

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****Event 59 Girls 13-14 200 LC Meter Freestyle****2:32.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Swaim, Maddy	13	Des Moines Swim Federation-IA	2:19.62	2:19.77 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	2:22.40	2:21.65 IASI	17
3	Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	2:27.61	2:26.80 IASI	16
4	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	2:31.93	2:26.89 IASI	15
5	Assaad, Dana	13	Central Iowa Aquatics-IA	2:29.68	2:27.32 IASI	14
6	Frantum, Maddie	13	Central Iowa Aquatics-IA	2:30.99	2:28.33 IASI	13
7	McCloud, Reid	14	South East Aquatics-IA	2:27.12	2:28.56 IASI	12
8	Pekarek, Anna	13	Rams Swim Club-IA	2:25.82	2:29.11 IASI	11
9	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	2:35.06	2:30.31 IASI	9
10	Hudson, Natalie	13	Des Moines Swim Federation-IA	2:33.95	2:31.05 IASI	7
11	Hedrick, Piper	14	Central Iowa Aquatics-IA	2:31.57	2:31.65 IASI	6
12	Dee, Adilyn	14	Central Iowa Aquatics-IA	2:27.11	2:35.48	5
13	Jacobson, Charlee	14	Red Wing Swim Club-MN	2:38.46	2:36.39	4
14	Huston, Harper	13	Central Iowa Aquatics-IA	2:38.81	2:36.65	3
15	Davis, Chloe	14	Des Moines Swim Federation-IA	2:37.32	2:36.81	2
16	Elmore, Addison	14	Central Iowa Aquatics-IA	2:29.74	2:37.91	1
17	Boevers, Makenna	13	Uss Destroyers-IA	2:47.70	2:38.11	
18	Roberts, Kelyn	14	Rams Swim Club-IA	2:33.09	2:38.83	
19	Mason, Adelyn	14	Central Iowa Aquatics-IA	2:58.12	2:39.36	
20	Baker, Norah	14	Central Iowa Aquatics-IA	2:31.97	2:39.75	
21	Gruenisen, Sami	14	Central Iowa Aquatics-IA	2:42.49	2:41.30	
22	Smith, Ella	14	Des Moines Swim Federation-IA	2:35.09	2:41.58	
23	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	2:46.03	2:44.12	
24	Murray, Brynn	14	Mason City Swim Club-IA	2:39.10	2:49.88	
25	Fisher, Corinne	13	Mason City Swim Club-IA	2:55.06	2:51.90	
26	Kern, Elizabeth	14	South East Aquatics-IA	NT	2:53.51	
27	Konchalski, Delaney	13	North Side Swim Team-IA	2:54.85	2:56.51	
28	Lepley, Hunter	14	North Side Swim Team-IA	2:56.24	2:57.00	
29	Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	3:04.02	2:57.38	
30	Honkamp, Claire	14	Des Moines Swim Federation-IA	2:57.01	2:57.65	
31	Shelton, Macie	13	Uss Destroyers-IA	3:28.15	3:05.31	
32	VanDis, Adah	13	Des Moines Swim Federation-IA	3:11.21	3:11.23	
33	Jenkins, Josie	13	South East Aquatics-IA	NT	3:16.88	
34	Burt, Bailey	13	Rams Swim Club-IA	NT	3:22.65	
35	Cunningham, Lydia	13	North Side Swim Team-IA	3:23.33	3:29.70	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	3:21.80	NS	
---	Dohrman, Claire	13	Ames Cyclone Aquatics Club-IA	2:45.65	NS	

Event 59 Women 15 & Over 200 LC Meter Freestyle**2:10.99 15&O SSEC Summer Sectionals****2:23.19 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Corwin, Kimber	15	Central Iowa Aquatics-IA	2:15.51	2:13.50 IASI	20
2	Woolums, Brynnly	17	Central Iowa Aquatics-IA	2:10.73	2:13.62 IASI	17
3	Vobr, Jaylee	17	Northeastern Swim Team-IA	2:20.69	2:19.17 IASI	16
4	Weinheimer, Haylie	16	North Side Swim Team-IA	2:23.75	2:21.97 IASI	15
5	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	2:24.07	2:22.77 IASI	14
6	Woolums, Zoe	15	Central Iowa Aquatics-IA	2:24.24	2:23.17 IASI	13

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	Name	Age	Team	Seed Time	Finals Time	Points
7	Assaad, Sarah	17	Central Iowa Aquatics-IA	2:17.24	2:23.40	12
8	Anderson, Avery	15	Central Iowa Aquatics-IA	2:24.86	2:23.66	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	2:27.25	2:25.83	9
10	Mujic, Irma	17	Uss Destroyers-IA	2:28.62	2:28.11	7
11	Parson, Lucy	16	Uss Destroyers-IA	2:32.10	2:28.36	6
12	Harger, Jordan	18	Rams Swim Club-IA	2:24.57	2:29.08	5
13	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	2:29.83	4
14	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	2:28.76	2:30.37	3
15	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	2:31.03	2
16	Gummert, Maisie	16	Central Iowa Aquatics-IA	2:28.07	2:31.19	1
17	Cline, Haven	16	North Side Swim Team-IA	2:26.81	2:31.34	
18	Damge, Camryn	17	North Side Swim Team-IA	2:40.42	2:32.11	
19	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	2:40.83	2:34.33	
20	Blackford, Mia	17	Rams Swim Club-IA	2:33.15	2:36.14	
21	Driscoll, Rylee	15	Mason City Swim Club-IA	2:39.35	2:37.12	
22	Betts, Mallory	15	Des Moines Swim Federation-IA	2:36.92	2:38.18	
23	Labresh, Joella	17	North Side Swim Team-IA	2:35.40	2:41.08	
24	Ritter, Olivia	17	Burlington Area Bullsharks-IA	2:47.39	2:42.58	
25	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	2:40.93	2:45.20	
26	Dahm, Evie	15	Central Iowa Aquatics-IA	2:50.98	2:46.15	
27	Damge, Evelyn	17	North Side Swim Team-IA	2:49.72	2:46.46	
28	Lamb, Nora	16	South East Aquatics-IA	2:38.27	2:48.49	
29	Conn, Lillie	16	Rams Swim Club-IA	2:46.13	2:50.34	
30	Cooper, Audrey	16	Rams Swim Club-IA	2:56.07	2:54.91	
31	Nedder, Julia	15	South East Aquatics-IA	2:53.66	3:01.19	
---	Hassett, Sassy	17	Des Moines Swim Federation-IA	2:15.40	NS	
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	2:31.28	NS	

