

2025
PARENT
HANDBOOK



LEMOORE
AQUAJETS

AQUAJETS DIRECTORY 2025

President

Tawni McGough
Phone 662.699.0141

Vice President

Josh Willet

Treasurer

Stacey Corbiere

Secretary

Jen Are

Head Coaches

AquaJets
Ashley Vaughn
Phone 559.816.5216

Water Polo Head Coach
Pono

Hospitality

NA

Websites

Remind

Section 6.2 Election. The officers of the organization, shall be chosen annually by, and shall serve at the pleasure of, the membership, subject to the rights, if any, of an officer under any contract of employment. Each officer shall hold his or her office until he or she resigns, is removed, or becomes otherwise disqualified to serve, or until his or her successor is elected and qualified. In order to be considered for a position, an application must be made to the BOD prior to the End of Year General Meeting. The BOD will submit the proposed officers to the membership at the final General Membership Meeting for election.

AQUAJETS SWIM MEET SCHEDULE 2025

June 10th - AWAY @ Woodlake

June 12th - AWAY @ Reedley

June 17th - AWAY@ Corcoran

June 19th - AWAY @ Visalia waves

June 24th - HOME Visalia Bucs

June 26th - Tri meet AWAY @ Hanford with Dinuba

July 1st - HOME Tulare

July 3rd - Tri meet HOME with Hanford and Lindsay

July 8th - HOME Sanger

July 12th - Time trials in Dinuba

July 19th - Finals in Visalia

WELCOME PARENTS

Welcome to the Lemoore Aquajets Recreational Swim Team. We hope that this will be a fun and exciting season for you and your child(ren). Keep this handbook as you will need to refer to it throughout the season for information. You can keep up with events, late breaking news and swim meet results at our website at <https://www.gomotionapp.com/team/lajst/page/home> or e-mail us at lemooreaquajets1@gmail.com.

Our goal is to provide the framework, services and positive training atmosphere to benefit the swimmers. Our coaches will work with the swimmers to refine stroke skills, provide challenging workouts for each swimmer and set swimming goals throughout the season. The team goal is to win the dual meets by accumulating more points than the other team. This is accomplished by practicing hard, scheduling swimmers for their best events and teamwork.

PRACTICE TIMES

It is important to attend as many practices as possible as skills may be presented at a practice session and not revisited for a while. Let your child's coach know if you are going to be on vacation or your child is ill and unable to attend practices or meets.

Practices are held every day unless otherwise noted on the calendar. Arrive a few minutes early to allow time for attendance and preparation to swim. Bring goggles, cap and towel. Everyone should be ready to swim at the beginning of practice.

Since we use to the high school pools, please do not show up more than 5 mins before your practice to avoid any issues with the high school students or staff.

May 19th- First week of June – Roughly looking at times between 4:00-7pm- Practice times/dates and location TBD- Please keep an eye out for updated information

Roughly Starting 1st Week of June practices will be back at LHS

Puddle Jumpers-4:30- 5:15pm Monday/ Wednesday only

6 & Under will practice from 4:30- 5:15

7 & 8 year olds will practice from 4:30- 5:15

9 & 10 year olds will practice from 5:15- 6:15

11 & 12 year olds and new 13-18 swimmers 5:15- 6:15

13 – 18yr old swimmers will practice from 6:15- 7:30

WATERPOLO

TBD

PUDDLE JUMPERS

Puddle Jumpers will start roughly June 9th. It will be held 2 times a week Monday/Wednesday for 3 weeks total. The cost will be \$75.

These swimmers will be the ones who **ARE** able to swim but do not pass the swim test, meaning they can not swim the full length of the 25-meter pool. This program will start June 9th and go on until June 25th. This gives your swimmer the chance to get the hands-on help they need to swim the full distance. Due to the shorten amount of time our puddle jumpers is a little different this year and we are so sorry. Hoping next year will be back in full swing.

(They'll have to take a swim test on the first day)

SWIM MEETS

Arrive on time to each meet. Report to your coach as soon as you arrive for instruction on warm-ups and to find out what events you will be swimming. (FYI: the max number of events each child can swim is (3) individual events and (2) relays.) The penalty for swimming more events than allowed is disqualification in any subsequent event over the max. Although the coaches will be at every meet, it would indeed be miraculous for them to know the whereabouts of every swimmer. The result is that someone is going to miss an event. You can help prevent this by emphasizing to your child(ren) the importance of checking in with the coach on a routine basis and by listening to the announcer who will be announcing the upcoming events.

