



## Elmwood Sharks Registration Checklist

**Swimmer's Name:** \_\_\_\_\_

\_\_\_\_\_ **1) Bio Form**

\_\_\_\_\_ **2) Athlete Code of Conduct (signed by swimmer and parent)**

\_\_\_\_\_ **3) Membership Agreement**

\*Please note that there is a \$100 charge upon registering for the swim team. This fee will be charged to your account within the first month of registering for the swim team. The \$100 charge is for the swim team's annual registration fee. USA Swimming Athlete Registration and a \$90 USA Swimming Registration Fee must also be completed by the parent/guardian via USA Swimming through a unique link that will be sent to each parent/guardian once registration packets are received. The USA Swimming Registration must be completed within one (1) week of joining the Sharks Swim Team. These charges will recur yearly.

### **Note to Membership Representative:**

All items on this list must be collected at time of registration to complete enrollment. Please hand this form and all the above items attached to this package to Head Coach Beau Caldwell or emailed in PDF to [sharksswimteam@ochsner.org](mailto:sharksswimteam@ochsner.org) for further processing once completed. Thank you.

This was completed by \_\_\_\_\_ on \_\_\_\_\_.

(Membership Representative) (Date)

# Directory Bio Sheet

Swimmer's First Name\*: \_\_\_\_\_

Swimmer's Middle Name\*: \_\_\_\_\_

Swimmer's Last Name\*: \_\_\_\_\_

Birth Date\*: \_\_\_\_/\_\_\_\_/\_\_\_\_ # of Years Swimming: \_\_\_\_

Address\*: \_\_\_\_\_

City\*: \_\_\_\_\_ State\*: \_\_\_\_\_ Zip\*: \_\_\_\_\_

Athlete T-shirt Size \_\_\_\_ - YS, YM, YL, AS, AM, AL, AXL, AXXL

Guardian 1\* - Name (First & Last): \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Guardian 2 - Name (First & Last): \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Name of Coach: \_\_\_\_\_

Swim Group: \_\_\_\_\_

Projected High School Graduation Year: \_\_\_\_\_

Consent to use pictures on team website and directory: \_\_\_\_ Yes \_\_\_\_ No

\*Required for USA Swimming Registration

# Elmwood Sharks

## 2024-25 Fee Schedule

### Fixed Costs

Group	USA Swim Reg Sept 2024-Dec 2025	OFC Registration fee Paid Annually upon joining	Monthly dues Billed by OFC	Equipment Purchase from team store
Jr Sharks	N/A	\$100 - member \$120 - non-member	\$100	Fins
Threshers	\$30-flex athlete	\$50	\$75	Fins
Hammerheads	\$30-flex athlete	\$50	\$80	Fins
Reefs	\$90 premium athlete	\$100	\$89-OFC Mem \$94-OFC Non-mem	Fins
Bulls	\$90 premium athlete	\$100	\$94-OFC Mem \$103-OFC Non-mem	Fins, Snorkel
Leopards	\$90 premium athlete	\$100	\$99-OFC Mem \$110-OFC Non-mem	Fins, Snorkel, pull buoy
Tigers	\$90 premium athlete	\$100	\$115-OFC Mem \$131-OFC Non-mem	Fins, Snorkel, pull buoy, paddles (13-14's)
Makos	\$90 premium athlete	\$100	\$115-OFC Mem \$131-OFC Non-mem	Fins, Snorkel, pull buoy, paddles
Blue	\$90 premium athlete	\$100	\$126-OFC Mem \$141-OFC Non-mem	Fins, Snorkel, pull buoy, paddles

An \$10 coaches fee will be applied to each competitive athlete's bill each month to defray coaches travel to/from meets. This will be a separate charge on a monthly basis so that this fee is correctly earmarked, and will be listed on the swimmer's account as "Coach Fee".

USA Swimming [registration](#) is paid once/year within the dates above, directly to USA Swimming by the parents. Athletes will not be permitted to swim until this is paid.

Registration fee is paid once/year upon joining and includes 2x t-shirts and 2x latex caps each year. This covers administrative costs needed to operate and manage a USA Swimming team.

Monthly bills will come from Ochsner and will read as ABC Ochsner Fitness

Equipment is purchased through our online team store at [SwimOutlet.com](https://SwimOutlet.com). Type in Elmwood Sharks to find our page.

### Variable costs

Meet entry fees – Variable by meet, billed monthly through OFC; typical meet is \$25-\$30/day.

Threshers and Jr Sharks do not attend meets. Hammerheads may attend home hosted meets if they wish.

