

Friday Evening - Warm-ups: 4 p.m. / Competition: 5 p.m.

11 & Over+	800 / 1000 Free	(Fast to Slow / Alt. Girls & Boys)
10 & Under	400 / 500 Free	(Slow to Fast / NO alternating)
11 & 12	400 IM	(Slow to Fast / NO alternating)
13 & 14	400 IM	(Slow to Fast / NO alternating)
15 & Over	400 IM	(Slow to Fast / NO alternating)

Saturday Morning - Warm-ups: 8 a.m. / Competition: 9 a.m.

11 & 12	100 Free
10 & Under	100 Free
11 & 12	100 Breast
10 & Under	50 Breast
11 & 12	200 Back
10 & Under	100 Back
11 & 12	50 Fly
10 & Under	50 Fly
11 & 12	100 IM (Winter only, if summer is LCM)
10 & Under	100 IM (Winter only, if summer is LCM)
11 & 12	50 Back
11 & 12	200 Fly
10 & Under	200 Medley Relay
11 & 12	200 Medley Relay
Break	
11 & 12	500 Free

Saturday Afternoon - 8 & Under Championships - Warm-ups: 1 p.m. / Competition: 2 p.m.

(What was decided for SCY vs. LCM in the summer? NO 100 relays & 25s if at LCM)

8 & Under	100 Medley Relay (200?)
8 & Under	100 Free
8 & Under	25 Breast
8 & Under	50 Back
8 & Under	25 Fly
8 & Under	50 Free
8 & Under	100 IM
8 & Under	50 Breast
8 & Under	25 Back
8 & Under	50 Fly
8 & Under	25 Free
8 & Under	100 Free Relay (200?)

Saturday Evening - Warm-ups: 5:30 p.m. / Competition: 6:30 p.m.

13 & 14	100 Free
15 & Over	100 Free
13 & 14	200 IM
15 & Over	200 IM
13 & 14	100 Breast
15 & Over	100 Breast
13 & 14	200 Back

15 & Over	200 Back
13 & 14	100 Fly
15 & Over	100 Fly
13 & 14	200 Medley Relay
15 & Over	200 Medley Relay
Break	
13 & Over+	400 / 500 Free (Fast to Slow / Alt. Girls & Boys)

Sunday Morning - Warm-ups: 8 a.m. / 9 a.m.

11 & 12	50 Free
10 & Under	50 Free
11 & 12	200 IM
10 & Under	200 IM
11 & 12	200 Breast
10 & Under	100 Breast
11 & 12	100 Back
10 & Under	50 Back
11 & 12	100 Fly
10 & Under	100 Fly
11 & 12	200 Free
10 & Under	200 Free
11 & 12	50 Breast
10 & Under	200 Free Relay
11 & 12	200 Free Relay
Break	
11 & 12	1500 / 1650 Free (Fast to Slow / Alt. Girls & Boys)

Sunday Afternoon - Warm-ups: 1 p.m. / Competition: 2 p.m.

13 & 14	50 Free
15 & Over	50 Free
13 & 14	200 Breast
15 & Over	200 Breast
13 & 14	100 Back
15 & Over	100 Back
13 & 14	200 Free
15 & Over	200 Free
13 & 14	200 Fly
15 & Over	200 Fly
13 & 14	200 Free Relay
15 & Over	200 Free Relay
Break	
13 & Over+	1500 / 1650 Free (Fast to Slow / Alt. Girls & Boys)

+ - Combined for seeding, separated into 11 & 12, 13 & 14, 15 & Over for scoring