Please remember to notify the coach if your child(ren) is unable to attend a meet, or needs to leave early from a meet so he/she won't schedule your child(ren) for relays and events and have to make last minute changes.

PARENT MEETING AND SWIM TEST

There will be a brief Parent Meeting on **Friday, May 16th, 2025 at 6:00pm** as well as a Swim test for all new swimmers or swimmers that did not swim AquaJets this past season. Please print and bring your handbooks so we can go over them and answer any of your questions. The second meeting will take place during our awards banquet. Other meetings may be scheduled with the age group coaches, if necessary.

*The swim test will require the swimmer to swim unassisted across the 25yd pool.

*Each family will be required to fill 2 time slots per swimmer to help cover timing and the snack bar during the season. If you cannot full fill this you can do a buyout of \$25 per slot.

TEAM SWIM SUITS

We will provide a link for team suits if you would like to purchase. The team suit is not required for participation. You may also purchase a plain black swimsuit of your choice (two-piece suits are not allowed). If you need any other supplies for your swimmer visit one of our sponsors at All American pools in Lemoore or visit www.swimoutlet.com

PICTURES

TBD

ATTENTION

All communication to swim families will be communicated via **Remind/GroupME** Texting System. Each individual swim class Coach will give you their code information. Please get this from your swimmers coach. You will also find team information on our website <https://www.gomotionapp.com/team/lajst/page/home> or on facebook www.facebook.com/groups/585959121425321/ . Meet mobile is a great app to track your swimmer's results from meets.

RIBBONS AND AWARDS BANQUET

Duckies will be provided at every home meet to the winner of each Heat. Ribbons (from other meets will be handed out once we receive them. All meet results will be available on the website as well as posted at practice. Awards Banquet is TBD.

THE AGENDA FOR THE AWARDS BANQUET

There will be free swim for all who attend from 4:30 to 5:30. Dinner and dessert will begin at 5:30, which will be followed by trophies, high point awards and special announcements. We will do our best to wrap it up in a timely manner.

CODE OF CONDUCT

Swimmers Will:

- Respect all coaches, board members and parents while at practice and meets.
- Try their hardest to be an effective member of the Lemoore Aquajets Team.
- Be respectful and encouraging to all fellow teammates.
- Practice safety at all times when in or around the swimming pool.
- Have fun at all times!

Swimmers Will Not:

- Talk back to coaches.
- Taunt or tease other swimmers.
- Disrupt practice at any time.

If the "Code of Conduct" is broken, ultimate consequence could be removal from the Lemoore Aquajets Team.

Parents Will:

- Be respectful to all coaches, board members, other parents and swimmers.
- Remain an observer during all practices and swim meets, while keeping our deck clear.
- Encourage a productive behavior from their swimmer(s).
- Be a team cheerleader.
- Provide help, wherever and whenever possible during swim meets.

Parents Will Not:

- **Communicate with coaches during practice times. Another form of communication will be available.**
- **Discourage any swimmer from competing.**
- **Speak to any coach, board member or parent in a demeaning manner.**
- **Disrupt practice at anytime.**

USA SWIM RULE- Photographs should not be taken from behind swimming blocks at the start of a race or exhibit a child climbing out of the swimming pool. Photographs should not be taken in locker-rooms or bathrooms.

If the "Code of Conduct" is broken, ultimate consequence could be child's removal from the Lemoore Aquajets Team or parental exclusion from practices and meets.

THE FINE PRINT

All members of the Aquajets team, Board, Coaching Staff, Families and Guests to this swimming facility must abide by the following rules:

- No running or “horseplay” of any kind is permitted on the pool deck or in the pool.
- No consumption or possession of alcoholic beverages on campus or the pool deck.
- No smoking or use of any tobacco products on campus or the pool deck.
- No swearing or profane language (or language deemed overtly sexual) is permitted on the deck or in the company of Aquajets swimmers.
- No vulgar or offensive clothing (t-shirts, etc.)
- No pets, except for those used in the aid of the disabled, are allowed on the pool deck.
- No glass containers of any kind are allowed on the pool deck.

USA SWIM RULE- Photographs should not be taken from behind swimming blocks at the start of a race or exhibit a child climbing out of the swimming pool. Photographs should not be taken in locker-rooms or bathrooms.

Any person violating any of these rules will be asked to leave the facility. No refunds will be given.

Thank you for your cooperation.

