

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 1 Girls 11-12 400 LC Meter IM****6:48.29 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	NT	6:16.56 IASI	20
2	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	NT	6:27.79 IASI	17

Event 1 Girls 13-14 400 LC Meter IM**6:11.09 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Assaad, Dana	13	Central Iowa Aquatics-IA	6:00.11	5:54.34 IASI	20
2	Hedrick, Piper	14	Central Iowa Aquatics-IA	NT	6:03.75 IASI	17
3	McCloud, Reid	14	South East Aquatics-IA	6:00.06	6:04.07 IASI	16
4	Boevers, Makenna	13	Uss Destroyers-IA	6:23.03	6:14.17	15
5	Mason, Adelyn	14	Central Iowa Aquatics-IA	NT	6:17.60	14
6	Konchalski, Delaney	13	North Side Swim Team-IA	6:57.06	6:49.14	13
7	Brown, Caroline	13	North Side Swim Team-IA	NT	8:02.43	12

Event 1 Women 15 & Over 400 LC Meter IM**5:19.09 15&O SSEC Summer Sectionals****5:49.69 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Honkamp, Annie	19	Des Moines Swim Federation-IA	5:04.17	5:12.27 SSEC	20
2	Vobr, Jaylee	17	Northeastern Swim Team-IA	5:25.59	5:35.45 IASI	17
3	Parson, Lucy	16	Uss Destroyers-IA	6:01.22	5:39.14 IASI	16
4	Mahler-Moreno, Quin	18	Des Moines Swim Federation-IA	5:18.47	5:40.12 IASI	15
5	Cunningham, Clara	17	North Side Swim Team-IA	6:03.13	5:49.75	14
6	Damge, Camryn	17	North Side Swim Team-IA	6:22.42	6:06.25	13
7	Hoss, Brooke	15	Central Iowa Aquatics-IA	6:45.44	6:27.44	12
8	Damge, Evelyn	17	North Side Swim Team-IA	6:39.57	6:41.99	11
---	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	5:30.09	NS	

Event 2 Boys 10 & Under 400 LC Meter IM

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	6:54.48	6:12.63	20

Event 2 Boys 11-12 400 LC Meter IM**6:39.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	NT	5:54.69 IASI	20
2	Bru, Reece	11	Central Iowa Aquatics-IA	6:27.74	6:29.98 IASI	17
3	Cunningham, Gideon	11	North Side Swim Team-IA	NT	6:38.01 IASI	16

Event 2 Boys 13-14 400 LC Meter IM**5:57.69 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Nedved, Henry	14	Des Moines Swim Federation-IA	5:26.54	5:23.78 IASI	20
2	Smith, Carter	14	Des Moines Swim Federation-IA	NT	5:23.81 IASI	17
3	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	5:24.19	5:23.93 IASI	16
4	Mintle, Harrison	13	Des Moines Swim Federation-IA	5:28.40	5:29.58 IASI	15
5	Sikora, Owen	13	Rams Swim Club-IA	6:15.92	5:56.83 IASI	14
6	Boender, Sully	14	South East Aquatics-IA	NT	6:39.43	13
---	Cunningham, Titus	14	North Side Swim Team-IA	6:24.58	DQ	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 2 Men 15 & Over 400 LC Meter IM****4:56.99 15&O SSEC Summer Sectionals****5:20.59 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cunningham, Corban	16	North Side Swim Team-IA	5:36.52	5:23.48	20
2	Fertig, Jonah	17	Rams Swim Club-IA	NT	5:39.73	17
3	Troyer, Austin	18	North Side Swim Team-IA	NT	5:45.54	16

Event 3 Girls 10 & Under 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Smith, Hayden	10	Des Moines Swim Federation-IA	NT	23:14.20	20

Event 3 Girls 11-12 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Lewis, Madyson	12	Central Iowa Aquatics-IA	NT	21:14.59	20
2	Gevoek, Trinity	11	South East Aquatics-IA	NT	21:32.07	17
3	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	NT	21:38.59	16
4	Fillius, Willa	12	North Side Swim Team-IA	NT	22:43.26	15
5	Soukup, Lyv	12	Uss Destroyers-IA	NT	25:14.64	14

Event 3 Girls 13-14 1500 LC Meter Freestyle**21:05.69 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Swaim, Maddy	13	Des Moines Swim Federation-IA	19:59.06	19:34.94 IASI	20
2	Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	19:39.97	19:43.19 IASI	17
3	Bormann, Lila	13	Des Moines Swim Federation-IA	NT	21:44.61	16
4	Hoffman, Amelia	13	Rams Swim Club-IA	NT	23:04.94	15

Event 3 Women 15 & Over 1500 LC Meter Freestyle**18:19.99 15&O SSEC Summer Sectionals****20:20.49 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Honkamp, Mary	17	Des Moines Swim Federation-IA	18:21.16	18:25.10 IASI	20
2	Woolums, Brynnly	17	Central Iowa Aquatics-IA	18:24.38	19:05.72 IASI	17
3	Anderson, Avery	15	Central Iowa Aquatics-IA	NT	19:50.94 IASI	16
4	Woolums, Zoe	15	Central Iowa Aquatics-IA	20:06.72	20:15.44 IASI	15

Event 4 Boys 11-12 1500 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	19:13.91	17:44.30	20
2	Staiert, Easton	12	Des Moines Swim Federation-IA	NT	19:34.26	17
3	Green, Reilly	12	Des Moines Swim Federation-IA	NT	20:10.31	16
---	Smith, Harry	12	Des Moines Swim Federation-IA	NT	DNF	

Event 4 Boys 13-14 1500 LC Meter Freestyle**20:37.89 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Jeffries, Max	13	Central Iowa Aquatics-IA	18:43.69	19:21.11 IASI	20
2	Mintle, Harrison	13	Des Moines Swim Federation-IA	25:28.43	19:49.71 IASI	17
3	Lamb, Miles	14	South East Aquatics-IA	22:44.10	22:42.16	16

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 4 Men 15 & Over 1500 LC Meter Freestyle****17:19.99 15&O SSEC Summer Sectionals****18:59.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Briggs, Colby	18	North Side Swim Team-IA	18:28.42	18:59.88	20
2	Naylor, Carson	16	Central Iowa Aquatics-IA	20:00.81	19:05.77	17
3	Winner, Kyler	15	Central Iowa Aquatics-IA	NT	20:18.58	16

Event 5 Girls 8 & Under 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	40.05	40.36	20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	41.53	42.37	17
3	Smith, Abigail	8	Central Iowa Aquatics-IA	48.11	44.43	16
4	Moorberg, Leena	8	Rams Swim Club-IA	48.35	46.45	15
5	Watkins, Phoebe	8	Ames Cyclone Aquatics Club-IA	NT	48.23	14
6	Kinsley, Cora	8	Swordfish Swim Academy-IA	46.78	49.51	13
7	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	51.35	49.91	12
8	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	52.29	51.91	11
9	Simmons, Isla	8	Rams Swim Club-IA	49.32	54.10	9
10	Thompson, Kwynn	8	Ames Cyclone Aquatics Club-IA	1:03.33	59.29	7
11	Schmidt, Scarlett	8	Central Iowa Aquatics-IA	1:06.60	1:02.99	6
12	Flogel, Ella	7	Dowling Catholic Riptide Swim-IA	NT	1:03.07	5
13	Angstrom, Adalyn	8	Fort Dodge Area Swim Team-IA	58.07	1:04.36	4
14	Slama, Harper	8	Central Iowa Aquatics-IA	1:02.02	1:06.26	3
15	Blocker, Mackenzie	8	Central Iowa Aquatics-IA	1:18.70	1:07.57	2
16	White, Kaislyn	5	Swordfish Swim Academy-IA	1:22.23	1:18.71	1
17	Tomka, Evelyn	6	Dowling Catholic Riptide Swim-IA	1:23.19	1:21.85	
18	Gallick, Navy	6	Dowling Catholic Riptide Swim-IA	1:18.47	1:22.28	
19	Weldon, Tia	7	Swordfish Swim Academy-IA	1:17.30	1:33.93	
20	Tews, Grace	6	Fort Dodge Area Swim Team-IA	1:28.82	1:46.78	
---	Baldwin, Brinnley	7	Rams Swim Club-IA	1:03.03	NS	
---	Brenizer, Reagan	8	Des Moines Swim Federation-IA	56.12	NS	

Event 5 Girls 9-10 50 LC Meter Freestyle**40.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	38.94	35.01 IASI	20
2	Mooney, Sabrina	10	Des Moines Swim Federation-IA	37.48	37.44 IASI	17
3	Fausch, Lilly	9	Central Iowa Aquatics-IA	40.93	38.81 IASI	16
4	Huston, Quinn	10	Central Iowa Aquatics-IA	49.40	38.99 IASI	15
5	Thomas, Liv	10	Rams Swim Club-IA	38.75	39.36 IASI	14
6	Lewis, Rylee	10	Central Iowa Aquatics-IA	38.20	40.18 IASI	13
7	Fleming, Braylee	10	Rams Swim Club-IA	42.10	40.30 IASI	12
8	Benson, Kahlia	10	Red Wing Swim Club-MN	43.32	41.09	11
9	Norton, Coco	10	Red Wing Swim Club-MN	44.18	41.26	9
10	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	43.77	41.71	7
11	Howe, Mollie	10	Central Iowa Aquatics-IA	41.26	42.01	6
12	Blocker, Kiersten	10	Central Iowa Aquatics-IA	44.19	42.18	5
13	Nieto, Emma	9	Greater Des Moines YMCA-IA	50.95	42.24	4
14	Bru, Tylar	10	Central Iowa Aquatics-IA	45.02	42.70	3
15	Hanson, Hannah	9	Des Moines Swim Federation-IA	43.45	42.97	2

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	Name	Age	Team	Seed Time	Finals Time	Points
16	Hornung, Addy	9	Waukee Waves-IA	43.21	43.19	1
17	Hakeman, Linley	9	Uss Destroyers-IA	NT	43.33	
18	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	45.41	43.55	
19	Ward, Amelia	9	Central Iowa Aquatics-IA	44.11	43.58	
20	Werstein, Avryn	9	Ames Cyclone Aquatics Club-IA	45.78	43.93	
21	Vobr, Vobr	9	Northeastern Swim Team-IA	48.59	45.67	
22	Funkhouser, Rylan	9	Ames Cyclone Aquatics Club-IA	43.89	45.74	
23	Lux, Mary	10	Ames Cyclone Aquatics Club-IA	53.11	45.81	
24	Norton, Stella	9	Red Wing Swim Club-MN	50.53	46.02	
25	Smyth, Ava	10	Red Wing Swim Club-MN	55.38	46.07	
26	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	57.49	47.76	
27	McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	49.89	48.19	
28	Williams, Terin	9	Central Iowa Aquatics-IA	1:09.32	48.37	
29	Beal, Ellis	10	Swordfish Swim Academy-IA	49.20	48.41	
30	Endriss, Caroline	9	Johnston Blaze Swim Club-IA	52.15	50.35	
31	Holland, Penelope	9	Central Iowa Aquatics-IA	58.98	51.74	
32	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	53.09	52.08	
33	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	1:26.64	53.89	
34	Mease, Presley	9	Swordfish Swim Academy-IA	53.77	54.37	
---	Hall, Lauren	9	Central Iowa Aquatics-IA	56.41	NS	
---	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	34.67	NS	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	45.56	NS	

Event 5 Girls 11-12 50 LC Meter Freestyle**34.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Fay, Ginger	12	Waukee Waves-IA	30.50	29.94 IASI	20
2	Bykova, Sasha	12	Des Moines Swim Federation-IA	30.22	30.00 IASI	17
3	Garrison, Jorgia	11	Rams Swim Club-IA	32.03	31.50 IASI	16
4	Tran, Victoria	12	Central Iowa Aquatics-IA	31.78	31.71 IASI	15
5	Janssen, Sarah	12	Carroll Area Swim Team-IA	31.96	31.82 IASI	14
6	Hornung, Harper	11	Waukee Waves-IA	32.66	32.00 IASI	13
7	Baker, Caroline	11	Central Iowa Aquatics-IA	31.66	32.40 IASI	12
8	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	34.33	32.46 IASI	11
9	Israel, Brynn	11	Central Iowa Aquatics-IA	32.34	32.72 IASI	9
10	Smyth, Vivi	12	Red Wing Swim Club-MN	33.36	32.73 IASI	7
11	Harmon, Josie	12	Carroll Area Swim Team-IA	34.49	32.92 IASI	6
*12	Sisul, Jolie	12	South East Aquatics-IA	36.55	33.20 IASI	4.50
*12	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	33.29	33.20 IASI	4.50
14	Leidinger, Callie	12	Kohawk Aquatics-IA	34.60	33.59 IASI	3
15	Hanson, Aubrey	12	Central Iowa Aquatics-IA	32.95	33.70 IASI	2
16	Hunt, Jojo	12	Central Iowa Aquatics-IA	35.68	33.90 IASI	1
17	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	34.37	33.97 IASI	
18	Moulton, Colbie	12	Central Iowa Aquatics-IA	38.88	34.07 IASI	
19	Jacobson, Kinzee	12	Red Wing Swim Club-MN	35.60	34.35 IASI	
20	Tudor, Ellery	11	Uss Destroyers-IA	37.80	34.58	
21	Schoolen, Ruby	12	Rams Swim Club-IA	33.68	34.81	
22	Hakeman, Riley	11	Uss Destroyers-IA	37.58	35.21	
23	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	35.82	35.55	
24	Krantz, Ruth	11	Dowling Catholic Riptide Swim-IA	35.85	36.50	

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	Name	Age	Team	Seed Time	Finals Time	Points
25	Stinson, Ellie	12	Red Wing Swim Club-MN	NT	36.91	
26	Cramer, Arya	11	Ames Cyclone Aquatics Club-IA	39.19	36.93	
27	Talley, Serena	11	Central Iowa Aquatics-IA	36.75	36.98	
28	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	39.03	37.34	
*29	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	37.98	37.38	
*29	Nieto, Gaby	12	Greater Des Moines YMCA-IA	36.15	37.38	
31	Moulton, Quinn	11	Central Iowa Aquatics-IA	46.90	37.70	
32	Neese, Savanna	11	Uss Destroyers-IA	45.54	38.76	
33	Hanson, Ainslie	11	Red Wing Swim Club-MN	39.25	39.59	
34	Vallas, Effie	11	Central Iowa Aquatics-IA	39.08	39.64	
35	Ireland, Avery	11	Des Moines Swim Federation-IA	41.32	39.80	
36	Watkins, Imogen	11	Ames Cyclone Aquatics Club-IA	NT	40.89	
37	Doughty, Olive	11	Des Moines Swim Federation-IA	47.76	41.54	
38	Kline, Lilly	11	Central Iowa Aquatics-IA	47.15	47.45	
39	Sandberg, Riley	11	Des Moines Swim Federation-IA	53.65	52.06	
40	Broadston, Makenna	11	Swordfish Swim Academy-IA	52.52	52.60	
41	Young, Makenna	11	Central Iowa Aquatics-IA	1:02.93	55.43	
---	Ludwig, Mia	12	Greater Des Moines YMCA-IA	31.95	NS	
---	DeMuth, Emma	11	Swordfish Swim Academy-IA	45.87	NS	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	32.23	NS	

Event 5 Boys 8 & Under 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	41.99	43.57	20
2	Cramer, Ayden	8	Ames Cyclone Aquatics Club-IA	49.42	43.80	17
3	Schoolen, Max	8	Rams Swim Club-IA	47.32	46.87	16
4	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	50.47	49.10	15
5	Bru, Isaac	7	Central Iowa Aquatics-IA	48.14	50.33	14
6	Gruenisen, Matthew	8	Central Iowa Aquatics-IA	54.83	52.64	13
7	Thomas, Noah	7	Rams Swim Club-IA	55.17	52.79	12
8	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	1:00.05	58.59	11

Event 5 Boys 9-10 50 LC Meter Freestyle**40.59 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Van Soelen, Harrison	10	Des Moines Swim Federation-IA	35.56	37.15 IASI	20
2	Hudson, Thomas	10	Des Moines Swim Federation-IA	37.62	37.54 IASI	17
3	Israel, Jake	9	Central Iowa Aquatics-IA	39.45	38.00 IASI	16
4	Garrison, Jonah	9	Rams Swim Club-IA	38.45	39.22 IASI	15
5	Lohmeier, Thomas	10	Des Moines Swim Federation-IA	40.02	41.68	14
6	Russell, Bennett	9	Central Iowa Aquatics-IA	42.20	41.88	13
7	Loffredo, Luke	10	Dowling Catholic Riptide Swim-IA	40.41	42.43	12
8	Brase, Kieran	10	Dowling Catholic Riptide Swim-IA	42.64	43.28	11
9	Tran, Colin	9	Central Iowa Aquatics-IA	39.05	43.31	9
10	Grote, Hank	10	Rams Swim Club-IA	47.98	44.26	7
11	Garcia, Javi	9	Johnston Blaze Swim Club-IA	44.98	45.30	6
12	Wilson, Isaac	9	Swordfish Swim Academy-IA	44.08	45.83	5
13	Seidl, Reagan	9	Dowling Catholic Riptide Swim-IA	48.62	49.55	4
14	Israel, James	9	Central Iowa Aquatics-IA	54.61	51.44	3
15	Ross, Bennett	9	Central Iowa Aquatics-IA	52.61	51.61	2

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	Name	Age	Team	Seed Time	Finals Time	Points
16	Naig, Kian	9	Ames Cyclone Aquatics Club-IA	1:11.76	52.09	1
17	Sandoval, Nate	10	Central Iowa Aquatics-IA	59.09	59.26	
18	Roberts, Rex	10	Swordfish Swim Academy-IA	1:06.80	1:10.70	
---	Maples, Vincent	10	Swordfish Swim Academy-IA	1:07.69	NS	
---	Brenizer, Hank	10	Des Moines Swim Federation-IA	58.97	NS	
---	Christiansen, Gabe	10	Des Moines Swim Federation-IA	50.01	NS	

Event 5 Boys 11-12 50 LC Meter Freestyle**34.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	27.50	27.04 IASI	20
2	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	30.41	30.18 IASI	17
3	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	30.82	30.62 IASI	16
4	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	31.91	31.70 IASI	15
5	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	32.25	32.34 IASI	14
6	Johnson, Ryker	11	South East Aquatics-IA	NT	32.67 IASI	13
7	Fausch, Zach	11	Central Iowa Aquatics-IA	34.71	33.43 IASI	12
8	Sisul, Jenner	11	South East Aquatics-IA	36.30	34.53	11
9	Hawks, Jimmy	11	Dowling Catholic Riptide Swim-IA	35.67	34.74	9
10	Otis, Bennett	12	Des Moines Swim Federation-IA	33.55	35.09	7
11	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	35.76	35.12	6
12	Sexton, James	11	Central Iowa Aquatics-IA	36.47	35.13	5
13	Cunningham, Gideon	11	North Side Swim Team-IA	36.87	35.19	4
14	Naylor, Jackson	11	Central Iowa Aquatics-IA	39.95	36.13	3
15	Ross, Clayton	11	Central Iowa Aquatics-IA	38.18	36.63	2
16	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	37.90	38.35	1
17	Brown, Carter	12	Central Iowa Aquatics-IA	39.11	38.57	
18	LaPan, Henry	11	Uss Destroyers-IA	38.01	38.92	
19	Slama, Mason	12	Central Iowa Aquatics-IA	38.78	38.99	
20	Cody, Jay	11	Red Wing Swim Club-MN	46.99	44.95	
21	Lux, Thurston	12	Ames Cyclone Aquatics Club-IA	44.50	46.17	
---	Cook, Kayden	12	Rams Swim Club-IA	43.12	NS	
---	Sandquist, Henry	11	Central Iowa Aquatics-IA	36.04	NS	
---	Sandquist, Edward	11	Central Iowa Aquatics-IA	37.83	NS	
---	Aucutt, Grayson	12	Johnston Blaze Swim Club-IA	NT	NS	
---	Carhoff, Jack	11	Swordfish Swim Academy-IA	44.28	NS	
---	Thomas, Ethan	12	Rams Swim Club-IA	38.79	NS	

Event 6 Girls 13-14 50 LC Meter Freestyle**31.79 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gevoek, Piper	14	South East Aquatics-IA	30.96	30.12 IASI	20
2	Behounek, Avery	13	MACR Sharks-IA	29.84	30.38 IASI	17
3	McCloud, Reid	14	South East Aquatics-IA	30.30	30.47 IASI	16
4	Leder, Maeve	13	Des Moines Swim Federation-IA	31.19	30.97 IASI	15
5	Schoonover, Grace	14	Carroll Area Swim Team-IA	30.97	31.54 IASI	14
6	Frantum, Maddie	13	Central Iowa Aquatics-IA	32.68	31.69 IASI	13
7	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	32.15	31.70 IASI	12
8	Hudson, Natalie	13	Des Moines Swim Federation-IA	32.19	31.91	11
9	Roberts, Kelyn	14	Rams Swim Club-IA	30.34	32.05	9

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 6 Girls 13-14 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
10	Bormann, Lila	13	Des Moines Swim Federation-IA	33.01	32.96	7
11	Gruenisen, Sami	14	Central Iowa Aquatics-IA	32.18	33.18	6
12	Sailor, Lilly	13	Northeastern Swim Team-IA	34.48	33.63	5
13	Johnson, Bailey	14	Rams Swim Club-IA	34.01	33.84	4
14	Parson, Annie	13	Uss Destroyers-IA	33.08	34.24	3
15	Davis, Chloe	14	Des Moines Swim Federation-IA	34.85	34.28	2
16	Kern, Elizabeth	14	South East Aquatics-IA	NT	34.56	1
17	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	35.42	34.70	
18	Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	36.62	37.02	
19	King, Lainey	13	Des Moines Swim Federation-IA	35.79	37.04	
20	Jenkins, Josie	13	South East Aquatics-IA	NT	37.53	
21	Rasmussen, Riley	13	Johnston Blaze Swim Club-IA	38.76	38.46	
22	Moreno, Payton	13	Des Moines Swim Federation-IA	38.75	39.40	
23	Schnepf, Mae	13	Des Moines Swim Federation-IA	38.41	39.48	
24	Backes, Estella	14	Des Moines Swim Federation-IA	38.23	39.66	
25	Lee, Ellie	14	Swordfish Swim Academy-IA	40.68	39.92	
26	Brown, Caroline	13	North Side Swim Team-IA	43.07	40.16	
27	Burt, Bailey	13	Rams Swim Club-IA	40.50	41.66	
28	Mensching, Edie	13	Swordfish Swim Academy-IA	41.98	41.86	
---	Weis, Anabelle	13	Johnston Blaze Swim Club-IA	40.48	NS	
---	Shenouda, Elizabeth	13	Central Iowa Aquatics-IA	33.85	NS	
---	Baker, Norah	14	Central Iowa Aquatics-IA	31.09	NS	

Event 6 Women 15 & Over 50 LC Meter Freestyle**28.09 15&O SSEC Summer Sectionals****30.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hall, Taylor	16	Dowling Catholic Riptide Swim-IA	28.11	28.35 IASI	20
2	Corwin, Kimber	15	Central Iowa Aquatics-IA	27.85	28.55 IASI	17
3	Woolums, Brynnly	17	Central Iowa Aquatics-IA	28.09	28.93 IASI	16
4	Vobr, Jaylee	17	Northeastern Swim Team-IA	29.06	29.32 IASI	15
5	Weinheimer, Haylie	16	North Side Swim Team-IA	28.46	29.84 IASI	14
6	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	30.72	30.53	13
7	Faughn, Abby	16	Kohawk Aquatics-IA	30.75	30.71	12
8	Molis, Ashley	16	Greater Des Moines YMCA-IA	30.34	31.16	11
9	Dayton, Emelia	17	Rams Swim Club-IA	31.26	31.22	9
10	Hassett, Sassy	17	Des Moines Swim Federation-IA	28.69	31.25	7
11	Kinnison, Amanda	16	Dowling Catholic Riptide Swim-IA	32.07	31.26	6
12	Shenouda, Esther	15	Central Iowa Aquatics-IA	31.43	31.72	5
13	Cerbin, Emerson	18	Central Iowa Aquatics-IA	29.65	31.96	4
14	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	32.56	31.98	3
15	Sailor, Isabella	17	Northeastern Swim Team-IA	30.44	32.17	2
16	Blackford, Mia	17	Rams Swim Club-IA	32.10	32.43	1
17	Gummert, Maisie	16	Central Iowa Aquatics-IA	32.19	32.68	
18	Anderson, Avery	15	Central Iowa Aquatics-IA	32.12	32.76	
19	Morales, Karla	15	Central Iowa Aquatics-IA	32.91	33.52	
20	Betts, Mallory	15	Des Moines Swim Federation-IA	32.85	33.68	
21	Cooper, Audrey	16	Rams Swim Club-IA	32.62	34.34	
22	Conn, Lillie	16	Rams Swim Club-IA	34.73	34.45	
23	Lamb, Nora	16	South East Aquatics-IA	33.20	34.53	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 6 Women 15 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
24	Damge, Evelyn	17	North Side Swim Team-IA	33.68	34.83	
---	Pekarek, Lila	15	Rams Swim Club-IA	33.39	NS	
---	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	NS	

Event 6 Boys 13-14 50 LC Meter Freestyle**29.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Linderblood, Jude	14	Central Iowa Aquatics-IA	25.22	25.50 IASI	20
2	Treharne, Clayton	14	Linn-Mar Swim Team-IA	NT	26.67 IASI	17
3	Fausch, Jackson	14	Central Iowa Aquatics-IA	26.69	26.85 IASI	16
4	Kline, Simon	14	Uss Destroyers-IA	27.12	27.17 IASI	15
5	Vallas, Brooks	14	Central Iowa Aquatics-IA	27.76	27.62 IASI	14
6	Schlueter, Nathan	14	Central Iowa Aquatics-IA	27.89	27.70 IASI	13
7	Wisehart, Landon	14	Central Iowa Aquatics-IA	28.07	27.74 IASI	12
8	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	28.68	28.11 IASI	11
9	Schumacher, Brant	14	Central Iowa Aquatics-IA	28.89	28.34 IASI	9
10	Smith, Carter	14	Des Moines Swim Federation-IA	29.66	28.90 IASI	7
11	Devlic, Ben	14	North Side Swim Team-IA	29.59	28.92 IASI	6
12	Jeffries, Max	13	Central Iowa Aquatics-IA	30.34	29.64	5
13	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	29.93	30.11	4
14	Spradling, Tyler	13	Central Iowa Aquatics-IA	30.86	30.17	3
15	Wuest, Aaron	14	Central Iowa Aquatics-IA	30.59	30.19	2
16	Levisay, Ethan	14	Kohawk Aquatics-IA	32.89	30.43	1
17	Murray, Kellen	13	Central Iowa Aquatics-IA	30.10	30.65	
18	Grubb, Cael	14	Central Iowa Aquatics-IA	30.87	30.69	
19	Boender, Sully	14	South East Aquatics-IA	31.08	30.85	
20	Parry, Spencer	13	Johnston Blaze Swim Club-IA	32.70	31.90	
21	Lamb, Miles	14	South East Aquatics-IA	33.49	32.13	
22	Cunningham, Titus	14	North Side Swim Team-IA	32.26	32.33	
23	Howe, Jake	13	Central Iowa Aquatics-IA	33.79	33.01	
24	Garrison, Jaden	13	Rams Swim Club-IA	34.11	34.41	
25	Bungu, Arian	13	Johnston Blaze Swim Club-IA	34.44	34.43	
26	Shue, Tyler	13	South East Aquatics-IA	NT	36.82	
27	Behrens, Russell	13	Fort Dodge Area Swim Team-IA	39.63	38.07	
28	Hidder, Weston	13	Central Iowa Aquatics-IA	45.49	45.60	
29	Marr, Bash	13	Ames Cyclone Aquatics Club-IA	55.83	46.46	
---	Holms, Donny	14	Johnston Blaze Swim Club-IA	29.89	DQ	
---	Six, Tristan	13	Rams Swim Club-IA	35.14	NS	
---	Aniunoh, Kenny	13	Johnston Blaze Swim Club-IA	40.94	NS	
---	Wood, Ethan	13	Johnston Blaze Swim Club-IA	NT	NS	

Event 6 Men 15 & Over 50 LC Meter Freestyle**25.29 15&O SSEC Summer Sectionals****27.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	25.30	24.62 SSEC	20
2	Dose, Jonathan	21	Carroll Area Swim Team-IA	25.24	24.75 SSEC	17
3	Seifert, Marcus	18	Kohawk Aquatics-IA	25.09	25.34 IASI	16
4	Ortega, Desmond	16	Central Iowa Aquatics-IA	25.98	25.38 IASI	15
5	Lucas, Gavin	17	Kohawk Aquatics-IA	25.50	25.84 IASI	14

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 6 Men 15 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
6	Hammond, Brennan	15	Rams Swim Club-IA	26.35	26.48 IASI	13
7	Quist, Hunter	17	Central Iowa Aquatics-IA	27.15	26.71 IASI	12
8	Andersen, Noah	16	Dowling Catholic Riptide Swim-IA	27.16	27.29	11
9	Cunningham, Corban	16	North Side Swim Team-IA	28.61	27.35	9
10	Hammond, Alex	17	Rams Swim Club-IA	28.78	27.74	7
11	Walsh, Jack	15	Greater Des Moines YMCA-IA	28.13	28.29	6
12	Briggs, Colby	18	North Side Swim Team-IA	28.57	28.36	5
13	Sytsma, Dawson	15	South East Aquatics-IA	30.88	29.63	4
14	Cornwell, Connor	16	North Side Swim Team-IA	28.84	29.78	3
15	Molis, Preston	16	Greater Des Moines YMCA-IA	30.47	30.16	2
16	Ferrell, Tyler	17	Rams Swim Club-IA	30.80	30.71	1
17	Snyder, Levi	15	South East Aquatics-IA	32.09	31.41	
18	Wood, Logan	15	Central Iowa Aquatics-IA	33.03	34.16	
19	Demianyshen, Dmitrii	16	Des Moines Swim Federation-IA	31.29	36.29	
---	Jones, Jorel	16	North Side Swim Team-IA	28.25	DFS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	25.91	NS	

Event 7 Girls 8 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	54.32	58.17	20
2	Simmons, Isla	8	Rams Swim Club-IA	1:03.27	1:03.60	17
3	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:13.69	1:05.33	16
4	Moorberg, Leena	8	Rams Swim Club-IA	1:07.18	1:12.56	15
5	Watkins, Phoebe	8	Ames Cyclone Aquatics Club-IA	1:19.16	1:13.00	14
6	Smith, Abigail	8	Central Iowa Aquatics-IA	1:03.95	1:14.89	13
---	Brenizer, Reagan	8	Des Moines Swim Federation-IA	NT	NS	

Event 7 Girls 9-10 50 LC Meter Butterfly**50.29 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	45.20	41.80 IASI	20
2	Thomas, Liv	10	Rams Swim Club-IA	46.55	48.39 IASI	17
3	Norton, Coco	10	Red Wing Swim Club-MN	59.66	49.31 IASI	16
4	Huston, Quinn	10	Central Iowa Aquatics-IA	NT	50.55	15
5	Fleming, Braylee	10	Rams Swim Club-IA	49.79	50.76	14
6	Mooney, Sabrina	10	Des Moines Swim Federation-IA	51.15	51.48	13
7	Ward, Amelia	9	Central Iowa Aquatics-IA	49.85	51.62	12
8	Benson, Kahlia	10	Red Wing Swim Club-MN	50.17	52.73	11
9	Fausch, Lilly	9	Central Iowa Aquatics-IA	56.91	53.72	9
10	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	1:01.47	57.97	7
11	Lewis, Rylee	10	Central Iowa Aquatics-IA	59.99	58.15	6
12	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:01.02	58.85	5
13	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	1:04.07	59.25	4
14	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	NT	1:00.14	3
15	Norton, Stella	9	Red Wing Swim Club-MN	1:04.41	1:00.35	2
16	Werstein, Avryn	9	Ames Cyclone Aquatics Club-IA	1:04.87	1:05.68	1
17	Hornung, Addy	9	Waukee Waves-IA	1:01.21	1:05.82	
18	Lux, Mary	10	Ames Cyclone Aquatics Club-IA	NT	1:06.53	
19	Endriss, Caroline	9	Johnston Blaze Swim Club-IA	1:25.39	1:13.28	
20	Williams, Terin	9	Central Iowa Aquatics-IA	NT	1:25.95	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 7 Girls 9-10 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time	Points
---	Funkhouser, Rylan	9	Ames Cyclone Aquatics Club-IA	59.22	DQ	
---	Nieto, Emma	9	Greater Des Moines YMCA-IA	57.48	DQ	
---	Smyth, Ava	10	Red Wing Swim Club-MN	1:08.19	DQ	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	1:10.42	NS	
---	Hall, Lauren	9	Central Iowa Aquatics-IA	NT	NS	
---	Bislend, Teagan	10	Ames Cyclone Aquatics Club-IA	42.51	NS	

Event 7 Girls 11-12 50 LC Meter Butterfly**38.29 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	34.12	33.82 IASI	20
2	Fay, Ginger	12	Waukee Waves-IA	36.65	34.16 IASI	17
3	Jacobson, Kinzee	12	Red Wing Swim Club-MN	38.03	35.43 IASI	16
4	Garrison, Jorgia	11	Rams Swim Club-IA	34.83	35.86 IASI	15
5	Hornung, Harper	11	Waukee Waves-IA	36.83	35.88 IASI	14
6	Janssen, Sarah	12	Carroll Area Swim Team-IA	35.25	36.07 IASI	13
7	Schoolen, Ruby	12	Rams Swim Club-IA	34.72	36.21 IASI	12
8	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	35.11	37.27 IASI	11
9	Israel, Brynn	11	Central Iowa Aquatics-IA	37.49	38.06 IASI	9
10	Moulton, Colbie	12	Central Iowa Aquatics-IA	54.50	38.28 IASI	7
11	Leidinger, Callie	12	Kohawk Aquatics-IA	37.35	38.61	6
12	Nieto, Gaby	12	Greater Des Moines YMCA-IA	39.51	38.79	5
13	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	38.93	38.85	4
14	Smyth, Vivi	12	Red Wing Swim Club-MN	37.11	39.38	3
15	Sisul, Jolie	12	South East Aquatics-IA	51.64	40.26	2
16	Hanson, Aubrey	12	Central Iowa Aquatics-IA	39.74	41.03	1
17	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	41.59	41.42	
18	Cramer, Arya	11	Ames Cyclone Aquatics Club-IA	37.95	41.68	
19	Tran, Victoria	12	Central Iowa Aquatics-IA	39.43	41.82	
20	Moulton, Quinn	11	Central Iowa Aquatics-IA	NT	42.44	
21	Neese, Savanna	11	Uss Destroyers-IA	56.05	49.39	
22	Watkins, Imogen	11	Ames Cyclone Aquatics Club-IA	52.51	49.41	
23	Stinson, Ellie	12	Red Wing Swim Club-MN	NT	50.41	
24	Talley, Serena	11	Central Iowa Aquatics-IA	49.46	53.01	
25	Hanson, Ainslie	11	Red Wing Swim Club-MN	51.90	56.77	
---	Ireland, Avery	11	Des Moines Swim Federation-IA	51.29	DQ	
---	Young, Makenna	11	Central Iowa Aquatics-IA	1:18.71	DQ	
---	DeMuth, Emma	11	Swordfish Swim Academy-IA	51.72	NS	
---	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	46.82	NS	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	34.67	NS	

Event 7 Boys 8 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schoolen, Max	8	Rams Swim Club-IA	53.80	58.56	20
---	Thomas, Noah	7	Rams Swim Club-IA	NT	DQ	
---	Cramer, Sawyer	8	Rams Swim Club-IA	NT	DQ	
---	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Cramer, Ayden	8	Ames Cyclone Aquatics Club-IA	1:02.47	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 7 Boys 9-10 50 LC Meter Butterfly****48.89 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Van Soelen, Harrison	10	Des Moines Swim Federation-IA	39.05	42.52 IASI	20
2	Garrison, Jonah	9	Rams Swim Club-IA	47.35	44.03 IASI	17
3	Feeney, Owen	10	Des Moines Swim Federation-IA	54.46	48.72 IASI	16
4	Hudson, Thomas	10	Des Moines Swim Federation-IA	51.29	51.51	15
5	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	57.06	51.89	14
6	Loffredo, Luke	10	Dowling Catholic Riptide Swim-IA	51.83	52.71	13
7	Russell, Bennett	9	Central Iowa Aquatics-IA	1:03.52	54.66	12
8	Grote, Hank	10	Rams Swim Club-IA	1:03.55	1:04.89	11
9	Ross, Bennett	9	Central Iowa Aquatics-IA	NT	1:31.05	9
---	Tran, Colin	9	Central Iowa Aquatics-IA	59.51	DQ	

Event 7 Boys 11-12 50 LC Meter Butterfly**38.59 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	29.54	28.83 IASI	20
2	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	32.45	32.24 IASI	17
3	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	32.95	32.89 IASI	16
4	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	38.69	36.27 IASI	15
5	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	37.32	37.19 IASI	14
6	Fausch, Zach	11	Central Iowa Aquatics-IA	38.94	37.65 IASI	13
7	Johnson, Ryker	11	South East Aquatics-IA	NT	38.48 IASI	12
8	Cunningham, Gideon	11	North Side Swim Team-IA	38.84	38.49 IASI	11
9	Sandquist, Edward	11	Central Iowa Aquatics-IA	41.52	39.80	9
10	Sisul, Jenner	11	South East Aquatics-IA	41.67	40.23	7
11	Hawks, Jimmy	11	Dowling Catholic Riptide Swim-IA	50.14	41.66	6
12	Sandquist, Henry	11	Central Iowa Aquatics-IA	44.24	42.06	5
13	Thomas, Ethan	12	Rams Swim Club-IA	43.57	42.23	4
14	Otis, Bennett	12	Des Moines Swim Federation-IA	39.26	44.17	3
15	Sexton, James	11	Central Iowa Aquatics-IA	40.20	44.38	2
16	LaPan, Henry	11	Uss Destroyers-IA	47.44	44.69	1
17	Naylor, Jackson	11	Central Iowa Aquatics-IA	54.53	47.68	
18	Slama, Mason	12	Central Iowa Aquatics-IA	51.01	48.76	
19	Cook, Kayden	12	Rams Swim Club-IA	59.12	58.91	
20	Cody, Jay	11	Red Wing Swim Club-MN	1:02.99	1:01.48	
---	Ross, Clayton	11	Central Iowa Aquatics-IA	50.59	DQ	