Event 60 Boys 13-14 200 LC Meter Freestyle**2:23.59 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:10.61	2:07.21 IASI	20
2	Smith, Carter	14	Des Moines Swim Federation-IA	2:11.61	2:10.93 IASI	17
3	Fausch, Jackson	14	Central Iowa Aquatics-IA	2:05.32	2:13.12 IASI	16
4	Wisehart, Landon	14	Central Iowa Aquatics-IA	2:13.78	2:15.16 IASI	15
5	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	2:15.65	2:15.84 IASI	14
6	Kline, Simon	14	Uss Destroyers-IA	2:20.88	2:16.92 IASI	13
7	Jeffryes, Max	13	Central Iowa Aquatics-IA	2:21.06	2:18.23 IASI	12
8	Gagov, Alex	13	Central Iowa Aquatics-IA	2:46.75	2:18.34 IASI	11
9	Murray, Kellen	13	Central Iowa Aquatics-IA	2:21.15	2:19.35 IASI	9
10	Nedved, Henry	14	Des Moines Swim Federation-IA	2:17.50	2:19.36 IASI	7
11	Schumacher, Brant	14	Central Iowa Aquatics-IA	2:21.44	2:20.24 IASI	6
12	Spradling, Tyler	13	Central Iowa Aquatics-IA	2:22.74	2:20.63 IASI	5
13	Mintle, Harrison	13	Des Moines Swim Federation-IA	2:22.76	2:22.16 IASI	4
14	Holms, Donny	14	Johnston Blaze Swim Club-IA	2:31.00	2:23.04 IASI	3
15	Grubb, Cael	14	Central Iowa Aquatics-IA	2:32.14	2:23.48 IASI	2
16	Levisay, Ethan	14	Kohawk Aquatics-IA	2:36.59	2:23.84	1
17	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	2:24.58	2:25.40	
18	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	2:39.10	2:25.41	
19	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	2:25.96	2:26.59	

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	Name	Age	Team	Seed Time	Finals Time	Points
20	Swinger, Hudson	14	Greater Des Moines YMCA-IA	2:30.00	2:27.07	
21	Boender, Sully	14	South East Aquatics-IA	2:35.71	2:30.42	
22	Parry, Spencer	13	Johnston Blaze Swim Club-IA	2:39.23	2:35.96	
23	Gibson, Everitt	13	Burlington Area Bullsharks-IA	NT	2:36.65	
24	Dunham, Owen	14	Kohawk Aquatics-IA	2:59.19	2:44.10	
25	Lamb, Miles	14	South East Aquatics-IA	2:43.60	2:44.59	
26	Garrison, Jaden	13	Rams Swim Club-IA	2:46.87	2:44.96	
27	Bollig, Meyer	13	Central Iowa Aquatics-IA	NT	2:47.06	
28	Howe, Jake	13	Central Iowa Aquatics-IA	2:49.87	2:47.47	

Event 60 Men 15 & Over 200 LC Meter Freestyle**2:00.49 15&O SSEC Summer Sectionals****2:12.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	McCorkle, Ian	19	Ames Cyclone Aquatics Club-IA	1:53.84	2:03.45 IASI	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	1:59.49	2:03.61 IASI	17
3	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	1:59.77	2:03.77 IASI	16
4	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	1:57.66	2:03.99 IASI	15
5	Houlihan, Patrick	15	Kohawk Aquatics-IA	2:16.24	2:10.71 IASI	14
6	Kuennen, Benjamin	16	Waukee Waves-IA	2:17.44	2:11.75 IASI	13
7	Seifert, Marcus	18	Kohawk Aquatics-IA	2:05.59	2:12.91	12
8	Briggs, Colby	18	North Side Swim Team-IA	2:09.19	2:13.50	11
9	Cunningham, Corban	16	North Side Swim Team-IA	2:14.97	2:14.14	9
10	Smith, Jackson	17	Des Moines Swim Federation-IA	2:10.37	2:15.63	7
11	Troyer, Austin	18	North Side Swim Team-IA	2:21.46	2:15.94	6
12	Lucas, Gavin	17	Kohawk Aquatics-IA	2:33.66	2:15.98	5
13	Fertig, Jonah	17	Rams Swim Club-IA	2:20.11	2:18.44	4
14	Naylor, Carson	16	Central Iowa Aquatics-IA	2:27.55	2:18.62	3
15	Kearney, Noah	17	Greater Des Moines YMCA-IA	2:14.38	2:19.10	2
16	Brown, Hayden	16	Kohawk Aquatics-IA	2:14.29	2:19.67	1
17	Marchese, Pax	16	Greater Des Moines YMCA-IA	NT	2:19.75	
18	Murphy, Logan	15	Mason City Swim Club-IA	2:22.20	2:20.22	
19	Cornwell, Connor	16	North Side Swim Team-IA	2:21.89	2:22.99	
20	Drendel, Will	15	Central Iowa Aquatics-IA	2:17.51	2:23.35	
21	Hughes, Daxton	15	Des Moines Swim Federation-IA	2:23.40	2:26.45	
22	Ortega, Zion	17	Central Iowa Aquatics-IA	2:28.28	2:31.09	
23	Rosvold, ian	15	South East Aquatics-IA	NT	2:35.26	
24	Snyder, Levi	15	South East Aquatics-IA	2:45.95	2:35.62	
25	Sytsma, Dawson	15	South East Aquatics-IA	2:41.33	2:38.12	
26	Ortega, Ijah	15	Central Iowa Aquatics-IA	2:42.76	2:38.96	
27	Wood, Logan	15	Central Iowa Aquatics-IA	2:42.18	2:43.50	
---	Hammond, Brennan	15	Rams Swim Club-IA	2:12.85	NS	
---	Hughes, Daxton	15	Des Moines Swim Federation-IA	NT	NS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	2:10.75	NS	
---	Hammond, Alex	17	Rams Swim Club-IA	2:13.34	NS	
---	Demianyshen, Dmitrii	16	Des Moines Swim Federation-IA	NT	NS	

