

ANNUAL AWARDS



2021

New Iowa Swimming Records

2020 Short Course

Faith Frantum	CIA	11-12 Girls	1000 Freestyle SCY	10:26.07
Hudson Huberg	UN	11-12 Boys	50 Freestyle SCY	22.79
Diggory Dillingham	EISF	13-14 Boys	50 Freestyle SCY	20.67
Diggory Dillingham	UN	13-14 Boys	100 Freestyle SCY	45.85
Asher Havenhill	DSMY	13-14 Boys	200 Backstroke SCY	1:52.14
Gavin Phillips	DSMY	13-14 Boys	800 Free Relay SCY	7:15.28
Owen Schwebach	DSMY	13-14 Boys	800 Free Relay SCY	7:15.28
Asher Havenhill	DSMY	13-14 Boys	800 Free Relay SCY	7:15.28
Kyle Gjoraas	DSMY	13-14 Boys	800 Free Relay SCY	7:15.28
Aurora Roghair	IFLY	15-16 Girls	500 Freestyle SCY	4:47.41
Scarlet Martin	EISF	15-16 Girls	100 Backstroke SCY	54.42
Mikayla Kloth	ACAC	15-16 Girls	400 Free Relay SCY	3:28.46
Sophie McCorkle	ACAC	15-16 Girls	400 Free Relay SCY	3:28.46
Annie Galvin	ACAC	15-16 Girls	400 Free Relay SCY	3:28.46
Meghan Donald	ACAC	15-16 Girls	400 Free Relay SCY	3:28.46
Annie Galvin	ACAC	15-16 Girls	200 Med Relay SCY	1:44.79
Meghan Donald	ACAC	15-16 Girls	200 Med Relay SCY	1:44.79
Jordon Kloth	ACAC	15-16 Girls	200 Med Relay SCY	1:44.79
Mikayla Kloth	ACAC	15-16 Girls	200 Med Relay SCY	1:44.79
Aiden Carstensen	IFLY	15-16 Boys	400 Med Relay SCY	3:27.18
Jordan Christensen	IFLY	15-16 Boys	400 Med Relay SCY	3:27.18
Braxton McGrath	IFLY	15-16 Boys	400 Med Relay SCY	3:27.18
Isaac Weigel	IFLY	15-16 Boys	400 Med Relay SCY	3:27.18
Ellie Clark	DSMY	15-18 Girls	200 Med Relay SCY	1:41.80
Mary Martin	DSMY	15-18 Girls	200 Med Relay SCY	1:41.80
Berit Quass	DSMY	15-18 Girls	200 Med Relay SCY	1:41.80

Jasmine Rumley	DSMY	15-18 Girls	200 Med Relay SCY	1:41.80
Ellie Clark	DSMY	15-18 Girls	400 Med Relay SCY	3:42.54
Mary Martin	DSMY	15-18 Girls	400 Med Relay SCY	3:42.54
Berit Quass	DSMY	15-18 Girls	400 Med Relay SCY	3:42.54
Jasmine Rumley	DSMY	15-18 Girls	400 Med Relay SCY	3:42.54
Jasmine Rumley	DSMY	17-18 Girls	100 Freestyle SCY	49.03
Gillian Davey	UN	17-18 Girls	200 Breaststroke SCY	2:08.29
Ellie Clark	DSMY	17-18 Girls	200 Med Relay SCY	1:45.07
Mary Martin	DSMY	17-18 Girls	200 Med Relay SCY	1:45.07
Berit Quass	DSMY	17-18 Girls	200 Med Relay SCY	1:45.07
Emma Bachelder	DSMY	17-18 Girls	200 Med Relay SCY	1:45.07
Trent Frandson	CIA	17-18 Boys	1650 Freestyle SCY	15:12.92
Forrest Frazier	EISF	17-18 Boys	100 Breaststroke SCY	52.71
Forrest Frazier	EISF	17-18 Boys	200 Breaststroke SCY	1:57.00
Forrest Frazier	UN	17-18 Boys	200 Ind Medley SCY	1:45.96
Hannah Burvill	UN	Women's Open	100 Freestyle SCY	48.65
Hannah Burvill	UN	Women's Open	200 Freestyle SCY	1:44.92
Hannah Burvill	UN	Women's Open	100 Backstroke SCY	53.85
Gillian Davey	UN	Women's Open	200 Breaststroke SCY	2:08.29
Gillian Davey	UN	Women's Open	400 Ind Medley SCY	4:12.05
Mateusz Arndt	UN	Men's Open	500 Freestyle SCY	4:18.81
Cameron Kelley	UN	Men's Open	1000 Freestyle SCY	9:12.26
Trent Frandson	CIA	Men's Open	1650 Freestyle SCY	15:12.92
Bryce Bohman	PW	Men's Open	100 Butterfly SCY	46.02
Bryce Bohman	PW	Men's Open	200 Butterfly SCY	1:44.91
Forrest Frazier	UN	Men's Open	200 Ind Medley SCY	1:45.96

