



2024

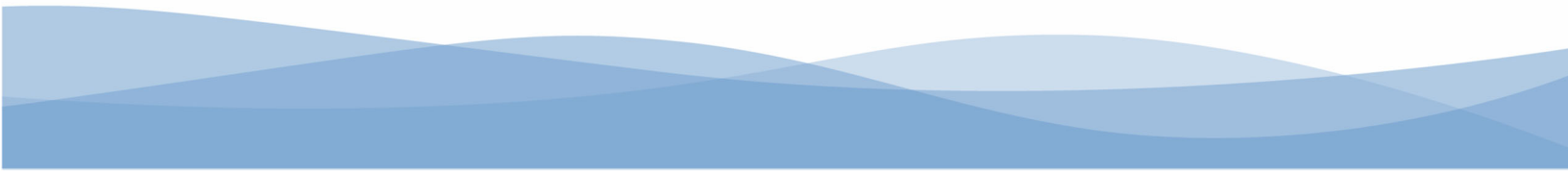
ANNUAL AWARDS

New Iowa Swimming Records

Emmersyn Sledge	DSMY	10&U Girls	50 Backstroke LCM	34.22
Sheldon Lamb	DSMY	11-12 Boys	50 Freestyle LCM	25.57
Lucy Parson	USSD	13-14 Girls	100 Breaststroke LCM	1:11.45
Lucy Parson	USSD	15-16 Girls	100 Breaststroke LCM	1:10.57
Lucy Parson	USSD	15-16 Girls	50 Breaststroke LCM	34.23
Parker Macho	IFLY	15-16 Boys	50 Butterfly LCM	26.13
Hudson Huberg	LMST	15-16 Boys	50 Butterfly LCM	26.13
Parker Macho	IFLY	15-16 Boys	400 Free Relay LCM	3:40.34
Jamison Gray	IFLY	15-16 Boys	400 Free Relay LCM	3:40.34
Phillip Berry-Stoelzle	IFLY	15-16 Boys	400 Free Relay LCM	3:40.34
Winston Fan	IFLY	15-16 Boys	400 Free Relay LCM	3:40.34
Lucy Parson	USSD	15-18 Girls	200 Breaststroke LCM	2:38.14
Nick Rounds	DSMY	15-18 Boys	50 Freestyle LCM	23.12
Owen Chiles	IFLY	15-18 Boys	100 Freestyle LCM	51.09
Nick Rounds	DSMY	15-18 Boys	50 Backstroke LCM	26.32
Owen Chiles	IFLY	15-18 Boys	100 Backstroke LCM	56.56
Hayden Hakes	IFLY	15-18 Boys	200 Backstroke LCM	2:01.05
Nick Rounds	DSMY	15-18 Boys	50 Butterfly LCM	25.83
Owen Chiles	ILFY	15-18 Boys	200 Ind Medley LCM	2:03.35
Max Gerke	IFLY	15-18 Boys	400 Free Relay LCM	3:30.02
Hayden Hakes	IFLY	15-18 Boys	400 Free Relay LCM	3:30.02
Owen Chiles	IFLY	15-18 Boys	400 Free Relay LCM	3:30.02
Joe Polyak	IFLY	15-18 Boys	400 Free Relay LCM	3:30.02
Joe Polyak	IFLY	15-18 Boys	800 Free Relay LCM	7:42.34
Max Gerke	IFLY	15-18 Boys	800 Free Relay LCM	7:42.34
Owen Chiles	IFLY	15-18 Boys	800 Free Relay LCM	7:42.34
Hayden Hakes	IFLY	15-18 Boys	800 Free Relay LCM	7:42.34
Nick Rounds	DSMY	17-18 Boys	50 Freestyle LCM	23.12
Owen Chiles	IFLY	17-18 Boys	100 Freestyle LCM	51.09
Nick Rounds	DSMY	17-18 Boys	50 Backstroke LCM	26.32



Owen Chiles	IFLY	17-18 Boys	100 Backstroke LCM	56.56
Hayden Hakes	IFLY	17-18 Boys	200 Backstroke LCM	2:01.05
Owen Chiles	IFLY	17-18 Boys	200 Ind Medley LCM	2:03.35
Nick Rounds	DSMY	17-18 Boys	200 Med Relay LCM	1:45.50
Jake Hamling	DSMY	17-18 Boys	200 Med Relay LCM	1:45.50
Dylan Alt	DSMY	17-18 Boys	200 Med Relay LCM	1:45.50
Charlie Bishop	DSMY	17-18 Boys	200 Med Relay LCM	1:45.50
Owen Chiles	IFLY	17-18 Boys	400 Med Relay LCM	3:51.71
Joe Polyak	IFLY	17-18 Boys	400 Med Relay LCM	3:51.71
Max Gerke	IFLY	17-18 Boys	400 Med Relay LCM	3:51.71
Hayden Hakes	IFLY	17-18 Boys	400 Med Relay LCM	3:51.71
Nick Rounds	DSMY	Open Men	50 Backstroke LCM	26.32
Hayden Hakes	IFLY	Open Men	200 Backstroke LCM	2:01.05



