

Iowa Swimming Championship Time Standards - Summer 2021



No Qualifying Times for 8&U Swimmers

	10&U Girls			10&U Boys			11-12 Girls			11-12 Boys		
Event	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM	LCM	SCY	SCM
50 Free	00:44.59	00:39.59	00:43.59	00:45.59	00:39.99	00:43.79	00:37.19	00:33.29	00:36.79	00:38.99	00:33.89	00:37.29
100 Free	01:40.49	01:28.49	01:37.39	01:42.79	01:29.59	01:38.39	01:21.59	01:11.89	01:19.49	01:22.49	01:13.89	01:21.19
200 Free	03:43.79	03:16.59	03:36.19	03:39.59	03:14.09	03:32.75	02:59.29	02:38.59	02:55.29	03:03.49	02:41.49	02:57.59
400/500 Free	06:51.09	07:35.49	06:44.89	06:44.59	07:26.99	06:37.39	05:47.79	06:14.99	05:29.09	05:47.79	06:26.99	05:42.29
800/1000 Free							12:15.19	13:40.19	12:05.19	12:15.19	13:30.19	11:56.89
1500/1650 Free							23:25.49	23:07.29	22:59.79	23:25.49	22:37.49	22:30.19
50 Back	00:54.19	00:46.59	00:51.29	00:55.49	00:48.39	00:53.09	00:45.09	00:38.99	00:42.89	00:46.29	00:40.59	00:44.49
100 Back	01:57.99	01:42.29	01:52.39	02:02.59	01:43.99	01:53.89	01:33.99	01:22.59	01:31.19	01:39.09	01:27.19	01:35.59
200 Back							03:27.99	02:59.19	03:17.49	03:34.46	03:04.39	03:22.19
50 Breast	01:03.99	00:55.49	01:00.79	01:03.99	00:55.99	01:01.09	00:51.09	00:44.09	00:48.59	00:52.29	00:45.59	00:49.99
100 Breast	02:21.29	02:01.99	02:13.49	02:21.29	02:02.29	02:13.59	01:52.39	01:37.69	01:47.49	01:53.29	01:38.39	01:47.79
200 Breast							04:03.29	03:30.29	03:51.29	03:59.99	03:28.19	03:48.29
50 Butterfly	00:53.39	00:45.99	00:50.59	00:55.19	00:48.59	00:53.09	00:41.69	00:37.09	00:40.89	00:44.49	00:39.39	00:43.19
100 Butterfly	02:15.59	01:58.99	02:09.59	02:13.69	01:57.59	02:08.19	01:38.09	01:28.19	01:36.89	01:39.29	01:27.99	01:36.39
200 Butterfly							03:38.79	03:13.09	03:31.89	03:35.89	03:08.59	03:26.89
200 IM	04:20.09	03:41.79	04:03.49	04:24.99	03:43.99	04:05.39	03:26.49	03:00.19	03:18.99	03:37.69	03:08.89	03:26.99
400 IM							06:48.09	05:56.79	06:31.59	06:39.39	05:46.39	06:19.99