-IA	2:40.02 IASI
17 Drendel, Will	15	CIA-IA	2:41.18
18 Spradling, Tyler	13	CIA-IA	2:41.21 IASI
19 Gagov, Alex	13	CIA-IA	2:42.82 IASI
20 Jean, Brock	17	DSMY-IA	2:42.86
21 Cunningham, Tit	14	NSST-IA	2:43.19 IASI
22 Grubb, Cael	14	CIA-IA	2:44.59 IASI
23 Wittenwyler, Nol	14	RIP-IA	2:45.16
24 Murphy, Logan	15	MCSC-IA	2:46.77
25 Marks, Clayton	14	ACAC-IA	2:50.53
26 Sikora, Owen	13	RSC-IA	2:52.99
27 Houlihan, Patricl	15	COE-IA	2:54.12
28 Schumacher, Bra	14	CIA-IA	2:54.57
29 Naylor, Carson	16	CIA-IA	2:54.63
30 Wittmayer, Mattl	13	CIA-IA	2:55.86
31 Boender, Sully	14	SEA-IA	3:00.00
32 Snyder, Levi	15	SEA-IA	3:04.80
33 Wuest, Aaron	14	CIA-IA	3:08.16
34 McCorkle, Owen	13	ACAC-IA	3:10.25
35 Sytsma, Dawson	15	SEA-IA	3:10.36
36 Six, Tristan	13	RSC-IA	3:10.40
37 Holms, Donny	14	BLAZ-IA	3:14.80
38 Jean, Tate	14	DSMY-IA	3:18.47
39 Klocke, Coehen	14	CAST-IA	3:20.23
40 Halbur, Max	13	CAST-IA	3:24.89
41 Garrison, Jaden	13	RSC-IA	3:31.49
42 Bollig, Meyer	13	CIA-IA	3:36.58
43 Punt, Cameron	13	SEA-IA	NT

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#33 Women 13 & Over 100 LC Meter Freestyle				
1:08.99 13-14 IASI				
1:00.69 15&O SSEC Summer Sectionals				
1:05.79 15&O IASI				
Name	Age	Team	Seed Time	
1 Woolums, Brynn	17	CIA-IA	1:00.34	SSEC
2 Mahler-Moreno,	18	DMSF-IA	1:01.61	IASI
3 Adams, Lilly	18	COE-IA	1:01.62	IASI
4 Hassett, Sassy	17	DMSF-IA	1:01.98	IASI
5 Corwin, Kimber	15	CIA-IA	1:02.93	IASI
6 Hall, Taylor	16	RIP-IA	1:03.10	IASI
7 Vobr, Jaylee	17	NST-IA	1:03.99	IASI
8 Swaim, Maddy	13	DMSF-IA	1:04.65	IASI
9 Weinheimer, Hay	16	NSST-IA	1:04.86	IASI
10 Mujic, Irma	17	USSD-IA	1:04.98	IASI
11 Adams, Laynie	17	COE-IA	1:05.34	IASI
12 Loo, Ivy	15	CIA-IA	1:05.37	IASI
13 Cline, Haven	16	NSST-IA	1:06.07	
14 Gevock, Piper	14	SEA-IA	1:06.20	IASI
15 Ernsperger, Isab	16	CIA-IA	1:06.51	
16 Leder, Maeve	13	DMSF-IA	1:06.88	IASI
17 Elmore, Addison	14	CIA-IA	1:07.36	IASI
18 Dee, Adilyn	14	CIA-IA	1:07.45	IASI
19 Schoonover, Grac	14	CAST-IA	1:08.25	IASI
20 Anderson, Avery	15	CIA-IA	1:08.40	
21 Cygankova, Lidia	13	DSMY-IA	1:08.44	IASI
22 Assaad, Dana	13	CIA-IA	1:08.53	IASI
23 Peterson, Brookl	13	CIA-IA	1:08.62	IASI
24 Cerbin, Emerson	18	CIA-IA	1:08.87	
25 Freeseaman, Gabl	13	RIP-IA	1:09.05	
26 Roberts, Kelyn	14	RSC-IA	1:09.24	
27 Thompson, Josly	15	CIA-IA	1:09.28	
28 Shenouda, Esthe	15	CIA-IA	1:09.57	
29 Blackford, Mia	17	RSC-IA	1:09.64	
30 Baker, Norah	14	CIA-IA	1:10.49	
31 Hudson, Natalie	13	DMSF-IA	1:10.63	
32 Tchaprazova, Kal	15	CIA-IA	1:10.66	
33 Betts, Mallory	15	DMSF-IA	1:10.66	
34 Hedrick, Piper	14	CIA-IA	1:11.19	
35 Jacobson, Charle	14	RWSC-MN	1:11.20	
36 Bormann, Lila	13	DMSF-IA	1:11.50	
37 Hoss, Brooke	15	CIA-IA	1:11.55	
38 Driscoll, Rylee	15	MCSC-IA	1:11.71	
39 Bruere, Bricia	13	DMSF-IA	1:12.26	
40 Morales, Karla	15	CIA-IA	1:12.66	
41 Gruenisen, Sami	14	CIA-IA	1:12.69	
42 Kane, Gracie	16	COE-IA	1:12.79	
43 Lamb, Nora	16	SEA-IA	1:12.97	
44 Wilcoxson, Heler	14	DMSF-IA	1:13.02	
45 Nedder, Julia	15	SEA-IA	1:13.06	
46 McDonough, Bri	14	DMSF-IA	1:13.21	
47 Ocheltree, Hayde	15	DSMY-IA	1:13.83	
48 Davis, Chloe	14	DMSF-IA	1:13.95	
49 Murray, Brynn	14	MCSC-IA	1:14.65	
50 Shenouda, Elizab	13	CIA-IA	1:14.82	
51 Sailor, Lilly	13	NST-IA	1:14.91	
52 Bancroft, Briann	13	ACAC-IA	1:15.60	
53 Mumm, Lyla	13	BLAZ-IA	1:16.85	
54 Cooper, Audrey	16	RSC-IA	1:17.08	

55 Fisher, Corinne	13	MCSC-IA	1:17.39	
56 Kanis, Kenzie	17	SEA-IA	1:18.11	
57 Conn, Lillie	16	RSC-IA	1:18.21	
58 Frideres, Keira	14	ACAC-IA	1:18.79	
59 Konchalski, Dela	13	NSST-IA	1:19.22	
60 King, Lainey	13	DMSF-IA	1:20.84	
61 Honkamp, Claire	14	DMSF-IA	1:21.08	
62 Tracy, Brooklyn	14	CIA-IA	1:22.06	
63 Carter, June	13	RIP-IA	1:22.26	
64 VanDis, Adah	13	DMSF-IA	1:25.57	
65 Hawks, Joni	13	RIP-IA	1:25.68	
66 Backes, Estella	14	DMSF-IA	1:26.43	
67 Brown, Clara	13	FAST-IA	1:26.83	
68 Cunningham, Lye	13	NSST-IA	1:29.30	
69 Murray, Keira	17	MCSC-IA	1:29.38	
70 Weis, Anabelle	13	BLAZ-IA	1:29.88	
71 Kenkel, Isabel	17	ACAC-IA	NT	
72 Speers, Elizabeth	16	BAB-IA	NT	
73 Ritter, Olivia	17	BAB-IA	NT	
74 Hinshaw, Rebecc	16	BAB-IA	NT	
75 Parker, Kenna	16	DSMY-IA	NT	
76 Kern, Elizabeth	14	SEA-IA	NT	
77 Jenkins, Josie	13	SEA-IA	NT	

#34 Men 13 & Over 100 LC Meter Freestyle				
1:04.49 13-14 IASI				
54.79 15&O SSEC Summer Sectionals				
59.89 15&O IASI				
Name	Age	Team	Seed Time	
1 McCorkle, Ian	19	ACAC-IA	52.26	SSEC
2 Feilmeyer, Evan	19	ACAC-IA	53.01	SSEC
3 Seifert, Marcus	18	COE-IA	54.89	IASI
4 Dose, Jonathan	21	CAST-IA	55.55	IASI
5 Lucas, Gavin	17	COE-IA	56.81	IASI
6 Hammond, Breni	15	RSC-IA	57.08	IASI
7 Fausch, Jackson	14	CIA-IA	57.61	IASI
8 Bykov, Leon	15	DMSF-IA	57.75	IASI
9 Honkamp, Andre	17	DMSF-IA	58.00	IASI
10 Linderblood, Jud	14	CIA-IA	58.48	IASI
11 Smith, Jackson	17	DMSF-IA	58.91	IASI
12 Drendel, Will	15	CIA-IA	59.20	IASI
13 Lai, Joseph	16	NSST-IA	59.33	IASI
14 Quist, Hunter	17	CIA-IA	59.83	IASI
15 Kuennen, Benjan	16	WW-IA	1:00.22	
16 Wisheart, Lando	14	CIA-IA	1:00.90	IASI
17 Hammond, Alex	17	RSC-IA	1:00.92	
18 McCorkle, Owen	13	ACAC-IA	1:00.98	IASI
19 Treharne, Clayto	14	LMST-IA	1:01.21	IASI
20 Troyer, Austin	18	NSST-IA	1:01.37	
21 Schlueter, Natha	14	CIA-IA	1:01.52	IASI
22 Otis, Kasen	16	DMSF-IA	1:01.77	
23 Kline, Simon	14	USSD-IA	1:01.93	IASI
24 Walsh, Jack	15	DSMY-IA	1:02.72	
25 Kunkel, Sam	15	ACAC-IA	1:02.78	
26 Jones, Jorel	16	NSST-IA	1:02.78	
27 Fertig, Jonah	17	RSC-IA	1:02.88	
28 Nedved, Henry	14	DMSF-IA	1:02.98	IASI
29 Koenigsfeld, Cha	14	DMSF-IA	1:03.13	IASI
30 Smith, Carter	14	DMSF-IA	1:03.28	IASI
31 Vallas, Brooks	14	CIA-IA	1:03.35	IASI

32 Ortega, Zion	17	CIA-IA	1:03.72	
33 Jean, Brock	17	DSMY-IA	1:03.72	
34 Wittmayer, Mattl	13	CIA-IA	1:03.80	IASI
35 Leuenberger, Jac	14	NST-IA	1:03.88	IASI
36 Murphy, Logan	15	MCSC-IA	1:04.66	
37 Hughes, Daxton	15	DMSF-IA	1:04.82	
38 Schumacher, Bra	14	CIA-IA	1:04.87	
39 Cornwell, Conno	16	NSST-IA	1:04.90	
40 Murray, Kellen	13	CIA-IA	1:05.09	
41 Naylor, Carson	16	CIA-IA	1:05.43	
42 Jeffries, Max	13	CIA-IA	1:05.64	
43 Houlihan, Patricl	15	COE-IA	1:05.85	
44 Mintle, Harrison	13	DMSF-IA	1:06.28	
45 Spradling, Tyler	13	CIA-IA	1:06.54	
46 Wittenwyler, Nol	14	RIP-IA	1:06.98	
47 Brown, Hayden	16	COE-IA	1:07.50	
48 Grubb, Cael	14	CIA-IA	1:07.61	
49 Marks, Clayton	14	ACAC-IA	1:07.72	
50 Holms, Donny	14	BLAZ-IA	1:08.08	
51 Ortega, Ijah	15	CIA-IA	1:08.40	
52 Klocke, Coehen	14	CAST-IA	1:09.15	
53 Demianyshen, Di	16	DMSF-IA	1:10.21	
54 Boender, Sully	14	SEA-IA	1:11.10	
55 Jean, Tate	14	DSMY-IA	1:11.34	
56 Levisay, Ethan	14	COE-IA	1:11.79	
57 Ferrell, Tyler	17	RSC-IA	1:13.44	
58 Parry, Spencer	13	BLAZ-IA	1:13.56	
59 Sytsma, Dawson	15	SEA-IA	1:14.21	
60 Snyder, Levi	15	SEA-IA	1:14.52	
61 Six, Tristan	13	RSC-IA	1:16.24	
62 Garrison, Jaden	13	RSC-IA	1:16.58	
63 Bollig, Meyer	13	CIA-IA	1:18.34	
64 Moore, Sam	14	UN-IA	1:18.70	
65 Halbur, Max	13	CAST-IA	1:18.80	
66 McCammon, Jake	13	BLAZ-IA	1:19.22	
67 Punt, Caleb	16	SEA-IA	1:21.81	
68 Dunham, Owen	14	COE-IA	1:22.09	
69 Gibson, Everitt	13	BAB-IA	1:23.04	
70 Bungu, Arian	13	BLAZ-IA	1:24.10	
71 Deutmeyer, Jack	14	COE-IA	1:30.81	
72 Behrens, Russell	13	FAST-IA	1:30.99	
73 Nanaziashvili, Di	14	DSMY-IA	1:53.29	
74 Nanaziashvili, Di	14	DSMY-IA	1:53.29	
75 Hughes, Daxton	15	DMSF-IA	NT	
76 Demianyshen, Di	16	DMSF-IA	NT	
77 Punt, Cameron	13	SEA-IA	NT	
78 Rosvold, ian	15	SEA-IA	NT	

#35 Women 13 & Over 200 LC Meter Breaststroke				
3:16.19 13-14 IASI				
2:48.79 15&O SSEC Summer Sectionals				
3:12.79 15&O IASI				
Name	Age	Team	Seed Time	
1 Parson, Lucy	16	USSD-IA	2:37.26	SSEC
2 Honkamp, Annie	19	DMSF-IA	2:40.88	SSEC
3 Mahler-Moreno,	18	DMSF-IA	2:44.75	SSEC
4 Capman, Kenned	19	CIA-IA	2:50.09	IASI
5 Leder, Maeve	13	DMSF-IA	2:58.90	IASI
6 Eastman, Julia	18	FAST-IA	3:01.10	IASI
7 Kiekhaefer, Chlo	15	CIA-IA	3:01.47	IASI