Iowa Outstanding Swimmers of the Year

Long Course

10 & Under

Annisten Hackley
Adrian Steven

11-12

Maelyn Woltz
Sheldon Lamb

13-14

Caite Schaffel
Ben Susil

USA Swimming National Age Group Awards

2023-2024

Helena Mundisev	IFLY	Girls Age 11	500 Freestyle SCY
Helena Mundisev	IFLY	Girls Age 11	1000 Freestyle SCY
Helena Mundisev	IFLY	Girls Age 11	1650 Freestyle SCY
Helena Mundisev	IFLY	Girls Age 11	400 Ind Medley SCY
Sheldon Lamb	DSMY	Boys Age 11	50 Freestyle SCY
Sheldon Lamb	DSMY	Boys Age 11	100 Freestyle SCY
Sheldon Lamb	DSMY	Boys Age 11	200 Freestyle SCY
Sheldon Lamb	DSMY	Boys Age 11	50 Backstroke SCY
Sheldon Lamb	DSMY	Boys Age 11	100 Backstroke SCY
Sheldon Lamb	DSMY	Boys Age 11	200 Backstroke SCY
Sheldon Lamb	DSMY	Boys Age 11	50 Breaststroke SCY
Sheldon Lamb	DSMY	Boys Age 11	50 Breaststroke SCY
Sheldon Lamb	DSMY	Boys Age 11	50 Butterfly SCY
Sheldon Lamb	DSMY	Boys Age 11	100 Butterfly SCY
Sheldon Lamb	DSMY	Boys Age 11	200 Butterfly SCY
Sheldon Lamb	DSMY	Boys Age 11	100 Ind Medley SCY
Sheldon Lamb	DSMY	Boys Age 11	200 Ind Medley SCY
Sheldon Lamb	DSMY	Boys Age 11	400 Ind Medley SCY
Caite Schaffel	IFLY	Girls Age 12	1650 Freestyle SCY
Sheldon Lamb	DSMY	Boys Age 12	50 Freestyle LCM
Sheldon Lamb	DSMY	Boys Age 12	100 Freestyle LCM
Beckum Rychnovsky	DMSF	Boys Age 11	800 Freestyle LCM
Beckum Rychnovsky	DMSF	Boys Age 11	1500 Freestyle LCM
Clayton Treharne	LMST	Boys Age 12	50 Backstroke LCM
Sheldon Lamb	DSMY	Boys Age 12	50 Backstroke LCM
Sheldon Lamb	DSMY	Boys Age 12	100 Backstroke LCM

Clayton Treharne	LMST	Boys Age 12	200 Backstroke LCM
Sheldon Lamb	DSMY	Boys Age 12	50 Butterfly LCM
Clayton Treharne	LMST	Boys Age 12	50 Backstroke SCY
Clayton Treharne	LMST	Boys Age 12	100 Backstroke SCY
Wesley Mooney	DMSF	Boys Age 13	1000 Freestyle SCY
Wesley Mooney	DMSF	Boys Age 13	1500 Freestyle LCM
Lucy Parson	USSD	Girls Age 14	100 Breaststroke LCM
Faith Frantum	CIA	Girls Age 15	1000 Freestyle SCY
Lucy Parson	USSD	Girls Age 15	100 Breaststroke LCM
Jacob Pins	DMSF	Boys Age 16	1650 Freestyle SCY
Hayden Hakes	IFLY	Boys Age 16	200 Backstroke LCM
Olivia Swalley	UN	Girls Age 17	200 Ind Medley SCY
Jacob Pins	DMSF	Boys Age 17	1000 Freestyle SCY
Jacob Pins	DMSF	Boys Age 17	400 Freestyle LCM
Jacob Pins	IFLY	Boys Age 17	400 Freestyle LCM
Jacob Pins	DMSF	Boys Age 17	800 Freestyle LCM
Jacob Pins	IFLY	Boys Age 17	800 Freestyle LCM
Jacob Pins	DMSF	Boys Age 17	1500 Freestyle LCM
Hayden Hakes	IFLY	Boys Age 17	200 Backstroke LCM
Joe Polyak	IFLY	Boys Age 17	200 Ind Medley LCM
Miriam Sheehan	DASH	Girls Age 18	50 Freestyle SCY
Miriam Sheehan	DASH	Girls Age 18	100 Backstroke SCY
Miriam Sheehan	DASH	Girls Age 18	100 Butterfly SCY
Miriam Sheehan	DASH	Girls Age 18	100 Backstroke LCM
Olivia Swalley	IOWA	Girls Age 18	400 Ind Medley LCM
Jacob Pins	IFLY	Boys Age 18	400 Freestyle LCM
Joe Polyak	IFLY	Boys Age 18	100 Breaststroke LCM
Joe Polyak	IFLY	Boys Age 18	200 Breaststroke LCM
Joe Polyak	IFLY	Boys Age 18	200 Ind Medley LCM

USA Swimming Scholastic All Americans 2023-2024

3rd Year

Faith Frantum	CIA
Jacob Pins	IFLY
Joe Polyak	IFLY
Reese Winer	ACAC

2nd Year

John Butler	BLST
Holden Carter	IFLY
Owen Chiles	IFLY
Brianna Cong	CIA
Rachel Dildine	IOWA
Evan Feilmeyer	ACAC
Aiden Gerst	NST
Willa Hage	CIA
Grace Hoeper	IFLY
Hudson Huberg	LMST
Ian McCorkle	ACAC
Cole Wilson	BLST

1st Year

Dylan Alt	DSMY
Zoe Davey	CIA
Jake Hamling	DSMY
Parker Macho	IFLY
Carson Olson	PSC
Lucy Parson	USSD
Payden Rafferty	DSMY
Nick Rounds	DSMY