

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****Event 15 Girls 8 & Under 200 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	4:25.42	4:14.78	20
---	Hancock, Charlotte	8	Central Iowa Aquatics-IA	3:26.34	DNF	

Event 15 Girls 9-10 200 LC Meter Freestyle**3:20.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mooney, Sabrina	10	Des Moines Swim Federation-IA	2:55.62	2:55.48 IASI	20
2	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	NT	2:55.62 IASI	17
3	Anthofer, Eve	9	Carroll Area Swim Team-IA	3:34.36	3:04.03 IASI	16
4	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	3:09.34	3:05.34 IASI	15
5	Thomas, Liv	10	Rams Swim Club-IA	3:42.33	3:05.46 IASI	14
6	Lewis, Rylee	10	Central Iowa Aquatics-IA	3:10.31	3:11.26 IASI	13
7	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	NT	3:14.78 IASI	12
8	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	NT	3:21.34	11
9	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	NT	3:24.99	9
10	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	3:52.35	3:37.95	7
11	Benson, Kahlia	10	Red Wing Swim Club-MN	3:43.44	3:39.47	6
12	Norton, Coco	10	Red Wing Swim Club-MN	3:59.36	3:40.93	5
13	Ward, Amelia	9	Central Iowa Aquatics-IA	3:41.16	3:42.98	4
14	Norton, Stella	9	Red Wing Swim Club-MN	4:40.00	3:57.22	3
15	Smyth, Ava	10	Red Wing Swim Club-MN	3:50.99	4:01.88	2
16	Williams, Terin	9	Central Iowa Aquatics-IA	NT	4:02.61	1
---	Smith, Hayden	10	Des Moines Swim Federation-IA	2:48.20	NS	

Event 15 Girls 11-12 200 LC Meter Freestyle**2:45.99 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	2:24.66	2:25.34 IASI	20
2	Ludwig, Mia	12	Greater Des Moines YMCA-IA	2:31.59	2:30.70 IASI	17
3	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	2:32.46	2:33.07 IASI	16
4	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	2:29.74	2:33.70 IASI	15
5	Hornung, Harper	11	Waukee Waves-IA	2:35.22	2:34.37 IASI	14
6	Tran, Victoria	12	Central Iowa Aquatics-IA	2:33.47	2:34.43 IASI	13
7	Lewis, Madyson	12	Central Iowa Aquatics-IA	2:34.84	2:37.00 IASI	12
8	Gevock, Trinity	11	South East Aquatics-IA	2:45.14	2:37.18 IASI	11
9	Janssen, Sarah	12	Carroll Area Swim Team-IA	2:44.25	2:38.29 IASI	9
10	Garrison, Jorgia	11	Rams Swim Club-IA	2:42.74	2:38.39 IASI	7
11	Smyth, Vivi	12	Red Wing Swim Club-MN	2:42.90	2:40.64 IASI	6
12	Leidinger, Callie	12	Kohawk Aquatics-IA	3:01.69	2:41.13 IASI	5
13	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	2:44.49	2:41.25 IASI	4
14	Schoolen, Ruby	12	Rams Swim Club-IA	2:42.32	2:42.25 IASI	3
15	Brons, Josie	11	Des Moines Swim Federation-IA	2:41.05	2:43.48 IASI	2
16	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	2:44.58	2:43.58 IASI	1
17	Larson, Rachel	11	Greater Des Moines YMCA-IA	2:46.28	2:44.18 IASI	
18	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	2:48.02	2:45.44 IASI	
19	Jean, Natiel	11	Greater Des Moines YMCA-IA	2:47.88	2:45.70 IASI	
20	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	3:11.70	2:46.39	
21	Jacobson, Kinzee	12	Red Wing Swim Club-MN	2:55.11	2:47.20	
22	Sisul, Jolie	12	South East Aquatics-IA	3:09.58	2:49.57	

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	Name	Age	Team	Seed Time	Finals Time	Points
23	Soukup, Lyv	12	Uss Destroyers-IA	NT	2:58.63	
24	Bry, Emma	11	Mason City Swim Club-IA	3:06.05	3:01.58	
25	Connolly, Grace	12	Greater Des Moines YMCA-IA	3:12.79	3:03.75	
26	Hanson, Ainslie	11	Red Wing Swim Club-MN	3:03.13	3:05.49	
27	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	3:09.68	3:08.44	
28	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	4:02.36	3:08.61	
29	Neese, Savanna	11	Uss Destroyers-IA	NT	3:09.04	
30	Freeman, Catherine	12	Central Iowa Aquatics-IA	3:01.94	3:10.43	
31	Mitchell, Paige	11	Central Iowa Aquatics-IA	3:19.99	3:10.55	
32	Talley, Serena	11	Central Iowa Aquatics-IA	NT	3:11.85	
33	Driscoll, Bailey	12	Mason City Swim Club-IA	3:12.84	3:12.52	
34	Stinson, Ellie	12	Red Wing Swim Club-MN	4:04.55	3:13.02	
35	Ireland, Avery	11	Des Moines Swim Federation-IA	3:16.12	3:13.96	
36	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	3:11.10	3:18.46	
37	Cody, Collins	11	Mason City Swim Club-IA	3:34.57	3:21.12	
38	Hardee, Anya	12	Mason City Swim Club-IA	3:32.45	3:26.27	
39	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	4:09.02	3:52.19	
40	Crouch, Ingrid	12	Dowling Catholic Riptide Swim-IA	NT	4:09.36	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	2:27.16	NS	

Event 16 Boys 8 & Under 200 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	5:24.13	4:50.53	20

Event 16 Boys 9-10 200 LC Meter Freestyle**3:12.09 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	2:32.63	2:32.71 IASI	20
2	Garrison, Jonah	9	Rams Swim Club-IA	3:15.29	3:04.33 IASI	17
3	Feeney, Owen	10	Des Moines Swim Federation-IA	3:14.10	3:13.70	16
4	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	3:14.25	3:14.84	15
5	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	NT	3:15.09	14
6	Kokjohn, Colin	10	Des Moines Swim Federation-IA	3:18.17	3:19.20	13
7	Tran, Colin	9	Central Iowa Aquatics-IA	NT	3:24.69	12
8	Lohmeier, Thomas	10	Des Moines Swim Federation-IA	3:28.69	3:26.54	11
9	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	NT	3:29.64	9
10	Tourney, Emmett	9	Red Wing Swim Club-MN	3:59.31	3:34.19	7
11	Connolly, James	9	Greater Des Moines YMCA-IA	3:56.26	3:46.04	6

Event 16 Boys 11-12 200 LC Meter Freestyle**2:44.89 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	2:14.77	2:14.14 IASI	20
2	Staiert, Easton	12	Des Moines Swim Federation-IA	2:21.12	2:21.41 IASI	17
3	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	2:30.69	2:28.32 IASI	16
4	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	3:06.29	2:32.17 IASI	15
5	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	2:42.46	2:34.09 IASI	14
6	Zhang, Allen	12	Des Moines Swim Federation-IA	2:44.99	2:39.52 IASI	13
7	Qualley, Parker	12	Greater Des Moines YMCA-IA	2:37.61	2:40.75 IASI	12
8	Fausch, Zach	11	Central Iowa Aquatics-IA	2:50.75	2:44.18 IASI	11

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	Name	Age	Team	Seed Time	Finals Time	Points
9	Cunningham, Gideon	11	North Side Swim Team-IA	2:49.01	2:45.71	9
10	Johnson, Ryker	11	South East Aquatics-IA	NT	2:52.21	7
11	Sisul, Jenner	11	South East Aquatics-IA	2:58.28	2:52.68	6
12	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	NT	2:53.98	5
13	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	2:59.76	4
14	Sexton, James	11	Central Iowa Aquatics-IA	3:01.42	3:00.76	3
15	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	3:05.82	3:04.04	2
16	LaPan, Henry	11	Uss Destroyers-IA	3:05.43	3:06.18	1
17	Naylor, Jackson	11	Central Iowa Aquatics-IA	NT	3:06.49	
18	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	3:03.33	3:08.00	
19	Thomas, Ethan	12	Rams Swim Club-IA	3:10.55	3:08.26	
20	Carpenter, Malachi	11	Central Iowa Aquatics-IA	3:24.43	3:17.80	
21	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	3:29.83	
---	Cody, Jay	11	Red Wing Swim Club-MN	4:00.99	NS	
---	Carter, Thomas	11	Carroll Area Swim Team-IA	3:48.56	NS	
---	Smith, Harry	12	Des Moines Swim Federation-IA	2:32.51	NS	