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Leder, Maeve	13	Des Moines Swim Federation-IA	1:21.59	1:22.52 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	1:27.15	1:26.17 IASI	17
3	Honkamp, Claire	14	Des Moines Swim Federation-IA	1:35.55	1:26.91 IASI	16
4	Assaad, Dana	13	Central Iowa Aquatics-IA	1:28.70	1:28.31 IASI	15
5	Huston, Harper	13	Central Iowa Aquatics-IA	1:27.05	1:28.33 IASI	14
6	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	1:28.81	1:28.54 IASI	13
7	Gruenisen, Sami	14	Central Iowa Aquatics-IA	1:27.58	1:30.05 IASI	12
8	Jacobson, Charlee	14	Red Wing Swim Club-MN	1:31.81	1:30.90 IASI	11
9	Mathews, Sonja	13	Ames Cyclone Aquatics Club-IA	1:31.86	1:31.32	9
10	Murray, Brynn	14	Mason City Swim Club-IA	1:30.32	1:31.40	7
11	Hudson, Natalie	13	Des Moines Swim Federation-IA	1:29.05	1:31.42	6
12	Parson, Annie	13	Uss Destroyers-IA	1:29.60	1:31.93	5
13	Handsaker, Lydia	13	Ames Cyclone Aquatics Club-IA	1:32.29	1:32.24	4
14	Davis, Chloe	14	Des Moines Swim Federation-IA	1:30.08	1:32.34	3
15	Dacey, Alivia	13	Ames Cyclone Aquatics Club-IA	1:32.62	1:36.77	2
16	Hedrick, Piper	14	Central Iowa Aquatics-IA	1:35.81	1:37.88	1
17	Mason, Adelyn	14	Central Iowa Aquatics-IA	1:37.91	1:37.89	
18	Frantum, Maddie	13	Central Iowa Aquatics-IA	1:41.29	1:39.42	
19	Elmore, Addison	14	Central Iowa Aquatics-IA	1:37.03	1:40.64	
20	Carter, June	13	Dowling Catholic Riptide Swim-IA	1:40.43	1:40.71	
21	Grimm, Lucy	13	Uss Destroyers-IA	1:50.43	1:43.80	
22	Brown, Caroline	13	North Side Swim Team-IA	1:53.03	1:46.35	
23	Cunningham, Lydia	13	North Side Swim Team-IA	1:50.99	1:47.70	
24	Baker, Norah	14	Central Iowa Aquatics-IA	NT	2:00.86	
---	Shelton, Macie	13	Uss Destroyers-IA	NT	DQ	
---	Burt, Bailey	13	Rams Swim Club-IA	2:04.40	DQ	
---	Schnepf, Mae	13	Des Moines Swim Federation-IA	1:53.19	DQ	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	NT	NS	
---	Jenkins, Josie	13	South East Aquatics-IA	NT	NS	
---	Fisher, Corinne	13	Mason City Swim Club-IA	2:14.90	NS	

Event 61 Women 15 & Over 100 LC Meter Breaststroke**1:17.49 15&O SSEC Summer Sectionals****1:25.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Parson, Lucy	16	Uss Destroyers-IA	1:10.57	1:12.03 SSEC	20
2	Honkamp, Annie	19	Des Moines Swim Federation-IA	1:15.71	1:17.77 IASI	17
3	Cerbin, Emerson	18	Central Iowa Aquatics-IA	1:19.46	1:24.35 IASI	16
4	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	1:25.65	1:24.79 IASI	15
5	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	1:27.73	1:26.44	14
6	Damge, Camryn	17	North Side Swim Team-IA	1:28.68	1:26.93	13
7	Capman, Kennedy	19	Central Iowa Aquatics-IA	1:19.23	1:28.35	12
8	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	1:28.77	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	1:26.47	1:28.84	9
10	Vobr, Jaylee	17	Northeastern Swim Team-IA	1:36.06	1:29.06	7
11	Dayton, Emelia	17	Rams Swim Club-IA	1:28.66	1:30.35	6
12	Cunningham, Clara	17	North Side Swim Team-IA	1:27.30	1:30.58	5
13	Speers, Elizabeth	16	Burlington Area Bullsharks-IA	NT	1:31.00	4

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	Name	Age	Team	Seed Time	Finals Time	Points
14	Pekarek, Lila	15	Rams Swim Club-IA	1:30.68	1:31.12	3
15	Dahm, Evie	15	Central Iowa Aquatics-IA	1:32.90	1:33.08	2
16	Anderson, Avery	15	Central Iowa Aquatics-IA	1:32.41	1:34.83	1
17	Damge, Evelyn	17	North Side Swim Team-IA	1:36.25	1:35.34	
18	Lamb, Nora	16	South East Aquatics-IA	1:30.19	1:36.53	
19	Betts, Mallory	15	Des Moines Swim Federation-IA	1:32.59	1:36.93	
20	Ritter, Olivia	17	Burlington Area Bullsharks-IA	NT	1:36.96	
21	Hoss, Brooke	15	Central Iowa Aquatics-IA	1:38.70	1:37.30	
22	Kanis, Kenzie	17	South East Aquatics-IA	1:36.48	1:42.28	
---	Conn, Lillie	16	Rams Swim Club-IA	1:42.67	DQ	
---	Sarcone, Lydia	15	Des Moines Swim Federation-IA	1:48.15	NS	
---	Powers, Chloe	15	Greater Des Moines YMCA-IA	1:36.79	NS	
---	Morales, Karla	15	Central Iowa Aquatics-IA	1:41.28	NS	

