

ISI HOD
Fall Meeting 2016 AGVC report

Team Iowa Events

Open Water Zones Meet 2016 recap

14 swimmers from 6 Iowa teams represented Team Iowa (7 girls & 7 boys), which is double the numbers from 2015! The club teams from the LSC included: LMST, DEC, CIA, IFLY, RIP, BLAST

Team Iowa Combined placed 7th with 44 pts.

14 LSC Teams participated in this event.

Thank you to Trudy Hancock as our Team Iowa Head Coach!

Breakdown of ISI athletes

# 0 9&10 boys	# 1 9&10 girls
# 2 11&12 boys	# 1 11&12 girls
# 2 13&14 boys	# 3 13&14 girls
# 3 15&over boys	# 2 15&over girls

Great venue, well executed meet.

Goals for next year: ISI hopes to double our participation numbers and create an online registration process for the LSC.

Summer 2017: Pleasant Prairie, WI June 15 Clinic; June 16 Race ~ All CZ LSCs

Mega Zones Meet recap

15 LSCs were present with 1905 athletes. Team Iowa had 84 athletes, in 316 individual events. Team Iowa finished 8th overall with 1,779.50 points. Dylan Moffatt received the 13-14 third place high point award with 129 points.

Team Iowa set five ISI state records:

- _Girls 11-12 50 Free - 27.60 Grace Frericks (Prev 27.62 7/28/2016)
- _Girls 11-12 100 Free - 1:00.49 Grace Frericks (Prev 1:00.73 8/5/2011)
- _Boys 10&U 50 Breast - 37.88 Finn Nadel (Prev 38.24 8/6/2010)
- _Boys 13-14 800 Free - 8:30.09 Dylan Moffatt (Prev 8:46.29 3/10/2016)
- _Boys 13-14 1500 Free - 16:15.72 Dylan Moffatt (Prev 16:42.73 5/20/2016)

Team Iowa also set three Central Zone Records:

- _Boys 13-14 400 Free - 4:07.98 Dylan Moffatt (Prev 4:11.37 2013)
- _Boys 13-14 800 Free - 8:30.09 Dylan Moffatt (Prev 8:37.21 2013)
- _Boys 13-14 1500 Free - 16:15.72 Dylan Moffatt (Prev 16:29.03 2013)

Great venue at IUPUI and very well executed meet for the large number of swimmers.

The Team Iowa coaching staff did a fabulous job of communicating with the parents through the closed Facebook group. The staff had to make adjustments at the meet with warm-ups and pool space to best accommodate the Team Iowa athletes. The meet ran smoothly for Team Iowa thanks to our coaching

staff! Head Coach Eric Crawford, Asst Coaches: Parker Craw, James Davis, Ethan Jacobsen and Tanja Sadecky.

ISI will be evaluating our registration and team apparel procedures to improve the pre-meet process.

Summer 2017: Zones, Rochester, MN August 3-6 ~ AR, IA, MN, MV, MW, ND, OH, OZ, SD

All Star Meet 2017

We are waiting for the meet to be sanctioned through MW Swimming.

A closed ISI Facebook group has been created: ISI ~ TEAM IOWA ~ ALL STARS 2017

The 33rd Annual Midwest All Star meet is slated for January 14-15, 2017 with Friday, January 13 being a team warm-up and team photo day in Elkhorn, NE.

The 2017 meet is planned to run the same as 2016.

Each LSC is limited to 80 athletes and 5 swimmers per event, each age and gender. When all ISI applications have been received, the team will be built starting with the top three times in each event. If this results in fewer than 80 athletes chosen, then we will use the top four times. If there are still athlete spots available, top five times will be considered. In 2016, many Team Iowa spots were filled with the top 4 times to create the 80 members on the team. A handful of events were rounded out (filling the #5 spot) with a member already on the team (but not necessarily one of the fastest ISI times).

****As soon as we have the meet information we will email the listed ISI "Coaches and Club Contacts" about the Team Iowa application process.****

The plan as of now is:

~ Team Iowa All Star applications DUE on December 1, 2016 **(online application)**

~ Event qualifying period for All Star meet consideration: Sept 1-Dec 11, 2016

~ Updated times.... any new times for those on the team updated after the qualifying period and prior to the entry deadline (1/4/17) will be submitted.

~ Swimmers need to be available for the entire meet (all 3 sessions) as we are limited to 80 athletes (names) and not 80 athletes per session.

A Team Iowa Hotel Block has been reserved for 40 rooms and we are in the process of securing another 40 at another hotel nearby.

The Team Iowa coaches for 2017 All Star meet:

Head Coach: Dave Joensen, DMSF

Asst Coaches: Eric Crawford, DEC ~ Frankie Hanson, RIP ~ Tanja Sadecky, IFly