Event 17 Girls 8 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Clara	8	Central Iowa Aquatics-IA	1:01.16	50.07	20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	1:01.78	57.68	17
3	Hancock, Charlotte	8	Central Iowa Aquatics-IA	54.32	58.28	16
4	Books, Londyn	7	Uss Destroyers-IA	NT	1:00.91	15
5	Simmons, Isla	8	Rams Swim Club-IA	1:03.27	1:04.21	14
6	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:13.69	1:04.63	13
---	Freeman, Elizabeth	8	Central Iowa Aquatics-IA	1:39.83	DQ	
---	Brenizer, Reagan	8	Des Moines Swim Federation-IA	NT	DQ	

Event 17 Girls 9-10 50 LC Meter Butterfly**50.29 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Qualley, Reagan	10	Greater Des Moines YMCA-IA	37.52	37.07 IASI	20
2	Cochran, Delaney	10	Central Iowa Aquatics-IA	37.04	37.22 IASI	17
3	Spear, Lilliana	10	Central Iowa Aquatics-IA	39.03	39.74 IASI	16
*4	Anthofer, Eve	9	Carroll Area Swim Team-IA	42.15	40.19 IASI	14.50
*4	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	40.97	40.19 IASI	14.50
6	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	45.71	42.70 IASI	13
7	Huston, Quinn	10	Central Iowa Aquatics-IA	NT	47.07 IASI	12
8	Smith, Hayden	10	Des Moines Swim Federation-IA	42.48	47.23 IASI	11
9	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	45.15	47.45 IASI	9
10	Fausch, Lilly	9	Central Iowa Aquatics-IA	56.91	48.83 IASI	7
11	Vobr, Vobr	9	Northeastern Swim Team-IA	56.29	51.12	6
12	Ward, Amelia	9	Central Iowa Aquatics-IA	49.85	51.54	5
13	Jacobson, Whitnee	9	Red Wing Swim Club-MN	46.09	53.77	4
14	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	59.55	55.79	3
15	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	56.83	2
16	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:01.02	58.30	1
17	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	NT	1:01.91	
18	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	1:04.07	1:02.83	
19	Ritchey, Lilo	10	South East Aquatics-IA	NT	1:04.77	

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	Name	Age	Team	Seed Time	Finals Time	Points
20	Sponheim, Molly	9	Rams Swim Club-IA	1:17.62	1:05.90	
21	Carter, Haley	9	Carroll Area Swim Team-IA	NT	1:06.92	
22	Gebauer, Marlowe	9	Central Iowa Aquatics-IA	1:08.07	1:07.71	
23	Spradling, Eliana	9	Central Iowa Aquatics-IA	1:11.98	1:09.68	
24	Ceballos, Mikaela	9	Greater Des Moines YMCA-IA	NT	1:19.18	
---	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	1:15.92	DQ	
---	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	1:17.50	DQ	
---	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	1:21.31	DQ	

Event 17 Girls 11-12 50 LC Meter Butterfly**38.29 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cygankova, Polina	12	Greater Des Moines YMCA-IA	37.29	35.12 IASI	20
2	Tudor, Ellery	11	Uss Destroyers-IA	44.00	36.17 IASI	17
3	Janssen, Sarah	12	Carroll Area Swim Team-IA	35.25	36.48 IASI	16
4	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	39.64	36.77 IASI	15
5	Fillius, Willa	12	North Side Swim Team-IA	37.08	37.44 IASI	14
6	Gevoek, Trinity	11	South East Aquatics-IA	39.01	37.49 IASI	13
7	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	35.95	37.52 IASI	12
8	Jean, Natiel	11	Greater Des Moines YMCA-IA	38.90	37.94 IASI	11
9	Lewis, Madyson	12	Central Iowa Aquatics-IA	43.56	38.04 IASI	9
10	Books, Malia	12	Uss Destroyers-IA	39.39	38.05 IASI	7
11	Israel, Brynn	11	Central Iowa Aquatics-IA	37.49	38.56	6
12	Hanson, Aubrey	12	Central Iowa Aquatics-IA	39.74	41.14	5
13	Ortega, Evelyn	11	Central Iowa Aquatics-IA	44.08	41.34	4
14	Baker, Caroline	11	Central Iowa Aquatics-IA	38.77	41.60	3
15	Brons, Josie	11	Des Moines Swim Federation-IA	43.09	43.29	2
16	Frein, Isabella	11	Central Iowa Aquatics-IA	49.61	44.16	1
17	Butler, Mathilde	12	Greater Des Moines YMCA-IA	42.75	44.22	
18	Fitch, Lauren	11	North Side Swim Team-IA	44.78	44.51	
19	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	49.67	44.77	
20	Brown, Audrey	11	Central Iowa Aquatics-IA	NT	45.53	
21	Bry, Emma	11	Mason City Swim Club-IA	51.23	50.48	
22	Mitchell, Paige	11	Central Iowa Aquatics-IA	NT	50.63	
23	Neese, Savanna	11	Uss Destroyers-IA	56.05	50.89	
24	Woolery, Breckyn	11	Central Iowa Aquatics-IA	53.02	51.25	
25	Cody, Collins	11	Mason City Swim Club-IA	52.91	55.69	
26	Powers, Izzy	11	Greater Des Moines YMCA-IA	NT	56.61	
27	Young, Makenna	11	Central Iowa Aquatics-IA	1:18.71	1:15.58	
---	Sponheim, Leah	11	Rams Swim Club-IA	NT	DQ	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	NT	NS	
---	Evangelista, Sloane	11	Central Iowa Aquatics-IA	1:05.56	NS	

Event 18 Boys 8 & Under 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time	Points
1	Schoolen, Max	8	Rams Swim Club-IA	53.80	54.72	20

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	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	35.85	37.00 IASI	20
2	Tourney, Emmett	9	Red Wing Swim Club-MN	48.23	50.30	17
3	Avitt, Jacob	10	South East Aquatics-IA	NT	54.60	16
4	Sprague, Tommy	9	Ames Cyclone Aquatics Club-IA	1:24.10	55.89	15
5	Israel, Jake	9	Central Iowa Aquatics-IA	NT	57.01	14
6	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	1:02.48	1:01.77	13
7	Lassers, Teddy	10	Central Iowa Aquatics-IA	NT	1:09.03	12
8	Dumermuth, Liam	10	Johnston Blaze Swim Club-IA	NT	1:19.87	11

Event 18 Boys 11-12 50 LC Meter Butterfly**38.59 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	29.54	28.93 IASI	20
2	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	32.01	29.62 IASI	17
3	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	32.45	31.87 IASI	16
4	Green, Reilly	12	Des Moines Swim Federation-IA	33.83	33.89 IASI	15
5	Staiert, Easton	12	Des Moines Swim Federation-IA	34.35	34.01 IASI	14
6	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	37.60	35.63 IASI	13
7	Dingus, Blain	11	Burlington Area Bullsharks-IA	48.92	37.82 IASI	12
8	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	37.40	38.40 IASI	11
9	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	41.00	39.69	9
10	Todsens, Gavin	12	Central Iowa Aquatics-IA	42.38	39.81	7
11	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	42.37	42.40	6
12	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	42.52	5
13	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	NT	42.63	4
14	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	42.70	3
15	Sissel, Ethan	11	Des Moines Swim Federation-IA	45.08	45.28	2
16	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	52.88	45.93	1
17	Doll, Lennon	12	Central Iowa Aquatics-IA	51.29	49.86	
18	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	52.26	
19	Williams, Max	12	Kohawk Aquatics-IA	NT	52.49	
---	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	58.53	DQ	

Event 19 Girls 9-10 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	3:02.58	2:58.70	20
2	Mooney, Sabrina	10	Des Moines Swim Federation-IA	3:19.43	3:23.22	17
3	Norton, Coco	10	Red Wing Swim Club-MN	4:18.44	3:51.28	16
4	Norton, Stella	9	Red Wing Swim Club-MN	5:00.00	4:11.71	15
---	Benson, Kahlia	10	Red Wing Swim Club-MN	4:15.49	DQ	
---	Smyth, Ava	10	Red Wing Swim Club-MN	4:45.33	DQ	