## ELMWOOD SHARKS TEAM CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- ☐ I will respect and show courtesy to my teammates and coaches at all times.
- ☐ I will demonstrate good sportsmanship at all practices and meets.
- ☐ I will set a good example of behavior and work ethic for my younger teammates.
- ☐ I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- ☐ I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- ☐ I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- ☐ If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- ☐ I will obey all of USA Swimming's rules and codes of conduct.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

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Swimmer's signature Date

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Parent's signature Date

## ELMWOOD SHARKS TEAM CODE OF CONDUCT: PARENTS

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

- ☐ I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- ☐ I will get involved by volunteering, observing practices, cheering at meets, and talking with my child and their coach about their progress.
- ☐ I will refrain from coaching my child from the stands during practices or meets.
- ☐ I understand that criticizing, name-calling, use of abusive language or gestures directed toward coaches, officials, volunteers, and/or any participating swimmer will not be tolerated.
- ☐ I will respect the integrity of the officials.
- ☐ I will direct my concerns to first to my child's lead coach; then, if not satisfied, to the appropriate supervisor. (Head coach, then aquatics director)

I understand the above expectations and that my failure to adhere to them may result in disciplinary action.

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Signature(s) Date

## Membership Agreement

This is the membership agreement ("Agreement") between Ochsner Fitness Center (the "Club") and the person whose name is signed at the end of this agreement ("Guardian"), the legal guardian of the minor child named in Section 9.

1. **Fees and Charges:** Guardian agrees to pay a monthly fee (amount stated in Section 9) and coaches fee associated with member's enrollment in the Elmwood Sharks Swim Team. This general fee is subject to change upon 30 days advance written notice sent to Guardian through Electronic mail communication. Additionally, Guardian agrees to pay any and all fees and costs incurred as a result of member's participation in swim meets, when applicable, including, without limitation, travel expenses, food and lodging ("Special Fees"). The General Fee and Special Fees are hereafter collectively referred to as the "Elmwood Sharks Swim Team Fees."

2. **Delinquency Fees:** Should the Elmwood Sharks Swim Team Fees due in accordance with the terms of this agreement not be paid in full by the 19<sup>th</sup> of the month in which such fees are due, Guardian's account will be assessed a \$25 service fee on the outstanding balance. In such event, member will not be permitted to attend practice until such time as the balance of Guardian's account has been paid in full.

3. **Customers Right to Cancel:** YOU MAY CANCEL THIS CONTRACT BY SENDING NOTICE OF YOUR WISH TO CANCEL TO THE ELMWOOD SHARKS SWIM TEAM BEFORE MIDNIGHT OF THE THIRD BUSINESS DAY AFTER YOU SIGN THE CONTRACT. THIS NOTICE MUST BE HAND DELIVERED TO THE CLUB OR SENT REGISTERED MAIL TO THE ADDRESS LISTED IN SECTION 6 OF THIS AGREEMENT.

WITHIN FIFTEEN DAYS OF RECEIPT OF THIS NOTICE THE CLUB SHALL RETURN ANY PAYMENTS MADE AND ANY NOTE EXECUTED BY THE CUSTOMER IN CONNECTION WITH THE CONTRACT. IF YOU USE THE CLUB'S FACILITIES OR SERVICES, THE CLUB MAY CHARGE YOU A REASONABLE FEE BASED ON DAYS OF ACTUAL USE. THIS RIGHT OF CANCELLATION SHALL AFFECT ONLY THE FINANCIAL OBLIGATIONS UNDER THE CONTRACT AND

## CUSTOMER'S RIGHT TO USE THE ELMWOOD SHARKS SWIM TEAM SERVICE.

4. **Non-Refundability:** None of the Elmwood Sharks Swim Team fees and charges payable in accordance with this agreement are refundable.

5. **Assumption of Risk:** Guardian has been advised of and understands the risks associated with participation in and practicing for a swim team and has read and understood Section 10 of this agreement.

6. **Notices:** Except as otherwise provided herein, all notices required or permitted to be given under this Agreement shall be in writing and shall be deemed as properly given if delivered to the Club in person or sent through electronic mail. Guardian should get proof of receipt from an employee of the Club.

All notices to the Club should be addressed as follows.

Ochsner Fitness Center  
sharksswimteam@ochsner.org

7. **Method of Payment:** Elmwood Sharks Swim Team Fees will be charged to Guardian on a monthly basis and must be paid by the 19<sup>th</sup> day of each month. Automatic payment methods are required from checking accounts or credit cards. The rules concerning these methods of payment are in the "Elmwood Sharks Swim Team Rules and Regulations handout and will be given to Guardian upon request and completion of this agreement. At Guardian's option, all Elmwood Sharks Swim Team Fees payable by Guardian in accordance with the terms of this Agreement, may be charged to Guardian's Ochsner Fitness Center Membership account. If Guardian elects to have Elmwood Sharks Swim Team Fees charged to Guardian's Ochsner Fitness Center Membership account, this election may be made by signing the appropriate certification at the end of this Agreement.