Event 62 Boys 13-14 100 LC Meter Breaststroke**1:26.39 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schlueter, Nathan	14	Central Iowa Aquatics-IA	1:13.65	1:15.97 IASI	20
2	Treharne, Clayton	14	Linn-Mar Swim Team-IA	1:20.14	1:16.57 IASI	17
3	Mintle, Harrison	13	Des Moines Swim Federation-IA	1:21.82	1:18.51 IASI	16
4	Wisehart, Landon	14	Central Iowa Aquatics-IA	1:20.63	1:21.17 IASI	15
5	Fausch, Jackson	14	Central Iowa Aquatics-IA	1:45.54	1:22.55 IASI	14
6	Kline, Simon	14	Uss Destroyers-IA	1:22.96	1:24.38 IASI	13
7	Gibson, Everitt	13	Burlington Area Bullsharks-IA	1:50.93	1:24.89 IASI	12
8	Spradling, Tyler	13	Central Iowa Aquatics-IA	1:26.24	1:26.26 IASI	11
9	Levisay, Ethan	14	Kohawk Aquatics-IA	1:29.49	1:26.62	9
10	Boender, Sully	14	South East Aquatics-IA	1:40.92	1:27.03	7
11	Nedved, Henry	14	Des Moines Swim Federation-IA	1:51.29	1:27.11	6
12	Smith, Carter	14	Des Moines Swim Federation-IA	1:30.36	1:28.99	5
13	Jeffries, Max	13	Central Iowa Aquatics-IA	1:24.48	1:29.92	4
14	Grubb, Cael	14	Central Iowa Aquatics-IA	1:31.37	1:30.02	3
15	Murray, Kellen	13	Central Iowa Aquatics-IA	1:34.43	1:33.46	2
16	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	NT	1:33.93	1
17	Vallas, Brooks	14	Central Iowa Aquatics-IA	2:06.19	1:35.28	
18	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	NT	1:36.59	
19	Deutmeyer, Jack	14	Kohawk Aquatics-IA	1:47.79	1:36.62	
20	Wuest, Aaron	14	Central Iowa Aquatics-IA	NT	1:43.34	
21	Garrison, Jaden	13	Rams Swim Club-IA	1:43.50	1:44.75	
22	Bollig, Meyer	13	Central Iowa Aquatics-IA	1:52.66	1:46.80	
23	Parry, Spencer	13	Johnston Blaze Swim Club-IA	NT	1:48.16	
24	Lamb, Miles	14	South East Aquatics-IA	1:50.82	1:50.79	
25	Wood, Ethan	13	Johnston Blaze Swim Club-IA	NT	1:58.55	
26	Parker, Luke	14	Johnston Blaze Swim Club-IA	2:02.15	2:04.98	
27	Davidson, Liam	13	Central Iowa Aquatics-IA	2:28.54	2:09.97	
28	Marr, Bash	13	Ames Cyclone Aquatics Club-IA	2:07.01	2:15.82	
---	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	1:37.85	DQ	
---	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	1:23.53	DQ	
---	McCammon, Jake	13	Johnston Blaze Swim Club-IA	1:47.64	DQ	

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	1:07.38	1:07.12 SSEC	20
2	Berry-Stoelzle, Philip	17	Kohawk Aquatics-IA	1:14.50	1:12.83 IASI	17
3	Sease, Leegan	17	Ames Cyclone Aquatics Club-IA	1:11.91	1:14.31 IASI	16
4	Walsh, Jack	15	Greater Des Moines YMCA-IA	1:18.93	1:18.51	15
5	Fertig, Jonah	17	Rams Swim Club-IA	1:18.18	1:19.78	14
6	Troyer, Austin	18	North Side Swim Team-IA	1:28.05	1:21.52	13
7	Kearney, Noah	17	Greater Des Moines YMCA-IA	1:21.51	1:22.13	12
8	Lai, Joseph	16	North Side Swim Team-IA	1:16.70	1:22.47	11
9	Winner, Kyler	15	Central Iowa Aquatics-IA	1:26.19	1:22.65	9
10	Cunningham, Corban	16	North Side Swim Team-IA	1:20.41	1:24.34	7
11	Ortega, Ijah	15	Central Iowa Aquatics-IA	1:28.49	1:28.46	6
12	Grimm, Ian	15	Uss Destroyers-IA	NT	1:29.56	5
13	Ortega, Zion	17	Central Iowa Aquatics-IA	1:34.69	1:30.95	4
14	Drendel, Will	15	Central Iowa Aquatics-IA	1:42.37	1:31.32	3
15	Marchese, Pax	16	Greater Des Moines YMCA-IA	1:37.36	1:31.70	2
16	Snyder, Levi	15	South East Aquatics-IA	NT	1:35.63	1
17	Sytsma, Dawson	15	South East Aquatics-IA	1:36.24	1:43.55	
18	Wood, Logan	15	Central Iowa Aquatics-IA	NT	1:50.13	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	1:30.86	NS	
---	Houlihan, Patrick	15	Kohawk Aquatics-IA	1:34.23	NS	
---	Demianyshe, Dmitrii	16	Des Moines Swim Federation-IA	NT	NS	

Event 63 Girls 13-14 200 LC Meter Backstroke**2:51.79 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	2:43.97	2:40.38 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	3:08.97	2:43.48 IASI	17
3	Swaim, Maddy	13	Des Moines Swim Federation-IA	2:51.66	2:44.74 IASI	16
4	Frantum, Maddie	13	Central Iowa Aquatics-IA	2:45.25	2:45.27 IASI	15
5	Hedrick, Piper	14	Central Iowa Aquatics-IA	2:46.06	2:45.57 IASI	14
6	McCloud, Reid	14	South East Aquatics-IA	2:50.50	2:47.54 IASI	13
7	Leder, Maeve	13	Des Moines Swim Federation-IA	NT	2:48.85 IASI	12
8	Pekarek, Anna	13	Rams Swim Club-IA	3:16.70	2:49.63 IASI	11
9	Dee, Adilyn	14	Central Iowa Aquatics-IA	2:55.73	2:50.08 IASI	9
10	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	3:00.99	2:50.24 IASI	7
11	Parson, Annie	13	Uss Destroyers-IA	2:51.57	2:51.25 IASI	6
12	Smith, Ella	14	Des Moines Swim Federation-IA	2:56.06	2:52.39	5
13	Boevers, Makenna	13	Uss Destroyers-IA	3:02.18	2:55.98	4
*14	Mason, Adelyn	14	Central Iowa Aquatics-IA	3:07.87	2:56.00	2.50
*14	Sailor, Lilly	13	Northeastern Swim Team-IA	NT	2:56.00	2.50
16	Bruere, Bricia	13	Des Moines Swim Federation-IA	3:01.54	2:58.46	1
17	Elmore, Addison	14	Central Iowa Aquatics-IA	NT	2:59.92	
18	Gruenisen, Sami	14	Central Iowa Aquatics-IA	NT	3:00.66	
19	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	3:04.57	3:04.56	
20	Tracy, Brooklyn	14	Central Iowa Aquatics-IA	3:14.20	3:08.80	
21	Jacobson, Charlee	14	Red Wing Swim Club-MN	3:36.00	3:11.09	
22	Davis, Chloe	14	Des Moines Swim Federation-IA	3:08.25	3:11.85	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****(Event 63 Girls 13-14 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
23	Fisher, Corinne	13	Mason City Swim Club-IA	NT	3:16.06	
24	Hudson, Natalie	13	Des Moines Swim Federation-IA	3:08.10	3:18.25	
---	McDonough, Bridget	14	Des Moines Swim Federation-IA	NT	DQ	
---	Dohrman, Claire	13	Ames Cyclone Aquatics Club-IA	3:28.22	NS	

