

GymTyme

2023-2024

Registration Packet



13000 Eastgate Park Way

Louisville, KY 40223

502-365-4811

www.gymtymeallstars.com

Welcome to GymTyme Allstars

GymTyme All Stars offers athletes of all ages and abilities the opportunity to grow and develop under the supervision of professionally trained coaches. There is no better place to experience the world of competitive cheer than GymTyme All Stars. Our athletes will develop the skill and confidence to perform at the highest level of competition. From our coaching staff to our facilities, GymTyme All Stars is proud to offer a premier All-Star program.

GymTyme All Stars, as a program prides itself on having over three decades of success in the cheerleading industry. We train all ages and levels and offer a wide range of options to fit your athletes and families needs.

In addition to the coaches at GymTyme All Stars being USASF certified and credentialed in the instruction of pyramids, stunts, basket-tosses and tumbling we also offer you the following amenities:

- 4 Full-size floors**
- 1 Rod floor**
- 2 Tumble tracks**
- In-ground trampolines**
- Skills Shapes**
- Pro shop**
- Parent viewing area**
- Vending Machines**



Team Placement

All athletes will demonstrate their skill in jumps, tumbling, stunting and choreography. Team placement will be based on age and overall abilities across all skill sets. In some cases, an athlete may not have the required minimum tumbling skills to make a certain level team, but possess other skills that would be beneficial to a specific team. Team rosters will be comprised of members whose talents provide the best chances for team success at competition.

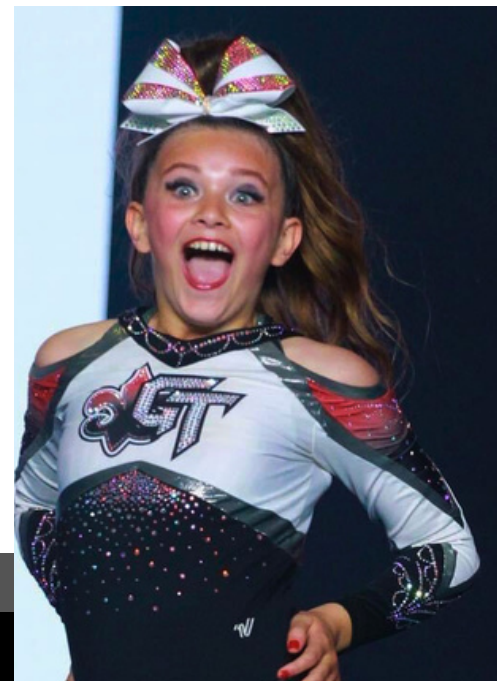
Program Placement

Travel, Semi-Travel & Non-Travel

Customers will choose which program they would like to join:
travel, semi-travel or non-travel.

GymTyme reserves the right to place athletes on the team which they fit best. We will not place athletes on a commitment level above the customer's request.

Private tryouts are available upon request for an additional \$50, on top of our \$75 registration fee.



ESTIMATED PROGRAM COSTS

Tuition covers all practices in the gym and is collected on the 1st of every month. We offer a 20% sibling discount off of the lower tuition rate.

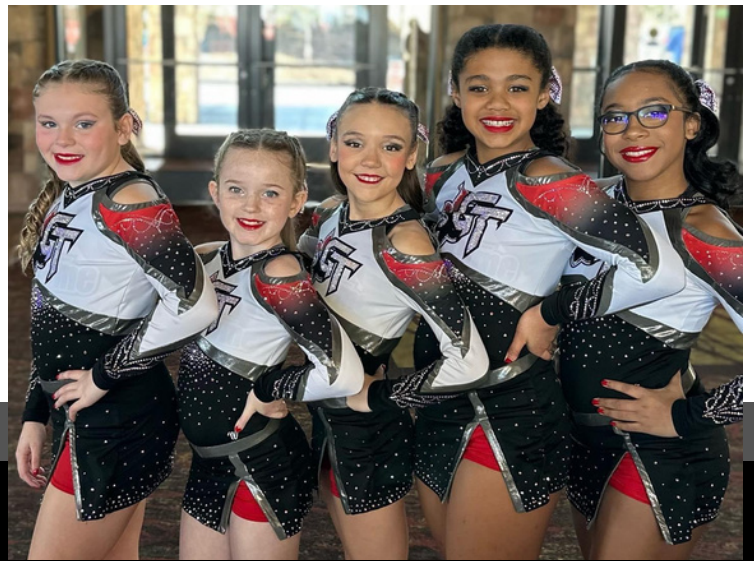
Tuition begins May 1st, pre-tryout clinics and evaluations are included in May tuition. The final monthly tuition installment will be collected on April 1st.

