

It is hereby acknowledged and agreed by the undersigned that in consideration of my child(ren) being accepted as a member of **Kentucky Aquatics** I agree to and understand the following Code of Conduct. The following code will be enforced from the date of my signature below through August 31, 2021, and will cover all activities pertaining to my involvement as a parent with **Kentucky Aquatics**, the use of any UK facility, those contracted outside of the university by the team for practice and any other purpose, and also behavior during scheduled competition times, at all away meets and for the duration of all organized travel arranged by **Kentucky Aquatics**, Kentucky Swimming, or United States Swimming for the purpose of competition or training.

A parent's disregard for any part the following code may result in, but is not limited to, action ranging from verbal warning to dismissal from the team.

The following code of conduct is in accordance with recommendations made by United States Swimming and The American Swim Coaches Association. Ultimately, the goal of such a code is to ensure a positive environment for the development of swimmers. **Kentucky Aquatics** intentions are not only to ensure a swimmer's individual maturity, but also to promote a positive and encouraging team atmosphere.

The following outlines the parent behavior that is absolutely unacceptable at **Kentucky Aquatics**.

- A. Coaching your child(ren) during any portion of a workout or competition
 - i. You are involved in one of the few youth sports programs that offer professional coaching. Do not undermine the professional coach by trying to coach your child on the side. Your job is to provide love and support and a safe place to return to at the end of the day.
 - ii. You should not offer advice on technique or race strategy. And above all, never pay your child for performance. This will only serve to confuse your child concerning the reasons to strive for excellence and weaken the swimmer/coach bond.
- B. Attempting to discuss issues concerning your swimmer(s) with any member of the coaching staff during scheduled workout time
- C. Attempting to discuss issues concerning your swimmer(s) with any member of the coaching staff during competition (excluding emergency situations)
- D. Entering the pool deck during practice or watching practice from any deck level seating (parents are free to attend all practices but may only do so from the balcony level)
- E. Parents that do not get their children to practice and meets timely
- F. Competing with or criticizing the coach in the presence of your child or other parents on the team
- G. Imposing your own ambitions on your child(ren)
- H. Criticizing officials during competition or in front of your swimmer(s) at any time
 - I. Pulling a swimmer from practice or competition early due to dissatisfaction in his/her performance or a disagreement with a staff member
- J. Encouraging your child to focus solely on winning (focusing on the outcome too heavily rather than the process)
- K. Campaigning against the coaching staff (talking negatively about the coaching staff to other parents on the team). Any issues with the coaching staff must be handled through the team's grievance procedures.
- L. Failing to comply with the team's work requirements at swim meets.

Suggestions for contacting coaches:

Please be considerate when contacting the coaches. The best way to contact the coaches is by email. Sending a note with your swimmer is also a good way to get information to coaches. Please do not attempt to talk to the coach during practice or during dryland. A coach should not be contacted at home unless an extreme emergency is at hand or he/she has confidentially extended that privilege by offering you his/her personal number.

All participants of **Kentucky Aquatics** agree to the rules and guidelines as set forth in the **Kentucky Aquatics** Code of Conduct. Furthermore, the staff reserves the right to discipline and (or) remove a parent if adherence to such guidelines and rules are not met.