Event 19 Girls 11-12 200 LC Meter Backstroke**3:09.89 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	2:58.37	2:45.35 IASI	20
2	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	2:54.45	2:53.68 IASI	17
3	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	2:57.24	2:53.73 IASI	16
4	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	2:57.31	2:54.27 IASI	15

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	Name	Age	Team	Seed Time	Finals Time	Points
5	Ludwig, Mia	12	Greater Des Moines YMCA-IA	NT	2:59.61 IASI	14
6	Fitch, Lauren	11	North Side Swim Team-IA	3:00.65	3:00.00 IASI	13
7	Jacobson, Kinzee	12	Red Wing Swim Club-MN	3:17.08	3:05.65 IASI	12
8	Smyth, Vivi	12	Red Wing Swim Club-MN	3:14.00	3:09.12 IASI	11
9	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	3:12.25	3:12.15	9
10	Fillius, Willa	12	North Side Swim Team-IA	3:24.80	3:14.48	7
11	Sisul, Jolie	12	South East Aquatics-IA	NT	3:20.89	6
12	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	NT	3:23.71	5
---	Stinson, Ellie	12	Red Wing Swim Club-MN	4:04.97	DQ	
---	Hanson, Ainslie	11	Red Wing Swim Club-MN	3:26.24	DQ	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	2:51.37	NS	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	NT	NS	

Event 20 Boys 9-10 200 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	3:17.55	3:00.00	20
---	Connolly, James	9	Greater Des Moines YMCA-IA	NT	NS	

Event 20 Boys 11-12 200 LC Meter Backstroke**3:05.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	2:39.68	2:31.77 IASI	20
2	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	2:54.00	2:49.15 IASI	17
3	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	2:50.50	2:50.60 IASI	16
4	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	3:12.07	2:51.20 IASI	15
5	Green, Reilly	12	Des Moines Swim Federation-IA	2:47.11	2:52.94 IASI	14
6	Fausch, Zach	11	Central Iowa Aquatics-IA	2:52.99	2:54.93 IASI	13
7	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	3:02.76	2:56.71 IASI	12
8	Cunningham, Gideon	11	North Side Swim Team-IA	3:10.00	3:08.12	11
9	Sisul, Jenner	11	South East Aquatics-IA	NT	3:11.66	9
10	LaPan, Henry	11	Uss Destroyers-IA	3:29.61	3:14.72	7
---	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	3:22.51	DQ	
---	Cody, Jay	11	Red Wing Swim Club-MN	4:10.99	NS	
---	Smith, Harry	12	Des Moines Swim Federation-IA	3:01.56	NS	

Event 21 Girls 8 & Under 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	O'Brien, Evelyn	8	Burlington Area Bullsharks-IA	NT	2:02.39	20
2	Cochran, Clara	8	Central Iowa Aquatics-IA	2:15.91	2:11.99	17
3	Chen, Zoey	8	Des Moines Swim Federation-IA	2:14.01	2:20.97	16
4	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	2:29.02	2:30.27	15
5	Bry, Chloe	8	Mason City Swim Club-IA	3:07.11	3:04.04	14

Event 21 Girls 9-10 100 LC Meter Breaststroke**1:59.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Qualley, Reagan	10	Greater Des Moines YMCA-IA	1:36.53	1:36.63 IASI	20
2	Spear, Lilliana	10	Central Iowa Aquatics-IA	1:38.82	1:40.17 IASI	17
3	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	1:41.41	1:46.68 IASI	16
4	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	NT	1:48.22 IASI	15
5	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	1:56.53	1:51.71 IASI	14

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 21 Girls 9-10 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
6	Fausch, Lilly	9	Central Iowa Aquatics-IA	2:00.74	1:55.99 IASI	13
7	Huston, Quinn	10	Central Iowa Aquatics-IA	2:11.72	1:56.80 IASI	12
8	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	2:02.58	1:58.15 IASI	11
9	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	1:59.92	9
10	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	2:37.71	2:01.04	7
11	Thomas, Liv	10	Rams Swim Club-IA	2:07.65	2:01.29	6
12	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	2:18.46	2:02.50	5
13	Blocker, Kiersten	10	Central Iowa Aquatics-IA	2:01.57	2:03.66	4
14	Hakeman, Linley	9	Uss Destroyers-IA	NT	2:05.84	3
15	Fleming, Braylee	10	Rams Swim Club-IA	2:08.34	2:07.09	2
16	Williams, Quinn	10	Kohawk Aquatics-IA	NT	2:08.25	1
17	Norton, Coco	10	Red Wing Swim Club-MN	2:20.71	2:08.28	
18	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	2:17.78	2:11.38	
19	Mooney, Sabrina	10	Des Moines Swim Federation-IA	2:09.14	2:13.40	
20	McGuire, Edie	10	Greater Des Moines YMCA-IA	NT	2:13.86	
21	Jacobson, Whitnee	9	Red Wing Swim Club-MN	1:36.71	2:14.05	
22	Benson, Kahlia	10	Red Wing Swim Club-MN	2:12.05	2:14.33	
23	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	2:14.33	2:19.08	
24	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	2:19.23	2:20.51	
25	Norton, Stella	9	Red Wing Swim Club-MN	2:31.79	2:21.15	
26	Lewis, Rylee	10	Central Iowa Aquatics-IA	NT	2:22.10	
27	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	2:19.18	2:22.84	
28	Ritchey, Lilo	10	South East Aquatics-IA	2:32.83	2:24.87	
29	Smyth, Ava	10	Red Wing Swim Club-MN	2:29.27	2:31.71	
30	Williams, Terin	9	Central Iowa Aquatics-IA	NT	2:38.79	
---	Weatherly, Ellison	9	Johnston Blaze Swim Club-IA	NT	DQ	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	2:23.05	NS	
---	McGuire, Edie	10	Greater Des Moines YMCA-IA	NT	NS	

Event 21 Girls 11-12 100 LC Meter Breaststroke**1:40.89 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cygankova, Polina	12	Greater Des Moines YMCA-IA	1:31.50	1:32.06 IASI	20
2	Hornung, Harper	11	Waukee Waves-IA	1:36.45	1:33.47 IASI	17
3	Bykova, Sasha	12	Des Moines Swim Federation-IA	1:35.03	1:33.69 IASI	16
4	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	1:32.41	1:34.20 IASI	15
5	Sisul, Jolie	12	South East Aquatics-IA	1:43.35	1:34.85 IASI	14
6	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	1:34.00	1:34.96 IASI	13
7	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	1:37.85	1:35.99 IASI	12
8	Jacobson, Kinzee	12	Red Wing Swim Club-MN	1:36.57	1:37.18 IASI	11
9	Lewis, Madyson	12	Central Iowa Aquatics-IA	1:34.70	1:37.37 IASI	9
10	Tran, Victoria	12	Central Iowa Aquatics-IA	1:41.54	1:41.34	7
11	Gevoek, Trinity	11	South East Aquatics-IA	1:43.97	1:41.38	6
12	Smyth, Vivi	12	Red Wing Swim Club-MN	1:49.71	1:41.48	5
13	Larson, Rachel	11	Greater Des Moines YMCA-IA	1:40.70	1:42.11	4
14	Hakeman, Riley	11	Uss Destroyers-IA	1:48.07	1:43.61	3
15	Janssen, Sarah	12	Carroll Area Swim Team-IA	1:42.54	1:43.65	2
16	Connolly, Grace	12	Greater Des Moines YMCA-IA	1:44.63	1:46.21	1
17	Freeman, Catherine	12	Central Iowa Aquatics-IA	1:45.45	1:46.42	
18	Baker, Caroline	11	Central Iowa Aquatics-IA	1:44.99	1:46.43	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 21 Girls 11-12 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
19	Schoolen, Ruby	12	Rams Swim Club-IA	1:52.54	1:46.79	
20	Hanson, Aubrey	12	Central Iowa Aquatics-IA	1:43.56	1:46.86	
21	Neese, Savanna	11	Uss Destroyers-IA	2:14.83	1:47.46	
22	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	1:49.12	1:49.16	
23	Books, Malia	12	Uss Destroyers-IA	1:53.80	1:50.91	
24	Ortega, Evelyn	11	Central Iowa Aquatics-IA	NT	1:51.91	
25	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	NT	1:52.43	
26	Vallas, Effie	11	Central Iowa Aquatics-IA	1:59.18	1:55.07	
27	Stinson, Ellie	12	Red Wing Swim Club-MN	2:04.52	1:55.99	
28	Talley, Serena	11	Central Iowa Aquatics-IA	1:51.03	1:56.47	
29	Hanson, Ainslie	11	Red Wing Swim Club-MN	1:49.72	1:56.48	
30	Driscoll, Bailey	12	Mason City Swim Club-IA	1:59.79	2:03.82	
31	Soukup, Lyv	12	Uss Destroyers-IA	NT	2:05.79	
32	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	NT	2:18.06	
33	Powers, Izzy	11	Greater Des Moines YMCA-IA	2:36.21	2:26.53	
34	Young, Makenna	11	Central Iowa Aquatics-IA	NT	2:41.43	
---	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	DQ	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	2:31.30	NS	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	1:48.68	NS	