Below is an estimate of the fees for our upcoming season

	Worlds	Travel	Semi Travel Prep	Semi Travel Novice	Non Travel
Tuition	\$165	\$165	\$145	\$145	\$120
Competition Fees	\$1,600 - \$2,000	\$1,200 - \$1,600	\$700	\$600	\$500
Uniform	\$415	\$500	\$275	\$275	\$200
Practice Wear	\$160	\$160	\$125	\$125	\$80
Competition Shoes	\$135	\$135	\$135	\$135	Optional
Competition Bow	\$35	\$35	\$35	\$35	\$35
Choreography , Music & Camp	\$525	\$525	\$400	\$400	\$150

Additional Items:

- All Star Travel & Semi-Travel Registration: \$75
- All Star Non-Travel Registration: \$50
- USASF: \$50 Due directly to USASF
- Program Jacket & T-shirt: \$120
- Competition Treat Bags ~\$160. \$10-20/comp





Due Date	Tuition & Comp Fees	Additional Fees
May	Tuition Only	Registration Fee
June	Tuition + Comp	Practice Wear, Uniform & Shoes
July	Tuition + Comp	Competition Bow & 1st Choreography Payment
August	Tuition + Comp	2nd Choreography Payment
September	Tuition + Comp	Program Jacket
October	Tuition + Comp	
November	Tuition + Comp	Program Shirt
December	Tuition + Comp	
January	Tuition + Comp	
February	Tuition + Comp	
March	Tuition + Comp	Post Season Event Clothing
April	Tuition Only	Post Season Event Registration & Coaches Fees

EVALUATION REGISTRATION

Creating a Family Profile and Registering through GoMotion

New families must create an account. Current GymTyme athletes will use their existing profile. Please do not create a duplicate profile. Your username is your email address.

1. Follow the QR Code to Register your athlete for their level appropriate evaluation group.
2. Scroll down to the "Team Evaluations" there are 5 separate groups to choose from based on the athlete's birth year. Select "Add to Cart" for the correct option.
3. You will see a pop up showing the evaluation group is added to your cart. Click "Checkout Now"
4. Next you will either need to login or create an account.
5. Once you have created your account, you will next see the "Class Registration Assign Members" page. At this point if you have multiple children, click the "Register Additional Classes" button and repeat steps 2 & 3.
6. Click the empty dropdown menu under "Assign Member." If your child is new to GymTyme, you will need to create their member profile at this point. If you are a returning member, your athlete will be listed for you to select.
7. During the next step you will need to accept the releases required to participate in our clinics and evaluations. After reading and accepting each, select "next" on the bottom right to confirm your registration.
8. Enter credit card information, athletes are required to have a credit card set up for automatic payments in order to participate in our all star program. Families will pay their \$75 registration fee at the time of registration, May tuition will be due on May 1st.

TRYOUT CLINICS

Tryout Clinics are included in the May tuition rate.

