

December Practice Schedule

Day	Date	Morning Practice	Afternoon
Monday	12/1/2025	Weights 6-7am Swim 7-8am	
Tuesday	12/2/2025		
Wednesday	12/3/2025	Weights 6-7am Swim 7-8am	
Thursday	12/4/2025		
Friday	12/5/2025	Weights 6-7am Swim 7-8am	
Saturday	12/6/2025		
Sunday	12/7/2025		
Monday	12/8/2025	Weights 6-7am Swim 7-8am	
Tuesday	12/9/2025		
Wednesday	12/10/2025	Weights 6-7am Swim 7-8am	
Thursday	12/11/2025		
Friday	12/12/2025	Weights 6-7am Swim 7-8am	
Saturday	12/13/2025		
Sunday	12/14/2025		
Monday	12/15/2025	Weights 6-7am Swim 7-8am	
Tuesday	12/16/2025		
Wednesday	12/17/2025	Weights 6-7am Swim 7-8am	
Thursday	12/18/2025		
Friday	12/19/2025	Shake Out Swim 8am-9am	
Saturday	12/20/2025		
Sunday	12/21/2025	Winter Break	
Monday	12/22/2025	Weights 7:45-8:45am	
Tuesday	12/23/2025	Winter Break	
Wednesday	12/24/2025	Winter Break	
Thursday	12/25/2025	Winter Break	
Friday	12/26/2025	Winter Break	
Saturday	12/27/2025	Winter Break	
Sunday	12/28/2025	Winter Break	
Monday	12/29/2025	Weights 7:45-8:45am	
Tuesday	12/30/2025	Winter Break	
Wednesday	12/31/2025	Weights 7:45-8:45am	
Thursday	1/1/2026	Winter Break	
Friday	1/2/2026	Weights 7:45-8:45am	
Saturday	1/3/2026	Winter Break	
Sunday	1/4/2026	Winter Break	



