# **Sheridan Swim Team** *I am the STORM*

# **Group Placement Policy**

## **Purpose:**

Sheridan Swim Team (the Team) is a 501c3 Non-For-Profit Organization run by a Parent-Board. The Board recognizes the benefits of age appropriate training practices and training group continuity, and thusly leaves full and total group placement and group management in the capable hands of the Coaching staff. Final group placements are at the sole discretion of the Head Coach.

#### General:

This policy details the Group Placement procedures and protocols for:

- Moving Up
  - When is my child ready?
  - Attendance & Meet Participation
- Fitness Swimmers
  - Placement & Eligibility

### **Moving Up:**

Moving up within our program happens in several ways, but the thought process behind it is always the same!

First, we consider whether or not an athlete is prepared for the training expectations at the next level. Our priority in developing young athletes is to consider what is best for the long-term future of each athlete; athlete's must demonstrate competency in technique, training (volume & intensity), and the maturity to handle the expectations of their peers & coaches at the next level.

Next, and one of the most crucial deciding factors in our decision-making process, is moving the athlete up socially and emotionally responsible? We consider this to be hugely important as the athlete's social and emotional needs contribute to their psychological well-being and overall engagement in the sport. Creating outlets for appropriate social interactions during practices weighs heavy as we consider the readiness for athlete advancement.

Finally, we consider athlete attendance and meet participation when considering group placement. Competitive development is essential to our athletes' ownership and enjoyment of their sport.

#### **Fitness Swimmers:**

Athletes are eligible to be Fitness Swimmers anytime as 12 and Unders.

13&O athletes are only eligible for Fitness Swimming at the discretion of the Head Coach and must be attached representatives of the Team.