Event 8 Girls 13-14 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Behounek, Avery	13	MACR Sharks-IA	32.35	33.13	20
2	Gevoek, Piper	14	South East Aquatics-IA	33.22	33.19	17
3	McCloud, Reid	14	South East Aquatics-IA	35.01	33.74	16
4	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	33.61	34.21	15
5	Sailor, Lilly	13	Northeastern Swim Team-IA	37.34	36.27	14
6	Frantum, Maddie	13	Central Iowa Aquatics-IA	37.56	36.48	13
7	Hudson, Natalie	13	Des Moines Swim Federation-IA	37.28	36.57	12
8	Parson, Annie	13	Uss Destroyers-IA	37.93	37.01	11
9	Johnson, Bailey	14	Rams Swim Club-IA	NT	37.88	9
10	Kern, Elizabeth	14	South East Aquatics-IA	NT	38.20	7

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 8 Girls 13-14 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time	Points
11	Roberts, Kelyn	14	Rams Swim Club-IA	41.27	38.50	6
12	Konchalski, Delaney	13	North Side Swim Team-IA	39.57	38.80	5
13	King, Lainey	13	Des Moines Swim Federation-IA	NT	42.55	4
14	Rasmussen, Riley	13	Johnston Blaze Swim Club-IA	45.73	46.15	3
15	Lee, Ellie	14	Swordfish Swim Academy-IA	58.03	52.90	2
16	Burt, Bailey	13	Rams Swim Club-IA	1:11.54	52.97	1
17	Mensching, Edie	13	Swordfish Swim Academy-IA	NT	1:02.17	
---	Moreno, Payton	13	Des Moines Swim Federation-IA	57.57	DQ	
---	Jenkins, Josie	13	South East Aquatics-IA	NT	DQ	
---	Baker, Norah	14	Central Iowa Aquatics-IA	38.99	NS	
---	Shenouda, Elizabeth	13	Central Iowa Aquatics-IA	38.04	NS	

Event 8 Women 15 & Over 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Corwin, Kimber	15	Central Iowa Aquatics-IA	30.33	30.85	20
2	Vobr, Jaylee	17	Northeastern Swim Team-IA	30.91	31.10	17
3	Parson, Lucy	16	Uss Destroyers-IA	31.89	31.63	16
4	Hassett, Sassy	17	Des Moines Swim Federation-IA	31.79	32.63	15
5	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	32.53	32.88	14
6	Weinheimer, Haylie	16	North Side Swim Team-IA	33.73	33.52	13
7	Hoss, Brooke	15	Central Iowa Aquatics-IA	38.28	33.73	12
8	Loo, Ivy	15	Central Iowa Aquatics-IA	37.63	34.62	11
9	Cerbin, Emerson	18	Central Iowa Aquatics-IA	35.21	35.05	9
10	Cunningham, Clara	17	North Side Swim Team-IA	35.84	35.48	7
11	Gummert, Maisie	16	Central Iowa Aquatics-IA	34.86	35.98	6
12	Shenouda, Esther	15	Central Iowa Aquatics-IA	44.15	36.08	5
13	Betts, Mallory	15	Des Moines Swim Federation-IA	35.90	36.39	4
14	Dayton, Emelia	17	Rams Swim Club-IA	37.11	36.61	3
15	Damge, Evelyn	17	North Side Swim Team-IA	35.09	39.03	2
16	Lamb, Nora	16	South East Aquatics-IA	38.84	40.80	1
17	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	40.97	40.82	
---	Pekarek, Lila	15	Rams Swim Club-IA	39.32	NS	
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	40.62	NS	
---	Sarcone, Lydia	15	Des Moines Swim Federation-IA	NT	NS	

Event 8 Boys 13-14 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	NT	27.86	20
2	Linderblood, Jude	14	Central Iowa Aquatics-IA	28.88	28.91	17
3	Kline, Simon	14	Uss Destroyers-IA	30.65	29.40	16
4	Fausch, Jackson	14	Central Iowa Aquatics-IA	29.49	29.61	15
5	Wisehart, Landon	14	Central Iowa Aquatics-IA	31.15	30.65	14
6	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	34.59	31.39	13
7	Holms, Donny	14	Johnston Blaze Swim Club-IA	35.65	31.62	12
8	Boender, Sully	14	South East Aquatics-IA	34.73	32.32	11
9	Jeffries, Max	13	Central Iowa Aquatics-IA	32.74	32.87	9
10	Vallas, Brooks	14	Central Iowa Aquatics-IA	33.42	33.01	7
11	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	31.69	33.04	6
12	Spradling, Tyler	13	Central Iowa Aquatics-IA	33.24	33.10	5
13	Gagov, Alex	13	Central Iowa Aquatics-IA	37.55	33.54	4

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 8 Boys 13-14 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time	Points
14	Schumacher, Brant	14	Central Iowa Aquatics-IA	35.81	33.72	3
15	Parry, Spencer	13	Johnston Blaze Swim Club-IA	34.92	35.18	2
16	Lamb, Miles	14	South East Aquatics-IA	40.70	37.45	1
17	Shue, Tyler	13	South East Aquatics-IA	NT	42.69	

Event 8 Men 15 & Over 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	27.49	26.15	20
2	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	26.58	26.74	17
3	Ortega, Desmond	16	Central Iowa Aquatics-IA	26.53	27.00	16
4	Seifert, Marcus	18	Kohawk Aquatics-IA	27.13	27.27	15
5	Lucas, Gavin	17	Kohawk Aquatics-IA	27.62	28.70	14
6	Quist, Hunter	17	Central Iowa Aquatics-IA	NT	29.26	13
7	Hammond, Brennan	15	Rams Swim Club-IA	31.50	29.37	12
8	Walsh, Jack	15	Greater Des Moines YMCA-IA	28.95	29.38	11
9	Houlihan, Patrick	15	Kohawk Aquatics-IA	31.63	29.42	9
10	Sanchez, Cameron	16	Central Iowa Aquatics-IA	30.22	30.23	7
11	Hammond, Alex	17	Rams Swim Club-IA	31.52	30.41	6
12	Andersen, Noah	16	Dowling Catholic Riptide Swim-IA	31.36	31.33	5
13	Cornwell, Connor	16	North Side Swim Team-IA	34.23	34.32	4
14	Snyder, Levi	15	South East Aquatics-IA	36.87	36.00	3
15	Ferrell, Tyler	17	Rams Swim Club-IA	NT	38.31	2
16	Sytsma, Dawson	15	South East Aquatics-IA	NT	40.10	1
---	Jones, Jorel	16	North Side Swim Team-IA	31.59	DFS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	28.78	NS	
---	Demianyshen, Dmitrii	16	Des Moines Swim Federation-IA	37.09	NS	

Event 9 Girls 8 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	1:05.68	1:04.84	20
2	Watkins, Phoebe	8	Ames Cyclone Aquatics Club-IA	1:12.71	1:05.06	17
3	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	1:04.80	1:06.72	16
4	Hancock, Charlotte	8	Central Iowa Aquatics-IA	1:10.61	1:09.82	15
5	Smith, Abigail	8	Central Iowa Aquatics-IA	1:12.06	1:10.59	14
6	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:15.71	1:12.57	13
7	Kinsley, Cora	8	Swordfish Swim Academy-IA	1:11.68	1:13.97	12
8	Angstrom, Adalyn	8	Fort Dodge Area Swim Team-IA	1:34.85	1:19.67	11
9	Simmons, Isla	8	Rams Swim Club-IA	1:18.70	1:27.50	9
---	Tomka, Evelyn	6	Dowling Catholic Riptide Swim-IA	NT	DQ	
---	Moorberg, Leena	8	Rams Swim Club-IA	NT	DQ	

Event 9 Girls 9-10 50 LC Meter Breaststroke**57.29 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	53.62	49.94 IASI	20
2	Bru, Tylar	10	Central Iowa Aquatics-IA	54.92	53.21 IASI	17
3	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	58.58	55.12 IASI	16
4	Huston, Quinn	10	Central Iowa Aquatics-IA	59.01	55.25 IASI	15
5	Fausch, Lilly	9	Central Iowa Aquatics-IA	52.44	55.54 IASI	14
6	Werstein, Avryn	9	Ames Cyclone Aquatics Club-IA	1:05.14	56.02 IASI	13

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 9 Girls 9-10 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
7	Blocker, Kiersten	10	Central Iowa Aquatics-IA	54.21	56.45 IASI	12
8	Thomas, Liv	10	Rams Swim Club-IA	58.48	56.57 IASI	11
9	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	1:00.20	57.17 IASI	9
10	Hakeman, Linley	9	Uss Destroyers-IA	NT	57.40	7
11	Nieto, Emma	9	Greater Des Moines YMCA-IA	1:10.29	59.22	6
12	Hornung, Addy	9	Waukee Waves-IA	1:00.10	59.32	5
13	Norton, Coco	10	Red Wing Swim Club-MN	1:13.13	59.46	4
14	Mooney, Sabrina	10	Des Moines Swim Federation-IA	58.98	59.87	3
15	Benson, Kahlia	10	Red Wing Swim Club-MN	59.81	1:00.06	2
16	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	1:02.38	1:00.79	1
17	Fleming, Braylee	10	Rams Swim Club-IA	58.34	1:00.86	
18	McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	1:02.75	1:02.34	
19	Vobr, Vobr	9	Northeastern Swim Team-IA	NT	1:03.03	
20	Lewis, Rylee	10	Central Iowa Aquatics-IA	1:02.99	1:04.25	
21	Norton, Stella	9	Red Wing Swim Club-MN	1:09.13	1:04.55	
22	Smyth, Ava	10	Red Wing Swim Club-MN	1:12.90	1:05.55	
23	Howe, Mollie	10	Central Iowa Aquatics-IA	NT	1:05.82	
24	Lux, Mary	10	Ames Cyclone Aquatics Club-IA	1:17.23	1:07.65	
25	Beal, Ellis	10	Swordfish Swim Academy-IA	1:14.25	1:09.52	
26	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	NT	1:09.94	
27	Mease, Presley	9	Swordfish Swim Academy-IA	1:16.69	1:13.56	
28	Spencer, Elise	10	Johnston Blaze Swim Club-IA	NT	1:17.03	
29	Endriss, Caroline	9	Johnston Blaze Swim Club-IA	1:23.35	1:25.99	
---	Williams, Terin	9	Central Iowa Aquatics-IA	1:10.68	DQ	
---	Funkhouser, Rylan	9	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	49.13	NS	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	1:27.28	NS	

Event 9 Girls 11-12 50 LC Meter Breaststroke**45.49 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Fay, Ginger	12	Waukee Waves-IA	37.41	37.39 IASI	20
2	Hornung, Harper	11	Waukee Waves-IA	40.46	40.80 IASI	17
3	Bykova, Sasha	12	Des Moines Swim Federation-IA	43.23	42.72 IASI	16
4	Sisul, Jolie	12	South East Aquatics-IA	45.38	42.99 IASI	15
5	Nieto, Gaby	12	Greater Des Moines YMCA-IA	48.20	43.62 IASI	14
6	Jacobson, Kinzee	12	Red Wing Swim Club-MN	45.61	43.85 IASI	13
7	Harmon, Josie	12	Carroll Area Swim Team-IA	45.97	44.23 IASI	12
8	Baker, Caroline	11	Central Iowa Aquatics-IA	44.14	44.48 IASI	11
9	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	46.76	44.70 IASI	9
10	Leidinger, Callie	12	Kohawk Aquatics-IA	46.10	44.85 IASI	7
11	Smyth, Vivi	12	Red Wing Swim Club-MN	46.77	45.06 IASI	6
12	Janssen, Sarah	12	Carroll Area Swim Team-IA	45.59	45.17 IASI	5
13	Tran, Victoria	12	Central Iowa Aquatics-IA	45.77	45.29 IASI	4
14	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	46.27	46.30	3
15	Hakeman, Riley	11	Uss Destroyers-IA	50.96	47.51	2
16	Garrison, Jorgia	11	Rams Swim Club-IA	57.34	47.69	1
17	Hanson, Aubrey	12	Central Iowa Aquatics-IA	45.52	47.71	
18	Schoolen, Ruby	12	Rams Swim Club-IA	48.40	48.34	
19	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	48.72	48.41	

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	Name	Age	Team	Seed Time	Finals Time	Points
20	Tudor, Ellery	11	Uss Destroyers-IA	55.01	49.35	
21	Neese, Savanna	11	Uss Destroyers-IA	1:00.42	50.27	
22	Moulton, Colbie	12	Central Iowa Aquatics-IA	NT	50.79	
23	Israel, Brynn	11	Central Iowa Aquatics-IA	NT	51.22	
24	Cramer, Arya	11	Ames Cyclone Aquatics Club-IA	52.32	51.74	
25	Stinson, Ellie	12	Red Wing Swim Club-MN	NT	52.45	
26	Hanson, Ainslie	11	Red Wing Swim Club-MN	52.64	52.91	
27	Talley, Serena	11	Central Iowa Aquatics-IA	50.67	54.49	
28	Vallas, Effie	11	Central Iowa Aquatics-IA	54.17	55.06	
29	Hunt, Jojo	12	Central Iowa Aquatics-IA	NT	55.19	
30	Moulton, Quinn	11	Central Iowa Aquatics-IA	NT	59.75	
31	Ireland, Avery	11	Des Moines Swim Federation-IA	59.00	59.93	
32	Watkins, Imogen	11	Ames Cyclone Aquatics Club-IA	1:00.69	1:01.67	
33	Young, Makenna	11	Central Iowa Aquatics-IA	1:12.04	1:12.35	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	41.97	NS	
---	DeMuth, Emma	11	Swordfish Swim Academy-IA	1:04.80	NS	

Event 9 Boys 8 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	58.04	56.60	20
2	Cramer, Ayden	8	Ames Cyclone Aquatics Club-IA	1:00.25	1:00.59	17
3	Cramer, Sawyer	8	Rams Swim Club-IA	NT	1:04.90	16
4	Gruenisen, Matthew	8	Central Iowa Aquatics-IA	1:15.94	1:12.47	15
5	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	1:24.01	1:13.44	14
6	Schoolen, Max	8	Rams Swim Club-IA	1:23.72	1:22.48	13
7	Thomas, Noah	7	Rams Swim Club-IA	1:31.27	1:31.43	12
---	Bru, Isaac	7	Central Iowa Aquatics-IA	1:15.91	DQ	

Event 9 Boys 9-10 50 LC Meter Breaststroke**56.49 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hudson, Thomas	10	Des Moines Swim Federation-IA	51.55	51.05 IASI	20
2	Garrison, Jonah	9	Rams Swim Club-IA	49.06	51.66 IASI	17
3	Tran, Colin	9	Central Iowa Aquatics-IA	57.12	56.10 IASI	16
4	Israel, Jake	9	Central Iowa Aquatics-IA	1:03.04	57.53	15
5	Garcia, Javi	9	Johnston Blaze Swim Club-IA	59.29	58.15	14
6	Grote, Hank	10	Rams Swim Club-IA	1:09.00	1:01.75	13
7	Van Soelen, Harrison	10	Des Moines Swim Federation-IA	NT	1:02.00	12
8	Wilson, Isaac	9	Swordfish Swim Academy-IA	1:04.36	1:02.84	11
9	Russell, Bennett	9	Central Iowa Aquatics-IA	1:10.18	1:03.19	9
---	Ross, Bennett	9	Central Iowa Aquatics-IA	NT	DQ	
---	Naig, Kian	9	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Israel, James	9	Central Iowa Aquatics-IA	NT	DQ	
---	Maples, Vincent	10	Swordfish Swim Academy-IA	NT	NS	

Event 9 Boys 11-12 50 LC Meter Breaststroke**45.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	38.74	37.50 IASI	20
2	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	43.03	41.62 IASI	17

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	Name	Age	Team	Seed Time	Finals Time	Points
3	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	46.81	44.63	IASI 16
4	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	47.76	45.09	IASI 15
5	Johnson, Ryker	11	South East Aquatics-IA	NT	46.61	14
6	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	46.30	46.87	13
7	Sexton, James	11	Central Iowa Aquatics-IA	46.88	46.97	12
8	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	48.86	47.10	11
9	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	47.75	47.12	9
10	Sisul, Jenner	11	South East Aquatics-IA	48.03	47.21	7
11	Sandquist, Edward	11	Central Iowa Aquatics-IA	48.71	47.33	6
12	Spaine, Tiegán	11	Greater Des Moines YMCA-IA	59.29	47.35	5
13	Thomas, Ethan	12	Rams Swim Club-IA	49.43	47.88	4
14	Sandquist, Henry	11	Central Iowa Aquatics-IA	48.46	48.62	3
15	Naylor, Jackson	11	Central Iowa Aquatics-IA	53.29	51.38	2
16	LaPan, Henry	11	Uss Destroyers-IA	59.59	54.09	1
17	Brown, Carter	12	Central Iowa Aquatics-IA	NT	54.83	
18	Ross, Clayton	11	Central Iowa Aquatics-IA	57.49	55.37	
19	Slama, Mason	12	Central Iowa Aquatics-IA	53.31	56.62	
20	Lux, Thurston	12	Ames Cyclone Aquatics Club-IA	58.99	58.39	
21	Cody, Jay	11	Red Wing Swim Club-MN	1:09.99	1:16.86	
---	Fausch, Zach	11	Central Iowa Aquatics-IA	43.51	DQ	
---	Aucutt, Grayson	12	Johnston Blaze Swim Club-IA	NT	NS	
---	Carhoff, Jack	11	Swordfish Swim Academy-IA	1:05.10	NS	

Event 10 Girls 13-14 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Leder, Maeve	13	Des Moines Swim Federation-IA	37.46	38.45	20
2	Behounek, Avery	13	MACR Sharks-IA	38.03	38.77	17
3	Gevoek, Piper	14	South East Aquatics-IA	40.42	39.68	16
4	Davis, Chloe	14	Des Moines Swim Federation-IA	41.35	42.18	15
5	Hudson, Natalie	13	Des Moines Swim Federation-IA	42.06	42.28	14
6	Parson, Annie	13	Uss Destroyers-IA	42.24	44.04	13
7	McCloud, Reid	14	South East Aquatics-IA	45.68	44.71	12
8	Roberts, Kelyn	14	Rams Swim Club-IA	48.57	45.03	11
9	Frantum, Maddie	13	Central Iowa Aquatics-IA	45.23	47.07	9
10	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	46.00	47.20	7
11	Johnson, Bailey	14	Rams Swim Club-IA	NT	49.22	6
12	Brown, Caroline	13	North Side Swim Team-IA	51.03	49.82	5
13	Schnepf, Mae	13	Des Moines Swim Federation-IA	52.43	53.53	4
14	Rasmussen, Riley	13	Johnston Blaze Swim Club-IA	55.54	54.95	3
15	Moreno, Payton	13	Des Moines Swim Federation-IA	59.13	55.04	2
16	Burt, Bailey	13	Rams Swim Club-IA	56.37	56.57	1
---	Jenkins, Josie	13	South East Aquatics-IA	NT	DQ	
---	Shenouda, Elizabeth	13	Central Iowa Aquatics-IA	51.32	NS	

Event 10 Women 15 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Parson, Lucy	16	Uss Destroyers-IA	33.63	33.88	20
2	Hall, Taylor	16	Dowling Catholic Riptide Swim-IA	39.62	38.39	17
3	Cerbin, Emerson	18	Central Iowa Aquatics-IA	35.93	39.17	16
4	Corwin, Kimber	15	Central Iowa Aquatics-IA	40.61	40.27	15

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	Name	Age	Team	Seed Time	Finals Time	Points
5	Damge, Camryn	17	North Side Swim Team-IA	40.98	41.71	14
6	Woolums, Brynnly	17	Central Iowa Aquatics-IA	51.87	41.99	13
7	Molis, Ashley	16	Greater Des Moines YMCA-IA	40.78	42.40	12
8	Dayton, Emelia	17	Rams Swim Club-IA	43.66	42.67	11
9	Lamb, Nora	16	South East Aquatics-IA	41.82	42.95	9
10	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	41.72	43.28	7
11	Betts, Mallory	15	Des Moines Swim Federation-IA	42.79	44.05	6
12	Anderson, Avery	15	Central Iowa Aquatics-IA	46.81	45.78	5
13	Damge, Evelyn	17	North Side Swim Team-IA	45.89	45.81	4
14	Sailor, Isabella	17	Northeastern Swim Team-IA	45.65	46.24	3
---	Pekarek, Lila	15	Rams Swim Club-IA	43.25	NS	

Event 10 Boys 13-14 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schlueter, Nathan	14	Central Iowa Aquatics-IA	34.27	34.99	20
2	Fausch, Jackson	14	Central Iowa Aquatics-IA	36.19	36.64	17
3	Wisehart, Landon	14	Central Iowa Aquatics-IA	39.95	38.16	16
4	Linderblood, Jude	14	Central Iowa Aquatics-IA	NT	38.38	15
5	Levisay, Ethan	14	Kohawk Aquatics-IA	43.19	38.46	14
6	Boender, Sully	14	South East Aquatics-IA	43.45	39.04	13
7	Kline, Simon	14	Uss Destroyers-IA	38.81	39.12	12
8	Jeffryes, Max	13	Central Iowa Aquatics-IA	40.10	40.13	11
9	Devlic, Ben	14	North Side Swim Team-IA	41.27	40.74	9
10	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	1:20.12	41.35	7
11	Vallas, Brooks	14	Central Iowa Aquatics-IA	41.37	41.80	6
12	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	42.19	41.89	5
13	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	54.63	43.97	4
14	Murray, Kellen	13	Central Iowa Aquatics-IA	50.57	44.42	3
15	Cunningham, Titus	14	North Side Swim Team-IA	44.93	46.09	2
16	Parry, Spencer	13	Johnston Blaze Swim Club-IA	44.78	47.54	1
17	Lamb, Miles	14	South East Aquatics-IA	51.14	49.55	
18	Bungu, Arian	13	Johnston Blaze Swim Club-IA	NT	52.54	
19	Shue, Tyler	13	South East Aquatics-IA	NT	53.55	
20	Wood, Ethan	13	Johnston Blaze Swim Club-IA	NT	54.17	
21	Marr, Bash	13	Ames Cyclone Aquatics Club-IA	1:20.43	1:01.10	
---	Hidder, Weston	13	Central Iowa Aquatics-IA	56.90	DQ	
---	Aniunoh, Kenny	13	Johnston Blaze Swim Club-IA	NT	NS	

Event 10 Men 15 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	32.59	30.51	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	42.35	34.09	17
3	Seifert, Marcus	18	Kohawk Aquatics-IA	35.09	34.98	16
4	Lucas, Gavin	17	Kohawk Aquatics-IA	48.49	35.65	15
5	Cunningham, Corban	16	North Side Swim Team-IA	36.27	35.96	14
6	Quist, Hunter	17	Central Iowa Aquatics-IA	NT	36.10	13
7	Andersen, Noah	16	Dowling Catholic Riptide Swim-IA	46.96	40.11	12
8	Hammond, Brennan	15	Rams Swim Club-IA	46.84	42.68	11
9	Snyder, Levi	15	South East Aquatics-IA	45.48	43.20	9
10	Sytsma, Dawson	15	South East Aquatics-IA	1:01.58	43.35	7

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 10 Men 15 & Over 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
11	Ferrell, Tyler	17	Rams Swim Club-IA	1:06.57	44.47	6
---	Walsh, Jack	15	Greater Des Moines YMCA-IA	35.39	DQ	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	35.74	NS	
---	Demianyshe, Dmitrii	16	Des Moines Swim Federation-IA	NT	NS	

Event 11 Girls 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	46.16	46.38	20
2	Simmons, Isla	8	Rams Swim Club-IA	56.32	57.26	17
3	Watkins, Phoebe	8	Ames Cyclone Aquatics Club-IA	NT	58.06	16
4	Smith, Abigail	8	Central Iowa Aquatics-IA	1:15.55	59.66	15
5	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:01.56	1:01.50	14
6	Moorberg, Leena	8	Rams Swim Club-IA	1:02.77	1:03.94	13
7	Flogel, Ella	7	Dowling Catholic Riptide Swim-IA	1:04.13	1:04.34	12
8	Kinsley, Cora	8	Swordfish Swim Academy-IA	59.41	1:04.87	11
9	Thompson, Kwynn	8	Ames Cyclone Aquatics Club-IA	1:08.29	1:06.39	9
10	Angstrom, Adalyn	8	Fort Dodge Area Swim Team-IA	1:08.06	1:07.83	7
11	Schmidt, Scarlett	8	Central Iowa Aquatics-IA	1:15.48	1:08.16	6
12	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	1:11.08	1:12.29	5
13	Blocker, Mackenzie	8	Central Iowa Aquatics-IA	1:16.63	1:15.36	4
14	Slama, Harper	8	Central Iowa Aquatics-IA	1:09.72	1:15.72	3
15	White, Kaislyn	5	Swordfish Swim Academy-IA	1:18.82	1:20.28	2
16	Weldon, Tia	7	Swordfish Swim Academy-IA	1:18.90	1:20.32	1
17	Tomka, Evelyn	6	Dowling Catholic Riptide Swim-IA	1:25.49	1:32.55	
18	Gallick, Navy	6	Dowling Catholic Riptide Swim-IA	1:18.54	1:36.22	
---	Tews, Grace	6	Fort Dodge Area Swim Team-IA	1:44.20	DQ	
---	Baldwin, Brinnley	7	Rams Swim Club-IA	1:01.93	NS	
---	Brenizer, Reagan	8	Des Moines Swim Federation-IA	59.11	NS	

Event 11 Girls 9-10 50 LC Meter Backstroke**50.39 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	45.22	42.05 IASI	20
2	Mooney, Sabrina	10	Des Moines Swim Federation-IA	43.58	44.67 IASI	17
3	Fausch, Lilly	9	Central Iowa Aquatics-IA	46.28	45.72 IASI	16
4	Thomas, Liv	10	Rams Swim Club-IA	46.61	47.28 IASI	15
5	Benson, Kahlia	10	Red Wing Swim Club-MN	48.29	49.50 IASI	14
6	Fleming, Braylee	10	Rams Swim Club-IA	47.85	49.57 IASI	13
7	Howe, Mollie	10	Central Iowa Aquatics-IA	48.67	49.68 IASI	12
8	Bru, Tylar	10	Central Iowa Aquatics-IA	55.47	50.64	11
9	Hanson, Hannah	9	Des Moines Swim Federation-IA	49.04	50.88	9
10	Huston, Quinn	10	Central Iowa Aquatics-IA	59.73	51.43	7
11	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	55.26	51.91	6
12	Hornung, Addy	9	Waukee Waves-IA	50.13	51.99	5
13	Norton, Coco	10	Red Wing Swim Club-MN	50.33	52.76	4
14	Vobr, Vobr	9	Northeastern Swim Team-IA	53.91	53.31	3
15	Nieto, Emma	9	Greater Des Moines YMCA-IA	55.81	54.33	2
16	McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	55.37	54.35	1
17	Funkhouser, Rylan	9	Ames Cyclone Aquatics Club-IA	54.23	55.79	
18	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:00.37	56.53	

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	Name	Age	Team	Seed Time	Finals Time	Points
19	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	57.43	57.02	
20	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	1:13.64	57.16	
21	Norton, Stella	9	Red Wing Swim Club-MN	1:02.79	57.29	
22	Smyth, Ava	10	Red Wing Swim Club-MN	1:10.14	58.20	
23	Ward, Amelia	9	Central Iowa Aquatics-IA	53.07	58.28	
24	Lux, Mary	10	Ames Cyclone Aquatics Club-IA	1:13.68	1:00.03	
25	Williams, Terin	9	Central Iowa Aquatics-IA	1:00.94	1:00.68	
26	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	1:35.53	1:01.09	
27	Holland, Penelope	9	Central Iowa Aquatics-IA	1:04.77	1:01.24	
28	Endriss, Caroline	9	Johnston Blaze Swim Club-IA	1:05.40	1:03.93	
29	Mease, Presley	9	Swordfish Swim Academy-IA	NT	1:04.28	
---	Werstein, Avryn	9	Ames Cyclone Aquatics Club-IA	53.56	DQ	
---	Hall, Lauren	9	Central Iowa Aquatics-IA	1:03.70	NS	
---	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	43.15	NS	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	1:00.52	NS	

Event 11 Girls 11-12 50 LC Meter Backstroke**40.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hornung, Harper	11	Waukee Waves-IA	36.08	35.30 IASI	20
*2	Fay, Ginger	12	Waukee Waves-IA	37.64	35.51 IASI	16.50
*2	Bykova, Sasha	12	Des Moines Swim Federation-IA	36.26	35.51 IASI	16.50
4	Harmon, Josie	12	Carroll Area Swim Team-IA	37.05	36.61 IASI	15
5	Hunt, Jojo	12	Central Iowa Aquatics-IA	40.33	38.93 IASI	14
6	Israel, Brynn	11	Central Iowa Aquatics-IA	39.26	39.36 IASI	13
7	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	38.87	39.40 IASI	12
8	Baker, Caroline	11	Central Iowa Aquatics-IA	38.31	39.59 IASI	11
9	Jacobson, Kinzee	12	Red Wing Swim Club-MN	42.74	40.11	9
*10	Tran, Victoria	12	Central Iowa Aquatics-IA	40.01	40.20	6.50
*10	Janssen, Sarah	12	Carroll Area Swim Team-IA	39.08	40.20	6.50
12	Smyth, Vivi	12	Red Wing Swim Club-MN	42.14	40.38	5
13	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	40.60	40.43	4
14	Hanson, Aubrey	12	Central Iowa Aquatics-IA	39.15	40.66	3
15	Garrison, Jorgia	11	Rams Swim Club-IA	40.46	40.71	2
16	Moulton, Colbie	12	Central Iowa Aquatics-IA	51.88	41.19	1
17	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	43.75	41.78	
18	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	46.34	41.93	
19	Leidinger, Callie	12	Kohawk Aquatics-IA	41.49	42.10	
20	Sisul, Jolie	12	South East Aquatics-IA	44.61	42.57	
21	Schoolen, Ruby	12	Rams Swim Club-IA	43.17	42.96	
22	Neese, Savanna	11	Uss Destroyers-IA	52.64	43.30	
23	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	42.97	43.82	
24	Krantz, Ruth	11	Dowling Catholic Riptide Swim-IA	43.28	44.51	
25	Nieto, Gaby	12	Greater Des Moines YMCA-IA	48.06	44.80	
26	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	46.66	45.19	
27	Cramer, Arya	11	Ames Cyclone Aquatics Club-IA	51.96	46.18	
28	Hanson, Ainslie	11	Red Wing Swim Club-MN	44.73	46.98	
29	Moulton, Quinn	11	Central Iowa Aquatics-IA	54.84	47.56	
30	Talley, Serena	11	Central Iowa Aquatics-IA	44.89	48.36	
31	Watkins, Imogen	11	Ames Cyclone Aquatics Club-IA	NT	48.38	

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	Name	Age	Team	Seed Time	Finals Time	Points
32	Stinson, Ellie	12	Red Wing Swim Club-MN	NT	48.45	
33	Vallas, Effie	11	Central Iowa Aquatics-IA	46.32	49.10	
34	Ireland, Avery	11	Des Moines Swim Federation-IA	50.09	50.73	
35	Doughty, Olive	11	Des Moines Swim Federation-IA	59.09	52.71	
36	Kline, Lilly	11	Central Iowa Aquatics-IA	53.77	56.24	
37	Young, Makenna	11	Central Iowa Aquatics-IA	1:06.44	58.30	
38	Sandberg, Riley	11	Des Moines Swim Federation-IA	1:01.09	1:02.00	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	37.67	NS	
---	DeMuth, Emma	11	Swordfish Swim Academy-IA	51.26	NS	

Event 11 Boys 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	48.93	50.68	20
2	Cramer, Ayden	8	Ames Cyclone Aquatics Club-IA	1:02.84	54.62	17
3	Bru, Isaac	7	Central Iowa Aquatics-IA	NT	58.66	16
4	Schoolen, Max	8	Rams Swim Club-IA	55.62	1:00.37	15
5	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	1:03.59	1:01.24	14
6	Gruenisen, Matthew	8	Central Iowa Aquatics-IA	1:04.55	1:02.42	13
7	Thomas, Noah	7	Rams Swim Club-IA	56.52	1:07.64	12
8	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	1:14.34	1:08.17	11

Event 11 Boys 9-10 50 LC Meter Backstroke**50.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hudson, Thomas	10	Des Moines Swim Federation-IA	45.65	44.87 IASI	20
2	Van Soelen, Harrison	10	Des Moines Swim Federation-IA	47.68	48.59 IASI	17
3	Loffredo, Luke	10	Dowling Catholic Riptide Swim-IA	51.72	48.61 IASI	16
4	Israel, Jake	9	Central Iowa Aquatics-IA	51.95	49.30 IASI	15
5	Tran, Colin	9	Central Iowa Aquatics-IA	47.58	49.90 IASI	14
6	Brase, Kieran	10	Dowling Catholic Riptide Swim-IA	50.94	50.32 IASI	13
7	Lohmeier, Thomas	10	Des Moines Swim Federation-IA	51.63	51.06	12
8	Garrison, Jonah	9	Rams Swim Club-IA	50.47	51.35	11
9	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	50.61	51.59	9
10	Seidl, Reagan	9	Dowling Catholic Riptide Swim-IA	53.94	52.71	7
11	Russell, Bennett	9	Central Iowa Aquatics-IA	48.90	53.26	6
12	Garcia, Javi	9	Johnston Blaze Swim Club-IA	54.01	53.84	5
13	Grote, Hank	10	Rams Swim Club-IA	1:29.00	55.72	4
14	Ross, Bennett	9	Central Iowa Aquatics-IA	1:04.01	1:06.04	3
15	Sandoval, Nate	10	Central Iowa Aquatics-IA	1:06.38	1:06.30	2
16	Naig, Kian	9	Ames Cyclone Aquatics Club-IA	1:16.60	1:07.80	1
---	Brenizer, Hank	10	Des Moines Swim Federation-IA	1:16.43	NS	
---	Christiansen, Gabe	10	Des Moines Swim Federation-IA	52.69	NS	

Event 11 Boys 11-12 50 LC Meter Backstroke**40.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	30.90	30.08 IASI	20
2	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	34.41	35.13 IASI	17
3	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	37.75	37.20 IASI	16
4	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	NT	37.35 IASI	15

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	Name	Age	Team	Seed Time	Finals Time	Points
5	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	NT	38.01	IASI 14
6	Fausch, Zach	11	Central Iowa Aquatics-IA	37.93	39.20	IASI 13
7	Otis, Bennett	12	Des Moines Swim Federation-IA	37.83	40.38	IASI 12
8	Sisul, Jenner	11	South East Aquatics-IA	42.13	40.88	11
9	Johnson, Ryker	11	South East Aquatics-IA	NT	41.24	9
10	Cunningham, Gideon	11	North Side Swim Team-IA	43.50	42.11	7
11	Sandquist, Henry	11	Central Iowa Aquatics-IA	41.48	42.23	6
12	LaPan, Henry	11	Uss Destroyers-IA	42.90	42.72	5
13	Hawks, Jimmy	11	Dowling Catholic Riptide Swim-IA	47.44	43.66	4
14	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	43.79	43.90	3
15	Naylor, Jackson	11	Central Iowa Aquatics-IA	47.21	45.03	2
16	Sexton, James	11	Central Iowa Aquatics-IA	44.60	45.47	1
17	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	45.32	45.87	
18	Ross, Clayton	11	Central Iowa Aquatics-IA	50.11	45.92	
19	Sandquist, Edward	11	Central Iowa Aquatics-IA	43.96	46.13	
20	Thomas, Ethan	12	Rams Swim Club-IA	52.46	47.68	
21	Slama, Mason	12	Central Iowa Aquatics-IA	48.28	48.65	
22	Lux, Thurston	12	Ames Cyclone Aquatics Club-IA	53.26	53.85	
23	Cody, Jay	11	Red Wing Swim Club-MN	51.99	59.21	
---	Carhoff, Jack	11	Swordfish Swim Academy-IA	57.75	NS	
---	Cook, Kayden	12	Rams Swim Club-IA	50.55	NS	

Event 12 Girls 13-14 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gevoek, Piper	14	South East Aquatics-IA	36.45	35.72	20
2	McCloud, Reid	14	South East Aquatics-IA	38.16	36.30	17
3	Frantum, Maddie	13	Central Iowa Aquatics-IA	35.48	36.65	16
4	Sailor, Lilly	13	Northeastern Swim Team-IA	38.55	37.48	15
5	Parson, Annie	13	Uss Destroyers-IA	39.04	38.34	14
6	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	39.09	38.64	13
7	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	40.22	39.17	12
8	Johnson, Bailey	14	Rams Swim Club-IA	38.71	39.72	11
9	Roberts, Kelyn	14	Rams Swim Club-IA	41.93	41.00	9
10	Hudson, Natalie	13	Des Moines Swim Federation-IA	43.21	41.31	7
11	Davis, Chloe	14	Des Moines Swim Federation-IA	41.30	42.12	6
12	King, Lainey	13	Des Moines Swim Federation-IA	43.22	43.39	5
13	Jenkins, Josie	13	South East Aquatics-IA	NT	47.51	4
14	Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	NT	47.84	3
15	Moreno, Payton	13	Des Moines Swim Federation-IA	52.35	50.36	2
16	Backes, Estella	14	Des Moines Swim Federation-IA	51.28	50.68	1
17	Burt, Bailey	13	Rams Swim Club-IA	59.83	53.23	
---	Weis, Anabelle	13	Johnston Blaze Swim Club-IA	NT	NS	
---	Shenouda, Elizabeth	13	Central Iowa Aquatics-IA	47.64	NS	
---	Baker, Norah	14	Central Iowa Aquatics-IA	36.64	NS	

Event 12 Women 15 & Over 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Weinheimer, Haylie	16	North Side Swim Team-IA	32.45	34.21	20
2	Parson, Lucy	16	Uss Destroyers-IA	35.45	34.42	17
3	Corwin, Kimber	15	Central Iowa Aquatics-IA	33.56	35.21	16

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	Name	Age	Team	Seed Time	Finals Time	Points
4	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	35.18	36.38	15
5	Sailor, Isabella	17	Northeastern Swim Team-IA	36.85	36.79	14
6	Hassett, Sassy	17	Des Moines Swim Federation-IA	32.46	37.30	13
7	Kinnison, Amanda	16	Dowling Catholic Riptide Swim-IA	36.82	37.58	12
8	Faughn, Abby	16	Kohawk Aquatics-IA	41.39	37.63	11
9	Damge, Camryn	17	North Side Swim Team-IA	37.49	37.89	9
10	Dayton, Emelia	17	Rams Swim Club-IA	38.50	39.56	7
11	Cerbin, Emerson	18	Central Iowa Aquatics-IA	39.50	39.76	6
12	Betts, Mallory	15	Des Moines Swim Federation-IA	38.80	41.59	5
13	Lamb, Nora	16	South East Aquatics-IA	40.93	42.75	4
14	Conn, Lillie	16	Rams Swim Club-IA	51.41	45.99	3
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	NT	NS	
---	Sarcone, Lydia	15	Des Moines Swim Federation-IA	41.79	NS	
---	Pekarek, Lila	15	Rams Swim Club-IA	43.03	NS	