Event 22 Boys 8 & Under 100 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	2:23.44	2:04.28	20
2	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	NT	2:44.95	17
3	Gruenisen, Matthew	8	Central Iowa Aquatics-IA	2:30.45	2:46.88	16

Event 22 Boys 9-10 100 LC Meter Breaststroke**1:55.99 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Kokjohn, Cohen	10	Burlington Area Bullsharks-IA	NT	1:47.60 IASI	20
2	Kokjohn, Colin	10	Des Moines Swim Federation-IA	1:54.00	2:00.72	17
3	Garcia, Javi	9	Johnston Blaze Swim Club-IA	2:00.40	2:01.26	16
4	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	NT	2:02.40	15
5	Tran, Colin	9	Central Iowa Aquatics-IA	2:03.51	2:06.01	14
6	Tourney, Emmett	9	Red Wing Swim Club-MN	2:25.19	2:06.71	13
7	Grote, Hank	10	Rams Swim Club-IA	NT	2:09.31	12
8	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	2:11.58	2:11.17	11
9	Miller, Jackson	10	Rams Swim Club-IA	2:16.93	2:14.06	9
10	Ridgway, Forrest	10	Dowling Catholic Riptide Swim-IA	NT	2:20.19	7
11	Avitt, Jacob	10	South East Aquatics-IA	NT	2:21.73	6

Event 22 Boys 11-12 100 LC Meter Breaststroke**1:38.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Qualley, Parker	12	Greater Des Moines YMCA-IA	1:31.51	1:32.42 IASI	20
2	Fausch, Zach	11	Central Iowa Aquatics-IA	1:32.12	1:33.03 IASI	17
3	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	1:39.56	1:39.62	16
4	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	2:03.71	1:39.64	15
5	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	1:42.23	1:39.69	14
6	Sexton, James	11	Central Iowa Aquatics-IA	1:42.64	1:40.36	13

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 22 Boys 11-12 100 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
7	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	1:39.00	1:42.08	12
8	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	1:39.31	1:42.52	11
9	Johnson, Ryker	11	South East Aquatics-IA	NT	1:45.90	9
10	Spaine, Tiegian	11	Greater Des Moines YMCA-IA	2:12.08	1:46.18	7
11	Williams, Max	12	Kohawk Aquatics-IA	1:52.69	1:46.84	6
12	Thomas, Ethan	12	Rams Swim Club-IA	1:49.04	1:47.15	5
13	Moore, Jim	12	Ia-Unattached-IA	1:52.39	1:47.85	4
14	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	1:48.95	3
15	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	1:52.80	2
16	Reynolds, Jax	12	Uss Destroyers-IA	NT	1:54.65	1
17	Todsen, Gavin	12	Central Iowa Aquatics-IA	NT	1:55.74	
18	Brown, Carter	12	Central Iowa Aquatics-IA	2:03.19	1:55.81	
19	Carpenter, Malachi	11	Central Iowa Aquatics-IA	NT	1:56.68	
20	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	2:14.42	2:10.38	
---	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	1:32.87	DQ	
---	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	1:41.77	DQ	
---	Cody, Jay	11	Red Wing Swim Club-MN	2:40.99	NS	

Event 23 Girls 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	46.16	46.55	20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	48.78	47.39	17
3	Chen, Zoey	8	Des Moines Swim Federation-IA	57.34	51.74	16
4	Brenizer, Reagan	8	Des Moines Swim Federation-IA	59.11	53.10	15
5	Cochran, Clara	8	Central Iowa Aquatics-IA	50.34	53.21	14
6	Warg-Farver, Paige	8	Central Iowa Aquatics-IA	1:08.78	53.69	13
7	Heusinkveld, Evelyn	8	Des Moines Swim Federation-IA	1:01.18	57.62	12
8	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:01.56	58.05	11
9	Flogel, Ella	7	Dowling Catholic Riptide Swim-IA	1:04.13	1:03.19	9
10	Books, Londyn	7	Uss Destroyers-IA	1:07.56	1:05.09	7
11	Freeman, Elizabeth	8	Central Iowa Aquatics-IA	1:23.07	1:11.33	6
12	Bry, Chloe	8	Mason City Swim Club-IA	1:17.23	1:12.03	5
13	Dumermuth, Della	8	Johnston Blaze Swim Club-IA	1:26.85	1:20.03	4
14	Tews, Grace	6	Fort Dodge Area Swim Team-IA	1:44.20	1:36.51	3

Event 23 Girls 9-10 50 LC Meter Backstroke**50.39 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	38.09	38.37 IASI	20
2	Smith, Hayden	10	Des Moines Swim Federation-IA	40.87	42.29 IASI	17
3	Qualley, Reagan	10	Greater Des Moines YMCA-IA	42.74	43.21 IASI	16
4	Anthofer, Eve	9	Carroll Area Swim Team-IA	46.52	43.25 IASI	15
5	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	42.96	43.32 IASI	14
6	Spear, Lilliana	10	Central Iowa Aquatics-IA	42.08	43.71 IASI	13
7	Fausch, Lilly	9	Central Iowa Aquatics-IA	46.28	43.81 IASI	12
8	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	45.84	44.77 IASI	11
9	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	44.35	46.71 IASI	9
10	Schweers, Genevieve	10	Central Iowa Aquatics-IA	47.29	46.86 IASI	7
11	Lewis, Rylee	10	Central Iowa Aquatics-IA	47.16	47.85 IASI	6
12	Huston, Quinn	10	Central Iowa Aquatics-IA	59.73	48.54 IASI	5

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 23 Girls 9-10 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
13	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	55.26	48.92 IASI	4
14	Hanson, Hannah	9	Des Moines Swim Federation-IA	49.04	51.18	3
15	Vobr, Vobr	9	Northeastern Swim Team-IA	53.91	51.24	2
16	Jenkins, Mai	10	Ames Cyclone Aquatics Club-IA	NT	52.69	1
17	McGuire, Edie	10	Greater Des Moines YMCA-IA	55.00	53.21	
18	Rowland, Norah	9	Des Moines Swim Federation-IA	54.11	53.41	
19	Ward, Amelia	9	Central Iowa Aquatics-IA	53.07	53.49	
20	Jacobson, Whitnee	9	Red Wing Swim Club-MN	50.45	54.86	
21	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	53.76	54.90	
22	Sponheim, Molly	9	Rams Swim Club-IA	54.68	55.28	
23	Trobaugh, Mara	9	Johnston Blaze Swim Club-IA	NT	55.74	
24	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:00.37	55.78	
25	Gebauer, Marlowe	9	Central Iowa Aquatics-IA	57.81	56.95	
26	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	57.43	57.86	
27	Williams, Quinn	10	Kohawk Aquatics-IA	58.48	59.21	
28	Carter, Haley	9	Carroll Area Swim Team-IA	54.20	1:00.17	
29	Ceballos, Mikaela	9	Greater Des Moines YMCA-IA	1:04.80	1:00.44	
30	Hall, Lauren	9	Central Iowa Aquatics-IA	1:03.70	1:01.82	
31	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	1:35.53	1:02.74	
32	Spradling, Eliana	9	Central Iowa Aquatics-IA	1:01.45	1:02.80	
33	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	NT	1:05.87	
34	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	1:06.98	1:05.94	
35	Ritchey, Lilo	10	South East Aquatics-IA	1:15.58	1:06.92	
36	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	1:06.73	1:08.50	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	1:00.52	NS	
---	McGuire, Edie	10	Greater Des Moines YMCA-IA	NT	NS	