Event 63 Women 15 & Over 200 LC Meter Backstroke**2:26.99 15&O SSEC Summer Sectionals****2:44.89 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	2:33.34	2:35.18 IASI	20
2	Weinheimer, Haylie	16	North Side Swim Team-IA	2:29.57	2:35.94 IASI	17
3	Honkamp, Annie	19	Des Moines Swim Federation-IA	2:30.18	2:36.35 IASI	16
4	Cunningham, Clara	17	North Side Swim Team-IA	2:40.45	2:37.96 IASI	15
5	Assaad, Sarah	17	Central Iowa Aquatics-IA	2:38.91	2:43.53 IASI	14
6	Woolums, Zoe	15	Central Iowa Aquatics-IA	2:43.47	2:45.20	13
7	Damge, Camryn	17	North Side Swim Team-IA	2:47.27	2:46.29	12
8	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	NT	2:48.11	11
9	Cline, Haven	16	North Side Swim Team-IA	2:52.97	2:48.68	9
10	Labresh, Joella	17	North Side Swim Team-IA	2:50.12	2:48.78	7
11	Woolums, Brynnly	17	Central Iowa Aquatics-IA	2:47.04	2:51.73	6
12	Sailor, Isabella	17	Northeastern Swim Team-IA	3:04.04	2:55.20	5
13	Blackford, Mia	17	Rams Swim Club-IA	3:01.04	2:56.45	4
14	Morales, Karla	15	Central Iowa Aquatics-IA	3:04.12	3:00.07	3
15	Driscoll, Rylee	15	Mason City Swim Club-IA	3:07.58	3:01.92	2
16	Betts, Mallory	15	Des Moines Swim Federation-IA	3:23.12	3:09.75	1
17	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	3:19.11	3:12.71	
18	Pekarek, Lila	15	Rams Swim Club-IA	NT	3:16.14	
19	Cooper, Audrey	16	Rams Swim Club-IA	NT	3:22.39	
---	Hassett, Sassy	17	Des Moines Swim Federation-IA	2:38.73	NS	

Event 64 Boys 13-14 200 LC Meter Backstroke**2:45.89 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:16.42	2:19.33 IASI	20
2	Smith, Carter	14	Des Moines Swim Federation-IA	2:33.19	2:29.99 IASI	17
3	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	2:33.39	2:30.03 IASI	16
4	Nedved, Henry	14	Des Moines Swim Federation-IA	NT	2:30.71 IASI	15
5	Schlueter, Nathan	14	Central Iowa Aquatics-IA	2:28.87	2:30.97 IASI	14
6	Fausch, Jackson	14	Central Iowa Aquatics-IA	2:25.31	2:32.91 IASI	13
7	Swinger, Hudson	14	Greater Des Moines YMCA-IA	2:44.30	2:39.58 IASI	12
8	Schumacher, Brant	14	Central Iowa Aquatics-IA	2:42.38	2:39.87 IASI	11
9	Leuenberger, Jackson	14	Northeastern Swim Team-IA	2:38.32	2:40.17 IASI	9
10	Jeffries, Max	13	Central Iowa Aquatics-IA	2:38.39	2:41.92 IASI	7
11	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	2:41.46	2:42.61 IASI	6
12	Spradling, Tyler	13	Central Iowa Aquatics-IA	3:06.45	2:44.76 IASI	5
13	Boender, Sully	14	South East Aquatics-IA	2:54.50	2:54.17	4
14	Howe, Jake	13	Central Iowa Aquatics-IA	3:04.26	3:06.89	3
15	Lamb, Miles	14	South East Aquatics-IA	3:15.67	3:07.23	2
16	Dunham, Owen	14	Kohawk Aquatics-IA	3:22.99	3:22.82	1
---	Holms, Donny	14	Johnston Blaze Swim Club-IA	2:52.19	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****(Event 64 Boys 13-14 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Sikora, Owen	13	Rams Swim Club-IA	2:40.05	NS	

Event 64 Men 15 & Over 200 LC Meter Backstroke**2:18.09 15&O SSEC Summer Sectionals****2:32.09 15&O IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	2:13.87	2:20.76 IASI	20
2 Smith, Jackson	17	Des Moines Swim Federation-IA	2:16.14	2:24.05 IASI	17
3 Brown, Hayden	16	Kohawk Aquatics-IA	2:27.69	2:27.30 IASI	16
4 Walsh, Jack	15	Greater Des Moines YMCA-IA	2:27.97	2:27.85 IASI	15
5 Sanchez, Cameron	16	Central Iowa Aquatics-IA	2:24.71	2:33.35	14
6 Briggs, Colby	18	North Side Swim Team-IA	2:26.72	2:37.33	13
7 Kearney, Noah	17	Greater Des Moines YMCA-IA	2:22.13	2:37.64	12
8 Naylor, Carson	16	Central Iowa Aquatics-IA	2:44.74	2:39.12	11
9 Murphy, Logan	15	Mason City Swim Club-IA	2:49.65	2:48.66	9
10 Sytsma, Dawson	15	South East Aquatics-IA	NT	2:55.17	7
--- Rosvold, ian	15	South East Aquatics-IA	NT	DQ	
--- Drendel, Will	15	Central Iowa Aquatics-IA	NT	NS	
--- Bykov, Leon	15	Des Moines Swim Federation-IA	2:23.05	NS	

