

**Red River High School Swimming Conference  
Championship Meet  
Monday, October 27, 2025 (Prelims)  
Saturday, November 1, 2025 (Finals)**

**SANCTION:** This will be an observed meet held under the sanction of USA Swimming and Louisiana Swimming, Inc.  
LSI Sanction #

**TEAM ELIGIBILITY:** The 2025 Conference Championship is a closed competition. All teams must be a paid member of the Conference AND attend 3 conference meets prior to the Championship meet. An eligible meet must be hosted by a RRHSSC member team.

**SWIMMER ELIGIBILITY:** Each swimmer must be a currently enrolled high school student at a LHSAA member school who is academically eligible and not yet reached his/her 19th birthday.

**MEET DIRECTOR:** Paulette Butterfield  
swimcoachpaulette@gmail.com

**MEET REFEREE:** Lomax Napper  
lomax@marbury.company

**RULES:**  
LHSAA 20.3.3 "The current NFHS Swimming rules shall govern the order of events, scoring and rules for contestants." The Official 2025 National Federation of State High School Associations rule book will be used in accordance with the championship meet. All swimmers' names, school and grade must appear on the master entry sheet or Hy-tek file.

If a swimmer misses an event for any reason, they are no longer eligible to compete in any following events for the remainder of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms or behind the blocks

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

A meet review committee consisting of at least one official, one coach, and one athlete will be appointed by the Meet Referee to review conflicts arising from administrative matters.

**FORMAT:**

Timing assignments will be assigned after all entries are received. Each assigned school is responsible to cover their designated timing assignment.

Preliminaries and Finals will be contested in all events.

The last three heats of each preliminary event will be circle seeded.

EXCEPTION: Only the last two heats of the 500 free will be circle seeded in prelims.

There will be 2 heats for each event at finals and will be swum slowest to fastest.

The heat sheet for finals events will list 2 alternates. Alternate swimmers must check in with the Referee and be positioned at the starting area to be eligible for a finals swim.

There will be a ready room utilized for all finals events.

At the discretion of the meet Referee, the preliminary session may be conducted using flyover starts.

**ENTRIES:** A competitor shall be permitted to enter a maximum of four (4) events, no more than two (2) of which may be individual events. For prelims only, a swimmer may enter a third individual event if their team does not have enough swimmers for relays. The event designated as exhibition is **NOT** eligible to move on to finals.

**Only 4 individual swimmers per school may advance to the finals. Only one relay team per school may advance to finals.**

All swimmers should be entered with a current time in order to ensure proper seeding (NT entries are strongly discouraged).

Teams may send in entries using the Hy-Tek program or on the enclosed entry sheets.

**No deck entries or adds will be accepted.**

**RELAY SPLIT REQUESTS:** All relay lead off split requests must be submitted 30 minutes before the start of the session by filling out a split request form. Coaches must provide two additional stopwatches for the lead off swimmer, record the times on the provided form and turn the watches and form into the referee.

**DEADLINE FOR ENTRIES: Wednesday, October 22, 2025 by 8 PM  
LATE ENTRIES WILL NOT BE ACCEPTED!!**

**Send entries by Hy-Tek or email on the attached forms.**

Please submit meet entries in team manager format or on the enclosed entry sheets.

Send by e-mail to: [swimcoachpaulette@gmail.com](mailto:swimcoachpaulette@gmail.com)

**ENTRY FEES:** Entry fees for the 2025 RRHSSC Championship Meet are **\$15.00 per swimmer**, regardless of the number of events entered.

You may bring entry fees with you the day of the meet.

