## ISI House of Delegates Meeting November 4, 2007 Cedar Rapids Public Library Beems Auditorium

**Clubs Present:** Ames Cyclone Aquatic Club, Bettendorf Swim Club, Black Hawk Area Swim Team, Central Iowa Aquatics, Cedar Rapids Aquatics, Cedar Valley Barracudas, Dubuque Area Swimmin' Hurricanes, Des Moines Swimming Federation, Iowa City Eels, Pleasant Valley Stingrays Swim Team, River Cities Aquatics, Vinton Aquatic Club

ISI Board Members: Judy Hackney, Jamie Langner, Mark Corley, Don Spellman, Al Panec, Kelly Hackett, Alicia Lewis

### President Judy Hackney called the HOD meeting to order at 2:05pm.

Announcements: Kelly Hackett, BLST was announced as the new Financial/Scholarship Chair

<u>Minutes</u>: Minutes from the previous HOD dated April 21, 2007 were approved as written. Motion to accept minutes. Motion carried.

## <u>Treasurer's Report</u> – Doug Kolsrud not present

Treasurer reports as of August 31, 2007 were approved. Motion to accept. Motion carried.

Old Business - None

#### **New Business**

#### All Star & Zones - Age Group Chair - Eric Follmuth not present

All Stars - Email from Eric

- Starting Team Iowa Cap contest Information on website & included in club handouts
- Entry forms should be available next week, finalizing cost and items with clothing print shop. Final info will be sent to each club & placed on the ISI website.
- Hotel Springhill Suites (same as past) Meeting on Friday night. Hotel info on registration form
- Entries will be due December 17<sup>th</sup>. Can be returned via email or mail.

Megazones 2008 – Same hotel as in 2006 – Wingate Inn, Indianapolis, Indiana – working on situation with the bus Zones – Judy reported that Iowa has been requested to consider hosting future zone meets

### **High School Swimmers** – Don Spellman

Don highlighted discussions going on with the Iowa High School Athletic Association regarding male high school swimmers conforming to High School Bylaws competing with ISI clubs. (Doesn't affect female athletics at this time.) Don has written letter to High School Association & anyone wishing can sign at the end of the meeting. Currently High School swimmers have received approval to participate in the Grand Prix meet in MN. Further information can be obtained by contacting Don.

### Proposal A – Regional Break Schedule / Open Pool periods

Proposed by Donald P. Spellman, ISI Technical Planning

Proposal: Upon completion of the 15 & Over Male 100 Breaststroke on Day 1 (Event #56) and the 15 &

Over Male 100 Backstroke on Day 2 (Event #132) the meet host shall open the pool up for warm-up / cool down to athletes for at least 15 min. and allow for an administrative / meet staff 20 min. break. There shall also be a 15 min. administrative break with a minimum of a 10 min. warm-up /

cool down period on Day 2 prior to the start of the 1000 Freestyle heats.

Rationale: To enhance the chances and improve conditions for swimmers at ISI Regionals Meets to attain

state qualifying times in 6 to 8 lane 25 yard pools without access to separate and adequate cool

down / warm-up areas between races.

Discussion: Amendment – Add break in AM Session for younger swimmers – Saturday after Event #20;

Sunday after Event #94.

### Proposal A passed as amended

#### **Proposal B – Regional Meet Minimum times**

Dave Joensen, CIA Coach

Proposal: Delete the minimum time for the 400 IM, 500 Free, 1000 Free and 1650 Free at ISI Regional.

At the ISI Regionals, the minimum entry time for entry in the 400 IM, 500 Free, 1000

Free, and 1650 Free shall be eliminated.

Rationale: The minimum time in the distance events at Regionals exists for time management reasons as well

as to ensure that swimmers entered in those events have demonstrated a level of competency in the

longer events. Experience shows that the timeline is not an issue, nor is there a history of

swimmers entered in the distance events who are unprepared. Therefore it is unnecessary to have

minimum time standards as an entry requirement.

Discussion: Currently cutoff minimum time is 135% of Q time. Long distance events are limited events at

other meets, making imposable to obtain a time. If swimmers doesn't have a time, times are made

up, if feels swimmers demonstrated level of competency.

### Proposal B Passed

## Proposal C - Seeding at State Championship meets

Dave Joensen, CIA Coach

Proposal: At the ISI Championship Meets (12 & Under Short Course Championships, ISI Short Course

Championships, and ISI Summer Championships), seeding shall be done according to USA

Swimming Championship Rules.

Entry times conforming to the course length shall be considered 'conforming times'. All other times meeting the appropriate time standard shall be considered 'non-conforming times'.

Times must be entered in the proper course in which achieved. Converted times will not

be accepted.

In a short course championship meet, the order of seeding is short course yards (SCY), short course meters (SCM), long course meters (LCM). In a long course championship meet, the

order of seeding is longer course meters (LCM), short course meters (SCM), short course yards

(SCY).

