

2016-17 Outstanding Swimmer of the Year Awards

Long Course Season

	Men	Women
10 and Under	Fynn Nadel (CIA)	Abigail Wilcox (RIP)
11 & 12	Alexander Stone (L4A)	Scarlet Martin (IFLY)
13 & 14	Dylan Moffatt (BLAST)	Berit Quass (RIP)
Senior	Mark McGlaughlin (IFLY)	Martin Ruby (IFLY)

Short Course Season

	Men	Women
10 and Under	Mason Turner (EISF)	Ellie Hance (EISF)
11 & 12	Cael Elmore (CIA)	Scarlet Martin (IFLY)
13 & 14	Dylan Moffatt (BLAST)	Berit Quass (RIP)
Senior	Caleb Aman (L4A)	Ruby Martin (IFLY)

Iowa Swimming Top 5 Swimmers of 2016-17

(List also includes Outstanding Swimmers, above)

Long Course Season

	Men	Women
10 and Under	Joshua Chen (ACAC)	Caroline Netolicky (IFLY)
	Garret Paul (CIA)	Kolby Reese (IFLY)
	John Butler (BLAST)	Jade Roghair (IFLY)
	Isaac Knaack (DEC)	Lucy Haars (LMST)
11 & 12	Andrew Reiter (CIA)	Grace Frericks (BLAST)
	Samuel Davey (CIA)	Eleanor Wilke (CIA)
	Conner Olson (LMST)	Heidi Stalkfleet (IFLY)
	Kyle Hopewell (DMET)	Abby Hala (ACAC)
13 & 14	Forrest Frazier (IFLY)	Lily Ernst (IFLY)
	Collin Schuster (DASH)	Gillian Davey (CIA)
	Cameron Linder (CIA)	Brinley Horras (ACAC)
	Jaxon Kaster (CIA)	Anna Pfeiffer (DASH)
Senior	Peyton Werner (L4A)	Sophia Sorenson (ACAC)
	Nicholas Saulnier (IFLY)	Kelsey Drake (LMST)
	John Colin (DASH)	Claire Murray (IFLY)
	Isaak Webb (IFLY)	Sarah Schemmel (PSC)

Short Course Season

	Men	Women
10 and Under	Jozsef Polyak (IFLY)	Zoey Davey (CIA)
	Parker Macho (EISF)	Adeline Li (CIA)
	Joshua Chen (ACAC)	Hannah Cousins (DMET)
	John Butler (BLAST)	Gracyn Hoeper (IFLY)
11 & 12	Andrew Reiter (CIA)	Hayley Kimmel (LMST)
	Samuel Davey (CIA)	Olivia Frantum (CIA)
	Alexander Stone (L4A)	Abby Hala (ACAC)
	Graham Fry (BLAST)	Ellie Wilke (CIA)
13 & 14	Forrest Frazier (IFLY)	Arianna Ottavianelli (IFLY)
	Trent Frandson (CIA)	Brinley Horras (ACAC)
	Andrew Reiter (CIA)	Aurora Roghair (IFLY)
	Cameron Linder (CIA)	Annie Galvin (ACAC)
Senior	Zachary Linder (CIA)	Gillian Davey (CIA)
	Conner Neils (DMSF)	Sophia Sorenson (ACAC)
	Jackson Kuhlers (CIA)	Lexi Horner (CIA)
	Ryan Schade (L4A)	Natalie Galluzzo (DMSF)