2020 Long Course

Jasmine Rumley	DSMY	17-18 Girls	50 Free LCM	25.73
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Iowa Outstanding Swimmers of the Year

2020 Short Course

10 & Under Girls

Lucy Huss	CIA
Kate Trosper	CIA
Halle Sears	UN
Emery Baker	CIA
Alexis Hergenreter	CIA

10 & Under Boys

Ethan Landon	IFLY
Max Macho	EISF
Linc Krzmarzick	PSC
Lex Plasier	CIA
Alex Engelhardt	BLST

11-12 Girls

Zoe Davey	CIA
Brianna Cong	CIA
Faith Frantum	CIA
Hailey Vogel	ACAC
Lucy Nicholson	IFLY

11-12 Boys

Parker Macho	EISF
Kingsley Bailey	CIA
Brock Peterson	DSMY
Hudson Huberg	UN
Brady Fitz	CIA

13-14 Girls

Zoe Davey	CIA
Olivia Swalley	CIA
Mallory Kell	DSMY
Gracyn Hoeper	IFLY
Jade Roghair	IFLY

13-14 Boys

Mason Turner	EISF
Asher Havenhill	DSMY
Holden Carter	IFLY
Gavin Phillips	DSMY
AJ Abram	CIA

USA Swimming National Age Group Awards

2020 Long Course

Katherine Trosper	CIA	Girls Age 11	50 Backstroke LCM
Mason Turner	EISF	Boys Age 13	50 Freestyle LCM
Mason Turner	EISF	Boys Age 13	200 Freestyle LCM
Mason Turner	EISF	Boys Age 13	400 Freestyle LCM
Mason Turner	EISF	Boys Age 13	200 Backstroke LCM
Mason Turner	EISF	Boys Age 13	200 Butterfly LCM
Mason Turner	EISF	Boys Age 13	200 Ind Medley LCM
Mason Turner	EISF	Boys Age 13	400 Ind Medley LCM
John Cottrell	EISF	Boys Age 13	50 Freestyle LCM
John Cottrell	EISF	Boys Age 13	50 Butterfly LCM
Max Gerke	IFLY	Boys Age 13	400 Freestyle LCM
Colin Millage	EISF	Boys Age 13	50 Backstroke LCM
Brayden Wyrick	EISF	Boys Age 13	50 Breaststroke LCM
Lilly Adams	EISF	Girls Age 13	200 Ind Medley LCM
Diggory Dillingham	EISF	Boys Age 14	50 Freestyle LCM
Scarlet Martin	EISF	Girls Age 15	50 Butterfly LCM
Scarlet Martin	EISF	Girls Age 15	100 Butterfly LCM
Scarlet Martin	EISF	Girls Age 15	200 Butterfly LCM
Aurora Roghair	IFLY	Girls Age 16	200 Freestyle LCM
Aurora Roghair	IFLY	Girls Age 16	400 Freestyle LCM
Grace Frericks	BLST	Girls Age 16	200 Backstroke LCM
Trent Frandson	CIA	Boys Age 17	400 Freestyle LCM
Dylan Moffatt	UN	Boys Age 17	1500 Freestyle LCM
Collin Schuster	DASH	Boys Age 17	50 Backstroke LCM
Forrest Frazier	EISF	Boys Age 17	100 Breaststroke LCM