<u>Tumbling, Jump, & Dance Clinics</u>	
All Star Open Tumbling	Athletes can come and tumble on their own without direct instruction, only supervision, on the tumbling they'd like to do for their evaluation.
Standing Tumbling	This clinic is for anyone working Level 2 and up passes/combinations for standing tumbling. You must have a back handspring on the floor to be in this clinic.
Beginner Tumbling	This clinic is for athletes of all ages working on Level 1/ Beginner level tumbling skills such as round offs, cartwheels, and front/back walkovers.
ATHLETES SHOULD ATTEND THEIR CURRENT TUMBLING LEVEL FOR THE CLINICS LISTED BELOW	
Level 1 Tumbling	This clinic is for any anyone who has a back walkover & front walkover and is registered for the Level 1 Evaluations.
Level 2 Tumbling	This clinic is for any anyone who has a back handspring/ round off back handspring or has Level 2 tumbling and is registered for the Level 2 evaluations.
Level 3 Tumbling	This clinic is for any anyone who has a standing series, running tumbling to tuck/ Level 3 tumbling and is registered for the Level 3 evaluations.
Level 4 Tumbling	This clinic is for any anyone who has a round off, bhs layout, standing tumbling to tuck, or has Level 4 tumbling and is registered for the Level 3 evaluations.
Level 5/6 Tumbling	This clinic is for anyone who has a full, double, or who ALREADY has Level 5/6 tumbling and is registered for the Level 5/6 Evaluations.
Jumps & Motions Clinic	This clinic is for athletes of all ages and levels, working on improving their jumps/dance for evaluations.
<u>Stunt Clinics</u>	
Level 1, 2, 3, 4, 5/6	Athletes should register for the SAME LEVEL STUNT CLINIC as they are registered for tumbling. For example: If you are in a Level 3 Tumbling clinic, you must register for a Level 3 Stunt clinic.

Follow the QR Code for the clinic schedule and registration. Athletes must be enrolled in their evaluation groups prior to registering for clinics.



Level 1



Level 1
Beginner/Prep



Level 2/4.2



Level 2 Prep



Level 3



Level 4



Level 5/6

EVALUATION PROCESS

Each athlete will need to perform a set of pre - determined skills based on the level evaluation they have signed up for. The skill set will consist of standing tumbling, jumps, running tumbling and a dance. Skills will be judged on the athletes overall performance and execution. Please follow the grid below for a list of required skills. Athletes must be able to perform all skills listed in their level with an asterisk beside it.

<p>Level 1 Beginner & Prep</p> <p>Forward Roll *</p> <p>Handstand *</p> <p>Fall to Bridge Attempt *</p> <p>Back Bend Kickover Attempt *</p> <p>Handstand Fall to bridge Attempt*</p> <p>Cartwheel</p> <p>Roundoff</p> <p>Back Walkover</p> <p>Front Walkover</p>	<p>Level 1</p> <p>Back Walkover Series*</p> <p>Back Walkover Switch leg*</p> <p>Back extension Roll Valdez</p> <p>Cartwheel BWO Series*</p> <p>FWO cartwheel BWO*</p> <p>FWO - CW - BWO Switch leg*</p>	<p>Level 2 Prep</p> <p>Back Handspring *</p> <p>BWO BHS*</p> <p>Roundoff BHS*</p> <p>Roundoff BHS Series</p> <p>Cartwheel BHS</p> <p>Roundoff BHS stepout</p>
<p>Level 2 Elite</p> <p>BWO - BHS Step Out - BWO*</p> <p>BWO Switch Leg - BHS*</p> <p>BHS Step Out - BWO - BHS*</p> <p>Valdez - BHS, Valdez - BHS Step Out</p> <p>Series Front Handsprings, Bounder/Flyspring,</p> <p>FWO - RO - BHS/BHS Series*</p> <p>CW - BHS Step Out - BWO - BHS/BHS Series *</p> <p>RO - BHS Step Out - BWO - BHS/BHS Series*</p>	<p>Level 4.2</p> <p>BWO - BHS Step Out - BWO*</p> <p>BWO Switch Leg - BHS*</p> <p>BHS Step Out - BWO - BHS*</p> <p>Valdez - BHS, Valdez - BHS Step Out</p> <p>Series Front Handsprings, Bounder/Flyspring,</p> <p>FWO - RO - BHS/BHS Series*</p> <p>CW - BHS Step Out - BWO - BHS/BHS Series *</p> <p>RO - BHS Step Out - BWO - BHS/BHS Series*</p>	<p>Level 3</p> <p>BHS BHS - Jump - BHS BHS*</p> <p>BHS Stepout BWO BHS BHS *</p> <p>BHS Stepout BHS BHS*</p> <p>Jump - BHS - Jump - BHS</p> <p>BWO - BHS - Jump - BHS/BHS Series</p> <p>RO - BHS Step Out - 1/2 Turn - RO - BHS - Tuck*</p> <p>FWO - RO - to - Tuck*</p> <p>Flyspring/ Bounder RO - BHS Tuck</p> <p>FWO - Aerial</p>