Swimmer	NAG ranking	CLUB	Gender	Age group	Event	Time	Date	Meet
Polyak, Jozsef M	6	IFLY	M	10 & under	1000 Freestyle	12:06.3	10/23/2016	2016 IA CIA Fall Mixer
Chen, Joshua	10	ACAC	M	10 & under	200 Breaststroke	02:46.6	10/15/2016	2016 IA ACAC Autumn Opener
Polyak, Jozsef M	9	IFLY	M	10 & under	400 Individual Medley	05:14.7	11/13/2016	2016 IA DASH & LMST Fall Invite
Martin, Scarlet R	10	IFLY	F	11&12	50 Freestyle	24.16	3/4/2017	2017 IA Short Course Age Group
Martin, Scarlet R	7	IFLY	F	11&12	100 Freestyle	52.25	3/5/2017	2017 IA Short Course Age Group
Martin, Scarlet R	2	IFLY	F	11&12	500 Freestyle	04:59.4	3/3/2017	2017 IA Short Course Age Group
Martin, Scarlet R	9	IFLY	F	11&12	50 Backstroke	26.95	3/5/2017	2017 IA Short Course Age Group
Martin, Scarlet R	3	IFLY	F	11&12	200 Backstroke	02:04.0	2/26/2017	2017 IA ISI Short Course Champ
Martin, Scarlet R	4	IFLY	F	11&12	50 Butterfly	25.29	3/4/2017	2017 IA Short Course Age Group
Martin, Scarlet R	3	IFLY	F	11&12	100 Butterfly	55.59	3/10/2017	2017 IA Speedo Sectionals Iowa City
Martin, Scarlet R	1	IFLY	F	11&12	200 Butterfly	02:00.9	2/25/2017	2017 IA ISI Short Course Champ
Martin, Scarlet R	6	IFLY	F	11&12	200 Individual Medley	02:06.6	3/3/2017	2017 IA Short Course Age Group
Martin, Scarlet R	4	IFLY	F	11&12	400 Individual Medley	04:29.5	3/4/2017	2017 IA Short Course Age Group
Moffatt, Dylan Thomas	8	BLST	M	13-14	200 Freestyle	01:41.9	3/10/2017	2017 IA Speedo Sectionals Iowa City
Moffatt, Dylan Thomas	3	BLST	M	13-14	500 Freestyle	04:29.8	3/11/2017	2017 IA Speedo Sectionals Iowa City
Moffatt, Dylan Thomas	2	BLST	M	13-14	1000 Freestyle	09:17.2	3/9/2017	2017 IA Speedo Sectionals Iowa City
Moffatt, Dylan Thomas	4	BLST	M	13-14	1650 Freestyle	15:36.0	3/12/2017	2017 IA Speedo Sectionals Iowa City
Frazier, Forrest W	8	IFLY	M	13-14	200 Breaststroke	02:04.4	12/10/2016	2016 Winter Junior Champs
Davey, Gillian Kay	9	CIA	F	15-16	200 Breaststroke	02:11.9	2/25/2017	2017 IA ISI Short Course Champ
Martin, Ruby F	9	IFLY	F	15-16	100 Butterfly	53.05	12/9/2016	2016 Winter Junior Champs
Martin, Ruby F	2	IFLY	F	15-16	200 Butterfly	01:54.7	12/10/2016	2016 Winter Junior Champs
Aman, Caleb Robert	7	L4A	M	15-16	200 Individual Medley	01:47.7	12/8/2016	2016 Winter Junior Champs
Aman, Caleb Robert	6	L4A	M	15-16	400 Individual Medley	03:51.3	12/9/2016	2016 Winter Junior Champs