Event 65 Girls 13-14 50 LC Meter Freestyle**31.79 13-14 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Swaim, Maddy	13	Des Moines Swim Federation-IA	30.11	30.29 IASI	20
2 Dee, Adilyn	14	Central Iowa Aquatics-IA	31.10	30.67 IASI	17
3 Cygankova, Lidia	13	Greater Des Moines YMCA-IA	31.75	30.85 IASI	16
4 Bruere, Bricia	13	Des Moines Swim Federation-IA	31.39	31.40 IASI	15
5 Elmore, Addison	14	Central Iowa Aquatics-IA	30.48	31.54 IASI	14
6 Dohrman, Claire	13	Ames Cyclone Aquatics Club-IA	31.93	31.85	13
7 Hedrick, Piper	14	Central Iowa Aquatics-IA	31.76	31.87	12
8 Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	32.15	31.97	11
9 Peterson, Grace	13	Des Moines Swim Federation-IA	32.20	32.31	9
10 Hudson, Natalie	13	Des Moines Swim Federation-IA	32.19	32.32	7
11 Roberts, Kelyn	14	Rams Swim Club-IA	30.34	32.45	6
12 Baker, Norah	14	Central Iowa Aquatics-IA	31.09	32.48	5
13 Gruenisen, Sami	14	Central Iowa Aquatics-IA	32.18	32.65	4
14 Huston, Harper	13	Central Iowa Aquatics-IA	32.16	32.73	3
15 Murray, Brynn	14	Mason City Swim Club-IA	33.43	32.80	2
16 Jacobson, Charlee	14	Red Wing Swim Club-MN	33.08	32.89	1
17 Handsaker, Lydia	13	Ames Cyclone Aquatics Club-IA	32.26	33.04	
18 Frantum, Maddie	13	Central Iowa Aquatics-IA	32.68	33.16	
19 Mathews, Sonja	13	Ames Cyclone Aquatics Club-IA	32.84	33.69	
20 Mason, Adelyn	14	Central Iowa Aquatics-IA	33.70	33.93	
21 McDonough, Bridget	14	Des Moines Swim Federation-IA	31.64	34.40	
22 Lepley, Hunter	14	North Side Swim Team-IA	34.64	34.69	
23 Sailor, Lilly	13	Northeastern Swim Team-IA	34.48	34.93	
24 Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	35.42	35.05	
25 Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	36.62	35.21	
26 Fisher, Corinne	13	Mason City Swim Club-IA	34.64	35.65	
27 Dacey, Alivia	13	Ames Cyclone Aquatics Club-IA	34.87	35.81	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****(Event 65 Girls 13-14 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
28	Konchalski, Delaney	13	North Side Swim Team-IA	34.90	36.00	
29	Honkamp, Claire	14	Des Moines Swim Federation-IA	35.51	36.33	
30	Tracy, Brooklyn	14	Central Iowa Aquatics-IA	36.71	36.86	
31	Jenkins, Josie	13	South East Aquatics-IA	NT	37.24	
32	Carter, June	13	Dowling Catholic Riptide Swim-IA	37.19	37.42	
33	King, Lainey	13	Des Moines Swim Federation-IA	35.79	37.99	
34	Cunningham, Lydia	13	North Side Swim Team-IA	37.91	38.38	
35	Backes, Estella	14	Des Moines Swim Federation-IA	38.23	38.75	
36	Schnepf, Mae	13	Des Moines Swim Federation-IA	38.41	39.06	
37	VanDis, Adah	13	Des Moines Swim Federation-IA	38.56	39.20	
38	Grimm, Lucy	13	Uss Destroyers-IA	42.34	39.26	
---	Shelton, Macie	13	Uss Destroyers-IA	NT	DQ	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	45.95	NS	