Event 12 Boys 13-14 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	NT	29.22	20
2	Linderblood, Jude	14	Central Iowa Aquatics-IA	35.83	30.84	17
3	Fausch, Jackson	14	Central Iowa Aquatics-IA	30.15	31.06	16
4	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	31.31	31.64	15
5	Schlueter, Nathan	14	Central Iowa Aquatics-IA	35.20	32.60	14
6	Kline, Simon	14	Uss Destroyers-IA	34.01	32.64	13
7	Vallas, Brooks	14	Central Iowa Aquatics-IA	33.60	34.47	12
8	Schumacher, Brant	14	Central Iowa Aquatics-IA	37.46	34.50	11
9	Holms, Donny	14	Johnston Blaze Swim Club-IA	39.38	34.53	9
10	Gagov, Alex	13	Central Iowa Aquatics-IA	39.02	34.85	7
11	Boender, Sully	14	South East Aquatics-IA	36.73	36.25	6
12	Devlic, Ben	14	North Side Swim Team-IA	35.59	36.54	5
13	Jeffryes, Max	13	Central Iowa Aquatics-IA	38.01	37.42	4
14	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	1:06.74	37.70	3
15	Parry, Spencer	13	Johnston Blaze Swim Club-IA	38.78	38.77	2
16	Lamb, Miles	14	South East Aquatics-IA	43.05	40.59	1
17	Howe, Jake	13	Central Iowa Aquatics-IA	NT	40.61	
18	Bungu, Arian	13	Johnston Blaze Swim Club-IA	54.60	44.56	
19	Shue, Tyler	13	South East Aquatics-IA	NT	46.21	
20	Behrens, Russell	13	Fort Dodge Area Swim Team-IA	NT	50.53	
---	Aniunoh, Kenny	13	Johnston Blaze Swim Club-IA	NT	NS	

Event 12 Men 15 & Over 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	28.28	28.30	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	27.44	28.90	17
3	Seifert, Marcus	18	Kohawk Aquatics-IA	31.41	30.15	16
4	Lucas, Gavin	17	Kohawk Aquatics-IA	33.94	30.26	15
5	Hammond, Brennan	15	Rams Swim Club-IA	34.41	31.64	14
6	Andersen, Noah	16	Dowling Catholic Riptide Swim-IA	31.83	32.31	13
7	Sanchez, Cameron	16	Central Iowa Aquatics-IA	31.72	32.81	12
8	Walsh, Jack	15	Greater Des Moines YMCA-IA	32.47	32.87	11
9	Quist, Hunter	17	Central Iowa Aquatics-IA	NT	33.25	9

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	Name	Age	Team	Seed Time	Finals Time	Points
10	Briggs, Colby	18	North Side Swim Team-IA	32.65	33.36	7
11	Molis, Preston	16	Greater Des Moines YMCA-IA	33.47	33.51	6
12	Sytsma, Dawson	15	South East Aquatics-IA	1:01.41	37.71	5
13	Ferrell, Tyler	17	Rams Swim Club-IA	1:00.58	38.84	4
14	Snyder, Levi	15	South East Aquatics-IA	44.25	41.16	3
---	Jones, Jorel	16	North Side Swim Team-IA	34.16	DFS	

Event 13 Girls 13-14 400 LC Meter Freestyle**5:20.99 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gevoek, Piper	14	South East Aquatics-IA	4:56.95	4:52.64 IASI	20
2	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	5:15.79	5:13.65 IASI	17
3	Bormann, Lila	13	Des Moines Swim Federation-IA	5:30.85	5:23.47	16
4	Dee, Adilyn	14	Central Iowa Aquatics-IA	5:24.50	5:27.22	15
5	Gruenisen, Sami	14	Central Iowa Aquatics-IA	5:39.19	5:38.01	14
6	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	5:53.67	5:54.72	13
7	Shelton, Macie	13	Uss Destroyers-IA	NT	6:51.40	12
8	Brown, Caroline	13	North Side Swim Team-IA	7:05.88	6:58.95	11

Event 13 Women 15 & Over 400 LC Meter Freestyle**5:04.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mahler-Moreno, Quin	18	Des Moines Swim Federation-IA	4:34.24	4:47.02 IASI	20
2	Woolums, Brynnly	17	Central Iowa Aquatics-IA	4:38.34	4:49.81 IASI	17
3	Hassett, Sassy	17	Des Moines Swim Federation-IA	4:42.26	4:49.95 IASI	16
4	Vobr, Jaylee	17	Northeastern Swim Team-IA	4:56.94	5:02.15 IASI	15
5	Faughn, Abby	16	Kohawk Aquatics-IA	5:10.45	5:03.91 IASI	14
6	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	5:21.65	5:10.03	13
7	Anderson, Avery	15	Central Iowa Aquatics-IA	5:08.80	5:11.84	12
8	Cunningham, Clara	17	North Side Swim Team-IA	5:18.71	5:12.95	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	5:20.63	5:13.68	9
10	Gummert, Maisie	16	Central Iowa Aquatics-IA	5:11.45	5:15.31	7
11	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	5:15.28	5:16.66	6
12	Shenouda, Esther	15	Central Iowa Aquatics-IA	5:27.64	5:27.11	5
13	Hoss, Brooke	15	Central Iowa Aquatics-IA	5:31.77	5:29.37	4
14	Blackford, Mia	17	Rams Swim Club-IA	5:33.61	5:33.54	3
15	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	5:29.33	5:37.46	2
16	Cooper, Audrey	16	Rams Swim Club-IA	NT	6:26.89	1

Event 14 Boys 13-14 400 LC Meter Freestyle**5:05.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	4:43.15	4:46.60 IASI	20
2	Schlueter, Nathan	14	Central Iowa Aquatics-IA	4:59.18	4:46.79 IASI	17
3	Smith, Carter	14	Des Moines Swim Federation-IA	4:38.36	4:49.02 IASI	16
4	Spradling, Tyler	13	Central Iowa Aquatics-IA	4:51.19	4:51.21 IASI	15
5	Gagov, Alex	13	Central Iowa Aquatics-IA	6:22.62	4:58.89 IASI	14
6	Murray, Kellen	13	Central Iowa Aquatics-IA	5:07.33	5:00.91 IASI	13
7	Grubb, Cael	14	Central Iowa Aquatics-IA	5:13.85	5:01.58 IASI	12
8	Schumacher, Brant	14	Central Iowa Aquatics-IA	5:31.10	5:03.98 IASI	11

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 14 Boys 13-14 400 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
9	Levisay, Ethan	14	Kohawk Aquatics-IA	5:48.39	5:06.28	9
10	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	5:36.16	5:30.70	7
11	Wuest, Aaron	14	Central Iowa Aquatics-IA	5:41.29	5:39.85	6
12	Garrison, Jaden	13	Rams Swim Club-IA	5:58.81	5:47.96	5
13	Cunningham, Titus	14	North Side Swim Team-IA	5:23.15	5:51.32	4
14	Howe, Jake	13	Central Iowa Aquatics-IA	NT	5:54.13	3
15	Behrens, Russell	13	Fort Dodge Area Swim Team-IA	7:04.88	6:57.05	2
---	Six, Tristan	13	Rams Swim Club-IA	5:41.74	NS	

Event 14 Men 15 & Over 400 LC Meter Freestyle**4:43.19 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	4:09.15	4:20.62 IASI	20
2	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	4:42.36	4:30.92 IASI	17
3	Houlihan, Patrick	15	Kohawk Aquatics-IA	4:45.21	4:37.84 IASI	16
4	Ortega, Desmond	16	Central Iowa Aquatics-IA	4:20.19	4:41.85 IASI	15
5	Hammond, Alex	17	Rams Swim Club-IA	4:41.22	4:43.23	14
6	Cunningham, Corban	16	North Side Swim Team-IA	5:17.43	4:47.45	13
7	Cornwell, Connor	16	North Side Swim Team-IA	5:15.92	5:09.96	12
8	Wood, Logan	15	Central Iowa Aquatics-IA	5:51.63	5:52.25	11
---	Jones, Jorel	16	North Side Swim Team-IA	NT	DFS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	4:42.13	NS	

Event 15 Girls 8 & Under 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	4:25.42	4:14.78	20
---	Hancock, Charlotte	8	Central Iowa Aquatics-IA	3:26.34	DNF	

Event 15 Girls 9-10 200 LC Meter Freestyle**3:20.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mooney, Sabrina	10	Des Moines Swim Federation-IA	2:55.62	2:55.48 IASI	20
2	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	NT	2:55.62 IASI	17
3	Anthofer, Eve	9	Carroll Area Swim Team-IA	3:34.36	3:04.03 IASI	16
4	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	3:09.34	3:05.34 IASI	15
5	Thomas, Liv	10	Rams Swim Club-IA	3:42.33	3:05.46 IASI	14
6	Lewis, Rylee	10	Central Iowa Aquatics-IA	3:10.31	3:11.26 IASI	13
7	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	NT	3:14.78 IASI	12
8	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	NT	3:21.34	11
9	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	NT	3:24.99	9
10	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	3:52.35	3:37.95	7
11	Benson, Kahlia	10	Red Wing Swim Club-MN	3:43.44	3:39.47	6
12	Norton, Coco	10	Red Wing Swim Club-MN	3:59.36	3:40.93	5
13	Ward, Amelia	9	Central Iowa Aquatics-IA	3:41.16	3:42.98	4
14	Norton, Stella	9	Red Wing Swim Club-MN	4:40.00	3:57.22	3
15	Smyth, Ava	10	Red Wing Swim Club-MN	3:50.99	4:01.88	2
16	Williams, Terin	9	Central Iowa Aquatics-IA	NT	4:02.61	1
---	Smith, Hayden	10	Des Moines Swim Federation-IA	2:48.20	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 15 Girls 11-12 200 LC Meter Freestyle**

2:45.99 11-12 IASI IASI Q

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	2:24.66	2:25.34 IASI	20
2	Ludwig, Mia	12	Greater Des Moines YMCA-IA	2:31.59	2:30.70 IASI	17
3	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	2:32.46	2:33.07 IASI	16
4	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	2:29.74	2:33.70 IASI	15
5	Hornung, Harper	11	Waukee Waves-IA	2:35.22	2:34.37 IASI	14
6	Tran, Victoria	12	Central Iowa Aquatics-IA	2:33.47	2:34.43 IASI	13
7	Lewis, Madyson	12	Central Iowa Aquatics-IA	2:34.84	2:37.00 IASI	12
8	Gevock, Trinity	11	South East Aquatics-IA	2:45.14	2:37.18 IASI	11
9	Janssen, Sarah	12	Carroll Area Swim Team-IA	2:44.25	2:38.29 IASI	9
10	Garrison, Jorgia	11	Rams Swim Club-IA	2:42.74	2:38.39 IASI	7
11	Smyth, Vivi	12	Red Wing Swim Club-MN	2:42.90	2:40.64 IASI	6
12	Leidinger, Callie	12	Kohawk Aquatics-IA	3:01.69	2:41.13 IASI	5
13	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	2:44.49	2:41.25 IASI	4
14	Schoolen, Ruby	12	Rams Swim Club-IA	2:42.32	2:42.25 IASI	3
15	Brons, Josie	11	Des Moines Swim Federation-IA	2:41.05	2:43.48 IASI	2
16	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	2:44.58	2:43.58 IASI	1
17	Larson, Rachel	11	Greater Des Moines YMCA-IA	2:46.28	2:44.18 IASI	
18	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	2:48.02	2:45.44 IASI	
19	Jean, Natiel	11	Greater Des Moines YMCA-IA	2:47.88	2:45.70 IASI	
20	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	3:11.70	2:46.39	
21	Jacobson, Kinzee	12	Red Wing Swim Club-MN	2:55.11	2:47.20	
22	Sisul, Jolie	12	South East Aquatics-IA	3:09.58	2:49.57	
23	Soukup, Lyv	12	Uss Destroyers-IA	NT	2:58.63	
24	Bry, Emma	11	Mason City Swim Club-IA	3:06.05	3:01.58	
25	Connolly, Grace	12	Greater Des Moines YMCA-IA	3:12.79	3:03.75	
26	Hanson, Ainslie	11	Red Wing Swim Club-MN	3:03.13	3:05.49	
27	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	3:09.68	3:08.44	
28	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	4:02.36	3:08.61	
29	Neese, Savanna	11	Uss Destroyers-IA	NT	3:09.04	
30	Freeman, Catherine	12	Central Iowa Aquatics-IA	3:01.94	3:10.43	
31	Mitchell, Paige	11	Central Iowa Aquatics-IA	3:19.99	3:10.55	
32	Talley, Serena	11	Central Iowa Aquatics-IA	NT	3:11.85	
33	Driscoll, Bailey	12	Mason City Swim Club-IA	3:12.84	3:12.52	
34	Stinson, Ellie	12	Red Wing Swim Club-MN	4:04.55	3:13.02	
35	Ireland, Avery	11	Des Moines Swim Federation-IA	3:16.12	3:13.96	
36	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	3:11.10	3:18.46	
37	Cody, Collins	11	Mason City Swim Club-IA	3:34.57	3:21.12	
38	Hardee, Anya	12	Mason City Swim Club-IA	3:32.45	3:26.27	
39	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	4:09.02	3:52.19	
40	Crouch, Ingrid	12	Dowling Catholic Riptide Swim-IA	NT	4:09.36	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	2:27.16	NS	

Event 16 Boys 8 & Under 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	5:24.13	4:50.53	20

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	Name	Age	Team	Seed Time	Finals Time		Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	2:32.63	2:32.71	IASI	20
2	Garrison, Jonah	9	Rams Swim Club-IA	3:15.29	3:04.33	IASI	17
3	Feeney, Owen	10	Des Moines Swim Federation-IA	3:14.10	3:13.70		16
4	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	3:14.25	3:14.84		15
5	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	NT	3:15.09		14
6	Kokjohn, Colin	10	Des Moines Swim Federation-IA	3:18.17	3:19.20		13
7	Tran, Colin	9	Central Iowa Aquatics-IA	NT	3:24.69		12
8	Lohmeier, Thomas	10	Des Moines Swim Federation-IA	3:28.69	3:26.54		11
9	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	NT	3:29.64		9
10	Tourney, Emmett	9	Red Wing Swim Club-MN	3:59.31	3:34.19		7
11	Connolly, James	9	Greater Des Moines YMCA-IA	3:56.26	3:46.04		6

Event 16 Boys 11-12 200 LC Meter Freestyle**2:44.89 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time		Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	2:14.77	2:14.14	IASI	20
2	Staiert, Easton	12	Des Moines Swim Federation-IA	2:21.12	2:21.41	IASI	17
3	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	2:30.69	2:28.32	IASI	16
4	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	3:06.29	2:32.17	IASI	15
5	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	2:42.46	2:34.09	IASI	14
6	Zhang, Allen	12	Des Moines Swim Federation-IA	2:44.99	2:39.52	IASI	13
7	Qualley, Parker	12	Greater Des Moines YMCA-IA	2:37.61	2:40.75	IASI	12
8	Fausch, Zach	11	Central Iowa Aquatics-IA	2:50.75	2:44.18	IASI	11
9	Cunningham, Gideon	11	North Side Swim Team-IA	2:49.01	2:45.71		9
10	Johnson, Ryker	11	South East Aquatics-IA	NT	2:52.21		7
11	Sisul, Jenner	11	South East Aquatics-IA	2:58.28	2:52.68		6
12	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	NT	2:53.98		5
13	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	2:59.76		4
14	Sexton, James	11	Central Iowa Aquatics-IA	3:01.42	3:00.76		3
15	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	3:05.82	3:04.04		2
16	LaPan, Henry	11	Uss Destroyers-IA	3:05.43	3:06.18		1
17	Naylor, Jackson	11	Central Iowa Aquatics-IA	NT	3:06.49		
18	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	3:03.33	3:08.00		
19	Thomas, Ethan	12	Rams Swim Club-IA	3:10.55	3:08.26		
20	Carpenter, Malachi	11	Central Iowa Aquatics-IA	3:24.43	3:17.80		
21	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	3:29.83		
---	Cody, Jay	11	Red Wing Swim Club-MN	4:00.99	NS		
---	Carter, Thomas	11	Carroll Area Swim Team-IA	3:48.56	NS		
---	Smith, Harry	12	Des Moines Swim Federation-IA	2:32.51	NS		

Event 17 Girls 8 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time		Points
1	Cochran, Clara	8	Central Iowa Aquatics-IA	1:01.16	50.07		20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	1:01.78	57.68		17
3	Hancock, Charlotte	8	Central Iowa Aquatics-IA	54.32	58.28		16
4	Books, Londyn	7	Uss Destroyers-IA	NT	1:00.91		15
5	Simmons, Isla	8	Rams Swim Club-IA	1:03.27	1:04.21		14
6	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:13.69	1:04.63		13

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Name	Age	Team	Seed Time	Finals Time	Points
--- Freeman, Elizabeth	8	Central Iowa Aquatics-IA	1:39.83	DQ	
--- Brenizer, Reagan	8	Des Moines Swim Federation-IA	NT	DQ	

Event 17 Girls 9-10 50 LC Meter Butterfly**50.29 9-10 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Qualley, Reagan	10	Greater Des Moines YMCA-IA	37.52	37.07 IASI	20
2 Cochran, Delaney	10	Central Iowa Aquatics-IA	37.04	37.22 IASI	17
3 Spear, Lilliana	10	Central Iowa Aquatics-IA	39.03	39.74 IASI	16
*4 Anthofer, Eve	9	Carroll Area Swim Team-IA	42.15	40.19 IASI	14.50
*4 Cygankova, Alisa	9	Greater Des Moines YMCA-IA	40.97	40.19 IASI	14.50
6 Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	45.71	42.70 IASI	13
7 Huston, Quinn	10	Central Iowa Aquatics-IA	NT	47.07 IASI	12
8 Smith, Hayden	10	Des Moines Swim Federation-IA	42.48	47.23 IASI	11
9 Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	45.15	47.45 IASI	9
10 Fausch, Lilly	9	Central Iowa Aquatics-IA	56.91	48.83 IASI	7
11 Vobr, Vobr	9	Northeastern Swim Team-IA	56.29	51.12	6
12 Ward, Amelia	9	Central Iowa Aquatics-IA	49.85	51.54	5
13 Jacobson, Whitnee	9	Red Wing Swim Club-MN	46.09	53.77	4
14 Puhmann, Macyn	9	Central Iowa Aquatics-IA	59.55	55.79	3
15 Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	56.83	2
16 Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:01.02	58.30	1
17 Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	NT	1:01.91	
18 Tews, Kallie	10	Fort Dodge Area Swim Team-IA	1:04.07	1:02.83	
19 Ritchey, Lilo	10	South East Aquatics-IA	NT	1:04.77	
20 Sponheim, Molly	9	Rams Swim Club-IA	1:17.62	1:05.90	
21 Carter, Haley	9	Carroll Area Swim Team-IA	NT	1:06.92	
22 Gebauer, Marlowe	9	Central Iowa Aquatics-IA	1:08.07	1:07.71	
23 Spradling, Eliana	9	Central Iowa Aquatics-IA	1:11.98	1:09.68	
24 Ceballos, Mikaela	9	Greater Des Moines YMCA-IA	NT	1:19.18	
--- Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	1:15.92	DQ	
--- Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	1:17.50	DQ	
--- Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	1:21.31	DQ	

Event 17 Girls 11-12 50 LC Meter Butterfly**38.29 11-12 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Cygankova, Polina	12	Greater Des Moines YMCA-IA	37.29	35.12 IASI	20
2 Tudor, Ellery	11	Uss Destroyers-IA	44.00	36.17 IASI	17
3 Janssen, Sarah	12	Carroll Area Swim Team-IA	35.25	36.48 IASI	16
4 Demirici, Ada	12	Ames Cyclone Aquatics Club-IA	39.64	36.77 IASI	15
5 Fillius, Willa	12	North Side Swim Team-IA	37.08	37.44 IASI	14
6 Gevock, Trinity	11	South East Aquatics-IA	39.01	37.49 IASI	13
7 Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	35.95	37.52 IASI	12
8 Jean, Natiel	11	Greater Des Moines YMCA-IA	38.90	37.94 IASI	11
9 Lewis, Madyson	12	Central Iowa Aquatics-IA	43.56	38.04 IASI	9
10 Books, Malia	12	Uss Destroyers-IA	39.39	38.05 IASI	7
11 Israel, Brynn	11	Central Iowa Aquatics-IA	37.49	38.56	6
12 Hanson, Aubrey	12	Central Iowa Aquatics-IA	39.74	41.14	5
13 Ortega, Evelyn	11	Central Iowa Aquatics-IA	44.08	41.34	4

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	Name	Age	Team	Seed Time	Finals Time	Points
14	Baker, Caroline	11	Central Iowa Aquatics-IA	38.77	41.60	3
15	Brons, Josie	11	Des Moines Swim Federation-IA	43.09	43.29	2
16	Frein, Isabella	11	Central Iowa Aquatics-IA	49.61	44.16	1
17	Butler, Mathilde	12	Greater Des Moines YMCA-IA	42.75	44.22	
18	Fitch, Lauren	11	North Side Swim Team-IA	44.78	44.51	
19	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	49.67	44.77	
20	Brown, Audrey	11	Central Iowa Aquatics-IA	NT	45.53	
21	Bry, Emma	11	Mason City Swim Club-IA	51.23	50.48	
22	Mitchell, Paige	11	Central Iowa Aquatics-IA	NT	50.63	
23	Neese, Savanna	11	Uss Destroyers-IA	56.05	50.89	
24	Woolery, Breckyn	11	Central Iowa Aquatics-IA	53.02	51.25	
25	Cody, Collins	11	Mason City Swim Club-IA	52.91	55.69	
26	Powers, Izzy	11	Greater Des Moines YMCA-IA	NT	56.61	
27	Young, Makenna	11	Central Iowa Aquatics-IA	1:18.71	1:15.58	
---	Sponheim, Leah	11	Rams Swim Club-IA	NT	DQ	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	NT	NS	
---	Evangelista, Sloane	11	Central Iowa Aquatics-IA	1:05.56	NS	

Event 18 Boys 8 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schoolen, Max	8	Rams Swim Club-IA	53.80	54.72	20

Event 18 Boys 9-10 50 LC Meter Butterfly**48.89 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	35.85	37.00 IASI	20
2	Tourney, Emmett	9	Red Wing Swim Club-MN	48.23	50.30	17
3	Avitt, Jacob	10	South East Aquatics-IA	NT	54.60	16
4	Sprague, Tommy	9	Ames Cyclone Aquatics Club-IA	1:24.10	55.89	15
5	Israel, Jake	9	Central Iowa Aquatics-IA	NT	57.01	14
6	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	1:02.48	1:01.77	13
7	Lassers, Teddy	10	Central Iowa Aquatics-IA	NT	1:09.03	12
8	Dumermuth, Liam	10	Johnston Blaze Swim Club-IA	NT	1:19.87	11

Event 18 Boys 11-12 50 LC Meter Butterfly**38.59 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	29.54	28.93 IASI	20
2	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	32.01	29.62 IASI	17
3	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	32.45	31.87 IASI	16
4	Green, Reilly	12	Des Moines Swim Federation-IA	33.83	33.89 IASI	15
5	Staiert, Easton	12	Des Moines Swim Federation-IA	34.35	34.01 IASI	14
6	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	37.60	35.63 IASI	13
7	Dingus, Blain	11	Burlington Area Bullsharks-IA	48.92	37.82 IASI	12
8	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	37.40	38.40 IASI	11
9	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	41.00	39.69	9
10	Todsens, Gavin	12	Central Iowa Aquatics-IA	42.38	39.81	7
11	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	42.37	42.40	6
12	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	42.52	5
13	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	NT	42.63	4

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	Name	Age	Team	Seed Time	Finals Time	Points
14	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	42.70	3
15	Sissel, Ethan	11	Des Moines Swim Federation-IA	45.08	45.28	2
16	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	52.88	45.93	1
17	Doll, Lennon	12	Central Iowa Aquatics-IA	51.29	49.86	
18	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	52.26	
19	Williams, Max	12	Kohawk Aquatics-IA	NT	52.49	
---	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	58.53	DQ	

Event 19 Girls 9-10 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	3:02.58	2:58.70	20
2	Mooney, Sabrina	10	Des Moines Swim Federation-IA	3:19.43	3:23.22	17
3	Norton, Coco	10	Red Wing Swim Club-MN	4:18.44	3:51.28	16
4	Norton, Stella	9	Red Wing Swim Club-MN	5:00.00	4:11.71	15
---	Benson, Kahlia	10	Red Wing Swim Club-MN	4:15.49	DQ	
---	Smyth, Ava	10	Red Wing Swim Club-MN	4:45.33	DQ	

Event 19 Girls 11-12 200 LC Meter Backstroke**3:09.89 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	2:58.37	2:45.35 IASI	20
2	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	2:54.45	2:53.68 IASI	17
3	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	2:57.24	2:53.73 IASI	16
4	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	2:57.31	2:54.27 IASI	15
5	Ludwig, Mia	12	Greater Des Moines YMCA-IA	NT	2:59.61 IASI	14
6	Fitch, Lauren	11	North Side Swim Team-IA	3:00.65	3:00.00 IASI	13
7	Jacobson, Kinzee	12	Red Wing Swim Club-MN	3:17.08	3:05.65 IASI	12
8	Smyth, Vivi	12	Red Wing Swim Club-MN	3:14.00	3:09.12 IASI	11
9	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	3:12.25	3:12.15	9
10	Fillius, Willa	12	North Side Swim Team-IA	3:24.80	3:14.48	7
11	Sisul, Jolie	12	South East Aquatics-IA	NT	3:20.89	6
12	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	NT	3:23.71	5
---	Stinson, Ellie	12	Red Wing Swim Club-MN	4:04.97	DQ	
---	Hanson, Ainslie	11	Red Wing Swim Club-MN	3:26.24	DQ	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	2:51.37	NS	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	NT	NS	

Event 20 Boys 9-10 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	3:17.55	3:00.00	20
---	Connolly, James	9	Greater Des Moines YMCA-IA	NT	NS	

Event 20 Boys 11-12 200 LC Meter Backstroke**3:05.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	2:39.68	2:31.77 IASI	20
2	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	2:54.00	2:49.15 IASI	17
3	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	2:50.50	2:50.60 IASI	16
4	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	3:12.07	2:51.20 IASI	15
5	Green, Reilly	12	Des Moines Swim Federation-IA	2:47.11	2:52.94 IASI	14
6	Fausch, Zach	11	Central Iowa Aquatics-IA	2:52.99	2:54.93 IASI	13

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 20 Boys 11-12 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
7	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	3:02.76	2:56.71 IASI	12
8	Cunningham, Gideon	11	North Side Swim Team-IA	3:10.00	3:08.12	11
9	Sisul, Jenner	11	South East Aquatics-IA	NT	3:11.66	9
10	LaPan, Henry	11	Uss Destroyers-IA	3:29.61	3:14.72	7
---	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	3:22.51	DQ	
---	Cody, Jay	11	Red Wing Swim Club-MN	4:10.99	NS	
---	Smith, Harry	12	Des Moines Swim Federation-IA	3:01.56	NS	

Event 21 Girls 8 & Under 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	O'Brien, Evelyn	8	Burlington Area Bullsharks-IA	NT	2:02.39	20
2	Cochran, Clara	8	Central Iowa Aquatics-IA	2:15.91	2:11.99	17
3	Chen, Zoey	8	Des Moines Swim Federation-IA	2:14.01	2:20.97	16
4	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	2:29.02	2:30.27	15
5	Bry, Chloe	8	Mason City Swim Club-IA	3:07.11	3:04.04	14

Event 21 Girls 9-10 100 LC Meter Breaststroke**1:59.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Qualley, Reagan	10	Greater Des Moines YMCA-IA	1:36.53	1:36.63 IASI	20
2	Spear, Lilliana	10	Central Iowa Aquatics-IA	1:38.82	1:40.17 IASI	17
3	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	1:41.41	1:46.68 IASI	16
4	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	NT	1:48.22 IASI	15
5	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	1:56.53	1:51.71 IASI	14
6	Fausch, Lilly	9	Central Iowa Aquatics-IA	2:00.74	1:55.99 IASI	13
7	Huston, Quinn	10	Central Iowa Aquatics-IA	2:11.72	1:56.80 IASI	12
8	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	2:02.58	1:58.15 IASI	11
9	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	1:59.92	9
10	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	2:37.71	2:01.04	7
11	Thomas, Liv	10	Rams Swim Club-IA	2:07.65	2:01.29	6
12	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	2:18.46	2:02.50	5
13	Blocker, Kiersten	10	Central Iowa Aquatics-IA	2:01.57	2:03.66	4
14	Hakeman, Linley	9	Uss Destroyers-IA	NT	2:05.84	3
15	Fleming, Braylee	10	Rams Swim Club-IA	2:08.34	2:07.09	2
16	Williams, Quinn	10	Kohawk Aquatics-IA	NT	2:08.25	1
17	Norton, Coco	10	Red Wing Swim Club-MN	2:20.71	2:08.28	
18	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	2:17.78	2:11.38	
19	Mooney, Sabrina	10	Des Moines Swim Federation-IA	2:09.14	2:13.40	
20	McGuire, Edie	10	Greater Des Moines YMCA-IA	NT	2:13.86	
21	Jacobson, Whitnee	9	Red Wing Swim Club-MN	1:36.71	2:14.05	
22	Benson, Kahlia	10	Red Wing Swim Club-MN	2:12.05	2:14.33	
23	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	2:14.33	2:19.08	
24	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	2:19.23	2:20.51	
25	Norton, Stella	9	Red Wing Swim Club-MN	2:31.79	2:21.15	
26	Lewis, Rylee	10	Central Iowa Aquatics-IA	NT	2:22.10	
27	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	2:19.18	2:22.84	
28	Ritchey, Lilo	10	South East Aquatics-IA	2:32.83	2:24.87	
29	Smyth, Ava	10	Red Wing Swim Club-MN	2:29.27	2:31.71	
30	Williams, Terin	9	Central Iowa Aquatics-IA	NT	2:38.79	
---	Weatherly, Ellison	9	Johnston Blaze Swim Club-IA	NT	DQ	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 21 Girls 9-10 100 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	2:23.05	NS	

Event 21 Girls 11-12 100 LC Meter Breaststroke**1:40.89 11-12 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Cygankova, Polina	12	Greater Des Moines YMCA-IA	1:31.50	1:32.06 IASI	20
2 Hornung, Harper	11	Waukee Waves-IA	1:36.45	1:33.47 IASI	17
3 Bykova, Sasha	12	Des Moines Swim Federation-IA	1:35.03	1:33.69 IASI	16
4 Stonehocker, Trinity	12	Des Moines Swim Federation-IA	1:32.41	1:34.20 IASI	15
5 Sisul, Jolie	12	South East Aquatics-IA	1:43.35	1:34.85 IASI	14
6 Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	1:34.00	1:34.96 IASI	13
7 Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	1:37.85	1:35.99 IASI	12
8 Jacobson, Kinzee	12	Red Wing Swim Club-MN	1:36.57	1:37.18 IASI	11
9 Lewis, Madyson	12	Central Iowa Aquatics-IA	1:34.70	1:37.37 IASI	9
10 Tran, Victoria	12	Central Iowa Aquatics-IA	1:41.54	1:41.34	7
11 Gevock, Trinity	11	South East Aquatics-IA	1:43.97	1:41.38	6
12 Smyth, Vivi	12	Red Wing Swim Club-MN	1:49.71	1:41.48	5
13 Larson, Rachel	11	Greater Des Moines YMCA-IA	1:40.70	1:42.11	4
14 Hakeman, Riley	11	Uss Destroyers-IA	1:48.07	1:43.61	3
15 Janssen, Sarah	12	Carroll Area Swim Team-IA	1:42.54	1:43.65	2
16 Connolly, Grace	12	Greater Des Moines YMCA-IA	1:44.63	1:46.21	1
17 Freeman, Catherine	12	Central Iowa Aquatics-IA	1:45.45	1:46.42	
18 Baker, Caroline	11	Central Iowa Aquatics-IA	1:44.99	1:46.43	
19 Schoolen, Ruby	12	Rams Swim Club-IA	1:52.54	1:46.79	
20 Hanson, Aubrey	12	Central Iowa Aquatics-IA	1:43.56	1:46.86	
21 Neese, Savanna	11	Uss Destroyers-IA	2:14.83	1:47.46	
22 Starr, Madison	12	Ames Cyclone Aquatics Club-IA	1:49.12	1:49.16	
23 Books, Malia	12	Uss Destroyers-IA	1:53.80	1:50.91	
24 Ortega, Evelyn	11	Central Iowa Aquatics-IA	NT	1:51.91	
25 Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	NT	1:52.43	
26 Vallas, Effie	11	Central Iowa Aquatics-IA	1:59.18	1:55.07	
27 Stinson, Ellie	12	Red Wing Swim Club-MN	2:04.52	1:55.99	
28 Talley, Serena	11	Central Iowa Aquatics-IA	1:51.03	1:56.47	
29 Hanson, Ainslie	11	Red Wing Swim Club-MN	1:49.72	1:56.48	
30 Driscoll, Bailey	12	Mason City Swim Club-IA	1:59.79	2:03.82	
31 Soukup, Lyv	12	Uss Destroyers-IA	NT	2:05.79	
32 Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	NT	2:18.06	
33 Powers, Izzy	11	Greater Des Moines YMCA-IA	2:36.21	2:26.53	
34 Young, Makenna	11	Central Iowa Aquatics-IA	NT	2:41.43	
--- Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	DQ	
--- Cunningham, Jailyn	12	Rams Swim Club-IA	2:31.30	NS	
--- Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	1:48.68	NS	

Event 22 Boys 8 & Under 100 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time	Points
1 Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	2:23.44	2:04.28	20
2 Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	NT	2:44.95	17
3 Gruenisen, Matthew	8	Central Iowa Aquatics-IA	2:30.45	2:46.88	16

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 22 Boys 9-10 100 LC Meter Breaststroke****1:55.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time		Points
1	Kokjohn, Cohen	10	Burlington Area Bullsharks-IA	NT	1:47.60	IASI	20
2	Kokjohn, Colin	10	Des Moines Swim Federation-IA	1:54.00	2:00.72		17
3	Garcia, Javi	9	Johnston Blaze Swim Club-IA	2:00.40	2:01.26		16
4	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	NT	2:02.40		15
5	Tran, Colin	9	Central Iowa Aquatics-IA	2:03.51	2:06.01		14
6	Tourney, Emmett	9	Red Wing Swim Club-MN	2:25.19	2:06.71		13
7	Grote, Hank	10	Rams Swim Club-IA	NT	2:09.31		12
8	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	2:11.58	2:11.17		11
9	Miller, Jackson	10	Rams Swim Club-IA	2:16.93	2:14.06		9
10	Ridgway, Forrest	10	Dowling Catholic Riptide Swim-IA	NT	2:20.19		7
11	Avitt, Jacob	10	South East Aquatics-IA	NT	2:21.73		6

Event 22 Boys 11-12 100 LC Meter Breaststroke**1:38.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time		Points
1	Qualley, Parker	12	Greater Des Moines YMCA-IA	1:31.51	1:32.42	IASI	20
2	Fausch, Zach	11	Central Iowa Aquatics-IA	1:32.12	1:33.03	IASI	17
3	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	1:39.56	1:39.62		16
4	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	2:03.71	1:39.64		15
5	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	1:42.23	1:39.69		14
6	Sexton, James	11	Central Iowa Aquatics-IA	1:42.64	1:40.36		13
7	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	1:39.00	1:42.08		12
8	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	1:39.31	1:42.52		11
9	Johnson, Ryker	11	South East Aquatics-IA	NT	1:45.90		9
10	Spaine, Tiegan	11	Greater Des Moines YMCA-IA	2:12.08	1:46.18		7
11	Williams, Max	12	Kohawk Aquatics-IA	1:52.69	1:46.84		6
12	Thomas, Ethan	12	Rams Swim Club-IA	1:49.04	1:47.15		5
13	Moore, Jim	12	Ia-Unattached-IA	1:52.39	1:47.85		4
14	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	1:48.95		3
15	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	1:52.80		2
16	Reynolds, Jax	12	Uss Destroyers-IA	NT	1:54.65		1
17	Todsen, Gavin	12	Central Iowa Aquatics-IA	NT	1:55.74		
18	Brown, Carter	12	Central Iowa Aquatics-IA	2:03.19	1:55.81		
19	Carpenter, Malachi	11	Central Iowa Aquatics-IA	NT	1:56.68		
20	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	2:14.42	2:10.38		
---	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	1:32.87	DQ		
---	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	1:41.77	DQ		
---	Cody, Jay	11	Red Wing Swim Club-MN	2:40.99	NS		

Event 23 Girls 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time		Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	46.16	46.55		20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	48.78	47.39		17
3	Chen, Zoey	8	Des Moines Swim Federation-IA	57.34	51.74		16
4	Brenizer, Reagan	8	Des Moines Swim Federation-IA	59.11	53.10		15
5	Cochran, Clara	8	Central Iowa Aquatics-IA	50.34	53.21		14
6	Warg-Farver, Paige	8	Central Iowa Aquatics-IA	1:08.78	53.69		13
7	Heusinkveld, Evelyn	8	Des Moines Swim Federation-IA	1:01.18	57.62		12

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 23 Girls 8 & Under 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
8	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:01.56	58.05	11
9	Flogel, Ella	7	Dowling Catholic Riptide Swim-IA	1:04.13	1:03.19	9
10	Books, Londyn	7	Uss Destroyers-IA	1:07.56	1:05.09	7
11	Freeman, Elizabeth	8	Central Iowa Aquatics-IA	1:23.07	1:11.33	6
12	Bry, Chloe	8	Mason City Swim Club-IA	1:17.23	1:12.03	5
13	Dumermuth, Della	8	Johnston Blaze Swim Club-IA	1:26.85	1:20.03	4
14	Tews, Grace	6	Fort Dodge Area Swim Team-IA	1:44.20	1:36.51	3