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#35 ... (Women 13 & Over 200 LC Meter Breaststroke)

8	Damge, Camryn	17	NSST-IA	3:07.15	IASI
9	Gruenisen, Sami	14	CIA-IA	3:08.91	IASI
10	Gevoek, Piper	14	SEA-IA	3:08.97	IASI
11	Cunningham, Cla	17	NSST-IA	3:09.79	IASI
12	Corwin, Kimber	15	CIA-IA	3:10.28	IASI
13	Dayton, Emelia	17	RSC-IA	3:11.71	IASI
14	Parson, Annie	13	USSD-IA	3:14.02	IASI
15	Davis, Chloe	14	DMSF-IA	3:15.29	IASI
16	Anderson, Avery	15	CIA-IA	3:15.45	
17	Jacobson, Charle	14	RWSC-MN	3:16.12	IASI
18	Damge, Evelyn	17	NSST-IA	3:16.81	
19	Pekarek, Lila	15	RSC-IA	3:17.09	
20	Assaad, Sarah	17	CIA-IA	3:19.35	
21	Betts, Mallory	15	DMSF-IA	3:21.79	
22	Lamb, Nora	16	SEA-IA	3:22.38	
23	Woolums, Zoe	15	CIA-IA	3:23.36	
24	Hedrick, Piper	14	CIA-IA	3:26.60	
25	McCloud, Reid	14	SEA-IA	3:31.64	
26	Kanis, Kenzie	17	SEA-IA	3:32.48	
27	Murray, Brynn	14	MCSC-IA	3:32.97	
28	Mason, Adelyn	14	CIA-IA	3:33.86	
29	Carter, June	13	RIP-IA	3:38.02	
30	Hoffman, Amelia	13	RSC-IA	3:50.41	
31	Brown, Caroline	13	NSST-IA	3:54.86	
32	Cunningham, Lye	13	NSST-IA	3:58.91	
33	Beauchamp, Mac	16	CIA-IA		NT
34	Powers, Chloe	15	DSMY-IA		NT
35	Brown, Clara	13	FAST-IA		NT
36	Jenkins, Josie	13	SEA-IA		NT

#36 Men 13 & Over 200 LC Meter Breaststroke

3:07.19 13-14 IASI					
2:37.99 15&O SSEC Summer Sectionals					
2:54.49 15&O IASI					
Name	Age	Team	Seed Time		
1	Seifert, Andrew	17	COE-IA	2:30.45	SSEC
2	Schlueter, Natha	14	CIA-IA	2:43.16	IASI
3	Fertig, Jonah	17	RSC-IA	2:48.28	IASI
4	Otis, Hudson	17	DMSF-IA	2:48.70	IASI
5	Mintle, Harrison	13	DMSF-IA	2:50.77	IASI
6	Walsh, Jack	15	DSMY-IA	2:54.04	IASI
7	Wisehart, Lando	14	CIA-IA	2:56.32	IASI
8	Cunningham, Co	16	NSST-IA	2:58.15	
9	Koenigsfeld, Cha	14	DMSF-IA	3:01.87	IASI
10	Jeffries, Max	13	CIA-IA	3:09.75	
11	Levisay, Ethan	14	COE-IA	3:14.49	
12	Lai, Joseph	16	NSST-IA	3:16.76	
13	Troyer, Austin	18	NSST-IA	3:19.58	
14	Cunningham, Tit	14	NSST-IA	3:22.60	
15	Klocke, Coehen	14	CAST-IA	3:23.51	
16	Deutmeyer, Jack	14	COE-IA	3:47.89	
17	Gibson, Everitt	13	BAB-IA		NT
18	Ortega, Ijah	15	CIA-IA		NT
19	Smith, Carter	14	DMSF-IA		NT
20	Punt, Cameron	13	SEA-IA		NT

#37 Women 13 & Over 100 LC Meter Backstroke

1:20.39 13-14 IASI					
1:08.89 15&O SSEC Summer Sectionals					
1:14.89 15&O IASI					
Name	Age	Team	Seed Time		
1	Weinheimer, Hay	16	NSST-IA	1:07.50	SSEC
2	Adams, Lilly	18	COE-IA	1:09.48	IASI
3	Hassett, Sassy	17	DMSF-IA	1:09.69	IASI
4	Eastman, Julia	18	FAST-IA	1:10.45	IASI
5	Mujic, Irma	17	USSD-IA	1:10.99	IASI
6	Cunningham, Cla	17	NSST-IA	1:14.07	IASI
7	Adams, Laynie	17	COE-IA	1:14.72	IASI
8	Assaad, Sarah	17	CIA-IA	1:15.11	
9	Vobr, Jaylee	17	NST-IA	1:15.41	
10	Schoonover, Gra	14	CAST-IA	1:17.69	IASI
11	Damge, Camryn	17	NSST-IA	1:17.89	
12	Baker, Norah	14	CIA-IA	1:17.96	IASI
13	Sailor, Isabella	17	NST-IA	1:17.96	
14	Elmore, Addison	14	CIA-IA	1:18.01	IASI
15	Meyer, Addie	13	RIP-IA	1:18.26	IASI
16	Cline, Haven	16	NSST-IA	1:18.63	
17	Pekarek, Anna	13	RSC-IA	1:18.87	IASI
18	Tchaprazova, Kal	15	CIA-IA	1:19.18	
19	Blackford, Mia	17	RSC-IA	1:19.18	
20	Swaim, Maddy	13	DMSF-IA	1:19.82	IASI
21	Dee, Adilyn	14	CIA-IA	1:20.03	IASI
22	Peterson, Brookl	13	CIA-IA	1:20.37	IASI
23	Kiekhaefer, Chlo	15	CIA-IA	1:20.51	
24	Cygankova, Lidia	13	DSMY-IA	1:20.97	
25	Peterson, Grace	13	DMSF-IA	1:21.04	
26	Sailor, Lilly	13	NST-IA	1:21.89	
27	Parson, Annie	13	USSD-IA	1:22.97	
28	McDonough, Bric	14	DMSF-IA	1:23.08	
29	Mason, Adelyn	14	CIA-IA	1:23.45	
30	Ocheltree, Hayde	15	DSMY-IA	1:24.82	
31	Frideres, Keira	14	ACAC-IA	1:24.89	
32	Freeseaman, Gab	13	RIP-IA	1:25.00	
33	Betts, Mallory	15	DMSF-IA	1:25.59	
34	Driscoll, Rylee	15	MCSC-IA	1:25.64	
35	Morales, Karla	15	CIA-IA	1:25.71	
36	Hoss, Brooke	15	CIA-IA	1:26.26	
37	Jacobson, Charle	14	RWSC-MN	1:26.48	
38	Bruere, Bricia	13	DMSF-IA	1:26.51	
39	Kane, Gracie	16	COE-IA	1:26.89	
40	Cerbin, Emerson	18	CIA-IA	1:27.14	
41	Bancroft, Briann	13	ACAC-IA	1:27.30	
42	Gruenisen, Sami	14	CIA-IA	1:28.63	
43	Mumm, Lyla	13	BLAZ-IA	1:28.77	
44	Roberts, Kelyn	14	RSC-IA	1:29.44	
45	Fisher, Corinne	13	MCSC-IA	1:30.88	
46	King, Lainey	13	DMSF-IA	1:31.99	
47	Conn, Lillie	16	RSC-IA	1:32.71	
48	Hudson, Natalie	13	DMSF-IA	1:32.78	
49	Honkamp, Claire	14	DMSF-IA	1:34.47	
50	Shenouda, Esthe	15	CIA-IA	1:38.96	
51	Hawks, Joni	13	RIP-IA	1:40.11	
52	Weis, Anabelle	13	BLAZ-IA	1:47.15	
53	Brown, Clara	13	FAST-IA	1:47.91	
54	Backes, Estella	14	DMSF-IA	1:48.01	

55	Burt, Bailey	13	RSC-IA	2:08.30	
56	Kenkel, Isabel	17	ACAC-IA		NT
57	Ritter, Olivia	17	BAB-IA		NT
58	Hinshaw, Rebecc	16	BAB-IA		NT
59	Shenouda, Elizab	13	CIA-IA		NT
60	Parker, Kenna	16	DSMY-IA		NT
61	Powers, Chloe	15	DSMY-IA		NT
62	Cunningham, Lye	13	NSST-IA		NT
63	Jenkins, Josie	13	SEA-IA		NT
64	Shelton, Macie	13	USSD-IA		NT

#38 Men 13 & Over 100 LC Meter Backstroke

1:16.39 13-14 IASI					
1:03.09 15&O SSEC Summer Sectionals					
1:08.69 15&O IASI					
Name	Age	Team	Seed Time		
1	Ortega, Desmonc	16	CIA-IA	58.47	SSEC
2	Feilmeyer, Evan	19	ACAC-IA	59.60	SSEC
3	Smith, Jackson	17	DMSF-IA	1:03.14	IASI
4	Treharne, Clayto	14	LMST-IA	1:03.46	IASI
5	Fausch, Jackson	14	CIA-IA	1:04.19	IASI
6	Bykov, Leon	15	DMSF-IA	1:04.20	IASI
7	Otis, Hudson	17	DMSF-IA	1:05.38	IASI
8	Seifert, Marcus	18	COE-IA	1:06.49	IASI
9	Linderblood, Jud	14	CIA-IA	1:06.56	IASI
10	Lucas, Gavin	17	COE-IA	1:07.40	IASI
11	Kunkel, Sam	15	ACAC-IA	1:08.54	IASI
12	Sanchez, Camerc	16	CIA-IA	1:09.04	
13	Schlueter, Natha	14	CIA-IA	1:09.32	IASI
14	Nedved, Henry	14	DMSF-IA	1:11.18	IASI
15	Quist, Hunter	17	CIA-IA	1:11.49	
16	Leuenberger, Jac	14	NST-IA	1:13.01	IASI
17	Smith, Carter	14	DMSF-IA	1:13.96	IASI
18	Otis, Kasen	16	DMSF-IA	1:14.05	
19	Jones, Jorel	16	NSST-IA	1:14.21	
20	Vallas, Brooks	14	CIA-IA	1:14.46	IASI
21	Drendel, Will	15	CIA-IA	1:14.88	
22	Wittenwyler, Nol	14	RIP-IA	1:15.15	IASI
23	Sikora, Owen	13	RSC-IA	1:15.53	IASI
24	Brown, Hayden	16	COE-IA	1:15.65	
25	Murphy, Logan	15	MCSC-IA	1:16.53	
26	Naylor, Carson	16	CIA-IA	1:17.85	
27	Schumacher, Bra	14	CIA-IA	1:18.07	
28	Mintle, Harrison	13	DMSF-IA	1:18.95	
29	Levisay, Ethan	14	COE-IA	1:19.39	
30	Klocke, Coehen	14	CAST-IA	1:20.31	
31	Boender, Sully	14	SEA-IA	1:21.73	
32	Ortega, Zion	17	CIA-IA	1:22.01	
33	Parry, Spencer	13	BLAZ-IA	1:23.04	
34	Holms, Donny	14	BLAZ-IA	1:23.64	
35	Wuest, Aaron	14	CIA-IA	1:24.05	
36	Ferrell, Tyler	17	RSC-IA	1:26.36	
37	McCammon, Jakc	13	BLAZ-IA	1:26.98	
38	Six, Tristan	13	RSC-IA	1:32.06	
39	Snyder, Levi	15	SEA-IA	1:33.13	
40	Halbur, Max	13	CAST-IA	1:35.02	
41	Sytisma, Dawson	15	SEA-IA	1:35.53	
42	Dunham, Owen	14	COE-IA	1:37.19	
43	Gibson, Everitt	13	BAB-IA	1:38.51	
44	Bollig, Meyer	13	CIA-IA	1:50.31	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#38 ... (Men 13 & Over 100 LC Meter Backstroke)				
45	Deutmeyer, Jack	14	COE-IA	1:51.90
46	Hughes, Daxton	15	DMSF-IA	NT
47	Hughes, Daxton	15	DMSF-IA	NT
48	Nanaziashvili, D	14	DSMY-IA	NT
49	Nanaziashvili, D	14	DSMY-IA	NT
50	Behrens, Russell	13	FAST-IA	NT
51	Punt, Caleb	16	SEA-IA	NT
52	Rosvold, ian	15	SEA-IA	NT
#39 Women 13 & Over 100 LC Meter Butterfly				
1:17.39 13-14 IASI				
1:05.89 15&O SSEC Summer Sectionals				
1:13.19 15&O IASI				
	Name	Age	Team	Seed Time
1	Vobr, Jaylee	17	NST-IA	1:06.99 IASI
2	Hassett, Sassy	17	DMSF-IA	1:10.14 IASI
3	Mahler-Moreno,	18	DMSF-IA	1:10.61 IASI
4	Woolums, Brynn	17	CIA-IA	1:10.75 IASI
5	Ernsperger, Isab	16	CIA-IA	1:12.09 IASI
6	Ocheltree, Hayde	15	DSMY-IA	1:14.17
7	Peterson, Brookl	13	CIA-IA	1:17.25 IASI
8	Swaim, Maddy	13	DMSF-IA	1:17.32 IASI
9	Freeseaman, Gabl	13	RIP-IA	1:18.46
10	Gummert, Maisie	16	CIA-IA	1:19.12
11	McCloud, Reid	14	SEA-IA	1:19.20
12	Anderson, Avery	15	CIA-IA	1:19.40
13	Adams, Lilly	18	COE-IA	1:19.47
14	Nedder, Julia	15	SEA-IA	1:19.53
15	Gevoock, Piper	14	SEA-IA	1:20.16
16	Assaad, Dana	13	CIA-IA	1:21.01
17	Adams, Laynie	17	COE-IA	1:21.86
18	Driscoll, Rylee	15	MCSC-IA	1:22.10
19	Powers, Chloe	15	DSMY-IA	1:22.62
20	Hedrick, Piper	14	CIA-IA	1:22.81
21	Woolums, Zoe	15	CIA-IA	1:23.12
22	Loo, Ivy	15	CIA-IA	1:23.22
23	Damge, Evelyn	17	NSST-IA	1:24.32
24	Betts, Mallory	15	DMSF-IA	1:24.80
25	Bormann, Lila	13	DMSF-IA	1:25.19
26	Weinheimer, Hay	16	NSST-IA	1:25.35
27	Konchalski, Dela	13	NSST-IA	1:27.38
28	Hudson, Natalie	13	DMSF-IA	1:30.75
29	Cygankova, Lidia	13	DSMY-IA	1:31.16
30	Mumm, Lyla	13	BLAZ-IA	1:31.31
31	Pekarek, Lila	15	RSC-IA	1:32.39
32	Cooper, Audrey	16	RSC-IA	1:33.39
33	Boevers, Makenr	13	USSD-IA	1:35.72
34	Manson, Paige	15	BLAZ-IA	1:39.33
35	Roberts, Kelyn	14	RSC-IA	1:40.37
36	Hoffman, Amelia	13	RSC-IA	1:44.33
37	Shenouda, Esthe	15	CIA-IA	1:47.24
38	Kenkel, Isabel	17	ACAC-IA	NT
39	Speers, Elizabeth	16	BAB-IA	NT
40	Hinshaw, Rebecc	16	BAB-IA	NT
41	Mason, Adelyn	14	CIA-IA	NT
42	Tracy, Brooklyn	14	CIA-IA	NT
43	Leder, Maeve	13	DMSF-IA	NT
44	Parker, Kenna	16	DSMY-IA	NT