**Make checks payable to Bulldog Aquatic Club (tax ID: 26-3371956)**

## **PRELIMS > MONDAY, OCTOBER 27**

PRELIMS                      BHP Billiton YMCA  
LOCATION:                    3455 Knight Street  
                                    Shreveport, LA 71105

<b>PRELIMS</b>	1 pm	Warm-ups begin
<b>SCHEDULE:</b>	2:15 pm	Coaches meeting
	2:30 pm	Preliminary session starts

<b>PRELIM WARM-UPS:</b>	1 - 1:45 pm	Open warm-ups
	1:45 - 2:15 pm	Controlled warm-ups

**\*\*In all warm-up sessions, the meet Referee has the authority to adjust the number of one-way start lanes as needed\*\***

**PRELIMS SCRATCHES:** All entries are final as of **Friday, October 24, 2025 at Noon**. Failure to compete in all races, heats, and rounds for which he/she has entered or qualified (exception in body of rule), the competitor shall be disqualified from further competition(any events after the missed event). See page 16 in the NFHS Rule Book. No money will be refunded for scratches and no swims.

## **Order of Events**

Girls	EVENT	Boys
1	200 Medley Relay	2
3	200 free	4
5	200 IM	6
7	50 free	8
	<b>** 10 minute break**</b>	
9	100 fly	10
11	100 free	12
13	500 free	14
15	200 Free Relay	16
17	100 back	18
19	100 breast	20
21	400 Free Relay	22

## PRELIMS FACILITY:

Indoor, heated, eight lane 50 Meter pool. Non-turbulent lane lines, lane width 8 feet. Warmup/warmdown area available. Starting block wedges, and Colorado back stroke start devices. Evacuator Air System, UV Water Filtration.

Pool Measurement and Depth: The competition pool has been certified in accordance with 104.2.2C (4). The water depth as measured from 1 meter from the wall to 5 meters from the wall is as follows: Start end: 9' Turn End: 5.5'

Timing: Colorado Timing System 7. Eighteen touchpads, 2 electronic starters, and a scoreboard. The primary system will be a touchpad. The secondary system will be manual with two buttons and two digital watches per lane.

## **FINALS > SATURDAY, NOVEMBER 1**

FINALS  
LOCATION: Louisiana Tech University  
Lambright Sports & Wellness Center  
921 Tech Drive  
Ruston, LA 71270

<b>FINALS SCHEDULE:</b>	7 am	Facility opens
	7:30 am	Warm ups begin
	8:45 am	Coaches meeting
	9:00 am	Final session starts

<b>FINAL WARM-UPS:</b>	7:15 - 8:15 am	Open warm-ups
	8:15 - 8:45 am	Controlled warm-ups

\*\*In all warm-up sessions, the meet Referee has the authority to adjust the number of one-way start lanes as needed\*\*

**FINALS SCRATCHES:** Please scratch any known swimmers during prelims when they are announced. Late scratches need to be submitted by Google form on the BAC website ([bacswim.net](http://bacswim.net)). To allow adequate time to notify alternates. All entries are final as of **Wednesday, October 29, 2025 at Noon.**

Failure to compete in all races, heats, and rounds for which he/she has entered or qualified (exception in body of rule), the competitor shall be disqualified from further competition(any events after the missed event). See page 16 in the High School Rule Book. No money will be refunded for scratches and no swims.

## **Order of Events**

Girls	EVENT	Boys
1	200 Medley Relay	2
3	200 free	4
5	200 IM	6
7	50 free	8
** 15 minute break** (awards for events 1-8)		
9	100 fly	10
11	100 free	12
13	500 free	14
15	200 Free Relay	16
**15 minute break** (awards for events 9-16)		
17	100 back	18
19	100 breast	20
21	400 Free Relay	22
(awards for events 17-22)		

### **FINALS FACILITY:**

Indoor, heated 25 yard indoor pool, with attached warm-up/warm down lane. Eight lanes with non-turbulant lane lines and Finis back stroke start wedges.

Water Depth: The water depth at the start is 13'0"; 15 meters from the start the depth is 11'11". At the turn the depth is 4'6"; at 15 meters from the turn the depth is 5'0".

Pool Certification: The competition course has been certified in accordance with 104.2.2C(4) and the copy is on file with USA Swimming.