Event 23 Girls 9-10 50 LC Meter Backstroke**50.39 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	38.09	38.37 IASI	20
2	Smith, Hayden	10	Des Moines Swim Federation-IA	40.87	42.29 IASI	17
3	Qualley, Reagan	10	Greater Des Moines YMCA-IA	42.74	43.21 IASI	16
4	Anthofer, Eve	9	Carroll Area Swim Team-IA	46.52	43.25 IASI	15
5	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	42.96	43.32 IASI	14
6	Spear, Lilliana	10	Central Iowa Aquatics-IA	42.08	43.71 IASI	13
7	Fausch, Lilly	9	Central Iowa Aquatics-IA	46.28	43.81 IASI	12
8	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	45.84	44.77 IASI	11
9	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	44.35	46.71 IASI	9
10	Schweers, Genevieve	10	Central Iowa Aquatics-IA	47.29	46.86 IASI	7
11	Lewis, Rylee	10	Central Iowa Aquatics-IA	47.16	47.85 IASI	6
12	Huston, Quinn	10	Central Iowa Aquatics-IA	59.73	48.54 IASI	5
13	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	55.26	48.92 IASI	4
14	Hanson, Hannah	9	Des Moines Swim Federation-IA	49.04	51.18	3
15	Vobr, Vobr	9	Northeastern Swim Team-IA	53.91	51.24	2
16	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	52.69	1
17	McGuire, Edie	10	Greater Des Moines YMCA-IA	55.00	53.21	
18	Rowland, Norah	9	Des Moines Swim Federation-IA	54.11	53.41	
19	Ward, Amelia	9	Central Iowa Aquatics-IA	53.07	53.49	
20	Jacobson, Whitnee	9	Red Wing Swim Club-MN	50.45	54.86	
21	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	53.76	54.90	
22	Sponheim, Molly	9	Rams Swim Club-IA	54.68	55.28	
23	Trobaugh, Mara	9	Johnston Blaze Swim Club-IA	NT	55.74	
24	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:00.37	55.78	
25	Gebauer, Marlowe	9	Central Iowa Aquatics-IA	57.81	56.95	
26	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	57.43	57.86	
27	Williams, Quinn	10	Kohawk Aquatics-IA	58.48	59.21	
28	Carter, Haley	9	Carroll Area Swim Team-IA	54.20	1:00.17	
29	Ceballos, Mikaela	9	Greater Des Moines YMCA-IA	1:04.80	1:00.44	
30	Hall, Lauren	9	Central Iowa Aquatics-IA	1:03.70	1:01.82	
31	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	1:35.53	1:02.74	
32	Spradling, Eliana	9	Central Iowa Aquatics-IA	1:01.45	1:02.80	
33	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	NT	1:05.87	
34	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	1:06.98	1:05.94	
35	Ritchey, Lilo	10	South East Aquatics-IA	1:15.58	1:06.92	
36	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	1:06.73	1:08.50	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	1:00.52	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 23 Girls 11-12 50 LC Meter Backstroke****40.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hornung, Harper	11	Waukee Waves-IA	36.08	36.02 IASI	20
2	Cygankova, Polina	12	Greater Des Moines YMCA-IA	39.37	36.95 IASI	17
3	Fitch, Lauren	11	North Side Swim Team-IA	39.14	38.86 IASI	16
4	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	39.09	38.94 IASI	15
5	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	38.20	39.19 IASI	14
6	Fillius, Willa	12	North Side Swim Team-IA	NT	39.84 IASI	13
7	Hanson, Aubrey	12	Central Iowa Aquatics-IA	39.15	40.09 IASI	12
8	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	40.60	40.25	11
9	Leidinger, Callie	12	Kohawk Aquatics-IA	41.49	40.86	9
10	Jean, Natiel	11	Greater Des Moines YMCA-IA	50.63	41.12	7
11	Brown, Audrey	11	Central Iowa Aquatics-IA	41.47	41.34	6
12	Ortega, Evelyn	11	Central Iowa Aquatics-IA	42.75	41.52	5
13	Larson, Rachel	11	Greater Des Moines YMCA-IA	41.08	41.79	4
14	Tudor, Ellery	11	Uss Destroyers-IA	46.72	41.97	3
15	Books, Malia	12	Uss Destroyers-IA	41.91	42.69	2
16	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	43.75	42.74	1
17	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	42.97	42.88	
18	Brons, Josie	11	Des Moines Swim Federation-IA	42.65	43.04	
19	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	46.33	43.53	
20	Neese, Savanna	11	Uss Destroyers-IA	52.64	44.50	
21	Bry, Emma	11	Mason City Swim Club-IA	43.44	44.61	
22	Frein, Isabella	11	Central Iowa Aquatics-IA	46.62	44.97	
23	Mitchell, Paige	11	Central Iowa Aquatics-IA	44.79	45.39	
24	Butler, Mathilde	12	Greater Des Moines YMCA-IA	46.38	45.57	
25	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	53.48	46.39	
26	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	46.66	46.84	
27	Hardee, Anya	12	Mason City Swim Club-IA	48.95	47.10	
28	Vallas, Effie	11	Central Iowa Aquatics-IA	46.32	48.05	
29	Cody, Collins	11	Mason City Swim Club-IA	44.60	48.28	
30	Talley, Serena	11	Central Iowa Aquatics-IA	44.89	48.37	
31	Freeman, Catherine	12	Central Iowa Aquatics-IA	49.66	48.69	
32	Woolery, Breckyn	11	Central Iowa Aquatics-IA	48.91	49.30	
33	Kline, Lilly	11	Central Iowa Aquatics-IA	53.77	52.02	
34	Evangelista, Sloane	11	Central Iowa Aquatics-IA	NT	52.39	
35	Driscoll, Bailey	12	Mason City Swim Club-IA	54.10	55.44	
36	Sponheim, Leah	11	Rams Swim Club-IA	57.94	57.64	
37	Crouch, Ingrid	12	Dowling Catholic Riptide Swim-IA	NT	58.23	
38	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	58.81	1:01.34	
39	Monaghan, Katie	11	Central Iowa Aquatics-IA	NT	1:38.35	
---	Powers, Izzy	11	Greater Des Moines YMCA-IA	56.38	DQ	
---	Israel, Brynn	11	Central Iowa Aquatics-IA	39.26	NS	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	46.30	NS	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	55.57	NS	

Event 24 Boys 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	48.93	48.59	20
2	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	1:03.59	1:02.31	17

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 24 Boys 8 & Under 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Demirci, Efe	7	Ames Cyclone Aquatics Club-IA	1:01.55	1:02.61	16
4	Ceballos Jr., Gustavo	7	Greater Des Moines YMCA-IA	NT	1:03.10	15
5	Deetz, Hayden	8	Mason City Swim Club-IA	1:00.35	1:04.72	14

Event 24 Boys 9-10 50 LC Meter Backstroke**50.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	44.74	43.84 IASI	20
2	Wing, Jackson	10	Des Moines Swim Federation-IA	44.63	44.82 IASI	17
3	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	45.98 IASI	16
4	Sprague, Tommy	9	Ames Cyclone Aquatics Club-IA	47.27	46.07 IASI	15
5	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	42.67	46.08 IASI	14
6	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	46.76	46.47 IASI	13
7	Israel, Jake	9	Central Iowa Aquatics-IA	51.95	49.46 IASI	12
8	Connolly, James	9	Greater Des Moines YMCA-IA	50.91	51.28	11
9	Garcia, Javi	9	Johnston Blaze Swim Club-IA	54.01	51.80	9
10	Long, Arthur	10	Rams Swim Club-IA	53.97	53.61	7
11	Avitt, Jacob	10	South East Aquatics-IA	NT	53.64	6
12	Johnson, Oliver	10	Des Moines Swim Federation-IA	1:15.08	54.68	5
13	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	52.59	55.27	4
14	Brace, Eli	10	Central Iowa Aquatics-IA	NT	55.32	3
15	Ridgway, Forrest	10	Dowling Catholic Riptide Swim-IA	55.81	57.25	2
16	Lassers, Teddy	10	Central Iowa Aquatics-IA	1:00.01	59.79	1
17	Miller, Jackson	10	Rams Swim Club-IA	56.62	1:01.85	
18	Israel, James	9	Central Iowa Aquatics-IA	1:15.74	1:08.77	
19	Brenizer, Hank	10	Des Moines Swim Federation-IA	1:16.43	1:08.96	
20	Dumermuth, Liam	10	Johnston Blaze Swim Club-IA	1:30.00	1:21.40	

Event 24 Boys 11-12 50 LC Meter Backstroke**40.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	30.90	30.53 IASI	20
2	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	35.24	34.86 IASI	17
3	Qualley, Parker	12	Greater Des Moines YMCA-IA	36.95	36.49 IASI	16
4	Green, Reilly	12	Des Moines Swim Federation-IA	36.12	37.12 IASI	15
5	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	38.97	39.30 IASI	14
6	Sisul, Jenner	11	South East Aquatics-IA	40.30	39.98 IASI	13
7	Zhang, Allen	12	Des Moines Swim Federation-IA	39.52	40.11 IASI	12
8	Doll, Lennon	12	Central Iowa Aquatics-IA	40.72	40.26 IASI	11
9	Dingus, Blain	11	Burlington Area Bullsharks-IA	48.98	41.19	9
10	Todsen, Gavin	12	Central Iowa Aquatics-IA	43.62	41.81	7
11	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	42.72	6
12	Cunningham, Gideon	11	North Side Swim Team-IA	43.50	43.31	5
13	Carpenter, Malachi	11	Central Iowa Aquatics-IA	45.29	44.33	4
14	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	42.82	45.49	3
15	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	45.50	2
16	Sissel, Ethan	11	Des Moines Swim Federation-IA	NT	46.27	1
17	Naylor, Jackson	11	Central Iowa Aquatics-IA	47.21	46.97	
18	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	46.99	
19	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	45.32	47.29	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 24 Boys 11-12 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
20	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	47.04	47.83	
21	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	46.59	48.44	
22	Carter, Thomas	11	Carroll Area Swim Team-IA	46.60	48.76	
23	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	50.94	49.61	
24	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	49.11	50.18	
25	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	50.26	
26	Reynolds, Jax	12	Uss Destroyers-IA	NT	55.32	
27	Jones, Nathan	12	Rams Swim Club-IA	58.62	55.64	
28	Sporleder, Connor	12	Rams Swim Club-IA	58.67	1:03.05	
---	Harmon, Dean	11	Rams Swim Club-IA	57.77	NS	
---	Aucutt, Grayson	12	Johnston Blaze Swim Club-IA	NT	NS	

Event 25 Girls 11-12 200 LC Meter Butterfly**3:10.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Garrison, Jorgia	11	Rams Swim Club-IA	NT	3:13.26	20
2	Jacobson, Kinzee	12	Red Wing Swim Club-MN	3:34.67	3:15.97	17
3	Gevoek, Trinity	11	South East Aquatics-IA	3:10.83	3:23.61	16
4	Janssen, Sarah	12	Carroll Area Swim Team-IA	NT	3:38.36	15
---	Israel, Brynn	11	Central Iowa Aquatics-IA	NT	DQ	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	NT	NS	

Event 26 Boys 11-12 200 LC Meter Butterfly**3:06.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	2:43.29	2:35.66 IASI	20
2	Staiert, Easton	12	Des Moines Swim Federation-IA	3:07.33	3:02.22 IASI	17
3	LaPan, Henry	11	Uss Destroyers-IA	NT	3:55.47	16

Event 27 Girls 8 & Under 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	1:33.26	1:36.60	20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	NT	1:39.25	17
3	Cochran, Clara	8	Central Iowa Aquatics-IA	1:35.58	1:40.21	16
4	Warg-Farver, Paige	8	Central Iowa Aquatics-IA	NT	1:44.12	15
5	Chen, Zoey	8	Des Moines Swim Federation-IA	1:39.60	1:46.03	14
6	Brenizer, Reagan	8	Des Moines Swim Federation-IA	2:03.27	1:47.98	13
7	Heusinkveld, Evelyn	8	Des Moines Swim Federation-IA	1:49.51	1:48.11	12
8	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:54.05	1:49.62	11
9	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	1:59.17	1:52.95	9
10	O'Brien, Evelyn	8	Burlington Area Bullsharks-IA	NT	1:53.98	7
11	Simmons, Isla	8	Rams Swim Club-IA	1:59.63	1:55.52	6
12	Books, Londyn	7	Uss Destroyers-IA	NT	2:03.85	5
13	Freeman, Elizabeth	8	Central Iowa Aquatics-IA	NT	2:16.89	4
14	Flogel, Ella	7	Dowling Catholic Riptide Swim-IA	2:19.05	2:24.80	3
15	Bry, Chloe	8	Mason City Swim Club-IA	2:36.60	2:38.61	2

Event 27 Girls 9-10 100 LC Meter Freestyle**1:31.19 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	1:18.21	1:16.57 IASI	20

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	Name	Age	Team	Seed Time	Finals Time	Points
2	Spear, Lilliana	10	Central Iowa Aquatics-IA	1:17.71	1:17.26 IASI	17
3	Smith, Hayden	10	Des Moines Swim Federation-IA	1:17.56	1:19.93 IASI	16
4	Qualley, Reagan	10	Greater Des Moines YMCA-IA	1:26.14	1:21.12 IASI	15
5	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	1:38.17	1:21.71 IASI	14
6	Mooney, Sabrina	10	Des Moines Swim Federation-IA	1:20.29	1:23.61 IASI	13
7	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	1:23.64	1:23.64 IASI	12
8	Bislend, Teagan	10	Ames Cyclone Aquatics Club-IA	1:17.12	1:23.76 IASI	11
9	Fausch, Lilly	9	Central Iowa Aquatics-IA	1:28.34	1:24.10 IASI	9
10	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	1:23.52	1:24.63 IASI	7
11	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	1:28.15	1:25.01 IASI	6
12	Anthofer, Eve	9	Carroll Area Swim Team-IA	1:26.90	1:25.26 IASI	5
13	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	1:34.76	1:28.39 IASI	4
14	Lewis, Rylee	10	Central Iowa Aquatics-IA	1:27.45	1:31.00 IASI	3
15	Huston, Quinn	10	Central Iowa Aquatics-IA	1:57.14	1:31.13 IASI	2
16	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	1:40.32	1:31.82	1
17	Fleming, Braylee	10	Rams Swim Club-IA	1:34.11	1:33.23	
18	Norton, Coco	10	Red Wing Swim Club-MN	1:44.98	1:35.78	
19	Schweers, Genevieve	10	Central Iowa Aquatics-IA	1:53.04	1:37.10	
20	Hakeman, Linley	9	Uss Destroyers-IA	NT	1:38.15	
21	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	1:35.03	1:38.26	
22	Hanson, Hannah	9	Des Moines Swim Federation-IA	1:37.57	1:39.79	
23	Benson, Kahlia	10	Red Wing Swim Club-MN	1:35.32	1:40.53	
24	Vobr, Vobr	9	Northeastern Swim Team-IA	1:51.26	1:41.38	
25	Jacobson, Whitnee	9	Red Wing Swim Club-MN	1:33.76	1:42.04	
26	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	2:02.75	1:42.81	
27	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:44.73	1:43.46	
28	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	1:40.51	1:44.10	
29	Ward, Amelia	9	Central Iowa Aquatics-IA	1:46.80	1:46.72	
30	Williams, Quinn	10	Kohawk Aquatics-IA	1:53.14	1:47.54	
31	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	NT	1:48.46	
32	McGuire, Edie	10	Greater Des Moines YMCA-IA	1:47.69	1:49.19	
33	Smyth, Ava	10	Red Wing Swim Club-MN	2:17.10	1:49.20	
34	Norton, Stella	9	Red Wing Swim Club-MN	2:02.32	1:49.77	
35	Rowland, Norah	9	Des Moines Swim Federation-IA	NT	1:52.33	
36	Carter, Haley	9	Carroll Area Swim Team-IA	1:41.78	1:52.43	
37	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	2:04.21	1:56.87	
38	Sponheim, Molly	9	Rams Swim Club-IA	2:02.68	1:57.20	
39	Trobaugh, Mara	9	Johnston Blaze Swim Club-IA	NT	1:57.90	
40	Williams, Terin	9	Central Iowa Aquatics-IA	1:55.03	1:58.10	
41	Ceballos, Mikaela	9	Greater Des Moines YMCA-IA	NT	2:00.86	
42	Spradling, Eliana	9	Central Iowa Aquatics-IA	2:07.43	2:01.10	
43	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	2:04.12	2:03.00	
44	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	NT	2:03.03	
45	Hall, Lauren	9	Central Iowa Aquatics-IA	2:05.24	2:06.11	
46	Weatherly, Ellison	9	Johnston Blaze Swim Club-IA	1:58.83	2:07.30	
47	Ritchey, Lilo	10	South East Aquatics-IA	2:12.64	2:09.29	
48	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	NT	2:12.88	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	2:11.39	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 27 Girls 11-12 100 LC Meter Freestyle****1:15.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	1:07.14	1:05.64 IASI	20
2	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	1:10.23	1:10.12 IASI	17
3	Tran, Victoria	12	Central Iowa Aquatics-IA	1:11.87	1:10.35 IASI	16
4	Ludwig, Mia	12	Greater Des Moines YMCA-IA	1:11.52	1:10.55 IASI	15
5	Hornung, Harper	11	Waukee Waves-IA	1:10.50	1:10.65 IASI	14
6	Cygankova, Polina	12	Greater Des Moines YMCA-IA	1:14.06	1:10.66 IASI	13
7	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	1:10.93	1:10.81 IASI	12
8	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	1:11.53	1:11.19 IASI	11
9	Smyth, Vivi	12	Red Wing Swim Club-MN	1:11.34	1:11.34 IASI	9
10	Lewis, Madyson	12	Central Iowa Aquatics-IA	1:13.43	1:12.29 IASI	7
11	Hanson, Aubrey	12	Central Iowa Aquatics-IA	1:14.77	1:12.97 IASI	6
12	Baker, Caroline	11	Central Iowa Aquatics-IA	1:15.79	1:13.37 IASI	5
13	Schoolen, Ruby	12	Rams Swim Club-IA	1:14.02	1:15.02 IASI	4
14	Leidinger, Callie	12	Kohawk Aquatics-IA	1:18.21	1:15.11	3
15	Israel, Brynn	11	Central Iowa Aquatics-IA	1:13.66	1:15.44	2
16	Fillius, Willa	12	North Side Swim Team-IA	1:14.40	1:15.51	1
17	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	1:15.65	1:15.82	
18	Tudor, Ellery	11	Uss Destroyers-IA	1:25.39	1:16.01	
19	Brons, Josie	11	Des Moines Swim Federation-IA	1:13.44	1:16.35	
20	Jean, Natiel	11	Greater Des Moines YMCA-IA	1:16.28	1:16.55	
21	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	1:20.76	1:17.29	
22	Fitch, Lauren	11	North Side Swim Team-IA	1:21.07	1:17.74	
23	Sisul, Jolie	12	South East Aquatics-IA	1:23.68	1:18.88	
24	Books, Malia	12	Uss Destroyers-IA	1:22.94	1:19.58	
25	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	1:29.48	1:20.43	
26	Hakeman, Riley	11	Uss Destroyers-IA	1:26.09	1:20.81	
27	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	1:20.93	1:22.02	
28	Freeman, Catherine	12	Central Iowa Aquatics-IA	1:22.95	1:23.51	
29	Ortega, Evelyn	11	Central Iowa Aquatics-IA	1:26.05	1:24.52	
30	Frein, Isabella	11	Central Iowa Aquatics-IA	NT	1:24.67	
31	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	NT	1:25.00	
32	Connolly, Grace	12	Greater Des Moines YMCA-IA	1:20.69	1:25.40	
33	Brown, Audrey	11	Central Iowa Aquatics-IA	NT	1:26.55	
34	Talley, Serena	11	Central Iowa Aquatics-IA	1:23.35	1:28.55	
35	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	1:46.09	1:29.33	
36	Bry, Emma	11	Mason City Swim Club-IA	1:28.58	1:29.48	
37	Ireland, Avery	11	Des Moines Swim Federation-IA	1:29.95	1:29.54	
38	Hanson, Ainslie	11	Red Wing Swim Club-MN	1:24.39	1:29.69	
39	Stinson, Ellie	12	Red Wing Swim Club-MN	1:36.71	1:29.74	
40	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	1:30.63	
41	Driscoll, Bailey	12	Mason City Swim Club-IA	1:28.91	1:31.44	
42	Mitchell, Paige	11	Central Iowa Aquatics-IA	1:30.75	1:31.61	
43	Hardee, Anya	12	Mason City Swim Club-IA	1:34.82	1:33.13	
44	Vallas, Effie	11	Central Iowa Aquatics-IA	1:29.55	1:33.15	
45	Cody, Collins	11	Mason City Swim Club-IA	1:28.83	1:34.11	
46	Sponheim, Leah	11	Rams Swim Club-IA	1:57.58	1:38.36	
47	Evangelista, Sloane	11	Central Iowa Aquatics-IA	1:45.56	1:41.27	
48	Woolery, Breckyn	11	Central Iowa Aquatics-IA	NT	1:44.10	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 27 Girls 11-12 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
49	Kline, Lilly	11	Central Iowa Aquatics-IA	1:46.32	1:45.64	
50	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	1:55.38	1:49.45	
51	Young, Makenna	11	Central Iowa Aquatics-IA	2:17.84	2:10.00	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	1:08.83	NS	

Event 28 Boys 8 & Under 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	1:41.90	1:41.50	20
2	Schoolen, Max	8	Rams Swim Club-IA	1:46.49	1:48.37	17
3	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	NT	1:56.05	16
4	Thomas, Noah	7	Rams Swim Club-IA	NT	1:58.16	15
5	Gruenisen, Matthew	8	Central Iowa Aquatics-IA	2:01.56	2:07.26	14
6	Deetz, Hayden	8	Mason City Swim Club-IA	NT	2:08.85	13
7	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	2:21.46	2:24.55	12

Event 28 Boys 9-10 100 LC Meter Freestyle**1:30.19 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	1:09.34	1:09.36 IASI	20
2	Kokjohn, Cohen	10	Burlington Area Bullsharks-IA	NT	1:25.41 IASI	17
3	Garrison, Jonah	9	Rams Swim Club-IA	1:30.45	1:26.15 IASI	16
4	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	1:33.27	1:26.27 IASI	15
5	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	1:29.67	1:29.52 IASI	14
6	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	1:30.05 IASI	13
7	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	1:27.37	1:31.42	12
8	Israel, Jake	9	Central Iowa Aquatics-IA	NT	1:31.90	11
9	Lohmeier, Thomas	10	Des Moines Swim Federation-IA	1:34.61	1:33.02	9
10	Brase, Kieran	10	Dowling Catholic Riptide Swim-IA	NT	1:33.12	7
11	Sprague, Tommy	9	Ames Cyclone Aquatics Club-IA	1:36.37	1:33.32	6
12	Tran, Colin	9	Central Iowa Aquatics-IA	1:28.44	1:35.04	5
13	Tourney, Emmett	9	Red Wing Swim Club-MN	1:36.47	1:35.19	4
14	Kokjohn, Colin	10	Des Moines Swim Federation-IA	1:29.53	1:36.70	3
15	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	1:38.78	1:36.78	2
16	Johnson, Oliver	10	Des Moines Swim Federation-IA	1:34.46	1:37.02	1
17	Wing, Jackson	10	Des Moines Swim Federation-IA	1:37.29	1:39.31	
18	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	1:41.19	1:40.94	
19	Long, Arthur	10	Rams Swim Club-IA	1:44.97	1:41.39	
20	Grote, Hank	10	Rams Swim Club-IA	NT	1:43.37	
21	Brace, Eli	10	Central Iowa Aquatics-IA	NT	1:45.22	
22	Ridgway, Forrest	10	Dowling Catholic Riptide Swim-IA	1:45.72	1:46.07	
23	Avitt, Jacob	10	South East Aquatics-IA	NT	1:47.83	
24	Garcia, Javi	9	Johnston Blaze Swim Club-IA	1:40.78	1:48.38	
25	Connolly, James	9	Greater Des Moines YMCA-IA	1:49.29	1:56.67	
26	Brenizer, Hank	10	Des Moines Swim Federation-IA	2:09.15	2:07.80	

Event 28 Boys 11-12 100 LC Meter Freestyle**1:15.49 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	1:03.10	58.78 IASI	20
2	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	1:02.51	59.66 IASI	17

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 28 Boys 11-12 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	1:07.96	1:07.04 IASI	16
4	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	1:09.00	1:07.31 IASI	15
5	Qualley, Parker	12	Greater Des Moines YMCA-IA	1:11.43	1:08.82 IASI	14
6	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	1:10.86	1:09.43 IASI	13
7	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	1:25.50	1:10.06 IASI	12
8	Staiert, Easton	12	Des Moines Swim Federation-IA	1:06.35	1:10.34 IASI	11
9	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	1:11.59	1:10.87 IASI	9
10	Green, Reilly	12	Des Moines Swim Federation-IA	1:10.60	1:11.47 IASI	7
11	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	1:14.29	1:13.71 IASI	6
12	Zhang, Allen	12	Des Moines Swim Federation-IA	1:14.54	1:14.27 IASI	5
13	Fausch, Zach	11	Central Iowa Aquatics-IA	1:15.73	1:15.13 IASI	4
14	Johnson, Ryker	11	South East Aquatics-IA	NT	1:15.22 IASI	3
15	Todsen, Gavin	12	Central Iowa Aquatics-IA	1:41.03	1:16.09	2
16	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	1:16.36	1
17	Dingus, Blain	11	Burlington Area Bullsharks-IA	NT	1:16.63	
18	Cunningham, Gideon	11	North Side Swim Team-IA	1:18.32	1:18.24	
19	Sisul, Jenner	11	South East Aquatics-IA	1:19.80	1:18.57	
20	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	1:37.47	1:19.47	
21	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	1:18.16	1:21.15	
22	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	1:21.64	
23	Williams, Max	12	Kohawk Aquatics-IA	1:27.87	1:21.89	
24	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	1:21.25	1:22.25	
25	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	1:29.20	1:23.28	
26	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	1:22.88	1:23.94	
27	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	1:28.11	1:25.28	
28	Sexton, James	11	Central Iowa Aquatics-IA	1:21.36	1:25.51	
29	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	1:25.86	
30	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	1:26.51	
31	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	1:39.66	1:26.58	
32	Naylor, Jackson	11	Central Iowa Aquatics-IA	1:27.51	1:27.60	
33	Sissel, Ethan	11	Des Moines Swim Federation-IA	NT	1:28.92	
*34	Brown, Carter	12	Central Iowa Aquatics-IA	NT	1:29.62	
*34	Doll, Lennon	12	Central Iowa Aquatics-IA	1:22.95	1:29.62	
36	Spaine, Tiegán	11	Greater Des Moines YMCA-IA	1:54.02	1:29.85	
37	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	1:31.10	
38	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	1:36.93	1:37.77	
39	Reynolds, Jax	12	Uss Destroyers-IA	NT	1:45.85	
40	Carter, Thomas	11	Carroll Area Swim Team-IA	1:34.36	1:46.73	
41	Sporleder, Connor	12	Rams Swim Club-IA	1:59.17	1:58.70	
42	Jones, Nathan	12	Rams Swim Club-IA	NT	2:06.68	
---	Moore, Jim	12	Ia-Unattached-IA	1:18.65	DQ	
---	Cody, Jay	11	Red Wing Swim Club-MN	1:52.99	NS	
---	Aucutt, Grayson	12	Johnston Blaze Swim Club-IA	NT	NS	
---	Harmon, Dean	11	Rams Swim Club-IA	NT	NS	
---	Smith, Harry	12	Des Moines Swim Federation-IA	1:12.43	NS	

Event 29 Girls 12 & Under 200 LC Meter Medley Relay

	Team	Relay	Seed Time	Finals Time
1	Rams Swim Club-IA	A	2:55.00	2:50.85
	1) Fleming, Braylee 10	2) Thomas, Liv 10	3) Schoolen, Ruby 12	4) Garrison, Jorgia 11

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 29 Girls 12 & Under 200 LC Meter Medley Relay)**

Team	Relay	Seed Time	Finals Time
2 Central Iowa Aquatics-IA 1) Brown, Audrey 11	E 2) Talley, Serena 11	NT 3) Lewis, Madyson 12	2:59.44 4) Williams, Terin 9
3 Central Iowa Aquatics-IA 1) Ortega, Evelyn 11	C 2) Mitchell, Paige 11	NT 3) Hanson, Aubrey 12	3:01.00 4) Warg-Farver, Paige 8
4 Central Iowa Aquatics-IA 1) Cochran, Clara 8	G 2) Huston, Quinn 10	NT 3) Israel, Brynn 11	3:06.11 4) Lewis, Rylee 10
5 Central Iowa Aquatics-IA 1) Woolery, Breckyn 11	F 2) Freeman, Catherine 12	NT 3) Ward, Amelia 9	3:07.30 4) Schweers, Genevieve 10
6 Central Iowa Aquatics-IA 1) Hancock, Charlotte 8	B 2) Puhmann, Macyn 9	NT 3) Cochran, Delaney 10	3:17.15 4) Freeman, Elizabeth 8
7 Central Iowa Aquatics-IA 1) Frein, Isabella 11	D 2) Spear, Lilliana 10	NT 3) Fausch, Lilly 9	3:18.94 4) Young, Makenna 11
8 Mason City Swim Club-IA 1) Hardee, Anya 12	A 2) Driscoll, Bailey 12	3:21.01 3) Bry, Emma 11	3:19.14 4) Cody, Collins 11
9 Central Iowa Aquatics-IA 1) Blocker, Kiersten 10	A 2) Evangelista, Sloane 11	NT 3) Baker, Caroline 11	3:36.12 4) Gebauer, Marlowe 9
10 Central Iowa Aquatics-IA 1) Monaghan, Katie 11	H 2) Vallas, Effie 11	NT 3) Tran, Victoria 12	4:18.29 4) Spradling, Eliana 9

Event 30 Boys 12 & Under 200 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 Rams Swim Club-IA 1) Cramer, Sawyer 8	A 2) Garrison, Jonah 9	3:20.00 3) Thomas, Ethan 12	3:05.89 4) Long, Arthur 10
2 Central Iowa Aquatics-IA 1) Doll, Lennon 12	C 2) Tran, Colin 9	NT 3) Todsen, Gavin 12	3:10.83 4) Lassers, Teddy 10
3 Central Iowa Aquatics-IA 1) Fausch, Zach 11	A 2) Israel, Jake 9	NT 3) Naylor, Jackson 11	3:11.33 4) Brown, Carter 12
--- Central Iowa Aquatics-IA 1) Carpenter, Malachi 11	B 2) Brace, Eli 10	NT 3) Sexton, James 11	DQ 4) Gruenisen, Matthew 8

Event 31 Girls 13-14 200 LC Meter IM**2:51.29 13-14 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Gevock, Piper	14	South East Aquatics-IA	2:41.62	2:40.49 IASI	20
2 Cygankova, Lidia	13	Greater Des Moines YMCA-IA	2:52.26	2:48.32 IASI	17
3 Pekarek, Anna	13	Rams Swim Club-IA	2:50.33	2:49.38 IASI	16
4 McCloud, Reid	14	South East Aquatics-IA	2:51.75	2:49.43 IASI	15
5 Parson, Annie	13	Uss Destroyers-IA	2:52.79	2:50.49 IASI	14
6 Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	2:54.74	2:53.49	13
7 Dee, Adilyn	14	Central Iowa Aquatics-IA	2:55.23	2:54.49	12
8 Hudson, Natalie	13	Des Moines Swim Federation-IA	2:56.77	2:55.89	11
9 Wilcoxson, Helena	14	Des Moines Swim Federation-IA	3:02.23	2:55.92	9
10 Jacobson, Charlee	14	Red Wing Swim Club-MN	2:54.75	2:57.54	7
11 Gruenisen, Sami	14	Central Iowa Aquatics-IA	3:02.78	2:57.63	6
12 Schoonover, Grace	14	Carroll Area Swim Team-IA	3:09.26	2:58.18	5
13 Elmore, Addison	14	Central Iowa Aquatics-IA	NT	2:59.03	4
14 Boevers, Makenna	13	Uss Destroyers-IA	3:02.47	2:59.49	3
15 Huston, Harper	13	Central Iowa Aquatics-IA	2:56.38	3:00.36	2
16 Bancroft, Brianna	13	Ames Cyclone Aquatics Club-IA	2:50.54	3:01.17	1
17 McDonough, Bridget	14	Des Moines Swim Federation-IA	NT	3:04.83	
18 Murray, Brynn	14	Mason City Swim Club-IA	3:09.32	3:10.36	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 31 Girls 13-14 200 LC Meter IM)**

	Name	Age	Team	Seed Time	Finals Time	Points
19	Mumm, Lyla	13	Johnston Blaze Swim Club-IA	3:09.48	3:10.68	
20	Honkamp, Claire	14	Des Moines Swim Federation-IA	3:20.55	3:13.06	
21	Konchalski, Delaney	13	North Side Swim Team-IA	3:12.21	3:14.02	
22	Kern, Elizabeth	14	South East Aquatics-IA	NT	3:16.65	
23	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	3:33.43	3:18.55	
24	Shelton, Macie	13	Uss Destroyers-IA	NT	3:24.05	
25	Fisher, Corinne	13	Mason City Swim Club-IA	3:26.13	3:27.28	
26	Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	NT	3:31.67	
27	Burt, Bailey	13	Rams Swim Club-IA	NT	3:46.45	
28	Brown, Caroline	13	North Side Swim Team-IA	3:55.57	3:49.17	
29	Schnepf, Mae	13	Des Moines Swim Federation-IA	3:46.93	3:51.22	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	3:39.30	NS	
---	Jenkins, Josie	13	South East Aquatics-IA	NT	NS	

Event 31 Women 15 & Over 200 LC Meter IM**2:28.99 15&O SSEC Summer Sectionals****2:44.49 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Honkamp, Annie	19	Des Moines Swim Federation-IA	2:22.57	2:26.73 SSEC	20
2	Parson, Lucy	16	Uss Destroyers-IA	2:35.62	2:30.24 IASI	17
3	Vobr, Jaylee	17	Northeastern Swim Team-IA	2:33.19	2:35.20 IASI	16
4	Mahler-Moreno, Quin	18	Des Moines Swim Federation-IA	2:26.63	2:35.85 IASI	15
5	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	2:33.62	2:41.76 IASI	14
6	Cunningham, Clara	17	North Side Swim Team-IA	2:45.78	2:42.26 IASI	13
7	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	2:40.61	2:42.85 IASI	12
8	Assaad, Sarah	17	Central Iowa Aquatics-IA	2:41.39	2:44.97	11
9	Woolums, Zoe	15	Central Iowa Aquatics-IA	2:48.75	2:45.13	9
10	Anderson, Avery	15	Central Iowa Aquatics-IA	2:47.73	2:47.81	7
11	Loo, Ivy	15	Central Iowa Aquatics-IA	2:47.11	2:48.23	6
12	Hassett, Sassy	17	Des Moines Swim Federation-IA	2:36.82	2:49.79	5
13	Damge, Camryn	17	North Side Swim Team-IA	2:58.89	2:50.96	4
14	Cerbin, Emerson	18	Central Iowa Aquatics-IA	2:41.32	2:51.69	3
15	Sailor, Isabella	17	Northeastern Swim Team-IA	2:46.88	2:55.78	2
16	Dayton, Emelia	17	Rams Swim Club-IA	2:57.24	2:58.68	1
17	Damge, Evelyn	17	North Side Swim Team-IA	3:07.20	2:59.50	
18	Driscoll, Rylee	15	Mason City Swim Club-IA	3:04.28	3:01.64	
19	Nedder, Julia	15	South East Aquatics-IA	3:06.53	3:13.51	
20	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	3:09.70	3:18.62	
21	Kanis, Kenzie	17	South East Aquatics-IA	3:16.07	3:28.84	
22	Manson, Paige	15	Johnston Blaze Swim Club-IA	3:33.37	3:29.25	
---	Ritter, Olivia	17	Burlington Area Bullsharks-IA	3:10.41	DQ	
---	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	2:50.34	DQ	
---	Gummert, Maisie	16	Central Iowa Aquatics-IA	3:00.53	DQ	
---	Kane, Gracie	16	Kohawk Aquatics-IA	2:41.49	NS	
---	Capman, Kennedy	19	Central Iowa Aquatics-IA	2:40.73	NS	
---	Powers, Chloe	15	Greater Des Moines YMCA-IA	2:55.60	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 32 Boys 13-14 200 LC Meter IM****2:44.89 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:21.37	2:23.98 IASI	20
2	Fausch, Jackson	14	Central Iowa Aquatics-IA	2:25.09	2:30.27 IASI	17
3	Kline, Simon	14	Uss Destroyers-IA	2:31.84	2:31.26 IASI	16
4	Nedved, Henry	14	Des Moines Swim Federation-IA	2:36.30	2:31.30 IASI	15
5	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	2:37.01	2:31.32 IASI	14
6	Gagov, Alex	13	Central Iowa Aquatics-IA	2:42.82	2:38.26 IASI	13
7	Murray, Kellen	13	Central Iowa Aquatics-IA	2:40.02	2:38.90 IASI	12
8	Spradling, Tyler	13	Central Iowa Aquatics-IA	2:41.21	2:39.25 IASI	11
9	Grubb, Cael	14	Central Iowa Aquatics-IA	2:44.59	2:42.40 IASI	9
10	Jeffries, Max	13	Central Iowa Aquatics-IA	2:37.41	2:42.65 IASI	7
11	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	2:55.86	2:43.49 IASI	6
12	McCorkle, Owen	13	Ames Cyclone Aquatics Club-IA	3:10.25	2:45.21	5
13	Schumacher, Brant	14	Central Iowa Aquatics-IA	2:54.57	2:45.24	4
14	Sikora, Owen	13	Rams Swim Club-IA	2:52.99	2:46.95	3
15	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	2:50.53	2:47.86	2
16	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	2:45.16	2:48.11	1
17	Cunningham, Titus	14	North Side Swim Team-IA	2:43.19	2:50.90	
18	Jean, Tate	14	Greater Des Moines YMCA-IA	3:18.47	2:56.99	
19	Wuest, Aaron	14	Central Iowa Aquatics-IA	3:08.16	3:03.50	
20	Garrison, Jaden	13	Rams Swim Club-IA	3:31.49	3:15.95	
21	Punt, Cameron	13	South East Aquatics-IA	NT	3:16.07	
22	Bollig, Meyer	13	Central Iowa Aquatics-IA	3:36.58	3:24.04	
23	Klocke, Coehen	14	Carroll Area Swim Team-IA	3:20.23	3:26.44	
24	Halbur, Max	13	Carroll Area Swim Team-IA	3:24.89	3:26.62	
---	Six, Tristan	13	Rams Swim Club-IA	3:10.40	DQ	
---	Holms, Donny	14	Johnston Blaze Swim Club-IA	3:14.80	NS	
---	Boender, Sully	14	South East Aquatics-IA	3:00.00	NS	

