



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y SWIMMING NEWS – MARCH/APRIL 2025

Highlights, updates and reminders for YMCA
Swimming coaches, volunteers and supervisors.

YMCA National Short Course Championship Meet

- *Combined Team Champions* –
Piedmont Family YMCA (VA)
- *Women's Team Champions* –
Rite-Hite YMCA (WI)
- *Men's Team Champions* –
Piedmont Family YMCA (VA)

Visit meet web page [HERE](#)



Fun Facts: YMCA National Short Course
Championships

- 1,191 participants, 166 teams
- 560 women and 631 men participated
- 26 States represented
- 299 Coaches
- 143 Volunteers

YMCA Short Course Championship Records Broken

- Men's 200 Freestyle Relay – 1:19.83* -
Piedmont Family YMCA (VA)
- Men's 400 Medley Relay – 3:12.42 -
Piedmont Family YMCA (VA)
- Men's 400 Freestyle Relay – 2:56.35 -
Greater Somerset County YMCA (NJ)
- Men's 800 Freestyle Relay – 6:32.7 -
Piedmont Family YMCA (VA)
- Men's 100 Butterfly – 45.04 – Thomas
Heilman, Piedmont Family YMCA (VA)
- Men's 200 Freestyle – 1:33.94 - Thomas
Heilman, Piedmont Family YMCA (VA)
- Men's 200 Individual Medley – 1:44.34 -
Thomas Heilman, Piedmont Family YMCA
(VA)

*Indicates a new YMCA National Record as well

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Team & Coach Registration

The Annual YMCA Team & Coach
[Registration](#) is open for new and updated
registrations for 2024-2025.

**Coach registration is FREE until June
1**, then \$100 will be assessed to each
registration.

Coach registration for YMCA National
Long Course Championship closes July 1.

Y Swim Coaches Forum

Second Tuesday of every other month,
11:30 am – 12:30 pm Eastern.
Find link & recordings [HERE](#).

*April date is Tuesday, April 22

Short Course Meet Results

Please ensure that all of your meet
results for the 24-25 season are
submitted to SwimCloud.

YMCA Sanctioned Long Course Meets

Planning to run a YMCA sanctioned long
course championship or invitational?

Remember that the deadline to submit a
YMCA sanction request is 60 days prior
to the first day of the meet. The sanction
must be granted *before* meet information
is posted/sent to teams.



YMCA NATIONAL
2025

YMCA National Diving Championship Meet

April 10-12 in Orlando, FL

Meet Results [HERE](#)

Women's, Men's and Combined Team Champions: YMCA of Greenwich (CT)

Fun Facts: YMCA National Diving Championships

- o 104 Divers
- o 7 YMCAs
- o 6 States
- o 17 Coaches
- o 7 Volunteers

Annual Awards

Several awards were presented at the YMCA National Short Course Championship Meet:

- o **2025 Joseph G. Rogers Award** (Excellence in volunteer leadership) – Eddie Hughes (SC)
- o **2025 Joseph G. Rogers Award** announced – Bob Johnson (MD)
- o **2025 Conrad Carroll Award** (Excellence in YMCA Officiating) – Rick Carson (PA)
- o **2025 YMCA Coach of the Year** – Tammie Filiault, Lowe's YMCA (NC)
- o **Adolph Kiefer YMCA Youth Character Awards** – Chelsea



Burkhart, Foothills YMCA (SC) and Nolan McCloskey, Upper Perkiomen YMCA (PA)



o

YMCA National Masters Meet

May 8-11 in Orlando, FL

Entry Deadline **April 24**

Meet web page [HERE](#)



YMCA NATIONAL
2025

2025 YMCA National Long Course Championship

July 29-Aug 2 in Ocala, FL

Visit [meet web page](#) regularly as information is being posted. Hotel, Travel Assistance and Insurance information is now available. Meet Handbook and Entry files will be posted soon.

ASCA Coaches Education Opportunities:

Central States Clinic – April 25-27 in Chicago

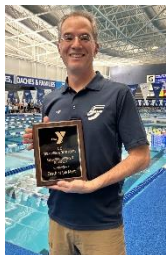
<https://swimmingcoach.org/page/central2025>

World Clinic – Sept. 2-5 in Reno, NV

Special Discount: Sign up 5 or more coaches at the same time and pay \$350 per coach, through May 15.

www.ascaworldclinic.com

- **2025 YMCA National Short Course Championship Coach of the Meet** – Dave Anderson, Rite-Hite YMCA (WI)



- **2025 YMCA National Short Course Championship Co-Female Swimmers of the Meet** –



Alana Berlin & Maggie Dickinson, both from Rite-Hite YMCA (WI)

- **2025 YMCA National Short Course Championship Male Swimmer of the Meet** – Thomas Heilman, Piedmont Family YMCA (VA)



- **Moose Moss Award** (Excellence in YMCA Diving) – Brooke Reinfeld, YMCA of Greenwich (CT)



- **2025 YMCA National Diving Championships Female Diver of the Meet** – Alden Charette, YMCA of Greenwich (CT)



- **2025 YMCA National Diving Championships Male Diver of the Meet** – Arthur Palladino, New Rochelle YMCA (NY)