<p style="text-align: center;">Level 4</p> <p style="text-align: center;">Standing Tuck* BHS/BHS step out - Tuck* Jump - BHS Series - Tuck* Jump - BHS - Tuck* Front Aerial - RO - to - Whip - Tuck/Layout Front Handspring/Punch Front - Punch Front PF step out - RO - to - Layout</p> <p style="text-align: center;">Must also Demonstrate 2 combination passes of the following: Whip punch tuck/ layout PF step out - RO - to - Layout Round off - to - Whip - to - Layout Front Handspring - PF step out - RO - to - Tuck/Layout</p>	<p style="text-align: center;">Level 5</p> <p style="text-align: center;">Toe Back* 2 BHS to Layout * Toe 2 BHS to Layout* BHS - Whip - BHS - BHS Layout* BHS Layout* 2 BHS to Whip Tuck, Roundoff BHS Full *</p> <p style="text-align: center;">Must also Demonstrate a combination passes of the following: PF step out - RO - to - Full Round off - to - Whip - to - Full Front Handspring - PF step out - RO - to - Full</p>	<p style="text-align: center;">Level 6</p> <p style="text-align: center;">BHS BHS Full* Toe BHS BHS Full*</p> <p style="text-align: center;">Must also demonstrate two of the following: BHS Full Standing/ Jump Full BHS Series Double BHS Series Whip Double RO BHS Double Full Combo to Double</p>
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TRYOUT PROCESS

- **May 3 - May 12, 2023 - Tryout Clinics**

- Athletes must be registered and paid in full to attend clinic

- **May 15 - May 19, 2023 - Evaluations**

- Athletes should attend the level they registered for. If an athlete is unable to demonstrate the required skills for that level, they will be asked to return to a different level.

- **May 20 - May 21, 2023 - Stunt Call Backs**

- Athletes will complete a building only evaluation

- **May 22 - May 26, 2023 - Small Group Call Backs**

- Athletes will be given a day time to work out in a small group. Athletes should be prepared to come in at least twice during the week.

- **May 30 - June 2, 2023 - Team Placements**

- Parents will be notified by phone daily of athletes placements. Parents will have until 9:00 PM that night to accept placement. Failure to do so could result in athlete being an alternate until a new placement is available.

Important Dates & FAQ

Gym Closings

May 27 -29, 2023 Memorial Day

July 1 - 8, 2023: Independence Day

September 2 - 5, 2023 Labor Day

November 20 - 25, 2023 Thanksgiving Break

December 23 - January 2, 2024 Winter Break

March 31, 2024 Easter - Teams attending Post Season Events will practice



Important Dates

May 10, 2023 New Parent Orientation

June 5 - 8, 2023 Parent Orientation by Team

September 10, 2023 Sunday Practices Begin

October 21, 2023 Showcase

December 10, 2023 Holiday Party

TBD Team Photos



Camp & Choreography

July 14 - 23, 2023 Mega Camp/ Choreography

We are asking all athletes to take vacations prior to July 14

Additional Summer & Fall Dates will be added



Parent Meetings

Pre-Tryout Meeting

Wednesday May 10, 2023 7:00 PM

We will be holding a parent meeting for parents of new athletes to help families understand the tryout process and answer any questions you may have. The meeting will be recorded for anyone unable to participate at the scheduled time.