Event 32 Men 15 & Over 200 LC Meter IM**2:17.19 15&O SSEC Summer Sectionals****2:31.39 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	2:12.09	2:13.45 SSEC	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	2:13.92	2:20.22 IASI	17
3	Berry-Stoelzle, Philip	17	Kohawk Aquatics-IA	2:17.38	2:21.68 IASI	16
4	Honkamp, Andrew	17	Des Moines Swim Federation-IA	2:23.10	2:28.54 IASI	15
5	Houlihan, Patrick	15	Kohawk Aquatics-IA	2:54.12	2:33.07	14
6	Jean, Brock	17	Greater Des Moines YMCA-IA	2:42.86	2:33.87	13
7	Cunningham, Corban	16	North Side Swim Team-IA	2:36.67	2:34.89	12
8	Drendel, Will	15	Central Iowa Aquatics-IA	2:41.18	2:38.00	11
9	Naylor, Carson	16	Central Iowa Aquatics-IA	2:54.63	2:39.91	9
10	Quist, Hunter	17	Central Iowa Aquatics-IA	2:39.78	2:40.76	7
11	Murphy, Logan	15	Mason City Swim Club-IA	2:46.77	2:43.37	6
12	Snyder, Levi	15	South East Aquatics-IA	3:04.80	2:58.89	5
13	Sytsma, Dawson	15	South East Aquatics-IA	3:10.36	3:04.50	4
---	Otis, Hudson	17	Des Moines Swim Federation-IA	2:25.33	NS	
---	Sanchez, Cameron	16	Central Iowa Aquatics-IA	2:25.82	NS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	2:28.93	NS	

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Swaim, Maddy	13	Des Moines Swim Federation-IA	1:04.65	1:04.84 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	1:06.20	1:05.37 IASI	17
3	Leder, Maeve	13	Des Moines Swim Federation-IA	1:06.88	1:06.87 IASI	16
4	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	1:08.44	1:07.43 IASI	15
5	Assaad, Dana	13	Central Iowa Aquatics-IA	1:08.53	1:08.10 IASI	14
6	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	1:09.05	1:08.58 IASI	13
7	Roberts, Kelyn	14	Rams Swim Club-IA	1:09.24	1:08.77 IASI	12
8	Dee, Adilyn	14	Central Iowa Aquatics-IA	1:07.45	1:08.78 IASI	11
9	Bruere, Bricia	13	Des Moines Swim Federation-IA	1:12.26	1:08.80 IASI	9
10	Elmore, Addison	14	Central Iowa Aquatics-IA	1:07.36	1:09.14	7
11	Schoonover, Grace	14	Carroll Area Swim Team-IA	1:08.25	1:09.37	6
12	Hedrick, Piper	14	Central Iowa Aquatics-IA	1:11.19	1:09.85	5
13	Hudson, Natalie	13	Des Moines Swim Federation-IA	1:10.63	1:10.28	4
14	Bormann, Lila	13	Des Moines Swim Federation-IA	1:11.50	1:11.16	3
15	Sailor, Lilly	13	Northeastern Swim Team-IA	1:14.91	1:11.99	2
16	Wilcoxson, Helena	14	Des Moines Swim Federation-IA	1:13.02	1:13.14	1
17	Huston, Harper	13	Central Iowa Aquatics-IA	1:11.97	1:13.18	
18	Gruenisen, Sami	14	Central Iowa Aquatics-IA	1:12.69	1:13.28	
19	Davis, Chloe	14	Des Moines Swim Federation-IA	1:13.95	1:13.53	
20	Jacobson, Charlee	14	Red Wing Swim Club-MN	1:11.20	1:14.81	
*21	Baker, Norah	14	Central Iowa Aquatics-IA	1:10.49	1:15.07	
*21	Bancroft, Brianna	13	Ames Cyclone Aquatics Club-IA	1:15.60	1:15.07	
23	McDonough, Bridget	14	Des Moines Swim Federation-IA	1:13.21	1:15.74	
24	Murray, Brynn	14	Mason City Swim Club-IA	1:14.65	1:16.11	
25	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	1:18.79	1:16.92	
26	Mumm, Lyla	13	Johnston Blaze Swim Club-IA	1:16.85	1:17.59	
27	Kern, Elizabeth	14	South East Aquatics-IA	NT	1:17.82	
28	Honkamp, Claire	14	Des Moines Swim Federation-IA	1:21.08	1:19.41	
29	King, Lainey	13	Des Moines Swim Federation-IA	1:20.84	1:20.93	
30	Tracy, Brooklyn	14	Central Iowa Aquatics-IA	1:22.06	1:20.95	
31	Fisher, Corinne	13	Mason City Swim Club-IA	1:17.39	1:21.66	
32	Konchalski, Delaney	13	North Side Swim Team-IA	1:19.22	1:21.92	
33	Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	1:25.68	1:24.46	
34	VanDis, Adah	13	Des Moines Swim Federation-IA	1:25.57	1:25.69	
35	Jenkins, Josie	13	South East Aquatics-IA	NT	1:25.98	
36	Backes, Estella	14	Des Moines Swim Federation-IA	1:26.43	1:28.67	
37	Cunningham, Lydia	13	North Side Swim Team-IA	1:29.30	1:29.12	
---	Shenouda, Elizabeth	13	Central Iowa Aquatics-IA	1:14.82	NS	
---	Weis, Anabelle	13	Johnston Blaze Swim Club-IA	1:29.88	NS	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	1:26.83	NS	

Event 33 Women 15 & Over 100 LC Meter Freestyle**1:00.69 15&O SSEC Summer Sectionals****1:05.79 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Corwin, Kimber	15	Central Iowa Aquatics-IA	1:02.93	1:01.85 IASI	20
2	Woolums, Brynnly	17	Central Iowa Aquatics-IA	1:00.34	1:01.94 IASI	17
3	Hall, Taylor	16	Dowling Catholic Riptide Swim-IA	1:03.10	1:03.44 IASI	16

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 33 Women 15 & Over 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
4	Vobr, Jaylee	17	Northeastern Swim Team-IA	1:03.99	1:03.69 IASI	15
5	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	1:03.75 IASI	14
6	Mahler-Moreno, Quin	18	Des Moines Swim Federation-IA	1:01.61	1:04.64 IASI	13
7	Adams, Lilly	18	Kohawk Aquatics-IA	1:01.62	1:05.57 IASI	12
8	Weinheimer, Haylie	16	North Side Swim Team-IA	1:04.86	1:05.66 IASI	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	1:05.37	1:06.00	9
10	Speers, Elizabeth	16	Burlington Area Bullsharks-IA	NT	1:06.14	7
11	Mujic, Irma	17	Uss Destroyers-IA	1:04.98	1:06.61	6
12	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	1:06.72	5
13	Hassett, Sassy	17	Des Moines Swim Federation-IA	1:01.98	1:06.85	4
*14	Adams, Laynie	17	Kohawk Aquatics-IA	1:05.34	1:07.80	2.50
*14	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	1:06.51	1:07.80	2.50
16	Anderson, Avery	15	Central Iowa Aquatics-IA	1:08.40	1:07.87	1
17	Cline, Haven	16	North Side Swim Team-IA	1:06.07	1:08.04	
18	Shenouda, Esther	15	Central Iowa Aquatics-IA	1:09.57	1:08.56	
19	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	1:10.66	1:08.93	
20	Blackford, Mia	17	Rams Swim Club-IA	1:09.64	1:09.73	
21	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	1:13.83	1:10.49	
22	Hoss, Brooke	15	Central Iowa Aquatics-IA	1:11.55	1:11.25	
23	Cerbin, Emerson	18	Central Iowa Aquatics-IA	1:08.87	1:12.08	
24	Ritter, Olivia	17	Burlington Area Bullsharks-IA	NT	1:12.09	
25	Betts, Mallory	15	Des Moines Swim Federation-IA	1:10.66	1:12.65	
26	Parker, Kenna	16	Greater Des Moines YMCA-IA	NT	1:12.98	
27	Morales, Karla	15	Central Iowa Aquatics-IA	1:12.66	1:13.76	
28	Driscoll, Rylee	15	Mason City Swim Club-IA	1:11.71	1:14.18	
29	Conn, Lillie	16	Rams Swim Club-IA	1:18.21	1:15.02	
30	Lamb, Nora	16	South East Aquatics-IA	1:12.97	1:15.73	
31	Nedder, Julia	15	South East Aquatics-IA	1:13.06	1:15.84	
32	Cooper, Audrey	16	Rams Swim Club-IA	1:17.08	1:17.75	
33	Murray, Keira	17	Mason City Swim Club-IA	1:29.38	1:25.87	
34	Kanis, Kenzie	17	South East Aquatics-IA	1:18.11	1:25.88	
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	1:09.28	NS	
---	Kane, Gracie	16	Kohawk Aquatics-IA	1:12.79	NS	

Event 34 Boys 13-14 100 LC Meter Freestyle**1:04.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Linderblood, Jude	14	Central Iowa Aquatics-IA	58.48	58.23 IASI	20
2	Wisehart, Landon	14	Central Iowa Aquatics-IA	1:00.90	59.39 IASI	17
3	Treharne, Clayton	14	Linn-Mar Swim Team-IA	1:01.21	59.44 IASI	16
4	Smith, Carter	14	Des Moines Swim Federation-IA	1:03.28	1:00.14 IASI	15
5	Kline, Simon	14	Uss Destroyers-IA	1:01.93	1:00.60 IASI	14
6	McCorkle, Owen	13	Ames Cyclone Aquatics Club-IA	1:00.98	1:00.62 IASI	13
7	Schlueter, Nathan	14	Central Iowa Aquatics-IA	1:01.52	1:00.92 IASI	12
8	Fausch, Jackson	14	Central Iowa Aquatics-IA	57.61	1:01.05 IASI	11
9	Schumacher, Brant	14	Central Iowa Aquatics-IA	1:04.87	1:02.18 IASI	9
10	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	1:03.13	1:03.09 IASI	7
11	Nedved, Henry	14	Des Moines Swim Federation-IA	1:02.98	1:03.16 IASI	6
*12	Leuenberger, Jackson	14	Northeastern Swim Team-IA	1:03.88	1:03.42 IASI	4.50
*12	Murray, Kellen	13	Central Iowa Aquatics-IA	1:05.09	1:03.42 IASI	4.50

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 34 Boys 13-14 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
14	Mintle, Harrison	13	Des Moines Swim Federation-IA	1:06.28	1:03.78 IASI	3
15	Vallas, Brooks	14	Central Iowa Aquatics-IA	1:03.35	1:04.09 IASI	2
16	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	1:07.72	1:04.20 IASI	1
17	Jeffries, Max	13	Central Iowa Aquatics-IA	1:05.64	1:04.63	
18	Holms, Donny	14	Johnston Blaze Swim Club-IA	1:08.08	1:05.00	
19	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	1:03.80	1:05.28	
20	Spradling, Tyler	13	Central Iowa Aquatics-IA	1:06.54	1:06.08	
21	Grubb, Cael	14	Central Iowa Aquatics-IA	1:07.61	1:06.42	
22	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	1:06.98	1:06.51	
23	Levisay, Ethan	14	Kohawk Aquatics-IA	1:11.79	1:06.84	
24	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	1:53.29	1:07.92	
25	Parry, Spencer	13	Johnston Blaze Swim Club-IA	1:13.56	1:10.92	
26	Jean, Tate	14	Greater Des Moines YMCA-IA	1:11.34	1:11.69	
27	Dunham, Owen	14	Kohawk Aquatics-IA	1:22.09	1:11.73	
28	Gibson, Everitt	13	Burlington Area Bullsharks-IA	1:23.04	1:13.54	
29	Klocke, Coehen	14	Carroll Area Swim Team-IA	1:09.15	1:15.34	
30	Six, Tristan	13	Rams Swim Club-IA	1:16.24	1:15.47	
31	Moore, Sam	14	Ia-Unattached-IA	1:18.70	1:15.79	
32	Punt, Cameron	13	South East Aquatics-IA	NT	1:16.50	
33	McCammon, Jake	13	Johnston Blaze Swim Club-IA	1:19.22	1:17.20	
34	Garrison, Jaden	13	Rams Swim Club-IA	1:16.58	1:18.05	
35	Deutmeyer, Jack	14	Kohawk Aquatics-IA	1:30.81	1:19.51	
36	Bollig, Meyer	13	Central Iowa Aquatics-IA	1:18.34	1:20.28	
37	Halbur, Max	13	Carroll Area Swim Team-IA	1:18.80	1:20.29	
38	Behrens, Russell	13	Fort Dodge Area Swim Team-IA	1:30.99	1:26.46	
39	Bungu, Arian	13	Johnston Blaze Swim Club-IA	1:24.10	1:27.37	
---	Boender, Sully	14	South East Aquatics-IA	1:11.10	NS	

Event 34 Men 15 & Over 100 LC Meter Freestyle**54.79 15&O SSEC Summer Sectionals****59.89 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dose, Jonathan	21	Carroll Area Swim Team-IA	55.55	54.60 SSEC	20
2	McCorkle, Ian	19	Ames Cyclone Aquatics Club-IA	52.26	55.13 IASI	17
3	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	53.01	57.09 IASI	16
4	Hammond, Brennan	15	Rams Swim Club-IA	57.08	58.43 IASI	15
5	Honkamp, Andrew	17	Des Moines Swim Federation-IA	58.00	58.48 IASI	14
6	Quist, Hunter	17	Central Iowa Aquatics-IA	59.83	59.07 IASI	13
7	Jean, Brock	17	Greater Des Moines YMCA-IA	1:03.72	59.34 IASI	12
8	Seifert, Marcus	18	Kohawk Aquatics-IA	54.89	59.50 IASI	11
9	Hammond, Alex	17	Rams Swim Club-IA	1:00.92	59.80 IASI	9
10	Kuennen, Benjamin	16	Waukee Waves-IA	1:00.22	1:00.01	7
11	Lucas, Gavin	17	Kohawk Aquatics-IA	56.81	1:00.09	6
12	Troyer, Austin	18	North Side Swim Team-IA	1:01.37	1:00.20	5
13	Drendel, Will	15	Central Iowa Aquatics-IA	59.20	1:00.21	4
14	Houlihan, Patrick	15	Kohawk Aquatics-IA	1:05.85	1:00.97	3
15	Walsh, Jack	15	Greater Des Moines YMCA-IA	1:02.72	1:01.56	2
16	Brown, Hayden	16	Kohawk Aquatics-IA	1:07.50	1:01.60	1
17	Punt, Caleb	16	South East Aquatics-IA	1:21.81	1:01.68	
18	Smith, Jackson	17	Des Moines Swim Federation-IA	58.91	1:02.01	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 34 Men 15 & Over 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
19	Murphy, Logan	15	Mason City Swim Club-IA	1:04.66	1:02.34	
20	Lai, Joseph	16	North Side Swim Team-IA	59.33	1:02.87	
21	Ortega, Zion	17	Central Iowa Aquatics-IA	1:03.72	1:03.12	
22	Naylor, Carson	16	Central Iowa Aquatics-IA	1:05.43	1:03.68	
23	Cornwell, Connor	16	North Side Swim Team-IA	1:04.90	1:04.24	
24	Rosvold, ian	15	South East Aquatics-IA	NT	1:07.20	
25	Ortega, Ijah	15	Central Iowa Aquatics-IA	1:08.40	1:07.80	
26	Sytsma, Dawson	15	South East Aquatics-IA	1:14.21	1:08.19	
27	Snyder, Levi	15	South East Aquatics-IA	1:14.52	1:09.32	
28	Ferrell, Tyler	17	Rams Swim Club-IA	1:13.44	1:13.24	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	57.75	NS	
---	Demianyshen, Dmitrii	16	Des Moines Swim Federation-IA	1:10.21	NS	
---	Otis, Kasen	16	Des Moines Swim Federation-IA	1:01.77	NS	
---	Fertig, Jonah	17	Rams Swim Club-IA	1:02.88	NS	
---	Hughes, Daxton	15	Des Moines Swim Federation-IA	1:04.82	NS	

Event 35 Girls 13-14 200 LC Meter Breaststroke**3:16.19 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Leder, Maeve	13	Des Moines Swim Federation-IA	2:58.90	2:59.53 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	3:08.97	3:05.67 IASI	17
3	Gruenisen, Sami	14	Central Iowa Aquatics-IA	3:08.91	3:15.87 IASI	16
4	Parson, Annie	13	Uss Destroyers-IA	3:14.02	3:16.85	15
5	Huston, Harper	13	Central Iowa Aquatics-IA	3:13.41	3:17.44	14
6	Jacobson, Charlee	14	Red Wing Swim Club-MN	3:16.12	3:18.69	13
7	Davis, Chloe	14	Des Moines Swim Federation-IA	3:15.29	3:19.85	12
8	McCloud, Reid	14	South East Aquatics-IA	3:31.64	3:24.87	11
*9	Mason, Adelyn	14	Central Iowa Aquatics-IA	3:33.86	3:26.60	8
*9	Hedrick, Piper	14	Central Iowa Aquatics-IA	3:26.60	3:26.60	8
11	Murray, Brynn	14	Mason City Swim Club-IA	3:32.97	3:32.09	6
12	Hoffman, Amelia	13	Rams Swim Club-IA	3:50.41	3:43.28	5
13	Cunningham, Lydia	13	North Side Swim Team-IA	3:58.91	3:43.61	4
14	Brown, Caroline	13	North Side Swim Team-IA	3:54.86	3:53.62	3
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	NT	NS	
---	Jenkins, Josie	13	South East Aquatics-IA	NT	NS	

Event 35 Women 15 & Over 200 LC Meter Breaststroke**2:48.79 15&O SSEC Summer Sectionals****3:12.79 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Parson, Lucy	16	Uss Destroyers-IA	2:37.26	2:39.56 SSEC	20
2	Honkamp, Annie	19	Des Moines Swim Federation-IA	2:40.88	2:42.21 SSEC	17
3	Mahler-Moreno, Quin	18	Des Moines Swim Federation-IA	2:44.75	2:57.05 IASI	16
4	Damge, Camryn	17	North Side Swim Team-IA	3:07.15	3:03.27 IASI	15
5	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	3:01.10	3:04.08 IASI	14
6	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	3:01.47	3:05.19 IASI	13
7	Capman, Kennedy	19	Central Iowa Aquatics-IA	2:50.09	3:08.76 IASI	12
8	Cunningham, Clara	17	North Side Swim Team-IA	3:09.79	3:09.29 IASI	11
9	Corwin, Kimber	15	Central Iowa Aquatics-IA	3:10.28	3:10.60 IASI	9
10	Pekarek, Lila	15	Rams Swim Club-IA	3:17.09	3:14.57	7

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 35 Women 15 & Over 200 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
11	Assaad, Sarah	17	Central Iowa Aquatics-IA	3:19.35	3:15.19	6
12	Dayton, Emelia	17	Rams Swim Club-IA	3:11.71	3:15.81	5
13	Anderson, Avery	15	Central Iowa Aquatics-IA	3:15.45	3:18.79	4
14	Woolums, Zoe	15	Central Iowa Aquatics-IA	3:23.36	3:20.45	3
15	Damge, Evelyn	17	North Side Swim Team-IA	3:16.81	3:20.68	2
16	Lamb, Nora	16	South East Aquatics-IA	3:22.38	3:28.41	1
17	Kanis, Kenzie	17	South East Aquatics-IA	3:32.48	3:49.36	
18	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	NT	3:51.10	
---	Betts, Mallory	15	Des Moines Swim Federation-IA	3:21.79	NS	
---	Powers, Chloe	15	Greater Des Moines YMCA-IA	NT	NS	

Event 36 Boys 13-14 200 LC Meter Breaststroke**3:07.19 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schlueter, Nathan	14	Central Iowa Aquatics-IA	2:43.16	2:47.96 IASI	20
2	Mintle, Harrison	13	Des Moines Swim Federation-IA	2:50.77	2:49.87 IASI	17
3	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	3:01.87	3:01.47 IASI	16
4	Wisehart, Landon	14	Central Iowa Aquatics-IA	2:56.32	3:02.06 IASI	15
5	Smith, Carter	14	Des Moines Swim Federation-IA	NT	3:11.12	14
6	Levisay, Ethan	14	Kohawk Aquatics-IA	3:14.49	3:12.16	13
7	Jeffries, Max	13	Central Iowa Aquatics-IA	3:09.75	3:17.91	12
8	Gibson, Everitt	13	Burlington Area Bullsharks-IA	NT	3:19.83	11
9	Cunningham, Titus	14	North Side Swim Team-IA	3:22.60	3:22.77	9
10	Deutmeyer, Jack	14	Kohawk Aquatics-IA	3:47.89	3:26.87	7
11	Punt, Cameron	13	South East Aquatics-IA	NT	3:44.32	6
---	Klocke, Coehen	14	Carroll Area Swim Team-IA	3:23.51	NS	

Event 36 Men 15 & Over 200 LC Meter Breaststroke**2:37.99 15&O SSEC Summer Sectionals****2:54.49 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	2:30.45	2:28.58 SSEC	20
2	Walsh, Jack	15	Greater Des Moines YMCA-IA	2:54.04	2:54.27 IASI	17
3	Cunningham, Corban	16	North Side Swim Team-IA	2:58.15	3:05.94	16
4	Troyer, Austin	18	North Side Swim Team-IA	3:19.58	3:07.98	15
5	Lai, Joseph	16	North Side Swim Team-IA	3:16.76	3:23.96	14
6	Ortega, Ijah	15	Central Iowa Aquatics-IA	NT	3:24.41	13
---	Fertig, Jonah	17	Rams Swim Club-IA	2:48.28	NS	
---	Otis, Hudson	17	Des Moines Swim Federation-IA	2:48.70	NS	

Event 37 Girls 13-14 100 LC Meter Backstroke**1:20.39 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Pekarek, Anna	13	Rams Swim Club-IA	1:18.87	1:16.23 IASI	20
2	Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	1:18.26	1:17.47 IASI	17
3	Swaim, Maddy	13	Des Moines Swim Federation-IA	1:19.82	1:18.59 IASI	16
4	Dee, Adilyn	14	Central Iowa Aquatics-IA	1:20.03	1:19.31 IASI	15
5	Sailor, Lilly	13	Northeastern Swim Team-IA	1:21.89	1:19.45 IASI	14
6	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	1:20.97	1:19.55 IASI	13
7	Schoonover, Grace	14	Carroll Area Swim Team-IA	1:17.69	1:19.85 IASI	12

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	Name	Age	Team	Seed Time	Finals Time	Points
8	Parson, Annie	13	Uss Destroyers-IA	1:22.97	1:20.93	11
9	Elmore, Addison	14	Central Iowa Aquatics-IA	1:18.01	1:21.10	9
10	Baker, Norah	14	Central Iowa Aquatics-IA	1:17.96	1:21.25	7
11	Peterson, Grace	13	Des Moines Swim Federation-IA	1:21.04	1:21.66	6
12	Mason, Adelyn	14	Central Iowa Aquatics-IA	1:23.45	1:23.19	5
13	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	1:25.00	1:23.32	4
14	McDonough, Bridget	14	Des Moines Swim Federation-IA	1:23.08	1:24.99	3
15	Mumm, Lyla	13	Johnston Blaze Swim Club-IA	1:28.77	1:25.48	2
16	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	1:24.89	1:25.60	1
17	Bruere, Bricia	13	Des Moines Swim Federation-IA	1:26.51	1:25.66	
18	Bancroft, Brianna	13	Ames Cyclone Aquatics Club-IA	1:27.30	1:26.00	
19	Gruenisen, Sami	14	Central Iowa Aquatics-IA	1:28.63	1:26.05	
20	Jacobson, Charlee	14	Red Wing Swim Club-MN	1:26.48	1:28.61	
21	Hudson, Natalie	13	Des Moines Swim Federation-IA	1:32.78	1:28.78	
22	Roberts, Kelyn	14	Rams Swim Club-IA	1:29.44	1:29.51	
23	Fisher, Corinne	13	Mason City Swim Club-IA	1:30.88	1:31.75	
24	King, Lainey	13	Des Moines Swim Federation-IA	1:31.99	1:32.79	
25	Honkamp, Claire	14	Des Moines Swim Federation-IA	1:34.47	1:35.22	
26	Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	1:40.11	1:40.23	
27	Jenkins, Josie	13	South East Aquatics-IA	NT	1:40.33	
28	Cunningham, Lydia	13	North Side Swim Team-IA	NT	1:41.13	
29	Backes, Estella	14	Des Moines Swim Federation-IA	1:48.01	1:52.29	
---	Shelton, Macie	13	Uss Destroyers-IA	NT	DQ	
---	Burt, Bailey	13	Rams Swim Club-IA	2:08.30	DQ	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	1:47.91	NS	
---	Weis, Anabelle	13	Johnston Blaze Swim Club-IA	1:47.15	NS	
---	Shenouda, Elizabeth	13	Central Iowa Aquatics-IA	NT	NS	

Event 37 Women 15 & Over 100 LC Meter Backstroke**1:08.89 15&O SSEC Summer Sectionals****1:14.89 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Weinheimer, Haylie	16	North Side Swim Team-IA	1:07.50	1:08.10 SSEC	20
2	Adams, Lilly	18	Kohawk Aquatics-IA	1:09.48	1:12.08 IASI	17
3	Vobr, Jaylee	17	Northeastern Swim Team-IA	1:15.41	1:13.24 IASI	16
4	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	1:10.45	1:13.51 IASI	15
5	Cunningham, Clara	17	North Side Swim Team-IA	1:14.07	1:14.04 IASI	14
6	Mujic, Irma	17	Uss Destroyers-IA	1:10.99	1:16.30	13
7	Assaad, Sarah	17	Central Iowa Aquatics-IA	1:15.11	1:16.73	12
8	Damge, Camryn	17	North Side Swim Team-IA	1:17.89	1:17.53	11
9	Hassett, Sassy	17	Des Moines Swim Federation-IA	1:09.69	1:18.63	9
10	Adams, Laynie	17	Kohawk Aquatics-IA	1:14.72	1:19.11	7
11	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	1:19.43	6
12	Sailor, Isabella	17	Northeastern Swim Team-IA	1:17.96	1:19.98	5
13	Powers, Chloe	15	Greater Des Moines YMCA-IA	NT	1:20.35	4
14	Hoss, Brooke	15	Central Iowa Aquatics-IA	1:26.26	1:20.36	3
15	Cline, Haven	16	North Side Swim Team-IA	1:18.63	1:20.61	2
16	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	1:19.18	1:20.70	1
17	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	1:20.51	1:20.96	
18	Parker, Kenna	16	Greater Des Moines YMCA-IA	NT	1:21.76	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 37 Women 15 & Over 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
19	Blackford, Mia	17	Rams Swim Club-IA	1:19.18	1:22.15	
20	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	1:24.82	1:23.21	
21	Driscoll, Rylee	15	Mason City Swim Club-IA	1:25.64	1:23.68	
22	Ritter, Olivia	17	Burlington Area Bullsharks-IA	NT	1:24.31	
23	Morales, Karla	15	Central Iowa Aquatics-IA	1:25.71	1:25.38	
24	Cerbin, Emerson	18	Central Iowa Aquatics-IA	1:27.14	1:26.82	
25	Betts, Mallory	15	Des Moines Swim Federation-IA	1:25.59	1:27.73	
26	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	1:30.25	
27	Shenouda, Esther	15	Central Iowa Aquatics-IA	1:38.96	1:32.61	
28	Conn, Lillie	16	Rams Swim Club-IA	1:32.71	1:34.22	
---	Kane, Gracie	16	Kohawk Aquatics-IA	1:26.89	NS	

Event 38 Boys 13-14 100 LC Meter Backstroke**1:16.39 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	1:03.46	1:05.90 IASI	20
2	Linderblood, Jude	14	Central Iowa Aquatics-IA	1:06.56	1:06.19 IASI	17
3	Smith, Carter	14	Des Moines Swim Federation-IA	1:13.96	1:10.44 IASI	16
4	Nedved, Henry	14	Des Moines Swim Federation-IA	1:11.18	1:11.21 IASI	15
5	Schlueter, Nathan	14	Central Iowa Aquatics-IA	1:09.32	1:12.08 IASI	14
6	Leuenberger, Jackson	14	Northeastern Swim Team-IA	1:13.01	1:12.30 IASI	13
7	Schumacher, Brant	14	Central Iowa Aquatics-IA	1:18.07	1:13.78 IASI	12
8	Sikora, Owen	13	Rams Swim Club-IA	1:15.53	1:14.42 IASI	11
9	Vallas, Brooks	14	Central Iowa Aquatics-IA	1:14.46	1:15.05 IASI	9
10	Mintle, Harrison	13	Des Moines Swim Federation-IA	1:18.95	1:15.63 IASI	7
11	Holms, Donny	14	Johnston Blaze Swim Club-IA	1:23.64	1:16.07 IASI	6
12	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	1:15.15	1:16.36 IASI	5
13	Wuest, Aaron	14	Central Iowa Aquatics-IA	1:24.05	1:19.68	4
14	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	NT	1:19.98	3
15	Levisay, Ethan	14	Kohawk Aquatics-IA	1:19.39	1:20.69	2
16	Gibson, Everitt	13	Burlington Area Bullsharks-IA	1:38.51	1:23.27	1
17	Parry, Spencer	13	Johnston Blaze Swim Club-IA	1:23.04	1:24.11	
18	McCammon, Jake	13	Johnston Blaze Swim Club-IA	1:26.98	1:27.62	
19	Six, Tristan	13	Rams Swim Club-IA	1:32.06	1:31.69	
20	Klocke, Coehen	14	Carroll Area Swim Team-IA	1:20.31	1:32.37	
21	Dunham, Owen	14	Kohawk Aquatics-IA	1:37.19	1:32.99	
22	Bollig, Meyer	13	Central Iowa Aquatics-IA	1:50.31	1:36.78	
23	Halbur, Max	13	Carroll Area Swim Team-IA	1:35.02	1:38.89	
24	Deutmeyer, Jack	14	Kohawk Aquatics-IA	1:51.90	1:43.61	
25	Behrens, Russell	13	Fort Dodge Area Swim Team-IA	NT	1:50.72	
---	Fausch, Jackson	14	Central Iowa Aquatics-IA	1:04.19	DQ	
---	Boender, Sully	14	South East Aquatics-IA	1:21.73	NS	

Event 38 Men 15 & Over 100 LC Meter Backstroke**1:03.09 15&O SSEC Summer Sectionals****1:08.69 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Ortega, Desmond	16	Central Iowa Aquatics-IA	58.47	1:02.62 SSEC	20
2	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	59.60	1:06.39 IASI	17
3	Lucas, Gavin	17	Kohawk Aquatics-IA	1:07.40	1:06.45 IASI	16

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	Name	Age	Team	Seed Time	Finals Time	Points
4	Smith, Jackson	17	Des Moines Swim Federation-IA	1:03.14	1:08.06 IASI	15
5	Seifert, Marcus	18	Kohawk Aquatics-IA	1:06.49	1:08.11 IASI	14
6	Brown, Hayden	16	Kohawk Aquatics-IA	1:15.65	1:08.14 IASI	13
7	Quist, Hunter	17	Central Iowa Aquatics-IA	1:11.49	1:11.70	12
8	Naylor, Carson	16	Central Iowa Aquatics-IA	1:17.85	1:14.49	11
9	Murphy, Logan	15	Mason City Swim Club-IA	1:16.53	1:17.17	9
10	Drendel, Will	15	Central Iowa Aquatics-IA	1:14.88	1:17.64	7
11	Punt, Caleb	16	South East Aquatics-IA	NT	1:20.46	6
12	Ortega, Zion	17	Central Iowa Aquatics-IA	1:22.01	1:20.69	5
13	Sytsma, Dawson	15	South East Aquatics-IA	1:35.53	1:22.71	4
14	Rosvold, ian	15	South East Aquatics-IA	NT	1:26.01	3
15	Ferrell, Tyler	17	Rams Swim Club-IA	1:26.36	1:26.51	2
16	Snyder, Levi	15	South East Aquatics-IA	1:33.13	1:31.99	1
---	Otis, Hudson	17	Des Moines Swim Federation-IA	1:05.38	NS	
---	Otis, Kasen	16	Des Moines Swim Federation-IA	1:14.05	NS	
---	Sanchez, Cameron	16	Central Iowa Aquatics-IA	1:09.04	NS	
---	Hughes, Daxton	15	Des Moines Swim Federation-IA	NT	NS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	1:04.20	NS	

Event 39 Girls 13-14 100 LC Meter Butterfly**1:17.39 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Swaim, Maddy	13	Des Moines Swim Federation-IA	1:17.32	1:13.79 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	1:20.16	1:13.91 IASI	17
3	Assaad, Dana	13	Central Iowa Aquatics-IA	1:21.01	1:17.22 IASI	16
4	McCloud, Reid	14	South East Aquatics-IA	1:19.20	1:17.86	15
5	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	1:18.46	1:19.27	14
6	Bormann, Lila	13	Des Moines Swim Federation-IA	1:25.19	1:21.74	13
7	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	1:31.16	1:22.79	12
8	Huston, Harper	13	Central Iowa Aquatics-IA	1:27.96	1:23.65	11
9	Leder, Maeve	13	Des Moines Swim Federation-IA	NT	1:23.75	9
10	Mason, Adelyn	14	Central Iowa Aquatics-IA	NT	1:24.88	7
11	Hudson, Natalie	13	Des Moines Swim Federation-IA	1:30.75	1:27.97	6
12	Boevers, Makenna	13	Uss Destroyers-IA	1:35.72	1:28.31	5
13	Mumm, Lyla	13	Johnston Blaze Swim Club-IA	1:31.31	1:31.36	4
14	Konchalski, Delaney	13	North Side Swim Team-IA	1:27.38	1:31.39	3
15	Tracy, Brooklyn	14	Central Iowa Aquatics-IA	NT	1:32.93	2
16	Roberts, Kelyn	14	Rams Swim Club-IA	1:40.37	1:36.75	1
17	Hoffman, Amelia	13	Rams Swim Club-IA	1:44.33	1:37.92	
18	Murray, Brynn	14	Mason City Swim Club-IA	NT	1:38.41	
19	Shelton, Macie	13	Uss Destroyers-IA	NT	1:39.63	
---	Hedrick, Piper	14	Central Iowa Aquatics-IA	1:22.81	DQ	

Event 39 Women 15 & Over 100 LC Meter Butterfly**1:05.89 15&O SSEC Summer Sectionals****1:13.19 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Vobr, Jaylee	17	Northeastern Swim Team-IA	1:06.99	1:07.45 IASI	20
2	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	1:11.41 IASI	17
3	Mahler-Moreno, Quin	18	Des Moines Swim Federation-IA	1:10.61	1:13.14 IASI	16

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 39 Women 15 & Over 100 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time	Points
4	Hassett, Sassy	17	Des Moines Swim Federation-IA	1:10.14	1:14.15	15
5	Woolums, Brynnly	17	Central Iowa Aquatics-IA	1:10.75	1:15.52	14
6	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	1:14.17	1:15.80	13
7	Weinheimer, Haylie	16	North Side Swim Team-IA	1:25.35	1:18.31	12
8	Loo, Ivy	15	Central Iowa Aquatics-IA	1:23.22	1:18.93	11
9	Speers, Elizabeth	16	Burlington Area Bullsharks-IA	NT	1:19.27	9
10	Woolums, Zoe	15	Central Iowa Aquatics-IA	1:23.12	1:20.43	7
11	Powers, Chloe	15	Greater Des Moines YMCA-IA	1:22.62	1:22.51	6
12	Anderson, Avery	15	Central Iowa Aquatics-IA	1:19.40	1:23.04	5
13	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	1:24.46	4
14	Nedder, Julia	15	South East Aquatics-IA	1:19.53	1:24.68	3
15	Gummert, Maisie	16	Central Iowa Aquatics-IA	1:19.12	1:24.82	2
16	Parker, Kenna	16	Greater Des Moines YMCA-IA	NT	1:25.58	1
17	Betts, Mallory	15	Des Moines Swim Federation-IA	1:24.80	1:25.74	
18	Damge, Evelyn	17	North Side Swim Team-IA	1:24.32	1:31.24	
19	Shenouda, Esther	15	Central Iowa Aquatics-IA	1:47.24	1:33.42	
20	Cooper, Audrey	16	Rams Swim Club-IA	1:33.39	1:35.22	
21	Manson, Paige	15	Johnston Blaze Swim Club-IA	1:39.33	1:37.45	
22	Pekarek, Lila	15	Rams Swim Club-IA	1:32.39	1:37.82	
---	Adams, Laynie	17	Kohawk Aquatics-IA	1:21.86	NS	
---	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	1:12.09	NS	
---	Driscoll, Rylee	15	Mason City Swim Club-IA	1:22.10	NS	
---	Adams, Lilly	18	Kohawk Aquatics-IA	1:19.47	NS	

Event 40 Boys 13-14 100 LC Meter Butterfly**1:14.09 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	1:03.66	1:04.60 IASI	20
2	Kline, Simon	14	Uss Destroyers-IA	1:07.03	1:04.74 IASI	17
3	Fausch, Jackson	14	Central Iowa Aquatics-IA	1:04.47	1:09.06 IASI	16
4	Mintle, Harrison	13	Des Moines Swim Federation-IA	1:09.64	1:12.36 IASI	15
5	Gagov, Alex	13	Central Iowa Aquatics-IA	1:29.49	1:13.01 IASI	14
6	Wisehart, Landon	14	Central Iowa Aquatics-IA	1:13.43	1:13.03 IASI	13
7	Nedved, Henry	14	Des Moines Swim Federation-IA	1:13.57	1:13.09 IASI	12
8	Murray, Kellen	13	Central Iowa Aquatics-IA	NT	1:13.25 IASI	11
9	Spradling, Tyler	13	Central Iowa Aquatics-IA	NT	1:13.33 IASI	9
10	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	1:15.71	1:13.42 IASI	7
11	McCorkle, Owen	13	Ames Cyclone Aquatics Club-IA	1:14.81	1:13.64 IASI	6
12	Holms, Donny	14	Johnston Blaze Swim Club-IA	1:16.35	1:13.87 IASI	5
13	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	1:15.70	1:15.99	4
14	Jeffries, Max	13	Central Iowa Aquatics-IA	1:12.49	1:17.57	3
15	Jean, Tate	14	Greater Des Moines YMCA-IA	1:38.06	1:18.84	2
16	Schumacher, Brant	14	Central Iowa Aquatics-IA	1:22.74	1:20.68	1
17	Parry, Spencer	13	Johnston Blaze Swim Club-IA	1:21.04	1:21.83	
18	Cunningham, Titus	14	North Side Swim Team-IA	1:25.75	1:27.01	
19	Gibson, Everitt	13	Burlington Area Bullsharks-IA	NT	1:28.73	
20	Garrison, Jaden	13	Rams Swim Club-IA	1:50.54	1:38.08	
21	Moore, Sam	14	Ia-Unattached-IA	1:41.22	1:38.78	
22	Halbur, Max	13	Carroll Area Swim Team-IA	NT	1:48.02	

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59.79 15&O SSEC Summer Sectionals