45	Murray, Brynn	14	MCSC-IA	NT
46	Shelton, Macie	13	USSD-IA	NT
#40 Men 13 & Over 100 LC Meter Butterfly				
1:14.09 13-14 IASI				
59.79 15&O SSEC Summer Sectionals				
1:06.29 15&O IASI				
	Name	Age	Team	Seed Time
1	Feilmeyer, Evan	19	ACAC-IA	56.95 SSEC
2	Schwebach, Owe	19	ACAC-IA	57.88 SSEC
3	McCorkle, Ian	19	ACAC-IA	59.25 SSEC
4	Ortega, Desmonc	16	CIA-IA	59.67 SSEC
5	Berry-Stoelzle, P	17	COE-IA	1:00.22 IASI
6	Seifert, Andrew	17	COE-IA	1:00.29 IASI
7	Honkamp, Andre	17	DMSF-IA	1:02.39 IASI
8	Dose, Jonathan	21	CAST-IA	1:03.35 IASI
9	Treharne, Clayto	14	LMST-IA	1:03.66 IASI
10	Fausch, Jackson	14	CIA-IA	1:04.47 IASI
11	Lucas, Gavin	17	COE-IA	1:04.65 IASI
12	Smith, Jackson	17	DMSF-IA	1:05.78 IASI
13	Walsh, Jack	15	DSMY-IA	1:06.17 IASI
14	Kline, Simon	14	USSD-IA	1:07.03 IASI
15	Bykov, Leon	15	DMSF-IA	1:07.65
16	Houlihan, Patricl	15	COE-IA	1:07.67
17	Drendel, Will	15	CIA-IA	1:07.83
18	Hammond, Alex	17	RSC-IA	1:07.95
19	Hammond, Brenn	15	RSC-IA	1:09.42
20	Jean, Brock	17	DSMY-IA	1:09.50
21	Mintle, Harrison	13	DMSF-IA	1:09.64 IASI
22	Otis, Kasen	16	DMSF-IA	1:10.83
23	Jeffryes, Max	13	CIA-IA	1:12.49 IASI
24	Quist, Hunter	17	CIA-IA	1:12.60
25	Cunningham, Coi	16	NSST-IA	1:13.09
26	Wisehart, Lando	14	CIA-IA	1:13.43 IASI
27	Nedved, Henry	14	DMSF-IA	1:13.57 IASI
28	Troyer, Austin	18	NSST-IA	1:14.76
29	McCorkle, Owen	13	ACAC-IA	1:14.81
30	Marks, Clayton	14	ACAC-IA	1:15.70
31	Koenigsfeld, Cha	14	DMSF-IA	1:15.71
32	Holms, Donny	14	BLAZ-IA	1:16.35
33	Ortega, Zion	17	CIA-IA	1:16.84
34	Murphy, Logan	15	MCSC-IA	1:17.08
35	Cornwell, Conno	16	NSST-IA	1:17.68
36	Parry, Spencer	13	BLAZ-IA	1:21.04
37	Snyder, Levi	15	SEA-IA	1:22.25
38	Schumacher, Bra	14	CIA-IA	1:22.74
39	Cunningham, Tit	14	NSST-IA	1:25.75
40	Gagov, Alex	13	CIA-IA	1:29.49
41	Jean, Tate	14	DSMY-IA	1:38.06
42	Moore, Sam	14	UN-IA	1:41.22
43	Garrison, Jaden	13	RSC-IA	1:50.54
44	Gibson, Everitt	13	BAB-IA	NT
45	Halbur, Max	13	CAST-IA	NT
46	Spradling, Tyler	13	CIA-IA	NT
47	Murray, Kellen	13	CIA-IA	NT
48	Demianyshe, D	16	DMSF-IA	NT
49	Demianyshe, D	16	DMSF-IA	NT
50	Punt, Caleb	16	SEA-IA	NT
51	Rosvold, ian	15	SEA-IA	NT

#41 Women 13 & Over 400 LC Meter Medley Relay			
	Team	Relay	Seed Time
1	NSST-IA	A	5:15.91
2	MCSC-IA	A	5:54.95
3	RSC-IA	A	6:00.00
4	RSC-IA	B	6:00.00
5	CIA-IA	A	NT
6	CIA-IA	B	NT
7	CIA-IA	C	NT
8	CIA-IA	D	NT
9	CIA-IA	E	NT
10	CIA-IA	F	NT
11	SEA-IA	A	NT
#42 Men 13 & Over 400 LC Meter Medley Relay			
	Team	Relay	Seed Time
1	COE-IA	A	4:32.53
2	RSC-IA	A	4:45.00
3	NSST-IA	A	5:04.12
4	CIA-IA	A	NT
5	CIA-IA	B	NT
6	CIA-IA	C	NT
7	CIA-IA	D	NT
8	CIA-IA	E	NT
9	SEA-IA	A	NT
#43 Girls 12 & Under 200 LC Meter IM			
3:43.19 9-10 IASI			
3:11.39 11-12 IASI			
	Name	Age	Team
1	Fay, Ginger	12	WW-IA
2	Fenton, Aspen	12	DMSF-IA
3	Hornung, Harpei	11	WW-IA
4	Stonehocker, Tri	12	DMSF-IA
5	Peterson, Greta	12	DMSF-IA
6	Demirci, Ada	12	ACAC-IA
7	Leidinger, Callie	12	COE-IA
8	Cochran, Delaney	10	CIA-IA
9	Lewis, Madyson	12	CIA-IA
10	Schoolen, Ruby	12	RSC-IA
11	Meyer, Gwen	12	RIP-IA
12	Jean, Natiel	11	DSMY-IA
13	Tran, Victoria	12	CIA-IA
14	Fillius, Willa	12	NSST-IA
15	Jacobson, Kinzee	12	RWSC-MN
16	Gevoock, Trinity	11	SEA-IA
17	Smyth, Vivi	12	RWSC-MN
18	Garrison, Jorgia	11	RSC-IA
19	Baker, Caroline	11	CIA-IA
20	Israel, Brynn	11	CIA-IA
21	Brons, Josie	11	DMSF-IA
22	Lamb, Addison	11	ACAC-IA
23	Butler, Mathilde	12	DSMY-IA
24	Spear, Lilliana	10	CIA-IA
25	Qualley, Reagan	10	DSMY-IA
26	Smith, Hayden	10	DMSF-IA
27	Fitch, Lauren	11	NSST-IA
28	Hanson, Ainslie	11	RWSC-MN
29	Sisul, Jolie	12	SEA-IA
30	Bilslend, Teagan	10	ACAC-IA

