

**CIA Blaze 2024 Winter Blues Buster - 1/26/2024 to 1/28/2024**

**CIA Blaze 2024 Winter Blues Buster**

**Session Report**

Session: 1 Session 1: Friday Evening

Day of Meet: 1 Starts at 08:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 11 & Over 400 IM	24	3 u	08:00 PM	_____
Finals	2 Mixed 11 & Over 1650 Freestyle	14	2 u	08:19 PM	_____
	Swimmers Counts for Warm-ups: 38	=====	=====		
	Entry / Heat Totals:	38	5		
	Finish Time			09:10 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BLST	Black Hawk Area Swim Team	1	1		
CIA	Central Iowa Aquatics	15	15		
DMSF	Des Moines Swimming Federation	11	11		
RIP	Dowling Catholic Riptide	2	2		
DSMY	Greater Des Moines YMCA Marlin	7	7		
OTT	Ottumwa Hurricanes	1	1		
UNAT	Unattached	1	1		

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**Session Report**

Session: 2 Session 2: Saturday Morning

Day of Meet: 2 Starts at 10:40 AM Heat Interval: 16 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Girls 9-10 200 Medley Relay	11	2	10:40 AM	_____
Finals	4 Boys 9-10 200 Medley Relay	6	1	10:50 AM	_____
Finals	5 Girls 11-12 200 Medley Relay	11	2	10:54 AM	_____
Finals	6 Boys 11-12 200 Medley Relay	10	2	11:00 AM	_____
	Break: 2 Minutes:				
Finals	7 Girls 8 & Under 25 Freestyle	40	5	11:09 AM	_____
Finals	8 Boys 8 & Under 25 Freestyle	24	3	11:13 AM	_____
	Break: 2 Minutes:				
Finals	9 Girls 12 & Under 200 IM	46	6	11:17 AM	_____
Finals	10 Boys 12 & Under 200 IM	29	4	11:39 AM	_____
Finals	11 Girls 12 & Under 100 Freestyle	117	15	11:53 AM	_____
Finals	12 Boys 12 & Under 100 Freestyle	99	13	12:19 PM	_____
Finals	13 Girls 12 & Under 50 Breaststroke	130	17	12:42 PM	_____
Finals	14 Boys 12 & Under 50 Breaststroke	92	12	01:02 PM	_____
	Break: 2 Minutes:				
Finals	15 Girls 8 & Under 25 Backstroke	35	5	01:19 PM	_____
Finals	16 Boys 8 & Under 25 Backstroke	21	3	01:24 PM	_____
	Break: 2 Minutes:				
Finals	17 Girls 12 & Under 100 Backstroke	78	10	01:30 PM	_____
Finals	18 Boys 12 & Under 100 Backstroke	63	8	01:52 PM	_____
Finals	19 Girls 12 & Under 50 Butterfly	91	12	02:10 PM	_____
Finals	20 Boys 12 & Under 50 Butterfly	64	8	02:22 PM	_____
	Break: 4 Minutes:				
Finals	21 Girls 8 & Under 100 Freestyle Relay	5	1	02:34 PM	_____
Finals	22 Boys 8 & Under 100 Freestyle Relay	4	1	02:37 PM	_____
	Swimmers Counts for Warm-ups: 319	=====	=====		
	Entry / Heat Totals:	976	130		
	Finish Time			02:39 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	67	23		
CAST	Carroll Area Swim Team	55	17		
CIA	Central Iowa Aquatics	206	63		
DMSF	Des Moines Swimming Federation	196	64		
RIP	Dowling Catholic Riptide	182	64		
DSMY	Greater Des Moines YMCA Marlin	113	33		
BLAZ	Johnston Blaze Swim Club	84	35		
OTT	Ottumwa Hurricanes	8	2		
SEA	South East Aquatics	61	16		
IA-UN	UnAtt - Dowling Catholic Ripti	4	2		

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**Session Report**

Session: 3 Session 3: Saturday Afternoon

Day of Meet: 2 Starts at 03:55 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	23 Women 13 & Over 200 Medley Relay	13	2	03:55 PM	_____
Finals	24 Men 13 & Over 200 Medley Relay	9	2	04:02 PM	_____
	Break: 2 Minutes:				
Finals	25 Women 200 Breaststroke	57	8	04:10 PM	_____
Finals	26 Men 200 Breaststroke	21	3	04:39 PM	_____
Finals	27 Women 13 & Over 100 Backstroke	75	10	04:50 PM	_____
Finals	28 Men 13 & Over 100 Backstroke	41	6	05:09 PM	_____
Finals	29 Women 13 & Over 200 IM	58	8	05:21 PM	_____
Finals	30 Men 13 & Over 200 IM	20	3	05:46 PM	_____
Finals	31 Women 13 & Over 50 Freestyle	104	13	05:56 PM	_____
Finals	32 Men 13 & Over 50 Freestyle	45	6	06:07 PM	_____
Finals	33 Women 13 & Over 100 Butterfly	57	8	06:13 PM	_____
Finals	34 Men 13 & Over 100 Butterfly	27	4	06:26 PM	_____
	Break: 5 Minutes:				
Finals	35 Women 1000 Freestyle	17	3 u	06:38 PM	_____
Finals	36 Men 1000 Freestyle	10	2 u	07:17 PM	_____
	Swimmers Counts for Warm-ups: 210	=====	=====		
	Entry / Heat Totals:	554	78		
	Finish Time			07:49 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	46	17		
BLST	Black Hawk Area Swim Team	27	8		
CAST	Carroll Area Swim Team	28	12		
CIA	Central Iowa Aquatics	140	52		
DMSF	Des Moines Swimming Federation	105	36		
RIP	Dowling Catholic Riptide	30	15		
DSMY	Greater Des Moines YMCA Marlin	32	12		
BLAZ	Johnston Blaze Swim Club	31	16		
NSST	North Side Swim Team	40	15		
OTT	Ottumwa Hurricanes	1	1		
RSC	Rams Swim Club	32	12		
SEA	South East Aquatics	40	12		
UNAT	Unattached	2	2		