Event 23 Girls 11-12 50 LC Meter Backstroke**40.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hornung, Harper	11	Waukee Waves-IA	36.08	36.02 IASI	20
2	Cygankova, Polina	12	Greater Des Moines YMCA-IA	39.37	36.95 IASI	17
3	Fitch, Lauren	11	North Side Swim Team-IA	39.14	38.86 IASI	16
4	Demirci, Ada	12	Ames Cyclone Aquatics Club-IA	39.09	38.94 IASI	15
5	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	38.20	39.19 IASI	14
6	Fillius, Willa	12	North Side Swim Team-IA	NT	39.84 IASI	13
7	Hanson, Aubrey	12	Central Iowa Aquatics-IA	39.15	40.09 IASI	12
8	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	40.60	40.25	11
9	Leidinger, Callie	12	Kohawk Aquatics-IA	41.49	40.86	9
10	Jean, Natiel	11	Greater Des Moines YMCA-IA	50.63	41.12	7
11	Brown, Audrey	11	Central Iowa Aquatics-IA	41.47	41.34	6
12	Ortega, Evelyn	11	Central Iowa Aquatics-IA	42.75	41.52	5
13	Larson, Rachel	11	Greater Des Moines YMCA-IA	41.08	41.79	4
14	Tudor, Ellery	11	Uss Destroyers-IA	46.72	41.97	3
15	Books, Malia	12	Uss Destroyers-IA	41.91	42.69	2
16	Lamb, Addison	11	Ames Cyclone Aquatics Club-IA	43.75	42.74	1
17	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	42.97	42.88	
18	Brons, Josie	11	Des Moines Swim Federation-IA	42.65	43.04	
19	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	46.33	43.53	
20	Neese, Savanna	11	Uss Destroyers-IA	52.64	44.50	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 23 Girls 11-12 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
21	Bry, Emma	11	Mason City Swim Club-IA	43.44	44.61	
22	Frein, Isabella	11	Central Iowa Aquatics-IA	46.62	44.97	
23	Mitchell, Paige	11	Central Iowa Aquatics-IA	44.79	45.39	
24	Butler, Mathilde	12	Greater Des Moines YMCA-IA	46.38	45.57	
25	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	53.48	46.39	
26	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	46.66	46.84	
27	Hardee, Anya	12	Mason City Swim Club-IA	48.95	47.10	
28	Vallas, Effie	11	Central Iowa Aquatics-IA	46.32	48.05	
29	Cody, Collins	11	Mason City Swim Club-IA	44.60	48.28	
30	Talley, Serena	11	Central Iowa Aquatics-IA	44.89	48.37	
31	Freeman, Catherine	12	Central Iowa Aquatics-IA	49.66	48.69	
32	Woolery, Breckyn	11	Central Iowa Aquatics-IA	48.91	49.30	
33	Kline, Lilly	11	Central Iowa Aquatics-IA	53.77	52.02	
34	Evangelista, Sloane	11	Central Iowa Aquatics-IA	NT	52.39	
35	Driscoll, Bailey	12	Mason City Swim Club-IA	54.10	55.44	
36	Sponheim, Leah	11	Rams Swim Club-IA	57.94	57.64	
37	Crouch, Ingrid	12	Dowling Catholic Riptide Swim-IA	NT	58.23	
38	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	58.81	1:01.34	
39	Monaghan, Katie	11	Central Iowa Aquatics-IA	NT	1:38.35	
---	Powers, Izzy	11	Greater Des Moines YMCA-IA	56.38	DQ	
---	Israel, Brynn	11	Central Iowa Aquatics-IA	39.26	NS	
---	Hauge, Kate	11	Ames Cyclone Aquatics Club-IA	46.30	NS	
---	Cunningham, Jailyn	12	Rams Swim Club-IA	55.57	NS	

Event 24 Boys 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	48.93	48.59	20
2	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	1:03.59	1:02.31	17
3	Demirci, Efe	7	Ames Cyclone Aquatics Club-IA	1:01.55	1:02.61	16
4	Ceballos Jr., Gustavo	7	Greater Des Moines YMCA-IA	NT	1:03.10	15
5	Deetz, Hayden	8	Mason City Swim Club-IA	1:00.35	1:04.72	14

Event 24 Boys 9-10 50 LC Meter Backstroke**50.79 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	44.74	43.84 IASI	20
2	Wing, Jackson	10	Des Moines Swim Federation-IA	44.63	44.82 IASI	17
3	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	45.98 IASI	16
4	Sprague, Tommy	9	Ames Cyclone Aquatics Club-IA	47.27	46.07 IASI	15
5	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	42.67	46.08 IASI	14
6	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	46.76	46.47 IASI	13
7	Israel, Jake	9	Central Iowa Aquatics-IA	51.95	49.46 IASI	12
8	Connolly, James	9	Greater Des Moines YMCA-IA	50.91	51.28	11
9	Garcia, Javi	9	Johnston Blaze Swim Club-IA	54.01	51.80	9
10	Long, Arthur	10	Rams Swim Club-IA	53.97	53.61	7
11	Avitt, Jacob	10	South East Aquatics-IA	NT	53.64	6
12	Johnson, Oliver	10	Des Moines Swim Federation-IA	1:15.08	54.68	5
13	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	52.59	55.27	4
14	Brace, Eli	10	Central Iowa Aquatics-IA	NT	55.32	3
15	Ridgway, Forrest	10	Dowling Catholic Riptide Swim-IA	55.81	57.25	2

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 24 Boys 9-10 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time	Points
16	Lassers, Teddy	10	Central Iowa Aquatics-IA	1:00.01	59.79	1
17	Miller, Jackson	10	Rams Swim Club-IA	56.62	1:01.85	
18	Israel, James	9	Central Iowa Aquatics-IA	1:15.74	1:08.77	
19	Brenizer, Hank	10	Des Moines Swim Federation-IA	1:16.43	1:08.96	
20	Dumermuth, Liam	10	Johnston Blaze Swim Club-IA	1:30.00	1:21.40	

Event 24 Boys 11-12 50 LC Meter Backstroke**40.39 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	30.90	30.53 IASI	20
2	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	35.24	34.86 IASI	17
3	Qualley, Parker	12	Greater Des Moines YMCA-IA	36.95	36.49 IASI	16
4	Green, Reilly	12	Des Moines Swim Federation-IA	36.12	37.12 IASI	15
5	Schultz, Rylan	12	Ames Cyclone Aquatics Club-IA	38.97	39.30 IASI	14
6	Sisul, Jenner	11	South East Aquatics-IA	40.30	39.98 IASI	13
7	Zhang, Allen	12	Des Moines Swim Federation-IA	39.52	40.11 IASI	12
8	Doll, Lennon	12	Central Iowa Aquatics-IA	40.72	40.26 IASI	11
9	Dingus, Blain	11	Burlington Area Bullsharks-IA	48.98	41.19	9
10	Todsens, Gavin	12	Central Iowa Aquatics-IA	43.62	41.81	7
11	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	42.72	6
12	Cunningham, Gideon	11	North Side Swim Team-IA	43.50	43.31	5
13	Carpenter, Malachi	11	Central Iowa Aquatics-IA	45.29	44.33	4
14	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	42.82	45.49	3
15	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	45.50	2
16	Sissel, Ethan	11	Des Moines Swim Federation-IA	NT	46.27	1
17	Naylor, Jackson	11	Central Iowa Aquatics-IA	47.21	46.97	
18	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	46.99	
19	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	45.32	47.29	
20	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	47.04	47.83	
21	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	46.59	48.44	
22	Carter, Thomas	11	Carroll Area Swim Team-IA	46.60	48.76	
23	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	50.94	49.61	
24	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	49.11	50.18	
25	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	50.26	
26	Reynolds, Jax	12	Uss Destroyers-IA	NT	55.32	
27	Jones, Nathan	12	Rams Swim Club-IA	58.62	55.64	
28	Sporleder, Connor	12	Rams Swim Club-IA	58.67	1:03.05	
---	Harmon, Dean	11	Rams Swim Club-IA	57.77	NS	
---	Aucutt, Grayson	12	Johnston Blaze Swim Club-IA	NT	NS	

Event 25 Girls 11-12 200 LC Meter Butterfly**3:10.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Garrison, Jorgia	11	Rams Swim Club-IA	NT	3:13.26	20
2	Jacobson, Kinzee	12	Red Wing Swim Club-MN	3:34.67	3:15.97	17
3	Gevoek, Trinity	11	South East Aquatics-IA	3:10.83	3:23.61	16
4	Janssen, Sarah	12	Carroll Area Swim Team-IA	NT	3:38.36	15
---	Israel, Brynn	11	Central Iowa Aquatics-IA	NT	DQ	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	NT	NS	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****Event 26 Boys 11-12 200 LC Meter Butterfly****3:06.19 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	2:43.29	2:35.66 IASI	20
2	Staiert, Easton	12	Des Moines Swim Federation-IA	3:07.33	3:02.22 IASI	17
3	LaPan, Henry	11	Uss Destroyers-IA	NT	3:55.47	16

