

PAWW POST

The Wizard Way

TOP NEWS OF THE MONTH

THANK YOU, MATT!



Towards the end of break, Matt Heberer, PAWW Board Member and Facilities Director, discovered a major leak in the pool/filter. His quick actions and collaboration with Peoria Park District allowed our swimmers to return to the pool quickly and safely. We'd also like to thank Coach Chance, Paul Walliker, & Olga Happel.



IMPORTANT INFORMATION

- 4/15: PAWW Board Meeting
- 4/21: JETS Summer Classic registration due date
- 4/22: Kendall Pickering registration due date
- 4/27 & 28: Fitter Faster Explosive Starts & Turns. Additional info enclosed. POSSIBLE PRACTICE CHANGES.

IMPORTANT INFORMATION

**THE 2024 LONG COURSE
SUMMER SCHEDULE BEGINS
JUNE 3RD.**

**THE APRIL/MAY PRACTICE
SCHEDULE WILL END ON
JUNE 2ND.**

**THE LAST SUNDAY PRACTICE
OF THE SEASON WILL BE ON
JUNE 2ND.**

BOARD OF DIRECTORS

WE ARE HERE TO SERVE YOUR NEEDS



March Director Spotlight, Mike Gardiner

Mike currently serves as the Vice President of PAWW and has been a PAWW parent for almost six years. He and his wife, Lauren, have three beautiful daughters: Gianna (17), Kamryn (12), and Alivia (10). Kamryn is his only PAWW swimmer and will be in Black 2 this LCM season.

Mike played college football at Millikin University earning a degree in Exercise Physiology and has been in the surgical sales arena for 18+ years. He is a diehard Fighting Illini football and basketball fan while rooting for the Chicago Bears and Cubs.



Mike.Gardiner@pawswim.org
Vice President



Brandon.Crull@pawswim.org
President



Scott.Mousty@pawswim.org,
Treasurer



Lindsey.Sefried@pawswim.org
Secretary



Matt.Heberer@pawswim.org
Facilities Chair



Olga.Happel@pawswim.org
Parent Committee Chair



Jana.Soviar@pawswim.org
At-Large

BOARD OF DIRECTORS

SERVING PAWW



Paul.Walliker@pawwswim.org
Programs Chair



Kelly.Hamilton@pawwswim.org
Fundraising Chair



Julee.Amerman@pawwswim.org
At-Large



Karen.Gast@pawwswim.org
Membership Chair



Derek.Amerman@pawwswim.org
Head Coach



Brenda.Buley@pawwswim.org
Office Administrator

CONTACT US

Not sure which Board Member to contact. You can email everyone pictured here
via: pawwboard@pawwswim.org

HOTEL BLOCKS

STAY WITH THE TEAM!

May 10-12: Kendall Pickering at UIC

Embassy Suites Chicago Lombard Oakbrook
700 Butterfield Road, Lombard, IL



\$169 + tax/night
RSVP by 4/19/2024
630-969-7500



May 31-June 2: JETS Summer Classic

Holiday Inn Express & Suites
1773 Fountain Park Drive, Schererville, IN



\$199 + tax/night
RSVP by 4/30/2024
219-865-3301



HOTEL BLOCKS

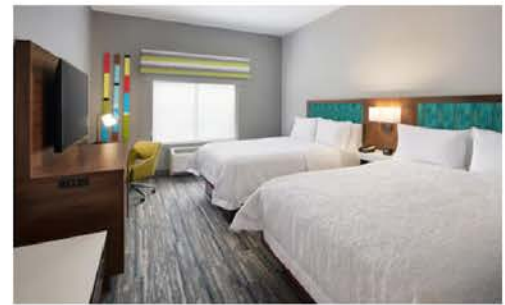
STAY WITH THE TEAM!