1:06.29 15&O IASI IASI Q

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	1:00.29	58.02 SSEC	20
2	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	57.88	58.57 SSEC	17
3	Dose, Jonathan	21	Carroll Area Swim Team-IA	1:03.35	1:01.67 IASI	16
4	Berry-Stoelzle, Philip	17	Kohawk Aquatics-IA	1:00.22	1:02.33 IASI	15
5	Ortega, Desmond	16	Central Iowa Aquatics-IA	59.67	1:02.49 IASI	14
6	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	56.95	1:03.04 IASI	13
7	Honkamp, Andrew	17	Des Moines Swim Federation-IA	1:02.39	1:03.77 IASI	12
8	McCorkle, Ian	19	Ames Cyclone Aquatics Club-IA	59.25	1:04.28 IASI	11
9	Lucas, Gavin	17	Kohawk Aquatics-IA	1:04.65	1:06.92	9
10	Houlihan, Patrick	15	Kohawk Aquatics-IA	1:07.67	1:07.09	7
*11	Jean, Brock	17	Greater Des Moines YMCA-IA	1:09.50	1:07.29	5.50
*11	Hammond, Alex	17	Rams Swim Club-IA	1:07.95	1:07.29	5.50
13	Walsh, Jack	15	Greater Des Moines YMCA-IA	1:06.17	1:07.52	4
14	Hammond, Brennan	15	Rams Swim Club-IA	1:09.42	1:08.04	3
15	Smith, Jackson	17	Des Moines Swim Federation-IA	1:05.78	1:08.77	2
16	Troyer, Austin	18	North Side Swim Team-IA	1:14.76	1:09.73	1
17	Punt, Caleb	16	South East Aquatics-IA	NT	1:12.83	
18	Cunningham, Corban	16	North Side Swim Team-IA	1:13.09	1:13.44	
19	Quist, Hunter	17	Central Iowa Aquatics-IA	1:12.60	1:13.73	
20	Drendel, Will	15	Central Iowa Aquatics-IA	1:07.83	1:13.92	
21	Ortega, Zion	17	Central Iowa Aquatics-IA	1:16.84	1:17.03	
22	Murphy, Logan	15	Mason City Swim Club-IA	1:17.08	1:18.95	
23	Cornwell, Connor	16	North Side Swim Team-IA	1:17.68	1:20.83	
24	Snyder, Levi	15	South East Aquatics-IA	1:22.25	1:21.34	
25	Rosvold, ian	15	South East Aquatics-IA	NT	1:22.93	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	1:07.65	NS	
---	Demianyshe, Dmitrii	16	Des Moines Swim Federation-IA	NT	NS	
---	Otis, Kasen	16	Des Moines Swim Federation-IA	1:10.83	NS	

Event 41 Women 13 & Over 400 LC Meter Medley Relay

	Team	Relay	Seed Time	Finals Time
1	Central Iowa Aquatics-IA	B	NT	5:12.84
	1) Tracy, Brooklyn 14	2) Kiekhaefer, Chloe 15	3) Corwin, Kimber 15	4) Anderson, Avery 15
2	Central Iowa Aquatics-IA	E	NT	5:18.86
	1) Woolums, Zoe 15	2) Loo, Ivy 15	3) Hedrick, Piper 14	4) Dee, Adilyn 14
3	Rams Swim Club-IA	A	6:00.00	5:19.11
	1) Blackford, Mia 17	2) Dayton, Emelia 17	3) Pekarek, Anna 13	4) Roberts, Kelyn 14
4	North Side Swim Team-IA	A	5:15.91	5:20.82
	1) Cunningham, Clara 17	2) Damge, Camryn 17	3) Damge, Evelyn 17	4) Cline, Haven 16
5	Central Iowa Aquatics-IA	D	NT	5:22.18
	1) Morales, Karla 15	2) Assaad, Dana 13	3) Assaad, Sarah 17	4) Hoss, Brooke 15
6	Central Iowa Aquatics-IA	C	NT	5:31.60
	1) Elmore, Addison 14	2) Mason, Adelyn 14	3) Huston, Harper 13	4) Gummert, Maisie 16
7	Central Iowa Aquatics-IA	A	NT	5:43.24
	1) Baker, Norah 14	2) Gruenisen, Sami 14	3) Shenouda, Esther 15	4) Beauchamp, Maddy 16
8	South East Aquatics-IA	A	NT	5:55.05
	1) Nedder, Julia 15	2) Lamb, Nora 16	3) McCloud, Reid 14	4) Kanis, Kenzie 17

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Team	Relay	Seed Time	Finals Time
9 Rams Swim Club-IA	B	6:00.00	5:58.46
1) Hoffman, Amelia 13	2) Pekarek, Lila 15	3) Cooper, Audrey 16	4) Conn, Lillie 16
10 Mason City Swim Club-IA	A	5:54.95	5:59.78
1) Fisher, Corinne 13	2) Murray, Brynn 14	3) Driscoll, Rylee 15	4) Murray, Keira 17

Event 42 Men 13 & Over 400 LC Meter Medley Relay

Team	Relay	Seed Time	Finals Time
1 Kohawk Aquatics-IA	A	4:32.53	4:19.04
1) Lucas, Gavin 17	2) Seifert, Andrew 17	3) Berry-Stoelzle, Philip 17	4) Seifert, Marcus 18
2 Central Iowa Aquatics-IA	B	NT	4:41.90
1) Murray, Kellen 13	2) Schlueter, Nathan 14	3) Gagov, Alex 13	4) Linderblood, Jude 14
3 Central Iowa Aquatics-IA	D	NT	4:51.34
1) Wittmayer, Matthew 13	2) Spradling, Tyler 13	3) Drendel, Will 15	4) Wuest, Aaron 14
4 Central Iowa Aquatics-IA	C	NT	4:52.35
1) Schumacher, Brant 14	2) Wisehart, Landon 14	3) Jeffryes, Max 13	4) Quist, Hunter 17
5 North Side Swim Team-IA	A	5:04.12	4:55.83
1) Cunningham, Corban 16	2) Lai, Joseph 16	3) Troyer, Austin 18	4) Cornwell, Connor 16
6 Rams Swim Club-IA	A	4:45.00	5:07.23
1) Sikora, Owen 13	2) Garrison, Jaden 13	3) Hammond, Alex 17	4) Hammond, Brennan 15
7 Central Iowa Aquatics-IA	A	NT	5:08.60
1) Vallas, Brooks 14	2) Naylor, Carson 16	3) Fausch, Jackson 14	4) Bollig, Meyer 13
8 South East Aquatics-IA	A	NT	5:39.59
1) Rosvold, ian 15	2) Punt, Cameron 13	3) Snyder, Levi 15	4) Punt, Caleb 16

Event 43 Girls 8 & Under 200 LC Meter IM

Name	Age	Team	Seed Time	Finals Time	Points
1 Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	4:53.83	4:39.85	20
--- Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	NT	DQ	

Event 43 Girls 9-10 200 LC Meter IM**3:43.19 9-10 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Cochran, Delaney	10	Central Iowa Aquatics-IA	3:01.86	3:04.62 IASI	20
2 Qualley, Reagan	10	Greater Des Moines YMCA-IA	3:15.44	3:11.00 IASI	17
3 Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	3:32.07	3:25.02 IASI	16
4 Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	NT	3:30.24 IASI	15
5 Mooney, Sabrina	10	Des Moines Swim Federation-IA	NT	3:34.79 IASI	14
6 Fleming, Braylee	10	Rams Swim Club-IA	NT	3:43.97	13
7 Norton, Coco	10	Red Wing Swim Club-MN	3:41.25	3:50.64	12
8 Bru, Tylar	10	Central Iowa Aquatics-IA	NT	4:04.96	11
9 Benson, Kahlia	10	Red Wing Swim Club-MN	3:54.97	4:05.34	9
10 Jacobson, Whitnee	9	Red Wing Swim Club-MN	3:57.85	4:07.85	7
11 Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	NT	4:47.59	6
12 Ward, Amelia	9	Central Iowa Aquatics-IA	4:10.05	4:51.18	5
--- Smyth, Ava	10	Red Wing Swim Club-MN	4:40.99	DQ	
--- Johnson, Kyla	10	Des Moines Swim Federation-IA	3:43.43	DQ	
--- Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	NT	DQ	
--- McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	NT	DQ	
--- Puhmann, Macyn	9	Central Iowa Aquatics-IA	NT	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 43 Girls 11-12 200 LC Meter IM****3:11.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time		Points
1	Fay, Ginger	12	Waukee Waves-IA	2:41.84	2:45.74	IASI	20
2	Hornung, Harper	11	Waukee Waves-IA	2:54.88	2:53.86	IASI	17
3	Peterson, Greta	12	Des Moines Swim Federation-IA	2:56.75	2:54.20	IASI	16
4	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	3:04.60	2:55.90	IASI	15
5	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	2:55.65	2:55.93	IASI	14
6	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	2:59.13	2:56.83	IASI	13
7	Garrison, Jorgia	11	Rams Swim Club-IA	3:12.73	3:01.56	IASI	12
8	Schoolen, Ruby	12	Rams Swim Club-IA	3:03.99	3:04.22	IASI	11
9	Leidinger, Callie	12	Kohawk Aquatics-IA	2:59.13	3:04.35	IASI	9
10	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	3:13.63	3:04.90	IASI	7
11	Jacobson, Kinzee	12	Red Wing Swim Club-MN	3:08.94	3:05.72	IASI	6
12	Tran, Victoria	12	Central Iowa Aquatics-IA	3:07.51	3:05.94	IASI	5
13	Jean, Natiel	11	Greater Des Moines YMCA-IA	3:06.59	3:06.48	IASI	4
14	Tudor, Ellery	11	Uss Destroyers-IA	NT	3:08.18	IASI	3
15	Smyth, Vivi	12	Red Wing Swim Club-MN	3:11.72	3:08.51	IASI	2
16	Sisul, Jolie	12	South East Aquatics-IA	3:31.62	3:09.67	IASI	1
17	Books, Malia	12	Uss Destroyers-IA	3:34.72	3:10.13	IASI	
18	Gevoek, Trinity	11	South East Aquatics-IA	3:10.54	3:11.47		
19	Fillius, Willa	12	North Side Swim Team-IA	3:07.94	3:11.59		
20	Brons, Josie	11	Des Moines Swim Federation-IA	3:13.35	3:15.15		
21	Baker, Caroline	11	Central Iowa Aquatics-IA	3:13.23	3:16.18		
22	Israel, Brynn	11	Central Iowa Aquatics-IA	3:13.24	3:17.32		
23	Fitch, Lauren	11	North Side Swim Team-IA	3:23.06	3:17.67		
24	Neese, Savanna	11	Uss Destroyers-IA	NT	3:26.92		
25	Holtsnider, Maud	12	Northeastern Swim Team-IA	3:32.92	3:27.47		
26	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	NT	3:28.22		
27	Hakeman, Riley	11	Uss Destroyers-IA	3:32.26	3:29.48		
28	Hanson, Ainslie	11	Red Wing Swim Club-MN	3:26.16	3:37.36		
29	Soukup, Lyv	12	Uss Destroyers-IA	NT	3:37.64		
30	Talley, Serena	11	Central Iowa Aquatics-IA	3:45.81	3:42.10		
31	Krantz, Ruth	11	Dowling Catholic Riptide Swim-IA	NT	3:50.36		
32	Stinson, Ellie	12	Red Wing Swim Club-MN	3:45.00	3:56.50		
33	Hardee, Anya	12	Mason City Swim Club-IA	3:50.28	3:57.69		
34	Kreutzer, Kinsley	12	Greater Des Moines YMCA-IA	NT	4:06.16		
---	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	NT	DQ		
---	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	DQ		
---	Butler, Mathilde	12	Greater Des Moines YMCA-IA	3:14.08	DQ		
---	Lewis, Madyson	12	Central Iowa Aquatics-IA	3:02.66	NS		

Event 44 Boys 9-10 200 LC Meter IM**3:40.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time		Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	2:56.05	2:56.32	IASI	20
2	Garrison, Jonah	9	Rams Swim Club-IA	3:43.87	3:27.96	IASI	17
3	Van Soelen, Harrison	10	Des Moines Swim Federation-IA	NT	3:33.32	IASI	16
4	Shaver, Oliver	9	Ames Cyclone Aquatics Club-IA	NT	3:48.33		15
5	Tourney, Emmett	9	Red Wing Swim Club-MN	NT	3:49.36		14
6	Grote, Hank	10	Rams Swim Club-IA	NT	4:07.41		13

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 44 Boys 9-10 200 LC Meter IM)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Connolly, James	9	Greater Des Moines YMCA-IA	NT	DQ	

Event 44 Boys 11-12 200 LC Meter IM**3:08.49 11-12 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	NT	2:40.32 IASI	20
2 Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	2:49.50	2:47.92 IASI	17
3 Kell, Henry	12	Ames Cyclone Aquatics Club-IA	3:16.32	2:52.82 IASI	16
4 Fausch, Zach	11	Central Iowa Aquatics-IA	2:53.66	2:55.04 IASI	15
5 Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	3:00.90	3:01.07 IASI	14
6 Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	3:10.69	3:05.40 IASI	13
7 Johnson, Ryker	11	South East Aquatics-IA	NT	3:10.15	12
8 Sisul, Jenner	11	South East Aquatics-IA	3:18.49	3:13.38	11
9 Sexton, James	11	Central Iowa Aquatics-IA	3:31.81	3:14.49	9
10 Todsén, Gavin	12	Central Iowa Aquatics-IA	4:10.54	3:20.48	7
11 Naylor, Jackson	11	Central Iowa Aquatics-IA	NT	3:24.44	6
12 Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	3:25.12	5
13 LaPan, Henry	11	Uss Destroyers-IA	3:34.58	3:26.25	4
14 Thomas, Ethan	12	Rams Swim Club-IA	NT	3:29.91	3
15 McLeod, Gavin	11	Ames Cyclone Aquatics Club-IA	3:53.46	3:36.10	2
16 Carpenter, Malachi	11	Central Iowa Aquatics-IA	NT	3:39.53	1
17 Slama, Mason	12	Central Iowa Aquatics-IA	NT	3:46.70	
--- Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	DQ	
--- Cody, Jay	11	Red Wing Swim Club-MN	4:20.99	DQ	

Event 45 Girls 8 & Under 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time	Points
1 Hancock, Charlotte	8	Central Iowa Aquatics-IA	40.05	41.01	20
2 Cochran, Clara	8	Central Iowa Aquatics-IA	43.01	41.16	17
3 Warg-Farver, Paige	8	Central Iowa Aquatics-IA	58.71	44.94	16
4 Chen, Zoey	8	Des Moines Swim Federation-IA	46.37	46.18	15
5 O'Brien, Evelyn	8	Burlington Area Bullsharks-IA	NT	48.19	14
6 Boese, Alice	7	Des Moines Swim Federation-IA	46.17	48.44	13
7 Heusinkveld, Evelyn	8	Des Moines Swim Federation-IA	48.91	48.66	12
8 Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	51.35	48.79	11
9 Books, Londyn	7	Uss Destroyers-IA	54.71	57.87	9
10 Dumermuth, Della	8	Johnston Blaze Swim Club-IA	1:16.50	1:03.39	7
11 Flickinger, Gwen	8	Ames Cyclone Aquatics Club-IA	1:32.56	1:08.78	6
12 Tomka, Evelyn	6	Dowling Catholic Riptide Swim-IA	1:23.19	1:13.66	5
13 Bry, Chloe	8	Mason City Swim Club-IA	1:08.10	1:16.65	4

Event 45 Girls 9-10 50 LC Meter Freestyle**40.99 9-10 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Cochran, Delaney	10	Central Iowa Aquatics-IA	33.75	33.81 IASI	20
2 Spear, Lilliana	10	Central Iowa Aquatics-IA	33.62	33.87 IASI	17
3 Freeseman, Ivy	9	Dowling Catholic Riptide Swim-IA	38.08	36.45 IASI	16
4 Qualley, Reagan	10	Greater Des Moines YMCA-IA	36.56	36.48 IASI	15
5 Fausch, Lilly	9	Central Iowa Aquatics-IA	40.93	37.04 IASI	14
6 Cygankova, Alisa	9	Greater Des Moines YMCA-IA	36.71	37.73 IASI	13

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 45 Girls 9-10 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
7	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	35.52	37.99 IASI	12
8	Stein, Sophie	10	Carroll Area Swim Team-IA	38.57	39.14 IASI	11
9	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	52.21	39.24 IASI	9
10	Schweers, Genevieve	10	Central Iowa Aquatics-IA	41.73	39.94 IASI	7
11	Lewis, Rylee	10	Central Iowa Aquatics-IA	38.20	40.00 IASI	6
12	Boese, Clara	9	Des Moines Swim Federation-IA	39.32	40.32 IASI	5
13	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	43.56	40.38 IASI	4
14	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	43.77	40.92 IASI	3
15	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	48.06	40.99 IASI	2
16	Hanson, Hannah	9	Des Moines Swim Federation-IA	43.45	41.57	1
17	McGuire, Edie	10	Greater Des Moines YMCA-IA	46.68	42.36	
*18	Hakeman, Linley	9	Uss Destroyers-IA	NT	42.81	
*18	Hornung, Addy	9	Waukee Waves-IA	43.21	42.81	
20	Ward, Amelia	9	Central Iowa Aquatics-IA	44.11	43.01	
21	Sandman, Grace	9	Central Iowa Aquatics-IA	46.30	43.18	
22	Keeling, Emma	10	Central Iowa Aquatics-IA	44.07	44.54	
23	Vobr, Vobr	9	Northeastern Swim Team-IA	48.59	45.20	
24	Carter, Haley	9	Carroll Area Swim Team-IA	45.40	45.61	
25	Johansen, Adeline	9	Central Iowa Aquatics-IA	NT	46.08	
26	Williams, Quinn	10	Kohawk Aquatics-IA	50.39	46.68	
27	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	45.56	48.14	
28	Luttgeharm, Elaina	10	Central Iowa Aquatics-IA	49.63	49.08	
29	Rowland, Norah	9	Des Moines Swim Federation-IA	51.33	50.11	
30	Gebauer, Marlowe	9	Central Iowa Aquatics-IA	52.81	51.69	
31	Ritchey, Lilo	10	South East Aquatics-IA	1:00.54	51.78	
32	Weatherly, Ellison	9	Johnston Blaze Swim Club-IA	57.79	52.52	
33	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	56.38	53.72	
34	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	53.09	54.40	
35	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	1:26.64	54.89	
36	Spradling, Eliana	9	Central Iowa Aquatics-IA	56.93	56.36	
37	Lewis, Grace	10	Dowling Catholic Riptide Swim-IA	NT	58.23	
38	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	1:06.95	1:04.25	
39	Kerr, Harper	9	Dowling Catholic Riptide Swim-IA	NT	1:14.19	
---	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	43.81	NS	

Event 45 Girls 11-12 50 LC Meter Freestyle**34.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	31.96	31.48 IASI	20
2	Sisul, Jolie	12	South East Aquatics-IA	33.16	32.49 IASI	17
3	Stein, Izzy	12	Carroll Area Swim Team-IA	32.82	33.32 IASI	16
4	Hanson, Aubrey	12	Central Iowa Aquatics-IA	32.95	33.46 IASI	15
5	Brons, Josie	11	Des Moines Swim Federation-IA	33.37	33.68 IASI	14
6	Kittle, Cora	12	Dowling Catholic Riptide Swim-IA	33.75	33.85 IASI	13
7	Larson, Rachel	11	Greater Des Moines YMCA-IA	34.29	34.02 IASI	12
8	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	32.47	34.19 IASI	11
9	Tudor, Ellery	11	Uss Destroyers-IA	37.80	34.57	9
10	Connolly, Grace	12	Greater Des Moines YMCA-IA	33.59	34.65	7
11	Fillius, Willa	12	North Side Swim Team-IA	35.75	34.86	6
12	Holtsnider, Maud	12	Northeastern Swim Team-IA	33.90	34.87	5

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 45 Girls 11-12 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
13	Geovck, Trinity	11	South East Aquatics-IA	35.57	35.07	4
14	Jean, Natiel	11	Greater Des Moines YMCA-IA	35.65	35.14	3
15	Fitch, Lauren	11	North Side Swim Team-IA	36.58	35.29	2
16	Ortega, Evelyn	11	Central Iowa Aquatics-IA	37.91	35.48	1
17	Hakeman, Riley	11	Uss Destroyers-IA	NT	35.68	
18	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	39.03	35.95	
19	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	42.43	36.83	
20	Talley, Serena	11	Central Iowa Aquatics-IA	36.75	37.84	
21	Soukup, Lyv	12	Uss Destroyers-IA	NT	37.95	
22	Murphy, Emmalie	12	Dowling Catholic Riptide Swim-IA	40.83	38.12	
23	Mitchell, Paige	11	Central Iowa Aquatics-IA	39.93	38.44	
24	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	39.24	
25	Bry, Emma	11	Mason City Swim Club-IA	37.38	39.28	
26	Vallas, Effie	11	Central Iowa Aquatics-IA	39.08	40.01	
27	Driscoll, Bailey	12	Mason City Swim Club-IA	39.11	40.29	
28	Cody, Collins	11	Mason City Swim Club-IA	38.98	41.07	
29	Hardee, Anya	12	Mason City Swim Club-IA	40.67	41.71	
30	Davidson, Natalie	11	Central Iowa Aquatics-IA	43.73	41.90	
31	Crouch, Ingrid	12	Dowling Catholic Riptide Swim-IA	46.02	42.61	
32	Kline, Lilly	11	Central Iowa Aquatics-IA	47.15	44.08	
33	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	50.17	45.52	
---	Monaghan, Katie	11	Central Iowa Aquatics-IA	NT	DQ	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	42.89	NS	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	51.33	NS	

Event 46 Boys 8 & Under 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	41.99	43.58	20
2	Schoolen, Max	8	Rams Swim Club-IA	47.32	47.12	17
3	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	50.47	47.45	16
4	Syhlman, Lochlan	8	Rams Swim Club-IA	51.30	50.54	15
5	Bru, Isaac	7	Central Iowa Aquatics-IA	48.14	52.65	14
6	Deetz, Hayden	8	Mason City Swim Club-IA	53.02	56.15	13
7	Demirci, Efe	7	Ames Cyclone Aquatics Club-IA	1:00.31	1:01.52	12

Event 46 Boys 9-10 50 LC Meter Freestyle**40.59 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kokjohn, Cohen	10	Burlington Area Bullsharks-IA	46.43	35.79 IASI	20
2	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	40.63	37.11 IASI	17
3	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	40.04	37.71 IASI	16
4	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	37.73	37.85 IASI	15
5	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	40.68	39.54 IASI	14
6	Israel, Jake	9	Central Iowa Aquatics-IA	39.45	39.81 IASI	13
7	Shaver, Oliver	9	Ames Cyclone Aquatics Club-IA	40.24	40.18 IASI	12
8	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	40.73	11
9	Johnson, Oliver	10	Des Moines Swim Federation-IA	41.96	41.18	9
10	Tourney, Emmett	9	Red Wing Swim Club-MN	44.43	41.68	7
11	Russell, Bennett	9	Central Iowa Aquatics-IA	42.20	41.86	6
*12	Wing, Jackson	10	Des Moines Swim Federation-IA	40.49	41.99	4.50

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 46 Boys 9-10 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
*12	Tran, Colin	9	Central Iowa Aquatics-IA	39.05	41.99	4.50
14	Avitt, Jacob	10	South East Aquatics-IA	NT	43.94	3
15	Brace, Eli	10	Central Iowa Aquatics-IA	NT	44.09	2
16	Long, Arthur	10	Rams Swim Club-IA	46.46	44.68	1
17	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	44.93	44.93	
18	Olsen, Landon	9	Ames Cyclone Aquatics Club-IA	46.94	47.67	
19	Israel, James	9	Central Iowa Aquatics-IA	54.61	52.25	
20	Lassers, Teddy	10	Central Iowa Aquatics-IA	53.11	52.83	
21	Dumermuth, Liam	10	Johnston Blaze Swim Club-IA	1:00.98	55.95	

Event 46 Boys 11-12 50 LC Meter Freestyle**34.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	27.50	26.81 IASI	20
2	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	29.44	28.09 IASI	17
3	Qualley, Parker	12	Greater Des Moines YMCA-IA	30.50	30.27 IASI	16
4	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	31.50	30.68 IASI	15
5	Green, Reilly	12	Des Moines Swim Federation-IA	31.08	31.45 IASI	14
6	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	31.91	32.15 IASI	13
7	Hawks, Jimmy	11	Dowling Catholic Riptide Swim-IA	35.67	33.46 IASI	12
8	Zhang, Allen	12	Des Moines Swim Federation-IA	33.61	33.88 IASI	11
9	Bru, Reece	11	Central Iowa Aquatics-IA	33.04	34.18	9
10	Dingus, Blain	11	Burlington Area Bullsharks-IA	42.56	34.35	7
11	Sisul, Jenner	11	South East Aquatics-IA	34.63	34.47	6
12	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	35.21	5
13	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	33.33	35.53	4
14	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	34.18	35.73	3
15	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	36.08	2
16	Naylor, Jackson	11	Central Iowa Aquatics-IA	39.95	36.57	1
*17	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT		
*17	Williams, Max	12	Kohawk Aquatics-IA	38.93	36.63	
18	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	38.37	37.75	
19	McLeod, Gavin	11	Ames Cyclone Aquatics Club-IA	NT	38.96	
20	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	40.18	39.69	
21	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	39.95	
22	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	40.30	
23	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	44.03	43.50	
24	Reynolds, Jax	12	Uss Destroyers-IA	NT	44.38	
*25	Cook, Kayden	12	Rams Swim Club-IA	43.12	44.49	
*25	Johnson, Henry	12	Dowling Catholic Riptide Swim-IA	43.93	44.49	
27	Sporleder, Connor	12	Rams Swim Club-IA	50.67	50.46	

Event 47 Girls 9-10 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Spear, Lilliana	10	Central Iowa Aquatics-IA	NT	3:33.03	20
2	Bru, Tylar	10	Central Iowa Aquatics-IA	NT	4:26.21	17
3	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	NT	4:32.67	16
4	Benson, Kahlia	10	Red Wing Swim Club-MN	4:53.45	4:38.84	15
5	Jacobson, Whitnee	9	Red Wing Swim Club-MN	4:13.37	4:39.79	14
6	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	NT	4:58.89	13

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	Name	Age	Team	Seed Time	Finals Time	Points
7	Norton, Stella	9	Red Wing Swim Club-MN	5:30.00	4:59.64	12
8	Smyth, Ava	10	Red Wing Swim Club-MN	5:44.75	5:26.66	11
---	McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	NT	DQ	
---	Norton, Coco	10	Red Wing Swim Club-MN	5:06.61	DQ	

Event 47 Girls 11-12 200 LC Meter Breaststroke**3:35.99 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Fay, Ginger	12	Waukeewaukees Waves-IA	2:53.47	2:56.56 IASI	20
2	Peterson, Greta	12	Des Moines Swim Federation-IA	3:16.93	3:07.84 IASI	17
3	Bykova, Sasha	12	Des Moines Swim Federation-IA	NT	3:21.49 IASI	16
4	Lewis, Madyson	12	Central Iowa Aquatics-IA	3:21.70	3:21.55 IASI	15
5	Garnaas, Ava	11	Des Moines Swim Federation-IA	NT	3:22.88 IASI	14
6	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	3:19.30	3:23.61 IASI	13
7	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	3:17.38	3:24.01 IASI	12
8	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	3:28.15	3:24.29 IASI	11
9	Leidinger, Callie	12	Kohawk Aquatics-IA	3:26.68	3:29.67 IASI	9
10	Jacobson, Kinzee	12	Red Wing Swim Club-MN	3:26.81	3:31.28 IASI	7
11	Smyth, Vivi	12	Red Wing Swim Club-MN	3:46.53	3:43.85	6
12	Brons, Josie	11	Des Moines Swim Federation-IA	3:41.73	3:44.92	5
13	Connolly, Grace	12	Greater Des Moines YMCA-IA	3:49.82	3:46.15	4
14	Neese, Savanna	11	Uss Destroyers-IA	NT	3:47.39	3
15	Hanson, Ainslie	11	Red Wing Swim Club-MN	3:52.73	3:55.26	2
16	Murphy, Emmalie	12	Dowling Catholic Riptide Swim-IA	NT	3:57.80	1
17	Davidson, Natalie	11	Central Iowa Aquatics-IA	NT	4:11.46	
18	Stinson, Ellie	12	Red Wing Swim Club-MN	4:45.00	4:15.57	
---	Cygankova, Polina	12	Greater Des Moines YMCA-IA	3:39.04	DQ	
---	Hakeman, Riley	11	Uss Destroyers-IA	NT	NS	

Event 48 Boys 9-10 200 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Garrison, Jonah	9	Rams Swim Club-IA	4:17.63	3:47.83	20
2	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	NT	3:53.04	17

Event 48 Boys 11-12 200 LC Meter Breaststroke**3:28.69 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	NT	3:06.99 IASI	20
2	Fausch, Zach	11	Central Iowa Aquatics-IA	3:15.91	3:19.49 IASI	17
3	Bru, Reece	11	Central Iowa Aquatics-IA	3:32.32	3:37.01	16
4	Williams, Max	12	Kohawk Aquatics-IA	NT	3:39.04	15
5	Johnson, Ryker	11	South East Aquatics-IA	NT	3:40.38	14
6	Thomas, Ethan	12	Rams Swim Club-IA	3:48.23	3:50.35	13
7	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	3:54.99	12
8	Cody, Jay	11	Red Wing Swim Club-MN	5:06.99	6:03.18	11
---	Otis, Bennett	12	Des Moines Swim Federation-IA	3:35.50	NS	

Event 49 Girls 8 & Under 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	1:42.39	1:38.24	20
2	Cochran, Clara	8	Central Iowa Aquatics-IA	1:52.01	1:54.55	17

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 49 Girls 8 & Under 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Boese, Alice	7	Des Moines Swim Federation-IA	NT	1:59.97	16
4	Chen, Zoey	8	Des Moines Swim Federation-IA	1:57.88	2:02.00	15
5	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	NT	2:03.23	14
6	Simmons, Isla	8	Rams Swim Club-IA	1:59.37	2:05.31	13
7	Heusinkveld, Evelyn	8	Des Moines Swim Federation-IA	2:12.98	2:16.27	12
8	Books, Londyn	7	Uss Destroyers-IA	NT	2:20.04	11
---	Bry, Chloe	8	Mason City Swim Club-IA	NT	NS	

Event 49 Girls 9-10 100 LC Meter Backstroke**1:45.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	1:22.57	1:22.81 IASI	20
2	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	1:41.07	1:32.31 IASI	17
3	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	NT	1:34.07 IASI	16
4	Spear, Lilliana	10	Central Iowa Aquatics-IA	1:56.49	1:36.24 IASI	15
5	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	1:35.31	1:36.48 IASI	14
6	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	1:38.93	1:36.78 IASI	13
7	Johnson, Kyla	10	Des Moines Swim Federation-IA	1:40.33	1:39.21 IASI	12
8	Mooney, Sabrina	10	Des Moines Swim Federation-IA	1:36.36	1:39.56 IASI	11
9	Thomas, Liv	10	Rams Swim Club-IA	1:42.05	1:40.12 IASI	9
10	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	1:34.97	1:40.91 IASI	7
11	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	2:00.27	1:45.28 IASI	6
12	Howe, Mollie	10	Central Iowa Aquatics-IA	NT	1:45.39 IASI	5
13	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	1:57.06	1:45.75 IASI	4
14	Fleming, Braylee	10	Rams Swim Club-IA	1:41.38	1:45.93 IASI	3
15	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	1:45.76	1:46.26	2
16	Boese, Clara	9	Des Moines Swim Federation-IA	1:46.03	1:46.71	1
17	Lewis, Rylee	10	Central Iowa Aquatics-IA	1:59.79	1:47.25	
18	Benson, Kahlia	10	Red Wing Swim Club-MN	1:41.70	1:49.35	
19	Norton, Coco	10	Red Wing Swim Club-MN	1:57.83	1:50.57	
20	Vobr, Vobr	9	Northeastern Swim Team-IA	1:59.67	1:50.98	
21	Hornung, Addy	9	Waukee Waves-IA	1:51.59	1:51.47	
22	Hanson, Hannah	9	Des Moines Swim Federation-IA	1:54.03	1:53.14	
23	Rowland, Norah	9	Des Moines Swim Federation-IA	NT	1:56.09	
24	McGuire, Edie	10	Greater Des Moines YMCA-IA	2:14.70	1:56.33	
25	Jacobson, Whitnee	9	Red Wing Swim Club-MN	1:51.05	1:58.06	
26	Smyth, Ava	10	Red Wing Swim Club-MN	2:32.89	1:58.08	
27	McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	2:03.71	1:58.34	
28	Norton, Stella	9	Red Wing Swim Club-MN	1:30.11	2:00.05	
29	Ward, Amelia	9	Central Iowa Aquatics-IA	2:10.56	2:02.10	
30	Luttgeham, Elaina	10	Central Iowa Aquatics-IA	NT	2:10.32	
31	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	2:33.81	2:11.10	
32	Lewis, Grace	10	Dowling Catholic Riptide Swim-IA	NT	2:12.66	
33	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	NT	2:24.58	
---	Ritchey, Lilo	10	South East Aquatics-IA	2:37.47	DQ	
---	Williams, Quinn	10	Kohawk Aquatics-IA	2:05.37	DQ	
---	Stein, Sophie	10	Carroll Area Swim Team-IA	NT	DQ	
---	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	NT	DQ	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 49 Girls 11-12 100 LC Meter Backstroke****1:27.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hornung, Harper	11	Waukee Waves-IA	1:19.24	1:17.53 IASI	20
2	Bykova, Sasha	12	Des Moines Swim Federation-IA	1:17.41	1:17.85 IASI	17
3	Cygankova, Polina	12	Greater Des Moines YMCA-IA	1:20.01	1:22.28 IASI	16
4	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	1:23.41	1:23.07 IASI	15
5	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	1:24.49	1:23.62 IASI	14
6	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	1:24.52	1:23.91 IASI	13
7	Fitch, Lauren	11	North Side Swim Team-IA	1:25.49	1:24.26 IASI	12
8	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	1:24.88	1:24.45 IASI	11
9	Hanson, Aubrey	12	Central Iowa Aquatics-IA	1:25.48	1:25.61 IASI	9
10	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	1:25.68	1:26.31 IASI	7
11	Garrison, Jorgia	11	Rams Swim Club-IA	1:29.02	1:26.65 IASI	6
12	Tran, Victoria	12	Central Iowa Aquatics-IA	1:27.62	1:28.16	5
13	Ortega, Evelyn	11	Central Iowa Aquatics-IA	1:33.70	1:28.36	4
14	Israel, Brynn	11	Central Iowa Aquatics-IA	1:43.11	1:28.70	3
15	Fillius, Willa	12	North Side Swim Team-IA	NT	1:29.81	2
16	Stein, Izzy	12	Carroll Area Swim Team-IA	1:22.98	1:30.35	1
17	Schoolen, Ruby	12	Rams Swim Club-IA	1:44.74	1:31.23	
18	Books, Malia	12	Uss Destroyers-IA	1:36.74	1:31.42	
19	Smyth, Vivi	12	Red Wing Swim Club-MN	1:28.77	1:31.49	
20	Jacobson, Kinzee	12	Red Wing Swim Club-MN	1:28.52	1:31.71	
21	Sisul, Jolie	12	South East Aquatics-IA	1:46.88	1:32.24	
22	Larson, Rachel	11	Greater Des Moines YMCA-IA	1:42.91	1:32.27	
23	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	1:36.46	1:32.56	
24	Neese, Savanna	11	Uss Destroyers-IA	1:53.32	1:35.26	
25	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	1:55.85	1:37.02	
26	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	2:04.69	1:41.83	
27	Vallas, Effie	11	Central Iowa Aquatics-IA	1:49.63	1:42.33	
28	Cody, Collins	11	Mason City Swim Club-IA	1:42.78	1:42.75	
29	Bry, Emma	11	Mason City Swim Club-IA	1:43.01	1:43.42	
30	Talley, Serena	11	Central Iowa Aquatics-IA	1:43.04	1:43.76	
31	Kreutzer, Kinsley	12	Greater Des Moines YMCA-IA	1:49.82	1:46.32	
32	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	1:50.62	
33	Davidson, Natalie	11	Central Iowa Aquatics-IA	2:19.16	1:51.13	
34	Stinson, Ellie	12	Red Wing Swim Club-MN	1:54.56	1:54.00	
35	Hardee, Anya	12	Mason City Swim Club-IA	1:51.40	1:54.83	
36	Driscoll, Bailey	12	Mason City Swim Club-IA	1:58.72	1:54.87	
37	Kline, Lilly	11	Central Iowa Aquatics-IA	1:56.78	1:56.30	
38	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	2:36.76	2:00.28	
---	Hanson, Ainslie	11	Red Wing Swim Club-MN	1:35.39	DQ	
---	Holtsnider, Maud	12	Northeastern Swim Team-IA	NT	DQ	
---	Kittle, Cora	12	Dowling Catholic Riptide Swim-IA	1:19.10	DFS	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	2:01.89	NS	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	1:44.14	NS	

Event 50 Boys 8 & Under 100 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	1:48.51	1:47.94	20
2	Syhlman, Lochlan	8	Rams Swim Club-IA	1:57.35	1:58.90	17

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 50 Boys 8 & Under 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
3	Schoolen, Max	8	Rams Swim Club-IA	2:02.94	2:04.37	16
4	Bru, Isaac	7	Central Iowa Aquatics-IA	NT	2:10.72	15
5	Thomas, Noah	7	Rams Swim Club-IA	NT	2:12.50	14
6	Deetz, Hayden	8	Mason City Swim Club-IA	NT	2:17.19	13

Event 50 Boys 9-10 100 LC Meter Backstroke**1:43.09 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	1:21.14	1:21.27 IASI	20
2	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	1:55.25	1:33.98 IASI	17
3	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	1:37.49	1:39.23 IASI	16
4	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	1:42.95	1:39.83 IASI	15
5	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	1:45.22	14
6	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	1:48.81	1:47.20	13
7	Feeney, Owen	10	Des Moines Swim Federation-IA	1:45.55	1:47.93	12
8	Russell, Bennett	9	Central Iowa Aquatics-IA	1:47.82	1:48.06	11
9	Wing, Jackson	10	Des Moines Swim Federation-IA	1:42.65	1:52.01	9
10	Long, Arthur	10	Rams Swim Club-IA	1:52.99	1:54.32	7
11	Avitt, Jacob	10	South East Aquatics-IA	NT	1:54.49	6
12	Olsen, Landon	9	Ames Cyclone Aquatics Club-IA	NT	1:56.58	5
13	Connolly, James	9	Greater Des Moines YMCA-IA	1:57.86	2:00.30	4
14	Grote, Hank	10	Rams Swim Club-IA	NT	2:03.52	3