Swimmer	NAG ranking	CLUB	Gender	Age group	Event	Time	Date	Meet
Nadel, Fynlan Augustus	9	CIA	M	10 & under	50 Breaststroke	37.88	8/5/2016	2016 IN CZ 14 and Under Mega Zone
Frericks, Grace Marie	10	BLST	F	11&12	50 Freestyle	27.6	8/6/2016	2016 IN CZ 14 and Under Mega Zone
Wilke, Eleanor Susan	10	CIA	F	11&12	100 Breaststroke	01:16.0	6/18/2016	2016 IA DMSF 33rd Annual Birdland Invitational
Wilke, Eleanor Susan	9	CIA	F	11&12	200 Breaststroke	02:44.0	6/19/2016	2016 IA DMSF 33rd Annual Birdland Invitational
Martin, Scarlet R	9	IFLY	F	11&12	100 Butterfly	01:04.9	7/29/2016	2016 IA Iowa Swimming Long Course Championships
Moffatt, Dylan Thomas	8	BLST	M	13-14	400 Freestyle	04:08.0	8/6/2016	2016 IN CZ 14 and Under Mega Zone
Moffatt, Dylan Thomas	5	BLST	M	13-14	800 Freestyle	08:30.1	8/4/2016	2016 IN CZ 14 and Under Mega Zone
Moffatt, Dylan Thomas	6	BLST	M	13-14	1500 Freestyle	16:15.7	8/7/2016	2016 IN CZ 14 and Under Mega Zone
Wilke, Eleanor Susan	9	CIA	F	13-14	50 Breaststroke	34.14	8/11/2016	2016 IN NCSA Summer Swimming Cham
Davey, Gillian Kay	5	CIA	F	13-14	200 Breaststroke	02:34.9	8/12/2016	2016 IN NCSA Summer Swimming Cham
Martin, Ruby F	10	IFLY	F	15-16	200 Freestyle	02:01.5	3/11/2016	2016 WI Spring Speedo Sectiona
Martin, Ruby F	9	IFLY	F	15-16	800 Freestyle	08:47.4	3/10/2016	2016 WI Spring Speedo Sectiona
Martin, Ruby F	4	IFLY	F	15-16	100 Butterfly	59.81	8/26/2016	2016 Jr Pan Pacific Swimming Championships
Martin, Ruby F	2	IFLY	F	15-16	200 Butterfly	02:10.0	6/30/2016	U.S. Olympic Team Trials - Swimming
Martin, Ruby F	10	IFLY	F	15-16	200 Individual Medley	02:17.4	4/16/2016	2016 Mesa PSS
Martin, Ruby F	7	IFLY	F	15-16	400 Individual Medley	04:49.4	3/12/2016	2016 WI Spring Speedo Sectiona
McGlaughlin, Mark W	9	IFLY	M	17-18	100 Backstroke	55.88	6/27/2016	U.S. Olympic Team Trials - Swimming

Men's LCM New Records 2016/17							
Age Group	Event		Time	Date	Club	Swimmer	Meet
10 & under	50	BR	37.88	08/05/2016	IA-CIA	Finn Nadel	2016 IN CZ 14 and Under Mega Zone
13-14	800	FR	8:30.09	08/04/2016	IA-BLST	Dylan Moffatt	2016 IN CZ 14 and Under Mega Zone
13-14	1500	FR	16:15.72	08/07/2016	IA-BLST	Dylan Moffatt	2016 IN CZ 14 and Under Mega Zone
13-14	200	BR	2:29.32	07/30/2016	IA-IFLY	Forrest Frazier	2016 IA Iowa Swimming Long Course
15-16	200	BR	2:22.65	06/03/2016	IA-L4A	Caleb Aman	2016 IA L4A Swim PINK A+ Invitational
15-16	200	IM	2:06.40	06/03/2016	IA-L4A	Caleb Aman	2016 IA L4A Swim PINK A+ Invitational
15-16	400	IM	4:29.62	06/03/2016	IA-L4A	Caleb Aman	2016 IA L4A Swim PINK A+ Invitational
17-18	100	BK	55.88	06/27/2016	IA-IFLY	Mark McGlaughlin	U.S. Olympic Team Trials - Swimming
Open	100	BK	55.88	06/27/2016	IA-IFLY	Mark McGlaughlin	U.S. Olympic Team Trials - Swimming