Timing: The primary timing system will be Colorado Swim VI, with touch pads and one back-up button. The button will serve as a secondary system. A third system will be two (2) handheld stopwatches in each lane. Teams will be required to provide timers.

**UNIFORMS:** Only one swimsuit may be worn (no double suiting). Competitors may NOT wear or use any type of brace, aid, or tape(including kinesiology tape) without medical documentation that is presented to the referee before the start of the competition. Swim caps can only represent the team's school or be blank (no other logos).

**SCORING:** The meet will be scored to 16th place for individual events and relays. Scoring will be as follows:

Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1  
Relay Events: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2

**AWARDS:** Awards for the RRHSSC Championship Meet will be medals for 1st - 3rd places and ribbons for 4th through 16th places.

Trophies will be awarded for the 1st and 2nd place male and female teams. A team trophy will be awarded to the team with the top combined score.

Seniors will be presented with a commemorative participation award.

Coaches will vote on Female Swimmer of the Conference, Male Swimmer of the Conference, Conference Coach of the Year, and the Team Sportsmanship Award which will be presented at the conclusion of Finals.

**HEAT SHEETS:** Heat sheets will be sold separately for prelims and finals

### **USA SWIMMERS**

This is a USA sanctioned and observed meet. All currently registered USA swimmers must have their legal name, date of birth and USA ID number entered in the meet for their results to be sent in.

Please use the included separate form for USA swimmers with all of their required information to have their results sent in OR confirm it is included on your Hy-Tek entry file.

### **Ruston Facility Information**

- Louisiana Tech University is a 100% tobacco free campus. No smoking or use of chewing tobacco is allowed anywhere on campus property (including outside areas).
- There is bleacher seating available. Please feel free to bring chairs.
- There is an adjacent outside area with direct access to the pool area that may be used for tents.
- Teams may display a team banner. Each team must provide their own tape, rope, etc. Please do not tape anything to the glass windows.
- Teams will be required to provide volunteer timers based on their meet entry numbers.
- Visiting officials are welcome and should report to the meet referee.
- **Parking**- Please direct everyone to park in the rear of the building or across the street at the high school lot. DO NOT park in the grass.

## 2025 GIRLS High School Meet Entries

School Name: \_\_\_\_\_ Date of Meet: 10/28 & 11/1/25

Coach Name: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**DEADLINE: Wednesday, October 22 @ 8 pm**

**DIRECTIONS:** Write each swimmer's full name & grade. For each individual event entering either write in their current time or "NT" for no time.

**NOTE:** Once this form is turned in, your entries are confirmed. Use additional sheets as necessary. Please refer to the meet invite for the number of events allowed per swimmer.

**SEND TO:** EMAIL: [swimcoachpaulette@gmail.com](mailto:swimcoachpaulette@gmail.com)

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## 2025 BOYS High School Meet Entries

School Name: \_\_\_\_\_ Date of Meet: 10/28 & 11/1/25

Coach Name: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**DEADLINE: Wednesday, October 22 @ 8 pm**

**DIRECTIONS:** Write each swimmer's full name & grade. For each individual event entering either write in their current time or "NT" for no time.

**NOTE:** Once this form is turned in, your entries are confirmed. Use additional sheets as necessary. Please refer to the meet invite for the number of events allowed per swimmer.

**SEND TO:** EMAIL: [swimcoachpaulette@gmail.com](mailto:swimcoachpaulette@gmail.com)

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## 2025 USA SWIMMING MEMBER INFORMATION

School Name: \_\_\_\_\_ Date of Meet: 10/28 & 11/1/25

**DEADLINE: Wednesday, October 22 @ 8 pm**

**DIRECTIONS:** Write each swimmer's full legal name, date of birth and USA member ID.

**NOTE:** Use additional sheets as necessary.

**SEND TO:** EMAIL: [swimcoachpaulette@gmail.com](mailto:swimcoachpaulette@gmail.com)

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