Event 50 Boys 11-12 100 LC Meter Backstroke**1:27.99 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	1:08.11	1:07.69 IASI	20
2	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	1:14.55	1:15.73 IASI	17
3	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	1:19.33	1:17.04 IASI	16
4	Qualley, Parker	12	Greater Des Moines YMCA-IA	1:19.77	1:17.72 IASI	15
5	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	1:44.08	1:19.99 IASI	14
6	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	1:22.90	1:21.26 IASI	13
7	Green, Reilly	12	Des Moines Swim Federation-IA	1:20.25	1:21.67 IASI	12
8	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	1:21.65	1:22.35 IASI	11
9	Smith, Harry	12	Des Moines Swim Federation-IA	1:25.54	1:23.24 IASI	9
10	Zhang, Allen	12	Des Moines Swim Federation-IA	1:27.19	1:27.69 IASI	7
11	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	1:28.19	6
12	LaPan, Henry	11	Uss Destroyers-IA	1:33.67	1:29.40	5
13	Dingus, Blain	11	Burlington Area Bullsharks-IA	NT	1:30.59	4
14	Todsen, Gavin	12	Central Iowa Aquatics-IA	NT	1:30.80	3
15	McLeod, Gavin	11	Ames Cyclone Aquatics Club-IA	1:40.55	1:32.09	2
16	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	1:49.29	1:32.94	1
17	Carpenter, Malachi	11	Central Iowa Aquatics-IA	1:41.21	1:37.58	
18	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	1:38.99	
19	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	1:39.37	
20	Sexton, James	11	Central Iowa Aquatics-IA	1:41.85	1:41.61	
21	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	1:45.42	1:42.31	
22	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	1:45.85	1:42.95	
23	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	1:47.09	
24	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	1:48.72	1:50.29	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 50 Boys 11-12 100 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
25	Reynolds, Jax	12	Uss Destroyers-IA	NT	1:52.65	
26	Carter, Thomas	11	Carroll Area Swim Team-IA	1:46.90	1:52.67	
27	Cook, Kayden	12	Rams Swim Club-IA	1:48.32	1:54.75	
28	Cody, Jay	11	Red Wing Swim Club-MN	2:05.99	2:04.50	
29	Sporleder, Connor	12	Rams Swim Club-IA	2:05.52	2:05.90	
---	Sisul, Jenner	11	South East Aquatics-IA	1:30.44	DQ	
---	Otis, Bennett	12	Des Moines Swim Federation-IA	1:21.55	NS	
---	Harmon, Dean	11	Rams Swim Club-IA	NT	NS	

Event 51 Girls 8 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	O'Brien, Evelyn	8	Burlington Area Bullsharks-IA	NT	54.33	20
2	Cochran, Clara	8	Central Iowa Aquatics-IA	1:02.57	59.68	17
3	Chen, Zoey	8	Des Moines Swim Federation-IA	1:03.25	1:06.33	16
4	Books, Londyn	7	Uss Destroyers-IA	1:20.08	1:14.16	15
5	Hancock, Charlotte	8	Central Iowa Aquatics-IA	1:10.61	1:14.35	14
6	Simmons, Isla	8	Rams Swim Club-IA	1:18.70	1:25.02	13
7	Boese, Alice	7	Des Moines Swim Federation-IA	NT	1:27.94	12
8	Bry, Chloe	8	Mason City Swim Club-IA	1:24.42	1:32.18	11
---	Flickinger, Gwen	8	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Dumermuth, Della	8	Johnston Blaze Swim Club-IA	NT	DQ	
---	Tomka, Evelyn	6	Dowling Catholic Riptide Swim-IA	NT	DQ	

Event 51 Girls 9-10 50 LC Meter Breaststroke**57.29 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Qualley, Reagan	10	Greater Des Moines YMCA-IA	44.59	43.48 IASI	20
2	Spear, Lilliana	10	Central Iowa Aquatics-IA	45.78	45.68 IASI	17
3	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	48.65	49.18 IASI	16
4	Fausch, Lilly	9	Central Iowa Aquatics-IA	52.44	51.10 IASI	15
5	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	49.13	51.24 IASI	14
6	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	53.80	52.80 IASI	13
7	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	1:08.65	55.18 IASI	12
8	Hakeman, Linley	9	Uss Destroyers-IA	NT	55.40 IASI	11
9	Johnson, Kyla	10	Des Moines Swim Federation-IA	57.64	56.07 IASI	9
10	Bru, Tylar	10	Central Iowa Aquatics-IA	54.92	57.89	7
11	Stein, Sophie	10	Carroll Area Swim Team-IA	57.48	58.09	6
12	Hornung, Addy	9	Waukee Waves-IA	1:00.10	58.32	5
13	Williams, Quinn	10	Kohawk Aquatics-IA	NT	58.68	4
14	Boese, Clara	9	Des Moines Swim Federation-IA	1:17.48	59.30	3
15	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	1:02.38	59.94	2
16	McGuire, Edie	10	Greater Des Moines YMCA-IA	1:07.32	1:00.74	1
17	McLaren, Hannah	10	Dowling Catholic Riptide Swim-IA	1:02.75	1:01.69	
18	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	1:04.73	1:02.00	
19	Schweers, Genevieve	10	Central Iowa Aquatics-IA	NT	1:02.94	
20	Keeling, Emma	10	Central Iowa Aquatics-IA	1:04.58	1:03.16	
21	Lewis, Rylee	10	Central Iowa Aquatics-IA	1:02.99	1:05.80	
22	Ritchey, Lilo	10	South East Aquatics-IA	1:08.76	1:05.88	
23	Sandman, Grace	9	Central Iowa Aquatics-IA	1:07.02	1:05.91	
24	Johansen, Adeline	9	Central Iowa Aquatics-IA	1:10.72	1:07.27	

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	Name	Age	Team	Seed Time	Finals Time	Points
25	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	1:27.28	1:08.20	
26	Carter, Haley	9	Carroll Area Swim Team-IA	1:15.18	1:10.52	
27	Luttgeharm, Elaina	10	Central Iowa Aquatics-IA	1:15.67	1:11.20	
28	Hanson, Hannah	9	Des Moines Swim Federation-IA	1:12.35	1:14.92	
29	Gebauer, Marlowe	9	Central Iowa Aquatics-IA	1:42.07	1:36.42	
---	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Spradling, Eliana	9	Central Iowa Aquatics-IA	1:11.77	DQ	
---	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	56.91	NS	

Event 51 Girls 11-12 50 LC Meter Breaststroke**45.49 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Fay, Ginger	12	Waukee Waves-IA	38.34	37.34 IASI	20
2	Peterson, Greta	12	Des Moines Swim Federation-IA	38.93	39.00 IASI	17
3	Garnaas, Ava	11	Des Moines Swim Federation-IA	44.03	42.13 IASI	16
4	Sisul, Jolie	12	South East Aquatics-IA	42.99	42.32 IASI	15
5	Lewis, Madyson	12	Central Iowa Aquatics-IA	43.47	44.61 IASI	14
6	Baker, Caroline	11	Central Iowa Aquatics-IA	44.14	45.26 IASI	13
7	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	46.76	45.28 IASI	12
8	Hakeman, Riley	11	Uss Destroyers-IA	50.96	46.53	11
9	Connolly, Grace	12	Greater Des Moines YMCA-IA	48.92	48.08	9
10	Hanson, Aubrey	12	Central Iowa Aquatics-IA	45.52	48.84	7
11	Kittle, Cora	12	Dowling Catholic Riptide Swim-IA	51.48	49.81	6
12	Ortega, Evelyn	11	Central Iowa Aquatics-IA	51.87	50.11	5
13	Holtsnider, Maud	12	Northeastern Swim Team-IA	49.78	51.27	4
14	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	52.27	52.53	3
15	Talley, Serena	11	Central Iowa Aquatics-IA	50.67	52.82	2
16	Mitchell, Paige	11	Central Iowa Aquatics-IA	53.41	53.11	1
17	Driscoll, Bailey	12	Mason City Swim Club-IA	54.43	53.51	
18	Krantz, Ruth	11	Dowling Catholic Riptide Swim-IA	52.74	53.58	
19	Soukup, Lyv	12	Uss Destroyers-IA	NT	55.29	
20	Davidson, Natalie	11	Central Iowa Aquatics-IA	55.10	55.41	
21	Vallas, Effie	11	Central Iowa Aquatics-IA	54.17	56.09	
22	Kreutzer, Kinsley	12	Greater Des Moines YMCA-IA	NT	1:00.86	
23	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	1:07.24	1:05.82	
24	Kline, Lilly	11	Central Iowa Aquatics-IA	1:07.58	1:07.17	
---	Hardee, Anya	12	Mason City Swim Club-IA	59.04	DQ	
---	Monaghan, Katie	11	Central Iowa Aquatics-IA	NT	DQ	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	49.07	NS	
---	Cunningham, Jaily	12	Rams Swim Club-IA	1:11.03	NS	

Event 52 Boys 8 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	58.04	58.39	20
2	Demirci, Efe	7	Ames Cyclone Aquatics Club-IA	1:14.47	1:14.56	17

Event 52 Boys 9-10 50 LC Meter Breaststroke**56.49 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kokjohn, Cohen	10	Burlington Area Bullsharks-IA	57.79	47.19 IASI	20

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	Name	Age	Team	Seed Time	Finals Time	Points
2	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	48.34	49.57 IASI	17
3	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	1:07.16	54.19 IASI	16
4	Tran, Colin	9	Central Iowa Aquatics-IA	57.12	55.52 IASI	15
5	Tourney, Emmett	9	Red Wing Swim Club-MN	58.62	56.92	14
6	Israel, Jake	9	Central Iowa Aquatics-IA	1:03.04	58.61	13
7	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	56.67	58.66	12
8	Avitt, Jacob	10	South East Aquatics-IA	NT	1:00.59	11
9	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	1:01.02	1:00.93	9
10	Russell, Bennett	9	Central Iowa Aquatics-IA	1:10.18	1:01.97	7
11	Shaver, Oliver	9	Ames Cyclone Aquatics Club-IA	NT	1:02.50	6
12	Brace, Eli	10	Central Iowa Aquatics-IA	NT	1:03.65	5
13	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	1:05.33	4
14	Brase, Kieran	10	Dowling Catholic Riptide Swim-IA	NT	1:07.59	3
15	Olsen, Landon	9	Ames Cyclone Aquatics Club-IA	NT	1:09.91	2
16	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	1:07.78	1:14.66	1
17	Lassers, Teddy	10	Central Iowa Aquatics-IA	NT	1:21.96	
---	Connolly, James	9	Greater Des Moines YMCA-IA	1:12.39	DQ	
---	Israel, James	9	Central Iowa Aquatics-IA	NT	DQ	

Event 52 Boys 11-12 50 LC Meter Breaststroke**45.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	38.74	39.12 IASI	20
2	Qualley, Parker	12	Greater Des Moines YMCA-IA	40.20	40.45 IASI	17
3	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	43.03	41.60 IASI	16
4	Fausch, Zach	11	Central Iowa Aquatics-IA	43.51	44.21 IASI	15
5	Freese, Griffin	12	Dowling Catholic Riptide Swim-IA	48.33	46.00	14
6	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	46.72	46.15	13
7	Williams, Max	12	Kohawk Aquatics-IA	50.39	48.47	12
8	Reynolds, Jax	12	Uss Destroyers-IA	NT	52.06	11
9	Carpenter, Malachi	11	Central Iowa Aquatics-IA	54.35	52.77	9
10	Todsen, Gavin	12	Central Iowa Aquatics-IA	51.97	52.95	7
11	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	51.25	54.43	6
12	Slama, Mason	12	Central Iowa Aquatics-IA	53.31	54.81	5
13	Johnson, Henry	12	Dowling Catholic Riptide Swim-IA	56.88	56.65	4
14	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	57.01	3
15	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	1:04.72	57.63	2
16	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	58.60	1
17	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	59.47	1:00.32	
18	Carter, Thomas	11	Carroll Area Swim Team-IA	NT	1:03.49	
19	Cody, Jay	11	Red Wing Swim Club-MN	1:09.99	1:20.36	
---	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Bru, Reece	11	Central Iowa Aquatics-IA	44.07	NS	

Event 53 Girls 8 & Under 100 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	2:14.08	2:08.61	20
2	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	2:45.94	2:36.54	17

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 53 Girls 9-10 100 LC Meter Butterfly****1:52.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Qualley, Reagan	10	Greater Des Moines YMCA-IA	1:27.85	1:26.91 IASI	20
2	Cochran, Delaney	10	Central Iowa Aquatics-IA	NT	1:39.02 IASI	17
3	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	NT	1:47.24 IASI	16
4	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	1:57.72	1:48.84 IASI	15
5	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	2:07.60	1:49.49 IASI	14
6	Thomas, Liv	10	Rams Swim Club-IA	2:09.80	1:59.00	13
7	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	NT	1:59.73	12
8	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	1:45.73	2:02.27	11
9	Mooney, Sabrina	10	Des Moines Swim Federation-IA	NT	2:04.85	9
---	Ward, Amelia	9	Central Iowa Aquatics-IA	2:03.90	DQ	
---	Spear, Lilliana	10	Central Iowa Aquatics-IA	1:36.98	NS	

Event 53 Girls 11-12 100 LC Meter Butterfly**1:28.49 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schoolen, Ruby	12	Rams Swim Club-IA	1:21.05	1:18.78 IASI	20
2	Bykova, Sasha	12	Des Moines Swim Federation-IA	1:21.67	1:20.52 IASI	17
3	Cygankova, Polina	12	Greater Des Moines YMCA-IA	1:27.06	1:23.51 IASI	16
4	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	1:25.79	1:23.86 IASI	15
5	Leidinger, Callie	12	Kohawk Aquatics-IA	1:26.62	1:24.28 IASI	14
6	Hornung, Harper	11	Waukee Waves-IA	1:34.04	1:24.87 IASI	13
7	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	1:27.80	1:25.11 IASI	12
8	Tudor, Ellery	11	Uss Destroyers-IA	1:43.54	1:25.35 IASI	11
9	Garrison, Jorgia	11	Rams Swim Club-IA	1:25.98	1:26.31 IASI	9
10	Books, Malia	12	Uss Destroyers-IA	2:25.08	1:27.81 IASI	7
11	Israel, Brynn	11	Central Iowa Aquatics-IA	1:29.98	1:32.59	6
12	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	1:39.09	1:34.08	5
13	Garnaas, Ava	11	Des Moines Swim Federation-IA	1:35.24	1:37.99	4
14	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	NT	1:39.05	3
15	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	1:37.54	1:45.04	2
16	Neese, Savanna	11	Uss Destroyers-IA	2:06.68	1:52.81	1
17	Bry, Emma	11	Mason City Swim Club-IA	NT	2:00.82	
18	Cody, Collins	11	Mason City Swim Club-IA	2:05.36	2:05.61	
---	Gevoek, Trinity	11	South East Aquatics-IA	1:29.86	NS	

Event 54 Boys 9-10 100 LC Meter Butterfly**1:50.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	1:20.03	1:21.18 IASI	20
2	Van Soelen, Harrison	10	Des Moines Swim Federation-IA	NT	1:37.73 IASI	17
3	Tourney, Emmett	9	Red Wing Swim Club-MN	NT	1:55.96	16

Event 54 Boys 11-12 100 LC Meter Butterfly**1:26.29 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	1:10.56	1:08.37 IASI	20
2	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	1:14.55	1:12.69 IASI	17
3	Green, Reilly	12	Des Moines Swim Federation-IA	1:19.39	1:18.78 IASI	16
4	Smith, Harry	12	Des Moines Swim Federation-IA	1:55.05	1:25.49 IASI	15

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	Name	Age	Team	Seed Time	Finals Time	Points
5	Dingus, Blain	11	Burlington Area Bullsharks-IA	NT	1:26.69	14
6	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	1:37.93	1:34.00	13
7	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	1:25.21	1:34.27	12
8	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	1:38.50	11
9	Sisul, Jenner	11	South East Aquatics-IA	1:57.79	1:43.65	9
10	LaPan, Henry	11	Uss Destroyers-IA	1:46.05	1:46.35	7
---	Sexton, James	11	Central Iowa Aquatics-IA	1:34.40	DQ	
---	Bru, Reece	11	Central Iowa Aquatics-IA	1:21.39	NS	

Event 55 Girls 9-10 400 LC Meter Freestyle**6:51.09 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mooney, Sabrina	10	Des Moines Swim Federation-IA	NT	6:05.11 IASI	20
2	Johnson, Kyla	10	Des Moines Swim Federation-IA	6:22.48	6:13.47 IASI	17
3	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	6:55.08	16
4	Howe, Mollie	10	Central Iowa Aquatics-IA	NT	7:20.58	15
5	Jacobson, Whitnee	9	Red Wing Swim Club-MN	7:33.37	7:26.53	14
6	Benson, Kahlia	10	Red Wing Swim Club-MN	7:18.01	7:30.46	13
7	Luttgeham, Elaina	10	Central Iowa Aquatics-IA	NT	9:12.74	12

Event 55 Girls 11-12 400 LC Meter Freestyle**5:49.69 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	5:13.17	5:05.08 IASI	20
2	Gevoek, Trinity	11	South East Aquatics-IA	5:43.11	5:25.10 IASI	17
3	Tran, Victoria	12	Central Iowa Aquatics-IA	5:26.03	5:32.98 IASI	16
4	Peterson, Greta	12	Des Moines Swim Federation-IA	5:38.05	5:33.01 IASI	15
5	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	5:35.47	5:40.21 IASI	14
6	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	6:20.98	5:41.08 IASI	13
7	Fillius, Willa	12	North Side Swim Team-IA	6:15.34	5:41.50 IASI	12
8	Smyth, Vivi	12	Red Wing Swim Club-MN	5:42.20	5:43.11 IASI	11
9	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	NT	5:44.38 IASI	9
10	Brons, Josie	11	Des Moines Swim Federation-IA	5:25.70	5:46.71 IASI	7
11	Baker, Caroline	11	Central Iowa Aquatics-IA	5:52.37	5:47.68 IASI	6
12	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	5:59.52	5:50.37	5
13	Fitch, Lauren	11	North Side Swim Team-IA	6:09.88	5:50.68	4
14	Stein, Izzy	12	Carroll Area Swim Team-IA	5:45.33	5:50.85	3
15	Larson, Rachel	11	Greater Des Moines YMCA-IA	5:55.19	5:51.62	2
16	Soukup, Lyv	12	Uss Destroyers-IA	NT	5:52.65	1
17	Israel, Brynn	11	Central Iowa Aquatics-IA	5:50.14	5:55.00	
18	Hanson, Aubrey	12	Central Iowa Aquatics-IA	5:49.10	5:55.26	
19	Jacobson, Kinzee	12	Red Wing Swim Club-MN	NT	5:58.85	
20	Butler, Mathilde	12	Greater Des Moines YMCA-IA	NT	6:11.71	
21	Bry, Emma	11	Mason City Swim Club-IA	7:31.89	6:47.52	
22	Hanson, Ainslie	11	Red Wing Swim Club-MN	6:42.12	6:49.48	
23	Driscoll, Bailey	12	Mason City Swim Club-IA	7:02.60	7:03.49	
24	Cody, Collins	11	Mason City Swim Club-IA	7:52.89	7:08.35	
---	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	5:31.42	NS	
---	Lewis, Madyson	12	Central Iowa Aquatics-IA	5:27.58	NS	

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	5:25.86	5:17.54 IASI	20

Event 56 Boys 11-12 400 LC Meter Freestyle**5:48.69 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	4:37.28	4:38.77 IASI	20
2	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	6:02.44	5:24.38 IASI	17
3	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	5:36.89	5:26.19 IASI	16
4	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	NT	5:28.04 IASI	15
5	Zhang, Allen	12	Des Moines Swim Federation-IA	5:52.97	5:37.29 IASI	14
6	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	6:02.14	5:43.45 IASI	13
7	Fausch, Zach	11	Central Iowa Aquatics-IA	6:03.67	5:49.59	12
8	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	NT	6:03.17	11
9	Johnson, Ryker	11	South East Aquatics-IA	NT	6:04.57	9
10	LaPan, Henry	11	Uss Destroyers-IA	6:34.39	6:15.03	7
11	Naylor, Jackson	11	Central Iowa Aquatics-IA	NT	6:21.76	6
12	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	6:46.24	6:40.76	5
13	Slama, Mason	12	Central Iowa Aquatics-IA	7:19.59	7:04.67	4
---	Otis, Bennett	12	Des Moines Swim Federation-IA	5:28.64	NS	

Event 57 Girls 12 & Under 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Rams Swim Club-IA	A	2:25.00	2:25.48
	1) Schoolen, Ruby 12	2) Thomas, Liv 10	3) Fleming, Braylee 10	4) Garrison, Jorgia 11
2	Central Iowa Aquatics-IA	D	2:42.81	2:36.17
	1) Sandman, Grace 9	2) Talley, Serena 11	3) Hancock, Charlotte 8	4) Tran, Victoria 12
3	Central Iowa Aquatics-IA	C	2:39.27	2:36.33
	1) Cochran, Clara 8	2) Cochran, Delaney 10	3) Vallas, Effie 11	4) Fausch, Lilly 9
4	Mason City Swim Club-IA	A	2:48.20	2:38.22
	1) Cody, Collins 11	2) Hardee, Anya 12	3) Driscoll, Bailey 12	4) Bry, Emma 11
5	Central Iowa Aquatics-IA	F	3:16.81	2:39.10
	1) Schweers, Genevieve 20	2) Howe, Mollie 10	3) Davidson, Natalie 11	4) Israel, Brynn 11
6	Central Iowa Aquatics-IA	B	2:38.85	2:40.65
	1) Ortega, Evelyn 11	2) Keeling, Emma 10	3) Bru, Tylar 10	4) Spear, Lilliana 10
7	Central Iowa Aquatics-IA	E	2:43.68	2:42.15
	1) Mitchell, Paige 11	2) Luttgeharm, Elaina 10	3) Kline, Lilly 11	4) Baker, Caroline 11
8	Central Iowa Aquatics-IA	G	NT	3:16.40
	1) Warg-Farver, Paige 8	2) Johansen, Adeline 9	3) Gebauer, Marlowe 9	4) Ward, Amelia 9
9	Central Iowa Aquatics-IA	A	2:36.90	3:24.74
	1) Lewis, Rylee 10	2) Hanson, Aubrey 12	3) Monaghan, Katie 11	4) Lewis, Madyson 12

Event 58 Boys 12 & Under 200 LC Meter Freestyle Relay

	Team	Relay	Seed Time	Finals Time
1	Central Iowa Aquatics-IA	B	2:55.99	2:47.10
	1) Sexton, James 11	2) Slama, Mason 12	3) Israel, James 9	4) Todsens, Gavin 12
2	Central Iowa Aquatics-IA	C	4:30.16	2:56.63
	1) Bru, Isaac 7	2) Sandquist, Henry 11	3) Russell, Bennett 9	4) Naylor, Jackson 11
3	Rams Swim Club-IA	A	2:54.00	3:06.88
	1) Cramer, Sawyer 8	2) Schoolen, Max 8	3) Long, Arthur 10	4) Garrison, Jonah 9

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Team	Relay	Seed Time	Finals Time
--- Central Iowa Aquatics-IA	A	2:47.19	DQ
1) Brace, Eli 10	2) Carpenter, Malachi 11	3) Israel, Jake 9	4) Fausch, Zach 11

Event 59 Girls 13-14 200 LC Meter Freestyle**2:32.49 13-14 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Swaim, Maddy	13	Des Moines Swim Federation-IA	2:19.62	2:19.77 IASI	20
2 Gevock, Piper	14	South East Aquatics-IA	2:22.40	2:21.65 IASI	17
3 Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	2:27.61	2:26.80 IASI	16
4 Cygankova, Lidia	13	Greater Des Moines YMCA-IA	2:31.93	2:26.89 IASI	15
5 Assaad, Dana	13	Central Iowa Aquatics-IA	2:29.68	2:27.32 IASI	14
6 Frantum, Maddie	13	Central Iowa Aquatics-IA	2:30.99	2:28.33 IASI	13
7 McCloud, Reid	14	South East Aquatics-IA	2:27.12	2:28.56 IASI	12
8 Pekarek, Anna	13	Rams Swim Club-IA	2:25.82	2:29.11 IASI	11
9 Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	2:35.06	2:30.31 IASI	9
10 Hudson, Natalie	13	Des Moines Swim Federation-IA	2:33.95	2:31.05 IASI	7
11 Hedrick, Piper	14	Central Iowa Aquatics-IA	2:31.57	2:31.65 IASI	6
12 Dee, Adilyn	14	Central Iowa Aquatics-IA	2:27.11	2:35.48	5
13 Jacobson, Charlee	14	Red Wing Swim Club-MN	2:38.46	2:36.39	4
14 Huston, Harper	13	Central Iowa Aquatics-IA	2:38.81	2:36.65	3
15 Davis, Chloe	14	Des Moines Swim Federation-IA	2:37.32	2:36.81	2
16 Elmore, Addison	14	Central Iowa Aquatics-IA	2:29.74	2:37.91	1
17 Boevers, Makenna	13	Uss Destroyers-IA	2:47.70	2:38.11	
18 Roberts, Kelyn	14	Rams Swim Club-IA	2:33.09	2:38.83	
19 Mason, Adelyn	14	Central Iowa Aquatics-IA	2:58.12	2:39.36	
20 Baker, Norah	14	Central Iowa Aquatics-IA	2:31.97	2:39.75	
21 Gruenisen, Sami	14	Central Iowa Aquatics-IA	2:42.49	2:41.30	
22 Smith, Ella	14	Des Moines Swim Federation-IA	2:35.09	2:41.58	
23 Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	2:46.03	2:44.12	
24 Murray, Brynn	14	Mason City Swim Club-IA	2:39.10	2:49.88	
25 Fisher, Corinne	13	Mason City Swim Club-IA	2:55.06	2:51.90	
26 Kern, Elizabeth	14	South East Aquatics-IA	NT	2:53.51	
27 Konchalski, Delaney	13	North Side Swim Team-IA	2:54.85	2:56.51	
28 Lepley, Hunter	14	North Side Swim Team-IA	2:56.24	2:57.00	
29 Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	3:04.02	2:57.38	
30 Honkamp, Claire	14	Des Moines Swim Federation-IA	2:57.01	2:57.65	
31 Shelton, Macie	13	Uss Destroyers-IA	3:28.15	3:05.31	
32 VanDis, Adah	13	Des Moines Swim Federation-IA	3:11.21	3:11.23	
33 Jenkins, Josie	13	South East Aquatics-IA	NT	3:16.88	
34 Burt, Bailey	13	Rams Swim Club-IA	NT	3:22.65	
35 Cunningham, Lydia	13	North Side Swim Team-IA	3:23.33	3:29.70	
--- Brown, Clara	13	Fort Dodge Area Swim Team-IA	3:21.80	NS	
--- Dohrman, Claire	13	Ames Cyclone Aquatics Club-IA	2:45.65	NS	

Event 59 Women 15 & Over 200 LC Meter Freestyle**2:10.99 15&O SSEC Summer Sectionals****2:23.19 15&O IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Corwin, Kimber	15	Central Iowa Aquatics-IA	2:15.51	2:13.50 IASI	20
2 Woolums, Brynnly	17	Central Iowa Aquatics-IA	2:10.73	2:13.62 IASI	17

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	Name	Age	Team	Seed Time	Finals Time	Points
3	Vobr, Jaylee	17	Northeastern Swim Team-IA	2:20.69	2:19.17 IASI	16
4	Weinheimer, Haylie	16	North Side Swim Team-IA	2:23.75	2:21.97 IASI	15
5	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	2:24.07	2:22.77 IASI	14
6	Woolums, Zoe	15	Central Iowa Aquatics-IA	2:24.24	2:23.17 IASI	13
7	Assaad, Sarah	17	Central Iowa Aquatics-IA	2:17.24	2:23.40	12
8	Anderson, Avery	15	Central Iowa Aquatics-IA	2:24.86	2:23.66	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	2:27.25	2:25.83	9
10	Mujic, Irma	17	Uss Destroyers-IA	2:28.62	2:28.11	7
11	Parson, Lucy	16	Uss Destroyers-IA	2:32.10	2:28.36	6
12	Harger, Jordan	18	Rams Swim Club-IA	2:24.57	2:29.08	5
13	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	2:29.83	4
14	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	2:28.76	2:30.37	3
15	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	2:31.03	2
16	Gummert, Maisie	16	Central Iowa Aquatics-IA	2:28.07	2:31.19	1
17	Cline, Haven	16	North Side Swim Team-IA	2:26.81	2:31.34	
18	Damge, Camryn	17	North Side Swim Team-IA	2:40.42	2:32.11	
19	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	2:40.83	2:34.33	
20	Blackford, Mia	17	Rams Swim Club-IA	2:33.15	2:36.14	
21	Driscoll, Rylee	15	Mason City Swim Club-IA	2:39.35	2:37.12	
22	Betts, Mallory	15	Des Moines Swim Federation-IA	2:36.92	2:38.18	
23	Labresh, Joella	17	North Side Swim Team-IA	2:35.40	2:41.08	
24	Ritter, Olivia	17	Burlington Area Bullsharks-IA	2:47.39	2:42.58	
25	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	2:40.93	2:45.20	
26	Dahm, Evie	15	Central Iowa Aquatics-IA	2:50.98	2:46.15	
27	Damge, Evelyn	17	North Side Swim Team-IA	2:49.72	2:46.46	
28	Lamb, Nora	16	South East Aquatics-IA	2:38.27	2:48.49	
29	Conn, Lillie	16	Rams Swim Club-IA	2:46.13	2:50.34	
30	Cooper, Audrey	16	Rams Swim Club-IA	2:56.07	2:54.91	
31	Nedder, Julia	15	South East Aquatics-IA	2:53.66	3:01.19	
---	Hassett, Sassy	17	Des Moines Swim Federation-IA	2:15.40	NS	
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	2:31.28	NS	

Event 60 Boys 13-14 200 LC Meter Freestyle**2:23.59 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:10.61	2:07.21 IASI	20
2	Smith, Carter	14	Des Moines Swim Federation-IA	2:11.61	2:10.93 IASI	17
3	Fausch, Jackson	14	Central Iowa Aquatics-IA	2:05.32	2:13.12 IASI	16
4	Wisehart, Landon	14	Central Iowa Aquatics-IA	2:13.78	2:15.16 IASI	15
5	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	2:15.65	2:15.84 IASI	14
6	Kline, Simon	14	Uss Destroyers-IA	2:20.88	2:16.92 IASI	13
7	Jeffries, Max	13	Central Iowa Aquatics-IA	2:21.06	2:18.23 IASI	12
8	Gagov, Alex	13	Central Iowa Aquatics-IA	2:46.75	2:18.34 IASI	11
9	Murray, Kellen	13	Central Iowa Aquatics-IA	2:21.15	2:19.35 IASI	9
10	Nedved, Henry	14	Des Moines Swim Federation-IA	2:17.50	2:19.36 IASI	7
11	Schumacher, Brant	14	Central Iowa Aquatics-IA	2:21.44	2:20.24 IASI	6
12	Spradling, Tyler	13	Central Iowa Aquatics-IA	2:22.74	2:20.63 IASI	5
13	Mintle, Harrison	13	Des Moines Swim Federation-IA	2:22.76	2:22.16 IASI	4
14	Holms, Donny	14	Johnston Blaze Swim Club-IA	2:31.00	2:23.04 IASI	3
15	Grubb, Cael	14	Central Iowa Aquatics-IA	2:32.14	2:23.48 IASI	2

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 60 Boys 13-14 200 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
16	Levisay, Ethan	14	Kohawk Aquatics-IA	2:36.59	2:23.84	1
17	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	2:24.58	2:25.40	
18	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	2:39.10	2:25.41	
19	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	2:25.96	2:26.59	
20	Swinger, Hudson	14	Greater Des Moines YMCA-IA	2:30.00	2:27.07	
21	Boender, Sully	14	South East Aquatics-IA	2:35.71	2:30.42	
22	Parry, Spencer	13	Johnston Blaze Swim Club-IA	2:39.23	2:35.96	
23	Gibson, Everitt	13	Burlington Area Bullsharks-IA	NT	2:36.65	
24	Dunham, Owen	14	Kohawk Aquatics-IA	2:59.19	2:44.10	
25	Lamb, Miles	14	South East Aquatics-IA	2:43.60	2:44.59	
26	Garrison, Jaden	13	Rams Swim Club-IA	2:46.87	2:44.96	
27	Bollig, Meyer	13	Central Iowa Aquatics-IA	NT	2:47.06	
28	Howe, Jake	13	Central Iowa Aquatics-IA	2:49.87	2:47.47	

Event 60 Men 15 & Over 200 LC Meter Freestyle**2:00.49 15&O SSEC Summer Sectionals****2:12.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	McCorkle, Ian	19	Ames Cyclone Aquatics Club-IA	1:53.84	2:03.45 IASI	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	1:59.49	2:03.61 IASI	17
3	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	1:59.77	2:03.77 IASI	16
4	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	1:57.66	2:03.99 IASI	15
5	Houlihan, Patrick	15	Kohawk Aquatics-IA	2:16.24	2:10.71 IASI	14
6	Kuennen, Benjamin	16	Waukee Waves-IA	2:17.44	2:11.75 IASI	13
7	Seifert, Marcus	18	Kohawk Aquatics-IA	2:05.59	2:12.91	12
8	Briggs, Colby	18	North Side Swim Team-IA	2:09.19	2:13.50	11
9	Cunningham, Corban	16	North Side Swim Team-IA	2:14.97	2:14.14	9
10	Smith, Jackson	17	Des Moines Swim Federation-IA	2:10.37	2:15.63	7
11	Troyer, Austin	18	North Side Swim Team-IA	2:21.46	2:15.94	6
12	Lucas, Gavin	17	Kohawk Aquatics-IA	2:33.66	2:15.98	5
13	Fertig, Jonah	17	Rams Swim Club-IA	2:20.11	2:18.44	4
14	Naylor, Carson	16	Central Iowa Aquatics-IA	2:27.55	2:18.62	3
15	Kearney, Noah	17	Greater Des Moines YMCA-IA	2:14.38	2:19.10	2
16	Brown, Hayden	16	Kohawk Aquatics-IA	2:14.29	2:19.67	1
17	Marchese, Pax	16	Greater Des Moines YMCA-IA	NT	2:19.75	
18	Murphy, Logan	15	Mason City Swim Club-IA	2:22.20	2:20.22	
19	Cornwell, Connor	16	North Side Swim Team-IA	2:21.89	2:22.99	
20	Drendel, Will	15	Central Iowa Aquatics-IA	2:17.51	2:23.35	
21	Hughes, Daxton	15	Des Moines Swim Federation-IA	2:23.40	2:26.45	
22	Ortega, Zion	17	Central Iowa Aquatics-IA	2:28.28	2:31.09	
23	Rosvold, ian	15	South East Aquatics-IA	NT	2:35.26	
24	Snyder, Levi	15	South East Aquatics-IA	2:45.95	2:35.62	
25	Sytsma, Dawson	15	South East Aquatics-IA	2:41.33	2:38.12	
26	Ortega, Ijah	15	Central Iowa Aquatics-IA	2:42.76	2:38.96	
27	Wood, Logan	15	Central Iowa Aquatics-IA	2:42.18	2:43.50	
---	Hammond, Brennan	15	Rams Swim Club-IA	2:12.85	NS	
---	Demianyshe, Dmitrii	16	Des Moines Swim Federation-IA	NT	NS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	2:10.75	NS	
---	Hammond, Alex	17	Rams Swim Club-IA	2:13.34	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 61 Girls 13-14 100 LC Meter Breaststroke****1:31.19 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Leder, Maeve	13	Des Moines Swim Federation-IA	1:21.59	1:22.52 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	1:27.15	1:26.17 IASI	17
3	Honkamp, Claire	14	Des Moines Swim Federation-IA	1:35.55	1:26.91 IASI	16
4	Assaad, Dana	13	Central Iowa Aquatics-IA	1:28.70	1:28.31 IASI	15
5	Huston, Harper	13	Central Iowa Aquatics-IA	1:27.05	1:28.33 IASI	14
6	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	1:28.81	1:28.54 IASI	13
7	Gruenisen, Sami	14	Central Iowa Aquatics-IA	1:27.58	1:30.05 IASI	12
8	Jacobson, Charlee	14	Red Wing Swim Club-MN	1:31.81	1:30.90 IASI	11
9	Mathews, Sonja	13	Ames Cyclone Aquatics Club-IA	1:31.86	1:31.32	9
10	Murray, Brynn	14	Mason City Swim Club-IA	1:30.32	1:31.40	7
11	Hudson, Natalie	13	Des Moines Swim Federation-IA	1:29.05	1:31.42	6
12	Parson, Annie	13	Uss Destroyers-IA	1:29.60	1:31.93	5
13	Handsaker, Lydia	13	Ames Cyclone Aquatics Club-IA	1:32.29	1:32.24	4
14	Davis, Chloe	14	Des Moines Swim Federation-IA	1:30.08	1:32.34	3
15	Dacey, Alivia	13	Ames Cyclone Aquatics Club-IA	1:32.62	1:36.77	2
16	Hedrick, Piper	14	Central Iowa Aquatics-IA	1:35.81	1:37.88	1
17	Mason, Adelyn	14	Central Iowa Aquatics-IA	1:37.91	1:37.89	
18	Frantum, Maddie	13	Central Iowa Aquatics-IA	1:41.29	1:39.42	
19	Elmore, Addison	14	Central Iowa Aquatics-IA	1:37.03	1:40.64	
20	Carter, June	13	Dowling Catholic Riptide Swim-IA	1:40.43	1:40.71	
21	Grimm, Lucy	13	Uss Destroyers-IA	1:50.43	1:43.80	
22	Brown, Caroline	13	North Side Swim Team-IA	1:53.03	1:46.35	
23	Cunningham, Lydia	13	North Side Swim Team-IA	1:50.99	1:47.70	
24	Baker, Norah	14	Central Iowa Aquatics-IA	NT	2:00.86	
---	Shelton, Macie	13	Uss Destroyers-IA	NT	DQ	
---	Burt, Bailey	13	Rams Swim Club-IA	2:04.40	DQ	
---	Schnepf, Mae	13	Des Moines Swim Federation-IA	1:53.19	DQ	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	NT	NS	
---	Jenkins, Josie	13	South East Aquatics-IA	NT	NS	
---	Fisher, Corinne	13	Mason City Swim Club-IA	2:14.90	NS	

