

Session 1 - Friday - 11 & Over Distance	
Warmups: 7:00 - 7:50pm	
Lane	Team
1	CIA
2	CIA
3	RIP
4	DMSF
5	DMSF
6	DSMY
7	BLST
8	OTT / UNAT

Session 2 - Saturday Morning - 12 & Under	
Warmup 1: 9:30-10:00am	
Lane	Team
1	CAST / CIA
2	CIA
3	CIA
4	CIA
5	DMSF
6	DMSF
7	DMSF
8	SEA / DMSF

Warmup 2: 10:00-10:30am	
Lane	Team
1	ACAC
2	ACAC / BLAZ / OTT
3	BLAZ
4	RIP
5	RIP
6	RIP
7	DSMY / RIP / UNAT
8	DSMY

Session 3 - Saturday Evening - Open	
Warmup 1: 2:45-3:15pm	
Lane	Team
1	CIA
2	CIA
3	CIA
4	CIA
5	DMSF
6	DMSF
7	DMSF / OTT
8	SEA

Warmup 2: 3:15-3:45pm	
Lane	Team
1	ACAC
2	ACAC / BLST
3	RIP
4	DSMY
5	CAST
6	BLAZ
7	BLAZ / RSC / UNAT
8	NSST

Session 4 - Sunday Morning - 12 & Under	
Warmup 1: 7:30-8:00am	
Lane	Team
1	BLAZ
2	BLAZ / RIP
3	RIP
4	RIP
5	RIP
6	ACAC / DSMY / UNAT
7	DSMY
8	DSMY

Warmup 2: 8:00-8:30am	
Lane	Team
1	CAST / CIA
2	CIA
3	CIA
4	CIA
5	DMSF
6	DMSF
7	DMSF
8	SEA / OTT

Session 5 - Sunday Evening - Open	
Warmup 1: 12:45-1:15pm	
Lane	Team
1	ACAC
2	BLST
3	RIP
4	DSMY
5	CAST
6	BLAZ
7	RSC / UNAT
8	NSST

Warmup 2: 1:15-1:45pm	
Lane	Team
1	CIA
2	CIA
3	CIA
4	CIA
5	DMSF
6	DMSF
7	DMSF / OTT
8	SEA