Forrest Frazier	EISF	Boys Age 18	100 Breaststroke LCM
Jasmine Rumley	DSMY	Girls Age 18	50 Freestyle LCM
Charles Bunn	L4A	Boys Age 18	50 Freestyle LCM
Gillian Davey	CIA	Girls Age 18	100 Breaststroke LCM
Gillian Davey	CIA	Girls Age 18	200 Ind Medley LCM
Gillian Davey	CIA	Girls Age 18	400 Ind Medley LCM

USA Swimming National Age Group Awards

2020 Short Course

Parker Macho	EISF	Boys Age 11	200 Freestyle SCY
Parker Macho	EISF	Boys Age 11	500 Freestyle SCY
Parker Macho	EISF	Boys Age 11	100 Backstroke SCY
Parker Macho	EISF	Boys Age 11	200 Backstroke SCY
Parker Macho	EISF	Boys Age 11	100 Butterfly SCY
Parker Macho	EISF	Boys Age 11	200 Butterfly SCY
Parker Macho	EISF	Boys Age 11	400 Ind Medley SCY
Hudson Huberg	UN	Boys Age 12	50 Freestyle SCY
Faith Frantum	CIA	Girls Age 12	500 Freestyle SCY
Faith Frantum	CIA	Girls Age 12	1000 Freestyle SCY
Faith Frantum	CIA	Girls Age 12	1650 Freestyle SCY
Zoe Davey	CIA	Girls Age 12	400 Ind Medley SCY
Zoe Davey	CIA	Girls Age 13	1000 Freestyle SCY
Mason Turner	EISF	Boys Age 13	200 Freestyle SCY
Mason Turner	EISF	Boys Age 13	500 Freestyle SCY
Mason Turner	EISF	Boys Age 13	1000 Freestyle SCY
Jacob Pins	DMSF	Boys Age 13	1650 Freestyle SCY
Holden Carter	IFLY	Boys Age 14	50 Butterfly SCY



Diggory Dillingham	EISF	Boys Age 14	50 Freestyle SCY
Mason Turner	EISF	Boys Age 13	1650 Freestyle SCY
Mason Turner	EISF	Boys Age 13	200 Backstroke SCY
Mason Turner	EISF	Boys Age 13	200 Butterfly SCY
Jacob Pins	DMSF	Boys Age 13	1000 Freestyle SCY
Diggory Dillingham	EISF	Boys Age 14	100 Freestyle SCY
Diggory Dillingham	EISF	Boys Age 15	50 Freestyle SCY
Jessica Wigham	RIP	Girls Age 15	1000 Freestyle SCY
Scarlet Martin	EISF	Girls Age 15	100 Butterfly SCY
Scarlet Martin	EISF	Girls Age 15	200 Butterfly SCY
Heidi Stalkfleet	IFLY	Girls Age 16	1000 Freestyle SCY
Trent Frandson	CIA	Boys Age 17	100 Freestyle SCY
Trent Frandson	CIA	Boys Age 17	200 Freestyle SCY
Trent Frandson	CIA	Boys Age 17	500 Freestyle SCY
Trent Frandson	CIA	Boys Age 17	1650 Freestyle SCY
Forrest Frazier	EISF	Boys Age 17	100 Breaststroke SCY
Forrest Frazier	EISF	Boys Age 17	200 Breaststroke SCY
Forrest Frazier	EISF	Boys Age 17	200 Ind Medley SCY
Forrest Frazier	EISF	Boys Age 18	100 Breaststroke SCY
Forrest Frazier	EISF	Boys Age 18	200 Ind Medley SCY
Jasmine Rumley	DSMY	Girls Age 18	100 Freestyle SCY



USA Swimming Scholastic All Americans 2019-2020

3rd Year

Annie Galvin	ACAC
Trent Frandson	CIA
Mary Martin	DSMY
Berit Quass	DSMY
Aurora Roghair	IFLY

2nd Year

Meghan Donald	ACAC
Mia Moulden	ACAC
Grace Frericks	BLST
Drew Reiter	CIA
John Culver	RIP
Collin Schuster	DASH
Arianna Ottavianelli	IFLY
Heidi Stalkfleet	IFLY

1st Year

Jessica Wigham	RIP
Joseph Hancock	DSMY
Lance Swanepoel	DSMY
Jordan Christensen	IFLY