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025

2025 CIA Beat the Heat, Sanction #: IA-25-86

Wellmark YMCA, June 23-25 2023, 50 meter

Psych Sheet

#43 ... (Girls 12 & Under 200 LC Meter IM)					23	Thomas, Ethan	12	RSC-IA	NT	52	Mathews, Ingrid	10	ACAC-IA	45.56		
31	Hakeman, Riley	11	USSD-IA	3:32.26	24	Grote, Hank	10	RSC-IA	NT	53	Crouch, Ingrid	12	RIP-IA	46.02		
32	Holtsnider, Mauc	12	NST-IA	3:32.92	25	Johnson, Ryker	11	SEA-IA	NT	54	Boese, Alice	7	DMSF-IA	46.17		
33	Books, Malia	12	USSD-IA	3:34.72	26	Tourney, Emmett	9	RWSC-MN	NT	55	Sandman, Grace	9	CIA-IA	46.30		
34	Norton, Coco	10	RWSC-MN	3:41.25	#45 Girls 12 & Under 50 LC Meter Freestyle											
35	Johnson, Kyla	10	DMSF-IA	3:43.43												
36	Stinson, Ellie	12	RWSC-MN	3:45.00	40.99 9-10 IASI											
37	Talley, Serena	11	CIA-IA	3:45.81	34.39 11-12 IASI											
38	Bry, Emma	11	MCSC-IA	3:47.51	Name Age Team Seed Time											
39	Hardee, Anya	12	MCSC-IA	3:50.28	1	Hutzell, Rowen	12	ACAC-IA	31.96	IASI	56	Chen, Zoey	8	DMSF-IA	46.37	
40	Benson, Kahlia	10	RWSC-MN	3:54.97	2	Ocheltree, Kinnic	12	DSMY-IA	32.47	IASI	57	McGuire, Edie	10	DSMY-IA	46.68	
41	Jacobson, Whitni	9	RWSC-MN	3:57.85	3	Stein, Izzy	12	CAST-IA	32.82	IASI	58	Peterson, Liesl	9	DMSF-IA	46.91	
42	Ward, Amelia	9	CIA-IA	4:10.05	4	Hanson, Aubrey	12	CIA-IA	32.95	IASI	59	Kline, Lilly	11	CIA-IA	47.15	
43	Lemke, Charlotte	11	RIP-IA	4:23.64	5	Sisul, Jolie	12	SEA-IA	33.16	IASI	60	Currey, Rosie	9	ACAC-IA	48.06	
44	Smyth, Ava	10	RWSC-MN	4:40.99	6	Brons, Josie	11	DMSF-IA	33.37	IASI	61	Vobr, Vobr	9	NST-IA	48.59	
45	Tomka, Delaney	8	RIP-IA	4:53.83	7	Connolly, Grace	12	DSMY-IA	33.59	IASI	62	Heusinkveld, Eve	8	DMSF-IA	48.91	
46	Ghimire, Sanaya	9	ACAC-IA	NT	8	Spear, Lilliana	10	CIA-IA	33.62	IASI	63	Luttgeharm, Elai	10	CIA-IA	49.63	
47	Kell, Hattie	9	ACAC-IA	NT	9	Cochran, Delaney	10	CIA-IA	33.75	IASI	64	Ahrens, Paityn	11	FAST-IA	50.17	
48	Beagley, Evelyn	11	ACAC-IA	NT	10	Kittle, Cora	12	RIP-IA	33.75	IASI	65	Williams, Quinn	10	COE-IA	50.39	
49	Kovacevich, Elea	11	ACAC-IA	NT	11	Holtsnider, Mauc	12	NST-IA	33.90	IASI	66	Rowland, Norah	9	DMSF-IA	51.33	
50	Bru, Tylar	10	CIA-IA	NT	12	Larson, Rachel	11	DSMY-IA	34.29	IASI	67	Cunningham, Jail	12	RSC-IA	51.33	
51	Puhrmann, Macy	9	CIA-IA	NT	13	Smith, Hayden	10	DMSF-IA	35.21	IASI	68	Tomka, Delaney	8	RIP-IA	51.35	
52	Mooney, Sabrina	10	DMSF-IA	NT	14	Freeseman, Josie	10	RIP-IA	35.52	IASI	69	Jenkins, Mai	10	ACAC-IA	52.21	
53	Kreutzer, Kinsley	12	DSMY-IA	NT	15	Gevoek, Trinity	11	SEA-IA	35.57		70	Gebauer, Marlow	9	CIA-IA	52.81	
54	Karbeling-Kurth,	12	ICE-IA	NT	16	Jean, Natiel	11	DSMY-IA	35.65		71	Karbeling-Kurth,	9	ICE-IA	53.09	
55	Karbeling-Kurth,	9	ICE-IA	NT	17	Fillius, Willa	12	NSST-IA	35.75		72	Books, Londyn	7	USSD-IA	54.71	
56	McLaren, Hannal	10	RIP-IA	NT	18	Qualley, Reagan	10	DSMY-IA	36.56	IASI	73	Mullins, Vera	9	ACAC-IA	56.38	
57	Krantz, Ruth	11	RIP-IA	NT	19	Fitch, Lauren	11	NSST-IA	36.58		74	Spradling, Eliana	9	CIA-IA	56.93	
58	Gallick, Esme	8	RIP-IA	NT	20	Cyankova, Alisa	9	DSMY-IA	36.71	IASI	75	Weatherly, Elliso	9	BLAZ-IA	57.79	
59	Fleming, Braylee	10	RSC-IA	NT	21	Talley, Serena	11	CIA-IA	36.75		76	Warg-Farver, Pai	8	CIA-IA	58.71	
60	Neesse, Savanna	11	USSD-IA	NT	22	Bry, Emma	11	MCSC-IA	37.38		77	Ritchey, Lilo	10	SEA-IA	1:00.54	
61	Soukup, Lyv	12	USSD-IA	NT	23	Tudor, Ellery	11	USSD-IA	37.80		78	Beagley, Lydia	9	ACAC-IA	1:06.95	
#44 Boys 12 & Under 200 LC Meter IM					24	Ortega, Evelyn	11	CIA-IA	37.91		79	Bry, Chloe	8	MCSC-IA	1:08.10	
3:40.79 9-10 IASI					25	Freeseman, Ivy	9	RIP-IA	38.08	IASI	80	Dumermuth, Del	8	BLAZ-IA	1:16.50	
3:08.49 11-12 IASI					26	Lewis, Rylee	10	CIA-IA	38.20	IASI	81	Tomka, Evelyn	6	RIP-IA	1:23.19	
Name	Age	Team	Seed Time		27	Stein, Sophie	10	CAST-IA	38.57	IASI	82	Ghimire, Sanaya	9	ACAC-IA	1:26.64	
1	Calderon, LuisM	12	ACAC-IA	2:49.50	28	Cody, Collins	11	MCSC-IA	38.98		83	Flickinger, Gwen	8	ACAC-IA	1:32.56	
2	Fausch, Zach	11	CIA-IA	2:53.66	29	Karbeling-Kurth,	12	ICE-IA	39.03		84	Beagley, Evelyn	11	ACAC-IA	NT	
3	Mintle, Easton	10	DMSF-IA	2:56.05	30	Vallas, Effie	11	CIA-IA	39.08		85	O'Brien, Evelyn	8	BAB-IA	NT	
4	Nakama, Kano	12	ACAC-IA	3:00.90	31	Driscoll, Bailey	12	MCSC-IA	39.11		86	Monaghan, Katie	11	CIA-IA	NT	
5	Smith, Harry	12	DMSF-IA	3:00.99	32	Boese, Clara	9	DMSF-IA	39.32	IASI	87	Johansen, Adelin	9	CIA-IA	NT	
6	Ghimire, Sanji	12	ACAC-IA	3:10.69	33	Mitchell, Paige	11	CIA-IA	39.93		88	McGuire, Edie	10	DSMY-IA	NT	
7	Kell, Henry	12	ACAC-IA	3:16.32	34	Hancock, Charlot	8	CIA-IA	40.05		89	Lewis, Grace	10	RIP-IA	NT	
8	Sisul, Jenner	11	SEA-IA	3:18.49	35	Lemke, Charlotte	11	RIP-IA	40.32		90	Kerr, Harper	9	RIP-IA	NT	
9	Sexton, James	11	CIA-IA	3:31.81	36	Hardee, Anya	12	MCSC-IA	40.67		91	Hakeman, Linley	9	USSD-IA	NT	
10	LaPan, Henry	11	USSD-IA	3:34.58	37	Murphy, Emmali	12	RIP-IA	40.83		#46 Boys 12 & Under 50 LC Meter Freestyle					
11	Garrison, Jonah	9	RSC-IA	3:43.87	38	Fausch, Lilly	9	CIA-IA	40.93	IASI	40.59 9-10 IASI					
12	McLeod, Gavin	11	ACAC-IA	3:53.46	39	Schweers, Genev	10	CIA-IA	41.73		34.09 11-12 IASI					
13	Todsén, Gavin	12	CIA-IA	4:10.54	40	Knox, Makayla	12	FAST-IA	42.43		Name	Age	Team	Seed Time		
14	Cody, Jay	11	RWSC-MN	4:20.99	41	Hauge, Kate	11	ACAC-IA	42.89		1	Norem, Layten	12	ACAC-IA	27.50	IASI
15	Carter, Thomas	11	CAST-IA	4:25.32	42	Cochran, Clara	8	CIA-IA	43.01		2	Rychnovsky, Beci	12	DMSF-IA	29.44	IASI
16	Wood, Finn	11	ACAC-IA	NT	43	Hornung, Addy	9	VWV-IA	43.21		3	Qualley, Parker	12	DSMY-IA	30.50	IASI
17	Shaver, Oliver	9	ACAC-IA	NT	44	Hanson, Hannah	9	DMSF-IA	43.45		4	Green, Reilly	12	DMSF-IA	31.08	IASI
18	Slama, Mason	12	CIA-IA	NT	45	Currey, Emmy	9	ACAC-IA	43.56		5	Freeseman, Griff	12	RIP-IA	31.50	IASI
19	Naylor, Jackson	11	CIA-IA	NT	46	Davidson, Natali	11	CIA-IA	43.73		6	Ghimire, Sanji	12	ACAC-IA	31.91	IASI
20	Carpenter, Malac	11	CIA-IA	NT	47	Peppmeier, Amzi	10	ACAC-IA	43.77		7	Bru, Reece	11	CIA-IA	33.04	IASI
21	Van Soelen, Harr	10	DMSF-IA	NT	48	Puhrmann, Macy	9	CIA-IA	43.81		8	Siebrecht, Ryder	12	CAST-IA	33.33	IASI
22	Connolly, James	9	DSMY-IA	NT	49	Keeling, Emma	10	CIA-IA	44.07		9	Zhang, Allen	12	DMSF-IA	33.61	IASI
					50	Ward, Amelia	9	CIA-IA	44.11		10	Whitmore, Brysc	11	ACAC-IA	34.18	
					51	Carter, Haley	9	CAST-IA	45.40		11	Sisul, Jenner	11	SEA-IA	34.63	
											12	Hawks, Jimmy	11	RIP-IA	35.67	
											13	Hutzell, Wyatt	10	ACAC-IA	37.73	IASI
											14	Dube, Etienne	11	ACAC-IA	38.37	
											15	Williams, Max	12	COE-IA	38.93	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#46 ... (Boys 12 & Under 50 LC Meter Freestyle)				
16	Tran, Colin	9	CIA-IA	39.05 IASI
17	Israel, Jake	9	CIA-IA	39.45 IASI
18	Naylor, Jackson	11	CIA-IA	39.95
19	Rees, Brighton	10	ACAC-IA	40.04 IASI
20	Brouchous, Emm	12	CAST-IA	40.18
21	Shaver, Oliver	9	ACAC-IA	40.24 IASI
22	Wing, Jackson	10	DMSF-IA	40.49 IASI
23	Ocheltree, Hawk	10	DSMY-IA	40.63
24	Chrisco, Kingsto	10	ACAC-IA	40.68
25	Johnson, Oliver	10	DMSF-IA	41.96
26	Cramer, Sawyer	8	RSC-IA	41.99
27	Russell, Bennett	9	CIA-IA	42.20
28	Dingus, Blain	11	BAB-IA	42.56
29	Cook, Kayden	12	RSC-IA	43.12
30	Johnson, Henry	12	RIP-IA	43.93
31	Ratcliff, Blake	11	RIP-IA	44.03
32	Tourney, Emmet	9	RWSC-MN	44.43
33	Meyer, Sully	9	RIP-IA	44.93
34	Harmon, Dean	11	RSC-IA	46.11
35	Kokjohn, Cohen	10	BAB-IA	46.43
36	Long, Arthur	10	RSC-IA	46.46
37	Olsen, Landon	9	ACAC-IA	46.94
38	Schoolen, Max	8	RSC-IA	47.32
39	Bru, Isaac	7	CIA-IA	48.14
40	Dacey, Bennett	8	ACAC-IA	50.47
41	Sporleder, Connc	12	RSC-IA	50.67
42	Syhlman, Lochlai	8	RSC-IA	51.30
43	Deetz, Hayden	8	MCSC-IA	53.02
44	Lassers, Teddy	10	CIA-IA	53.11
45	Israel, James	9	CIA-IA	54.61
46	Demirci, Efe	7	ACAC-IA	1:00.31
47	Dumermuth, Lia	10	BLAZ-IA	1:00.98
48	McLeod, Gavin	11	ACAC-IA	NT
49	Wood, Finn	11	ACAC-IA	NT
50	Brace, Eli	10	CIA-IA	NT
51	McGuire, Louie	12	DSMY-IA	NT
52	Chodorowski, Sil	9	MCSC-IA	NT
53	Chodorowski, W	12	MCSC-IA	NT
54	Awitt, Jacob	10	SEA-IA	NT
55	Reynolds, Jax	12	USSD-IA	NT

#47 Girls 9-12 200 LC Meter Breaststroke				
3:35.99 11-12 IASI				
	Name	Age	Team	Seed Time
1	Fay, Ginger	12	WW-IA	2:53.47 IASI
2	Peterson, Greta	12	DMSF-IA	3:16.93 IASI
3	Hutzell, Rowen	12	ACAC-IA	3:17.38 IASI
4	Stonehocker, Tri	12	DMSF-IA	3:19.30 IASI
5	Lewis, Madyson	12	CIA-IA	3:21.70 IASI
6	Fenton, Aspen	12	DMSF-IA	3:26.21 IASI
7	Leidinger, Callie	12	COE-IA	3:26.68 IASI
8	Jacobson, Kinzee	12	RWSC-MN	3:26.81 IASI
9	Demirci, Ada	12	ACAC-IA	3:28.15 IASI
10	Cygankova, Polin	12	DSMY-IA	3:39.04
11	Brons, Josie	11	DMSF-IA	3:41.73
12	Smyth, Vivi	12	RWSC-MN	3:46.53
13	Connolly, Grace	12	DSMY-IA	3:49.82
14	Hanson, Ainslie	11	RWSC-MN	3:52.73

15	Jacobson, Whitn	9	RWSC-MN	4:13.37
16	Stinson, Ellie	12	RWSC-MN	4:45.00
17	Benson, Kahlia	10	RWSC-MN	4:53.45
18	Norton, Coco	10	RWSC-MN	5:06.61
19	Norton, Stella	9	RWSC-MN	5:30.00
20	Smyth, Ava	10	RWSC-MN	5:44.75
21	Mullins, Vera	9	ACAC-IA	NT
22	Davidson, Natali	11	CIA-IA	NT
23	Bru, Tylar	10	CIA-IA	NT
24	Bykova, Sasha	12	DMSF-IA	NT
25	Garnaas, Ava	11	DMSF-IA	NT
26	Karbeling-Kurth	9	ICE-IA	NT
27	McLaren, Hannal	10	RIP-IA	NT
28	Murphy, Emmali	12	RIP-IA	NT
29	Hakeman, Riley	11	USSD-IA	NT
30	Neese, Savanna	11	USSD-IA	NT

#48 Boys 9-12 200 LC Meter Breaststroke				
3:28.69 11-12 IASI				
	Name	Age	Team	Seed Time
1	Fausch, Zach	11	CIA-IA	3:15.91 IASI
2	Bru, Reece	11	CIA-IA	3:32.32
3	Otis, Bennett	12	DMSF-IA	3:35.50
4	Thomas, Ethan	12	RSC-IA	3:48.23
5	Garrison, Jonah	9	RSC-IA	4:17.63
6	Cody, Jay	11	RWSC-MN	5:06.99
7	Rees, Brighton	10	ACAC-IA	NT
8	Norem, Layten	12	ACAC-IA	NT
9	Williams, Max	12	COE-IA	NT
10	Johnson, Ryker	11	SEA-IA	NT

#49 Girls 12 & Under 100 LC Meter Backstroke				
1:45.99 9-10 IASI				
1:27.09 11-12 IASI				
	Name	Age	Team	Seed Time
1	Bykova, Sasha	12	DMSF-IA	1:17.41 IASI
2	Kittle, Cora	12	RIP-IA	1:19.10 IASI
3	Hornung, Harper	11	WW-IA	1:19.24 IASI
4	Cygankova, Polin	12	DSMY-IA	1:20.01 IASI
5	Fenton, Aspen	12	DMSF-IA	1:22.17 IASI
6	Cochran, Delaney	10	CIA-IA	1:22.57 IASI
7	Stein, Izzy	12	CAST-IA	1:22.98 IASI
8	Stonehocker, Tri	12	DMSF-IA	1:23.41 IASI
9	Demirci, Ada	12	ACAC-IA	1:24.49 IASI
10	Meyer, Gwen	12	RIP-IA	1:24.52 IASI
11	Hutzell, Rowen	12	ACAC-IA	1:24.88 IASI
12	Hanson, Aubrey	12	CIA-IA	1:25.48 IASI
13	Fitch, Lauren	11	NSST-IA	1:25.49 IASI
14	Ocheltree, Kinnic	12	DSMY-IA	1:25.68 IASI
15	Tran, Victoria	12	CIA-IA	1:27.62
16	Jacobson, Kinzee	12	RWSC-MN	1:28.52
17	Smyth, Vivi	12	RWSC-MN	1:28.77
18	Garrison, Jorgia	11	RSC-IA	1:29.02
19	Norton, Stella	9	RWSC-MN	1:30.11 IASI
20	Ortega, Evelyn	11	CIA-IA	1:33.70
21	Cygankova, Alisa	9	DSMY-IA	1:34.97 IASI
22	Freeseaman, Ivy	9	RIP-IA	1:35.31 IASI
23	Hanson, Ainslie	11	RWSC-MN	1:35.39
24	Mooney, Sabrina	10	DMSF-IA	1:36.36 IASI
25	Karbeling-Kurth	12	ICE-IA	1:36.46