Rationale: ISI should align itself with USA Swimming procedures as closely as possible. At

championshipmeets, those swimmers who have achieved seed times in the course for the meet

shall be given priority over those swimmers who haven't done so.

Discussion: This conforms to national championship rules.

**Proposal C Passed** 

# **Proposal D – Championship Proof of Times**

Dave Joensen, CIA Coach

Proposal: At the ISI Championship Meets (12 & Under Short Course Championships, ISI Short Course

Championships, and ISI Summer Championships, all seed times need to be proven prior to the scratch deadline for that event. Entry times not proven shall be scratched from the event.

All swims entered with custom times not in the SWIMS database need to be proven at the

meet. Acceptable proof of times are those currently stated in the ISI codebook.

Rationale: ISI should align itself with USA Swimming procedures as closely as possible. Swimmers

participating in the state championships need to be able to prove their times.

Amendment by Dave: Teams shall be notified 24 hours after the entry deadline of times needing proofs.

Proof of times shall be provided to either the ISI office or the meet entry chair.

#### **Proposal D Defeated**

## Proposal E - Long Course Championships - Order of Events (to take effect summer 2008)

## **Thursday Evening**

Warm-ups: 4 p.m.	Competition: 5 p.m.	
#'s	Age Group	Event
1 & 2	13 & Over	800 Free (combined for seeding, separate into 13 & 14 and Senior for Scoring)
3 & 4	11 & 12	800 Free
5 & 6	13 & Over	800 Free Relay (combined for seeding, separate into 13 & 14 and Senior for Scoring)
7 & 8	9 & 10	400 Free
9 & 10	11 & 12	400 I.M.
Estimated end time -	- 8:54 p.m. (based on 2	007 data)

Friday Morning

Warm-ups:	7:30 a.m. Prelims:	8:30 a.m.
#'s	Age Group	Event
37p & 38 p	13 & 14	50 Free
39p & 40p	Senior	50 Free
41p & 42p	13 & 14	200 Back
43p & 44p	Senior	200 Back
45p & 46p	13 & 14	100 Breast
47p & 48p	Senior	100 Breast
49p & 50p	13 & 14	400 Free
51p & 52p	Senior	400 Free
53p & 54p	13 & 14	100 Fly
55p & 56p	Senior	100 Fly
Estimated e	nd time – 11:04 a.m.	•

Friday Afternoon

Warm-ups: 11:30 a	a.m. Competition: 1	2:30 p.m.
#'s	Age Group	Event
11 & 12	11 & 12	200 Medley Relay
13 & 14	10 & Under	200 Medley Relay
15 & 16	8 & Under	200 Medley Relay
17 & 18	11 & 12	200 Back
19 & 20	9 & 10	100 Back
10 Minute Break		
21 & 22	11 & 12	100 Free
23 & 24	9 & 10	100 Free
25 & 26	8 & Under 100 Free	
10 Minute Break		
27 & 28	11 & 12	100 Fly
29 & 30	9 & 10	50 Fly
31 & 32	8 & Under	50 Fly
33 & 34	11 & 12	50 Breast
10 Minute Break		
35 & 36	11 & 12	400 Free Relay
Estimated end time	– 3:28 p.m.	

**Friday Evening** 

Warm-ups: 4:30 p.m	. Finals: 5:30 p.m.	
#'s	Age Group	Event
37 & 38	13 & 14	50 Free
39 & 40	Senior	50 Free
10 Minute Break		
41 & 42	13 & 14	200 Back
43 & 44	Senior	200 Back
10 Minute Break		
45 & 46	13 & 14	100 Breast
47 & 48	Senior	100 Breast
10 Minute Break		
49 & 50	13 & 14	400 Free
51 & 52	Senior	400 Free
10 Minute Break		
53 & 54	13 & 14	100 Fly
55 & 56	Senior	100 Fly
Estimated end time -	7:51 p.m.	

Saturday Morning

Warm-ups: 7:30 a.m	. Prelims:	8:30 a.m.
#'s	Age Group	Event
93p & 94 p	13 & 14	100 Back
95p & 96p	Senior	100 Back
97p & 98p	13 & 14	200 Breast
99p & 100p	Senior	200 Breast
101p & 102p	13 & 14	200 Free
103p & 104p	Senior	200 Free
105p & 106p	13 & 14	400 I.M.
107p & 108p	Senior	400 I.M.
57 & 58	13 & 14	200 Free Relay
59 & 60	Senior	200 Free Relay
Estimated end time -	11:22 a.m.	•

Saturday Afternoon

Warm-ups:	11:30 a.m.	Competition:	12:30 p.m.
#'s	Ag	e Group	Event
61 & 62	11	& 12	200 Free Relay
63 & 64	10	& Under	200 Free Relay
65 & 66	8 8	& Under	200 Free Relay
67 & 68	11	& 12	200 Fly
69 & 70	9 8	£ 10	100 Fly

10 Minute Break		
71 & 72	11 & 12	100 Breast
73 & 74	9 & 10	50 Breast
75 & 76	8 & Under	50 Breast
10 Minute Break		
77 & 78	11 & 12	50 Free
79 & 80	9 & 10	50 Free
81 & 82	8 & Under	50 Free
10 Minute Break		
83 & 84	11 & 12	200 I.M.
85 & 86	9 & 10	200 I.M.
10 Minute Break		
87 & 88	11 & 12	50 Back
89 & 90	8 & Under	50 Back
10 Minute Break		
91 & 92	11 & 12	400 Free
Estimated end time	– 4:25 p.m.	

