



AG Vice Chair Report FALL HOD 2024

2024 Open Water Zones

- Jackson Leonard (SVC; IFLY) attended as Head Coach for Team Iowa (35 athletes attended; only 15 in 2023)
- 2025 - June 13th - Pleasant Prairie, WI

2024 Multi-cultural Meet

- Emily Tuazon (CIA) attended as Head Coach for Team Iowa with assistant coach Valerie Guttierrez (COE) - (25 athletes attended)
- 2025 Dates/Location TBD

14&U Central Zone Championships

- 2024 Team Iowa competed in Des Moines, IA – 6th place finish
 - Team Iowa consisted of (57) athletes; 46 in 2023
 - Special thanks to Head Coach Bob Bredice (DSMY); Assistant coaches Gwen Sorensen (DMSF), Madyson Gomez (IFLY), & Ian Hoover-Grinde (PSC)
- 2025 Zones – Location TBD (Rochester, MN or Holland, MI)
 - August 7-10, 2025

New Items for 2024-2025:

- Special thanks to our Age Group Committee who assisted throughout the year:
 - Karyl Palmer, Gwen Sorensen, & Mahal Raghvani
 - Feel free to reach out to Melissa if interested in helping!
- Continue development of AG programming throughout LSC
 - New Quad should continue to build excitement about Team Iowa events; looking for our 14&U swimmers to set their goals to attend Midwest All Stars, Open Water (all ages), Multicultural, & 14&U Zones

2025 Midwest All-Stars:

- January 10-12, 2025
- Host site will be Wellmark YMCA – **WILL CONFIRM HOST AVAILABILITY*
- Build excitement and encourage your athletes to represent Team Iowa!