26	Books, Malia	12	USSD-IA	1:36.74
27	Freeseaman, Josie	10	RIP-IA	1:38.93 IASI
28	Johnson, Kyla	10	DMSF-IA	1:40.33 IASI
29	Kell, Hattie	9	ACAC-IA	1:41.07 IASI
30	Fleming, Braylee	10	RSC-IA	1:41.38 IASI
31	Benson, Kahlia	10	RWSC-MN	1:41.70 IASI
32	Thomas, Liv	10	RSC-IA	1:42.05 IASI
33	Hancock, Charlot	8	CIA-IA	1:42.39
34	Cody, Collins	11	MCSC-IA	1:42.78
35	Bykova, Rachel	11	DSMY-IA	1:42.91
36	Bry, Emma	11	MCSC-IA	1:43.01
37	Talley, Serena	11	CIA-IA	1:43.04
38	Israel, Brynn	11	CIA-IA	1:43.11
39	Hauge, Kate	11	ACAC-IA	1:44.14
40	Schoolen, Ruby	12	RSC-IA	1:44.74
41	Currey, Emmy	9	ACAC-IA	1:45.76 IASI
42	Boese, Clara	9	DMSF-IA	1:46.03
43	Sisul, Jolie	12	SEA-IA	1:46.88
44	Vallas, Effie	11	CIA-IA	1:49.63
45	Kreutzer, Kinsley	12	DSMY-IA	1:49.82
46	Jacobson, Whitn	9	RWSC-MN	1:51.05
47	Hardee, Anya	12	MCSC-IA	1:51.40
48	Hornung, Addy	9	WW-IA	1:51.59
49	Cochran, Clara	8	CIA-IA	1:52.01
50	Neese, Savanna	11	USSD-IA	1:53.32
51	Hanson, Hannah	9	DMSF-IA	1:54.03
52	Stinson, Ellie	12	RWSC-MN	1:54.56
53	Knox, Makayla	12	FAST-IA	1:55.85
54	Kline, Lilly	11	CIA-IA	1:56.78
55	Currey, Rosie	9	ACAC-IA	1:57.06
56	Norton, Coco	10	RWSC-MN	1:57.83
57	Chen, Zoey	8	DMSF-IA	1:57.88
58	Driscoll, Bailey	12	MCSC-IA	1:58.72
59	Simmons, Isla	8	RSC-IA	1:59.37
60	Vobr, Vobr	9	NST-IA	1:59.67
61	Lemke, Charlotte	11	RIP-IA	1:59.77
62	Lewis, Rylee	10	CIA-IA	1:59.79
63	Peppmeier, Amzi	10	ACAC-IA	2:00.27
64	Cunningham, Jail	12	RSC-IA	2:01.89
65	McLaren, Hannal	10	RIP-IA	2:03.71
66	Kovacevich, Elea	11	ACAC-IA	2:04.69
67	Williams, Quinn	10	COE-IA	2:05.37
68	Ward, Amelia	9	CIA-IA	2:10.56
69	Heusinkveld, Eve	8	DMSF-IA	2:12.98
70	McGuire, Edie	10	DSMY-IA	2:14.70
71	Davidson, Natali	11	CIA-IA	2:19.16
72	Smyth, Ava	10	RWSC-MN	2:32.89
73	Mathews, Ingrid	10	ACAC-IA	2:33.81
74	Ahrens, Paityn	11	FAST-IA	2:36.76
75	Trichey, Lilo	10	SEA-IA	2:37.47
76	Bilslend, Teagan	10	ACAC-IA	NT
77	Mullins, Vera	9	ACAC-IA	NT
78	Beagley, Lydia	9	ACAC-IA	NT
79	Beagley, Evelyn	11	ACAC-IA	NT
80	Stein, Sophie	10	CAST-IA	NT
81	Luttgeharm, Elai	10	CIA-IA	NT
82	Howe, Mollie	10	CIA-IA	NT
83	Peterson, Liesl	9	DMSF-IA	NT
84	Rowland, Norah	9	DMSF-IA	NT
85	Boese, Alice	7	DMSF-IA	NT

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#49 ... (Girls 12 & Under 100 LC Meter Backstroke)				
86	McGuire, Edie	10	DSMY-IA	NT
87	Bry, Chloe	8	MCSC-IA	NT
88	Fillius, Willa	12	NSST-IA	NT
89	Holtsnider, Mauc	12	NST-IA	NT
90	Tomka, Delaney	8	RIP-IA	NT
91	Lewis, Grace	10	RIP-IA	NT
92	Books, Londyn	7	USSD-IA	NT
#50 Boys 12 & Under 100 LC Meter Backstroke				
1:43.09 9-10 IASI				
1:27.99 11-12 IASI				
Name	Age	Team	Seed Time	
1	Norem, Layten	12	ACAC-IA	1:08.11 IASI
2	Kell, Henry	12	ACAC-IA	1:14.55 IASI
3	Rychnovsky, Bec	12	DMSF-IA	1:16.03 IASI
4	Freesean, Griff	12	RIP-IA	1:19.33 IASI
5	Qualley, Parker	12	DSMY-IA	1:19.77 IASI
6	Green, Reilly	12	DMSF-IA	1:20.25 IASI
7	Mintle, Easton	10	DMSF-IA	1:21.14 IASI
8	Otis, Bennett	12	DMSF-IA	1:21.55 IASI
9	Nakama, Kano	12	ACAC-IA	1:21.65 IASI
10	Calderon, LuisM	12	ACAC-IA	1:22.90 IASI
11	Smith, Harry	12	DMSF-IA	1:25.54 IASI
12	Zhang, Allen	12	DMSF-IA	1:27.19 IASI
13	Sisul, Jenner	11	SEA-IA	1:30.44
14	LaPan, Henry	11	USSD-IA	1:33.67
15	Hutzell, Wyatt	10	ACAC-IA	1:37.49 IASI
16	McLeod, Gavin	11	ACAC-IA	1:40.55
17	Carpenter, Malac	11	CIA-IA	1:41.21
18	Sexton, James	11	CIA-IA	1:41.85
19	Wing, Jackson	10	DMSF-IA	1:42.65 IASI
20	Chrisco, Kingsto	10	ACAC-IA	1:42.95 IASI
21	Ghimire, Sanji	12	ACAC-IA	1:44.08
22	Dube, Etienne	11	ACAC-IA	1:45.42
23	Feeney, Owen	10	DMSF-IA	1:45.55
24	Brouchous, Emr	12	CAST-IA	1:45.85
25	Carter, Thomas	11	CAST-IA	1:46.90
26	Russell, Bennett	9	CIA-IA	1:47.82
27	Cook, Kayden	12	RSC-IA	1:48.32
28	Cramer, Sawyer	8	RSC-IA	1:48.51
29	Ratcliff, Blake	11	RIP-IA	1:48.72
30	Meyer, Sully	9	RIP-IA	1:48.81
31	Whitmore, Brysc	11	ACAC-IA	1:49.29
32	Long, Arthur	10	RSC-IA	1:52.99
33	Ocheltree, Hawk	10	DSMY-IA	1:55.25
34	Syhlman, Lochla	8	RSC-IA	1:57.35
35	Connolly, James	9	DSMY-IA	1:57.86
36	Schoolen, Max	8	RSC-IA	2:02.94
37	Sporleder, Connc	12	RSC-IA	2:05.52
38	Cody, Jay	11	RWSC-MN	2:05.99
39	Olsen, Landon	9	ACAC-IA	NT
40	Wood, Finn	11	ACAC-IA	NT
41	Dingus, Blain	11	BAB-IA	NT
42	Todsens, Gavin	12	CIA-IA	NT
43	Bru, Isaac	7	CIA-IA	NT
44	McGuire, Louie	12	DSMY-IA	NT
45	Chodorowski, Sil	9	MCSC-IA	NT
46	Chodorowski, W	12	MCSC-IA	NT

47	Deetz, Hayden	8	MCSC-IA	NT
48	Harmon, Dean	11	RSC-IA	NT
49	Thomas, Noah	7	RSC-IA	NT
50	Grote, Hank	10	RSC-IA	NT
51	Avitt, Jacob	10	SEA-IA	NT
52	Reynolds, Jax	12	USSD-IA	NT
#51 Girls 12 & Under 50 LC Meter Breaststroke				
57.29 9-10 IASI				
45.49 11-12 IASI				
Name	Age	Team	Seed Time	
1	Fay, Ginger	12	VWV-IA	38.34 IASI
2	Peterson, Greta	12	DMSF-IA	38.93 IASI
3	Sisul, Jolie	12	SEA-IA	42.99 IASI
4	Lewis, Madyson	12	CIA-IA	43.47 IASI
5	Garnaas, Ava	11	DMSF-IA	44.03 IASI
6	Baker, Caroline	11	CIA-IA	44.14 IASI
7	Qualley, Reagan	10	DSMY-IA	44.59 IASI
8	Hanson, Aubrey	12	CIA-IA	45.52
9	Spear, Lilliana	10	CIA-IA	45.78 IASI
10	Lamb, Addison	11	ACAC-IA	46.76
11	Cyankova, Alisa	9	DSMY-IA	48.65 IASI
12	Connolly, Grace	12	DSMY-IA	48.92
13	Hauge, Kate	11	ACAC-IA	49.07
14	Bilsend, Teagan	10	ACAC-IA	49.13 IASI
15	Holtsnider, Mauc	12	NST-IA	49.78
16	Talley, Serena	11	CIA-IA	50.67
17	Hakeman, Riley	11	USSD-IA	50.96
18	Kittle, Cora	12	RIP-IA	51.48
19	Ortega, Evelyn	11	CIA-IA	51.87
20	Kovacevich, Elea	11	ACAC-IA	52.27
21	Fausch, Lilly	9	CIA-IA	52.44 IASI
22	Krantz, Ruth	11	RIP-IA	52.74
23	Mitchell, Paige	11	CIA-IA	53.41
24	Freesean, Josie	10	RIP-IA	53.80 IASI
25	Vallas, Effie	11	CIA-IA	54.17
26	Driscoll, Bailey	12	MCSC-IA	54.43
27	Bru, Tylar	10	CIA-IA	54.92 IASI
28	Davidson, Natali	11	CIA-IA	55.10
29	Puhrmann, Macy	9	CIA-IA	56.91 IASI
30	Stein, Sophie	10	CAST-IA	57.48
31	Johnson, Kyla	10	DMSF-IA	57.64
32	Hardee, Anya	12	MCSC-IA	59.04
33	Hornung, Addy	9	VWV-IA	1:00.10
34	Karbeling-Kurth,	9	ICE-IA	1:02.38
35	Cochran, Clara	8	CIA-IA	1:02.57
36	McLaren, Hannal	10	RIP-IA	1:02.75
37	Lewis, Rylee	10	CIA-IA	1:02.99
38	Chen, Zoey	8	DMSF-IA	1:03.25
39	Keeling, Emma	10	CIA-IA	1:04.58
40	Mullins, Vera	9	ACAC-IA	1:04.73
41	Sandman, Grace	9	CIA-IA	1:07.02
42	Ahrens, Paityn	11	FAST-IA	1:07.24
43	McGuire, Edie	10	DSMY-IA	1:07.32
44	Kline, Lilly	11	CIA-IA	1:07.58
45	Jenkins, Mai	10	ACAC-IA	1:08.65
46	Ritchey, Lilo	10	SEA-IA	1:08.76
47	Peterson, Liesl	9	DMSF-IA	1:08.82
48	Hancock, Charlot	8	CIA-IA	1:10.61
49	Johansen, Adelin	9	CIA-IA	1:10.72

50	Cunningham, Jail	12	RSC-IA	1:11.03
51	Spradling, Eliana	9	CIA-IA	1:11.77
52	Hanson, Hannah	9	DMSF-IA	1:12.35
53	Carter, Haley	9	CAST-IA	1:15.18
54	Luttgeharm, Elai	10	CIA-IA	1:15.67
55	Boese, Clara	9	DMSF-IA	1:17.48
56	Simmons, Isla	8	RSC-IA	1:18.70
57	Books, Londyn	7	USSD-IA	1:20.08
58	Bry, Chloe	8	MCSC-IA	1:24.42
59	Mathews, Ingrid	10	ACAC-IA	1:27.28
60	Gebauer, Marlow	9	CIA-IA	1:42.07
61	Flickinger, Gwen	8	ACAC-IA	NT
62	Beagley, Lydia	9	ACAC-IA	NT
63	O'Brien, Evelyn	8	BAB-IA	NT
64	Dumermuth, Del	8	BLAZ-IA	NT
65	Monaghan, Katie	11	CIA-IA	NT
66	Schweers, Genev	10	CIA-IA	NT
67	Williams, Quinn	10	COE-IA	NT
68	Boese, Alice	7	DMSF-IA	NT
69	McGuire, Edie	10	DSMY-IA	NT
70	Kreutzer, Kinsley	12	DSMY-IA	NT
71	Tomka, Evelyn	6	RIP-IA	NT
72	Hakeman, Linley	9	USSD-IA	NT
#52 Boys 12 & Under 50 LC Meter Breaststroke				
56.49 9-10 IASI				
45.19 11-12 IASI				
Name	Age	Team	Seed Time	
1	Norem, Layten	12	ACAC-IA	38.74 IASI
2	Qualley, Parker	12	DSMY-IA	40.20 IASI
3	Calderon, LuisM	12	ACAC-IA	43.03 IASI
4	Fausch, Zach	11	CIA-IA	43.51 IASI
5	Bru, Reece	11	CIA-IA	44.07 IASI
6	Whitmore, Brysc	11	ACAC-IA	46.72
7	Freesean, Griff	12	RIP-IA	48.33
8	Rees, Brighton	10	ACAC-IA	48.34 IASI
9	Williams, Max	12	COE-IA	50.39
10	Siebrecht, Ryder	12	CAST-IA	51.25
11	Todsens, Gavin	12	CIA-IA	51.97
12	Slama, Mason	12	CIA-IA	53.31
13	Carpenter, Malac	11	CIA-IA	54.35
14	Hutzell, Wyatt	10	ACAC-IA	56.67
15	Johnson, Henry	12	RIP-IA	56.88
16	Tran, Colin	9	CIA-IA	57.12
17	Kokjohn, Cohen	10	BAB-IA	57.79
18	Dacey, Bennett	8	ACAC-IA	58.04
19	Tourney, Emmet	9	RWSC-MN	58.62
20	Ratcliff, Blake	11	RIP-IA	59.47
21	Meyer, Sully	9	RIP-IA	1:01.02
22	Israel, Jake	9	CIA-IA	1:03.04
23	Brouchous, Emr	12	CAST-IA	1:04.72
24	Ocheltree, Hawk	10	DSMY-IA	1:07.16
25	Chrisco, Kingsto	10	ACAC-IA	1:07.78
26	Cody, Jay	11	RWSC-MN	1:09.99
27	Russell, Bennett	9	CIA-IA	1:10.18
28	Connolly, James	9	DSMY-IA	1:12.39
29	Demirci, Efe	7	ACAC-IA	1:14.47
30	Olsen, Landon	9	ACAC-IA	NT
31	Wood, Finn	11	ACAC-IA	NT
32	Shaver, Oliver	9	ACAC-IA	NT