Women's SCY New Records 2016/17							
Age Group	Event		Time	Date	Club	Swimmer	Meet
11-12	50	FR	27.60	08/06/2016	IA-BLST	Grace Frericks	2016 IN CZ 14 and Under Mega Zone
11-12	100	FR	1:00.49	08/05/2016	IA-BLST	Grace Frericks	2016 IN CZ 14 and Under Mega Zone
11-12	50	BK	32.02	07/28/2016	IA-BLST	Grace Frericks	2016 IA Iowa Swimming Long Course
11-12	200	BK	2:25.95	07/30/2016	IA-BLST	Grace Frericks	2016 IA Iowa Swimming Long Course
							Championships
11-12	50	BR	35.32	07/10/2016	IA-CIA	Ellie Wilke	2016 IA CIA Beat the Heat in Grinnell
11-12	50	BR	35.32	07/10/2016	IA-CIA	Ellie Wilke	2016 IA CIA Beat the Heat in Grinnell
11-12	100	BR	1:15.99	06/18/2016	IA-CIA	Ellie Wilke	2016 IA DMSF 33rd Annual Birdland
							Invitational
11-12	200	BR	2:43.99	06/19/2016	IA-CIA	Ellie Wilke	2016 IA DMSF 33rd Annual Birdland
							Invitational
11-12	50	FL	29.42	07/30/2016	IA-IFLY	Scarlet Martin	2016 IA Iowa Swimming Long Course
							Championships
11-12	100	FL	1:04.85	07/29/2016	IA-IFLY	Scarlet Martin	2016 IA Iowa Swimming Long Course
							Championships
11-12	200	FL	2:25.99	05/22/2016	IA-IFLY	Scarlet Martin	2016 IA CRAA Long Course Kick-Off
11-12	200	FL	2:25.99	05/22/2016	IA-IFLY	Scarlet Martin	2016 IA CRAA Summer Long Course Kick
13-14	100	BR	1:12.66	08/10/2016	IA-CIA	Gillian Davey	2016 NCSA Summer Swimming Cham
13-14	200	BR	2:34.87	08/12/2016	IA-CIA	Gillian Davey	2016 NCSA Summer Swimming Cham
13-14	200	MED-R	2:06.42	07/28/2016	IA-CIA	Caroline Schultz, Gillian Davey	2016 IA Iowa Swimming Long Course
						Berit Quass, Beka Bina	Championships
13-14	400	MED-R	4:36.00	07/30/2016	IA-CIA	Chloe Marquis, Gillian Davey	2016 IA Iowa Swimming Long Course
						Berit Quass, Ellie Clark	Championships
15-16	100	BK	1:03.58	06/03/2016	IA-IFLY	Ruby Martin	2016 IA L4A Swim PINK A+ Invitational
15-16	100	FL	59.81	08/26/2016	IA-IFLY	Ruby Martin	2016 Jr Pan Pacific Swimming
							Championships
15-16	100	FL	59.81	08/26/2016	IA-IFLY	Ruby Martin	2016 Jr Pan Pacific Swimming
							Championships
15-16	200	FL	2:09.96	06/30/2016	IA-IFLY	Ruby Martin	U.S. Olympic Team Trials - Swimming
15-16	200	IM	2:17.42	04/16/2016	IA-IFLY	Ruby Martin	2016 Mesa PSS
15-16	200	MED-R	2:04.15	07/28/2016	IA-PSC	Aviana Zahara, Alexis	2016 IA Iowa Swimming Long Course
						Beine, Olivia Staver, Danielle Nauman	Championships
15-16	400	MED-R	4:34.20	08/07/2016	IA-DMSF	Taylor Daniel, Natalie	2016 ST TXLA Futures Champions
						Galluzzo, Lindsey Loper, Lauryn Schieffer	
Open	100	FL	59.81	08/26/2016	IA-IFLY	Ruby Martin	2016 Jr Pan Pacific Swimming
							Championships
Open	100	FL	59.81	08/26/2016	IA-IFLY	Ruby Martin	2016 Jr Pan Pacific Swimming
							Championships
Open	200	FL	2:09.96	06/30/2016	IA-IFLY	Ruby Martin	U.S. Olympic Team Trials - Swimming

