LIABILITY RELEASE AND INDEMNIFICATION FORM

I, the undersigned participant and parent, request voluntary participation for minor to participate in the dryland activities <u>March 28 – May 1st, 2020</u> Hereinafter referred to as "Dryland"

I consent to my/minor's participation in the activity and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the coaches before I sign this document and before the activity begins.

Release - Minor's Rights:

(Print name of Parent/Guardian)

In consideration of allowing Minor Participant to participate in this event, I hereby release and hold harmless Riviera Swim Team, USA Swimming, its local swimming committees and their members of its board of directors, officers, employees, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in this USA Swimming activity. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

held to be invalid the balance, notwithst	anding, shall continue in full force and	effect.
(Print name of minor)	(Signature of minor)	(Date)
(Print name of minor)	(Signature of minor)	(Date)
Release – Parents'/Guardians' R In consideration of allowing Minor Partic present to supervise, I hereby release a discharge and waive, any and all claims with respect to any and all damage and this Dryland event. I also agree that if all notwithstanding, shall continue in full for	sipant to participate in Dryland and und and hold harmless the Riviera Swim Te s, demands, losses, damages, and liab for injury, of any type, arising from Min ny portion of this agreement is held to	am, of and from, and do vilities that I may have or sustain or Participant's participation in
I certify that my/minor is in good health activity. Furthermore, I agree to use my payment if accident or injury occurs.	and have no physical condition that wo	· · · · ·
(Print name of Parent/Guardian)	(Signature of parent)	(Date)
Indemnification by Parent/Guard The undersigned parent/guardian furthe from any and all claims, demands, losse with respect to any damage and/or injur event. The undersigned also agrees tha Indemnity Agreement extends to all acts inclusive as is permitted by the laws of the is held invalid, it is agreed that the balar	er agrees to indemnify, save and hold hes, damages and liabilities for indemnitry, of any type, arising from Minor Particular this Release and Waiver of Liability, as of negligence by the Releasee and is the State in which Dryland is conducted	ties, contribution or otherwise cipant's participation in this Assumption of Risk and intended to be as broad and d and that if any portion thereof

(Signature of parent)

(Date)