Central Valley Recreational Swim League

Schedule of Events and Time Standards

2025

Girls		Age Group	Event		Boys
1	1:26.69	18 & Under	100 Freestyle	1:34.79	2
3	NTS	6 & Under	100 Freestyle Relay	NTS	4
5	NTS	8 & Under	100 Freestyle Relay	NTS	6
7	NTS	9 – 10	100 Freestyle Relay	NTS	8
9	NTS	11 – 12	200 Freestyle Relay	NTS	10
11	NTS	13 – 14	200 Freestyle Relay	NTS	12
13	NTS	15 – 18	200 Freestyle Relay	NTS	14
15	39.89	6 & Under	25 Freestyle	38.99	16
17	24.79	8 & Under	25 Freestyle	24.69	18
19	19.19	9 – 10	25 Freestyle	20.19	20
21	36.19	11 – 12	50 Freestyle	38.49	22
23	36.09	13 – 14	50 Freestyle	33.89	24
25	NTS	15 – 18	50 Freestyle	NTS	26
27	44.79	6 & Under	25 Backstroke	47.49	28
29	29.29	8 & Under	25 Backstroke	31.19	30
31	23.99	9 – 10	25 Backstroke	25.99	32
33	48.29	11 – 12	50 Backstroke	51.49	34
35	49.49	13 – 14	50 Backstroke	50.59	36
37	NTS	15 – 18	50 Backstroke	NTS	38
39	2:05.39	10 & Under	100 Individual Medle	2:19.79	40
41	1:43.79	11 – 12	100 Individual Medle	1:58.19	42
43	1:49.99	13 – 14	100 Individual Medle	1:44.39	44
45	NTS	15 – 18	100 Individual Medle	NTS	46
47	35.49	8 & Under	25 Butterfly	36.79	48
49	25.89	9 – 10	25 Butterfly	27.99	50
51	51.99	11 – 12	50 Butterfly	57.79	52
53	52.59	13 – 14	50 Butterfly	48.69	54
55	NTS	15 – 18	50 Butterfly	NTS	56
57	38.49	8 & Under	25 Breaststroke	35.79	58
59	29.49	9 – 10	25 Breaststroke	28.99	60
61	52.09	11 – 12	50 Breaststroke	56.19	62
63	54.29	13 – 14	50 Breaststroke	53.89	64
65	NTS	15 – 18	50 Breaststroke	NTS	66
67	NTS	8 & Under	100 Medley Relay	NTS	68
69	NTS	9 – 10	100 Medley Relay	NTS	70
71	NTS	11 – 12	200 Medley Relay	NTS	72
73	NTS	13 – 14	200 Medley Relay	NTS	74
75	NTS	15 – 18	200 Medley Relay	NTS	76

LEMOORE AQUAJETS

2025 Meet Requirements

Location:	Varies
Parking:	Information will be provided for each meet
Facilities:	Visitors are welcome to “camp” under canopies. Full concession stand will be available at most meets.
Meet Hours:	The meet will begin promptly at 6:30 p.m. and end upon the completion of the event closest to 10:00 p.m.
Warm Ups:	Warm up times will vary depending on location. Coaches will update.
Heats:	Relays are limited to 2 heats. Fly & Breast are limited to 3 heats. Free & Back are unlimited.
Staging:	Swimmers shall line up behind the blocks at the appropriate times.
Lanes:	AquaJets will be in even lanes for home meets
Rosters:	LAJ uses Hy-Tek team manager. Rosters shall be emailed to us at the address below along with the name and phone number of the main contacts of the team. Rosters may be submitted on disk at the time of the meet; however, this will result in a delay while rosters are printed.
Volunteers:	Visiting team shall provide 8 timers and 4 recorders for the Odd lanes and one Stroke-and-Turn Judge.
Awards:	Ribbons or Duckies will be awarded to places 1-6 for individual events and places 1-3 for relays. Depending on the team we are swimming.
Misc.	Help us keep our pool area clean. Please place trash in receptacles, no gum, seeds, glass containers, alcohol, tobacco products or pets. For everyone’s safety, the small pool is “OFF LIMITS” at all times. Report any issues to the computer table staff, so we can ensure your visit is enjoyable.
Contacts:	President: Tawni McGough 662.699.0141 Head Coach: Ashley Vaughn 559.816.5216
Email:	lemooreaquajets1@gmail.com
Website:	https://www.gomotionapp.com/team/lajst/page/home