June 20-23: FRST Prelim/Final

**Hampton Inn & Suites
361 Paris Drive, Franklin, IN**



**\$169 + tax/night
RSVP by 6/1/2024
317-668-5080**



July 5-7: Champaign HEAT

**Holiday Inn Express & Suites
1003 Killarney Street, Urbana, IL**



**King: \$154+ tax/night
Queens: \$164+tax/night
RSVP by 6/5/2024
217-328-0328**



HOTEL BLOCKS

STAY WITH THE TEAM!

Senior State



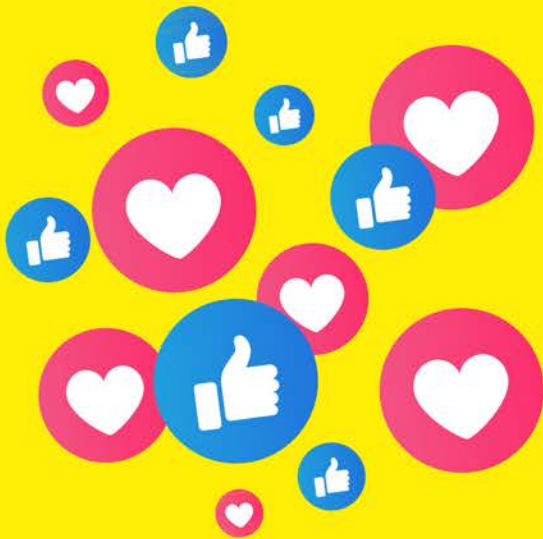
Age Group State



Hotels in the area do not have enough rooms for a block!



***VOLUNTEERS
NEEDED***



**Help us celebrate our swimmers!
Volunteer to keep social media
up-to-date!**

karen.gast@pawwswim.org



WORLD'S #1 SWIM CAMPS

***FAST STARTS, TURNS,
UNDERWATERS & MORE***
SWIM CAMP

APRIL 27 & 28

AGES 9 TO 11

DAY 1 (SATURDAY, APRIL 27):

EXPLOSIVE STARTS, UNDERWATERS &
BREAKOUTS



DAY 2 (SUNDAY, MAY 5):

FAST FLIP TURNS, OPEN TURNS &
FINISHES

AGES 12 & OVER



@ CENTRAL PARK POOL



Tentative

Summer practice schedule for April-May

	White	Yellow	Blue	Black 1	Black 2
Monday	5:15-6:00	Off	6:00-7:30	4:00-6:00	4:00-6:00
Tuesday	Off	5:15-6:30	Off	*5:30-8:00	*5:30-8:00
Wednesday	5:15-6:00	Off	*5:30-7:30	Off	4:00-6:00
Thursday	Off	5:15-6:30	Off	*5:30-8:00	*5:30-8:00
Friday	5:15-6:00	6:00-7:00	6:00-7:30	Off	Off
Saturday	Off	11:30-1:00	*10:00-12:00	*7:00-10:00	*7:00-10:00
Sunday	12:00-1:00	12:00-1:30	10:00-12:00	8:00-10:00	8:00-10:00

* drylands as part of practice

Blue drylands - Wed 5:30-6:00, Saturday 11:30-12:00

Black 1/2, HP drylands - 5:30-6:15 T/TH, Saturday 7:00-7:45

Summer practice schedule for June-July

	White	Yellow	Blue	Black 1	Black 2
Monday AM	9:30-10:30	9:30-11:00	8:00-9:30	8:00-9:30	6:30-8:00 a.m.
Monday PM	5:00-6:00	4:30-6:00	4:30-6:00	6:00-7:30	6:00-8:00
Tuesday AM	Off	Off	*7:45-10:00	*7:00-9:15	*7:30-10:30
Tuesday PM	Off	Off	Off	4:30-6:00	4:30-6:30
Wednesday AM	9:30-10:30	9:30-11:00	8:00-9:30	8:00-9:30	6:30-8:00 a.m.
Wednesday PM	5:00-6:00	4:30-6:00	4:30-6:00	4:30-6:00	4:30-6:30
Thursday AM	Off	Off	Off	*7:00-9:15	*7:30-10:30
Thursday PM	Off	Off	Off	Off	Off
Friday AM	9:30-10:30	9:30-11:00	8:00-9:30	8:00-9:30	6:30-8:00 a.m.
Friday PM	5:00-6:00	4:30-6:00	4:30-6:00	Off	Off
Saturday	12:00-1:00	12:00-1:30	*9:15-12:00	*7:00-10:00	*7:00-10:00