Event 27 Girls 8 & Under 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Hancock, Charlotte	8	Central Iowa Aquatics-IA	1:33.26	1:36.60	20
2	Bolstad, Evelyn	8	Ames Cyclone Aquatics Club-IA	NT	1:39.25	17
3	Cochran, Clara	8	Central Iowa Aquatics-IA	1:35.58	1:40.21	16
4	Warg-Farver, Paige	8	Central Iowa Aquatics-IA	NT	1:44.12	15
5	Chen, Zoey	8	Des Moines Swim Federation-IA	1:39.60	1:46.03	14
6	Brenizer, Reagan	8	Des Moines Swim Federation-IA	2:03.27	1:47.98	13
7	Heusinkveld, Evelyn	8	Des Moines Swim Federation-IA	1:49.51	1:48.11	12
8	Tomka, Delaney	8	Dowling Catholic Riptide Swim-IA	1:54.05	1:49.62	11
9	Gallick, Esme	8	Dowling Catholic Riptide Swim-IA	1:59.17	1:52.95	9
10	O'Brien, Evelyn	8	Burlington Area Bullsharks-IA	NT	1:53.98	7
11	Simmons, Isla	8	Rams Swim Club-IA	1:59.63	1:55.52	6
12	Books, Londyn	7	Uss Destroyers-IA	NT	2:03.85	5
13	Freeman, Elizabeth	8	Central Iowa Aquatics-IA	NT	2:16.89	4
14	Flogel, Ella	7	Dowling Catholic Riptide Swim-IA	2:19.05	2:24.80	3
15	Bry, Chloe	8	Mason City Swim Club-IA	2:36.60	2:38.61	2

Event 27 Girls 9-10 100 LC Meter Freestyle**1:31.19 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cochran, Delaney	10	Central Iowa Aquatics-IA	1:18.21	1:16.57 IASI	20
2	Spear, Lilliana	10	Central Iowa Aquatics-IA	1:17.71	1:17.26 IASI	17
3	Smith, Hayden	10	Des Moines Swim Federation-IA	1:17.56	1:19.93 IASI	16
4	Qualley, Reagan	10	Greater Des Moines YMCA-IA	1:26.14	1:21.12 IASI	15
5	Kell, Hattie	9	Ames Cyclone Aquatics Club-IA	1:38.17	1:21.71 IASI	14
6	Mooney, Sabrina	10	Des Moines Swim Federation-IA	1:20.29	1:23.61 IASI	13
7	Cygankova, Alisa	9	Greater Des Moines YMCA-IA	1:23.64	1:23.64 IASI	12
8	Bilslend, Teagan	10	Ames Cyclone Aquatics Club-IA	1:17.12	1:23.76 IASI	11
9	Fausch, Lilly	9	Central Iowa Aquatics-IA	1:28.34	1:24.10 IASI	9
10	Freeseaman, Josie	10	Dowling Catholic Riptide Swim-IA	1:23.52	1:24.63 IASI	7
11	Freeseaman, Ivy	9	Dowling Catholic Riptide Swim-IA	1:28.15	1:25.01 IASI	6
12	Anthofer, Eve	9	Carroll Area Swim Team-IA	1:26.90	1:25.26 IASI	5
13	Currey, Rosie	9	Ames Cyclone Aquatics Club-IA	1:34.76	1:28.39 IASI	4
14	Lewis, Rylee	10	Central Iowa Aquatics-IA	1:27.45	1:31.00 IASI	3
15	Huston, Quinn	10	Central Iowa Aquatics-IA	1:57.14	1:31.13 IASI	2
16	Peppmeier, Amzie	10	Ames Cyclone Aquatics Club-IA	1:40.32	1:31.82	1
17	Fleming, Braylee	10	Rams Swim Club-IA	1:34.11	1:33.23	
18	Norton, Coco	10	Red Wing Swim Club-MN	1:44.98	1:35.78	
19	Schweers, Genevieve	10	Central Iowa Aquatics-IA	1:53.04	1:37.10	
20	Hakeman, Linley	9	Uss Destroyers-IA	NT	1:38.15	
21	Currey, Emmy	9	Ames Cyclone Aquatics Club-IA	1:35.03	1:38.26	
22	Hanson, Hannah	9	Des Moines Swim Federation-IA	1:37.57	1:39.79	
23	Benson, Kahlia	10	Red Wing Swim Club-MN	1:35.32	1:40.53	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 27 Girls 9-10 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
24	Vobr, Vobr	9	Northeastern Swim Team-IA	1:51.26	1:41.38	
25	Jacobson, Whitnee	9	Red Wing Swim Club-MN	1:33.76	1:42.04	
26	Angstrom, Grace	10	Fort Dodge Area Swim Team-IA	2:02.75	1:42.81	
27	Blocker, Kiersten	10	Central Iowa Aquatics-IA	1:44.73	1:43.46	
28	Puhrmann, Macyn	9	Central Iowa Aquatics-IA	1:40.51	1:44.10	
29	Ward, Amelia	9	Central Iowa Aquatics-IA	1:46.80	1:46.72	
30	Williams, Quinn	10	Kohawk Aquatics-IA	1:53.14	1:47.54	
31	Tews, Kallie	10	Fort Dodge Area Swim Team-IA	NT	1:48.46	
32	McGuire, Edie	10	Greater Des Moines YMCA-IA	1:47.69	1:49.19	
33	Smyth, Ava	10	Red Wing Swim Club-MN	2:17.10	1:49.20	
34	Norton, Stella	9	Red Wing Swim Club-MN	2:02.32	1:49.77	
35	Rowland, Norah	9	Des Moines Swim Federation-IA	NT	1:52.33	
36	Carter, Haley	9	Carroll Area Swim Team-IA	1:41.78	1:52.43	
37	Mullins, Vera	9	Ames Cyclone Aquatics Club-IA	2:04.21	1:56.87	
38	Sponheim, Molly	9	Rams Swim Club-IA	2:02.68	1:57.20	
39	Trobaugh, Mara	9	Johnston Blaze Swim Club-IA	NT	1:57.90	
40	Williams, Terin	9	Central Iowa Aquatics-IA	1:55.03	1:58.10	
41	Ceballos, Mikaela	9	Greater Des Moines YMCA-IA	NT	2:00.86	
42	Spradling, Eliana	9	Central Iowa Aquatics-IA	2:07.43	2:01.10	
43	Karbeling-Kurth, Nuria	9	Iowa City Eels-IA	2:04.12	2:03.00	
44	Ghimire, Sanaya	9	Ames Cyclone Aquatics Club-IA	NT	2:03.03	
45	Hall, Lauren	9	Central Iowa Aquatics-IA	2:05.24	2:06.11	
46	Weatherly, Ellison	9	Johnston Blaze Swim Club-IA	1:58.83	2:07.30	
47	Ritchey, Lilo	10	South East Aquatics-IA	2:12.64	2:09.29	
48	Beagley, Lydia	9	Ames Cyclone Aquatics Club-IA	NT	2:12.88	
---	McGuire, Edie	10	Greater Des Moines YMCA-IA	NT	NS	
---	Mathews, Ingrid	10	Ames Cyclone Aquatics Club-IA	2:11.39	NS	

