

April 8 – May 2, 2024 from 6:00 – 7:00pm This program is for ages Kindergarten through 5<sup>th</sup> Grade

Swim For Your School is a program that introduces swimmers to competitive swimming. The children will learn and practice all four strokes, as well as starts and finishes. A small, fun swim meet will be held at the end of the program for all swimmers. This program is held at the Northampton Middle School, Gwen L. Whildin Natatorium.

## PRACTICE

MONDAY & WEDNESDAY – George Wolf, Lehigh Township & Moore Township Schools (and students of online/charter/other schools)

TUESDAY & THURSDAY – Borough (Siegfried/Franklin)

**SWIM MEET (**with our Middle/High School group) THURSDAY, MAY 2<sup>nd</sup> Warm-up at 5pm; Meet starts at 5:30pm



No Competitive Swimming Experience Necessary but swimmers MUST be able to swim the length of the pool (25 yards) unassisted

Participants need a swimsuit (jammer for boys, one piece suit for girls), swim cap, goggles, towel and water

Registration is open until March 24<sup>th</sup> Go to www.NorthamptonSwim.com



QUESTIONS: Email NorthamptonSBC@gmail.com

This program is NOT sponsored by nor affiliated with the Northampton Area School District.