Women's SCY New Records 2016/17							
Age Group	Event		Time	Date	Club	Swimmer	Meet
10 & under	100	IM	1:06.53	03/03/2017	IA-EISF	Ellie Hance	2017 IA Short Course Age Group
11-12	50	FR	24.16	03/04/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	100	FR	52.25	03/05/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	500	FR	4:59.42	03/03/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	50	BK	26.95	03/05/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	200	BK	2:03.99	02/26/2017	IA-IFLY	Scarlet Martin	2017 IA ISI Short Course Champ
11-12	50	BR	30.93	03/03/2017	IA-LMST	Hayley Kimmel	2017 IA Short Course Age Group
11-12	100	BR	1:06.80	03/04/2017	IA-LMST	Hayley Kimmel	2017 IA Short Course Age Group
11-12	200	BR	2:26.62	04/05/2016	IA-UN	Ellie Wilke	2016 NC AP YMCA National Champs
11-12	50	FL	25.29	03/04/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	100	FL	55.59	03/10/2017	IA-IFLY	Scarlet Martin	2017 Speedo Sectionals at Iowa
11-12	200	FL	2:00.94	02/25/2017	IA-IFLY	Scarlet Martin	2017 IA ISI Short Course Champ
11-12	100	IM	1:00.24	01/14/2017	IA-IFLY	Scarlet Martin	2017 MW Midwest All Stars
11-12	200	IM	2:06.55	03/03/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	400	IM	4:29.46	03/04/2017	IA-IFLY	Scarlet Martin	2017 IA Short Course Age Group
11-12	200	FR-R	1:41.04	03/03/2017	IA-IFLY	Scarlet Martin, Averi Loria, Tatum Frazier, Ella Hochstetler	2017 IA Short Course Age Group
11-12	400	FR-R	3:43.44	03/05/2017	IA-IFLY	Scarlet Martin, Averi Loria, Tatum Frazier, Ella Hochstetler	2017 IA Short Course Age Group
11-12	200	MED-R	1:54.60	03/02/2017	IA-IFLY	Ella Hochstetler, Averi Loria, Scarlet Martin, Jade Roghair	2017 IA Short Course Age Group
11-12	400	MED-R	4:08.35	03/04/2017	IA-IFLY	Ella Hochstetler, Averi Loria, Scarlet Martin, Tatum Frazier	2017 IA Short Course Age Group
13-14	200	FR-R	1:38.61	03/03/2017	IA-ACAC	Mia Moulden, Annie Galvin, Gracie Wesselmann, Brinley Horras	2017 IA Short Course Age Group
13-14	400	FR-R	3:34.40	03/05/2017	IA-ACAC	Gracie Wesselmann, Mia Moulden, Annie Galvin, Brinley Horras	2017 IA Short Course Age Group
13-14	400	MED-R	3:57.61	03/11/2017	IA-RIP	Katie Broderick, Mary Martin, Berit Quass, Meg Susil	2017 Speedo Sectionals at Iowa
15-16	200	FR	1:47.20	11/05/2016	IA-IFLY	Ruby Martin	2016 IA IFLY Speedo Midwest Challenge
15-16	500	FR	4:47.47	12/08/2016	IA-IFLY	Ruby Martin	2016 Winter Junior Champs
15-16	100	BK	54.49	03/10/2017	IA-ACAC	Sophie Sorenson	2017 Speedo Sectionals at Iowa
15-16	200	BK	1:57.11	03/12/2017	IA-ACAC	Sophie Sorenson	2017 Speedo Sectionals at Iowa
15-16	200	BR	2:11.87	02/25/2017	IA-CIA	Gillian Davey	2017 IA ISI Short Course Champ
15-16	100	FL	53.05	12/09/2016	IA-IFLY	Ruby Martin	2016 Winter Junior Champs
15-16	200	FL	1:54.74	12/10/2016	IA-IFLY	Ruby Martin	2016 Winter Junior Champs
15-16	100	IM	1:00.55	10/14/2016	IA-ACAC	Sophie Sorenson	2016 IA ACAC Autumn Opener
15-16	200	IM	2:00.04	12/08/2016	IA-IFLY	Ruby Martin	2016 Winter Junior Champs
15-16	400	IM	4:14.47	03/11/2017	IA-CIA	Gillian Davey	2017 Speedo Sectionals at Iowa
15-16	400	FR-R	3:31.56	02/26/2017	IA-CIA	Emily Baeth, Kayla Rinderknecht, Erin Doruska, Alex Thorson	2017 IA ISI Short Course Champ
15-16	800	FR-R	7:38.43	03/10/2017	IA-CIA	Kayla Rinderknecht, Alex Thorson, Gillian Davey, Emily Baeth	2017 Speedo Sectionals at Iowa
15-16	200	MED-R	1:46.77	02/24/2017	IA-CIA	Emily Baeth, Gillian Davey, Kayla Rinderknecht, Alex Thorson	2017 IA ISI Short Course Champ
15-16	400	MED-R	3:51.24	03/11/2017	IA-CIA	Emily Baeth, Gillian Davey, Kayla Rinderknecht, Alex Thorson	2017 Speedo Sectionals at Iowa
17-18	100	FL	52.99	03/10/2017	IA-IFLY	Ruby Martin	2017 Speedo Sectionals at Iowa
17-18	200	FL	1:57.14	03/12/2017	IA-IFLY	Ruby Martin	2017 Speedo Sectionals at Iowa
17-18	200	IM	2:00.08	03/10/2017	IA-IFLY	Ruby Martin	2017 Speedo Sectionals at Iowa
Open	100	FR	49.63	02/18/2017	IA-UN	Hannah Burvill	2017 Women's B1G Championships
Open	100	BK	54.09	11/19/2016	IA-UN	Meghan Lavelle	Ohio State Invitational
Open	200	BK	1:57.11	03/12/2017	IA-ACAC	Sophie Sorenson	2017 Speedo Sectionals at Iowa
Open	100	BR	59.51	11/13/2016	IA-IOWA	Emma Sougstad	2016 College Challenge
Open	200	BR	2:11.87	02/25/2017	IA-CIA	Gillian Davey	2017 IA ISI Short Course Champ
Open	100	FL	52.99	03/10/2017	IA-IFLY	Ruby Martin	2017 IA Speedo Sectionals Iowa City
Open	200	FL	1:54.74	12/10/2016	IA-IFLY	Ruby Martin	2016 Winter Junior Champs