Event 61 Women 15 & Over 100 LC Meter Breaststroke**1:17.49 15&O SSEC Summer Sectionals****1:25.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Parson, Lucy	16	Uss Destroyers-IA	1:10.57	1:12.03 SSEC	20
2	Honkamp, Annie	19	Des Moines Swim Federation-IA	1:15.71	1:17.77 IASI	17
3	Cerbin, Emerson	18	Central Iowa Aquatics-IA	1:19.46	1:24.35 IASI	16
4	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	1:25.65	1:24.79 IASI	15
5	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	1:27.73	1:26.44	14
6	Damge, Camryn	17	North Side Swim Team-IA	1:28.68	1:26.93	13
7	Capman, Kennedy	19	Central Iowa Aquatics-IA	1:19.23	1:28.35	12
8	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	1:28.77	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	1:26.47	1:28.84	9
10	Vobr, Jaylee	17	Northeastern Swim Team-IA	1:36.06	1:29.06	7
11	Dayton, Emelia	17	Rams Swim Club-IA	1:28.66	1:30.35	6
12	Cunningham, Clara	17	North Side Swim Team-IA	1:27.30	1:30.58	5
13	Speers, Elizabeth	16	Burlington Area Bullsharks-IA	NT	1:31.00	4

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 61 Women 15 & Over 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
14	Pekarek, Lila	15	Rams Swim Club-IA	1:30.68	1:31.12	3
15	Dahm, Evie	15	Central Iowa Aquatics-IA	1:32.90	1:33.08	2
16	Anderson, Avery	15	Central Iowa Aquatics-IA	1:32.41	1:34.83	1
17	Damge, Evelyn	17	North Side Swim Team-IA	1:36.25	1:35.34	
18	Lamb, Nora	16	South East Aquatics-IA	1:30.19	1:36.53	
19	Betts, Mallory	15	Des Moines Swim Federation-IA	1:32.59	1:36.93	
20	Ritter, Olivia	17	Burlington Area Bullsharks-IA	NT	1:36.96	
21	Hoss, Brooke	15	Central Iowa Aquatics-IA	1:38.70	1:37.30	
22	Kanis, Kenzie	17	South East Aquatics-IA	1:36.48	1:42.28	
---	Conn, Lillie	16	Rams Swim Club-IA	1:42.67	DQ	
---	Sarcone, Lydia	15	Des Moines Swim Federation-IA	1:48.15	NS	
---	Powers, Chloe	15	Greater Des Moines YMCA-IA	1:36.79	NS	
---	Morales, Karla	15	Central Iowa Aquatics-IA	1:41.28	NS	

Event 62 Boys 13-14 100 LC Meter Breaststroke**1:26.39 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schlueter, Nathan	14	Central Iowa Aquatics-IA	1:13.65	1:15.97 IASI	20
2	Treharne, Clayton	14	Linn-Mar Swim Team-IA	1:20.14	1:16.57 IASI	17
3	Mintle, Harrison	13	Des Moines Swim Federation-IA	1:21.82	1:18.51 IASI	16
4	Wisehart, Landon	14	Central Iowa Aquatics-IA	1:20.63	1:21.17 IASI	15
5	Fausch, Jackson	14	Central Iowa Aquatics-IA	1:45.54	1:22.55 IASI	14
6	Kline, Simon	14	Uss Destroyers-IA	1:22.96	1:24.38 IASI	13
7	Gibson, Everitt	13	Burlington Area Bullsharks-IA	1:50.93	1:24.89 IASI	12
8	Spradling, Tyler	13	Central Iowa Aquatics-IA	1:26.24	1:26.26 IASI	11
9	Levisay, Ethan	14	Kohawk Aquatics-IA	1:29.49	1:26.62	9
10	Boender, Sully	14	South East Aquatics-IA	1:40.92	1:27.03	7
11	Nedved, Henry	14	Des Moines Swim Federation-IA	1:51.29	1:27.11	6
12	Smith, Carter	14	Des Moines Swim Federation-IA	1:30.36	1:28.99	5
13	Jeffries, Max	13	Central Iowa Aquatics-IA	1:24.48	1:29.92	4
14	Grubb, Cael	14	Central Iowa Aquatics-IA	1:31.37	1:30.02	3
15	Murray, Kellen	13	Central Iowa Aquatics-IA	1:34.43	1:33.46	2
16	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	NT	1:33.93	1
17	Vallas, Brooks	14	Central Iowa Aquatics-IA	2:06.19	1:35.28	
18	Wittmayer, Matthew	13	Central Iowa Aquatics-IA	NT	1:36.59	
19	Deutmeyer, Jack	14	Kohawk Aquatics-IA	1:47.79	1:36.62	
20	Wuest, Aaron	14	Central Iowa Aquatics-IA	NT	1:43.34	
21	Garrison, Jaden	13	Rams Swim Club-IA	1:43.50	1:44.75	
22	Bollig, Meyer	13	Central Iowa Aquatics-IA	1:52.66	1:46.80	
23	Parry, Spencer	13	Johnston Blaze Swim Club-IA	NT	1:48.16	
24	Lamb, Miles	14	South East Aquatics-IA	1:50.82	1:50.79	
25	Wood, Ethan	13	Johnston Blaze Swim Club-IA	NT	1:58.55	
26	Parker, Luke	14	Johnston Blaze Swim Club-IA	2:02.15	2:04.98	
27	Davidson, Liam	13	Central Iowa Aquatics-IA	2:28.54	2:09.97	
28	Marr, Bash	13	Ames Cyclone Aquatics Club-IA	2:07.01	2:15.82	
---	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	1:37.85	DQ	
---	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	1:23.53	DQ	
---	McCammon, Jake	13	Johnston Blaze Swim Club-IA	1:47.64	DQ	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 62 Men 15 & Over 100 LC Meter Breaststroke****1:11.99 15&O SSEC Summer Sectionals****1:16.99 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	1:07.38	1:07.12 SSEC	20
2	Berry-Stoelzle, Philip	17	Kohawk Aquatics-IA	1:14.50	1:12.83 IASI	17
3	Sease, Leegan	17	Ames Cyclone Aquatics Club-IA	1:11.91	1:14.31 IASI	16
4	Walsh, Jack	15	Greater Des Moines YMCA-IA	1:18.93	1:18.51	15
5	Fertig, Jonah	17	Rams Swim Club-IA	1:18.18	1:19.78	14
6	Troyer, Austin	18	North Side Swim Team-IA	1:28.05	1:21.52	13
7	Kearney, Noah	17	Greater Des Moines YMCA-IA	1:21.51	1:22.13	12
8	Lai, Joseph	16	North Side Swim Team-IA	1:16.70	1:22.47	11
9	Winner, Kyler	15	Central Iowa Aquatics-IA	1:26.19	1:22.65	9
10	Cunningham, Corban	16	North Side Swim Team-IA	1:20.41	1:24.34	7
11	Ortega, Ijah	15	Central Iowa Aquatics-IA	1:28.49	1:28.46	6
12	Grimm, Ian	15	Uss Destroyers-IA	NT	1:29.56	5
13	Ortega, Zion	17	Central Iowa Aquatics-IA	1:34.69	1:30.95	4
14	Drendel, Will	15	Central Iowa Aquatics-IA	1:42.37	1:31.32	3
15	Marchese, Pax	16	Greater Des Moines YMCA-IA	1:37.36	1:31.70	2
16	Snyder, Levi	15	South East Aquatics-IA	NT	1:35.63	1
17	Sytsma, Dawson	15	South East Aquatics-IA	1:36.24	1:43.55	
18	Wood, Logan	15	Central Iowa Aquatics-IA	NT	1:50.13	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	1:30.86	NS	
---	Houlihan, Patrick	15	Kohawk Aquatics-IA	1:34.23	NS	
---	Demianyshe, Dmitrii	16	Des Moines Swim Federation-IA	NT	NS	

Event 63 Girls 13-14 200 LC Meter Backstroke**2:51.79 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	2:43.97	2:40.38 IASI	20
2	Gevoek, Piper	14	South East Aquatics-IA	3:08.97	2:43.48 IASI	17
3	Swaim, Maddy	13	Des Moines Swim Federation-IA	2:51.66	2:44.74 IASI	16
4	Frantum, Maddie	13	Central Iowa Aquatics-IA	2:45.25	2:45.27 IASI	15
5	Hedrick, Piper	14	Central Iowa Aquatics-IA	2:46.06	2:45.57 IASI	14
6	McCloud, Reid	14	South East Aquatics-IA	2:50.50	2:47.54 IASI	13
7	Leder, Maeve	13	Des Moines Swim Federation-IA	NT	2:48.85 IASI	12
8	Pekarek, Anna	13	Rams Swim Club-IA	3:16.70	2:49.63 IASI	11
9	Dee, Adilyn	14	Central Iowa Aquatics-IA	2:55.73	2:50.08 IASI	9
10	Cygankova, Lidia	13	Greater Des Moines YMCA-IA	3:00.99	2:50.24 IASI	7
11	Parson, Annie	13	Uss Destroyers-IA	2:51.57	2:51.25 IASI	6
12	Smith, Ella	14	Des Moines Swim Federation-IA	2:56.06	2:52.39	5
13	Boevers, Makenna	13	Uss Destroyers-IA	3:02.18	2:55.98	4
*14	Mason, Adelyn	14	Central Iowa Aquatics-IA	3:07.87	2:56.00	2.50
*14	Sailor, Lilly	13	Northeastern Swim Team-IA	NT	2:56.00	2.50
16	Bruere, Bricia	13	Des Moines Swim Federation-IA	3:01.54	2:58.46	1
17	Elmore, Addison	14	Central Iowa Aquatics-IA	NT	2:59.92	
18	Gruenisen, Sami	14	Central Iowa Aquatics-IA	NT	3:00.66	
19	Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	3:04.57	3:04.56	
20	Tracy, Brooklyn	14	Central Iowa Aquatics-IA	3:14.20	3:08.80	
21	Jacobson, Charlee	14	Red Wing Swim Club-MN	3:36.00	3:11.09	
22	Davis, Chloe	14	Des Moines Swim Federation-IA	3:08.25	3:11.85	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 63 Girls 13-14 200 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
23	Fisher, Corinne	13	Mason City Swim Club-IA	NT	3:16.06	
24	Hudson, Natalie	13	Des Moines Swim Federation-IA	3:08.10	3:18.25	
---	McDonough, Bridget	14	Des Moines Swim Federation-IA	NT	DQ	
---	Dohrman, Claire	13	Ames Cyclone Aquatics Club-IA	3:28.22	NS	

Event 63 Women 15 & Over 200 LC Meter Backstroke**2:26.99 15&O SSEC Summer Sectionals****2:44.89 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	2:33.34	2:35.18 IASI	20
2	Weinheimer, Haylie	16	North Side Swim Team-IA	2:29.57	2:35.94 IASI	17
3	Honkamp, Annie	19	Des Moines Swim Federation-IA	2:30.18	2:36.35 IASI	16
4	Cunningham, Clara	17	North Side Swim Team-IA	2:40.45	2:37.96 IASI	15
5	Assaad, Sarah	17	Central Iowa Aquatics-IA	2:38.91	2:43.53 IASI	14
6	Woolums, Zoe	15	Central Iowa Aquatics-IA	2:43.47	2:45.20	13
7	Damge, Camryn	17	North Side Swim Team-IA	2:47.27	2:46.29	12
8	Kiekhaefer, Chloe	15	Central Iowa Aquatics-IA	NT	2:48.11	11
9	Cline, Haven	16	North Side Swim Team-IA	2:52.97	2:48.68	9
10	Labresh, Joella	17	North Side Swim Team-IA	2:50.12	2:48.78	7
11	Woolums, Brynnly	17	Central Iowa Aquatics-IA	2:47.04	2:51.73	6
12	Sailor, Isabella	17	Northeastern Swim Team-IA	3:04.04	2:55.20	5
13	Blackford, Mia	17	Rams Swim Club-IA	3:01.04	2:56.45	4
14	Morales, Karla	15	Central Iowa Aquatics-IA	3:04.12	3:00.07	3
15	Driscoll, Rylee	15	Mason City Swim Club-IA	3:07.58	3:01.92	2
16	Betts, Mallory	15	Des Moines Swim Federation-IA	3:23.12	3:09.75	1
17	Beauchamp, Maddy	16	Central Iowa Aquatics-IA	3:19.11	3:12.71	
18	Pekarek, Lila	15	Rams Swim Club-IA	NT	3:16.14	
19	Cooper, Audrey	16	Rams Swim Club-IA	NT	3:22.39	
---	Hassett, Sassy	17	Des Moines Swim Federation-IA	2:38.73	NS	

Event 64 Boys 13-14 200 LC Meter Backstroke**2:45.89 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:16.42	2:19.33 IASI	20
2	Smith, Carter	14	Des Moines Swim Federation-IA	2:33.19	2:29.99 IASI	17
3	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	2:33.39	2:30.03 IASI	16
4	Nedved, Henry	14	Des Moines Swim Federation-IA	NT	2:30.71 IASI	15
5	Schlueter, Nathan	14	Central Iowa Aquatics-IA	2:28.87	2:30.97 IASI	14
6	Fausch, Jackson	14	Central Iowa Aquatics-IA	2:25.31	2:32.91 IASI	13
7	Swinger, Hudson	14	Greater Des Moines YMCA-IA	2:44.30	2:39.58 IASI	12
8	Schumacher, Brant	14	Central Iowa Aquatics-IA	2:42.38	2:39.87 IASI	11
9	Leuenberger, Jackson	14	Northeastern Swim Team-IA	2:38.32	2:40.17 IASI	9
10	Jeffries, Max	13	Central Iowa Aquatics-IA	2:38.39	2:41.92 IASI	7
11	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	2:41.46	2:42.61 IASI	6
12	Spradling, Tyler	13	Central Iowa Aquatics-IA	3:06.45	2:44.76 IASI	5
13	Boender, Sully	14	South East Aquatics-IA	2:54.50	2:54.17	4
14	Howe, Jake	13	Central Iowa Aquatics-IA	3:04.26	3:06.89	3
15	Lamb, Miles	14	South East Aquatics-IA	3:15.67	3:07.23	2
16	Dunham, Owen	14	Kohawk Aquatics-IA	3:22.99	3:22.82	1
---	Holms, Donny	14	Johnston Blaze Swim Club-IA	2:52.19	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 64 Boys 13-14 200 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time	Points
--- Sikora, Owen	13	Rams Swim Club-IA	2:40.05	NS	

Event 64 Men 15 & Over 200 LC Meter Backstroke**2:18.09 15&O SSEC Summer Sectionals****2:32.09 15&O IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	2:13.87	2:20.76 IASI	20
2 Smith, Jackson	17	Des Moines Swim Federation-IA	2:16.14	2:24.05 IASI	17
3 Brown, Hayden	16	Kohawk Aquatics-IA	2:27.69	2:27.30 IASI	16
4 Walsh, Jack	15	Greater Des Moines YMCA-IA	2:27.97	2:27.85 IASI	15
5 Sanchez, Cameron	16	Central Iowa Aquatics-IA	2:24.71	2:33.35	14
6 Briggs, Colby	18	North Side Swim Team-IA	2:26.72	2:37.33	13
7 Kearney, Noah	17	Greater Des Moines YMCA-IA	2:22.13	2:37.64	12
8 Naylor, Carson	16	Central Iowa Aquatics-IA	2:44.74	2:39.12	11
9 Murphy, Logan	15	Mason City Swim Club-IA	2:49.65	2:48.66	9
10 Sytsma, Dawson	15	South East Aquatics-IA	NT	2:55.17	7
--- Rosvold, ian	15	South East Aquatics-IA	NT	DQ	
--- Drendel, Will	15	Central Iowa Aquatics-IA	NT	NS	
--- Bykov, Leon	15	Des Moines Swim Federation-IA	2:23.05	NS	

Event 65 Girls 13-14 50 LC Meter Freestyle**31.79 13-14 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time	Points
1 Swaim, Maddy	13	Des Moines Swim Federation-IA	30.11	30.29 IASI	20
2 Dee, Adilyn	14	Central Iowa Aquatics-IA	31.10	30.67 IASI	17
3 Cygankova, Lidia	13	Greater Des Moines YMCA-IA	31.75	30.85 IASI	16
4 Bruere, Bricia	13	Des Moines Swim Federation-IA	31.39	31.40 IASI	15
5 Elmore, Addison	14	Central Iowa Aquatics-IA	30.48	31.54 IASI	14
6 Dohrman, Claire	13	Ames Cyclone Aquatics Club-IA	31.93	31.85	13
7 Hedrick, Piper	14	Central Iowa Aquatics-IA	31.76	31.87	12
8 Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	32.15	31.97	11
9 Peterson, Grace	13	Des Moines Swim Federation-IA	32.20	32.31	9
10 Hudson, Natalie	13	Des Moines Swim Federation-IA	32.19	32.32	7
11 Roberts, Kelyn	14	Rams Swim Club-IA	30.34	32.45	6
12 Baker, Norah	14	Central Iowa Aquatics-IA	31.09	32.48	5
13 Gruenisen, Sami	14	Central Iowa Aquatics-IA	32.18	32.65	4
14 Huston, Harper	13	Central Iowa Aquatics-IA	32.16	32.73	3
15 Murray, Brynn	14	Mason City Swim Club-IA	33.43	32.80	2
16 Jacobson, Charlee	14	Red Wing Swim Club-MN	33.08	32.89	1
17 Handsaker, Lydia	13	Ames Cyclone Aquatics Club-IA	32.26	33.04	
18 Frantum, Maddie	13	Central Iowa Aquatics-IA	32.68	33.16	
19 Mathews, Sonja	13	Ames Cyclone Aquatics Club-IA	32.84	33.69	
20 Mason, Adelyn	14	Central Iowa Aquatics-IA	33.70	33.93	
21 McDonough, Bridget	14	Des Moines Swim Federation-IA	31.64	34.40	
22 Lepley, Hunter	14	North Side Swim Team-IA	34.64	34.69	
23 Sailor, Lilly	13	Northeastern Swim Team-IA	34.48	34.93	
24 Frideres, Keira	14	Ames Cyclone Aquatics Club-IA	35.42	35.05	
25 Hawks, Joni	13	Dowling Catholic Riptide Swim-IA	36.62	35.21	
26 Fisher, Corinne	13	Mason City Swim Club-IA	34.64	35.65	
27 Dacey, Alivia	13	Ames Cyclone Aquatics Club-IA	34.87	35.81	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 65 Girls 13-14 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
28	Konchalski, Delaney	13	North Side Swim Team-IA	34.90	36.00	
29	Honkamp, Claire	14	Des Moines Swim Federation-IA	35.51	36.33	
30	Tracy, Brooklyn	14	Central Iowa Aquatics-IA	36.71	36.86	
31	Jenkins, Josie	13	South East Aquatics-IA	NT	37.24	
32	Carter, June	13	Dowling Catholic Riptide Swim-IA	37.19	37.42	
33	King, Lainey	13	Des Moines Swim Federation-IA	35.79	37.99	
34	Cunningham, Lydia	13	North Side Swim Team-IA	37.91	38.38	
35	Backes, Estella	14	Des Moines Swim Federation-IA	38.23	38.75	
36	Schnepf, Mae	13	Des Moines Swim Federation-IA	38.41	39.06	
37	VanDis, Adah	13	Des Moines Swim Federation-IA	38.56	39.20	
38	Grimm, Lucy	13	Uss Destroyers-IA	42.34	39.26	
---	Shelton, Macie	13	Uss Destroyers-IA	NT	DQ	
---	Brown, Clara	13	Fort Dodge Area Swim Team-IA	45.95	NS	

Event 65 Women 15 & Over 50 LC Meter Freestyle**28.09 15&O SSEC Summer Sectionals****30.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hinshaw, Rebecca	16	Burlington Area Bullsharks-IA	NT	29.18 IASI	20
2	Harger, Jordan	18	Rams Swim Club-IA	28.05	29.26 IASI	17
3	Speers, Elizabeth	16	Burlington Area Bullsharks-IA	30.84	29.40 IASI	16
4	Parson, Lucy	16	Uss Destroyers-IA	30.03	29.45 IASI	15
5	Weinheimer, Haylie	16	North Side Swim Team-IA	28.46	29.55 IASI	14
6	Kenkel, Isabel	17	Ames Cyclone Aquatics Club-IA	NT	29.74 IASI	13
7	Mujic, Irma	17	Uss Destroyers-IA	29.41	30.00 IASI	12
8	Cline, Haven	16	North Side Swim Team-IA	29.91	30.24 IASI	11
9	Loo, Ivy	15	Central Iowa Aquatics-IA	30.02	30.41	9
10	Woolums, Zoe	15	Central Iowa Aquatics-IA	31.49	30.99	7
11	Eastman, Julia	18	Fort Dodge Area Swim Team-IA	30.37	31.12	6
12	Sailor, Isabella	17	Northeastern Swim Team-IA	30.44	31.36	5
13	Cunningham, Clara	17	North Side Swim Team-IA	31.56	31.57	4
14	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	31.54	31.84	3
15	Dayton, Emelia	17	Rams Swim Club-IA	31.26	31.92	2
16	Ritter, Olivia	17	Burlington Area Bullsharks-IA	32.70	31.97	1
17	Cerbin, Emerson	18	Central Iowa Aquatics-IA	29.65	32.06	
18	Tchaprazova, Kalida	15	Central Iowa Aquatics-IA	32.56	32.07	
19	Nedder, Julia	15	South East Aquatics-IA	32.59	32.17	
20	Gummert, Maisie	16	Central Iowa Aquatics-IA	32.19	32.36	
21	Hoss, Brooke	15	Central Iowa Aquatics-IA	32.63	32.40	
22	Dahm, Evie	15	Central Iowa Aquatics-IA	32.93	32.62	
23	Anderson, Avery	15	Central Iowa Aquatics-IA	32.12	33.09	
24	Driscoll, Rylee	15	Mason City Swim Club-IA	32.47	33.10	
25	Morales, Karla	15	Central Iowa Aquatics-IA	32.91	33.19	
26	Damge, Evelyn	17	North Side Swim Team-IA	33.68	33.58	
27	Capman, Kennedy	19	Central Iowa Aquatics-IA	31.11	34.98	
28	Kanis, Kenzie	17	South East Aquatics-IA	35.48	36.14	
29	Murray, Keira	17	Mason City Swim Club-IA	38.90	37.92	
---	Sarcone, Lydia	15	Des Moines Swim Federation-IA	34.38	NS	
---	Thompson, Joslyn	15	Central Iowa Aquatics-IA	32.51	NS	
---	Powers, Chloe	15	Greater Des Moines YMCA-IA	NT	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 66 Boys 13-14 50 LC Meter Freestyle****29.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kline, Simon	14	Uss Destroyers-IA	27.12	27.06 IASI	20
2	Fausch, Jackson	14	Central Iowa Aquatics-IA	26.69	27.42 IASI	17
3	Vallas, Brooks	14	Central Iowa Aquatics-IA	27.76	27.89 IASI	16
4	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	28.68	27.93 IASI	15
5	Schlueter, Nathan	14	Central Iowa Aquatics-IA	27.89	28.26 IASI	14
6	Schumacher, Brant	14	Central Iowa Aquatics-IA	28.89	28.46 IASI	13
7	Leuenberger, Jackson	14	Northeastern Swim Team-IA	28.44	28.60 IASI	12
8	Holms, Donny	14	Johnston Blaze Swim Club-IA	29.89	29.15 IASI	11
9	Koenigsfeld, Chase	14	Des Moines Swim Federation-IA	29.42	29.65	9
10	Murray, Kellen	13	Central Iowa Aquatics-IA	30.10	29.80	7
11	Gagov, Alex	13	Central Iowa Aquatics-IA	30.83	29.81	6
12	Levisay, Ethan	14	Kohawk Aquatics-IA	32.89	30.12	5
13	Nedved, Henry	14	Des Moines Swim Federation-IA	29.34	30.37	4
14	Nanaziashvili, David	14	Greater Des Moines YMCA-IA	NT	30.43	3
15	Mintle, Harrison	13	Des Moines Swim Federation-IA	30.53	30.55	2
16	Wittenwyler, Nolan	14	Dowling Catholic Riptide Swim-IA	30.64	30.91	1
17	Grubb, Cael	14	Central Iowa Aquatics-IA	30.87	31.03	
18	Wuest, Aaron	14	Central Iowa Aquatics-IA	30.59	31.12	
19	Swinger, Hudson	14	Greater Des Moines YMCA-IA	NT	31.20	
20	Dunham, Owen	14	Kohawk Aquatics-IA	37.39	31.62	
21	Gibson, Everitt	13	Burlington Area Bullsharks-IA	NT	33.04	
22	Bollig, Meyer	13	Central Iowa Aquatics-IA	NT	33.89	
23	Garrison, Jaden	13	Rams Swim Club-IA	34.11	34.64	
24	Deutmeyer, Jack	14	Kohawk Aquatics-IA	41.22	34.88	
25	McCammon, Jake	13	Johnston Blaze Swim Club-IA	34.92	35.11	
26	Wood, Ethan	13	Johnston Blaze Swim Club-IA	NT	36.81	
27	Parker, Luke	14	Johnston Blaze Swim Club-IA	NT	38.71	
28	Davidson, Liam	13	Central Iowa Aquatics-IA	49.85	43.19	
29	Marr, Bash	13	Ames Cyclone Aquatics Club-IA	55.83	48.30	

Event 66 Men 15 & Over 50 LC Meter Freestyle**25.29 15&O SSEC Summer Sectionals****27.09 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Seifert, Andrew	17	Kohawk Aquatics-IA	25.30	24.47 SSEC	20
2	Seifert, Marcus	18	Kohawk Aquatics-IA	25.09	25.63 IASI	17
3	Berry-Stoelzle, Philip	17	Kohawk Aquatics-IA	24.91	26.00 IASI	16
4	Lucas, Gavin	17	Kohawk Aquatics-IA	25.50	26.08 IASI	15
5	Sease, Leegan	17	Ames Cyclone Aquatics Club-IA	26.03	26.69 IASI	14
6	Drendel, Will	15	Central Iowa Aquatics-IA	27.20	26.82 IASI	13
7	Troyer, Austin	18	North Side Swim Team-IA	26.68	26.90 IASI	12
8	Lai, Joseph	16	North Side Swim Team-IA	26.41	27.16	11
9	Kearney, Noah	17	Greater Des Moines YMCA-IA	26.81	27.26	9
10	Cunningham, Corban	16	North Side Swim Team-IA	28.61	27.52	7
11	Brown, Hayden	16	Kohawk Aquatics-IA	28.19	28.05	6
12	Sanchez, Cameron	16	Central Iowa Aquatics-IA	28.54	28.20	5
13	Ortega, Zion	17	Central Iowa Aquatics-IA	27.22	28.50	4
14	Fertig, Jonah	17	Rams Swim Club-IA	29.72	28.55	3

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 66 Men 15 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
15	Ortega, Ijah	15	Central Iowa Aquatics-IA	29.24	28.89	2
16	Naylor, Carson	16	Central Iowa Aquatics-IA	30.82	29.41	1
17	Hughes, Daxton	15	Des Moines Swim Federation-IA	29.49	29.46	
18	Murphy, Logan	15	Mason City Swim Club-IA	29.63	29.61	
19	Cornwell, Connor	16	North Side Swim Team-IA	28.84	29.79	
20	Rosvold, ian	15	South East Aquatics-IA	NT	30.81	
21	Grimm, Ian	15	Uss Destroyers-IA	NT	32.18	
22	Wood, Logan	15	Central Iowa Aquatics-IA	33.03	34.11	
---	Hammond, Brennan	15	Rams Swim Club-IA	26.35	NS	
---	Bykov, Leon	15	Des Moines Swim Federation-IA	25.91	NS	
---	Demianyshen, Dmitrii	16	Des Moines Swim Federation-IA	31.29	NS	

Event 67 Girls 13-14 200 LC Meter Butterfly**2:59.19 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gevock, Piper	14	South East Aquatics-IA	3:03.97	2:54.79 IASI	20
2	McCloud, Reid	14	South East Aquatics-IA	3:07.03	2:56.29 IASI	17
3	Freeseaman, Gabby	13	Dowling Catholic Riptide Swim-IA	2:53.96	3:01.57	16

Event 67 Women 15 & Over 200 LC Meter Butterfly**2:29.99 15&O SSEC Summer Sectionals****2:47.29 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Corwin, Kimber	15	Central Iowa Aquatics-IA	2:26.76	2:26.06 SSEC	20
2	Vobr, Jaylee	17	Northeastern Swim Team-IA	2:31.22	2:35.81 IASI	17
3	Woolums, Brynnly	17	Central Iowa Aquatics-IA	2:48.95	2:48.72	16
4	Ocheltree, Hayden	15	Greater Des Moines YMCA-IA	2:56.46	2:54.92	15
5	Nedder, Julia	15	South East Aquatics-IA	3:12.80	3:31.42	14
---	Ernsperger, Isabel	16	Central Iowa Aquatics-IA	2:37.04	NS	

Event 68 Boys 13-14 200 LC Meter Butterfly**2:47.99 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Treharne, Clayton	14	Linn-Mar Swim Team-IA	2:29.01	2:21.34 IASI	20
2	Mintle, Harrison	13	Des Moines Swim Federation-IA	2:48.78	2:42.37 IASI	17
3	Sikora, Owen	13	Rams Swim Club-IA	3:02.32	2:43.51 IASI	16
---	Marks, Clayton	14	Ames Cyclone Aquatics Club-IA	NT	NS	
---	Jeffries, Max	13	Central Iowa Aquatics-IA	2:40.33	NS	

Event 68 Men 15 & Over 200 LC Meter Butterfly**2:17.89 15&O SSEC Summer Sectionals****2:33.89 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schwebach, Owen	19	Ames Cyclone Aquatics Club-IA	2:14.61	2:17.75 SSEC	20
2	Ortega, Desmond	16	Central Iowa Aquatics-IA	2:20.21	2:21.24 IASI	17
3	Feilmeyer, Evan	19	Ames Cyclone Aquatics Club-IA	2:07.98	2:22.88 IASI	16
4	Walsh, Jack	15	Greater Des Moines YMCA-IA	2:27.04	2:30.09 IASI	15
5	Houlihan, Patrick	15	Kohawk Aquatics-IA	2:38.43	2:31.75 IASI	14
6	Winner, Kyler	15	Central Iowa Aquatics-IA	NT	2:42.52	13
7	Snyder, Levi	15	South East Aquatics-IA	NT	3:13.28	12
---	Hammond, Alex	17	Rams Swim Club-IA	2:24.87	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 68 Men 15 & Over 200 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time	Points
--- McCorkle, Ian	19	Ames Cyclone Aquatics Club-IA	2:16.30	NS	

Event 69 Women 13 & Over 400 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Central Iowa Aquatics-IA	A	4:17.78	4:22.54
1) Woolums, Zoe 15	2) Corwin, Kimber 15	3) Woolums, Brynnly 17	4) Ernsperger, Isabel 16
2 Rams Swim Club-IA	A	4:33.00	4:37.18
1) Harger, Jordan 18	2) Roberts, Kelyn 14	3) Dayton, Emelia 17	4) Pekarek, Anna 13
3 North Side Swim Team-IA	A	4:48.32	4:43.38
1) Cline, Haven 16	2) Damge, Camryn 17	3) Labresh, Joella 17	4) Cunningham, Clara 17
4 Central Iowa Aquatics-IA	B	4:35.00	4:44.86
1) Dee, Adilyn 14	2) Mason, Adelyn 14	3) Hoss, Brooke 15	4) Morales, Karla 15
5 Central Iowa Aquatics-IA	F	4:55.27	4:45.75
1) Frantum, Maddie 13	2) Gummert, Maisie 16	3) Gruenisen, Sami 14	4) Elmore, Addison 14
6 Central Iowa Aquatics-IA	C	4:36.61	4:50.39
1) Kiekhaefer, Chloe 15	2) Beauchamp, Maddy 16	3) Tchapravova, Kalida 15	4) Baker, Norah 14
7 Central Iowa Aquatics-IA	D	4:41.83	4:58.86
1) Loo, Ivy 15	2) Huston, Harper 13	3) Assaad, Dana 13	4) Assaad, Sarah 17
8 Central Iowa Aquatics-IA	E	4:48.82	4:58.93
1) Hedrick, Piper 14	2) Anderson, Avery 15	3) Tracy, Brooklyn 14	4) Dahm, Evie 15
9 South East Aquatics-IA	A	4:52.00	5:01.25
1) McCloud, Reid 14	2) Nedder, Julia 15	3) Kern, Elizabeth 14	4) Gevock, Piper 14
10 Rams Swim Club-IA	B	4:55.00	5:02.82
1) Cooper, Audrey 16	2) Pekarek, Lila 15	3) Conn, Lillie 16	4) Blackford, Mia 17
11 Mason City Swim Club-IA	A	5:27.48	5:22.90
1) Driscoll, Rylee 15	2) Murray, Keira 17	3) Fisher, Corinne 13	4) Murray, Brynn 14
12 North Side Swim Team-IA	B	6:35.90	5:34.43
1) Lepley, Hunter 14	2) Brown, Caroline 13	3) Cunningham, Lydia 13	4) Konchalski, Delaney 13

Event 70 Men 13 & Over 400 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 North Side Swim Team-IA	A	4:10.68	4:02.03
1) Cunningham, Corban 16	2) Lai, Joseph 16	3) Briggs, Colby 18	4) Troyer, Austin 18
2 Central Iowa Aquatics-IA	C	4:38.98	4:18.82
1) Grubb, Cael 14	2) Drendel, Will 15	3) Winner, Kyler 15	4) Gagov, Alex 13
3 Central Iowa Aquatics-IA	E	4:49.58	4:27.10
1) Naylor, Carson 16	2) Murray, Kellen 13	3) Wood, Logan 15	4) Vallas, Brooks 14
4 Central Iowa Aquatics-IA	B	4:33.66	4:35.28
1) Jeffries, Max 13	2) Bollig, Meyer 13	3) Fausch, Jackson 14	4) Ortega, Ijah 15
5 Central Iowa Aquatics-IA	A	4:30.03	4:35.32
1) Wuest, Aaron 14	2) Howe, Jake 13	3) Wittmayer, Matthew 13	4) Schlueter, Nathan 14
6 South East Aquatics-IA	A	4:55.58	4:36.18
1) Sytsma, Dawson 15	2) Rosvold, ian 15	3) Snyder, Levi 15	4) Boender, Sully 14
7 Central Iowa Aquatics-IA	D	4:38.98	4:56.40
1) Spradling, Tyler 13	2) Davidson, Liam 13	3) Schumacher, Brant 14	4) Wisehart, Landon 14

Event 901 Girls 13-14 100 LC Meter Butterfly**1:17.39 13-14 IASI IASI Q**

Name	Age	Team	Seed Time	Finals Time
1 Assaad, Dana	13	Central Iowa Aquatics-IA	NT	1:19.51
2 Hedrick, Piper	14	Central Iowa Aquatics-IA	NT	1:23.32
3 Mason, Adelyn	14	Central Iowa Aquatics-IA	NT	1:26.74

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****Event 901 Women 15 & Over 100 LC Meter Butterfly****1:05.89 15&O SSEC Summer Sectionals****1:13.19 15&O IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time
1	Hoss, Brooke	15	Central Iowa Aquatics-IA	NT	1:22.92

Event 902 Girls 10 & Under 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Smith, Hayden	10	Des Moines Swim Federation-IA	NT	12:10.81

Event 902 Girls 11-12 800 LC Meter Freestyle**12:26.69 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	
1	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	NT	11:17.33	IASI
2	Lewis, Madyson	12	Central Iowa Aquatics-IA	NT	11:21.29	IASI
3	Gevoek, Trinity	11	South East Aquatics-IA	NT	11:28.68	IASI
4	Fillius, Willa	12	North Side Swim Team-IA	NT	12:01.53	IASI
5	Soukup, Lyv	12	Uss Destroyers-IA	NT	13:15.10	

Event 902 Girls 13-14 800 LC Meter Freestyle**11:01.49 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	
1	Swaim, Maddy	13	Des Moines Swim Federation-IA	NT	10:23.04	IASI
2	Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	NT	10:24.74	IASI
3	Bormann, Lila	13	Des Moines Swim Federation-IA	NT	11:36.56	
4	Hoffman, Amelia	13	Rams Swim Club-IA	NT	12:10.62	

Event 902 Women 15 & Over 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Honkamp, Mary	17	Des Moines Swim Federation-IA	NT	9:45.48
2	Woolums, Brynnly	17	Central Iowa Aquatics-IA	NT	10:04.89
3	Woolums, Zoe	15	Central Iowa Aquatics-IA	NT	10:33.30
4	Anderson, Avery	15	Central Iowa Aquatics-IA	NT	10:33.63

Event 902 Boys 11-12 800 LC Meter Freestyle**12:15.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	NT	9:18.36	IASI
2	Staiert, Easton	12	Des Moines Swim Federation-IA	NT	10:21.35	IASI
3	Green, Reilly	12	Des Moines Swim Federation-IA	NT	10:44.36	IASI
---	Smith, Harry	12	Des Moines Swim Federation-IA	NT	DQ	

Event 902 Boys 13-14 800 LC Meter Freestyle**10:48.09 13-14 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	
1	Jeffries, Max	13	Central Iowa Aquatics-IA	NT	10:16.66	IASI
2	Mintle, Harrison	13	Des Moines Swim Federation-IA	NT	10:28.00	IASI
3	Lamb, Miles	14	South East Aquatics-IA	NT	12:03.83	

Event 902 Men 15 & Over 800 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Briggs, Colby	18	North Side Swim Team-IA	NT	10:11.22
2	Naylor, Carson	16	Central Iowa Aquatics-IA	NT	10:14.04

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results****(Event 902 Men 15 & Over 800 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
3 Winner, Kyler	15	Central Iowa Aquatics-IA	NT	10:36.36

Event 903 Girls 13-14 400 LC Meter Freestyle

5:20.99 13-14 IASI IASI Q

Name	Age	Team	Seed Time	Finals Time
5 Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	NT	5:09.59 IASI

Event 903 Boys 11-12 400 LC Meter Freestyle

5:48.69 11-12 IASI IASI Q

Name	Age	Team	Seed Time	Finals Time
1 Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	NT	4:34.40 IASI
3 Staiert, Easton	12	Des Moines Swim Federation-IA	NT	5:05.04 IASI

Event 903 Boys 13-14 400 LC Meter Freestyle

5:05.49 13-14 IASI IASI Q

Name	Age	Team	Seed Time	Finals Time
4 Mintle, Harrison	13	Des Moines Swim Federation-IA	NT	5:06.92

Event 903 Men 15 & Over 400 LC Meter Freestyle

4:43.19 15&O IASI IASI Q

Name	Age	Team	Seed Time	Finals Time
2 Naylor, Carson	16	Central Iowa Aquatics-IA	NT	5:04.19
6 Winner, Kyler	15	Central Iowa Aquatics-IA	NT	5:10.93

Event 904 Girls 13-14 200 LC Meter Freestyle

2:32.49 13-14 IASI IASI Q

Name	Age	Team	Seed Time	Finals Time
1 Meyer, Addie	13	Dowling Catholic Riptide Swim-IA	NT	2:30.44 IASI

Event 905 Boys 10 & Under 50 LC Meter Breaststroke

56.49 10&U IASI IASI Q

Name	Age	Team	Seed Time	Finals Time
1 Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	NT	54.26 IASI