Event 65 Women 15 & Over 50 LC Meter Freestyle**28.09 15&O SSEC Summer Sectionals****30.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	29.18 IASI	20
2	Harger, Jordan	18	Rams Swim Club-IA	28.05	29.26 IASI	17
3	Speers, Elizabeth	16	Burlington Area Bullsharks-IA	30.84	29.40 IASI	16
4	Parson, Lucy	16	Uss Destroyers-IA	30.03	29.45 IASI	15
5	Weinheimer, Haylie	16	North Side Swim Team-IA	28.46	29.55 IASI	14
6	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	29.74 IASI	13
7	Mujic, Irma	17	Uss Destroyers-IA	29.41	30.00 IASI	12
8	Cline, Haven	16	North Side Swim Team-IA	29.91	30.24 IASI	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	30.02	30.41	9
10	Woolums, Zoe	15	Central Iowa Aquatics-IA	31.49	30.99	7
11	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	30.37	31.12	6
12	Sailor, Isabella	17	Northeastern Swim Team-IA	30.44	31.36	5
13	Cunningham, Clara	17	North Side Swim Team-IA	31.56	31.57	4
14	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	31.54	31.84	3
15	Dayton, Emelia	17	Rams Swim Club-IA	31.26	31.92	2
16	Ritter, Olivia	17	Burlington Area Bullsharks-IA	32.70	31.97	1
17	Cerbin, Emerson	18	Central Iowa Aquatics-IA	29.65	32.06	
18	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	32.56	32.07	
19	Nedder, Julia	15	South East Aquatics-IA	32.59	32.17	
20	Gummert, Maisie	16	Central Iowa Aquatics-IA	32.19	32.36	
21	Hoss, Brooke	15	Central Iowa Aquatics-IA	32.63	32.40	
22	Dahm, Evie	15	Central Iowa Aquatics-IA	32.93	32.62	
23	Anderson, Avery	15	Central Iowa Aquatics-IA	32.12	33.09	
24	Driscoll, Rylee	15	Mason City Swim Club-IA	32.47	33.10	
25	Morales, Karla	15	Central Iowa Aquatics-IA	32.91	33.19	
26	Damge, Evelyn	17	North Side Swim Team-IA	33.68	33.58	
27	Capman, Kennedy	19	Central Iowa Aquatics-IA	31.11	34.98	
28	Kanis, Kenzie	17	South East Aquatics-IA	35.48	36.14	
29	Murray, Keira	17	Mason City Swim Club-IA	38.90	37.92	
---	Sarcone, Lydia	15	Des Moines Swim Federation-IA	34.38	NS	
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	32.51	NS	
---	Powers, Chloe	15	Greater Des Moines YMCA-IA	NT	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****Event 66 Boys 13-14 50 LC Meter Freestyle****29.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kline, Simon	14	Uss Destroyers-IA	27.12	27.06 IASI	20
2	Fausch, Jackson	14	Central Iowa Aquatics-IA	26.69	27.42 IASI	17
3	Vallas, Brooks	14	Central Iowa Aquatics-IA	27.76	27.89 IASI	16
4	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	28.68	27.93 IASI	15
5	Schlueter, Nathan	14	Central Iowa Aquatics-IA	27.89	28.26 IASI	14
6	Schumacher, Brant	14	Central Iowa Aquatics-IA	28.89	28.46 IASI	13
7	Leuenberger, Jackson	14	Northeastern Swim Team-IA	28.44	28.60 IASI	12
8	Holms, Donny	14	Johnston Blaze Swim Club-IA	29.89	29.15 IASI	11
9	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	29.42	29.65	9
10	Murray, Kellen	13	Central Iowa Aquatics-IA	30.10	29.80	7
11	Gagov, Alex	13	Central Iowa Aquatics-IA	30.83	29.81	6
12	Levisay, Ethan	14	Kohawk Aquatics-IA	32.89	30.12	5
13	Nedved, Henry	14	Des Moines Swim Federation-IA	29.34	30.37	4
14	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	NT	30.43	3
15	Mintle, Harrison	13	Des Moines Swim Federation-IA	30.53	30.55	2
16	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	30.64	30.91	1
17	Grubb, Cael	14	Central Iowa Aquatics-IA	30.87	31.03	
18	Wuest, Aaron	14	Central Iowa Aquatics-IA	30.59	31.12	
19	Swinger, Hudson	14	Greater Des Moines YMCA-IA	NT	31.20	
20	Dunham, Owen	14	Kohawk Aquatics-IA	37.39	31.62	
21	Gibson, Everitt	13	Burlington Area Bullsharks-IA	NT	33.04	
22	Bollig, Meyer	13	Central Iowa Aquatics-IA	NT	33.89	
23	Garrison, Jaden	13	Rams Swim Club-IA	34.11	34.64	
24	Deutmeyer, Jack	14	Kohawk Aquatics-IA	41.22	34.88	
25	McCammon, Jake	13	Johnston Blaze Swim Club-IA	34.92	35.11	
26	Wood, Ethan	13	Johnston Blaze Swim Club-IA	NT	36.81	
27	Parker, Luke	14	Johnston Blaze Swim Club-IA	NT	38.71	
28	Davidson, Liam	13	Central Iowa Aquatics-IA	49.85	43.19	
29	Marr, Bash	13	Ames Cyclone Aquatics Club-IA	55.83	48.30	

Event 66 Men 15 & Over 50 LC Meter Freestyle**25.29 15&O SSEC Summer Sectionals****27.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	25.30	24.47 SSEC	20
2	Seifert, Marcus	18	Kohawk Aquatics-IA	25.09	25.63 IASI	17
3	Berry-Stoelzle, Philip	17	Kohawk Aquatics-IA	24.91	26.00 IASI	16
4	Lucas, Gavin	17	Kohawk Aquatics-IA	25.50	26.08 IASI	15
5	Sease, Leegan	17	Ames Cyclone Aquatics Club-IA	26.03	26.69 IASI	14
6	Drendel, Will	15	Central Iowa Aquatics-IA	27.20	26.82 IASI	13
7	Troyer, Austin	18	North Side Swim Team-IA	26.68	26.90 IASI	12
8	Lai, Joseph	16	North Side Swim Team-IA	26.41	27.16	11
9	Kearney, Noah	17	Greater Des Moines YMCA-IA	26.81	27.26	9
10	Cunningham, Corban	16	North Side Swim Team-IA	28.61	27.52	7
11	Brown, Hayden	16	Kohawk Aquatics-IA	28.19	28.05	6
12	Sanchez, Cameron	16	Central Iowa Aquatics-IA	28.54	28.20	5
13	Ortega, Zion	17	Central Iowa Aquatics-IA	27.22	28.50	4
14	Fertig, Jonah	17	Rams Swim Club-IA	29.72	28.55	3

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****(Event 66 Men 15 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
15	Ortega, Ijah	15	Central Iowa Aquatics-IA	29.24	28.89	2
16	Naylor, Carson	16	Central Iowa Aquatics-IA	30.82	29.41	1
17	Hughes, Daxton	15	Des Moines Swim Federation-IA	29.49	29.46	
18	Murphy, Logan	15	Mason City Swim Club-IA	29.63	29.61	
19	Cornwell, Connor	16	North Side Swim Team-IA	28.84	29.79	
20	Rosvold, ian	15	South East Aquatics-IA	NT	30.81	
21	Grimm, Ian	15	Uss Destroyers-IA	NT	32.18	
22	Wood, Logan	15	Central Iowa Aquatics-IA	33.03	34.11	
---	Hammond, Brennan	15	Rams Swim Club-IA	26.35	NS	
---	Hughes, Daxton	15	Des Moines Swim Federation-IA	NT	NS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	25.91	NS	
---	Demianyshen, Dmitrii	16	Des Moines Swim Federation-IA	31.29	NS	

Event 67 Girls 13-14 200 LC Meter Butterfly**2:59.19 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gevock, Piper	14	South East Aquatics-IA	3:03.97	2:54.79 IASI	20
2	McCloud, Reid	14	South East Aquatics-IA	3:07.03	2:56.29 IASI	17
3	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	2:53.96	3:01.57	16