Men's SCY New Records 2016/17							
Age Group	Event		Time	Date	Club	Swimmer	Meet
13-14	500	FR	4:29.76	03/11/2017	IA-BLST	Dylan Moffatt	2017 Speedo Sectionals at Iowa
13-14	1000	FR	9:17.21	03/09/2017	IA-BLST	Dylan Moffatt	2017 Speedo Sectionals at Iowa
13-14	1650	FR	15:35.98	03/12/2017	IA-BLST	Dylan Moffatt	2017 Speedo Sectionals at Iowa
13-14	100	BK	51.64	12/09/2016	IA-IFLY	Forrest Frazier	2016 Winter Junior Champs
13-14	200	BK	1:53.25	12/10/2016	IA-IFLY	Forrest Frazier	2016 Winter Junior Champs
13-14	100	BR	58.46	11/05/2016	IA-IFLY	Forrest Frazier	2016 IA IFLY Speedo Midwest Challenge
13-14	200	BR	2:04.44	12/10/2016	IA-IFLY	Forrest Frazier	2016 Winter Junior Champs
13-14	200	IM	1:53.92	12/08/2016	IA-IFLY	Forrest Frazier	2016 Winter Junior Champs
15-16	500	FR	4:26.46	03/15/2017	IA-L4A	Peyton Werner	2017 NCSA Spring Championship
15-16	200	BK	1:47.46	12/10/2016	IA-L4A	Caleb Aman	2016 Winter Junior Champs
15-16	200	BR	2:01.49	12/10/2016	IA-L4A	Caleb Aman	2016 Winter Junior Champs
15-16	200	IM	1:47.73	12/08/2016	IA-L4A	Caleb Aman	2016 Winter Junior Champs
15-16	400	IM	3:51.27	12/09/2016	IA-L4A	Caleb Aman	2016 Winter Junior Champs
15-16	400	MED-R	3:36.94	03/11/2017	IA-IFLY	Forrest Frazier, Louis	2017 Speedo Sectionals at Iowa
						Stephan, Izaak Hajek, Andrew Ottavianelli	
17-18	400	IM	3:51.03	03/16/2017	IA-L4A	Caleb Aman	2017 NCSA Spring Championship
Open	400	IM	3:51.03	03/16/2017	IA-L4A	Caleb Aman	2017 NCSA Spring Championship