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**Session Report**

Session: 4 Session 4: Sunday Morning

Day of Meet: 3 Starts at 08:40 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	43 Girls 12 & Under 50 Backstroke	151	19	08:40 AM	_____
Finals	44 Boys 12 & Under 50 Backstroke	88	11	09:06 AM	_____
	Break: 4 Minutes:				
Finals	45 Girls 8 & Under 25 Breaststroke	22	3	09:26 AM	_____
Finals	46 Boys 8 & Under 25 Breaststroke	11	2	09:28 AM	_____
	Break: 2 Minutes:				
Finals	47 Girls 12 & Under 100 Breaststroke	68	9	09:32 AM	_____
Finals	48 Boys 12 & Under 100 Breaststroke	34	5	09:50 AM	_____
Finals	49 Girls 12 & Under 200 Freestyle	43	6	10:00 AM	_____
Finals	50 Boys 12 & Under 200 Freestyle	36	5	10:20 AM	_____
Finals	51 Girls 12 & Under 100 IM	94	12	10:36 AM	10:33 AM
Finals	52 Boys 12 & Under 100 IM	54	7	11:00 AM	10:57 AM
	Break: 3 Minutes:				
Finals	53 Girls 8 & Under 25 Butterfly	18	3	11:16 AM	11:13 AM
Finals	54 Boys 8 & Under 25 Butterfly	9	2	11:18 AM	11:15 AM
	Break: 2 Minutes:				
Finals	55 Girls 12 & Under 100 Butterfly	29	4	11:22 AM	11:19 AM
Finals	56 Boys 12 & Under 100 Butterfly	15	2	11:29 AM	11:26 AM
	Break: 1 Minutes:				
Finals	57 Girls 12 & Under 50 Freestyle	167	21	11:34 AM	11:31 AM
Finals	58 Boys 12 & Under 50 Freestyle	106	14	11:55 AM	11:52 AM
	Break: 3 Minutes:				
Finals	59 Girls 9-12 500 Freestyle	17	3 u	12:11 PM	12:08 PM
Finals	60 Boys 9-12 500 Freestyle	10	2 u	12:33 PM	12:30 PM
	Swimmers Counts for Warm-ups: 306	=====	=====		
	Entry / Heat Totals:	972	130		
	Finish Time			12:51 PM	12:39 PM
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	42	12		
CAST	Carroll Area Swim Team	30	9		
CIA	Central Iowa Aquatics	225	70		
DMSF	Des Moines Swimming Federation	186	60		
RIP	Dowling Catholic Riptide	186	61		
DSMY	Greater Des Moines YMCA Marlin	141	41		
BLAZ	Johnston Blaze Swim Club	101	37		
OTT	Ottumwa Hurricanes	8	2		
SEA	South East Aquatics	47	12		
IA-UN	UnAtt - Dowling Catholic Riptide	6	2		

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**Session Report**

Session: 5 Session 5: Sunday Afternoon

Day of Meet: 3 Starts at 01:55 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	61 Women 13 & Over 200 Freestyle Relay	11	2	01:55 PM	_____
Finals	62 Men 13 & Over 200 Freestyle Relay	7	1	02:01 PM	_____
	Break: 2 Minutes:				
Finals	63 Women 200 Butterfly	15	2	02:05 PM	_____
Finals	64 Men 200 Butterfly	5	1	02:11 PM	_____
Finals	65 Women 13 & Over 100 Freestyle	94	12	02:14 PM	_____
Finals	66 Men 13 & Over 100 Freestyle	42	6	02:32 PM	_____
Finals	67 Women 200 Backstroke	46	6	02:41 PM	_____
Finals	68 Men 200 Backstroke	25	4	03:02 PM	_____
Finals	69 Women 13 & Over 200 Freestyle	57	8	03:15 PM	_____
Finals	70 Men 13 & Over 200 Freestyle	27	4	03:38 PM	_____
Finals	71 Women 13 & Over 100 Breaststroke	66	9	03:49 PM	_____
Finals	72 Men 13 & Over 100 Breaststroke	29	4	04:06 PM	_____
	Break: 5 Minutes:				
Finals	73 Women 13 & Over 500 Freestyle	43	6 u	04:19 PM	_____
Finals	74 Men 13 & Over 500 Freestyle	15	2 u	04:57 PM	_____
	Swimmers Counts for Warm-ups: 176	=====	=====		
	Entry / Heat Totals:	482	67		
	Finish Time			05:09 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
ACAC	Ames Cyclone Aquatics Club	36	14		
BLST	Black Hawk Area Swim Team	27	7		
CAST	Carroll Area Swim Team	17	8		
CIA	Central Iowa Aquatics	133	48		
DMSF	Des Moines Swimming Federation	95	31		
RIP	Dowling Catholic Riptide	19	10		
DSMY	Greater Des Moines YMCA Marlin	30	13		
BLAZ	Johnston Blaze Swim Club	29	12		
NSST	North Side Swim Team	35	13		
OTT	Ottumwa Hurricanes	1	1		
RSC	Rams Swim Club	15	7		
SEA	South East Aquatics	37	9		
UNAT	Unattached	8	3		