8. **Breach:** In the event of a breach of the terms and conditions of this Agreement, the breaching party agrees to pay all reasonable attorneys' fees, collection fees, and costs incurred by the other party as a result of any action brought to enforce this Agreement.

9. **Enrollment:** Guardian hereby enrolls

\_\_\_\_\_(Member) in

the Elmwood Sharks Swim Team for a term beginning\_\_\_\_\_, 20\_\_\_\_\_, at an annual fee of \$100.00 and continues until cancellation according to Section 11. Upon signing of this agreement, the Guardian will pay a monthly fee of \_\_\_\_\_. **Member and Guardian understands this membership does not include usage of any part of the Club except for the lap pools, jacuzzi, locker rooms, and food areas and only immediately prior to, during, or after practice. The only exception to this will be if member is chosen to be put on a weight training program at the Club under the supervision of the swim coach. An additional monthly fee may be charged for this, and Guardian will have to grant permission for this under a separate addendum.**

10. **Release and Waiver:** I, the undersigned parent and/or guardian of minor child named in Section 9, certify that by registering my child with the Elmwood Sharks Swim Team, that I am aware of all the inherent risks associated with participation in and practicing for a swim team. I, and my child, understand that participation in swim practice and competition with Elmwood Sharks Swim Team is entirely our choice and it is with this understanding of risk of accidental injury, that I have given my full consent for my child to take part in these sports activities with Elmwood Sharks Swim Team. I certify that I have contacted my child's physician about their participation in the program and that the physician has examined my child and has endorsed my child's participation in the program. With this release form I also certify that any medical expenses, should an injury occur, are covered by my insurance policy or will otherwise be borne by me personally. I also authorize any licensed hospital, or licensed health care practitioner to perform an examination or render any emergency treatment, which may be necessary in the event my child is injured during their participation in Elmwood Sharks Swim Team activities if I am not present to direct the course of my child's treatment.

In consideration of my child's being allowed to participate in the Elmwood Sharks Swim Team program, I hereby, for my child, personally assume all risks in connection with the Elmwood Sharks Swim Team program, and I further release the Ochsner Fitness Center and Ochsner Health, its successors, employees, and agents from any and all liability for any injury or notice of such termination. Upon such termination,

damage which may occur as a result of my child's participation in the Elmwood Sharks Swim Team program, including all risks connected therewith, whether foreseen or unforeseen, and, further, to save and hold harmless Ochsner Fitness Center and Ochsner Health, its officers, employees, directors, and agents, from any claim by me individually or on behalf of my child, their family, estate, heirs, or assigns, arising out of their enrollment and participation in Elmwood Sharks Swim Team programs.

I have fully informed myself of the contents of this release agreement by reading it before initialing it. I agree that no oral representations, statements, or inducements apart from the foregoing written release statement and waiver are intended to be as broad and inclusive as permitted by the laws of the State of Louisiana, and that if any portion hereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full force and effect.

**Initials:** \_\_\_\_\_

11. **Termination:** According to the terms of Section 6 of this agreement, the Guardian may terminate this Agreement by giving email notice of termination by the last day of the month preceding the month such termination is to become effective. Unless terminated in accordance with the terms of this Agreement, the Agreement will automatically renew and continue, and Guardian shall be held responsible for all Elmwood Sharks Swim Team Fees in accordance with the terms and conditions of the agreement.

In the event member violates any of the rules and regulations posted in the Club from time to time regarding conduct and/or use of facilities, the Club may immediately terminate the member's membership under this Agreement and member's right to use and Club facilities shall be revoked immediately. The Club may also automatically and immediately terminate a member's membership for failing to make any payment due under this Agreement. If the member's membership is terminated for violation of Club rules and regulations or failure to make payments, no part of member's payments previously made will be refunded. Additionally, the Club may at any time, with or without cause, terminate a member's membership in the Club upon providing member with thirty (30) days written

member will be refunded any fees paid in advance and unused by member.

**Initials:** \_\_\_\_\_

12. **Governing Law**: This Agreement shall be governed by, construed, and interpreted in accordance with the laws of the State of Louisiana.

13. **Severability**: In the event that any provision of the Agreement shall be held invalid or unenforceable, the balance of the Agreement shall, notwithstanding such invalidity of enforceability of any provision hereof, continue in full force and effect.

Ochsner and Guardian have each executed and delivered this Agreement on the date first set forth above.

## **Guardian**

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Guardian's Signature

## **Ochsner Fitness Center**

(an operating division of Ochsner Health)

BY \_\_\_\_\_  
ITS \_\_\_\_\_

### **Authorization for Charging Privileges**

I hereby authorize and direct the Club to extend to my child monthly charging privileges in the amount of \$\_\_\_\_\_ over and above any "Elmwood Sharks Swim Team Fees" mentioned throughout this Agreement.

**Initials:** \_\_\_\_\_