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#52 ... (Boys 12 & Under 50 LC Meter Breaststroke)			
33	Brace, Eli	10	CIA-IA NT
34	Lassers, Teddy	10	CIA-IA NT
35	Israel, James	9	CIA-IA NT
36	McGuire, Louie	12	DSMY-IA NT
37	Chodorowski, Sil	9	MCSC-IA NT
38	Chodorowski, W	12	MCSC-IA NT
39	Brase, Kieran	10	RIP-IA NT
40	Avitt, Jacob	10	SEA-IA NT
41	Reynolds, Jax	12	USSD-IA NT

#53 Girls 12 & Under 100 LC Meter Butterfly			
1:52.99 9-10 IASI			
1:28.49 11-12 IASI			
	Name	Age	Team Seed Time
1	Fenton, Aspen	12	DMSF-IA 1:15.94 IASI
2	Schoolen, Ruby	12	RSC-IA 1:21.05 IASI
3	Bykova, Sasha	12	DMSF-IA 1:21.67 IASI
4	Meyer, Gwen	12	RIP-IA 1:25.79 IASI
5	Garrison, Jorgia	11	RSC-IA 1:25.98 IASI
6	Leidinger, Callie	12	COE-IA 1:26.62 IASI
7	Cygankova, Polin	12	DSMY-IA 1:27.06 IASI
8	Stonehocker, Tri	12	DMSF-IA 1:27.80 IASI
9	Qualley, Reagan	10	DSMY-IA 1:27.85 IASI
10	Gevoek, Trinity	11	SEA-IA 1:29.86
11	Israel, Brynn	11	CIA-IA 1:29.98
12	Hornung, Harpei	11	WW-IA 1:34.04
13	Smith, Hayden	10	DMSF-IA 1:34.62 IASI
14	Garnaas, Ava	11	DMSF-IA 1:35.24
15	Spear, Lilliana	10	CIA-IA 1:36.98 IASI
16	Kovacevich, Elea	11	ACAC-IA 1:37.54
17	Ocheltree, Kinnic	12	DSMY-IA 1:39.09
18	Tudor, Ellery	11	USSD-IA 1:43.54
19	Freeseaman, Josie	10	RIP-IA 1:45.73 IASI
20	Freeseaman, Ivy	9	RIP-IA 1:57.72
21	Ward, Amelia	9	CIA-IA 2:03.90
22	Cody, Collins	11	MCSC-IA 2:05.36
23	Neese, Savanna	11	USSD-IA 2:06.68
24	Cygankova, Alisa	9	DSMY-IA 2:07.60
25	Thomas, Liv	10	RSC-IA 2:09.80
26	Hancock, Charlot	8	CIA-IA 2:14.08
27	Books, Malia	12	USSD-IA 2:25.08
28	Tomka, Delaney	8	RIP-IA 2:45.94
29	Currey, Rosie	9	ACAC-IA NT
30	Currey, Emmy	9	ACAC-IA NT
31	Cochran, Delaney	10	CIA-IA NT
32	Mooney, Sabrina	10	DMSF-IA NT
33	Karbeling-Kurth,	12	ICE-IA NT

#54 Boys 12 & Under 100 LC Meter Butterfly			
1:50.79 9-10 IASI			
1:26.29 11-12 IASI			
	Name	Age	Team Seed Time
1	Rychnovsky, Bec	12	DMSF-IA 1:10.56 IASI
2	Calderon, LuisMi	12	ACAC-IA 1:14.55 IASI
3	Green, Reilly	12	DMSF-IA 1:19.39 IASI
4	Mintle, Easton	10	DMSF-IA 1:20.03 IASI
5	Bru, Reece	11	CIA-IA 1:21.39 IASI
6	Siebrecht, Ryder	12	CAST-IA 1:25.21 IASI

7	Sexton, James	11	CIA-IA 1:34.40
8	Dube, Etienne	11	ACAC-IA 1:37.93
9	LaPan, Henry	11	USSD-IA 1:46.05
10	Smith, Harry	12	DMSF-IA 1:55.05
11	Sisul, Jenner	11	SEA-IA 1:57.79
12	Dingus, Blain	11	BAB-IA NT
13	Van Soelen, Harr	10	DMSF-IA NT
14	Tourney, Emmett	9	RWSC-MN NT

#55 Girls 9-12 400 LC Meter Freestyle				
6:51.09 9-10 IASI				
5:49.69 11-12 IASI				
	Name	Age	Team	Seed Time
1	Bykova, Sasha	12	DMSF-IA	5:13.17 IASI
2	Brons, Josie	11	DMSF-IA	5:25.70 IASI
3	Tran, Victoria	12	CIA-IA	5:26.03 IASI
4	Lewis, Madyson	12	CIA-IA	5:27.58 IASI
5	Hutzell, Rowen	12	ACAC-IA	5:31.42 IASI
6	Lamb, Addison	11	ACAC-IA	5:35.47 IASI
7	Peterson, Greta	12	DMSF-IA	5:38.05 IASI
8	Smyth, Vivi	12	RWSC-MN	5:42.20 IASI
9	Gevoek, Trinity	11	SEA-IA	5:43.11 IASI
10	Stein, Izzy	12	CAST-IA	5:45.33 IASI
11	Hanson, Aubrey	12	CIA-IA	5:49.10 IASI
12	Israel, Brynn	11	CIA-IA	5:50.14
13	Baker, Caroline	11	CIA-IA	5:52.37
14	Smith, Hayden	10	DMSF-IA	5:52.82 IASI
15	Larson, Rachel	11	DSMY-IA	5:55.19
16	Albrecht, Brynle	12	DSMY-IA	5:59.52
17	Fitch, Lauren	11	NSST-IA	6:09.88
18	Fillius, Willa	12	NSST-IA	6:15.34
19	Demirci, Ada	12	ACAC-IA	6:20.98
20	Johnson, Kyla	10	DMSF-IA	6:22.48 IASI
21	Hanson, Ainslie	11	RWSC-MN	6:42.12
22	Driscoll, Bailey	12	MCSC-IA	7:02.60
23	Benson, Kahlia	10	RWSC-MN	7:18.01
24	Bry, Emma	11	MCSC-IA	7:31.89
25	Jacobson, Whitn	9	RWSC-MN	7:33.37
26	Cody, Collins	11	MCSC-IA	7:52.89
27	Jenkins, Mai	10	ACAC-IA	NT
28	Luttgeharm, Elai	10	CIA-IA	NT
29	Howe, Mollie	10	CIA-IA	NT
30	Mooney, Sabrina	10	DMSF-IA	NT
31	Butler, Mathilde	12	DSMY-IA	NT
32	Knox, Makayla	12	FAST-IA	NT
33	Soukup, Lyv	12	USSD-IA	NT
34	Jacobson, Kinzee	12	RWSC-MN	NT

#56 Boys 9-12 400 LC Meter Freestyle				
6:44.49 9-10 IASI				
5:48.69 11-12 IASI				
	Name	Age	Team	Seed Time
1	Rychnovsky, Bec	12	DMSF-IA	4:37.28 IASI
2	Mintle, Easton	10	DMSF-IA	5:25.86 IASI
3	Otis, Bennett	12	DMSF-IA	5:28.64 IASI
4	Freeseaman, Griff	12	RIP-IA	5:36.89 IASI
5	Zhang, Allen	12	DMSF-IA	5:52.97
6	Nakama, Kano	12	ACAC-IA	6:02.14
7	Kell, Henry	12	ACAC-IA	6:02.44
8	Fausch, Zach	11	CIA-IA	6:03.67

9	LaPan, Henry	11	USSD-IA 6:34.39
10	Dube, Etienne	11	ACAC-IA 6:46.24
11	Slama, Mason	12	CIA-IA 7:19.59
12	Ghimire, Sanji	12	ACAC-IA NT
13	Whitmore, Brysc	11	ACAC-IA NT
14	Naylor, Jackson	11	CIA-IA NT
15	Johnson, Ryker	11	SEA-IA NT

#57 Girls 12 & Under 200 LC Meter Freestyle Relay		
	Team	Relay Seed Time
1	RSC-IA	A 2:25.00
2	CIA-IA	A 2:36.90
3	CIA-IA	B 2:38.85
4	CIA-IA	C 2:39.27
5	CIA-IA	D 2:42.81
6	CIA-IA	E 2:43.68
7	MCSC-IA	A 2:48.20
8	CIA-IA	F 3:16.81
9	CIA-IA	G NT

#58 Boys 12 & Under 200 LC Meter Freestyle Relay		
	Team	Relay Seed Time
1	CIA-IA	A 2:47.19
2	RSC-IA	A 2:54.00
3	CIA-IA	B 2:55.99
4	CIA-IA	C 4:30.16

#59 Women 13 & Over 200 LC Meter Freestyle			
2:32.49 13-14 IASI			
2:10.99 15&O SSEC Summer Sectionals			
2:23.19 15&O IASI			
	Name	Age	Team Seed Time
1	Woolums, Brynn	17	CIA-IA 2:10.73 SSEC
2	Hassett, Sassy	17	DMSF-IA 2:15.40 IASI
3	Corwin, Kimber	15	CIA-IA 2:15.51 IASI
4	Assaad, Sarah	17	CIA-IA 2:17.24 IASI
5	Swaim, Maddy	13	DMSF-IA 2:19.62 IASI
6	Vobr, Jaylee	17	NST-IA 2:20.69 IASI
7	Gevoek, Piper	14	SEA-IA 2:22.40 IASI
8	Weinheimer, Hay	16	NSST-IA 2:23.75
9	Ernsperger, Isab	16	CIA-IA 2:24.07
10	Woolums, Zoe	15	CIA-IA 2:24.24
11	Harger, Jordan	18	RSC-IA 2:24.57
12	Anderson, Avery	15	CIA-IA 2:24.86
13	Pekarek, Anna	13	RSC-IA 2:25.82 IASI
14	Cline, Haven	16	NSST-IA 2:26.81
15	Dee, Adilyn	14	CIA-IA 2:27.11 IASI
16	McCloud, Reid	14	SEA-IA 2:27.12 IASI
17	Loo, Ivy	15	CIA-IA 2:27.25
18	Meyer, Addie	13	RIP-IA 2:27.61 IASI
19	Gummert, Maisie	16	CIA-IA 2:28.07
20	Mujic, Irma	17	USSD-IA 2:28.62
21	Tchaprazova, Kal	15	CIA-IA 2:28.76
22	Assaad, Dana	13	CIA-IA 2:29.68 IASI
23	Elmore, Addison	14	CIA-IA 2:29.74 IASI
24	Frantum, Maddie	13	CIA-IA 2:30.99 IASI
25	Thompson, Josly	15	CIA-IA 2:31.28
26	Hedrick, Piper	14	CIA-IA 2:31.57 IASI
27	Cygankova, Lidia	13	DSMY-IA 2:31.93 IASI
28	Baker, Norah	14	CIA-IA 2:31.97 IASI
29	Peterson, Brookl	13	CIA-IA 2:32.07 IASI