* drylands as part of practice

Blue Drylands - Tues 7:45-8:15, Saturday - 9:15-9:45

Black 1 drylands - T/TH 8:45-9:15, Saturday 7:00-7:45

Black 2/HP Drylands - T/TH 7:30-8:15, Saturday 7:00-7:45



Tentative

Pekin schedule for April-May

	White	Yellow	Blue	Black 1	Black 2
Monday	No practice	No practice	No practice	No practice	No practice
Tuesday	5:30-6:15	5:30-6:45	5:30-7:00	No practice	No practice
Wednesday	No practice	No practice	No practice	No practice	No practice
Thursday	5:30-6:15	5:30-6:45	5:30-7:00	No practice	No practice
Friday	5:30-6:15	5:30-6:45	5:30-7:00	5:30-7:30	5:30-7:30
Saturday	No practice	No practice	No practice	No practice	No practice
Sunday	No practice	No practice	No practice	No practice	No practice

Pekin schedule for June-July

Monday PM	No practice	No practice	No practice	No practice	No practice
Tuesday PM	No practice	No practice	No practice	No practice	No practice
Wednesday PM	No practice	No practice	No practice	No practice	No practice
Thursday PM	No practice	No practice	No practice	No practice	No practice
Friday	No practice	No practice	No practice	No practice	No practice
Saturday	No practice	No practice	No practice	No practice	No practice
Sunday	No practice	No practice	No practice	No practice	No practice

WE SWIM & SWAG!

THE PAWW TEAM STORE



PAWW's year-round team store



To order, click the link
on our homepage.
www.pawswim.org

ADD TO CART



LOBBY CHARTS EXPLAINED

IF YOU VISIT THE LOBBY AT THE PEORIA CENTRAL PARK POOL, YOU MAY HAVE NOTICED THE CHARTS WITH THE SWIMMER'S NAME. THESE MOTIVATIONAL CHARTS ARE A TOOL FOR SWIMMERS TO SEE THEIR PROGRESS THROUGHOUT THE SEASON. THE CHARTS WILL BE UPDATED AFTER MEETS TO SHOW IMPROVEMENTS AS WELL AS ACHIEVEMENT OF USA SWIMMING MOTIVATIONAL TIMES AND ILLINOIS SWIMMING CHAMPIONSHIP GOALS (CUTS) BY AGE GROUPS.

SO WHAT DO THE STICKERS REPRESENT?

FOR OUR NEWER AND YOUNGER SWIMMERS, YOU MAY NOTICE FEWER PAW AND STAR STICKERS THAN WITH THE OLDER KIDS. THIS IS DUE TO THE FACT THAT ALL KIDS UNDER 10 ARE TRYING FOR THE SAME MOTIVATIONAL TIMES AND CUTS AS A 10 YEAR OLD. BUT WE STILL WANT TO SHOW PROGRESS, IN AN EFFORT TO DO SO WE HAVE THE SMILEY FACE STICKERS THAT WILL BE PLACED ON THE CHARTS FOR EACH 1ST TIME SWIM OR NEW BEST TIME ON AN EVENT.

FOR OUR OLDER MORE EXPERIENCED SWIMMERS, THE CHARTS ARE USED FOR TRACKING GOALS. TAKE A LOOK AT THE KEY NEXT TO THE POSTERS. YOU WILL SEE THE FOLLOWING VERBIAGE ALONG WITH A CORRESPONDING STICKER.