Event 27 Girls 11-12 100 LC Meter Freestyle**1:15.09 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Bykova, Sasha	12	Des Moines Swim Federation-IA	1:07.14	1:05.64 IASI	20
2	Stonehocker, Trinity	12	Des Moines Swim Federation-IA	1:10.23	1:10.12 IASI	17
3	Tran, Victoria	12	Central Iowa Aquatics-IA	1:11.87	1:10.35 IASI	16
4	Ludwig, Mia	12	Greater Des Moines YMCA-IA	1:11.52	1:10.55 IASI	15
5	Hornung, Harper	11	Waukee Waves-IA	1:10.50	1:10.65 IASI	14
6	Cygankova, Polina	12	Greater Des Moines YMCA-IA	1:14.06	1:10.66 IASI	13
7	Meyer, Gwen	12	Dowling Catholic Riptide Swim-IA	1:10.93	1:10.81 IASI	12
8	Hutzell, Rowen	12	Ames Cyclone Aquatics Club-IA	1:11.53	1:11.19 IASI	11
9	Smyth, Vivi	12	Red Wing Swim Club-MN	1:11.34	1:11.34 IASI	9
10	Lewis, Madyson	12	Central Iowa Aquatics-IA	1:13.43	1:12.29 IASI	7
11	Hanson, Aubrey	12	Central Iowa Aquatics-IA	1:14.77	1:12.97 IASI	6
12	Baker, Caroline	11	Central Iowa Aquatics-IA	1:15.79	1:13.37 IASI	5
13	Schoolen, Ruby	12	Rams Swim Club-IA	1:14.02	1:15.02 IASI	4
14	Leidinger, Callie	12	Kohawk Aquatics-IA	1:18.21	1:15.11	3
15	Israel, Brynn	11	Central Iowa Aquatics-IA	1:13.66	1:15.44	2
16	Fillius, Willa	12	North Side Swim Team-IA	1:14.40	1:15.51	1
17	Albrecht, Brynlee	12	Greater Des Moines YMCA-IA	1:15.65	1:15.82	
18	Tudor, Ellery	11	Uss Destroyers-IA	1:25.39	1:16.01	
19	Brons, Josie	11	Des Moines Swim Federation-IA	1:13.44	1:16.35	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 27 Girls 11-12 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
20	Jean, Natiel	11	Greater Des Moines YMCA-IA	1:16.28	1:16.55	
21	Ocheltree, Kinnick	12	Greater Des Moines YMCA-IA	1:20.76	1:17.29	
22	Fitch, Lauren	11	North Side Swim Team-IA	1:21.07	1:17.74	
23	Sisul, Jolie	12	South East Aquatics-IA	1:23.68	1:18.88	
24	Books, Malia	12	Uss Destroyers-IA	1:22.94	1:19.58	
25	Knox, Makayla	12	Fort Dodge Area Swim Team-IA	1:29.48	1:20.43	
26	Hakeman, Riley	11	Uss Destroyers-IA	1:26.09	1:20.81	
27	Starr, Madison	12	Ames Cyclone Aquatics Club-IA	1:20.93	1:22.02	
28	Freeman, Catherine	12	Central Iowa Aquatics-IA	1:22.95	1:23.51	
29	Ortega, Evelyn	11	Central Iowa Aquatics-IA	1:26.05	1:24.52	
30	Frein, Isabella	11	Central Iowa Aquatics-IA	NT	1:24.67	
31	Karbeling-Kurth, Miriam	12	Iowa City Eels-IA	NT	1:25.00	
32	Connolly, Grace	12	Greater Des Moines YMCA-IA	1:20.69	1:25.40	
33	Brown, Audrey	11	Central Iowa Aquatics-IA	NT	1:26.55	
34	Talley, Serena	11	Central Iowa Aquatics-IA	1:23.35	1:28.55	
35	Kovacevich, Eleanor	11	Ames Cyclone Aquatics Club-IA	1:46.09	1:29.33	
36	Bry, Emma	11	Mason City Swim Club-IA	1:28.58	1:29.48	
37	Ireland, Avery	11	Des Moines Swim Federation-IA	1:29.95	1:29.54	
38	Hanson, Ainslie	11	Red Wing Swim Club-MN	1:24.39	1:29.69	
39	Stinson, Ellie	12	Red Wing Swim Club-MN	1:36.71	1:29.74	
40	Beagley, Evelyn	11	Ames Cyclone Aquatics Club-IA	NT	1:30.63	
41	Driscoll, Bailey	12	Mason City Swim Club-IA	1:28.91	1:31.44	
42	Mitchell, Paige	11	Central Iowa Aquatics-IA	1:30.75	1:31.61	
43	Hardee, Anya	12	Mason City Swim Club-IA	1:34.82	1:33.13	
44	Vallas, Effie	11	Central Iowa Aquatics-IA	1:29.55	1:33.15	
45	Cody, Collins	11	Mason City Swim Club-IA	1:28.83	1:34.11	
46	Sponheim, Leah	11	Rams Swim Club-IA	1:57.58	1:38.36	
47	Evangelista, Sloane	11	Central Iowa Aquatics-IA	1:45.56	1:41.27	
48	Woolery, Breckyn	11	Central Iowa Aquatics-IA	NT	1:44.10	
49	Kline, Lilly	11	Central Iowa Aquatics-IA	1:46.32	1:45.64	
50	Ahrens, Paityn	11	Fort Dodge Area Swim Team-IA	1:55.38	1:49.45	
51	Young, Makenna	11	Central Iowa Aquatics-IA	2:17.84	2:10.00	
---	Fenton, Aspen	12	Des Moines Swim Federation-IA	1:08.83	NS	

Event 28 Boys 8 & Under 100 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time	Points
1	Cramer, Sawyer	8	Rams Swim Club-IA	1:41.90	1:41.50	20
2	Schoolen, Max	8	Rams Swim Club-IA	1:46.49	1:48.37	17
3	Dacey, Bennett	8	Ames Cyclone Aquatics Club-IA	NT	1:56.05	16
4	Thomas, Noah	7	Rams Swim Club-IA	NT	1:58.16	15
5	Gruenisen, Matthew	8	Central Iowa Aquatics-IA	2:01.56	2:07.26	14
6	Deetz, Hayden	8	Mason City Swim Club-IA	NT	2:08.85	13
7	Gilloon, Vincent	8	Ames Cyclone Aquatics Club-IA	2:21.46	2:24.55	12

Event 28 Boys 9-10 100 LC Meter Freestyle**1:30.19 9-10 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Mintle, Easton	10	Des Moines Swim Federation-IA	1:09.34	1:09.36 IASI	20
2	Kokjohn, Cohen	10	Burlington Area Bullsharks-IA	NT	1:25.41 IASI	17
3	Garrison, Jonah	9	Rams Swim Club-IA	1:30.45	1:26.15 IASI	16

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 28 Boys 9-10 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
4	Rees, Brighton	10	Ames Cyclone Aquatics Club-IA	1:33.27	1:26.27 IASI	15
5	Hutzell, Wyatt	10	Ames Cyclone Aquatics Club-IA	1:29.67	1:29.52 IASI	14
6	Chodorowski, Silas	9	Mason City Swim Club-IA	NT	1:30.05 IASI	13
7	Ocheltree, Hawk	10	Greater Des Moines YMCA-IA	1:27.37	1:31.42	12
8	Israel, Jake	9	Central Iowa Aquatics-IA	NT	1:31.90	11
9	Lohmeier, Thomas	10	Des Moines Swim Federation-IA	1:34.61	1:33.02	9
10	Brase, Kieran	10	Dowling Catholic Riptide Swim-IA	NT	1:33.12	7
11	Sprague, Tommy	9	Ames Cyclone Aquatics Club-IA	1:36.37	1:33.32	6
12	Tran, Colin	9	Central Iowa Aquatics-IA	1:28.44	1:35.04	5
13	Tourney, Emmett	9	Red Wing Swim Club-MN	1:36.47	1:35.19	4
14	Kokjohn, Colin	10	Des Moines Swim Federation-IA	1:29.53	1:36.70	3
15	Chrisco, Kingston	10	Ames Cyclone Aquatics Club-IA	1:38.78	1:36.78	2
16	Johnson, Oliver	10	Des Moines Swim Federation-IA	1:34.46	1:37.02	1
17	Wing, Jackson	10	Des Moines Swim Federation-IA	1:37.29	1:39.31	
18	Meyer, Sully	9	Dowling Catholic Riptide Swim-IA	1:41.19	1:40.94	
19	Long, Arthur	10	Rams Swim Club-IA	1:44.97	1:41.39	
20	Grote, Hank	10	Rams Swim Club-IA	NT	1:43.37	
21	Brace, Eli	10	Central Iowa Aquatics-IA	NT	1:45.22	
22	Ridgway, Forrest	10	Dowling Catholic Riptide Swim-IA	1:45.72	1:46.07	
23	Avitt, Jacob	10	South East Aquatics-IA	NT	1:47.83	
24	Garcia, Javi	9	Johnston Blaze Swim Club-IA	1:40.78	1:48.38	
25	Connolly, James	9	Greater Des Moines YMCA-IA	1:49.29	1:56.67	
26	Brenizer, Hank	10	Des Moines Swim Federation-IA	2:09.15	2:07.80	