Parent Orientation

June 5 - June 8, 2023

All athletes must have a parent or guardian participate in our Parent Orientation Meeting. During this meeting we will review the policies and procedures, go through the contract and give families an opportunity to ask questions regarding the upcoming season.

Release of Liability and Assumption of Risk

I, _____ hereby certify that I am the parent or legal guardian of _____ who is under the age of eighteen. As the parent or legal guardian in consideration for the membership granted herein, I hereby, agree to release and hold GymTyme/ GymTyme Indiana/ GymTyme South/ GymTyme All Stars, Louisville Cheer & Dance, LLC/ Bullitt Count Cheer & Dance, LLC, as well as its owners, agents, officers, directors, shareholders, instructors and employees (collectively referred to herein as "The Gym", harmless from any liability, claim, injury, damage, loss or cause of action which may result from participation in any way related to cheerleading, dance or gymnastics instruction and the use of the facility and its equipment. I agree to identify and hold harmless The Gym from all Third-Party Claims against it relating to my child/athlete.

I understand there are inherent risks associated with the cheerleading, dance or gymnastics programs in which I propose programs and certify that me to be involved, not including but not limited to sudden changes in blood pressure, irregularities of heartbeat, dizziness, fainting, strained muscles, sprains and broken bones. I have freely, knowingly and voluntarily undertaken these programs and certify that my child is in good physical condition and is able to utilize The Gym's equipment and facility. I have no knowledge of any condition, physical or mental, which would prevent or limit my athlete from participating in these programs. I agree that The Gym has no ability to independently investigate the health and physical condition of my athlete as it relates to his/her/their ability to tolerate the proposed programs. I understand that The Gym is relying upon my certification to them that I have obtained appropriate clearance for my athlete to engage in such programs from competent medical professionals.

If I ever have reason to believe that my child is not in good physical condition, I will notify the gym in writing with my specific concerns and the timeframe for which any limitations shall need to be in place for my child/athlete. I will be sure to keep the current emergency contact information on file with The Gym at all times.

I further agree to hold harmless the owner and operator of the real estate where such training will occur from any obvious defects in the premises, including but not limited to The Gym, parking areas, common areas and walkways. I understand all terms of this Membership Contract and have had the opportunity to ask questions before signing.

Parent/Legal Guardian Signature

Date

Witness Signature

Printed Witness Name & Phone Number

I, _____ (Student's Name) hereby agree to the provisions of the above release of Liability and Assumption of Risk.

Student Signature

Date

Photo Release

I hereby authorize GymTyme All Stars, GymTyme South and GymTyme Indiana, hereafter referred to as "GTAS," to publish photographs taken of my minor child or children listed below for use in GTAS print, online and video-based marketing materials, as well as other GTAS publications.

I hereby release and hold harmless GTAS from any reasonable expectations of privacy or confidentiality for myself or the minor child/children listed below associated with the images specified above. Further, I attest that I am the parent or legal guardian of the child or children listed below and that I have full authority to consent and authorize GymTyme to use their likenesses.

I further acknowledge that participation is voluntary and that neither I, the minor child, or minor children will receive financial compensation of any type associated with the taking or publication of these photographs or participation in company marketing materials or GTAS publications. I acknowledge and agree that publication of said photos confers no rights of ownership or royalties whatsoever.

I hereby release GymTyme, its contractors, its employees and any third parties involved in the creation or publication of GTAS publications, from liability for any claims by me or any third party in connection with my participation or the participation of the minor children listed below.

Parent Name (Please Print) Signature Date

Street Address _____
City _____ State _____ ZIP _____

Relationship to Child/Children: _____

Names and Ages of Minor Children:

Name _____ Age _____

Name _____ Age _____

Name _____ Age _____