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#59 ... (Women 13 & Over 200 LC Meter Freestyle)					10	Bykov, Leon	15	DMSF-IA	2:10.75	IASI	#61 Women 13 & Over 100 LC Meter Breaststroke				
30	Parson, Lucy	16	USSD-IA	2:32.10	11	Smith, Carter	14	DMSF-IA	2:11.61	IASI	1:31.19 13-14 IASI				
31	Roberts, Kelyn	14	RSC-IA	2:33.09	12	Hammond, Breni	15	RSC-IA	2:12.85		1:17.49 15&O SSEC Summer Sectionals				
32	Blackford, Mia	17	RSC-IA	2:33.15	13	Hammond, Alex	17	RSC-IA	2:13.34		1:25.29 15&O IASI				
33	Hudson, Natalie	13	DMSF-IA	2:33.95	14	Wisehart, Lando	14	CIA-IA	2:13.78	IASI					
34	Freeseaman, Gabi	13	RIP-IA	2:35.06	15	Brown, Hayden	16	COE-IA	2:14.29						
35	Smith, Ella	14	DMSF-IA	2:35.09	16	Kearney, Noah	17	DSMY-IA	2:14.38						
36	Labresh, Joella	17	NSST-IA	2:35.40	17	Cunningham, Coi	16	NSST-IA	2:14.97						
37	Betts, Mallory	15	DMSF-IA	2:36.92	18	Koenigsfeld, Cha	14	DMSF-IA	2:15.65	IASI					
38	Kane, Gracie	16	COE-IA	2:37.09	19	Houlihan, Patrici	15	COE-IA	2:16.24						
39	Davis, Chloe	14	DMSF-IA	2:37.32	20	Kuennen, Benjan	16	WW-IA	2:17.44						
40	Lamb, Nora	16	SEA-IA	2:38.27	21	Nedved, Henry	14	DMSF-IA	2:17.50	IASI					
41	Jacobson, Charle	14	RWSC-MN	2:38.46	22	Drendel, Will	15	CIA-IA	2:17.51						
42	Huston, Harper	13	CIA-IA	2:38.81	23	Linderblood, Jud	14	CIA-IA	2:18.74	IASI					
43	Murray, Brynn	14	MCSC-IA	2:39.10	24	Fertig, Jonah	17	RSC-IA	2:20.11						
44	Driscoll, Rylee	15	MCSC-IA	2:39.35	25	Kline, Simon	14	USSD-IA	2:20.88	IASI					
45	Damge, Camryn	17	NSST-IA	2:40.42	26	Jeffryes, Max	13	CIA-IA	2:21.06	IASI					
46	Ocheltree, Hayde	15	DSMY-IA	2:40.83	27	Murray, Kellen	13	CIA-IA	2:21.15	IASI					
47	Beauchamp, Mac	16	CIA-IA	2:40.93	28	Schumacher, Bra	14	CIA-IA	2:21.44	IASI					
48	Gruenisen, Sami	14	CIA-IA	2:42.49	29	Troyer, Austin	18	NSST-IA	2:21.46						
49	Dohrman, Claire	13	ACAC-IA	2:45.65	30	Jones, Jorel	16	NSST-IA	2:21.54						
50	Frideres, Keira	14	ACAC-IA	2:46.03	31	Cornwell, Conno	16	NSST-IA	2:21.89						
51	Conn, Lillie	16	RSC-IA	2:46.13	32	Murphy, Logan	15	MCSC-IA	2:22.20						
52	Ritter, Olivia	17	BAB-IA	2:47.39	33	Spradling, Tyler	13	CIA-IA	2:22.74	IASI					
53	Boevers, Makenr	13	USSD-IA	2:47.70	34	Mintle, Harrison	13	DMSF-IA	2:22.76	IASI					
54	Damge, Evelyn	17	NSST-IA	2:49.72	35	Hughes, Daxton	15	DMSF-IA	2:23.40						
55	Dahm, Evie	15	CIA-IA	2:50.98	36	Wittmayer, Mattl	13	CIA-IA	2:24.58						
56	Nedder, Julia	15	SEA-IA	2:53.66	37	Wittenwyler, Nol	14	RIP-IA	2:25.96						
57	Konchalski, Dela	13	NSST-IA	2:54.85	38	Naylor, Carson	16	CIA-IA	2:27.55						
58	Fisher, Corinne	13	MCSC-IA	2:55.06	39	Ortega, Zion	17	CIA-IA	2:28.28						
59	Cooper, Audrey	16	RSC-IA	2:56.07	40	Swinger, Hudson	14	DSMY-IA	2:30.00						
60	Lepley, Hunter	14	NSST-IA	2:56.24	41	Holms, Donny	14	BLAZ-IA	2:31.00						
61	Honkamp, Claire	14	DMSF-IA	2:57.01	42	Grubb, Cael	14	CIA-IA	2:32.14						
62	Mason, Adelyn	14	CIA-IA	2:58.12	43	Lucas, Gavin	17	COE-IA	2:33.66						
63	Hawks, Joni	13	RIP-IA	3:04.02	44	Boender, Sully	14	SEA-IA	2:35.71						
64	VanDis, Adah	13	DMSF-IA	3:11.21	45	Levisay, Ethan	14	COE-IA	2:36.59						
65	Brown, Clara	13	FAST-IA	3:21.80	46	Marks, Clayton	14	ACAC-IA	2:39.10						
66	Cunningham, Lyc	13	NSST-IA	3:23.33	47	Parry, Spencer	13	BLAZ-IA	2:39.23						
67	Shelton, Macie	13	USSD-IA	3:28.15	48	Sytsma, Dawson	15	SEA-IA	2:41.33						
68	Kenkel, Isabel	17	ACAC-IA	NT	49	Wood, Logan	15	CIA-IA	2:42.18						
69	Hinshaw, Rebecc	16	BAB-IA	NT	50	Ortega, Ijah	15	CIA-IA	2:42.76						
70	Burt, Bailey	13	RSC-IA	NT	51	Lamb, Miles	14	SEA-IA	2:43.60						
71	Kern, Elizabeth	14	SEA-IA	NT	52	Snyder, Levi	15	SEA-IA	2:45.95						
72	Jenkins, Josie	13	SEA-IA	NT	53	Gagov, Alex	13	CIA-IA	2:46.75						
#60 Men 13 & Over 200 LC Meter Freestyle					54	Garrison, Jaden	13	RSC-IA	2:46.87						
2:23.59 13-14 IASI					55	Howe, Jake	13	CIA-IA	2:49.87						
2:00.49 15&O SSEC Summer Sectionals					56	Dunham, Owen	14	COE-IA	2:59.19						
2:12.09 15&O IASI					57	Gibson, Everitt	13	BAB-IA	NT						
					58	Bollig, Meyer	13	CIA-IA	NT						
					59	Hughes, Daxton	15	DMSF-IA	NT						
					60	Demianyshen, Di	16	DMSF-IA	NT						
					61	Demianyshen, Di	16	DMSF-IA	NT						
					62	Marchese, Pax	16	DSMY-IA	NT						
					63	Rosvold, ian	15	SEA-IA	NT						
</															

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#61 ... (Women 13 & Over 100 LC Meter Breaststroke)

55	Brown, Clara	13	FAST-IA	NT
56	Jenkins, Josie	13	SEA-IA	NT
57	Shelton, Macie	13	USSD-IA	NT

#62 Men 13 & Over 100 LC Meter Breaststroke

1:26.39 13-14 IASI				
1:11.99 15&O SSEC Summer Sectionals				
1:16.99 15&O IASI				
Name	Age	Team	Seed Time	

1	Seifert, Andrew	17	COE-IA	1:07.38 SSEC
2	Sease, Leegan	17	ACAC-IA	1:11.91 SSEC
3	Schlueter, Natha	14	CIA-IA	1:13.65 IASI
4	Berry-Stoelzle, P	17	COE-IA	1:14.50 IASI
5	Lai, Joseph	16	NSST-IA	1:16.70 IASI
6	Fertig, Jonah	17	RSC-IA	1:18.18
7	Walsh, Jack	15	DSMY-IA	1:18.93
8	Treharne, Clayto	14	LMST-IA	1:20.14 IASI
9	Cunningham, Co	16	NSST-IA	1:20.41
10	Wisehart, Lando	14	CIA-IA	1:20.63 IASI
11	Kearney, Noah	17	DSMY-IA	1:21.51
12	Mintle, Harrison	13	DMSF-IA	1:21.82 IASI
13	Kline, Simon	14	USSD-IA	1:22.96 IASI
14	Koenigsfeld, Cha	14	DMSF-IA	1:23.53 IASI
15	Jeffries, Max	13	CIA-IA	1:24.48 IASI
16	Winner, Kyler	15	CIA-IA	1:26.19
17	Spradling, Tyler	13	CIA-IA	1:26.24 IASI
18	Kunkel, Sam	15	ACAC-IA	1:26.82
19	Troyer, Austin	18	NSST-IA	1:28.05
20	Ortega, Ijah	15	CIA-IA	1:28.49
21	Levisay, Ethan	14	COE-IA	1:29.49
22	Smith, Carter	14	DMSF-IA	1:30.36
23	Bykov, Leon	15	DMSF-IA	1:30.86
24	Grubb, Cael	14	CIA-IA	1:31.37
25	Houlihan, Patrici	15	COE-IA	1:34.23
26	Murray, Kellen	13	CIA-IA	1:34.43
27	Ortega, Zion	17	CIA-IA	1:34.69
28	Sytsma, Dawson	15	SEA-IA	1:36.24
29	Marchese, Pax	16	DSMY-IA	1:37.36
30	Marks, Clayton	14	ACAC-IA	1:37.85
31	Boender, Sully	14	SEA-IA	1:40.92
32	Drendel, Will	15	CIA-IA	1:42.37
33	Garrison, Jaden	13	RSC-IA	1:43.50
34	Fausch, Jackson	14	CIA-IA	1:45.54
35	McCammon, Jake	13	BLAZ-IA	1:47.64
36	Deutmeyer, Jack	14	COE-IA	1:47.79
37	Lamb, Miles	14	SEA-IA	1:50.82
38	Gibson, Everitt	13	BAB-IA	1:50.93
39	Nedved, Henry	14	DMSF-IA	1:51.29
40	Bollig, Meyer	13	CIA-IA	1:52.66
41	Parker, Luke	14	BLAZ-IA	2:02.15
42	Vallas, Brooks	14	CIA-IA	2:06.19
43	Marr, Bash	13	ACAC-IA	2:07.01
44	Davidson, Liam	13	CIA-IA	2:28.54
45	Wood, Ethan	13	BLAZ-IA	NT
46	Parry, Spencer	13	BLAZ-IA	NT
47	Wittmayer, Mattl	13	CIA-IA	NT
48	Linderblood, Jud	14	CIA-IA	NT
49	Wood, Logan	15	CIA-IA	NT

50	Wuest, Aaron	14	CIA-IA	NT
51	Demianyshe, D	16	DMSF-IA	NT
52	Demianyshe, D	16	DMSF-IA	NT
53	Nanaziashvili, D	14	DSMY-IA	NT
54	Nanaziashvili, D	14	DSMY-IA	NT
55	Snyder, Levi	15	SEA-IA	NT
56	Grimm, Ian	15	USSD-IA	NT

#63 Women 13 & Over 200 LC Meter Backstroke

2:51.79 13-14 IASI				
2:26.99 15&O SSEC Summer Sectionals				
2:44.89 15&O IASI				
Name	Age	Team	Seed Time	

1	Weinheimer, Hay	16	NSST-IA	2:29.57 IASI
2	Honkamp, Annie	19	DMSF-IA	2:30.18 IASI
3	Eastman, Julia	18	FAST-IA	2:33.34 IASI
4	Hassett, Sassy	17	DMSF-IA	2:38.73 IASI
5	Assaad, Sarah	17	CIA-IA	2:38.91 IASI
6	Cunningham, Cla	17	NSST-IA	2:40.45 IASI
7	Woolums, Zoe	15	CIA-IA	2:43.47 IASI
8	Meyer, Addie	13	RIP-IA	2:43.97 IASI
9	Frantum, Maddie	13	CIA-IA	2:45.25 IASI
10	Hedrick, Piper	14	CIA-IA	2:46.06 IASI
11	Woolums, Brynn	17	CIA-IA	2:47.04
12	Dange, Camryn	17	NSST-IA	2:47.27
13	Labresh, Joella	17	NSST-IA	2:50.12
14	McCloud, Reid	14	SEA-IA	2:50.50 IASI
15	Parson, Annie	13	USSD-IA	2:51.57 IASI
16	Swaim, Maddy	13	DMSF-IA	2:51.66 IASI
17	Cline, Haven	16	NSST-IA	2:52.97
18	Dee, Adilyn	14	CIA-IA	2:55.73
19	Smith, Ella	14	DMSF-IA	2:56.06
20	Cyankova, Lidia	13	DSMY-IA	3:00.99
21	Blackford, Mia	17	RSC-IA	3:01.04
22	Bruere, Bricia	13	DMSF-IA	3:01.54
23	Boevers, Makenr	13	USSD-IA	3:02.18
24	Sailor, Isabella	17	NST-IA	3:04.04
25	Morales, Karla	15	CIA-IA	3:04.12
26	Frideres, Keira	14	ACAC-IA	3:04.57
27	Kane, Gracie	16	COE-IA	3:06.79
28	Driscoll, Rylee	15	MCSC-IA	3:07.58
29	Mason, Adelyn	14	CIA-IA	3:07.87
30	Hudson, Natalie	13	DMSF-IA	3:08.10
31	Davis, Chloe	14	DMSF-IA	3:08.25
32	Gevoek, Piper	14	SEA-IA	3:08.97
33	Tracy, Brooklyn	14	CIA-IA	3:14.20
34	Pekarek, Anna	13	RSC-IA	3:16.70
35	Beauchamp, Mac	16	CIA-IA	3:19.11
36	Betts, Mallory	15	DMSF-IA	3:23.12
37	Dohrman, Claire	13	ACAC-IA	3:28.22
38	Jacobson, Charle	14	RWSC-MN	3:36.00
39	Kiekhaefer, Chlo	15	CIA-IA	NT
40	Gruenisen, Sami	14	CIA-IA	NT
41	Elmore, Addison	14	CIA-IA	NT
42	McDonough, Bric	14	DMSF-IA	NT
43	Leder, Maeve	13	DMSF-IA	NT
44	Fisher, Corinne	13	MCSC-IA	NT
45	Sailor, Lilly	13	NST-IA	NT
46	Pekarek, Lila	15	RSC-IA	NT
47	Cooper, Audrey	16	RSC-IA	NT

#64 Men 13 & Over 200 LC Meter Backstroke

2:45.89 13-14 IASI				
2:18.09 15&O SSEC Summer Sectionals				
2:32.09 15&O IASI				
Name	Age	Team	Seed Time	