Saturday Evening
Warm-ups: 4:30 p.m. Finals: 5:30 p.m.

Warm-ups: 4:30 p.	m. Finals: 5:30 p.r	n.		
#'s	Age Group	Event		
93 & 94	13 & 14	100 Back		
95 & 96	Senior	100 Back		
10 Minute Break				
97 & 98	13 & 14	200 Breast		
99 & 100	Senior	200 Breast		
10 Minute Break				
101 & 102	13 & 14	200 Free		
103 & 104	Senior	200 Free		
10 Minute Break				
105 & 106	13 & 14	400 I.M.		
107 & 108	Senior	400 I.M.		
10 Minute Break				
109 & 110	13 &14	400 Medley Relay		
111 & 112	Senior	400 Medley Relay		
Estimated end time – 8:44 p.m.				

# **Sunday Morning**

Warm-ups: 7:30 a.m.	Prelims: 8:30 a.m.	
#'s	Age Group	Event
139p & 140p	13 & 14	200 I.M.
141p & 142p	Senior	200 I.M.
143p & 144p	13 & 14	100 Free
145p & 146p	Senior	100 Free
147p & 148p	13 & 14	200 Fly
149p & 150p	Senior	200 Fly
10 Minute Break		
115 & 116	13 & 14	200 Medley Relay
117 & 118	Senior	200 Medley Relay
15 Minute Break		
107 0 100	12 0 O 1500 E	/ 1 1 1 0 1

137 & 138 13 & Over 1500 Free (combined for seeding, separate into 13 & 14 and Senior for Scoring) Estimated end time – 11:26 a.m.

# Sunday Afternoon

Sulluay Alt	CI HOUH		
Warm-ups:	11:30 a.m.	Competition	on:12:30 p.m.
#'s	Ag	e Group	Event
119 & 120	11	& 12	200 Free
121 & 122	9 8	z 10	200 Free
10 Minute E	Break		
123 & 124	11	& 12	200 Breast
125 & 126	9 8	z 10	100 Breast
10 Minute E	Break		
127 & 128	11	& 12	100 Back
129 & 130	9 8	z 10	50 Back
131 & 132	11	& 12	50 Fly
15 Minute E	Break		
133 & 134	11	& 12	400 Medley Relay
15 Minute E	Break		
135 & 136	11	& 12	1500 Free
Estimated en	nd time – 4:20	) p.m.	

## **Sunday Evening**

Warm-ups: 4:30 p.m.	Finals: 5:30 p.m.	
#'s	Age Group	Event
137 & 138	13 & Over	1500 Free (combined for seeding, separate into 13 & 14 and Senior for Scoring)
10 Minute Break		
139 & 140	13 & 14	200 I.M.
141 & 142	Senior	200 I.M.

10 Minute Break		
143 & 144	13 & 14	100 Free
145 & 146	Senior	100 Free
10 Minute Break		
147 & 148	13 & 14	200 Fly
149 & 150	Senior	200 Fly
10 Minute Break		
151 & 152	13 & 14	400 Free Relay
153 & 154	Senior	400 Free Relay
Estimated end time	e – 8:13 p.m.	

Discussion: Times were based on 2007 entries

Amendment: Change Thursday Evening times: Warm-Ups-2:00pm Competition-3:00pm

Proposal E Passed as amended

### **Workshop & Convention Reports**

USA Swimming Convention – Orange County, CA September 26-29, 2007

- Reports from delegates (Judy Hackney, Mark Corley, Catie Baker, Elaine Sortor) were handed out to each club, along with Amendments to Rules and Regulations.
- Highlights Meet marshals no longer need to be Non-Athlete member, as they are under the meet referee. Water depth for teaching starts changed to 6 ft. Changes to financial report requirements by ISI. National Reportable Times has been changed to Top 10 in single age groups 10 & Up. New ARC Safety Training for Swim Coaches course options (copy included with handouts).

**Diversity Summit Workshop** – Colorado Springs, CO October 26-28 2007 Dave Joensen attended as ISI's representative and gave his highlights

**Risk Management Workshop** – Minneapolis, MN August 17-19, 2007 Alicia Lewis attended and gave highlights.

#### **Officer and Committee Reports**

Audit – Ann Richter, Cedar Falls will be conducting ISI audit

Officials – Phil Barnes – Tracking on website set up

Registration – 709 Athletes have been registered for 2008 as of 10/31/07

Motion to adjourn Adjourned 3:05pm Respectfully submitted, Elaine Sortor, Acting Secretary