

Sheridan Swim Team

Short Course

Registration 2024-2025

Welcome to the Sheridan Swim Team! We are excited that you have chosen to join our families. Our coaches are honored to have the opportunity to work with your child. The Sheridan Swim Club has been the home for USA Swimming since 1961 where state and national records have been set!

Below, you will find all the necessary information to complete your registration.

New Swimmer Assessments: If you are joining SST for the first time, you will need to be assessed to be placed in the correct practice group. Assessment opportunities can be scheduled by emailing Coach Thomas at stormcoachthomas@gmail.com

New and Returning Swimmers: Registration Fee \$25.00

STEP 1: Go to the SST website: www.sheridanswimteam.com

STEP 2: Click on the “2024-25 Registration” tab

STEP 3: Scroll down to the bottom of the page and click “Continue or check status”. Follow the prompts to create an account.

STEP 4: Use your credit card or send in a check for the registration fee.

STEP 5: You must register your swimmer as a USA swimming member after September 1st 2025. **All swimmers participating in practices must complete this step regardless of whether you plan to compete in USA swim meets.** You can choose between Premium (for those who are 13 or older & plan to compete at 2 or more meets) or Flex, which costs less, (for those ages 12 or under who do not plan to compete in more than 2 USA meets). **Parents will be sent additional information with a link to complete this step after September 1st. YOU WILL NEED TO ENTER THROUGH THE LINK SENT TO YOU.**

All swimmers receive an SST shirt and new swimmers receive a swim cap. During the online registration, please be sure to select the swimmer’s current size choosing from Youth-Small, Youth-Medium, Youth-Large, Adult-Small, Adult-Medium, Adult Large, Adult-XL, or Adult-2XL.

SST AGE GROUP PROGRAM

AGE GROUP 1

AG1 is the first entry level group for beginning swimmers who can swim 25 yards unassisted. Coaching focus is on teaching proper stroke technique in a fun team environment.

Ages: Recommended age 5 and up

Two Practices Offered Per Week 45 min/practice

AGE GROUP 2

AG2 is an entry level group that targets new swimmers and those advancing from AG1. These swimmers will have knowledge of all four competitive strokes and be able to perform a forward start from a block. Coaching focus is on providing feedback on proper technique and turns while having fun with teammates and mastering skills in fun and creative ways.

Ages: 8-12 years old

Three Practices Offered Per Week 60 minutes/practice

AGE GROUP 3

AG3 is for advanced swimmers with previous team swimming experience. Swimmers are learning race strategies as well as increasing dryland emphasis. Swimmers are placed by coaches into these groups based on technical proficiency and training capability. Coaching focus is on technique and skill mastery while doing so at an accelerated training pace.

Ages: 9-18 years old

Five Practices Offered Per Week 90 minutes/practice

SENIOR

13/14 BB Times are recommended to be in this group.

This group is for experienced 13-over swimmers preparing for State and Regional competition, as well as National level meets. Coaching focus remains on proper stroke technique and developing endurance and speed. Mental strategies for swim meet competition are learned in order to maximize performance.

Six Practices Offered Per Week 120 minutes/practice

FITNESS

This is an option for swimmers who want to continue with the Age Group program with less commitment. The Fitness category is for those in AG3 or lower (ages 12 and under) and must receive Coach approval. Swimmers may practice a maximum of twice per week but can still compete in meets. Siblings discounts still apply.

FINANCIAL POLICIES

1. Swim Team fees for short course season can be paid in full or may be set up to be paid in full or in three installments. Installment 1 (Sep) Installment 2 (Oct) Installment 3 (Nov)
2. Swim Team fees for the long course season are set up to be paid in full or in two installments.
3. A \$25 late fee is automatically assessed if payments are not received by the last day of the installment month. Families paying by autopay are responsible for ensuring the monthly transactions are successful.
Accounts 60 days past due: Swimmers are not eligible to participate in swim meets.
Accounts 90 days past due: Swimmers are not eligible to participate in practices.
4. All new swimmers joining the program after their 2-week trial period are responsible for dues starting in the month of their tryout. There is no 2-week trial for returning swimmers.
5. Sibling Discounts: Families receive a \$75 discount for a second swimmer. Additional siblings (after two brothers and/or sisters) who join the program would be \$110 off the season fee per child. The highest level swimmer will pay the full dues amount while subsequent siblings in the family will receive the discount off annual dues.
6. Sheridan Swim Club members receive 15% off dues.
7. Swim meets are an additional expense. A travel fee is assessed for each family that commits to travel meets. Coach Travel Charge per family is \$8 for a day meet (no overnight required). If coaches are required to stay overnight, \$16 will be charged if 1 overnight stay is required and a \$30 fee will be charged for 2+ overnight stays.
8. If a swimmer does not wish to enroll for the next session, families must opt out by **sending an email** to their coach **and** team president by the 15th of the month prior to the start of the next session.

EARLY TERMINATION OF YOUR PROGRAM CONTRACT

Parents of swimmers who cease participation with the Sheridan Swim Team will be responsible for paying the installment fee for the months in which the swimmer is enrolled plus a one month penalty. Parents must contact their coach and the team president by the 15th of the month in order to discontinue enrollment for the next month. There are no refunds for swimmers who do not complete a session.

2024/2025 Fees				
<u>Short Course</u>	<u>Season Fee</u>	<u>Sheridan Swim Club Member Season Fee</u>	<u>3 Installments</u>	<u>Sheridan Swim Club Member 3 Installments</u>
Senior	\$956	\$812	\$334.43	\$284.20
Age Group 3	\$819	\$696	\$286.65	\$243.60
Age Group 2	\$710	\$603	\$248.43	\$211.05
Age Group 1	\$601	\$511	\$210.21	\$178.85
Special Billing with Coach approval				
Fitness (Intended for only AG3 and under. Ages 12 and under)	\$655	\$557	\$229.32	\$194.95
Reduced Fee	\$210	\$210	\$70	\$70
*Sheridan Swim Club Discount around 15% is part of our contract				
*Fees are for the season, but can be paid in 3 Installments (Sept, Oct, Nov)				
*If paying installments, then a 5% administrative charge				
*Prorated with approval if you have a break for other sports/activities				
2nd child reduced \$75 from season fee; 3rd+ child reduced \$110 (for Short Course)				