Event 67 Women 15 & Over 200 LC Meter Butterfly**2:29.99 15&O SSEC Summer Sectionals****2:47.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Corwin, Kimber	15	Central Iowa Aquatics-IA	2:26.76	2:26.06 SSEC	20
2	Vobr, Jaylee	17	Northeastern Swim Team-IA	2:31.22	2:35.81 IASI	17
3	Woolums, Brynnly	17	Central Iowa Aquatics-IA	2:48.95	2:48.72	16
4	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	2:56.46	2:54.92	15
5	Nedder, Julia	15	South East Aquatics-IA	3:12.80	3:31.42	14
---	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	2:37.04	NS	

Event 68 Boys 13-14 200 LC Meter Butterfly**2:47.99 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:29.01	2:21.34 IASI	20
2	Mintle, Harrison	13	Des Moines Swim Federation-IA	2:48.78	2:42.37 IASI	17
3	Sikora, Owen	13	Rams Swim Club-IA	3:02.32	2:43.51 IASI	16
---	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	NT	NS	
---	Jeffries, Max	13	Central Iowa Aquatics-IA	2:40.33	NS	

Event 68 Men 15 & Over 200 LC Meter Butterfly**2:17.89 15&O SSEC Summer Sectionals****2:33.89 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	2:14.61	2:17.75 SSEC	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	2:20.21	2:21.24 IASI	17
3	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	2:07.98	2:22.88 IASI	16
4	Walsh, Jack	15	Greater Des Moines YMCA-IA	2:27.04	2:30.09 IASI	15
5	Houlihan, Patrick	15	Kohawk Aquatics-IA	2:38.43	2:31.75 IASI	14
6	Winner, Kyler	15	Central Iowa Aquatics-IA	NT	2:42.52	13
7	Snyder, Levi	15	South East Aquatics-IA	NT	3:13.28	12

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Sunday Afternoon, June 29, 2025****(Event 68 Men 15 & Over 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Hammond, Alex	17	Rams Swim Club-IA	2:24.87	NS	
--- McCorkle, Ian	19	Ames Cyclone Aquatics Club-IA	2:16.30	NS	

Event 69 Women 13 & Over 400 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	4:17.78	4:22.54
1) Woolums, Zoe 15	2) Corwin, Kimber 15	3) Woolums, Brynnly 17	4) Ernsperger, Isabel 16
2 Rams Swim Club-IA	A	4:33.00	4:37.18
1) Harger, Jordan 18	2) Roberts, Kelyn 14	3) Dayton, Emelia 17	4) Pekarek, Anna 13
3 North Side Swim Team-IA	A	4:48.32	4:43.38
1) Cline, Haven 16	2) Damge, Camryn 17	3) Labresh, Joella 17	4) Cunningham, Clara 17
4 Central Iowa Aquatics-IA	B	4:35.00	4:44.86
1) Dee, Adilyn 14	2) Mason, Adelyn 14	3) Hoss, Brooke 15	4) Morales, Karla 15
5 Central Iowa Aquatics-IA	F	4:55.27	4:45.75
1) Frantum, Maddie 13	2) Gummert, Maisie 16	3) Gruenisen, Sami 14	4) Elmore, Addison 14
6 Central Iowa Aquatics-IA	C	4:36.61	4:50.39
1) Kiekhaefer, Chloe 15	2) Beauchamp, Maddy 16	3) Tchaprazova, Kalida 15	4) Baker, Norah 14
7 Central Iowa Aquatics-IA	D	4:41.83	4:58.86
1) Loo, Ivy 15	2) Huston, Harper 13	3) Assaad, Dana 13	4) Assaad, Sarah 17
8 Central Iowa Aquatics-IA	E	4:48.82	4:58.93
1) Hedrick, Piper 14	2) Anderson, Avery 15	3) Tracy, Brooklyn 14	4) Dahm, Evie 15
9 South East Aquatics-IA	A	4:52.00	5:01.25
1) McCloud, Reid 14	2) Nedder, Julia 15	3) Kern, Elizabeth 14	4) Gevock, Piper 14
10 Rams Swim Club-IA	B	4:55.00	5:02.82
1) Cooper, Audrey 16	2) Pekarek, Lila 15	3) Conn, Lillie 16	4) Blackford, Mia 17
11 Mason City Swim Club-IA	A	5:27.48	5:22.90
1) Driscoll, Rylee 15	2) Murray, Keira 17	3) Fisher, Corinne 13	4) Murray, Brynn 14
12 North Side Swim Team-IA	B	6:35.90	5:34.43
1) Lepley, Hunter 14	2) Brown, Caroline 13	3) Cunningham, Lydia 13	4) Konchalski, Delaney 13

Event 70 Men 13 & Over 400 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 North Side Swim Team-IA	A	4:10.68	4:02.03
1) Cunningham, Corban 16	2) Lai, Joseph 16	3) Briggs, Colby 18	4) Troyer, Austin 18
2 Central Iowa Aquatics-IA	C	4:38.98	4:18.82
1) Grubb, Cael 14	2) Drendel, Will 15	3) Winner, Kyler 15	4) Gagov, Alex 13
3 Central Iowa Aquatics-IA	E	4:49.58	4:27.10
1) Naylor, Carson 16	2) Murray, Kellen 13	3) Wood, Logan 15	4) Vallas, Brooks 14
4 Central Iowa Aquatics-IA	B	4:33.66	4:35.28
1) Jeffries, Max 13	2) Bollig, Meyer 13	3) Fausch, Jackson 14	4) Ortega, Ijah 15
5 Central Iowa Aquatics-IA	A	4:30.03	4:35.32
1) Wuest, Aaron 14	2) Howe, Jake 13	3) Wittmayer, Matthew 13	4) Schlueter, Nathan 14
6 South East Aquatics-IA	A	4:55.58	4:36.18
1) Sytsma, Dawson 15	2) Rosvold, ian 15	3) Snyder, Levi 15	4) Boender, Sully 14
7 Central Iowa Aquatics-IA	D	4:38.98	4:56.40
1) Spradling, Tyler 13	2) Davidson, Liam 13	3) Schumacher, Brant 14	4) Wisehart, Landon 14