ILLINOIS SWIMMING CHAMPIONSHIP TIMES

ZONES - QUALIFYING MEET TIME OF A AAA.
STATE - QUALIFYING MEET TIME BY AGE GROUP.
REGIONALS - QUALIFYING MEET TIME BY AGE GROUP.
NATIONAL AGE GROUP MOTIVATIONAL TIMES

AAAA: TOP 2% IN YOUR AGE GROUP, NATIONALLY.
AAA: TOP 6% IN YOUR AGE GROUP, NATIONALLY.
AA: TOP 8% IN YOUR AGE GROUP, NATIONALLY.
A: TOP 15% IN YOUR AGE GROUP, NATIONALLY.
BB: TOP 35% IN YOUR AGE GROUP, NATIONALLY.
B: TOP 55% IN YOUR AGE GROUP, NATIONALLY.

THESE CATEGORIES ARE SET UP BY USA SWIMMING AND ILLINOIS SWIMMING AS TARGETS FOR SWIMMERS TO COMPARE WITH OTHER SWIMMERS ACROSS THE NATION. YOU MAY NOTICE WE HAVE SOME REAL TALENT HERE AT OUR POOL! THE PAW STICKERS REPRESENT THE DIFFERENT NATIONAL CATEGORIES, WHEREAS THE STAR STICKERS REPRESENT QUALIFYING TIMES TO PARTICIPATE IN CHAMPIONSHIP MEETS.

WHAT DOES AGING UP MEAN?

AGING UP MEANS THAT YOU ARE MOVING ON TO THE NEXT AGE GROUP WITH TOUGHER STANDARDS. YOU MAY NOTICE THAT YOUR 10 YEAR OLD DOES NOT APPEAR ON THE 10 AND UNDER CHART, THEY ARE ON THE 11-12 CHART. THERE IS A REASON FOR IT. THE CHARTS ARE ORGANIZED BY AGE GROUP BASED ON THE CHILD'S AGE AS OF FEBRUARY 22, 2024. THIS DATE IS IMPORTANT BECAUSE IT DETERMINES WHAT AGE GROUP THE SWIMMER FALLS INTO AND WHAT TARGETS AND CUTS THEIR CHAMPIONSHIP POST SEASON WILL BE BASED ON.

STAY INFORMED!



SOCIAL MEDIA



PAWW & PAWW PARENTS CLUB



PAWWSWIM



@PAWWSWIM



SMS: GET TEXT UPDATES

Computer Instructions: Log into PAWW account. Click on “Account Info.” Located “Mobile/SMS” field. Enter cell number. To the right of that field, locate the field labeled “Carrier.” Toggle to your carrier. Click “Save” on the bottom right of the screen. Two numbers may be entered.

You may also enter a Mobile/SMS on each swimmer’s profile page. Select the “Member’s” tab at the top of the page. Select your swimmer’s name. Enter your swimmer’s name. Enter the Mobile/SMS 7 Carrier in the correct fields. Select the green “Save” button on the bottom right of the screen.

THANK YOU TO ALL OF PAWW'S GENEROUS SPONSORS!



««« CORPORATE »»»



**MILES CHAUTER
FOUNDATION**

««« GRANTS & FOUNDATIONS »»»



««« IN KIND »»»



Tres Rojas Winery



SWIM MEETS

Date

Host

Location

May 11-12	UIC, Kendall Pickering	**Chicago, IL
May 31-June 2	JETS Summer Classic	**St. John, IN
June 7-9	Capital City Classic	Springfield, IL
June 21-23	FRST Prelim/Final	**Franklin, IN
June 29	PAWW Summer Sizzler	Peoria, IL
July 5-7	Champaign Heat	**Champaign, IL
*July 12-14	Regionals	East Moline, IL
*July 18-21	Age Group State	St. John, IN
*July 25-28	Senior State	**Westmont, IL
*August 1-4	Central Zone Championship	Fargo, ND
*August 6	IL Open Water Championship	Lake Manteno, IL

*Denotes time standard qualification meet

**Denotes room blocks will be or are available.