Event 28 Boys 11-12 100 LC Meter Freestyle**1:15.49 11-12 IASI IASI Q**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Rychnovsky, Beckum	12	Des Moines Swim Federation-IA	1:03.10	58.78 IASI	20
2	Norem, Layten	12	Ames Cyclone Aquatics Club-IA	1:02.51	59.66 IASI	17
3	Kell, Henry	12	Ames Cyclone Aquatics Club-IA	1:07.96	1:07.04 IASI	16
4	Calderon, LuisManuel	12	Ames Cyclone Aquatics Club-IA	1:09.00	1:07.31 IASI	15
5	Qualley, Parker	12	Greater Des Moines YMCA-IA	1:11.43	1:08.82 IASI	14
6	Ghimire, Sanji	12	Ames Cyclone Aquatics Club-IA	1:10.86	1:09.43 IASI	13
7	Call, Harrison	12	Ames Cyclone Aquatics Club-IA	1:25.50	1:10.06 IASI	12
8	Staiert, Easton	12	Des Moines Swim Federation-IA	1:06.35	1:10.34 IASI	11
9	Freeseaman, Griffin	12	Dowling Catholic Riptide Swim-IA	1:11.59	1:10.87 IASI	9
10	Green, Reilly	12	Des Moines Swim Federation-IA	1:10.60	1:11.47 IASI	7
11	Nakama, Kano	12	Ames Cyclone Aquatics Club-IA	1:14.29	1:13.71 IASI	6
12	Zhang, Allen	12	Des Moines Swim Federation-IA	1:14.54	1:14.27 IASI	5
13	Fausch, Zach	11	Central Iowa Aquatics-IA	1:15.73	1:15.13 IASI	4
14	Johnson, Ryker	11	South East Aquatics-IA	NT	1:15.22 IASI	3
15	Todsen, Gavin	12	Central Iowa Aquatics-IA	1:41.03	1:16.09	2
16	Chodorowski, Wyatt	12	Mason City Swim Club-IA	NT	1:16.36	1
17	Dingus, Blain	11	Burlington Area Bullsharks-IA	NT	1:16.63	
18	Cunningham, Gideon	11	North Side Swim Team-IA	1:18.32	1:18.24	
19	Sisul, Jenner	11	South East Aquatics-IA	1:19.80	1:18.57	
20	Whitmore, Bryson	11	Ames Cyclone Aquatics Club-IA	1:37.47	1:19.47	
21	Siebrecht, Ryder	12	Carroll Area Swim Team-IA	1:18.16	1:21.15	
22	Sandquist, Henry	11	Central Iowa Aquatics-IA	NT	1:21.64	
23	Williams, Max	12	Kohawk Aquatics-IA	1:27.87	1:21.89	

2025 CIA Beat the Heat - 6/27/2025 to 6/29/2025**2025 CIA Beat the Heat, Sanction #: IA-25-86****Wellmark YMCA, June 23-25 2023, 50 meter****Results - Saturday Morning, June 28, 2025****(Event 28 Boys 11-12 100 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time	Points
24	Tunink, Johnny	12	Dowling Catholic Riptide Swim-IA	1:21.25	1:22.25	
25	Brouchous, Emmitt	12	Carroll Area Swim Team-IA	1:29.20	1:23.28	
26	Starr, Jackson	11	Ames Cyclone Aquatics Club-IA	1:22.88	1:23.94	
27	Phelps, Briggs	12	Dowling Catholic Riptide Swim-IA	1:28.11	1:25.28	
28	Sexton, James	11	Central Iowa Aquatics-IA	1:21.36	1:25.51	
29	McGuire, Louie	12	Greater Des Moines YMCA-IA	NT	1:25.86	
30	Sandquist, Edward	11	Central Iowa Aquatics-IA	NT	1:26.51	
31	Dube, Etienne	11	Ames Cyclone Aquatics Club-IA	1:39.66	1:26.58	
32	Naylor, Jackson	11	Central Iowa Aquatics-IA	1:27.51	1:27.60	
33	Sissel, Ethan	11	Des Moines Swim Federation-IA	NT	1:28.92	
*34	Brown, Carter	12	Central Iowa Aquatics-IA	NT	1:29.62	
*34	Doll, Lennon	12	Central Iowa Aquatics-IA	1:22.95	1:29.62	
36	Spaine, Tiegán	11	Greater Des Moines YMCA-IA	1:54.02	1:29.85	
37	Wood, Finn	11	Ames Cyclone Aquatics Club-IA	NT	1:31.10	
38	Ratcliff, Blake	11	Dowling Catholic Riptide Swim-IA	1:36.93	1:37.77	
39	Reynolds, Jax	12	Uss Destroyers-IA	NT	1:45.85	
40	Carter, Thomas	11	Carroll Area Swim Team-IA	1:34.36	1:46.73	
41	Sporleder, Connor	12	Rams Swim Club-IA	1:59.17	1:58.70	
42	Jones, Nathan	12	Rams Swim Club-IA	NT	2:06.68	
---	Moore, Jim	12	Ia-Unattached-IA	1:18.65	DQ	
---	Cody, Jay	11	Red Wing Swim Club-MN	1:52.99	NS	
---	Aucutt, Grayson	12	Johnston Blaze Swim Club-IA	NT	NS	
---	Harmon, Dean	11	Rams Swim Club-IA	NT	NS	
---	Smith, Harry	12	Des Moines Swim Federation-IA	1:12.43	NS	

Event 29 Girls 12 & Under 200 LC Meter Medley Relay

	Team	Relay	Seed Time	Finals Time
1	Rams Swim Club-IA	A	2:55.00	2:50.85
	1) Fleming, Braylee 10	2) Thomas, Liv 10	3) Schoolen, Ruby 12	4) Garrison, Jorgia 11
2	Central Iowa Aquatics-IA	E	NT	2:59.44
	1) Brown, Audrey 11	2) Talley, Serena 11	3) Lewis, Madyson 12	4) Williams, Terin 9
3	Central Iowa Aquatics-IA	C	NT	3:01.00
	1) Ortega, Evelyn 11	2) Mitchell, Paige 11	3) Hanson, Aubrey 12	4) Warg-Farver, Paige 8
4	Central Iowa Aquatics-IA	G	NT	3:06.11
	1) Cochran, Clara 8	2) Huston, Quinn 10	3) Israel, Brynn 11	4) Lewis, Rylee 10
5	Central Iowa Aquatics-IA	F	NT	3:07.30
	1) Woolery, Breckyn 11	2) Freeman, Catherine 12	3) Ward, Amelia 9	4) Schweers, Genevieve 10
6	Central Iowa Aquatics-IA	B	NT	3:17.15
	1) Hancock, Charlotte 8	2) Puhmann, Macyn 9	3) Cochran, Delaney 10	4) Freeman, Elizabeth 8
7	Central Iowa Aquatics-IA	D	NT	3:18.94
	1) Frein, Isabella 11	2) Spear, Lilliana 10	3) Fausch, Lilly 9	4) Young, Makenna 11
8	Mason City Swim Club-IA	A	3:21.01	3:19.14
	1) Hardee, Anya 12	2) Driscoll, Bailey 12	3) Bry, Emma 11	4) Cody, Collins 11
9	Central Iowa Aquatics-IA	A	NT	3:36.12
	1) Blocker, Kiersten 10	2) Evangelista, Sloane 11	3) Baker, Caroline 11	4) Gebauer, Marlowe 9
10	Central Iowa Aquatics-IA	H	NT	4:18.29
	1) Monaghan, Katie 11	2) Vallas, Effie 11	3) Tran, Victoria 12	4) Spradling, Eliana 9

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	Team	Relay	Seed Time	Finals Time
1	Rams Swim Club-IA	A	3:20.00	3:05.89
	1) Cramer, Sawyer 8	2) Garrison, Jonah 9	3) Thomas, Ethan 12	4) Long, Arthur 10
2	Central Iowa Aquatics-IA	C	NT	3:10.83
	1) Doll, Lennon 12	2) Tran, Colin 9	3) Todsen, Gavin 12	4) Lassers, Teddy 10
3	Central Iowa Aquatics-IA	A	NT	3:11.33
	1) Fausch, Zach 11	2) Israel, Jake 9	3) Naylor, Jackson 11	4) Brown, Carter 12
---	Central Iowa Aquatics-IA	B	NT	DQ
	1) Carpenter, Malachi 11	2) Brace, Eli 10	3) Sexton, James 11	4) Gruenisen, Matthew 8