1	Feilmeyer, Evan	19	ACAC-IA	2:13.87 SSEC
2	Smith, Jackson	17	DMSF-IA	2:16.14 SSEC
3	Treharne, Clayto	14	LMST-IA	2:16.42 IASI
4	Kearney, Noah	17	DSMY-IA	2:22.13 IASI
5	Bykov, Leon	15	DMSF-IA	2:23.05 IASI
6	Sanchez, Camero	16	CIA-IA	2:24.71 IASI
7	Fausch, Jackson	14	CIA-IA	2:25.31 IASI
8	Briggs, Colby	18	NSST-IA	2:26.72 IASI
9	Brown, Hayden	16	COE-IA	2:27.69 IASI
10	Walsh, Jack	15	DSMY-IA	2:27.97 IASI
11	Schlueter, Natha	14	CIA-IA	2:28.87 IASI
12	Smith, Carter	14	DMSF-IA	2:33.19 IASI
13	Koenigsfeld, Cha	14	DMSF-IA	2:33.39 IASI
14	Leuenberger, Jac	14	NST-IA	2:38.32 IASI
15	Jeffries, Max	13	CIA-IA	2:38.39 IASI
16	Sikora, Owen	13	RSC-IA	2:40.05 IASI
17	Wittenwyler, Nol	14	RIP-IA	2:41.46 IASI
18	Schumacher, Bra	14	CIA-IA	2:42.38 IASI
19	Swinger, Hudson	14	DSMY-IA	2:44.30 IASI
20	Naylor, Carson	16	CIA-IA	2:44.74
21	Murphy, Logan	15	MCSC-IA	2:49.65
22	Holms, Donny	14	BLAZ-IA	2:52.19
23	Boender, Sully	14	SEA-IA	2:54.50
24	Howe, Jake	13	CIA-IA	3:04.26
25	Spradling, Tyler	13	CIA-IA	3:06.45
26	Lamb, Miles	14	SEA-IA	3:15.67
27	Dunham, Owen	14	COE-IA	3:22.99
28	Drendel, Will	15	CIA-IA	NT
29	Nedved, Henry	14	DMSF-IA	NT
30	Sytsma, Dawson	15	SEA-IA	NT
31	Rosvold, ian	15	SEA-IA	NT

#65 Women 13 & Over 50 LC Meter Freestyle

31.79 13-14 IASI				
28.09 15&O SSEC Summer Sectionals				
30.29 15&O IASI				
Name	Age	Team	Seed Time	

1	Harger, Jordan	18	RSC-IA	28.05 SSEC
2	Weinheimer, Hay	16	NSST-IA	28.46 IASI
3	Mujic, Irma	17	USSD-IA	29.41 IASI
4	Cerbin, Emerson	18	CIA-IA	29.65 IASI
5	Cline, Haven	16	NSST-IA	29.91 IASI
6	Loo, Ivy	15	CIA-IA	30.02 IASI
7	Parson, Lucy	16	USSD-IA	30.03 IASI
8	Swaim, Maddy	13	DMSF-IA	30.11 IASI
9	Roberts, Kelyn	14	RSC-IA	30.34 IASI
10	Eastman, Julia	18	FAST-IA	30.37
11	Sailor, Isabella	17	NST-IA	30.44
12	Elmore, Addison	14	CIA-IA	30.48 IASI
13	Speers, Elizabeth	16	BAB-IA	30.84
14	Peterson, Brookl	13	CIA-IA	31.06 IASI
15	Baker, Norah	14	CIA-IA	31.09 IASI
16	Dee, Adilyn	14	CIA-IA	31.10 IASI
17	Capman, Kenned	19	CIA-IA	31.11

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025
2025 CIA Beat the Heat, Sanction #: IA-25-86
Wellmark YMCA, June 23-25 2023, 50 meter
Psych Sheet

#65 ... (Women 13 & Over 50 LC Meter Freestyle)			
18	Dayton, Emelia	17	RSC-IA 31.26
19	Bruere, Bricia	13	DMSF-IA 31.39 IASI
20	Woolums, Zoe	15	CIA-IA 31.49
21	Ocheltree, Hayde	15	DSMY-IA 31.54
22	Cunningham, Cla	17	NSST-IA 31.56
23	McDonough, Bric	14	DMSF-IA 31.64 IASI
24	Cyankova, Lidia	13	DSMY-IA 31.75 IASI
25	Hedrick, Piper	14	CIA-IA 31.76 IASI
26	Dohrman, Claire	13	ACAC-IA 31.93
27	Anderson, Avery	15	CIA-IA 32.12
28	Freeseaman, Gabl	13	RIP-IA 32.15
29	Huston, Harper	13	CIA-IA 32.16
30	Gruenisen, Sami	14	CIA-IA 32.18
31	Gummert, Maisie	16	CIA-IA 32.19
32	Hudson, Natalie	13	DMSF-IA 32.19
33	Peterson, Grace	13	DMSF-IA 32.20
34	Handsaker, Lydie	13	ACAC-IA 32.26
35	Driscoll, Rylee	15	MCSC-IA 32.47
36	Thompson, Josly	15	CIA-IA 32.51
37	Tchaprazova, Kal	15	CIA-IA 32.56
38	Nedder, Julia	15	SEA-IA 32.59
39	Hoss, Brooke	15	CIA-IA 32.63
40	Frantum, Maddie	13	CIA-IA 32.68
41	Ritter, Olivia	17	BAB-IA 32.70
42	Mathews, Sonja	13	ACAC-IA 32.84
43	Morales, Karla	15	CIA-IA 32.91
44	Dahm, Evie	15	CIA-IA 32.93
45	Jacobson, Charle	14	RWSC-MN 33.08
46	Murray, Brynn	14	MCSC-IA 33.43
47	Kane, Gracie	16	COE-IA 33.49
48	Damge, Evelyn	17	NSST-IA 33.68
49	Mason, Adelyn	14	CIA-IA 33.70
50	Sarcone, Lydia	15	DMSF-IA 34.38
51	Sailor, Lilly	13	NST-IA 34.48
52	Fisher, Corinne	13	MCSC-IA 34.64
53	Lepley, Hunter	14	NSST-IA 34.64
54	Dacey, Alivia	13	ACAC-IA 34.87
55	Konchalski, Dela	13	NSST-IA 34.90
56	Frideres, Keira	14	ACAC-IA 35.42
57	Kanis, Kenzie	17	SEA-IA 35.48
58	Honkamp, Claire	14	DMSF-IA 35.51
59	King, Lainey	13	DMSF-IA 35.79
60	Hawks, Joni	13	RIP-IA 36.62
61	Tracy, Brooklyn	14	CIA-IA 36.71
62	Carter, June	13	RIP-IA 37.19
63	Cunningham, Lyc	13	NSST-IA 37.91
64	Backes, Estella	14	DMSF-IA 38.23
65	Schnepf, Mae	13	DMSF-IA 38.41
66	VanDis, Adah	13	DMSF-IA 38.56
67	Murray, Keira	17	MCSC-IA 38.90
68	Grimm, Lucy	13	USSD-IA 42.34
69	Brown, Clara	13	FAST-IA 45.95
70	Kenkel, Isabel	17	ACAC-IA NT
71	Hinshaw, Rebecc	16	BAB-IA NT
72	Powers, Chloe	15	DSMY-IA NT
73	Jenkins, Josie	13	SEA-IA NT
74	Shelton, Macie	13	USSD-IA NT

#66 Men 13 & Over 50 LC Meter Freestyle			
29.49 13-14 IASI			
25.29 15&O SSEC Summer Sectionals			
27.09 15&O IASI			
Name	Age	Team	Seed Time
1 Berry-Stoelzle, P	17	COE-IA	24.91 SSEC
2 Seifert, Marcus	18	COE-IA	25.09 SSEC
3 Seifert, Andrew	17	COE-IA	25.30 IASI
4 Lucas, Gavin	17	COE-IA	25.50 IASI
5 Bykov, Leon	15	DMSF-IA	25.91 IASI
6 Sease, Leegan	17	ACAC-IA	26.03 IASI
7 Hammond, Bren	15	RSC-IA	26.35 IASI
8 Lai, Joseph	16	NSST-IA	26.41 IASI
9 Troyer, Austin	18	NSST-IA	26.68 IASI
10 Fausch, Jackson	14	CIA-IA	26.69 IASI
11 Kearney, Noah	17	DSMY-IA	26.81 IASI
12 Kline, Simon	14	USSD-IA	27.12 IASI
13 Drendel, Will	15	CIA-IA	27.20
14 Ortega, Zion	17	CIA-IA	27.22
15 Vallas, Brooks	14	CIA-IA	27.76 IASI
16 Schlueter, Natha	14	CIA-IA	27.89 IASI
17 Brown, Hayden	16	COE-IA	28.19
18 Jones, Jorel	16	NSST-IA	28.25
19 Leuenberger, Jac	14	NST-IA	28.44 IASI
20 Kunkel, Sam	15	ACAC-IA	28.48
21 Sanchez, Camero	16	CIA-IA	28.54
22 Cunningham, Co	16	NSST-IA	28.61
23 Marks, Clayton	14	ACAC-IA	28.68 IASI
24 Cornwell, Conno	16	NSST-IA	28.84
25 Schumacher, Bra	14	CIA-IA	28.89 IASI
26 Ortega, Ijah	15	CIA-IA	29.24
27 Nedved, Henry	14	DMSF-IA	29.34 IASI
28 Koenigsfeld, Cha	14	DMSF-IA	29.42 IASI
29 Hughes, Daxton	15	DMSF-IA	29.49
30 Murphy, Logan	15	MCSC-IA	29.63
31 Fertig, Jonah	17	RSC-IA	29.72
32 Holms, Donny	14	BLAZ-IA	29.89
33 Murray, Kellen	13	CIA-IA	30.10
34 Mintle, Harrison	13	DMSF-IA	30.53
35 Wuest, Aaron	14	CIA-IA	30.59
36 Wittenwyler, Nol	14	RIP-IA	30.64
37 Naylor, Carson	16	CIA-IA	30.82
38 Gagov, Alex	13	CIA-IA	30.83
39 Grubb, Cael	14	CIA-IA	30.87
40 Demianyshen, D	16	DMSF-IA	31.29
41 Levisay, Ethan	14	COE-IA	32.89
42 Wood, Logan	15	CIA-IA	33.03
43 Garrison, Jaden	13	RSC-IA	34.11
44 McCammon, Jak	13	BLAZ-IA	34.92
45 Dunham, Owen	14	COE-IA	37.39
46 Deutmeyer, Jack	14	COE-IA	41.22
47 Davidson, Liam	13	CIA-IA	49.85
48 Marr, Bash	13	ACAC-IA	55.83
49 Gibson, Everitt	13	BAB-IA	NT
50 Parker, Luke	14	BLAZ-IA	NT
51 Wood, Ethan	13	BLAZ-IA	NT
52 Bollig, Meyer	13	CIA-IA	NT
53 Hughes, Daxton	15	DMSF-IA	NT
54 Demianyshen, D	16	DMSF-IA	NT

55 Nanaziashvili, D	14	DSMY-IA	NT
56 Swinger, Hudson	14	DSMY-IA	NT
57 Nanaziashvili, D	14	DSMY-IA	NT
58 Rosvold, ian	15	SEA-IA	NT
59 Grimm, Ian	15	USSD-IA	NT
#67 Women 13 & Over 200 LC Meter Butterfly			
2:59.19 13-14 IASI			
2:29.99 15&O SSEC Summer Sectionals			
2:47.29 15&O IASI			
Name	Age	Team	Seed Time
1 Corwin, Kimber	15	CIA-IA	2:26.76 SSEC
2 Vobr, Jaylee	17	NST-IA	2:31.22 IASI
3 Ernsperger, Isab	16	CIA-IA	2:37.04 IASI
4 Woolums, Brynn	17	CIA-IA	2:48.95
5 Freeseaman, Gabl	13	RIP-IA	2:53.96 IASI
6 Ocheltree, Hayde	15	DSMY-IA	2:56.46
7 Gevock, Piper	14	SEA-IA	3:03.97
8 McCloud, Reid	14	SEA-IA	3:07.03
9 Nedder, Julia	15	SEA-IA	3:12.80
10 Peterson, Brookl	13	CIA-IA	3:33.11
#68 Men 13 & Over 200 LC Meter Butterfly			
2:47.99 13-14 IASI			
2:17.89 15&O SSEC Summer Sectionals			
2:33.89 15&O IASI			
Name	Age	Team	Seed Time
1 Feilmeyer, Evan	19	ACAC-IA	2:07.98 SSEC
2 Schwebach, Owe	19	ACAC-IA	2:14.61 SSEC
3 McCorkle, Ian	19	ACAC-IA	2:16.30 SSEC
4 Ortega, Desmonc	16	CIA-IA	2:20.21 IASI
5 Hammond, Alex	17	RSC-IA	2:24.87 IASI
6 Walsh, Jack	15	DSMY-IA	2:27.04 IASI
7 Treharne, Clayto	14	LMST-IA	2:29.01 IASI
8 Houlihan, Patric	15	COE-IA	2:38.43
9 Jeffries, Max	13	CIA-IA	2:40.33 IASI
10 Mintle, Harrison	13	DMSF-IA	2:48.78
11 Sikora, Owen	13	RSC-IA	3:02.32
12 Marks, Clayton	14	ACAC-IA	NT
13 Winner, Kyler	15	CIA-IA	NT
14 Snyder, Levi	15	SEA-IA	NT
#69 Women 13 & Over 400 LC Meter Freestyle Relay			
Team	Relay	Seed Time	
1 CIA-IA	A	4:17.78	
2 RSC-IA	A	4:33.00	
3 CIA-IA	B	4:35.00	
4 CIA-IA	C	4:36.61	
5 CIA-IA	D	4:41.83	
6 NSST-IA	A	4:48.32	
7 CIA-IA	E	4:48.82	
8 SEA-IA	A	4:52.00	
9 RSC-IA	B	4:55.00	
10 CIA-IA	F	4:55.27	
11 MCSC-IA	A	5:27.48	
12 NSST-IA	B	6:35.90	
#70 Men 13 & Over 400 LC Meter Freestyle Relay			
Team	Relay	Seed Time	
1 RSC-IA	A	4:08.00	
2 NSST-IA	A	4:10.68	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Psych Sheet****#70 ... (Men 13 & Over 400 LC Meter Freestyle Relay)**

3	CIA-IA	A	4:30.03
4	CIA-IA	B	4:33.66
5	CIA-IA	C	4:38.98
6	CIA-IA	D	4:38.98
7	CIA-IA	E	4:49.58
8	SEA-IA	A	4:55.58